



 World
Wellness
Weekend



19-20
SEPTEMBER
2020



JOIN
& ENJOY
FUN CREATIVE
ACTIVITIES,
FREE OF CHARGE
IN YOUR CITY &
100 COUNTRIES



PRESS BOOK 2020

January – September 2020

16 September 2020
Italy



Nuoro. Presentato il 'World Wellness Weekend' in programma a Lollove [IL SERVIZIO]

Nuoro. Presentato il 'World Wellness Weekend' in programma a Lollove [IL SERVIZIO]

<https://www.telesardegna.net/index.php/servizi/6542-nuoro-presentato-il-world-wellness-weekend-in-programma-a-lollove-il-servizio>

16 September 2020
United States

PROFILES

Jean-Guy de Gabriac & World Wellness Weekend

SEPTEMBER 16, 2020

The fourth annual World Wellness Weekend is upon us! We asked Founder Jean-Guy de Gabriac to share his thoughts on wellness and why it matters now more than ever. Here's what he shared.

Wellness Starts with "We"

People need wellness now more than ever—physical wellness, mental wellness, emotional wellness, and social wellness—and we need to strengthen our immune systems. We can do that by being more active and finding moments of calm each day, even if brief, to build resiliency.

Wellness does not start with "me," but with "we." We should become the artisans of healthier and more vibrant lifestyles. Wellness does not just help us to survive, it helps us to thrive. This is the goal of World Wellness Weekend that will be celebrated this weekend, September 19th to 20th. Those participating in the World Wellness Weekend are encouraged to take the Wellness Pledge and positively impact the lives of people near or far, through solidarity and a sense of purpose. The pledge encourages those to team up with a "wellness buddy" to ripple the benefits of enhanced wellbeing.



<https://www.insidersguidetospas.com/features/jean-guy-de-gabriac-world-wellness-weekend/>

What professionals do in spas, beauty salons, and fitness clubs is essential for the wellbeing of humanity.

16 September 2020
Malaysia



HOME / LIFE

How about a free wellness session this weekend?

Wednesday, 16 Sep 2020 07:42 AM MYT



Registration is open for this year's World Wellness Weekend on September 19 and 20. — AlexanderNovikov / Istock.com pic via AFP

LONDON, Sept 16 — It's time to sign up for the fourth annual World Wellness Weekend to be held on September 19 and 20. Participants will be able to take advantage of free introductory sessions for a wide range of disciplines offered by venues around the globe.

Sophrology, musical relaxation, yoga, Pilates, massages, skin tests and hiking, there will be something for everyone with more than 1,000 businesses opening their doors to promote the cause of well-being.



IN LIFE

JUST IN POPULAR

2 hours ago
Vietnamese college student spends RM90,000 to build life-sized Batmobile after watching 'The Dark Knight'

2 hours ago
Kuala Lumpur through KL20X20 Photography Project exhibition in eight locations around city

4 hours ago
Positivity, yoga, feng shui: Pinterest users are seeking emotional well-being

6 hours ago
T-rex skeleton could fetch record price at New York auction

<https://www.malaymail.com/news/life/2020/09/16/how-about-a-free-wellness-session-this-weekend/1903617>

16 September 2020
Dubai



Save on spa treatments during World Wellness Weekend in Dubai



Beauty

Spas

Well-being



Written by:
Sarah Gamboni
17 hours ago

We could all do with a little pampering right about now...

If there's ever been a year that needed a weekend devoted to wellness, it's 2020. World Wellness Weekend coming to Dubai to give us the TLC we need, with discounted spa treatments and free facials at two of the city's top spas.

Visit these leading Dubai spas on September 19 and 20 to save on selected treatments during World Wellness Weekend in Dubai.

At Anantara The Palm Dubai

The Thai-inspired spa at Anantara The Palm Dubai is celebrating World Wellness Weekend with enticing discounts on a range of treatments.

For this weekend only, save 25 per cent when you book a Thalion, Ayurveda or Magnesium Wellness treatment at the Anantara Spa. You can read our [review of Anantara's magnesium rebalance treatment here](#).

If you'd like to bring the spa experience home with you, you can also save 25 per cent on selected wellness products in the spa's retail store.



Ads by Google

Stop seeing this ad

Why this ad? ▶

EDITOR'S PICKS



Here's why Kite Beach Centre in Umm Al Quwain is the UAE's best-kept secret



<https://whatson.ae/2020/09/save-on-spa-treatments-during-world-wellness-weekend-in-dubai/>

16 September 2020
Hungary



Hatha jóga az Aquincum Hotelben - World Wellness ...

Sat Sep 19, 2020



Hatha jóga az Aquincum Hotelben - World Wellness Weekend

?? Szeretettel várjuk másfél órás, teljes testet átmozgató jóga óránkra, ahol betekintést nyerhet a hatha jóga világába. A jóga órát az Aquincum Hotel gyönyörű zöld parkjában tartjuk.

Időpontok: szeptember 19. és 20. mindkét nap 16 órakor.

? Találkozási pont az Aquincum Hotel parkjában

Címünk: 1036 Budapest, Árpád fejedelem útja 94.

Az esemény eső esetén sem marad el, a jógaórákat megtartjuk az Aquincum Hotel egyik termében.

? Az esemény ingyenes, de előzetes ? regisztráció szükséges a spa@aquincumhotel.com e-mail címen, vagy a World Wellness Weekend weboldalán: https://map.world-wellness-weekend.org/venue/the-aquincum-hotel-budapest/?fbclid=IwAR0L5Lxr9QZTsgk1klD0vxCa0zxCEnwSTUuSYo8Vx6NztgTQ09sog_7ThKk

Várjuk szeretettel!

<https://allevents.in/budapest/hatha-j%C3%B3ga-az-aquincum-hotelben-world-wellness-weekend/200020160600756>

16 September 2020
Australia

CLASSES & WORKSHOPS

World Wellness Weekend with Peninsula Hot Springs



03 5950 8777

Website Email



BOOK NOW

19 - 20 Sep 2020

OVERVIEW

MORE INFO



<https://www.visitmelbourne.com/regions/Mornington-Peninsula/Events/Classes-and-workshops/World-Wellness-Weekend-with-Peninsula-Hot-Springs>

Peninsula Hot Springs are delighted to share their World Wellness Weekend program for 2020 with you. This year is going to look a little different as they invite you to participate in a series of virtual events.

Hosted on Saturday 19th and Sunday 20th September, this year's program will be available online and free for the whole community and they encourage you to get involved.

16 September 2020
United Kingdom

Caroline Matthews · 21 hours ago · 2 min read

World Wellness Weekend: How self-kindness and sustainability are helping spark more joy in our lives



Wellness comes in many forms, but for a great many of us, it hinges on doing right by our bodies, our minds...and the environment.

With green credentials increasingly creeping into our personal care decisions, it's no longer enough for wellness to cost the earth... whether literally or figuratively speaking.

This World Wellness Weekend, it's the perfect time therefore, to reflect on the mutual importance of self-kindness and sustainability in sparking more joy in our lives... something

<https://www.health-magazine.co.uk/contact>

16 September 2020
Italy

Nel borgo di Lollove due giornate all'insegna del benessere

Il 19 e 20 settembre in programma il World Wellness Weekend

Redazione ANSA

📍 NUORO

16 settembre 2020

18:54

NEWS

🔗 Suggestisci

📘 Facebook

🐦 Twitter

+ Altri

A+ A A-

🖨 Stampa

✉ Scrivi alla redazione



Annuncio ritirato per criteo...

Spinali - cura
garanzia

Chiedi subito

- RIPRODUZIONE RISERVATA

CLICCA PER
INGRANDIRE +

Publicità 4w



Garcinia SLM

Dimagrisci con le proprietà
di Garcinia Cambogia

scopri subito



Curcuma e Piperina

Toglie il gonfiore e fa
sciogliere il grasso UN
RIMEDIO 100%
scopri di più!

(ANSA) - NUORO, 16 SET - Due giorni di puro benessere a Lollove (Nuoro), il più piccolo borgo medievale d'Italia, verranno proposti il 19 e 20 settembre per la terza edizione dell'evento mondiale di benessere World Wellness Weekend - InEvoSpa Lollove, che vede come ambasciatrice in Sardegna Giovanna Lorrai.

Otto le attività delle varie discipline olistiche a beneficio del corpo e della mente, che potranno praticare i visitatori: dallo Yoga Nidra, al Laboratorio di Danza Emozionale, all'Hatha Yoga, fino al Trattamento Bowen, che si svolgeranno nel complesso della Casa Museo di Roberto Chessa e in angoli suggestivi dell'abitato con la collaborazione dei dieci residenti.

"L'evento che ha come fondamento quello di far conoscere le attività di benessere che vengono svolte all'interno delle Spa, nasce nel 2017 - ha spiegato l'ambasciatrice della manifestazione Giovanna Lorrai nella conferenza stampa di presentazione nello Spazio Ilisso a Nuoro - Io non ho una Spa canonica, ma ne ho una enorme che è la Sardegna. Quest'anno abbiamo scelto il borgo suggestivo di Lollove nel quale poter offrire un benessere completo: chi arriva potrà partecipare alle attività, visitare il borgo, la casa museo, ma potrà anche raggiungerci in bicicletta a partire da Predistrada a Nuoro.

https://www.ansa.it/sardegna/notizie/2020/09/16/nel-borgo-di-lollove-due-giornate-allinsegna-del-benessere_1ae6723b-6779-4eba-8a14-f3a4184e77a6.html

15 September 2020
USA



https://sg.style.yahoo.com/free-wellness-session-weekend-125159980.html?guccounter=1&guce_referrer=aHR0cHM6Ly93d3cuZ29vZ2xlLmNvbS8&guc_e_referrer_sig=AQAAAMy_4TWLn5z6UW5KtXfX92dFnsZubxfBURdu-oSGiy3CTNXM7zXm60T4j4A8na8PU2vCQD8CUihZ_oevuZGdD56bmqjP7toA0_W3dz6C7p9lBnb7gBWrrTvy7lb_7j-l3kOFyTL585rymF1sMM4hnlGFrHaWrUjL-dhtpMUfQgre



Search

Lifestyle Home News New Normal Style Life Showbiz Shopping Live More Featured

How about a free wellness session this weekend?

AFP AFP Relax 15 September 2020

It's time to sign up for the fourth annual World Wellness Weekend to be held on September 19 and 20. Participants will be able to take advantage of free introductory sessions for a wide range of disciplines offered by venues around the globe. Sophrology, musical relaxation, yoga, Pilates, massages, skin tests and hiking, there will be something for everyone with more than 1,000 businesses opening their doors to promote the cause of well-being.

Here comes the weekend and there's no better moment to recharge your batteries and forget all of the tension that you may have built up in recent months. It also might be a time to learn a little more about how to feel better, and the World Wellness Weekend offers a chance to do just that with classes and activities at venues all over the planet. No less than a thousand wellness centers will be opening their doors to teach you how to cultivate a harmony between mind and body in the course of two days of events, which have come at just the right time in the wake of months of stress occasioned by the global health crisis.

This year's program is structured around the five pillars of wellness which are essential to the promotion of health and the prevention of disease: sleep and restoration, nutrition and nourishment, vitality and movement, serenity and mindfulness, and purpose and solidarity. So there will be something for everyone, regardless of their level of training or physical fitness.

To join in events, you simply have to visit www.world-wellness-weekend.org, which is available in 13 languages, or go directly to <https://map.world-wellness-weekend.org> to find venues and activities near you. Once you have decided what you would like to do, you just have to register via email or using the online form on the website.

From São Paulo to Bordeaux via Bangkok

15 September 2020
United States



3 Key Ways to Drive Patients to your Practice in the New Normal



[Click here](#) to download the transcript.

Apply Now

Quick Quote

Renew Now

Want to be notified of all future events and automatically be sent all Future Live Event Replays, transcripts and notes without having to be registered for each event? Simply click the image below to sign-up, it's FREE!



<https://acupuncturecouncil.com/2020/09/11/3-key-ways-to-drive-patients-to-your-practice-in-the-new-normal/>

15 September 2020 Asia

How about a free wellness session this weekend?

By AFP Relaxnews | September 16th, 2020



Annonce retirée par **cnteo**.

Signaler cette annonce

Choisir sa pub



Registration is open for this year's World Wellness Weekend on Sept. 19 and 20. Image: iStock/AlexanderNovikov

It seems there is no better moment than this weekend to recharge your batteries and forget all of the tension you may have built up in recent months. It might also be the perfect time to learn a little more about how to feel better.

Enter the fourth annual World Wellness Weekend happening on Sept. 19 and 20, which offers a chance to do just that with classes and activities at venues all over the planet.

No less than a thousand wellness centers will be opening their doors to teach you how to cultivate harmony between mind and body in the course of two days of events, which may have come at just the right time in the wake of months of stress occasioned by the COVID-19 pandemic.

Participants will be able to take advantage of free introductory sessions for a wide range of disciplines offered. Sophrology, musical relaxation, yoga, Pilates, massages, skin tests and hiking — there is bound to be something for anyone with the many businesses opening their doors to promote the cause of well-being, regardless of one's level of training or physical fitness.

This year's program is structured around the five pillars of wellness which are essential to the promotion of health and the prevention of disease: sleep and restoration, nutrition and nourishment, vitality and movement, serenity and mindfulness, and purpose and solidarity.

<https://pop.inquirer.net/99731/how-about-a-free-wellness-session-this-weekend>

Replay du mardi 15 septembre 2020

Le bien être au quotidien : World Wellness Weekend

▶ [Écouter \(40min\)](#)



La Vie en Bleu au Quotidien

Du lundi au vendredi de 09h06

Par [Lucie Agostinho](#)

France Bleu Pays d'Auvergne

Mardi 15 septembre 2020 à 9:07 - Mis à jour le mardi 15 septembre 2020 à 11:32

C'est gratuit! Le week-end du 19 et 20 septembre 15 stations thermales proposent des activités décalées et détente



Le bien-être passe par des activités qui nous sortent de la routine.

LES PLUS ÉCOUTÉS



03min

T'ES AUVERGNAT SI ...

T'es auvergnat si...Tu fais Chabrot !



39min

LA VIE EN BLEU AU QUOTIDIEN

Donation entre époux: quel intérêt?



05min

L'INVITÉ DE LA RÉDACTION

Olivier Bianchi, maire de Clermont-Ferrand, entre crise sanitaire et projets pour la ville

15 September 2020
France

<https://www.francebleu.fr/emissions/la-vie-en-bleu-au-quotidien/pays-d-auvergne/le-bien-etre-au-quotidien>

Du 24 août au 30 septembre 2020 inclus

Une promo ADSL sur-mesure

[Cliquez ici](#)

15 September 2020
France

The screenshot shows the website for 'Sortir Marseille'. At the top, there is a green navigation bar with the logo 'SORTIR MARSEILLE' and social media icons for search, Facebook, and Twitter. Below this is a green menu bar with categories: 'TOUT L'AGENDA +', 'CONCERTS +', 'EXPOS +', 'FESTIVALS +', 'SPECTACLES +', and 'SPORTS & LOISIRS +'. The main content area has a dark background. A green button with a left arrow and the word 'RETOUR' is in the top left. The event title '4e Week-end Mondial du Bien-être World Wellness Weekend' is prominently displayed. Below the title, there are icons for a list, a calendar, and a location pin, followed by the text 'Rassemblement - Rencontre | Démonstration | Conférence | Bien-être', 'Le 18 Sep 2020', and 'Différents lieux de Marseille - Marseille'. Social sharing icons for Facebook, Twitter, and email are also present. On the right side, there is a promotional image for the 'Week-end du Bien être' (19 et 20 sept. 2020) featuring a silhouette of a person in a yoga pose against a sunset. Below the image is the text 'DR Office Métropolitain de Tourisme et Congrès de Marseille'. At the bottom, there is a light blue section with three columns: 'QUAND ?' with a calendar icon and 'Le 18 Sep 2020' (18/09/2020); 'COMBIEN ?' with a Euro icon and 'Gratuit'; and 'OÙ ?' with a location pin icon and 'Différents lieux de Marseille - Marseille'.

<https://www.sortiramarseille.fr/agenda/4e-week-end-mondial-du-bien-etre-world-wellness-weekend/>

Pour la 2e année consécutive l'Office Métropolitain de Tourisme et des Congrès de Marseille et la ville de Marseille sont partenaires du 4e Week-End Mondial du Bien-Etre. Cette année une programmation dense et originale vous est proposée ! : Les prestataires ont usés de leur imagination pour vous inviter à vous sentir bien en ce début d'automne !

Variez les plaisirs du bien-être en suivant des conférences sur les petits rituels du bien-être, en faisant une randonnée au coeur du Marseille urbain ou une pause yoga au coeur des calanques... Soyez acteur de votre bien-être au sein d'un lieu unique !

Vendredi 18 conférence-atelier

Profitez d'un moment exceptionnel avec Juliette Siozac en suivant une conférence-atelier live sur la magie des petits rituels bien-être dans sa vie quotidienne Ateliers Mon Moment Magique.

Les ateliers sont animés par plus de 500 ambassadrices et ambassadeurs dans le monde entier. Ils invitent les petits et les grands à grandir en confiance en soi, accueillir ses émotions et développer son calme intérieur

En direct sur la page Facebook de Mon Moment Magique

www.facebook.com/MonMomentMagique

15 September 2020
France



WORLD WELLNESS WEEKEND

19 SEPTEMBER - 20 SEPTEMBER

Den 19-20 september firar vi World Wellness Weekend runt om i världen och så även i Sverige.

En helg som inspirerar och stärker människor i 100 länder världen över med tusentals roliga, meningsfulla och helt kostnadsfria aktiviteter. Nytt för i år är att även privatpersoner kan registrera egna aktiviteter och fylla wellnesskartan med små blå flaggor som inspiration för en sundare värld.

Har du ett evenemang?

Skicka in evenemang

Kommande evenemang

THE WORLD CLEAN UP DAY

DATUM: 19 SEPTEMBER

WORLD WELLNESS WEEKEND

DATUM: 19 SEPTEMBER

FÖRELÄSNING: BARN ÄR INTE PÅ ETT
VISST SÄTT DE BLIR PÅ ETT VISST SÄTT

DATUM: 29 SEPTEMBER

TOMMY NILSSON – ALLT SOM JAG
KÄNNER 2020

DATUM: 24 FEBRUARI

BAMM 2021

DATUM: 06 AUGUSTI

<https://www.kirunalapland.se/evenemang/world-wellness-weekend/>

15 September 2020
France



EN DIRECT | RÉÉCOUTER UNE ÉMISSION

VOUS ÊTES SUR : **RCF**

CHANGER

VOUS ÉCOUTEZ

16H00 : 16H59 | L'APRÈS-MIDI | **Visages**

[🏠](#) [LES ÉMISSIONS](#) [LA MATINALE](#) [ACTUALITÉ](#) [SPIRITUALITÉ](#) [CULTURE](#) [VIE QUOTIDIENNE](#) [PODCASTS](#) [DOSSIERS](#)

Vous êtes ici : Accueil > Vie pratique > Invité "initiatives locales" > Le week-end mondial du bien-être le 19 et 20 septembre

Le week-end mondial du bien-être le 19 et 20 septembre

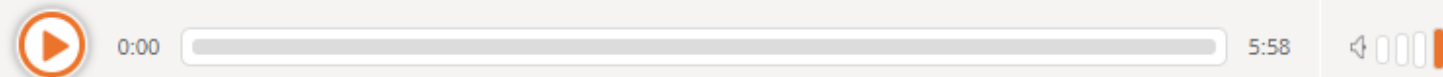


Présentée par **Laurent Sciauvau**

S'ABONNER À L'ÉMISSION
DURÉE ÉMISSION : 5 MIN

INVITÉ "INITIATIVES LOCALES" | MERCREDI 16 SEPTEMBRE À 11H10 |

Stéphane Huin, le directeur de la communication et du développement d'Auvergne Thermale, de la route des villes d'eaux et de Thermotel.



INTÉGRER À MON SITE

PARTAGER



<https://rcf.fr/vie-quotidienne/vie-pratique/le-week-end-mondial-du-bien-etre-le-19-et-20-septembre>

15 September 2020
France

Un week-end pour s'initier gratuitement à des activités bien-être, ça vous dit ?



Bien-être

Publié le 15/09/2020 à 13:01 , mis à jour à 13:32

(ETX Studio) - Le weekend mondial du bien-être rempile pour une 4e édition, programmée les 19 et 20 septembre, avec la possibilité de s'initier à une multitude d'activités aux quatre coins du globe. Sophrologie, sieste musicale, yoga, pilates, massages, diagnostic de peau, ou encore randonnée, nul doute que vous trouverez votre bonheur parmi les activités proposées par les plus de 1.000 établissements partenaires dans le monde.

<https://www.ledauphine.com/culture-loisirs/2020/09/12/la-station-thermale-va-participer-au-4e-week-end-mondial-du-bien-etre>

15 September 2020
Italy

<https://www.milanoevents.it/2020/09/15/arriva-il-world-wellness-weekend/>

MILANO
EVENTS.IT


Payee votre prof pour un cours en ligne avec Poppi Pay-Pol

HOME EVENTI CULTURA FASHION & DESIGN FOOD & DRINK LIFESTYLE

Arriva il World Wellness Weekend

Di Arianna De Felice · 15 Settembre 2020

f t in ✉



Agenda MY EVENTS
Cosa fare in città
Promuovi il tuo evento. Scopri come, clicca qui.

Sabato 19 e domenica 20 si terrà la quarta edizione internazionale e la terza italiana che celebra il benessere sociale. E' in arrivo il World Wellness Weekend!

World Wellness Weekend

Due giorni ricchi di momenti di relax ed esperienze esclusive, offerte a titolo gratuito da SPA, centri benessere e termali, palestre e saloni di bellezza sparsi su tutto il territorio. Seguendo la scia delle edizioni precedenti, i professionisti e le strutture di settore che hanno aderito al progetto sono visualizzabili sulla Mappa Mondiale del Benessere, una vetrina privilegiata per presentare e promuovere non solo le attività proposte durante la due giorni di fine estate, ma anche eventuali offerte e pacchetti speciali validi tutto l'anno.

15 September 2020
France



MA THALASSO MON SPA THERMAL MON HÔTEL PARISIEN MON SOIN D'AILLEURS MON BOUDOIR PARTIR MON HUMEUR

MON INVITÉ DE LA SEMAINE



LE GUIDE POUR PARTIR SUR DES DESTINATIONS BIEN-ÊTRE INSOLITES

☞ > MON HUMEUR > LES ACCROS DU PEIGNOIR & LE WORLD WELLNESS WEEKEND

LES ACCROS DU PEIGNOIR ET LE WORLD WELLNESS WEEKEND



Les Accros du Peignoir et le Week-end du Bien-Être les 19 et 20 septembre prochains...

Préparez-vous à deux journées sacrément anti-morosité et de remise en forme fantastique, dans les Stations Thermales de la Route des Villes d'eaux...

Suivez sans limite le credo de ces Accros de l'amour de leur forme physique, morale... « Osez Prendre Soins de Vous »...

Vous succomberez au bonheur de passer des heures dans cette tenue... Tiens pour en avoir la « Palme d'Or de l'Art de vivre... en Peignoir »...

Alors usez et abusez de tous les programmes que vous proposent ces 15 Villes d'eaux.

Pour s'amuser, pour se détendre, se faire masser,

DERNIERS ARTICLES...



Les Accros du Peignoir et le World Wellness Weekend

15/09/2020



Geneviève Mahin

14/09/2020



Gel douche homme Cent Ciel

06/09/2020



Soins Idéals Mains Clarins Men

06/09/2020



Partir à Châtel-Guyon

06/09/2020

<http://www.monguidethalassospa.fr/fr/les-accros-du-peignoir---le-world-wellness-weekend-226.php>

15 September 2020
France

<https://www.asm-omnisports.com/sante-bien-etre-vitalite/actualites/week-end-mondiale-du-bien-etre-activite-physique-gratuite-a-chatel-guyon/>



SANTÉ BIEN-ÊTRE VITALITÉ

- > Présentation
- > Conseils forme et vitalité
- > Activités physiques
- > **Actualités**
- > Réservation en ligne
- > Infos pratiques

WEEK-END MONDIALE DU BIEN ÊTRE : ACTIVITÉ PHYSIQUE GRATUITE À CHÂTEL-GUYON



15
sept.



Les 19 & 20 septembre 2020, c'est la 4e édition du World Wellness Weekend, un weekend qui porte sur le bien être et ses 5 piliers : sommeil et récupération, nutrition et équilibre, vitalité et mouvement, sérénité et présence ainsi que sens de la vie et solidarité.

Cet événement mondial met en mouvement plus de 100 pays et les stations thermales du massif central. Dans ce cadre, la ville de Châtel-Guyon et son tout nouveau centre thermal : AIGA Resort y participe.

Concernant le pilier vitalité et mouvement et en partenariat avec AIGA Resort, l'ASM Vitalité vous propose une activité gratuite dans le parc thermal le 20/09 à 11h. Cette séance sera animée par Alexandre, coach ASM Vitalité.

Cette activité est gratuite mais soumise à réservation : [Information et réservation](#)

Nous vous attendons nombreux !

15 September 2020
France

<https://www.centrepresseaveyron.fr/2020/09/15/un-week-end-pour-sinitier-gratuitement-a-des-activites-bien-etre-ca-vous-dit-9072520.php>



Accueil > Santé > Bien-être

Un week-end pour s'initier gratuitement à des activités bien-être, ça vous dit ?



Les inscriptions sont ouvertes pour le weekend m... + ALEXANDERNOVIKOV / ISTOCK.COM

Publié le 15/09/2020 à 13:01 / Mis à jour le 15/09/2020 à 13:32

S'ABONNER

Partager Bien-être

(ETX Studio) - Le weekend mondial du bien-être rempile pour une 4e édition, programmée les 19 et 20 septembre, avec la possibilité de s'initier à une multitude d'activités aux quatre coins du globe. Sophrologie, sieste musicale, yoga, pilates, massages, diagnostic de peau, ou encore randonnée, nul doute que vous trouverez votre bonheur parmi les activités proposées par les plus de 1.000 établissements partenaires dans le monde.

15 September 2020
France



ÉDITION CABINE



ÉDITION SALON



ÉDITION BIEN-ETRE

Le «Week-end mondial du bien-être» à l'heure du digital

15/09/2020 | Salons & Events | Siska von Saxenburg



Améliorez votre vitalité et votre sérénité
Renforcez votre système immunitaire
avec des activités de bien-être
Près de chez vous
Dans 120 pays

TENDANCES



Nail art : aidez votre cliente à choisir sa forme idéale

<https://professionbienetre.com/business2/salons/10045-le-week-end-mondial-du-bien-etre-a-l-heure-du-digital>

Comment le digital, devenu indissociable de notre quotidien, se marie-t-il avec le bien-être ? Pour Jean-Guy de Gabriac, fondateur du «World Wellness Week-End», qui aura lieu les 19 et 20 septembre, l'événement n'aurait jamais pu avoir lieu sans l'apport de la technologie.

Profession bien-être : Vous avez toujours privilégié le digital. A-t-il pris une place encore plus importante, cette année, dans votre organisation ?

Jean-Guy de Gabriac : Plus que jamais ! Mais ce n'est pas une nouveauté. Le digital a toujours été au cœur du développement du «Week end mondial du bien-être». Et ce, pour quatre raisons. D'abord, la rapidité de réaction. Comment, sans digital, permettre à un établissement de s'inscrire en ligne en 3 minutes pour apparaître sur la carte, de façon à attirer une clientèle locale ? Et au-delà de cette proximité, avec un site en 13 langues, la page de l'établissement sensibilise aussi des expatriés et des voyageurs internationaux.

15 September 2020
France

The screenshot shows the MyProvence website interface. At the top, there is a navigation bar with the MyProvence logo, a language dropdown set to 'FRANÇAIS', a location dropdown set to 'AUTOUR DE MOI', a 'MES FAVORIS' button with a notification icon, and a 'CARTES POSTALES' button with a magnifying glass icon. Below this is a horizontal menu with categories: 'PASS', 'CULTURE', 'FOOD', 'NATURE', 'SORTIES', 'ADRESSES', 'AGENDA', and 'CIRCUITS'. The main content area features a large banner for the '4E WEEK-END MONDIAL DU BIEN-ÊTRE WORLD WELLNESS WEEKEND' in Marseille, scheduled for September 19 and 20, 2020. The banner includes two red buttons labeled 'RESERVER' and 'DIAPORAMA'. Below the banner, there are social media sharing icons for location, bookmark, heart, Facebook, Twitter, and email. The main text describes the event as a partnership between the Office Métropolitain de Tourisme et des Congrès de Marseille and the city of Marseille, offering a dense and original program. It mentions activities like conferences, urban hikes, and yoga. A sidebar on the right provides details about the organizer (Office Métropolitain de Tourisme et des Congrès de Marseille), the location (11 La Canebière, 13001 Marseille), and the contact phone number (08 26 50 05 00). The event is categorized as 'Fitness et yoga' and organized by 'Massilia Fit'.

Accueil > Agenda > Rassemblements > Marseille > 4e Week-end Mondial du Bien-être World Wellness Weekend

4E WEEK-END MONDIAL DU BIEN-ÊTRE

WORLD WELLNESS WEEKEND

Marseille - Rassemblement - Le 19 septembre
19 et 20 sept. 2020

RESERVER DIAPORAMA

📍 📌 ❤️ | 📱 🐦 ✉️

Pour la 2e année consécutive l'Office Métropolitain de Tourisme et des Congrès de Marseille et la ville de Marseille sont partenaires du 4e Week-End Mondial du Bien-Etre. Cette année une programmation dense et originale vous est proposée ! : Les prestataires ont usés de leur imagination pour vous inviter à vous sentir bien en ce début d'automne !

Variez les plaisirs du bien-être en suivant des conférences sur les petits rituels du bien-être, en faisant une randonnée au coeur du Marseille urbain ou une pause yoga au coeur des calanques... Soyez acteur de votre bien-être au sein d'un lieu unique !

Finess et yoga
Massilia Fit

Organisateur
Office Métropolitain de Tourisme et des Congrès de Marseille
11 La Canebière
13001 Marseille

Lieux
Différents lieux de Marseille
13001 Marseille

Téléphone
08 26 50 05 00

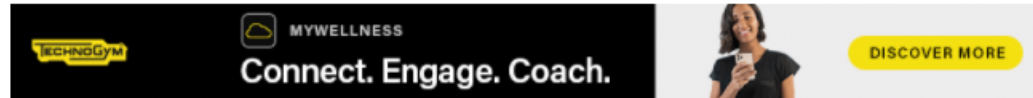
<https://www.myprovence.fr/agenda-culturel/rassemblements/marseille/176054-4e-week-end-mondial-du-bien-etre-world-wellness-weekend>

15 September 2020
United States

World Wellness Weekend Is Approaching: How to Get Involved

We want to invite all gyms and health clubs on September 19-20, 2020, to participate in a global initiative to get people active and healthy. See how.

[Alexandra Black Larcom](#) · September 15, 2020



2020 has been a challenging year for the fitness industry. The global COVID-19 pandemic ushered in facility closures, significant changes to business and safety operations, and a tectonic shift in how people access fitness. One key challenge during this time has been the pervasive assumption by policymakers and the public that health clubs are not safe, not essential, and not part of the solution.

This September, we have an opportunity to reach out to our communities to show them just how important clubs are for health and well-being alongside a global initiative called World Wellness Weekend.

What is World Wellness Weekend?

Health clubs around the globe have the same mission: getting more people through their doors and leading healthy, active lives. But in most parts of the world, health clubs reach fewer than 20% of people, and in many cases the people we're not reaching are not sufficiently physically active—or active at all. At the same time, the pandemic—and its uneven effect on people with pre-existing health conditions—has underlined the importance of a healthy, physically active lifestyle.

World Wellness Weekend is an opportunity to get more people active and showcase how your club is part of the solution.

On Saturday and Sunday, September 19-20, spas, fitness centers, salons, yoga studios, and sports organizations will celebrate [World Wellness Weekend](#) by offering their wellness services to the community—welcoming them inside the club or going outside the four walls of the gym in person or virtually to bring new experiences to new people. This weekend provides an opportunity for fitness, beauty, tourism, and sport professionals to showcase their diverse offerings, and for

<https://www.hospitalitynet.org/opinion/4100404.html>

14 September 2020
France

Accueil » Idée de la semaine » Les stations thermales à l'oeuvre pour le week-end du bien-être



7 Jours à
Clermont
7 JoursClermont



Commenter

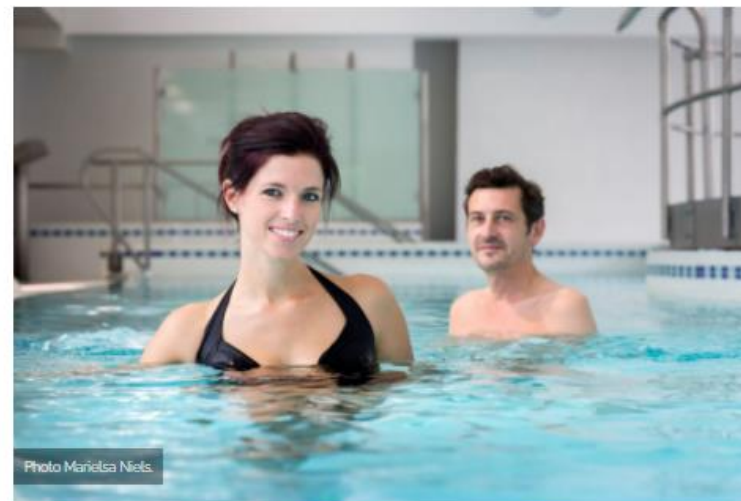


Photo Mariësa Niels

IDÉE DE LA SEMAINE - INITIATIVE

Les stations thermales à l'oeuvre pour le week-end du bien-être

14/09/2020 7 Jours à Clermont 2 Minute(s)

Le "World Wellness Week-end" se déroulera les 19 et 20 septembre. Il sera l'occasion pour les quinze stations de la Route des Villes d'eaux du Massif-Central de proposer de nombreuses activités et animations.

Organisée à l'échelle internationale, le World Wellness Week-end (Week-end mondial du bien-être) sera relayé dans les stations thermales auvergnates sur l'initiative de La Route des Villes d'eaux du Massif-Central et des Accros du peignoir, les 19 et 20 septembre. Avec pour leitmotiv « Osez prendre soin de vous ». Ce sera la quatrième édition d'une opération qui a vu le jour en France et rayonne, désormais, dans 120 pays. L'idée originelle ? Organiser un week-end bien-être et anti-morosité, aux derniers jours de l'été, et donner à chacun envie de prendre soin de soi, de bouger, d'adopter de bons réflexes entre amis, en couple ou en famille, alors que l'automne se profile. Un remède anti-blues, en quelque sorte.

Des bons plans, également

Sponsorisé

soutenez
7 JOURS
à Clermont
webmédia
totalement et délibérément
indépendant

Faire un don **cliquez**

Derniers articles



Olivier Bianchi à l'aube d'un
second mandat
Il y a 41 minutes



"Clermont en Rose" nouvelle
victime de l'épidémie
Il y a 3 heures



"We love 2023" : une tournée de
promotion pour la Coupe du
Monde de rugby
Il y a 12 heures



Les libres expressions de Louis-
Pierre Boudot
Il y a 12 heures



Videoformes fait coup double à
l'occasion des Journées
Européennes du Patrimoine
Il y a 13 heures

<https://www.7joursaclermont.fr/les-stations-thermales-a-loeuvre-pour-le-week-end-du-bien-etre/>

14 September 2020
France



Rechercher dans ce blog

Articles les plus populaires



LE SIGNE DES PRÉSIDENTS DE LA Ve

Par Joyce Duval / Découvrez les signes du

zodiaque et les ascendants des sept Présidents de la Cinquième République Française. ...



LE ZODIAQUE DE LA PLACE DU CAPITOLE A TOULOUSE

Par Joyce Duval / La

place du Capitole de la ville rose possède un magnifique trésor que l'on peut admirer au sol les jours où il n'y a...



CALENDRIER DES LUNES DE SEPTEMBRE

Vivez un mois de septembre lumineux

avec le très pratique Calendrier des Lunes de l'Ecole du Zodiaque. La lune change de signe tous les ...



COVID 19 > PETIT PIC EN SEPTEMBRE

La rentrée de septembre pointe le bout de son nez et les

instances gouvernementales nous incitent à la prudence et à rester masquer. Mais ...



SOLEIL > LES 2 SIGNES DE SEPTEMBRE

par Joyce Duval / Astrologue de presse

Découvrez chaque mois, dans Horomag, l'actualité du Soleil et les deux signes qu'il visite au c...

lundi 14 septembre 2020

LE WONDERFUL WORLD WELLNESS WEEKEND > C'EST CE WEEK-END!

Le Weekend Mondial du Bien-être (World Wellness Weekend, en anglais) initié par Jean-Guy de Gabriac a lieu ce week-end, samedi 19 septembre et dimanche 20 septembre. Préparez-vous à célébrer cette quatrième édition dans la joie et la bonne humeur et à découvrir un florilège d'activités!



En 2020, pas moins de 130 pays dans le monde entier ont décidé de participer à l'événement. Plus de 1000 établissements partenaires autour du bien-être et la prévention de la santé se sont proposés pour vous faire bénéficier d'expériences sensorielles souvent méditées et enchantées. En France, ils sont plus d'une centaine.

Un Wonderful Week-end !

Initié par Jean-Guy de Gabriac, le World Weekend Wellness augure l'arrivée de la saison de l'automne. La date choisie coïncide avec la période de l'année où le Soleil - l'astre de la vie et de la vitalité - vient réchauffer le signe zodiacal de la Balance dont la planète chérie n'est autre que Vénus, symbole de l'art de vivre et de la beauté.

Aussi, n'hésitez pas à prendre date et à vous faire du bien - d'autant que toutes les activités et animations proposées sont gracieusement offertes - et surtout, faites en profiter votre famille, vos proches, vos amis, vos collègues... Vous avez bien lu. Samedi 19 et dimanche 20 septembre, des milliers de professionnels du bien-être vous proposeront gratuitement un large choix d'activités pour vous faire plaisir et vous initier - quelle que soit votre condition physique, et même si vous êtes en situation de handicap - aux meilleures pratiques relatives au bien-être et à la prévention santé.

Y a quoi comme activités ?

Pour vous faire une idée, voici quelques exemples d'activités Bien-être et Santé proposées en France.

<http://horomag.blogspot.com/2020/09/le-wonderful-world-wellness-weekend.html>

14 September 2020
France

MENU ☰

Rechercher

La Provence

EN DIRECT RÉGION FAITS DIVERS POLITIQUE OM SORTIES-LOISIRS VIDÉOS

Marseille : journée yoga & brunch healthy chic au Sofitel !

Par A.W.



<https://www.laprovence.com/actu/en-direct/6109013/marseille-journee-yoga-brunch-healthy-chic-au-sofitel.html>

Voilà un duo chic et gourmand pour affronter la rentrée tout en douceur.

PHOTO DR

14 September 2020
France

Au programme du World Wellness week-end

NÉRIS-LES-BAINS

Publié le 14/09/2020



L'office de tourisme, les Thermes et le Spa des Nériades participent à la quatrième édition du World Wellness week-end, les samedi 19 et dimanche 20 septembre (*).

La route des villes d'eaux du Massif Central et les Accros du Peignoir se sont également engagés dans cette célébration mondiale du bien-être et du temps pour soi.

Les animations

Samedi, de 8 heures à 20 heures, massage individuel sur réservation à l'Institut Beauté Active (six personnes maximum, gratuit) ; de 11 h 03 à 12 heures, découverte de la sonologie en peignoir à l'espace animation (six personnes maximum, gratuit) et marche santé avec bâtons dans la cité thermale au départ de la place des Thermes ; de 11 h 03 à 20 heures, week-end mondial du Bien-être 2020 à l'espace animation (six personnes maximum, gratuit) ; de 14 h 30 à 15 h 30, yoga du rire à l'espace animation (six personnes maximum, gratuit) ; de 16 heures à 17 heures, découverte de la sophrologie à l'espace animation (six personnes maximum, gratuit) ;

https://www.lamontagne.fr/neris-les-bains-03310/actualites/au-programme-du-world-wellness-week-end_13836474/#refresh

LIRE LE JOURNAL



← Annonces Google

Bloquer l'annonce

Pourquoi cette annonce ? ▷

← Annonces Google

Bloquer l'annonce

Pourquoi cette annonce ? ▷

14 September 2020
France

WEEK-END MONDIAL DU BIEN-ÊTRE

Nature et détente - Montbrun-les-Bains

Samedi 19 Septembre
Montbrun-les-Bains

Inscription obligatoire à l'office de tourisme

14H - Visite guidée du village Gratuit	16H - Initiation au Yoga 10€ et Covid Gi Gong - Gratuit
17H45 - Dégustation de vins 2€	20H30 - Nocturne aux Thermes 5€

AFFICHER LE TÉLÉPHONE

WEEK-END MONDIAL DU BIEN-ÊTRE
26570 Montbrun-les-Bains

Contactez par mail

Nous participons pour la 1ere année au Week-end du bien être mondial ! Grande manifestation qui célèbre à travers le monde le bien-être sous toutes ses formes.

Description Ouverture Tarifs Situation

Description

Au programme cette année :

14h Visite guidée du village: gratuit

16h Initiation au Yoga avec Laurence Cordonnery du Yoga du Toulourenc: 10€

16h Covid Gi-Gong avec Martin des Mains de Martin: gratuit

<https://www.dromeprovencale.fr/fete-manifestation/week-end-mondial-du-bien-etre/>

14 September 2020
Mexico



Foto: Istockphoto

World Wellness Weekend México 2020: el festival para olvidarte del estrés

Disfruta un fin de semana dedicado a la salud y el bienestar en la nueva edición de World Wellness Weekend

Por María Fernanda Segura Publicado: lunes 14 septiembre 2020

<https://www.timeoutmexico.mx/ciudad-de-mexico/fitness-and-spa/world-wellness-weekend-mexico-2020>

13 September 2020
France



Les 19 & 20 septembre 2020, c'est la 4e édition du World Wellness Weekend, un weekend bien-être, anti-morosité, « bien-vivre, bon-vivre & joie de vivre », qui va donner envie à chacun de prendre soin de soi, de bouger, d'adopter de bons réflexes, entre amis, en couple ou en famille. Juste au moment de l'équinoxe d'automne, l'idée est de prolonger les bienfaits de l'été avec des activités de bien-être originales et fun.

PROGRAMME DE LA STATION THERMALE DE ROYAT-CHAMALIÈRES



L'envers du décor

Parcours insolite entre tuyaux, pompes, vannes et moteur dans les sous-sols de l'[Établissement Thermal de Royat](#). Découverte en peignoir (fournis).



La balade qui fait du bien

Déambulation guidée, théâtralisée, relaxante et ressourçante. La balade associe découverte du patrimoine grâce à une guide conférencière et bienfaits de la station grâce à la découverte d'activités de détente et mieux être (qi gong, relaxation, ...).

<https://www.clermontauvergneturisme.com/station-thermale-royat-chamalieres/week-end-mondial-du-bien-etre-royat/>

13 September 2020
France

Drôme

La station thermale de Montbrun-les-Bains va participer au Week-end mondial du bien-être

13 sept. 2020 à 12:01 | mis à jour à 14:16 - Temps de lecture : 1 min

1 | Vu 4994 fois



Les thermes Valvital proposeront samedi 19 septembre une nocturne dès 20 h 30. Photo Le DL/Archives

<https://www.ledauphine.com/culture-loisirs/2020/09/12/la-station-thermale-va-participer-au-4e-week-end-mondial-du-bien-etre>



Pour la première fois, la station thermale de Montbrun-les-Bains se joindra samedi 19 septembre à la 4e édition du World Wellness Weekend (WWW). Le but de ce week-end mondial du bien-être est d'aider à faire des choix plus sains et à profiter d'un style de



Leasing & renting personnalisés pour votre entreprise

Honda Motor Europe...

En savoir plus



Leasing & renting personnalisés pour votre entreprise

Augmentez la mobilité de votre entreprise et rentrez votre moto dans vos frais, sans toucher à votre capital. Contactez les experts Honda Motor Europe.

Les Accros du Peignoir arrivent à Bourbon

BOURBON-L'ARCHAMBAULT

Publié le 13/09/2020



Entre la marche nordique, la tisane de simples et l'aquabike, le programme de bien-être à Bourbon ne manque pas d'attrait. © Droits réservés



Comme les années précédentes, la cité thermale de Bourbon-l'Archambault participe au « World Wellness Weekend », en français, « Les Accros du Peignoir » porté par la Route des Villes d'Eaux du Massif Central.

Les samedi 19 et dimanche 20 septembre, le public pourra découvrir de nombreuses activités, gratuites pour beaucoup, ayant trait au bien-être.

Le programme

Samedi 19 septembre : de 11 h à 12 heures, accueil des commerçants et artisans du centre-ville en peignoir ; marche nordique, balade dans le centre-ville et dans le parc encadrée par un coach ; à 14 heures, sieste musicale au parc thermal, face à la forteresse ; à 15 heures, balade sensorielle dans le jardin des simples de la Maison des Chanoines à la forteresse (constitution d'une tisane dont les vertus seront éclairées par Valérie Amiel, « La fleur et l'abeille » (tout gratuit).

À 17 heures, promenade sophrologique (gratuit dans la limite des places disponibles sur réservation), pause détente avec accès à la piscine thermale (5 € ; sur réservation).

13 September 2020
France

https://www.lamontagne.fr/bourbon-l-archambault-03160/actualites/les-accros-du-peignoir-arrivent-a-bourbon_13836217/#refresh

LIRE LE JOURNAL



← Annonces Google

Bloquer l'annonce

Pourquoi cette annonce ? »

13 September 2020
France



[Accueil](#) → [Vivez Marseille](#) → [Le blog Marseille à la carte](#) → [Week-end du Bien-être à Marseille](#)

Pour la 2^{ème} année consécutive l'Office Métropolitain de Tourisme et des Congrès de Marseille et la ville de Marseille sont partenaires du 4^{ème} [Week end Mondial du Bien Être](#) les 19 et 20 septembre prochains.

Cette année une programmation dense et originale vous est proposée ! : Les prestataires ont usés de leur imagination pour vous inviter à vous sentir bien en ce début d'Automne !

Variez les plaisirs du Bien-Être en suivant des conférences sur les petits rituels du Bien-Être, en faisant une randonnée au cœur du Marseille urbain ou une pause Yoga au cœur des Calanques...
Soyez acteur de votre Bien-Être au sein d'un lieu unique !

Les prestataires présents sur cette page s'engagent à vous recevoir dans le respect des mesures sanitaires imposées par la présence de la covid-19. N'hésitez-plus !

<https://www.marseille-tourisme.com/vivez-marseille-blog/le-blog-marseille-a-la-carte/week-end-bien-etre-a-marseille/>

NB : En ce contexte de crise sanitaire particulier, n'oubliez pas de respecter les gestes barrières et de porter votre masque !

13 September 2020
Italy



HOME PERCORSO BENESSERE AUFGUSS DETOX EVENTI WELLNESS WELLNESS EXPERIENCE

Austria Emirati Arabi Uniti Francia Giappone Islanda Italia Norvegia Spagna

domenica 13 settembre 2020

WORLD WELLNESS WEEKEND 2020

Nonostante la pandemia di coronavirus che si sta diffondendo in tutto il mondo, gli organizzatori e gli ambasciatori del **World Wellness Weekend** sono riusciti anche quest'anno a promuovere l'evento globale dedicato al benessere, che viene celebrato in oltre 100 paesi il terzo weekend di settembre.

Numerosi centri termali e SPA, beauty e wellness center, palestre e associazioni sportive il **19-20 Settembre 2020** hanno accettato di organizzare in sicurezza, eventi, workshop e attività ricreative gratuiti all'insegna dello sport e del wellness.

Basta anche solo un'ora di fitness per condividere la filosofia di vivere il benessere come cultura e stile di vita sano e consapevole, come indicano i **5 pilastri del benessere**: attività fisica, alimentazione sana, sonno e riposo, serenità e consapevolezza, motivazione e solidarietà.



<https://spa-advisor.blogspot.com/>

12 September 2020
Hong Kong

WORLD WELLNESS WEEKEND 2020

by Kimiko Tan



Join thousands of wellness enthusiasts around the world as they participate in World Wellness Weekend on September 19-20

The current health situation the world is facing reminds us of how important it is to build a strong immune system. A healthy body starts with a healthy mind, which can be developed by paying more attention to one's individual wellness needs.

This coming September 19-20, 2020, join thousands of wellness pioneers around the world for World Wellness Weekend. Fun, creative, and meaningful wellness activities are organized in over 120 countries for this special event.

<https://destinationdeluxe.com/world-wellness-weekend/>



11 September 2020 Mexico

<https://mexicotravelchannel.com.mx/servicios/20200911/participa-en-el-world-wellness-weekend-2020/>

The screenshot shows the Mexico Travel Channel website interface. At the top, there is a navigation bar with categories like PLAYAS, PUEBLOS MÁGICOS, ECOTURISMO, USA, MUNDO, and SERVICIOS. Below this is a grid of five video thumbnails with titles: '5 destinos para conocer los sonidos de México', 'Hasta la raíz, video en favor de los desaparecidos', 'Mujeres en la música en México: creación, unión y sororidad', '2Cellos: el combustible pesado de un dúo clásico instrumental', and 'Basketcolor: las canchas de Ciudad Juárez se colorean'. Below the grid are social media icons for Facebook, Twitter, and Pinterest.

The main content area features a large video player showing a woman sitting on a wooden dock by a lake at sunset. Below the video is a caption: Pixabay/Shaharlar Lenin.

Below the video is a purple banner for 'qonto' with the text: 'Ouvrez un compte pro en ligne' and 'Gestion des dépenses pro' and 'Cartes paramétrables'.

The main article text reads: 'Atención, amantes del turismo **wellness**: los próximos sábado **19** y domingo **20 de septiembre** se llevará a cabo el **World Wellness Weekend 2020**, evento enfocado en el bienestar y en la reconexión de las personas con el planeta.'

Below the article text is a section titled '¿Dónde y en qué consiste?' with the text: 'Como su nombre lo indica, es un fin de semana mundial en el que con el **#WorldWellnessWeekend** más de **5 mil establecimientos** en **120 países** donarán una actividad de **60 minutos** durante ese fin de semana, con **acceso libre** a todos los interesados que quieran acercarse al mundo del bienestar.'

Below the article text is a section titled 'Lee también' with a link: 'Conoce los hoteles imperdibles de Parras, en Coahuila'.

On the right side of the page, there is a section titled '¿Dónde ir?' with a video player showing a close-up of a salad. Below this is a Google AdSense advertisement for 'Anuncios Google' with a button 'Enviar comentarios' and a link '¿Por qué este anuncio?'.

At the bottom right, there is a section titled 'Lo más visto' with three items: 'Sierra de Órganos: donde el viento crea música' (09/09/2020), 'Conoce los hoteles imperdibles de Parras, en Coahuila' (02/09/2020), and '5 Datos que no sabías de la Independencia de México' (14/09/2020).

9 September 2020
United Kingdom

<https://www.leisuremanagement.co.uk/detail.cfm?pagetype=detail&subject=news&codeID=346228>

LEISURE management
DIGITAL MAGAZINE
View Turning Pages
Download PDF

leisuremanagement.co.uk
leisuremanagement
website | ezine | magazine | digital magazine

HOME | JOBS | NEWS | FEATURES | PRODUCTS | FREE DIGITAL SUBSCRIPTION | PRINT SUBSCR

Sign up for **FREE ezine** Your email here **Go** Featured Suppliers


Latest news

09 Sep 2020

Upcoming World Wellness Weekend 2020 aims to democratise wellness

BY MEGAN WHITBY

[Tweet](#) [Enregistrer](#) [Share 0](#)



World Wellness Weekend 2020 marks the event's fourth anniversary
photo: Shutterstock; Syda Productions

World Wellness Weekend (WWW) is fast approaching and will be going ahead via a combination of online streaming and socially-distanced group wellness activities around the world, on 19-20 September 2020.

Now in its fourth year, WWW aims to highlight the importance of wellness and help people adopt healthier lifestyles – as well as foster positive relationships with their bodies and minds – by offering the public opportunities to take part in activities over the two-day period.


Founded by Jean-Guy de Gabriac, owner of consultancy and training company Tip Touch International, the event will be celebrated in over 100 countries and seeks to democratise wellness.

The WWW team has also confirmed the participation of 30 cities whose Mayors and/or Tourist Offices are officially organising feel-good wellness activities for their residents.

"Wellness creates togetherness, even six feet apart," said de Gabriac.


"Waiting for a vaccine is not a sustainable way of life, instead, wellness is the way forward. The most pro-active and constructive approach right now is to encourage everyone to take control of their wellbeing and become an example that can inspire and empower people around them."

Company profile



Harlands Group
Harlands Group is the leading provider of membership management services to leisure operators, processing over 2.3 million Direct Debits monthly. We do more than process payments, we make life easier and help our clients.
[View full profile >](#)


Catalogue gallery



Leisure Management 2018 issue 1
[View issue content](#)
[View on turning pages](#)
[Download PDF](#)

The Wellness - Profile

Featured Supplier



The Virtual Revolution: Hutchison Technologies help operators motivate members
Hutchison Technologies virtual solutions are helping operators expand their virtual offering and get motivated

9 September 2020 United Kingdom

Job Search
[SEE ALL JOBS](#)

Keyword

Location

SEARCH

Sectors

Locations

Employers

Latest job opportunities

★ STAR JOB
Duty Manager - outdoor sports
Colchester Borough Council
SALARY: £23,874 to £30,459
LOCATION: Colchester Northern Gateway Sports Park

[READ MORE →](#)

Personal Trainers
truGym
SALARY: Competitive
LOCATION: Nationwide, United Kingdom

[READ MORE →](#)

Sales Prospector
energie fitness
SALARY: Negotiable
LOCATION: Brooklands, Milton Keynes

[READ MORE →](#)

Level 2 Swimming Teacher
Everyone Active
SALARY: Competitive
LOCATION: Wellington, Somerset

[READ MORE →](#)

Assistant Manager
Coach Gyms
SALARY: £20K Basic circa
LOCATION: Leeds, UK

[READ MORE →](#)

[MORE JOBS →](#)

Upcoming World Wellness Weekend 2020 aims to democratise wellness



By Megan Whitby 09 Sep 2020



World Wellness Weekend 2020 marks the event's fourth anniversary / Shutterstock: Syla Productions



“The most pro-active and constructive approach right now is to encourage everyone to take control of their wellbeing”

— www.leisureopportunities.co.uk/sectors/news/Jean-Guy+de+Gabriac/ Jean-Guy de Gabriac

Job opportunities
★ TRAINING OPPORTUNITY

Train as a Les Mills Instructor

LOCATION: Nationwide, United Kingdom

[MORE →](#)

[MORE JOBS →](#)

World Wellness Weekend (WWW) is fast approaching and will be going ahead via a combination of online streaming and socially-distanced group wellness activities around the world, on 19-20 September 2020.

Now in its fourth year, WWW aims to highlight the importance of wellness and help people adopt healthier lifestyles – as well as foster positive relationships with their bodies and minds – by offering the public opportunities to take part in activities over the two-day period.

Founded by Jean-Guy de Gabriac, owner of consultancy and training company [Tig Touch](#) International, the event will be celebrated in over 100 countries and seeks to democratise wellness.

The WWW team has also confirmed the participation of 30 cities whose Mayors and/or Tourist Offices are officially organising feel-good wellness activities for their residents.

“Wellness creates togetherness, even six feet apart,” said de Gabriac.

<https://www.leisureopportunities.co.uk/news/Upcoming-World-Wellness-Weekend-2020-aims-to-democratise-wellness/346228>

8 September 2020
United Kingdom

You are in: > LEINSTERLEADER > HOME

Kids Yoga, Tai Chi, Zumba coming to Kildare Town for Wellness Weekend



by KildareNow reporter 8 Sept 2020
Email: editor@kildarepost.com

share 0 comments



<https://www.leinsterleader.ie/news/home/572104/kids-yoga-tai-chi-zumba-coming-to-kildare-town-for-wellness-weekend.html>

CONNECT THROUGH CULTURE



FRI 18 SEP
CULTURENIGHT.IE

CLICK HERE FOR EVENT DETAILS

8 September 2020
France

LE WEEK-END MONDIAL DU BIEN-ÊTRE – ZOOM SUR LE PROGRAMME EN FRANCE

ACTUS / menu / Salons & Événements /



CHATEAU BERGER
Wellness



L'ALLIANCE DES ACTIFS NATURELS
ET DE L'EXPERTISE MÉDICALE

Rejoindre le salon

Communiquer sur cet emplacement

SALONS & ÉVÉNEMENTS

Le Week-end Mondial du Bien-être – Zoom sur le programme en France

Publié le mardi, 08 septembre 2020

Les 19 et 20 septembre prochains, des milliers de **professionnels du bien-être** vont proposer un large choix d'activités pour initier le plus grand nombre de personnes quelle que soit leur condition physique, et même celles en situation de handicap, aux meilleures pratiques en lien avec le bien-être et la prévention santé.



Quand on sait aujourd'hui que les maladies chroniques tuent chaque année 32 millions* de personnes (maladies cardiaques, respiratoires, cancer, AVC, diabète type II) et le lien de cause à effet entre l'hygiène de vie et la santé, pratiquer une activité physique, prendre le temps d'apprendre à mieux vivre, à mieux se nourrir, à découvrir semblent être un antidote naturel au mal-être du 21^{ème} siècle.

Pour retrouver les établissements et de nouvelles activités proches de chez soi : il suffit de consulter la carte Wellness sur wellmap.fr avec géolocalisation en 1 clic, puis de s'inscrire directement, soit par e-mail, soit via le formulaire de contact pour participer.

Cette année, **plus de 1 000 établissements partenaires dans le monde** et plus d'une centaine en France vont proposer des activités wellness, qui pour cette édition s'appuient sur les cinq grands piliers :

- Sommeil et récupération
- Nutrition et équilibre
- Vitalité et mouvement
- Sérénité et présence
- Sens de la vie et Solidarité

https://www.senseofwellness-mag.com/toute-les-actualites-spa-et-wellness/actus/salons-evenements/item/2458-le-week-end-mondial-du-bien-etre-zoom-sur-le-programme-en-france?utm_source=newsletter_7189&utm_medium=email&utm_campaign=week-end-mondial-du-bien-etre-tout-sur-le-programme-en-france-chateau-berger-s-installe-aux-emirats-treatwell-arrive-a-lyon-relancez-votre-activite-avec-les-bb-days-nouvelles-annonces-emploi

INSCRIVEZ-VOUS À NOTRE E-NEWSLETTER HEBDO

Votre adresse e-mail

S'abonner

LE MAGAZINE

PAPIER + DIGITAL



LE COMMANDER

S'ABONNER AU MAGAZINE

LE HORS-SÉRIE 2020

100% DIGITAL



8 September 2020
France



Week-end mondial du bien-être 2020

BONS PLANS

Date: samedi 19 septembre 2020 00:00 - dimanche 20 septembre 2020 00:00

Lieu: Toute la France

Les 19 et 20 septembre prochains, des milliers de professionnels du bien-être vont proposer un large choix d'activités pour initier le plus grand nombre de personnes quelle que soit leur condition physique, et même celles en situation de handicap, aux meilleures pratiques en lien avec le bien-être et la prévention santé.

Quand on sait aujourd'hui que les maladies chroniques tuent chaque année 32 millions* de personnes (maladies cardiaques, respiratoires, cancer, AVC, diabète type II) et le lien de cause à effet entre l'hygiène de vie et la santé, pratiquer une activité physique, prendre le temps d'apprendre à mieux vivre, à mieux se nourrir, à découvrir semblent être un antidote naturel au mal-être du 21ème siècle.

Cette année, plus de 1.000 établissements partenaires dans le monde et plus d'une centaine en France vont proposer des activités wellness, qui pour cette édition s'appuient sur les cinq grands piliers : Sommeil & récupération, nutrition & équilibre, vitalité & mouvement, sérénité & présence et bien sûr sens de la vie & solidarité.

INFORMATIONS

Site internet www.weekend-wellness.fr

Adresse France

cpourlesfemmes 253 650 Visites/mois -
cpourlesparents 182 000 Visites/mois -
cpourlesados 192 600 Visites /mois -
cpourleshommes 215 000 Visites/mois

<https://www.cpourlesados.com/cpourlesados/ca-agenda/341-week-end-mondial-du-bien-etre-2020#.X2JQt2gzaUm>

8 September 2020
France



Week-end mondial du bien-être 2020

BONS PLANS

Date: samedi 19 septembre 2020 00:00 - dimanche 20 septembre 2020 00:00

Lieu: Toute la France

Les 19 et 20 septembre prochains, des milliers de professionnels du bien-être vont proposer un large choix d'activités pour initier le plus grand nombre de personnes quelle que soit leur condition physique, et même celles en situation de handicap, aux meilleures pratiques en lien avec le bien-être et la prévention santé.

Quand on sait aujourd'hui que les maladies chroniques tuent chaque année 32 millions* de personnes (maladies cardiaques, respiratoires, cancer, AVC, diabète type II) et le lien de cause à effet entre l'hygiène de vie et la santé, pratiquer une activité physique, prendre le temps d'apprendre à mieux vivre, à mieux se nourrir, à découvrir semblent être un antidote naturel au mal-être du 21ème siècle.

Cette année, plus de 1.000 établissements partenaires dans le monde et plus d'une centaine en France vont proposer des activités wellness, qui pour cette édition s'appuient sur les cinq grands piliers : Sommeil & récupération, nutrition & équilibre, vitalité & mouvement, sérénité & présence et bien sûr sens de la vie & solidarité.

INFORMATIONS

Site internet www.weekend-wellness.fr
Adresse France

cpourlesfemmes 253 650 Visites/mois -
cpourlesparents 182 000 Visites/mois -
cpourlesados 192 600 Visites /mois -
cpourleshommes 215 000 Visites/mois

<https://www.cpourlesseniors.com/cpourlesseniors/cs-agenda/341-week-end-mondial-du-bien-etre-2020#.X1d4jOgza70>

8 September 2020
France

cpourlesfemmes 253 650 Visites/mois -
cpourlesparents 182 000 Visites/mois -
cpourlesados 192 600 Visites /mois -
cpourleshommes 215 000 Visites/mois

<https://www.cpourlesparents.com/cp-accueil/agenda/341-week-end-mondial-du-bien-etre-2020#.X1d4gOgza70>



Week-end mondial du bien-être 2020

BONS PLANS

Date: samedi 19 septembre 2020 00:00 - dimanche 20 septembre 2020 00:00

Lieu: Toute la France

Les 19 et 20 septembre prochains, des milliers de professionnels du bien-être vont proposer un large choix d'activités pour initier le plus grand nombre de personnes quelle que soit leur condition physique, et même celles en situation de handicap, aux meilleures pratiques en lien avec le bien-être et la prévention santé.

Quand on sait aujourd'hui que les maladies chroniques tuent chaque année 32 millions* de personnes (maladies cardiaques, respiratoires, cancer, AVC, diabète type II) et le lien de cause à effet entre l'hygiène de vie et la santé, pratiquer une activité physique, prendre le temps d'apprendre à mieux vivre, à mieux se nourrir, à découvrir semblent être un antidote naturel au mal-être du 21ème siècle.

Cette année, plus de 1.000 établissements partenaires dans le monde et plus d'une centaine en France vont proposer des activités wellness, qui pour cette édition s'appuient sur les cinq grands piliers : Sommeil & récupération, nutrition & équilibre, vitalité & mouvement, sérénité & présence et bien sûr sens de la vie & solidarité.

INFORMATIONS

Site internet www.weekend-wellness.fr

Adresse France

8 September 2020
France

cpourlesfemmes 253 650 Visites/mois -
cpourlesparents 182 000 Visites/mois -
cpourlesados 192 600 Visites /mois -
cpourleshommes 215 000 Visites/mois

<https://www.cpourleshommes.com/cpourleshommes/ch-agenda/341-week-end-mondial-du-bien-etre-2020#.X1d4hegza70>



Week-end mondial du bien-être 2020

BONS PLANS

Date: samedi 19 septembre 2020 00:00 - dimanche 20 septembre 2020 00:00

Lieu: Toute la France

Les 19 et 20 septembre prochains, des milliers de professionnels du bien-être vont proposer un large choix d'activités pour initier le plus grand nombre de personnes quelle que soit leur condition physique, et même celles en situation de handicap, aux meilleures pratiques en lien avec le bien-être et la prévention santé.

Quand on sait aujourd'hui que les maladies chroniques tuent chaque année 32 millions* de personnes (maladies cardiaques, respiratoires, cancer, AVC, diabète type II) et le lien de cause à effet entre l'hygiène de vie et la santé, pratiquer une activité physique, prendre le temps d'apprendre à mieux vivre, à mieux se nourrir, à découvrir semblent être un antidote naturel au mal-être du 21ème siècle.

Cette année, plus de 1.000 établissements partenaires dans le monde et plus d'une centaine en France vont proposer des activités wellness, qui pour cette édition s'appuient sur les cinq grands piliers : Sommeil & récupération, nutrition & équilibre, vitalité & mouvement, sérénité & présence et bien sûr sens de la vie & solidarité.

INFORMATIONS

Site internet	www.weekend-wellness.fr
Adresse	France

8 September 2020
France

cpourlesfemmes 253 650 Visites/mois -
cpourlesparents 182 000 Visites/mois -
cpourlesados 192 600 Visites /mois -
cpourleshommes 215 000 Visites/mois

<https://www.cpourlesfemmes.com/cpourlesfemmes/cf-agenda/341-week-end-mondial-du-bien-etre-2020#.X1d4fegza70>



Week-end mondial du bien-être 2020

BONS PLANS

Date: samedi 19 septembre 2020 00:00 - dimanche 20 septembre 2020 00:00

Lieu: Toute la France

Les 19 et 20 septembre prochains, des milliers de professionnels du bien-être vont proposer un large choix d'activités pour initier le plus grand nombre de personnes quelle que soit leur condition physique, et même celles en situation de handicap, aux meilleures pratiques en lien avec le bien-être et la prévention santé.

Quand on sait aujourd'hui que les maladies chroniques tuent chaque année 32 millions* de personnes (maladies cardiaques, respiratoires, cancer, AVC, diabète type II) et le lien de cause à effet entre l'hygiène de vie et la santé, pratiquer une activité physique, prendre le temps d'apprendre à mieux vivre, à mieux se nourrir, à découvrir semblent être un antidote naturel au mal-être du 21ème siècle.

Cette année, plus de 1.000 établissements partenaires dans le monde et plus d'une centaine en France vont proposer des activités wellness, qui pour cette édition s'appuient sur les cinq grands piliers : Sommeil & récupération, nutrition & équilibre, vitalité & mouvement, sérénité & présence et bien sûr sens de la vie & solidarité.

INFORMATIONS

Site internet www.weekend-wellness.fr
Adresse France

8 September 2020
South Africa



Home | News | PPE Directory | Gallagher Expo | NailFile Comp | Magazine | More

All Posts | Industry News | Spa News | Nails | Equipment | Skincare | More v | | [log in / sign up](#)

Joanna Stekiwicz · 6 hours ago · 2 min read

The democratisation of wellness



A WWW walkie from Jari Jari Spa in Malaysia

Taking place on 19 and 20 September 2020, World Wellness Weekend (WWW) aims to connect people by creating free, fun, meaningful and accessible wellness activities at participating properties or online.

Says WWW founder, Jean-Guy de Gabriac of Tip Touch International: "No-one really knows when a COVID-19 vaccine will be available to the greatest number of people and whether the antibodies will last a lifetime, or just a few months. Waiting for a vaccine is not a sustainable way of life. Wellness is the way. The most proactive and constructive approach is to encourage everyone to be the craftsman of their own well-being and to become an example that can inspire and empower friends or colleagues as [#WellnessBuddies](#)."

<https://www.probeauty.co.za/post/the-democratisation-of-wellness>



La entrevista de la semana: Francisco Lugo, de World Wellness Weekend

Publicado el 7 septiembre, 2020 — en Entrevistas/Industria — por Jessica Servín

El embajador de este foro anual, que se realizará el 19 y 20 de septiembre de manera virtual, nos habló sobre el enfoque que tendrán este año y los hoteles que se suman a la iniciativa.

1. ¿Cuál es el objetivo del World Wellness Weekend (WWW)?

Su objetivo es empoderar a las personas para tomar decisiones conscientes sobre su salud y bienestar integral. Esta iniciativa se inspira en el objetivo número tres de las Naciones Unidas que es el de garantizar una vida sana y promover el bienestar para todos en todas las edades.

2. ¿Qué retos han tenido que enfrentar para organizarlo este año ante las restricciones por la pandemia?

Nos ha llevado a evolucionar y replantear la forma de hacerlo. Desde el inicio de la pandemia estuvimos trabajando en plataformas digitales y redes sociales para hacer llegar nuestro mensaje, así como conferencias y webinars con profesionales del bienestar.

3. ¿Qué temas tocará este año, en qué se centrará?

El enfoque principal ha sido, en palabras de nuestra líder en México, Bonnie Baker de Grupo Sattvea, el de "plantearnos cómo podemos convertirnos en una mejor sociedad para el planeta, pues el concepto wellness va más allá de lo físico, trabajar otro nivel de conciencia en cuanto a nuestra relación con la Tierra".

4. ¿Cómo se participa en las distintas actividades del WWW?

La iniciativa pone como requisito único el brindar una actividad gratuita a la comunidad (de trabajadores, de la sociedad o de clientes) de una hora en el fin de semana que celebramos el WWW en cualquiera de sus cinco pilares. Nuestro objetivo es empoderar e inspirar a las personas para iniciar una vida saludable y los establecimientos o profesionales suscritos tienen proyección nacional e internacional y pueden prepararse para recibir más visitantes.



SUSCRÍBETE A
NUESTRO
NEWSLETTER

¡Y recibe las mejores noticias
del mundo del turismo!

ENVIAR



LO MÁS LEÍDO



La entrevista de la
semana: Francisco
Lugo, de World
Wellness Weekend

7 September 2020
Mexico

<http://neextt.com/entrevista-francisco-lugo-world-wellness-weekend/>

7 September 2020
France

<https://www.clermontinfos63.fr/actualite-18614-les-accros-du-peignoir-en-piste-pour-le-week-end-mondial-du-bien-etre.html?fbclid=IwAR2NigVrAL9nn0yyJEYJ0q-KSsyL41gSXeeqsdMjG3IDidV8ppREIOSJU54>

LES ACCROS DU PEIGNOIR EN PISTE POUR LE WEEK-END MONDIAL DU BIEN-ÊTRE

08h45 - 07 septembre 2020



Bien-être, détente. Le week-end mondial du wellness est un moment où l'on prend soin de soi. Rendez-vous dans les stations thermales d'Auvergne (Photo Manélsa Nlels).

Les 19 et 20 septembre, c'est la 4e édition du Weekend Mondial du Bien-Être, un weekend anti-morosité qui va donner envie à chacun de prendre soin de soi, de bouger, d'adopter des bons réflexes, entre amis, en couple ou en famille.

Convaincue du bien-fondé de cet événement, La Route des Villes d'Eaux du Massif Central et les Accros du Peignoir se mobilisent pour faire connaître à cette occasion leurs activités de bien-être et convertir le plus grand nombre à celles-ci, autour du leitmotiv « Osez prendre soin de vous », qui prend tout son sens dans le contexte actuel.

Juste au moment de l'équinoxe d'automne, l'idée du Weekend Mondial du Bien-Être est de prolonger les bienfaits de l'été avec des activités de bien-être originales et fun. Pour éviter le blues automnal grâce à des conseils personnalisés, partout en France, des professionnels de la forme, de la beauté et du tourisme ouvrent leurs portes pour initier ou perfectionner le plus grand nombre, gratuitement, dans des activités de bien-être.

Have You Registered For World Wellness Weekend 2020?

7 September, 2020

7 September 2020
Australia



World Wellness Weekend is back for 2020 with a sentiment that rings true now more so than ever; Everyone needs a bit of wellness in their life.

Jean-Guy de Gabriac, the founder of **World Wellness Weekend** (WWW), is truly passionate about and proud of how fast WWW has grown since 2017. From 160 venues in France and Belgium that participated four years ago, it has now grown to include over 2,000 venues in 98 countries making it the biggest wellness event worldwide.

WWW will take place over 19-20 September and will spread the message of wellness through encouraging wellness activities, which is needed more than ever before. Any wellness professional or business can take part, all you have to do is "organise at least one fun and free 60-minute group workshop, promoting healthy lifestyles, through nutrition, or physical activities, or mindfulness, or sustainability," says Jean-Guy.

You then register on the WWW website and get the chance to promote your services and offers on there. You can be as creative and innovative as you like when deciding on your offering for WWW. In the past, "hot tubs were installed in the trunk of a car (Effervescences in Royat -France), golfers enjoyed Golf in bathrobe (La Lague Golf Resort - France), there was a "Water Drinkers" Race (Vic sur Cère - France), a workshop about the Art of Napping (Vichy - France), Zumba at Club Med Mandara Spa (Malaysia), Ju Jitsu (Tulum - Mexico) to only name a few," says Jean-Guy.

<https://www.spaandclinic.com.au/wellness/have-you-registered-for-world-wellness-weekend-2020>

Coming soon...
DOCTOR BABOR CLEANFORMANCE:
Vegan. Clean. Effective.



DOCTOR BABOR CLEANFORMANCE is synonymous with clean beauty and celebrates dewy skin. And "dewy" is the perfect word to describe a complexion that radiates with a subtle glow - as if kissed by the morning dew. To ensure this healthy glow and unstoppable beauty performance, DOCTOR BABOR CLEANFORMANCE contains prebiotics and probiotics that balance the skin's microbiome. Prebiotics and probiotics strengthen this skin barrier and act like a tiny protective shield against environmental stressors. The antioxidant and highly regenerative properties of an extract derived from red maple bark protect the skin, imparting greater elasticity and resilience. This extract is the very first fully sustainable and clinically tested cosmetic ingredient derived from recycled red maple bark. Up to 98% of CLEANFORMANCE's ingredients are of natural origin. What it doesn't contain? Animal-based ingredients, gluten, lactose, silicone, parabens, mineral oils, microplastics, and synthetic fragrances. And since BAVOR production is already CO2 neutral, the environment loves DOCTOR BABOR CLEANFORMANCE just as much as you will. Still not enough? Right! BAVOR is planting a tree at The BAVOR Forest near the headquarters in Aachen, for every CLEANFORMANCE product you purchase.

Advertisement



CLEANFORMANCE

DOCTOR BABOR

Advertisement

Advertisement

7 September 2020
France



07 Sep
2020

MARSEILLE : Week-end « Mondial du Bien-être » et Journées Européennes du Patrimoine

Written by aureliapadmin. Posted in BOUCHES DU RHONE, EVASION, LES NEWS DE PACA



Un week-end qui fait du bien au corps et à l'esprit: pour les 19 et 20 septembre, l'Office métropolitain de Tourisme et des Congrès a imaginé un double programme pour se faire du bien tout le week-end !

L'année dernière, le World Wellness Weekend, tombera au même moment que les journées Européennes du Patrimoine qui seront cette année sur le thème : « Patrimoine et Education, apprendre pour la vie ! ». Apprendre à se sentir bien, il n'y a pas de plus beau précepte à enseigner à nos enfant.

Le week-end des 19 et 20 Septembre sera donc riche en initiatives des plus classiques aux plus insolites prévues pour petits et grands dans toute la ville. La programmation sera gratuite ou à moindre coût selon les activités proposées. Cette année étant très particulière, le respect des normes sanitaires telles qu'elles ont été définies par la charte « Marseille Safe Welcome », sera de rigueur, notamment bien entendu le port du masque, les visites limitées en nombre de personnes, la distanciation physique.

Certaines visites, conférences ou activités bien-être seront accessibles en ligne pour éviter le déplacement des personnes les plus à risques. La Société des Eaux de Marseille, partenaire privilégié de l'Office Métropolitain de Tourisme et de la Ville de Marseille pour ce weekend d'exception, offrira un goodies SEM à chaque participant aux visites des 19 et 20 Septembre au départ du 11, la Canebière. Le lancement de la « tisane Marseille », concoctée spécifiquement par l'herboristerie du Père Blaize, comme une balade digestive entre garrigue et champs de lavande, est également prévu le 19 Septembre à la boutique de l'Office de Tourisme où elle sera en vente.

4ème édition du World Wellness Weekend (2ème édition marseillaise) et la 37ème édition des Journées Européennes du patrimoine Le World Wellness Weekend

<http://www.presseagence.fr/lettre-economique-politique-paca/2020/09/07/marseille-week-end-mondial-du-bien-etre-et-journees-europeennes-du-patrimoine/>

7 September 2020
United Kingdom

2020 ISSUE 3

spa business Jump to:

▶ spa business news

DIARY DATES

19-20 September 2020
World Wellness Weekend
Global

Wellness professionals and venues
around the world prepare fun,
free and meaningful activities
both onsite and online.

www.world-wellness-weekend.org

<https://www.spabusiness.com/digital/index1.cfm?mag=Spa%20Business&codeid=3654&linktype=homepage&ref=n>

7 September 2020
South Africa



Home | News | PPE Directory | Gallagher Expo | NailFile Comp | Magazine | More

All Posts | Industry News | Spa News | Nails | Equipment | Skincare | More v | Login / Sign up

Joanna Stankowicz · 7 hours ago · 2 min read

WWW replaces social distancing with social wellness



A WWW walk from Anantara Ai Balodee Resort Salalah

Many properties within the Accor, Corinthia, Hilton, Jumeirah, Mandarin Oriental, Mandara, Marriott, Shangri-La, Six Senses, Waldorf Astoria and WTS International groups will participate in World Wellness Weekend (WWW) on 19 and 20 September 2020.

The properties will host free on-site workshop for associates, guests, or local residents, and also present online videos (i.e. tutorials, wellness tips and exercises) in stunning surroundings.

In line with enhanced COVID-19 hygiene and safety measures, group sessions will be socially distanced, and in locations where international travel is restricted, the events will be hosted online via social media.

<https://www.probeauty.co.za/post/www-replaces-social-distancing-with-social-wellness>

7 September 2020
France



RENTÉE CHARGÉE POUR L'OFFICE DE TOURISME INTERCOMMUNAL DE NÉRIS-LES- BAINS



© 07 SEPTEMBRE 2020 À 08H59

<https://rjfm.net/news/rentree-chargee-pour-l-office-de-tourisme-intercommunal-de-neris-les-bains-6232>

C'est un mois de septembre chargé qui s'annonce à Nérís-les-Bains.

7 September 2020
France

ÉMERVEILLÉS PAR L'ARDÈCHE
site officiel d'Ardèche Tourisme

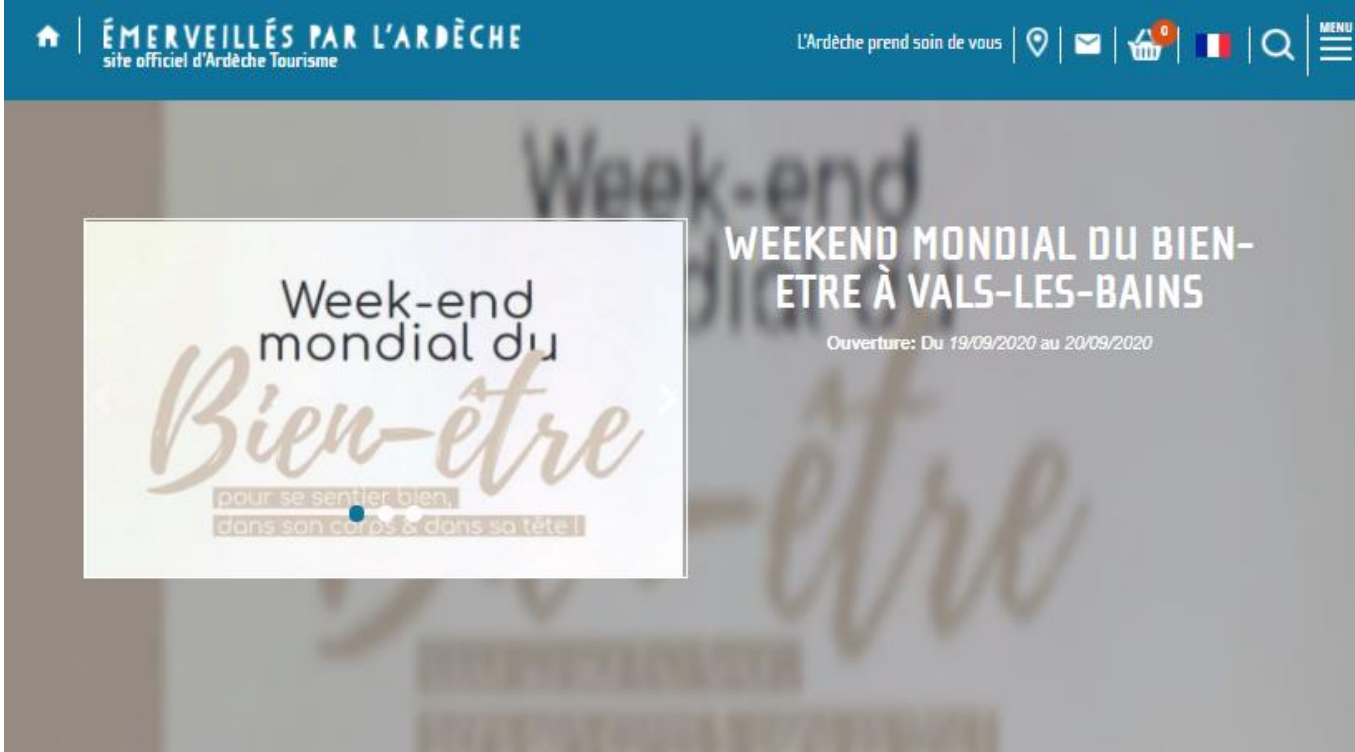
L'Ardèche prend soin de vous

Week-end mondial du Bien-être

WEEKEND MONDIAL DU BIEN-ÊTRE À VALS-LES-BAINS

Ouverture: Du 19/09/2020 au 20/09/2020

pour se sentir bien,
dans son corps & dans sa tête!



Des activités fun & gratuites, des conseils, pour être bien dans son corps, bien dans sa tête et bien dans son assiette. On met le blues de fin d'été au placard pour attaquer la saison automnale dans un bon mood !

PLUS D'INFORMATIONS

Samedi 19/09 :

8h - Réveil musculaire dans le parc avec Marie-Hélène.
Sur réservation au 04 75 37 46 68.

9h - Pilates dans le parc avec Marie-Hélène.
Sur réservation au 04 75 37 46 68.

10h - 11H30 - Cours de cuisine avec Mélody. Atelier dans la cuisine pédagogique : cuisiner et se faire plaisir sans prendre de poids.
Sur réservation au 04 75 37 46 68.

WEEKEND MONDIAL DU BIEN-ÊTRE À VALS- LES-BAINS

Weekend mondial du Bien-Être à Vals-les-Bains
07600 Vals-les-Bains
France

04 75... [Voir le numéro »](#)

[Visiter le site internet »](#)

CONTACTER

<https://www.ardeche-guide.com/fetes-et-manifestations/weekend-mondial-du-bien-etre-vals-les-bains-5634567>



[< Previous news](#)

[Next news >](#)



AVANI HOTELS & RESORTS GET IN SHAPE FOR WORLD WELLNESS WEEKEND 2020

Making fitness fun and accessible for all travellers, Avani Hotels & Resorts join the global celebrations to mark #WorldWellnessWeekend on 19 and 20 September 2020.

Category: [Worldwide](#) - [Communication/Marketing](#)

More Ultimate Luxury Experiences: [Spa & Wellness](#)

This is a press release, published for free on 2020-09-07

A global movement that empowers millions of fitness and wellness lovers in 120 countries around the world, Avani Hotels & Resorts support the five key pillars of World Wellness Weekend: Sleep and Restoration, Nutrition and Nourishment, Vitality and Movement, Serenity and Mindfulness, Purpose and Solidarity.

Whether it is the pursuit of deep relaxation or an energy boost to invigorate and refresh, World Wellness Weekend allows guests a flexible approach to balance in line with Avani Hotels & Resorts commitment to doing everything in the right measure.

Guests are also encouraged to tag [@Avani_Hotels](#) and [#WorldWellnessWeekend](#) and share their wellness movement, even from home.

<https://www.journaldespalaces.com/en/press-release-58752-Avani-Hotels-Resorts-Get-in-Shape-for-World-Wellness-Weekend-2020-tw.html>

4 September 2020
Italy



preidlhof • Abonné(e)
Preidlhof Luxury DolceVita Resort

preidlhof On 19th and 20th September we celebrate the World Wellness Weekend by @jeanguydegabriac . We invite our guests and team to join senior healer Irmgard Mossmair in her eye opening "Forest Bathing" experience! 🌿🌿

#preidlhof #dolcevita #belvita #südtirol #southtyrol #meran #merano #naturn #naturno #visitsouthtyrol #wesharejoy #worldwellnessweekend #forestbathing #transformationalwellness #spa #wellness #mindfulness #wellbeing #thepreidlhofway #spalife #retreats #integratedhealing #innersoul

161 J'aime
IL Y A 2 JOURS

Ajouter un commentaire... [Publier](#)

<https://www.instagram.com/p/CErDAipj523/>

4 September 2020
USA

Anantara to host World Wellness Weekend.

#worldwellnessweekend #wellness #spaleader
#spabusiness

ow.ly/7QcX50BdzLT

[Traduire le Tweet](#)



<https://twitter.com/SkinIncMagazine/status/1301656492987346948>

4 September 2020
France



The screenshot shows the website 'Ardèche Secrète' with a navigation menu including 'DÉCOUVRIR', 'HÉBERGEMENTS', 'ACTIVITÉS', 'GASTRONOMIE', 'IDÉES SÉJOURS', 'AGENDA', 'PRATIQUE', and 'DESTINATION THERMALE'. A pink button labeled 'NOUS CONTACTER' is visible. The main content area features a header image of a village and a breadcrumb trail: 'Accueil > Le blog « Ardèche Secrète » > Week-end mondial du bien-être à Vals-les-Bains'. The article title is 'WEEK-END MONDIAL DU BIEN-ÊTRE À VALS-LES-BAINS', published on September 4, 2020, by 'Mélissa'. It has 0 likes. The text of the article discusses the end of summer and the start of autumn, promoting a wellness weekend on September 19 and 20. At the bottom, there is a photograph of a woman in a white t-shirt and grey pants sitting in a yoga pose on a grassy field with trees in the background.

Ardèche
VALS D'AUBENAS VALS
Secrète
TOURISME

ÉMERVEILLÉS PAR L'ARDÈCHE

Rechercher
Français
0 articles
Facebook
YouTube
0 favoris

Votre carnet
de route

DÉCOUVRIR HÉBERGEMENTS ACTIVITÉS GASTRONOMIE IDÉES SÉJOURS AGENDA PRATIQUE DESTINATION THERMALE

NOUS CONTACTER

Accueil > Le blog « Ardèche Secrète » > Week-end mondial du bien-être à Vals-les-Bains

WEEK-END MONDIAL DU BIEN-ÊTRE À VALS-LES-BAINS

Publié le 4 septembre 2020 par Mélissa

0 personne(s) aime(nt)

C'est la fin de l'été, on se sent tout ramollo, déprimé, pas du tout prêt à affronter l'automne qui arrive à grands pas. Ça vous le fait aussi à vous ? Heureusement, j'ai la solution pour laisser notre blues au placard et commencer la saison automnale dans un bon mood ! Le week-end du **19 et 20 septembre**, c'est le **week-end mondial du bien-être**. Un week-end antimorosité, qui donne envie de prendre soin de soi, de bouger... oui il faut l'avouer, on en a tous un peu besoin, de bien-être ! Non ?



<https://www.aubenas-vals.com/week-end-mondial-bien-etre-a-vals-bains/>

4 September 2020 France

Maintenant en France /

Week-end Mondial du Bien-être

Par [La rédaction](#), publié le 4 septembre 2020, 05:00



© Wellness Worldwide Weekend — Yoga au bord du lac...

Pour sa 4e édition, le Week-end Mondial du Bien-être (World Wellness Weekend) invite les professionnels du bien-être (centres thermaux, spas, centres de thérapies douces...) à proposer de tester gracieusement 1 heure d'activité. De quoi prendre de bonnes résolutions pour se faire du bien, partout en France.

Préparez-vous à vous adonner aux pratiques bien-être les samedi 19 septembre et dimanche 20 septembre prochains lors de la 4e édition du Weekend Mondial du Bien-être (World Wellness Weekend).

Partout en France et dans le monde, des activités gratuites sont proposées par des professionnels du bien-être pour permettre à tous, y compris aux personnes en situation de handicap, d'accéder le temps d'un week-end, aux meilleures pratiques bien-être et santé, aux plus originales parfois même dans des lieux incroyables comme des **monuments** historiques en extérieur pour vivre des moments d'exception.

INFOS PRATIQUES.



WEEK-END MONDIAL DU BIEN-ÊTRE LES
19 ET 20 SEPTEMBRE 2020



PARTOUT EN FRANCE ET DANS LE MONDE
(VOIR LA CARTE INTERACTIVE POUR
DÉCOUVRIR LES ÉTABLISSEMENTS
PARTICIPANTS)

EN SAVOIR PLUS.

RETROUVEZ LES LIENS EXTERNES DE L'ÉVÈNEMENT :



WORLD WELLNESS WEEKEND

<https://www.france.fr/fr/maintenant-en-france/weekend-mondial-du-bien-etre>

3 September 2020
Italy

<https://web.nuoroapp.it/tutti-2/c/0/i/49466428/inevospa-world-wellness-weekend-lollove>

The screenshot shows a mobile application interface for an event. At the top, there is a navigation bar with a back arrow on the left and the 'nuoroapp' logo on the right. Below the navigation bar is a large banner image of a group of people on a beach with their arms raised. The banner contains the text 'Wellness Weekend' in a light blue font and 'InEvoSpa' in a large white font, with 'Lollove 19-20 Settembre' below it. Underneath the banner are social media sharing buttons for Facebook ('CONDIVIDI') and Twitter ('TWEET'), along with icons for a bookmark and a message. The main title of the event is 'InEvoSpa // World Wellness Weekend Lollove'. Below the title, the location is listed as 'Antico Borgo di Lollove Nuoro' and the dates as 'Dal giovedì 03 settembre 2020 al domenica 20 settembre 2020'. A large blue text box contains the event description: 'InEvoSpa di Giovanna Lorrà, per il progetto InEvoSpaNaturaleSardegna, riporta in Sardegna il 19-20 settembre, l'evento mondiale di benessere World Wellness Weekend, di cui Giovanna è Ambasciatrice per l'Isola. A fare da cornice alla manifestazione, completamente immersa nella natura, sarà l'antico borgo medioevale di Lollove, piccola e suggestiva frazione di Nuoro. Tutta l'iniziativa è all'insegna di un'impronta sostenibile e rigorosamente salutista. Due giorni di puro benessere grazie alla proposta diversificata di ben 8 ore di attività, tutte gratuite e in assoluta sicurezza, a seguito dell'applicazione delle disposizioni vigenti.' At the bottom right of this text box is a button that says 'vedi programma >>'. The background of the page is a light blue and white pattern.

3 September 2020
USA



HOME | NEWS | INDUSTRY NEWS

Anantara to Host World Wellness Weekend

World Wellness Weekend is approaching, and this hotel and resort group has big plans.

Sep 3rd, 2020



Luxury hospitality brand Anantara has announced it plans to host a World Wellness Weekend on September 19-20, 2020.

Anantara supports the five pillars of *World Wellness Weekend*: Sleep and Restoration, Nutrition and Nourishment, Vitality and Movement, Serenity and Mindfulness, Purpose and Solidarity.

The 20 Anantara hotels and resorts that are participating span across 11 different countries. Each location will have its own set of wellness activities specific to their location.

Latest in Industry News

Sponsored

5 Tips To Keep Your Lashes Working On Lockdown

Aug 27th, 2020



Cumbria Hotel to Receive £7M Luxury Spa Upgrade

Sep 3rd, 2020



John Kao Joins GWI Advisory Board

Sep 2nd, 2020



Demandforce Launched Mobile App for Spas and Salons

Aug 28th, 2020



<https://www.dayspamagazine.com/news/industry-news/news/21174098/anantara-to-host-world-wellness-weekend>



3 September 2020
France



<https://www.instagram.com/p/CEooelAs0Fv/>

3 September 2020
India



**THE WORLD IS IN CRISIS....
WE ALL NEED MORE WELLNESS!**

SEP 19-20, 2020 IN 100 COUNTRIES



sattvonation • Abonné(e)



sattvonation We are excited to announce " World Wellness Weekend" which will be celebrated in 120 countries, 6 continents, 60+ organizations, on 19-20th September 🧘🏻‍♀️🧘🏻‍♂️🧘🏻🧘🏻💖☀️

World Wellness Weekend is 4th edition of wellness weekend which will be simultaneously celebrated in all 120 countries with various wellness activities.

Sattva Nation and Oneline Wellness committed to bring lot of engaging and wellness activities on these two days with most promising wellness



Aimé par world_wellness_weekend et 16 autres personnes

IL Y A 3 JOURS

Ajouter un commentaire...

Publier

<https://www.instagram.com/p/CEqwywnHWdS/>

3 September 2020 Hungary



The Aquincum Hotel Budapest
@AquincumHotelBp



World Wellness Weekend at the Aquincum Hotel
Budapest – FREE

Join us on September 19th and 20th for running on
Margaret Island at 9 am and for Hatha Yoga at 4 pm on
both days. Meeting point: in front of the hotel.

✉ pre-registration is required by email:
spa@aquincumhotel.com

[Traduire le Tweet](#)



<https://twitter.com/AquincumHotelBp/status/1301515683591868422>

3 September 2020
USA



<https://www.hospitalitynet.org/opinion/4100404.html>



LISA GATES, MINDFULNESS

Navigating The Role Of Caregiver During Covid

Joining Zoom and live stream events that will be featured on our website. To learn more, please subscribe to our newsletter.

About Membership Press Contact Q

UpComing Virtual Events For You And Your Loved One(s):

Notifications will be sent on future events —there is a great wellness event taking place September 19 & 20 in conjunction with **World Wellness Weekend**. On Saturday, September 19, Be Well in Paradise in conjunction with Spiritual Communities Network will offer a full day of virtual Zoom presentations, 9 a.m. until 6:30 p.m., hosted by Peggy Sealfon, co-founder of Be Well in Paradise, and Gwen Petersen, founder of Spiritual Communities Network. Sunday, September 20, presenters are currently creating a variety of virtual experiences, including a livestream musical concert. More information will be provided closer to the time. Feel free to connect with me for further information. This is a wonderful way to provide some virtual entertainment for your loved one, as well as taking some time to relax and unwind yourself!



About the Author:

*Lisa Gates has worked within the senior living industry for eight years as an Administrator for an adult day health program and served in various sales and marketing capacities with Brookdale Senior Living. She has helped numerous families navigate through their journey as a caregiver, with an emphasis on dementia and Alzheimer's. In addition, she has held numerous sales and consulting roles within the real estate and hospitality industry. She is the Co-founder and CEO of a nonprofit (501-c-3) **Metamorphosis-3**, which was created in 2019. Its mission is to provide programs for isolated seniors, caregivers, and intergenerational programs. This nonprofit will provide services in all geographic areas.*

2 September 2020
USA



[HOME](#) | [NEWS](#) | [EVENT COVERAGE](#)

Celebrate World Wellness Weekend September 19 to 20

Sep 2nd, 2020



Despite the many challenges related to COVID-19, wellness professionals and venues around the globe are actively preparing fun, free and meaningful activities (both on-site and online) for the fourth annual World Wellness Weekend (WWW), taking place September 19-20, 2020. The purpose of WWW is to connect people and encourage everyone to "Be Inspired. Be Well" via accessible and free wellness activities.

One major change happening this year is the theme: the democratization of wellness. WWW has adjusted its #WellnessForAll tag to #WellnessByAll in response to recent social distancing protocols happening due to the pandemic.

<https://www.dayspamagazine.com/news/event-coverage/article/21173786/celebrate-world-wellness-weekend-september-19-to-20>

2 September 2020
Netherlands

<https://www.hospitalitynet.org/opinion/4100404.html>

25 **hospitalitynet**

Advertisement

CURACITY Does Influencer Marketing
CHECK OUT THE RESULTS ALONG WITH FACEBOOK
Download Now

Home / Opinion Articles / Article

INDUSTRY UPDATE

OPINION ARTICLE 2 September 2020

Travel And Life In The Times Of Corona – More Lessons From Hong Kong And Istanbul! – Part II


By **L. Aruna Dhir**, A Hospitality & Feature Writer and Columnist

0 Shares 0 Comments share this article in



Ralph Radtke — Photo: L. Aruna Dhir

As I write this piece, my newsfeed is like sunshine, carrying rays of hope and filled with news of joy, optimism, hope, and togetherness. A Destination Spa is preparing itself to observe the World Wellness Weekend, an initiative founded by Jean-Guy de Gabriac, around mid-September. Preidhof - Luxury Dolce Vita Resort will invite Team and Guests to join senior Healer Irmgard Mossmair in her eye-opening Forest Bathing experiences.



A Destination Spa is preparing itself to observe the World Wellness Weekend, an initiative founded by Jean-Guy de Gabriac, around mid-September. Preidhof - Luxury Dolce Vita Resort will invite Team and Guests to join senior Healer Irmgard Mossmair in her eye-opening Forest Bathing experiences.

1 September 2020
Italy

Home > News > World Wellness Weekend: il fine settimana del benessere a Lollove

NEWS

World Wellness Weekend: il fine settimana del benessere a Lollove

Focusardegna © Agosto 31, 2020



InEvoSpa di Giovanna Lorrai, per il progetto InEvoSpaNaturaleSardegna, riporta in Sardegna il 19-20 settembre, l'evento mondiale di benessere World Wellness Weekend, di cui Giovanna è Ambasciatrice per l'Isola.

A fare da cornice alla manifestazione, completamente immersa nella natura, sarà l'antico borgo medioevale di Lollove, piccola e suggestiva frazione di Nuoro.

Tutta l'iniziativa è all'insegna di un'impronta sostenibile e rigorosamente salutista.

Il programma prevede la possibilità di raggiungere il borgo in bicicletta, con partenza dal capoluogo barbaricino alle ore 8,00. La pedalata guidata e gratuita è resa possibile dal supporto del CTS Nuoro. L'arrivo a Lollove prevede un'accoglienza ristoratrice con una squisita tisana di benvenuto dell'erboristeria Montricos. L'avvio delle attività sarà siglato dal suono vibrante e magico del Gong, creato dalle mani esperte del sassarese Daniele Pala, musicista con la passione del riciclo creativo.

https://www.focusardegna.com/index.php/news/1200-world-wellness-weekend-il-fine-settimana-del-benessere-a-lollove?fbclid=IwAR0cntT6msiotS9Kjo263RnmFb8R5GBcOm6edcAggrpZ70p_UvQrXQ-DpDc

September 2020
France



GOOD NEWS



Du bien-être pour tous!

À l'occasion du Week-end mondial du bien-être, les 19 et 20 septembre, partout en France des clubs de sport, centres de remise en forme, de balnéothérapie... proposeront des séances gratuites pour faire découvrir leurs activités à un nouveau public! Une occasion inespérée de tester - pourquoi pas? - le yoga suspendu, de voir si on est capable de tenir debout sur un paddle (et d'y prendre plaisir!), de tester la

méditation, de se lancer dans des randonnées culturelles ou de grimper sur un vélo elliptique. Et toutes ces activités seront aussi disponibles aux personnes à mobilité réduite! Cerise sur la basket: cet événement étant corrélé aux Journées européennes du patrimoine, certaines activités seront organisées dans des lieux historiques! Renseignements sur wellmap.fr

SPREADING WELLNESS WORLDWIDE

In its fourth instalment, World Wellness Weekend is about to be bigger than ever. Here's how you can participate.

Jean-Guy de Gabric, the founder of World Wellness Weekend (WWW), is truly passionate about and proud of how fast WWW has grown since 2017. From 160 venues in France and Belgium that participated four years ago, it has now grown to include over 2,000 venues in 98 countries, making it the biggest wellness event worldwide.

Set to take place on September 19 and 20 this year, WWW will spread the message of wellness through encouraging wellness activities, which is needed more than ever before. Any wellness professional or business can take part, all you have to do is "organise at least one fun and free 60-minute group workshop, promoting healthy lifestyles, through nutrition, or physical activities, or mindfulness, or sustainability," says Jean-Guy. You then register on the WWW website (see info at the end of this article), and get the chance to promote your services and offers on there.

You can be as creative and innovative as you like when deciding on your offering for WWW. In the past, "hot tubs were installed in the trunk of a car (Effervescences in Royat - France), golfers enjoyed Golf in bathrobe (La Languette Golf Resort - France), there was a "Water Drinkers" Race (Vic sur Cère - France), a workshop about the Art of Napping (Vichy - France), Zumba at Club Med Mandara Spa (Malaysia), Ju Jitsu (Tulum - Mexico) to only name a few," says Jean-Guy.

In Australia, one of the early supporters of WWW is Charles Davidson, founder of Penriths Hot Springs. "World Wellness Weekend presented a perfect opportunity for Penriths Hot Springs to speak to our 220,000+ e-mail database of hot springs subscribers and specifically to our visitors during that third weekend of September about the importance of conscious connection and wellness. It was something we could get passionately involved



in that speaks to our common purpose. Thank you for making it possible," he says.

Katherine Droga, who is the founder of Australia's first Wellness Tourism Summit and Australia's Ambassador for World Wellness Weekend says she is "excited to support and get behind this great initiative. In this time of COVID-19, maintaining or enhancing your own wellbeing has never been more important. Initiatives like this help to raise the value and importance of taking good care of ourselves.

"Whether you are a local wellness accommodation provider, spa, beauty operator, nature based tourism attraction, retreat provider or wellness practitioner I encourage you to jump online and join this great global initiative. The benefits for professionals of getting involved are two-fold. By providing a free activity for locals to enjoy on September 19-20, provides you with great exposure for your business on the world wellness weekend platform and PR but more importantly it helps to contribute and support your local communities wellbeing. Any wellness and travel professional who gets involved with a free activity also has the opportunity to promote another paid offer which also further helps your own business during these challenging times."

Participants of WWW have evolved from wellness businesses to include entire organisations (such as the UNITED NATIONS Global Sustainability Index Institute) and even mayors and the tourism industry. For 2020, the Visitors Bureau of the City of Marseille (2nd largest city in France)

will actively support WWW, as well as Niederbronn-les-Bains, a large wellness city in the Alsace area of France.

Of course, the global pandemic is being taken into consideration during the planning of WWW 2020, with Jean-Guy explaining he has several options for different scenarios.

"If lockdowns are lifted and all businesses reopen, then WWW will serve as a powerful unifying communication platform to make the public want to discover fun and meaningful activities to strengthen the immune system and boost morale in all participating Spas, Salons, Holistic Health Clinics, Hotels, Resorts, Hot Springs, Fitness clubs, Yoga studios in 100+ countries.

However, Jean-Guy is also prepared for a stricter lockdown scenario, in which case, "we are already working on a contingency plan with the European Commission to combine our actions on social networks: our #WellnessAtHome and their #BeActiveAtHome.

Since 2018, WWW has been an official partner of the European Week of Sports and we will encourage millions of people to be more active, more often, in relation to their #WellnessBuddies (fitness, yoga...) to practice simultaneously, everyone at home, regularly via Facetime, WhatsApp, Skype or Zoom," Jean-Guy explains and adds that "we are very likely, anyway, to combine these two scenarios."

For more information and to register to participate in WWW, visit MAPWORLDWELLNESSWEEKEND.ORG

https://issuu.com/theintermediagroup/docs/spaclinic_volume_82/1?fr=sYzI4MjE3NDkyNzg

31 August 2020
USA



Move From a Foundation of Wellbeing

Global Wellness Institute > Global Wellness Brief > Wellness Moonshot Calendar > Move From a Foundation of Wellbeing

The Wellness Moonshot
Moonshot Calendar Campaign
Order the Calendar
Monthly Wellness Themes
Making the Case
Wellness Pioneers
Calendar Sponsors
Sign up and be part of The
Wellness Moonshot: A World Free
of Preventable Disease

Join us in Resetting the
World with Wellness
and receive the latest
industry news, research
& trends.

email address

Author: Renee Moorefield, PhD Date: August 31, 2020 Comment: No Comments



OCTOBER 2020 | MOVE

FULL MOON: THURSDAY, OCTOBER 1
AND SATURDAY, OCTOBER 31
SPONSORED BY: MINDBODY

"In these unusual and trying times, it is perhaps more important than ever to remember the profound benefits of movement. Making a concerted effort to live a life that includes physical activity is challenging, but the rewards of doing so unlocks a multitude of benefits that can help individuals and communities live healthier, happier lives." —Josh McCarter, CEO, Mindbody

As we [touched on in an earlier Wellness Moonshot](#), movement is a biological drive as necessary as sleep or food, a natural medicine to stave off illness and disease and a vital source of empowerment for individuals and groups. As a wellness leader, you likely already know [the science and strategies for using physical activity to elevate](#) your daily life, family health, and the communities and organizations you serve. When we move, a [host of mental, physical, emotional and social benefits](#) arise, which helps us feel more energized, engaged, effective and alive.

Let Us Know How It's Going!

This month we're fortunate to have two days of the full moon, October 1 and 31! Share where you are on your wellness leadership journey with [#wellnessmoonshot](#), and we'll spread your inspiration to the growing network of wellness leaders worldwide.

Think of each month's Wellness Moonshot as a guide or "lesson plan" to empower wellness. Plus, invite others to join The Wellness Moonshot! Our next step in this wellness leadership journey highlights how you can nurture wellness at work, at home, and in your community through your role as mentor and coach.



Showcase your support for a world free of preventable disease with [The Wellness Moonshot Calendar](#).

Resources

- Take the ["Are You a Wellness Leader?"](#) quiz to see where you can grow.
- Find authoritative studies on the benefits of exercise at [Wellness Evidence](#).
- Explore GWI's [Wellness at Work](#), [Mental Wellness](#) and [Yoga Therapy](#) Initiatives.
- Learn about the global economy of physical activity in GWI's [Move to Be Well](#) report.
- Read the [Wellness Q&A Series](#) to see how various industries and businesses are renewing their efforts post-COVID.
- Consider using your movements to support [World Mental Health Day](#) and [World Wellness Weekend](#).

<https://globalwellnessinstitute.org/global-wellness-institute-blog/2020/08/31/october-move/>

31 August 2020
Thailand

Monday, August 31, 2020



Anantara Hotels, Resorts & Spas Set to Celebrate World Wellness Weekend Around the Globe

From the serenity of yoga to the feat of martial arts, Anantara hotels & resorts in 11 different countries will host a series of activities & holistic experiences to commemorate World Wellness Weekend on September 19 & 20, 2020.

BANGKOK (PRWEB) AUGUST 26, 2020

Inspiring thoughtful choices for a better life, Anantara Hotels, Resorts & Spas invites guests and communities to join an international celebration of wellness with a host of activities and holistic experiences to commemorate World Wellness Weekend on September 19 & 20, 2020.

To mark this year's World Wellness Weekend, almost 20 Anantara hotels and resorts in 11 different countries will host a series of wellness activities ranging from yoga, guided meditations, sleep restoration workshops, chanting, breath work, sound healing therapies, alms offerings to Buddhist monks, personal training sessions, Muay Thai classes, high-intensity interval training, aqua aerobics, workshops on nutrition and nourishment, and healthy culinary discoveries.

From the serenity of yoga to the feat of martial arts, and the gift of a good night's sleep, Anantara Spa supports the five key pillars of World Wellness Weekend: Sleep and Restoration, Nutrition and Nourishment, Vitality and Movement, Serenity and Mindfulness, Purpose and Solidarity.

In Thailand, Anantara Siam Bangkok Hotel, Anantara Chiang Mai Resort and Anantara Lawana Koh Samui Resort will offer guests rich journeys in wellness including an authentic immersion with the Buddhist tradition of alms giving and merit-making, relaxing foot and neck massages, aqua aerobics sessions, yoga activities and refreshing nutrient-packed juices to enjoy.

Elsewhere in South East Asia, perched on a dramatic cliffside overlooking the Indian Ocean, Anantara Uluwatu Bali Resort will offer guests a complimentary healing meditation under the pillar of Serenity & Mindfulness and a nutrition workshop to educate guests on the importance of mindful eating under the pillar of Nutrition & Nourishment. In Cambodia, Anantara Angkor Siem Reap Resort will also participate in World Wellness Weekend.



Overwater Yoga at Anantara Kihavah Maldives Villas

“Named the World's Best Hotel Spa Brand three years in a row, Anantara Spas are a haven of peace and tranquillity – an utterly relaxing and rejuvenating experience in unique settings.”

http://www.prweb.com/releases/anantara_hotels_resorts_spas_set_to_celebrate_world_wellness_weekend_around_the_globe/prweb17349839.htm

27 August 2020
United Kingdom



PEACE LOVE BALANCE HARMONY WELLBEING

Find Your Pure Bliss
To Create A Life That You Love



All Posts Beauty Skincare Coaching New Life Transformation Spirituality More -

Kelly Singh • Aug 27 • 3 min read

World Wellness Weekend! - Live Well - Be Well - Saturday 19th and Sunday 20th September 2020



Wellness is a responsible relationship between your body and yourself. The way we live has a great impact on our health and wellbeing. How we sleep, eat, move, relax and socialise, either keeps body and mind in a state of vitality; or creates an imbalance with repercussions on our health.

On September 19th & 20th, 2020 just before the Equinox, when daytime & night time are

<https://www.pureblissretreats.co.uk/post/world-wellness-weekend-live-well-be-well-saturday-19th-and-sunday-20th-september-2020>

27 August 2020
USA

FOLLOW US:



Search the Site

Business > Industry Leaders > People Spas Suppliers

Anantara to Host World Wellness Weekend

August 27, 2020 | [Contact Author](#)



SPONSORED



Protection for You and
Your clients as we return
to work — Bio-Therapeutic



Luxury hospitality brand Anantara has announced it plans to host a World Wellness Weekend on September 19-20, 2020.

Anantara supports the five pillars of [World Wellness Weekend](#): Sleep and Restoration, Nutrition and Nourishment, Vitality and Movement, Serenity and Mindfulness, Purpose and Solidarity.

The 20 Anantara hotels and resorts that are participating span across 11 different countries. Each location will have its own set of wellness activities specific to their location.

In China, Anantara Guiyang Resort will host outdoor meditation by the resort's Thai Guru in the garden. In Thailand, Anantara Siam Bangkok Hotel will offer guests an authentic immersion with the Buddhist tradition of alms giving and merit-making, relaxing foot and neck massages, aqua aerobics sessions and yoga activities. In the Maldives, Naladhu Private Island Maldives will stream an Abhyanga tutorial. In Zambia, The Royal Livingstone Victoria Falls Zambia Hotel by Anantara, guests can invigorate their senses and collate their thoughts against the roar of the mighty Zambezi River with complimentary yoga on the sun deck and a nature trail hike to Victoria Falls, one of the natural wonders of the world.

Due to COVID-19, hotels will have enhanced hygiene and safety measures, group sessions will be properly socially distanced. In locations where international travel is restricted, the events will be shared online via social media.

<https://www.skininc.com/spabusiness/leaders/spas/Anantara-to-Host-World-Wellness-Weekend-572240631.html>

26 August 2020
South Africa



Read
online
NOW

PROFESSIONAL
beauty

SUBSCRIBE
to our
NEWSLETTER

Home | News | PPE Directory | NailFile Comp | Magazine | Industry Webinars | Back to Work | More

All Posts | Industry News | Spa News | Nails | Equipment | Skincare | More ~



Log in / Sign up

Joanna Starkowicz · 6 days ago · 2 min read

Latest updates on World Wellness Weekend



A 'wellto' (wellness salsa) from the Oyster Box Spa team

Despite the many challenges related to COVID-19, spa and wellness professionals and venues are actively preparing fun, free and meaningful activities (both on-site and online) for World Wellness Weekend (19 and 20 September).

In line with enhanced hygiene and safety measures, group sessions will be socially distanced, and in locations where international travel is restricted, the events will be hosted online via social media.

World Wellness Weekend South Africa ambassador, Taryn Lilley, confirms that a fitness club in Johannesburg, Capoeira Valente, will be providing a beginner's introductory class for the Brazilian martial art known as Capoeira.

<https://www.probeauty.co.za/post/latest-updates-on-world-wellness-weekend>

26 August 2020
Thailand



Le Lézard

Home Sections Français

ENHANCED BY Google



Classified in: [Tourism and vacations](#), [Covid-19 virus](#)

Anantara Hotels, Resorts & Spas Set to Celebrate World Wellness Weekend Around the Globe

Annonce retirée par [criteo](#).

Signaler cette annonce

Choisir sa pub ▶

BANGKOK, Aug. 26, 2020 /PRNewswire-PRWeb/ -- Inspiring thoughtful choices for a better life, Anantara Hotels, Resorts & Spas invites guests and communities to join an international celebration of wellness with a host of activities and holistic experiences to commemorate World Wellness Weekend on September 19 & 20, 2020.

To mark this year's World Wellness Weekend, almost 20 Anantara hotels and resorts in 11 different countries will host a series of wellness activities ranging from yoga, guided meditations, sleep restoration workshops, chanting, breath work, sound healing therapies, alms offerings to Buddhist monks, personal training sessions, Muay Thai classes, high-intensity interval training, aqua aerobics, workshops on nutrition and nourishment, and healthy culinary discoveries.

From the serenity of yoga to the feat of martial arts, and the gift of a good night's sleep, Anantara Spa supports the five key pillars of World Wellness Weekend: Sleep and Restoration, Nutrition and Nourishment, Vitality and Movement, Serenity and Mindfulness, Purpose and Solidarity.

In Thailand, Anantara Siam Bangkok Hotel, Anantara Chiang Mai Resort and Anantara Lawana Koh Samui Resort will offer guests rich journeys in wellness including an authentic immersion with the Buddhist tradition of alms giving and merit-making, relaxing foot and neck massages, aqua aerobics sessions, yoga activities and refreshing nutrient-packed juices to enjoy.

<https://www.lelezard.com/en/news-19394037.html>

26 August 2020
France



Les Français se mobilisent pour le « Week-end mondial du bien-être »

26/08/2020 | Salons & Events | Siska von Saxenburg



Sensibilisés par la crise sanitaire, les Français se mobilisent pour le Week-end mondial du bien-être, dont la quatrième édition se déroulera les 19 et 20 septembre, notamment en France, malgré les mesures de distanciation physique.

On aurait pu penser que la crise sanitaire aurait étouffé dans l'œuf cette initiative. Mais il n'en est rien. Pas moins de 120 pays sur cinq continents y participent : le Français Jean-Guy de **Gabriac**, coordinateur international de l'événement, a réussi son pari de réunir les professionnels du bien-être à travers le monde pour un événement non commercial, destiné à convaincre le public de s'occuper de soi.

Mais l'année 2020 ne sera décidément pas une année comme les autres. Parallèlement aux activités en présentiel, respectant les mesures de sécurité, on retrouvera donc au programme des activités en ligne et en vidéo, pour respecter les mesures imposées dans certains pays.

<https://professionbienetre.com/business2/salons/9953-les-francais-se-mobilisent-pour-le-week-end-mondial-du-bien-etre?highlight=WyJnYWJyaWFjI0=>

26 August 2020
Thailand

ADVFN

Home of the Private Investor

01/09/2020 10:53:02

Cookie Policy

+44 (0) 203 8794 460

Free Membership

Login

Follow Feed

PLUS1

Crypto

Sitemap

Newsletters

Broke

Monitor Quote Charts Trades News Financials Toplists Alerts

BioMed

OTCQB: QBIO

FDA APPRO
NON OPIOID TRE

FREE interactive charts, analysis tools & prices

Anantara Hotels, Resorts & Spas Set to Celebrate World Wellness Weekend Around the Globe

26 August 2020 - 12:00PM

PR Newswire (US)

Print

Tweet

Share

BANGKOK, Aug. 26, 2020 /PRNewswire-PRWeb/ -- Inspiring thoughtful choices for a better life, Anantara Hotels, Resorts & Spas invites guests and communities to join an international celebration of wellness with a host of activities and holistic experiences to commemorate World Wellness Weekend on September 19 & 20, 2020.

To mark this year's World Wellness Weekend, almost 20 Anantara hotels and resorts in 11 different countries will host a series of wellness activities ranging from yoga, guided meditations, sleep restoration workshops, chanting, breath work, sound healing therapies, alms offerings to Buddhist monks, personal training sessions, Muay Thai classes, high-intensity interval training, aqua aerobics, workshops on nutrition and nourishment, and healthy culinary discoveries.

From the serenity of yoga to the feat of martial arts, and the gift of a good night's sleep, Anantara Spa supports the five key pillars of World Wellness Weekend: Sleep and Restoration, Nutrition and Nourishment, Vitality and Movement, Serenity and Mindfulness, Purpose and Solidarity.

In Thailand, Anantara Siam Bangkok Hotel, Anantara Chiang Mai Resort and Anantara Lawana Koh Samui Resort will offer guests rich journeys in wellness including an authentic immersion with the Buddhist tradition of alms giving and merit-making, relaxing foot and neck massages, aqua aerobics sessions, yoga activities and refreshing nutrient-packed juices to enjoy.

Elsewhere in South East Asia, perched on a dramatic cliffside overlooking the Indian Ocean, Anantara Uluwatu Bali Resort will offer guests a complimentary healing meditation under the pillar of Serenity & Mindfulness and a nutrition workshop to educate guests on the importance of mindful eating under the pillar of Nutrition & Nourishment. In Cambodia, Anantara Angkor Siem Reap Resort will also participate in World Wellness Weekend.

<https://uk.advfn.com/stock-market/stock-news/83139708/anantara-hotels-resorts-spas-set-to-celebrate-w>

24 August 2020
Mexico



NEWS DESTINATION LIFESTYLE DINING WEDDINGS WELLNESS CELEBRITIES

> Blog > News > October Wellness 2020 At Villa Del Palmar Cancun

NEWS

Published on August 24, 2020 — 0 Comments

October Wellness 2020 at Villa del Palmar Cancun



Wellness is a buzzword that we hear a lot these days. It simply means the state of being in good health. The current pandemic situation is a persistent reminder of how vital it is to **keep fit** and eat right in order to have a strong immune system. Before we kick off **October Wellness 2020** at Villa del Palmar Cancun Luxury Beach Resort & Spa, we will run a couple of activities to coincide with **World Wellness Weekend** (WWW).

<https://www.villapalmarcancun.com/blog/news/october-wellness-2020-at-villa-del-palmar-cancun>

20 August 2020



Luxury Hospitality
@Palaces_News



Anantara Hotels - Resorts & Spas Hosts World Wellness Weekend Activities Around the Globe

[@Anantara_Hotels](#)



Anantara Hotels, Resorts & Spas Hosts World Wellness Weeke...
Inspiring thoughtful choices for a better life, Anantara Hotels, Resorts & Spas invites guests and communities to join an ...
journaldespalaces.com

5:55 PM · Aug 20, 2020 · [Hootsuite Inc.](#)

https://twitter.com/Palaces_News/status/1296475876939505670

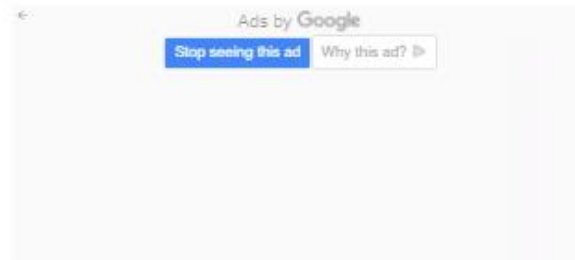
20 August 2020
Asia



SPA

Anantara Hosts World Wellness Weekend

Julia Tom 2 weeks ago 4 min read



Inspiring thoughtful choices for a better life, Anantara Hotels, Resorts & Spas invites guests and communities to join an international celebration of wellness with a host of activities and holistic experiences to commemorate World Wellness Weekend on 19 and 20 September 2020.

To mark this year's World Wellness Weekend, almost 20 Anantara hotels and resorts in 11 different countries will host a series of wellness activities ranging from yoga, guided meditations, sleep restoration workshops, chanting, breathwork, sound healing therapies, alms offerings to Buddhist monks, personal training sessions, Muay Thai classes, high-intensity interval training, aqua aerobics, workshops on nutrition and nourishment, and healthy culinary discoveries.

<https://www.rustourismnews.com/2020/08/20/anantara-hosts-world-wellness-weekend/>

16 August 2020



[Home](#) | [Global Event](#) | [News](#) | [PPE Directory](#) | [NailFile Comp](#) | [Magazine](#) | [Industry Webinars](#) | [More](#)

[All Posts](#) | [Industry News](#) | [Spa News](#) | [Nails](#) | [Equipment](#) | [Skincare](#) | [More v](#) | [Log in / Sign up](#)

 Joanna Sterkowicz · 4 days ago · 2 min read

World Wellness Weekend well on track

Updated: 2 days ago



Some 60 World Wellness Weekend (WWW) ambassadors and coordinators across the globe are encouraging the general public to register online for this year's event (19 and 20 September) and to state where they will practice their favourite wellness activity.

This is due to the fluctuation of COVID-19 lockdown regulations from one country or region to another, and the limited number of people who can meet in a closed place, or at a public place outdoors. WWW activities could range from a contemplative city hike in a historic centre, to a yoga session in a public park, to a guided relaxation on a beach, to a 3km run, to a bike ride along scenic routes, etc.

<https://www.probeauty.co.za/post/world-wellness-weekend-well-on-track>

3 July 2020
United Kingdom



<https://professionalbeauty.co.uk/site/newsde tails/world-wellness-weekend-launches-new-website>



Read your free
July issue

ACCESS HERE



PB London | PB.World | Coronavirus resources | Webinars ▼ | News & Features ▼ | Events ▼ | Awards

World Wellness Weekend launches new website



Jul 03, 2020

By Eleanor Vousden

Like 0 Tweet Share 1

International Spa News Industry News Spa and Wellness

As many countries start re-opening their businesses, the World Wellness Weekend has launched a brand-new website with many upgraded features to give exposure to wellness-related professionals around the globe.

The fourth edition of the World Wellness Weekend is taking place on September 19 & 20, 2020, and now has a new website with a whole host of features.

The new World Wellness Weekend website will be available in 11 different languages (including Arabic, Russian, Greek, Hindi and Thai) and includes the following features.

A World Wellness Map

A "one-click geo-locator" helps you to find wellness professionals near you, wherever you are in the world. Users can enter the name of a city in any language (eg. London, Londres, or Londra are all recognised) or click 'locate me' to find the closest registered venues to them.

A Wellness Pledge

Website visitors can take the Wellness Pledge to positively impact their wellbeing. Decide on your personal wellness objective such as becoming more active more often, being able to be more flexible to prevent back pain or manage stress better.

1 July 2020
France



<https://twitter.com/INFOCLERMONT/status/1278192970982981632/photo/1>

July-August 2020 France

Sense of Wellness
Le Magazine de l'Innovation Spa & Wellness à 360°

www.senseofwellness-mag.com #15 Eté Summer 2020 115€

Destination RÉOUVERTURE SPAS
Comment les exploitants réagissent face à la crise du Coronavirus ?

Tendances
Hôtellerie et Spa
Les perspectives de consommation

Design
Covid-19
Où de la zone humide ?

Visite guidée
Hôtels à distanciation physique
Avenir du tourisme ?

Dossier
Tour du monde du Spa en temps de crise

(LAB NEWS) Wellness BUSINESS News

En 3 ans, le World Wellness Weekend a été célébré par 2 356 établissements dans 98 pays. 60 organisations soutiennent cet événement qui se déroule le troisième week-end de septembre. Pour cette 4^e édition, le fondateur de l'événement, Jean-Guy de Gabriac, veut atteindre les 5 000 établissements dans 120 pays.

World Wellness Weekend
5 000 établissements pour la 4^e édition

Un nouveau site web
Objectif ambitieux pour cette 4^e édition et pour y parvenir Jean-Guy de Gabriac, aide de ses 50 ambassadeurs, a lancé un nouveau site web : www.world-wellness-weekend.org avec de nombreuses fonctionnalités pour donner plus de visibilité aux professionnels du bien-être dans plus de 100 pays. Désormais, le site sera en 11 langues : Français, Anglais, Espagnol, Italien, Portugais, Néerlandais, Grec, Russe, Arabe, Hindi et Malais, afin que les établissements de leurs villes et pays puissent s'inscrire facilement dans leur langue pour s'adresser à une clientèle locale. Les établissements pourront aussi traduire tout (ou en partie) les activités proposées dans d'autres langues pour informer des clients internationaux (tourisme voyage sera à nouveau possible). Gros point fort de ce nouveau site : la géolocalisation en clic. Ainsi, les internautes saisiront les premières lettres d'une ville ou cliquent simplement sur « Localiser moi » avec leur smartphone, tablette ou ordinateur portable pour voir les établissements enregistrés tout près d'eux. Pour soutenir la reprise du secteur, le Blog propose des conseils d'experts et des établissements participants, sur les « piliers du bien-être (sommeil, nutrition, vitalité, sérénité, solidarité) avec (biens) des séquences viables. Les établissements peuvent ainsi promouvoir les activités fun et gratuites qu'ils organisent les 19 et 20 septembre 2020, et annoncer leurs prochaines événements (ex : Offres promotionnelles, Week-end Yoga en juillet, Séjours thématiques...), de quoi vous inciter à vous inscrire sans attendre septembre ! On aime aussi le fait que le public puisse appeler ou envoyer directement un e-mail aux établissements et partager la page d'un lieu sur Facebook, Twitter... pour encourager leurs amis à les rejoindre.

Over the last 3 years, the World Wellness Weekend has been celebrated by 2,356 establishments in 98 countries. 60 organisations support the event that takes place during the third weekend of September. For this 4th edition, the event's founder, Jean-Guy de Gabriac aims to reach 5,000 participating establishments in 120 countries.

5,000 establishments for the 4th edition

An ambitious goal for this 4th edition and to get there, Jean-Guy de Gabriac, with the help of his 50 ambassadors, has launched a new website www.world-wellness-weekend.org with various features to increase visibility for Wellness professionals in over 100 countries. The website is now available in 11 languages: French, English, Spanish, Italian, Portuguese, Dutch, Greek, Russian, Arabic, Hindi and Malay, enabling establishments from cities and countries all over the world to sign up easily and communicate to a local clientele. One of the new website's biggest strengths is its one-click geolocation feature. Users need only to type the first letters of a town or simply click on "I locate me" to see the list of nearby participating establishments. To support the recovery of the sector, the Blog provides recommendations by experts and participating establishments. Participants can promote the fun and free activities they are organising on 19 and 20 September 2020 as well as announce their upcoming events.

(LAB NEWS) Wellness BUSINESS News

60%
des établissements ont organisé des activités sur 2 jours en 2019

60% of establishments organised activities over 2 days in 2019

67%
ont organisé 2 à 4 activités gratuites

67% organised 2 to 4 free activities

96%
des établissements français de 2019 participent de nouveau en 2020

96% of the French establishments that participated in 2019 have joined the 2020 edition

11
nombre de langues du nouveau site www.weekend-wellness.org

11 - the number of languages available on the new website www.weekend-wellness.org

3 min
c'est le temps nécessaire pour vous inscrire en ligne

3min - the time required to sign up online

224 millions
nombre de personnes touchées via la couverture média 2019

224 million - the number of people reached through media coverage 2019

World Wellness Weekend

Trois scénarios envisagés

Si le confinement est levé et tous les établissements rouvrent, alors le WWW sera une plateforme de communication fédératrice puissante pour donner envie au public de découvrir des activités fun et efficaces pour renforcer le système immunitaire et booster le moral dans les Spas, instituts de beauté, hôtels, Thèmes, thalassos ou qui participent.

Si le confinement est levé, mais que les regroupements de plus de 50 ou 100 personnes sont interdits, alors le WWW proposera aux établissements participants un concept de mini-ateliers Wellness.

Si malheureusement une nouvelle vague d'épidémie a lieu en septembre et que la population est à nouveau confinée, le WWW a été près des devants avec la Commission Européenne pour associer ses actions sur les réseaux sociaux : #WellnessAtHome et #BeActiveAtHome.

Three possible scenarios

If lockdown has been lifted and all establishments have reopened, then the WWW will be a powerful platform to unite and communicate, inspiring the general public to discover fun activities that are effective in strengthening the immune system and boosting morale in the participating Spas, beauty salons, hotels, bathospa and thalassotherapy centres.

If lockdown has been lifted but gatherings of over 50 or 100 people are prohibited, then the WWW will roll out a concept of mini Wellness workshops for participating establishments. Should a new wave of coronavirus cases cause the population to go back into lockdown in September, the WWW has anticipated the scenario with the European Commission to join actions on social media: #WellnessAtHome and #BeActiveAtHome.

224 millions
nombre de personnes touchées via la couverture média 2019

224 million - the number of people reached through media coverage 2019

www.senseofwellness-mag.com

(LAB NEWS) Wellness BUSINESS News

World Wellness Weekend

Deux nouveaux ambassadeurs pour la France

La France s'est particulièrement bien mobilisée en 2019 et 96% des établissements reconduisent leur participation au WWW les 19 et 20 septembre 2020. Afin de continuer sur cette dynamique, Jean-Guy de Gabriac a choisi deux Ambassadeurs fédérateurs pour l'hexagone : **M. Romain Dupont, président du Label Spas de France** qui regroupe plus de 200 Spas et **Mme Catherine Sertin, fondatrice et directrice de l'école éponyme, qui nous explique son engagement pour cette 4^e édition.**

Two new ambassadors for France

France was particularly active in 2019 and this year 96% of establishments are renewing their commitment to the WWW on 19 and 20 September. Building on this momentum, Jean-Guy de Gabriac has chosen two Ambassadors to unite the country: Mr Romain Dupont, chairman of the Label Spas de France that gathers over 200 Spas and Mrs Catherine Sertin, the founder and director of the eponymous school, who talked with us about her pledge to this 4th edition.

Right from World Wellness Weekend's first edition, you saw strong initiative with the energy that we are used to seeing from you. Now you are the French Ambassador. What attracted you to the WWW? Catherine Sertin: This event enables the general public to discover our Wellness and beauty professions and attracts local clients. We have just been through the complicated lockdown period and are now facing the challenge of reuniting the necessary, so we want to support participating establishments by promoting their business via an event that unites people and that is just what the World Wellness Weekend is doing.

The Catherine Sertin School has decided to thank the health care professionals who were on the frontlines of this pandemic. Can you please tell us more about this Catherine? C.S.: To us, the World Wellness Weekend taking place on 19 and 20 September is a timely opportunity to give back to health care professionals through a moment of wellbeing, to partner with Catherine Salazar Chevalier, who chairs the FEBCF Foundation that accompanies women who have been diagnosed with cancer, we will be inviting health care professionals for a half day of beauty on Saturday 19 September.

Just like each year, you have called your students but you also wish to involve other establishments that are members of the FEPPFC (Federation of professional beauty schools). C.S.: Indeed beauty, the World Wellness Weekend can galvanise businesses and will give students from FEPPFC schools the opportunity to participate in a sales and marketing initiative and access its outcomes. For companies, it's an opportunity to promote attractive offerings and benefit from the support of an industry for the event, as the FEPPFC has confirmed that the 85 beauty school members will be sending letters to the beauty salons and Spas who rapidly make a request.

June - July 2020 United Kingdom



World Wellness Weekend returns for 2020

GLOBAL: The fourth annual World Wellness Weekend is aiming to "Make a Difference in Global Wellbeing" following the impact of the Covid-19 pandemic. From September 19-20, more than 5,000 spa and wellness centres in 120 countries will unite in a celebration of health, according to the event's founder, Jean-Guy de Gabriac.

"As 90% of Covid-19 fatalities suffered from obesity or non-communicable diseases, we can say that health is the new wealth," says de Gabriac. "The fourth World Wellness Weekend will address the five pillars of sleep, nutrition, vitality, serenity and solidarity with fun, meaningful, free 60-minute activities to boost morale and strengthen immunity."

This year, there will be an additional focus on inclusion. In association with the International Health, Racquet & Sportsclub Association, the event will help connect with people with disabilities and special needs, encouraging fitness and spa professionals to find ways to make their business more accessible.

There will also be a push to engage with healthcare workers to promote their greater wellbeing.

De Gabriac says the event is striving to increase participation across the globe through a range of new developments.

"Our brand-new website, in 11 languages, encourages thousands of venues in over 100 countries to register online and promote their wellness activities year-round as well as on World Wellness Weekend," he says. "A one-click geo-locator called 'Locate Me', shows the nearest registered venues with options for the public to share on social media and encourage their wellness buddies to tag along."

www.world-wellness-weekend.org

www.europeanspamagazine.com

24 June 2020
Mexico



https://www.facebook.com/watch/live/?v=1217410108598908&ref=watch_permalink

Miércoles a las 19:30hrs
con Yazmin Olguin

LIVE

Invitado Especial
Francisco Lugo
Embajador World Wellness Weekend México

A portrait of Francisco Lugo, a man with short dark hair, wearing a light grey blazer over a dark blue shirt, standing against a black background.

MÁXIMA
97.5 FM HD

Powered by
 StreamYard

Two small video thumbnails showing the live stream. The left one shows a woman (Yazmin Olguin) wearing headphones and a light green top, with a microphone in front of her. The right one shows Francisco Lugo in his blazer, sitting in a room with a blue wall and a lamp.

10 formas de vivir una vida manera más tranquila

A small speaker icon in the bottom right corner of the video player.

23 June 2020
Italy

Voyager
-magazine
di luoghi, d'uomini, di cultura e d'altre storie.

<https://www.voyager-magazine.it/accoglienza/ben-essere/a-meta-settembre-ritorna-il-world-wellness-weekend-2020/?fbclid=IwAR1CVPj8OVRyOhm-zuZk3M4GjFXmtsCVIut9DrHkLHsHlhbKvZVJWBW3Qbw>

Voyager
-magazine

di luoghi, d'uomini, di cultura e d'altre storie.



HOME METE ITALIA METE ESTERO ENOGASTRONOMIA CULTURA AC



A metà settembre ritorna il World Wellness Weekend 2020

DI REDAZIONE - 23 GIUGNO 2020

BEN ESSERE

Il World Wellness Weekend è un evento a porte aperte che avviene ogni anno in contemporanea in tutto il mondo: **il 19 e 20 Settembre 2020 sarà un fine settimana dedicato al wellness** nella concezione più ampia del termine. Qualsiasi struttura pubblica o privata può partecipare organizzando un'attività gratuita, creativa ed originale di almeno 60min per attirare nuovi clienti e diffondere la cultura del benessere.

I 5 PILASTRI DEL BENESSERE

“Per creare una settimana di well-being non basta organizzare un evento a porte aperte. È un po' più complesso, si deve pensare a come rendere l'evento un'esperienza di benessere”
- Anna Rita Scattolon

1. NUTRIZIONE E BIPOTI

Alimentazione sana e bilanciata, attività fisica, sono i pilastri del benessere. Per questo è importante dedicare spazio a questi temi durante l'evento. Le attività possono essere:

- Corsi di cucina sana e bilanciata
- Corsi di yoga
- Attività di stretching e mobilità
- Corsi di meditazione

2. MOVIMENTAZIONE E ATTIVITÀ

È importante dedicare spazio a queste attività durante l'evento. Le attività possono essere:

- Corsi di yoga
- Attività di stretching e mobilità
- Corsi di meditazione
- Corsi di Tai Chi
- Corsi di Pilates

3. SPIRITUALITÀ E MEDITAZIONE

È importante dedicare spazio a queste attività durante l'evento. Le attività possono essere:

- Corsi di meditazione
- Corsi di Tai Chi
- Corsi di Pilates
- Corsi di Yoga

4. SERENITÀ E CONSAPIVOLEZZA

È importante dedicare spazio a queste attività durante l'evento. Le attività possono essere:

- Corsi di meditazione
- Corsi di Tai Chi
- Corsi di Pilates
- Corsi di Yoga

I settori coinvolti possono essere vari, seguendo la **logica dei 5 pilastri del benessere**. Quindi parliamo di ristoranti, associazioni sportive, palestre, scuole di danza, spa, terme, centri estetici, centri olistici, agriturismi, associazioni culturali, e tantissimi altri. L'evento riceve il sostegno di 60 organizzazioni comprese le Nazioni Unite - Istituto dell'Indice di sostenibilità globale. 6 Governi e 23 sindaci in tutto il mondo si sono impegnati a promuovere l'evento.

Nel 2019 si sono registrate gratuitamente sul sito **World Wellness Weekend** 2356 strutture provenienti da 100 paesi. Il 60% delle strutture partecipanti ha organizzato le attività (una media di 4 differenti) in entrambi i giorni del fine settimana. Ogni attività ha attratto una clientela media di 40 persone e fino a 2500 persone negli eventi più grandi come l'Eco-Reserve Moron in Argentina. A livello mediatico si è stimato un pubblico di circa 224 milioni di persone.

23 June 2020
France



<http://www.monguidethalassospa.fr/fr/jean-guy-de-gabriac-196.php>

JEAN-GUY DE GABRIAC



Notre credo à tous... Savourer joie de vivre et harmonie pour vivre en pleine forme, aussi longtemps que possible... Jean-Guy de Gabriac le fondateur de cet événement, réalise à nouveau notre rêve lors du Weekend Mondial du Bien-être / World Wellness Weekend les 19 et 20 septembre?

Voilà depuis 3 ans que Jean-Guy réunit la planète entière le temps d'un week-end pour nous faire découvrir ou re-découvrir l'enchantement d'une tête heureuse dans un corps sain...

Vous êtes le fondateur du Weekend Mondial du Bien-Etre, une initiative française célébrée dans 98 pays l'an dernier... Donnez-nous vos sentiments... Ce goût d'être en harmonie avec soi-même ne se fait-il pas urgemment ressentir...

Absolument ! Le Covid19 nous rappelle brutalement notre rapport à notre mortalité et nous a obligé à nous concentrer sur l'essentiel durant le confinement. Aujourd'hui plus que jamais, alors que la vie reprend son cours, et que les établissements thermaux, les spas réouvrent, la santé et le bien-être physique et mental sont au coeur de toutes les préoccupations. Les manifestations sociales actuelles dans le monde entier ajoutent une dimension supplémentaire : il ne s'agit pas seulement d'être bien en soi, il s'agit d'être mieux ensemble. Les populations exigent des gouvernements plus de justice sociale, plus d'équité.

World Wellness Weekend : deux nouveaux ambassadeurs pour la France

Publié le samedi, 20 juin 2020



La France s'est particulièrement bien mobilisée en 2019 et 96% des établissements reconduisent leur participation au **World Wellness Weekend** les 19 et 20 septembre 2020. Afin de continuer sur cette dynamique, **Jean-Guy de Gabriac** a choisi deux Ambassadeurs fédérateurs pour l'hexagone : **M. Romain Dupont** (notre photo à droite), président du Label Spas de France qui regroupe plus de 200 Spas et **Mme Catherine Sertin** (notre photo à gauche), fondatrice et directrice de l'école éponyme, qui nous explique son engagement pour cette 4e édition.

Dès la première édition du World Wellness Weekend, vous vous êtes mobilisée avec le dynamisme que l'on vous connaît. Maintenant vous êtes l'Ambassadrice France. Qu'est-ce qui vous séduit dans le WWW ?

Catherine Sertin : Cet événement consiste à faire découvrir au grand public nos métiers du bien-être et de la beauté mais aussi à attirer une clientèle de proximité. Pour cela, chaque partenaire va créer une animation ou événement et communiquera auprès d'une large clientèle grâce au site www.worldwellness-weekend.org. Après la période complexe que nous venons de traverser durant le confinement et la complexité économique qui en découle, nous souhaitons être présents auprès de nos entreprises partenaires afin de promouvoir leur activité via un événement fédérateur comme le World Wellness Weekend qui est une opportunité à saisir pour dynamiser notre secteur et séduire de nouveaux client(e)s.

L'école Catherine Sertin a décidé de remercier les soignants qui subissent cette épidémie en première ligne. Expliquez-nous cela.

C.S. : Le Week-end Mondial du Bien-être qui se déroulera les 19 et 20 septembre 2020 nous semble tout à fait opportun pour offrir un moment de bienveillance au personnel médical. En partenariat avec Christine Salaun Chevalier qui préside le Fonds de dotation EREEL qui accompagne les femmes atteintes de cancer, nous allons inviter les soignants pour une demijournée beauté le samedi 19 septembre. Nous proposerons des soins visage et des soins corps ainsi que des poses de vernis et des mises en beauté. Le tout autour d'une pause gourmande grâce au partenariat d'une école hôtelière.

Comme chaque année, vos élèves sont mobilisés mais vous souhaitez aussi dynamiser les autres établissements adhérents de la FIEPPEC.

C.S. : Effectivement Isabelle, le Week-end Mondial du Bien-être peut permettre d'apporter une dynamique aux entreprises et donner l'occasion aux élèves des écoles de la FIEPPEC de participer à une action commerciale et d'en évaluer les retours clients. Pour les entreprises, c'est mettre en avant des offres attractives et bénéficier d'un stagiaire en soutien pour cet événement, puisque la FIEPPEC a confirmé que les 85 écoles d'esthétique adhérentes proposeront des stagiaires aux instituts et Spas qui en feront rapidement la demande. Nous sommes également soutenus par la CNAIB Spa qui encourage ses nombreuses adhérentes à se mobiliser ainsi que par M. Damien Freyther de la Maison Jean d'Estrées et par M. Fabrice Fontanel du Groupe ISIS et Lovely Spa Paris. Une mobilisation qui ne fait que commencer...

Nouveau site web : www.world-wellness-weekend.org

20 June 2020
France



Le Magazine de l'Innovation Spa & Wellness à 360°

<https://www.senseofwellness-mag.com/les-acteurs-des-spas-les-spa-people-et-professionnels-du-spa/acteurs-du-spa/interviews/item/2397-world-wellness-weekend-deux-nouveaux-ambassadeurs-pour-la-france>

16 June 2020
France



https://www.senseofwellness-mag.com/toute-les-actualites-spa-et-wellness/actus/salons-evenements/item/2386-world-wellness-weekend-5-000-etablissements-pour-la-4e-edition?utm_source=newsletter_7163&utm_medium=email&utm_campaign=world-wellness-weekend-veut-atteindre-les-5-000-etablissements-reouverture-des-thermes-d-auvergne-lancement-du-campus-de-l-esthetique-et-du-spa-e-cosmetic-360-open-innovation-reprise-reprise-des-offres-d-emploi

SALONS & ÉVÈNEMENTS

World Wellness Weekend, 5 000 établissements pour la 4e édition

Publié le mardi, 16 juin 2020

En 3 ans, le **World Wellness Weekend** a été célébré par 2 356 établissements dans 98 pays. 60 organisations soutiennent **cet événement qui se déroule le troisième week-end de septembre**. Pour cette 4e édition, le fondateur de l'événement, **Jean-Guy de Gabriac**, veut atteindre les 5 000 établissements dans 120 pays.



Un nouveau site web



Objectif ambitieux pour cette 4e édition et pour y parvenir **Jean-Guy de Gabriac**, aidé de ses 50 ambassadeurs, a lancé un nouveau site web : www.world-wellness-weekend.org avec de nombreuses fonctionnalités pour donner plus de visibilité aux professionnels du bien-être dans plus de 100 pays.

Désormais, le site sera en 11 langues :

Français, Anglais, Espagnol, Italien, Portugais,

Néerlandais, Grec, Russe, Arabe, Hindi et Malais, afin que les établissements de leurs villes

14 June 2020
International



Gareth Presch



Jean-Guy de Gabriac



SUNDAY 14TH JUNE @7PM GMT LIVE DISCUSSION WHIS TALKS

WWW.FACEBOOK.COM/WHISTALKS/
WWW.WHIS.UK #WHIS #SDGS



<https://www.facebook.com/WHISTalks/videos/778098696056017>

12 June 2020
United Kingdom



Home Listen on Demand Schedule Presenters Wiki Health

11:00 **Click**  **to Play**

UK Health Radio, your global station for expert health & wellness information!


Johann Ilgenfritz, CEO




Voices of Courage
Presenter
Ken D. Foster

Spotlight Show
Presenter
Janey Lee Grace

TheWayForward

Jean-Guy – World Wellness weekend update, Cali White – Treesisters update, Michele Kaye Nia – how good it is, JT and Meghna Patel the UK distributor of Hope's Relief



 [listen](#)  [read](#)  [share](#)

<https://www.ukhealthradio.com/blog/episode/jean-guy-world-wellness-weekend-update-cali-white-treesisters-update-michele-kaye-nia-how-good-it-is-jt-and-meghna-patel-the-uk-distributor-of-hopes-relief/>

10 June 2020
Asia Pacific



ASIA PACIFIC

SPA & WELLNESS COALITION

<https://www.facebook.com/AsiaPacificSpaWellnessCoalition/vid/eos/1389423387914223>

Webinar 1/3



A NEW LOOK FOR THE SPA & WELLNESS INDUSTRY

"USING TECHNOLOGY TO MAINTAIN AND
DEVELOP YOUR BUSINESS"

10 JUNE 2020 | 18:30 - 19:30 SGT

Speakers:



As the use of technology is becoming increasingly important for spa & wellness industry, the lockdown is a good opportunity to look at the means of technology your company is currently using and think about how you can develop these further, or start to implement technology trends for your companies' benefit.

Speakers: Jean-Guy de Gabriac founder of TIP TOUCH International and World Wellness Weekend and Ankeeta Sekhri marketing and communication professional at GOCO Hospitality

Asia Pacific Spa & Wellness Coalition in partnership with Stenden Thailand, part of NHL Stenden University



Register @ <https://meetingsapac17.webex.com/meetingsapac17/j.php?>

MTID=m140659edba709c39f8629529aea484ad



live stream on Facebook @AsiaPacificSpaWellnessCoalition

3 June 2020
United States



<https://www.facebook.com/TheInternationalMassageAssociation/videos/308360426845386>

 **The International Massage Association** le 3 juin à 15:00 · 🌐

Due to the great interest in Jean-Guy de Gabriac's interview 2 weeks ago, IMA Founder Jeppe Tengbjerg has asked follow-up questions.

Topic 1) = World Wellness Weekend - How can Associations benefit from it?

Topic 2) = Where is the massage and spa profession headed?

Topic 3) = Marketing Tips for Massage Therapists

In order to learn - We need to listen.

Please share this podcast to all relevant therapists and key players in our Profession.



👍❤️👏 45 3 commentaires 51 partages

June 2020 United Kingdom



News

*in*brief



// **World Wellness Weekend**, founded by consultant **Jean-Guy de Gabriac**, has launched its new website world-wellness-weekend.org, which now facilitates 11 languages such as Arabic and Hindi, a "one-click geo-locator" for finding nearby wellness professionals, and a Wellness Pledge to promote positivity. Also newly available is online registration and a wellness blog.

THE DO'S AND DON'TS OF RENOVATION

INSIGHTS FROM A TOP-TO-BOTTOM SPA MAKEOVER

BY JAMISON STOIKE

38

30 Ruth Stricker Remembered
BY MICHAEL TOMPKINS



50 Conversations with Seth Mattison



World Wellness Weekend

48 "A Moment Not to Be Missed"
World Wellness Weekend 2020
BY JAMISON STOIKE

PULSE.EXPERIENCEISPA.COM

4 PULSE • JUNE 2020

"A MOMENT NOT TO BE MISSED"

WORLD WELLNESS WEEKEND 2020 | SEPTEMBER 19-20

BY JAMISON STOIKE



IN JUST A FEW YEARS, World Wellness Weekend has grown into one of the world's premier celebrations of wellness and a compelling demonstration of the power of spa. And although only a year has passed since the last weekend event, World Wellness Weekend 2020 will likely be held in a vastly different world due to the scope and impact of the global COVID-19 pandemic.

Perhaps now more than ever, the world is primed to develop a deeper appreciation of wellness—coronavirus has served as a wake-up call for many. "Is it going to be just this one time?" says World Wellness Weekend founder Jean-Guy de Gabriac. "We don't want to live in fear, but we need to act." The wellness-centric lifestyle championed by de Gabriac's two-day event and by spas worldwide is key to strengthening our immune systems and reducing risk factors such as obesity. As a spa professional, World Wellness Weekend 2020 is your opportunity to put your spa or business front-and-center in your community as a conduit to a healthier life.

Accordingly, de Gabriac hopes that participating spas reach out to healthcare workers during this year's event. "We should extend the #wellness life to nurses," de Gabriac says. "They are overworked, underpaid, on the verge of burnout. Spas should open their doors



and say, 'you are welcome here.'" As part of an outreach program to local healthcare workers and first responders, de Gabriac suggests focusing on "serenity, breathing and healthy grieving" due to the mental and emotional toll of working on the frontlines of the COVID-19 pandemic.

Despite this, World Wellness Weekend 2020 will remain an upbeat, positive event. de Gabriac anticipates approximately 5,000 participating venues from 120 countries this year, up from 2,363 participants from 98 countries last year. Participants should treat the event as a holiday, like Valentine's

Day or Mother's Day: an opportunity to bring back old customers, attract new ones and offer unique packages and deals.

The centerpiece of any participating spa's celebration, however, will be a free 60-minute activity that opens new doors of wellness for the local community. The best events, says de Gabriac, are not by-the-book. Rather, they are outside-the-box experiences, for "wellness has to be experiential" to truly connect with those new to spa. "This industry needs to always reinvent itself for its guests," de Gabriac adds. "We need to add fun to the mix."

"We should extend the #wellness life to nurses. They are overworked, underpaid, on the verge of burnout. Spas should open their doors and say, 'you are welcome here.'"



Creating a unique experience is more than just an opportunity to capture the attention of guests and local media—it's also a great way to more deeply engage your talented team. Hold brainstorming sessions for potential event ideas, and offer support to those who are willing to freely share their ideas. The most memorable and successful experiences on World Wellness Weekend are often those that initially seemed the most unusual.

Furthermore, a critical aspect of participation is to involve other local businesses. Doing so will make your spa a

community leader and a go-to source for wellness while lifting up businesses around you. They, in turn, will refer customers to you in a virtuous cycle. If your spa is located in a commercial area, such as a downtown or a small-town main street, try setting up a "Wellness Street" or "Wellness Block" where spa-goers can engage with multiple businesses—from spas and salons to breweries, boutiques or bodegas—celebrating wellness together. de Gabriac sums up this concept nicely: "Wellness doesn't start with 'me.' It starts with 'we.'" ■

Encouraging Accountability

World Wellness Weekend is about encouraging a healthy lifestyle all year long—not just for one weekend or for one trip to the spa. Here are two ways to gently encourage your guests (or your staff) to stay accountable and dedicated to their wellness journey:

1. Make a "wellness donation" to themselves. Direct those who attend your World Wellness Weekend event to set up a reward system for living well—for example, setting aside a small amount for each week in which they exercised regularly, or for each consecutive day that they eat healthily. Then, at the end of the year, they can donate this money to a local charity that encourages wellness in others.

2. Find a "wellness buddy." Encourage participants and staff to find a wellness buddy. This can be someone they go to the gym with, cook healthily with and regularly check-in with about their wellness journey. Make sure that both they and their wellness buddy feel empowered to hold each other accountable.

SIGN UP TO CELEBRATE!

Interested in joining 5,000 spas in more than 120 countries for the celebration? Register online at world-wellness-weekend.org. Registering will put you on the official map of participating venues and open up helpful resources for designing and promoting your free wellness event.

24 May 2020
LATAM



Destinos

Sin confinamientos la Auvernia verde y termal

📅 24 mayo, 2020 👤 Susana Menéndez 📍 Auvernia



El fin del confinamiento llegó en Auvernia verde y termal en Francia hace dos semanas y el acceso a los sitios naturales está permitido.

Auvernia es una zona verde poco golpeada por la epidemia de Covid-19.

<https://www.wellnessdestiny.org/auvernia-verde-termal/>

22 May 2020
International



<https://worldchampionship-massage.com/video-podcast-with-jean-guy-de-gabriac/>

World Championship Massage 2021

Next Championship June 19th – 20th 2021 in Copenhagen

HOME REGISTRATION 2021 NEWS RULES PROGRAM THE INTERNATIONAL MASSAGE ASSOCIATION ▾



News

Video podcast with Jean-Guy de Gabriac

📅 May 22, 2020 👤 admin 🏷️ ima, international massage association, topspafest, world championship in massage, World Wellness Weekend

Here you can see IMA Founder Jeppe Tengbjerg doing an Interview with Jean-Guy de Gabriac ([Tip Toch International](#)), about [World Wellness Weekend](#) and how massage therapists should re-starting or/and re-opening their clinics and Spa's.

They are also having talks about championships, future massage educations and what great events to look forward to after the Covid has passed.

Topic 1: World Wellness Weekend

1. What is it?
2. How can massage therapists and spa owners benefit from taking part?
3. How can schools benefit from it?

20 May 2020
Russia

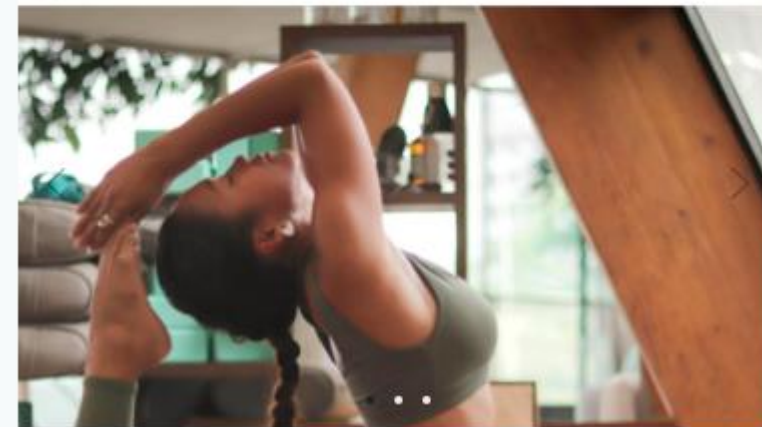


<https://cabinesrussie.ru/tpost/b835blm33b-httpswwwworld-wellness-weekendorg-teper>

<https://www.world-wellness-weekend.org> – теперь на русском языке!

20.05.2020 МЕРОПРИЯТИЯ

 [Главная Страница](#) [Карта Веллнесс](#) [Программа Веллнесс.org WWW](#) [О WWW](#) [FAQ](#) [Зарегистрируйте свой офис](#)



World Wellness Weekend запустил новый сайт с интересными возможностями для всех, кого привлекают идеи велнеса. Теперь сайт работает на 11 языках: французском, английском, испанском, итальянском, португальском, голландском, греческом, русском, арабском, хинди и малазийском.

В роли переводчиков выступили 50 Послов WWW, которые стремились сделать все возможное, чтобы в их странах предприятия индустрии красоты и велнеса легко могли:


- Ознакомиться с концепцией WWW и условиями участия
- Заявить о своих планах проведения WWW
- Указать свою ГЕО-ЛОКАЛИЗАЦИЮ в один клик
- С каждым днем и с каждым годом улучшать свое ЗДОРОВЬЕ

В разделе БЛОГ вы сможете ознакомиться с советами экспертов и участников WWW по всем пяти направлениям велнеса:


15 May 2020
United Kingdom





Home Listen on Demand Schedule Presenters Wiki Health

11:00 **Click**  **to Play**

UK Health Radio, your global station for expert health & wellness information!


Johann Ilgenfritz, CEO

Voices of Courage
Presenter
 Ken D. Foster

Spotlight Show
Presenter
 Janey Lee Grace




TheWayForward

Jean Guy – World Wellness, Cali White – Treesisters gets involved, Paula Love Clark – 2 books out. Jon Mason – Healing from a distance, JT and Daniel Tal Mor all about Lumen



Presenter

Stewart St Clair

 listen  read  share

<https://www.ukhealthradio.com/blog/episode/jean-guy-world-wellness-cali-white-treesisters-gets-involved-paula-love-clark-2-books-out-jon-mason-healing-from-a-distance-jt-and-daniel-tal-mor-all-about-lumen/>

**10 May 2020
International**



**Professional Beauty presents The World Spa &
Wellness Conference, 12-14 May 2020**

A three day online conference for the spa industry to discover insights and answers from around the globe, to educate, inspire and grow. Webinars will be hosted by world-leading experts, preparing businesses to reset and re-open their doors when it's time for the industry to kick-start again.

[Sign up for free here](#)

In partnership with:



These are some of the sessions not to be missed:

<https://professionalbeauty.co.uk/site/WSW>

2 May 2020
United Kingdom

leisurediary.com

<https://www.leisurediary.com/newsdetail.cfm?codeid=345402>

leisurediary.com

Worldwide events listings for leisure professionals

Saturday 02 May 2020

Diary Search

Select month ▼

Select year ▼

Select market sector ▼

Select event type ▼

All | Today | This week

Event news

powered by leisureopportunities.com

[Back to previous page](#)

01 May 2020

Gerry Bodeker, Marc Cohen and Anna Bjurstam to speak at virtual International Ayurveda and Yoga Conference
Spa brand Subtle Energies has announced that this year's International Ayurveda and Yoga Conference will be hosted online with free entry for all.

29 Apr 2020

Belgin Aksoy says COVID-19 is a wakeup call
In the era of coronavirus and lockdown, people all around the world are turning to wellness for support and comfort. On 13 June 2020 the ninth annual Global Wellness Day will be hosted to emphasise the importance of wellness and taking care of ourselves.

24 Apr 2020

Euphoria launches five-week virtual retreat inspired by Greek mythology
Holistic Greek destination spa, Euphoria, has announced the launch of a free five-week immersive virtual retreat inspired by Greek mythology and the five elements.

20 Apr 2020

Fourth World Wellness Weekend aims to draw more people to the wellness cause
This year's fourth World Wellness Weekend (WWW) is aiming to shake up perceptions of wellness and help incorporate wellness into more people's routines.

18 Apr 2020

HOTel&SPA 2020 cancelled – next event will be May 2021
Vladi Kovanic, director of VK Organisation – organiser of Forum HOTel&SPA – has cancelled the event for 2020.

31 Mar 2020

Expo 2020 Dubai likely to postpone until 2021 due to COVID-19 outbreak
Expo 2020 Dubai has announced that it will likely postpone the event by a year in the wake of the COVID-19 outbreak.

26 Mar 2020

BALPPA moves annual expo to November
The British Association of Leisure Parks, Piers and Attractions (BALPPA) has postponed its upcoming expo and tradeshow in the wake of the COVID-19 pandemic.

25 Mar 2020

'Heal the world' – Deepak Chopra calls us all to action with global meditation event
Deepak Chopra's wellness company – Chopra – has partnered with The Well to unite people in a call to action to stay home and have hope through a free live-streamed global meditation event called H(om)e.



<http://pulse.experienceispa.com/?fbclid=IwAR2NfXk26pm3YQGhtUrIEHQAYaw8RVeSeZb0tn-2eKhggQ1P7mBBvnwJvc>

MEMBER NEWS CONTINUED

Member News

1. **World Wellness Weekend**, founded by Jean-Guy de Gabriac of ISPA member Tip Touch International, released details around the fourth edition of the two-day wellness event. Taking place this fall on **September 19 and 20**, World Wellness Weekend aims to raise the profile of wellness through fun, unique activities at spas around the world.

New initiatives for 2020 include an increased emphasis on inclusion and making wellness accessible to those with disabilities and/or special needs, as well as providing wellness support for healthcare providers in the wake of the COVID-19 pandemic. Says de Gabriac, "We encourage venues participating in World Wellness Weekend to invite nurses for a special fitness or mindfulness event, or organize a 60-minute wellness workshop for nurses and doctors in their local hospital or clinic." Spas can learn more about the event and register to participate at world-wellness-weekend.org.

2. **Four Seasons** announced the launch of "Take the Leap", a three-part podcast series spotlighting tangible transformation through travel. Following the release of a global survey looking at varying perspectives on the value of time, Four Seasons further explores how travelers can make the most of this year's 366 days, through dynamic conversations with global adventurers. To listen, subscribe to "Take the Leap" on Spotify or Apple Podcast.
3. **Grand Velas Riviera Nayarit** will host its 2020 Wellness Getaway from May 1-3, featuring industry experts, fitness classes, self-awareness workshops, sessions on superfood and other mindful wellness activities. All special Wellness Getaway activities are included complimentary in the resort's nightly rate.



<https://www.spaopportunities.com/digital/index1.cfm?mag=Spa%20Opportunities&codeid=3616&linktype=homepage&ref=n&ref=linkedin&extraref=decode>

spa & wellness news

EVENTS

World Wellness Weekend will take place in September

This year's fourth World Wellness Weekend (WWW) is billed to shake up perceptions of wellness and strive to help incorporate wellness into more people's routines.

Now in its fourth year, the WWW aims to highlight the importance of wellness and help people adopt healthier lifestyles – as well as foster positive relationships with their bodies and minds – by offering the public opportunities to take part in activities over the two-day period.

According to the team behind WWW: "Too many people still perceive spas and salons as a luxurious activity for wealthy people and too many people think

that wellness is boring due to injunctions such as: take the stairs, walk 10,000 steps, drink water and reduce alcohol.

Founded by Jean-Guy de Gabriac, owner of consultancy and training company Tip Touch International, the event is scheduled for 19 - 20 September 2020 and will be celebrated by 5,000 properties from over 120 countries.

"COVID-19 is a reminder that being well and healthy should be our number one priority," said de Gabriac. "With half of humanity staying at home, the need to keep fit and flexible in our bodies and in our minds is essential."

NOTE: http://le1sr/z3G3S_5



■ This will be the fourth World Wellness Weekend event



**COVID-19 is a reminder
that health should be
our number one priority**

Jean-Guy de Gabriac

29 April 2020
South Africa



[Home](#) | [News](#) | [Seminar Programme](#) | [Industry Webinars](#) | [Video Expo](#) | [COVID-19](#) | [More](#)

[All Posts](#) | [Industry News](#) | [Spa News](#) | [Nails](#) | [Equipment](#) | [Skincare](#) | [More](#) | [Log in / Sign up](#)

Joanna Starkowicz • Apr 29 • 1 min read

Plans for World Wellness Weekend forge ahead



Despite the radical uncertainty about the date of the re-opening of the Beauty, Spa and Tourism industries, the 4th World Wellness Weekend will be celebrated on 19 and 20 September 2020.

Says World Wellness Weekend founder, Jean-Guy De Gabriac: "Today, more than ever, health and wellness for all are a priority. Coronavirus is not only a pandemic, with an economic recession lurking, it is also a reminder that being well and healthy should our #1 priority to focus on proactive prevention to strengthening our immune system with rest, wiser choices in nutrition, physical exercise and R&R for our busy minds."

Newly appointed World Wellness Weekend Ambassador in Cape Town, Taryn Lilley, the spa manager at Cape Grace, adds: "Being a World Wellness Weekend Ambassador, it is my goal to reach as many health professionals as possible to spread the importance of the 5 Pillars of Wellness and to get everyone involved in celebrating this weekend of wellness globally.

"We are all going through challenging times and it is easy to get caught up in the negatives. Therefore, we need to try to focus on the things that we can control, like our thoughts, our health and our attitude or mindset. I am looking forward to growing this initiative in South Africa and can't wait to see all the exciting events that everyone has planned for it."

World Wellness Weekend is expected to be celebrated by 5,000 properties in 120 countries.

For more information about this global event, [click here](#)

<https://www.probeauty.co.za/post/plans-for-world-wellness-weekend-forge-ahead>

22 April 2020
United Kingdom

leisurediary.com

<https://www.leisurediary.com/newsdetail.cfm?codeid=345333>

leisurediary.com

Worldwide events listings for leisure professionals

Wednesday 22 April 2020

Diary Search

Select month

Select year

Select market sector

Select

All | Today | This week

Event news

powered by leisureopportunities.com

20 Apr 2020
Fourth World Wellness Weekend
will draw more people to the
wellness cause



This year's fourth World Wellness Weekend (WWW) is billed to shake up perceptions of wellness and strive to help incorporate wellness into more people's routines.

Now in its fourth year, the WWW aims to highlight the importance of wellness and help people adopt healthier lifestyles – as well as foster positive relationships with their bodies and minds – by offering the public opportunities to take part in activities over the two-day period.

According to the team behind WWW: "Too many people still perceive spas and salons as a luxurious activity for wealthy people and too many people think that wellness is boring due to injunctions such as: take the stairs, walk 10,000 steps, drink water and reduce alcohol.

Founded by Jean-Guy de Gabriac, owner of consultancy and training company Tip Touch International, the event is scheduled for 19 - 20 September 2020 and will be celebrated by 5,000 properties from over 120 countries.

The team believe the event will provide an opportunity for the industry to become more creative with activities which help people change their perception of and create a special bond with wellness.

"Coronavirus is a reminder that being well and healthy should be our number one priority," said de Gabriac. "With half of humanity staying at home, the need to keep fit and flexible in our bodies and in our minds is essential."

The event has secured the support and participation of 60 organisations and trade-bodies such as ISPA, IHRS, Wellness Tourism Association, G3T and Green Spa Network.

WWW – a commercial undertaking – is an official partner of European Week of Sports – an initiative started by the European Commission to encourage people to be more active.

20 April 2020
United Kingdom

spa opportunities

<https://www.spaopportunities.com/index.cfm?pagetype=news&codeID=345333>

spa opportunities

Read the latest issues for free



Home • Jobs • News • Video • Training • Products • Magazine • Spa Business • spa-kit • Handbook • What's on

LATEST JOBS

[MORE JOBS →](#)

CATALOGUE GALLERY



TechnoAlpin

[More catalogues →](#)

DIARY DATES

Powered by leisurediary.com

10-12 May 2020
15th Asia Pool & Spa Expo
China Import & Export Fair Complex, Guangzhou, China

17-20 May 2020
GSN Buyers Conference - Green Spa Network
Lake Tahoe, California, United States

09 Jun 2020
ISA Summer Business Forum
The Lodge at Ashford Castle, Cong, Ireland

10-12 Jun 2020
Piscina & Wellness Mexico
Centro Citibanamex, Mexico City, Mexico

Fourth World Wellness Weekend will draw more people to the wellness cause

SHARE ↵

By Megan Whitby 20 Apr 2020



World Wellness Weekend was founded by Jean-Guy de Gabriac

This year's fourth World Wellness Weekend (WWW) is billed to shake up perceptions of wellness and strive to help incorporate wellness into more people's routines.

Now in its fourth year, the WWW aims to highlight the importance of wellness and help people adopt healthier lifestyles – as well as foster positive relationships with their bodies and minds – by offering the public opportunities to take part in activities over the two-day period.

According to the team behind WWW: "Too many people still perceive spas and salons as a luxurious activity for wealthy people and too many people think that wellness is boring due to injunctions such as: take the stairs, walk 10,000 steps, drink water and reduce alcohol.

Founded by Jean-Guy de Gabriac, owner of consultancy and training company Tip Touch International, the event is scheduled for 19 - 20 September 2020 and will be celebrated by 5,000 properties from over 120 countries.

16 April 2020
Russia



World Wellness Weekend

World
Wellness
Weekend
19-20
сентября
2020



cabines_rus • Abonné(e)
Moscow, Russia

российские предприятия индустрии
красоты и здоровья. Тем более, что
это очень просто!

Переходите на наш сайт [↗](#) [↗](#) по
ссылке в профиле, открывайте
новость о WWW-2020 и вы найдёте
описание условий участия и
активную ссылку для регистрации!

1 sem



cabines_rus @jeanguydegabriac
#worldwellnessweekend
#worldwellnessweekend2020
#велнес
#всемирныйвелнесвыходной
#зож #пп
#всемирныйвелнесуикенд

1 sem Répondre



29 J'aime

16 AVRIL

Ajouter un commentaire...

Publier

https://www.instagram.com/p/B_C66nbl-m7/

16 April 2020
Russia



<https://cabinesrussie.ru/tpost/z4usevdb42-world-wellness-weekend-2020>

Новости рынка

World Wellness Weekend 2020

16.04.2020 МЕРОПРИЯТИЯ



19-20 сентября 2020

World Wellness Weekend



Международный праздник велнеса в 2020 году пройдет 19-20 сентября. Свое участие в WWW-2020 подтвердили 5000 заведений индустрии красоты и здоровья из 120 стран мира.

Жан-Ги де Габриак, основатель WWW: "Здоровье — это наши отношения с медициной. Велнес — это наши отношения с самими собой, это вопрос нашей личной ответственности".

16 April 2020
Russia



<https://cabinesrussie.ru/tpost/z4usevdb42-world-wellness-weekend-2020>

The screenshot shows the website for CABINES Beauty Spa Wellness. At the top, there is a navigation menu with links: "О нас", "Подписка", "Новости", "Статьи", "Каталог брендов", and "Контакты". Below the navigation, there are several promotional banners. One banner for "13-15 МАЯ 2020" mentions "2000+ БРЕНДОВ ПРОФЕССИОНАЛЬНОЙ КОСМЕТИКИ", "БЮТИ-НОВИНКИ", and "НОН-СТОП МАСТЕР-КЛАССЫ". Another banner features the slogan "BEAUTY IS OUR DUTY".

Новости рынка

Здесь бьется пульс BEAUTY, SPA и WELLNESS бизнеса. Держите руку на пульсе!

Твит Мероприятия Новые продукты Статьи Wellness-дайджест Мнение эксперта

МЕРОПРИЯТИЯ

МАРАФОН ПОДДЕРЖИМ МЕДИКОВ

INTERCHARM запускает Марафон «Поддержим медиков»

На протяжении многих лет проект INTERCHARM объединяет представителей сферы красоты, помогает им в развитии, создает возможности для роста, адаптирует и поддерживает индустрию как в моменты подъема, так и в непростых ситуациях.

23.04.2020

WELLNESS-ДАЙДЖЕСТ

Три типа коронавируса

Научные исследования штаммов SARS-CoV-2 показали, что существует три типа коронавируса.

21.04.2020

НОВЫЕ ПРОДУКТЫ

Защита легких от коронавируса

Компания «Медикосуплай» представляет специализированную программу повышения резистентности организма к вирусным и бактериальным инфекциям.

20.04.2020

WELLNESS-ДАЙДЖЕСТ

Расслабляющий самомассаж: пошаговое руководство

Умение помочь себе расслабиться и снять стресс в домашних условиях — лучший способ пережить период самоизоляции без ущерба для психики, без эмоциональных взрывов и перепадов настроения.

18.04.2020

МЕРОПРИЯТИЯ

Дни красоты в Уфе

«Красивые дни» в Уфе пройдут в новые сроки

17.04.2020

МЕРОПРИЯТИЯ

World Wellness Weekend 2020

Международный праздник wellness в 2020 году пройдет 19-20 сентября. Свое участие в WWW 2020 подтвердили 5000 звездной индустрии красоты и здоровья 120 стран мира.

16.04.2020

15 March 2020
Italy



<https://spa-advisor.blogspot.com/?fbclid=IwAR3T7SQwiOp2RNqww5G8EKHR4x2yEbP1TI7FI9-n2ie47Roaqpgyz22aa78>



HOME PERCORSO BENESSERE AUFUSS DETOX EVENTI WELLNESS WELLNESS EXPERIENCE FORMAZIONE

domenica 15 marzo 2020

HOME FITNESS

Tante iniziative gratuite, app e siti utili per allenarsi a casa

In questo periodo di emergenza e grande difficoltà, le recenti limitazioni al nostro modo di vivere ci hanno imposto la necessità di rallentare, fermarci, cambiare profondamente le nostre abitudini: dalla riduzione agli spostamenti alla socializzazione, dal modo di lavorare alla riorganizzazione della vita privata, fino a coinvolgere anche i ritmi dell'esercizio fisico.

E' indubbio, fare sport è fondamentale per restare in forma, in salute, di buonumore, e scaricare le tensioni. Normalmente tra impegni lavorativi, casa e famiglia è difficile trovare tempo per l'attività fisica, che rappresenta uno dei pilastri del benessere, secondo l'evento mediatico globale **World Wellness Weekend**.



Oggi costretti a cambiare prospettiva e radicalmente le nostre abitudini quotidiane, si sta valutando l'idea di organizzare attività fisiche fra le mura domestiche: non servono ampi spazi e attrezzi per l'home fitness, solo un abbigliamento comodo e un tappetino.

Servono invece costanza, regolarità e determinazione, e soprattutto stabilire un obiettivo da raggiungere.

Secondo gli esperti, basta concedersi 30 minuti di allenamento al giorno per non cedere agli aspetti negativi della pigrizia casalinga e della vita sedentaria, perché **Regolarità = Benessere**

Per ottenere i migliori risultati è consigliato svolgere l'attività fisica a digiuno, perché lontano dai pasti è possibile bruciare maggiori quantità di calorie. Quindi per iniziare bene la giornata prendiamoci cura di noi stessi, per il nostro benessere psicofisico e per affrontare le attività quotidiane con nuove energie!

16 January 2020
Morocco

COACHING NEWS
MAGAZINE

COACHING NEWS
MAGAZINE

LE MAG CNM CHRONICS BEYOND MY CAREER DOSSIERS EVENTS BOÎTE

CNM CHRONICS — 16 JANVIER 2020

World Wellness Weekend : Interview du fondateur Jean- Guy de Gabriac

by COACHING NEWS MAGAZINE



Temps de lecture : 5 minutes

En exclusivité pour Coaching News Magazine, Jean-Guy de Gabriac, le fondateur du World Wellness Weekend nous livre une interview passionnante.

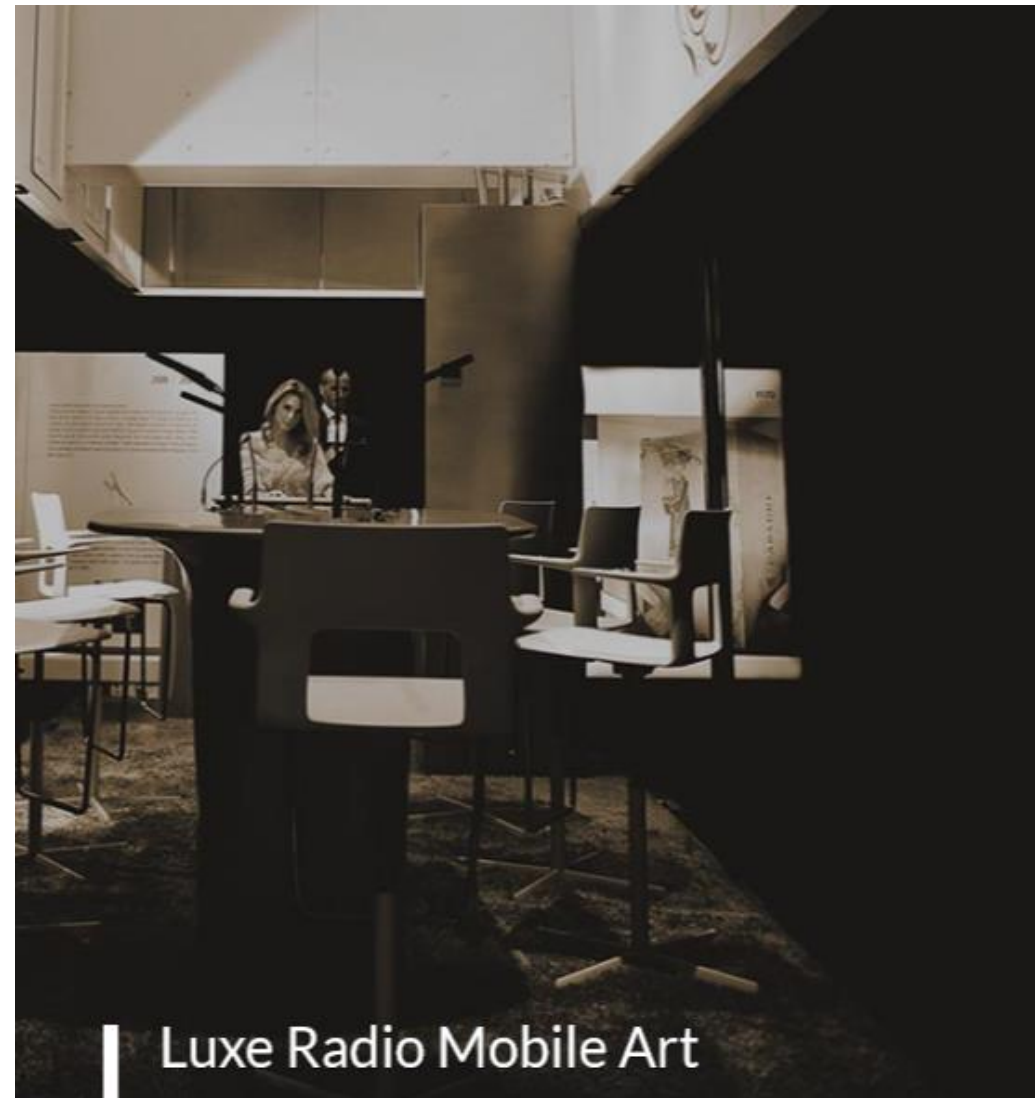


<https://coachingnews.ma/world-wellness-weekend-interview-exclusive-du-fondateur-jean-guy-de-gabriac/>

13 January 2020
Morocco

LUXE ^{LR} RADIO
— ACCÉDEZ À L'ÉTAT D'ESPRIT DU LUXE —

http://www.world-wellness-weekend.org/wp-content/uploads/2020/01/LUXE-Radio-Maroc-ITV-Jean-Guy-WWW-Janvier-2020.mp3?fbclid=IwAR1zhLPIW4ihLGDk8XBMSH_SaVprBZzkOLFEA4Gqj2tE4szLyzXt_U_2Y



Interview Jean-Guy de Gabriac
About World Wellness Weekend
MOROCCO

January 2020
LATAM

SpaWell
mexicaribe

SpaCast™
Spa & Wellness
mexicaribe



- 01 - SpaSoft: The Benefits of Spa Management Software
- 02 - Women In Wellness with Julie Inker
- 03 - The Magic of Seaweed, VORA
- 04 - LEAD: 30 Years of Comfort in the Spa Industry
- 05 - CBD: The Ingredient Shaping the Industry with Color Up Therapeutics
- 06 - Del concepto a la operación con Diana Padua
- 07 - Sonotampio en spa con Roberto Héctor Gopar
- 08 - El uso del mindfulness con Ana Paula Domínguez
- 09 - Cómo utilizar ácidos con Tábata Grazi y Adriana Azara
- 10 - Nuevos indicadores financieros con Carmelina Montenegro
- 11 - Servicios vs experiencias de spa con Alejandra Millán
- 12 - Tendencias en los urban spas con Hilda Paul de OSPA SALUD
- 13 - Híbridogénesis vs microláser SkinVeo Contour Láser Láser
- 14 - Cancer Care with Christina Clinac & Janice Berry

- 15 - From Concept to Operation: How to Design
- 16 - Effective Facebook Marketing with Wanda Lora
- 17 - 8 Key Metrics for a Profitable Spa Business with Carmelina Montenegro
- 18 - From Gringo to TEAM with Susan Leahy
- 19 - Creating a Signature Spa Ritual with Jean-Guy de Gabriel
- 20 - How to Create a Successful Spa Reboot Experience with Tira Grodzpak
- 21 - Top 10 Tips to Improve your Spa Retail
- 22 - Bespoke Spa Experiences with Soken Singh of Petal Life
- 23 - Sustainability in Spa and Wellness, with Benito Baker of Soterra
- 24 - Shaping the Future of Wellness, with Gaele Ellis
- 25 - How to Incorporate Wellness into Your Marketing Plan and Product Offerings, with Darlene Puka and Kim Marshall of 5 West PR

January 2020
LATAM

Spa/Well
mexicaribe



World Wellness Weekend 2019

El World Wellness Weekend alienta a las propiedades alrededor del mundo a abrir sus puertas durante un fin de semana de descubrimiento e iniciación, dedicado a gozar plenamente el buen vivir con amigos y familiares.

En 2019, durante su tercera celebración, más de 4.000 spas, salones, estudios de yoga, clubes de fitness y asociaciones deportivas en 120 países abrieron sus puertas e invitaron a huéspedes a descubrir actividades divertidas y creativas para impulsar la vitalidad, serenidad y belleza.

www.world-wellness-weekend.org

World Wellness Weekend encourages properties across the world to open their doors during a weekend of discovery and initiation, dedicated to the sheer joy of living well with friends and family.

During its third celebration in 2019, over 4,000 spas, salons, yoga studios, fitness clubs, sport associations in 120 countries opened their doors and invited guests to discover fun and creative activities to boost vitality, serenity and beauty.

www.world-wellness-weekend.org



ARGENTINA



BRASIL / BRAZIL



PERÚ / PERU



MÉXICO / MEXICO



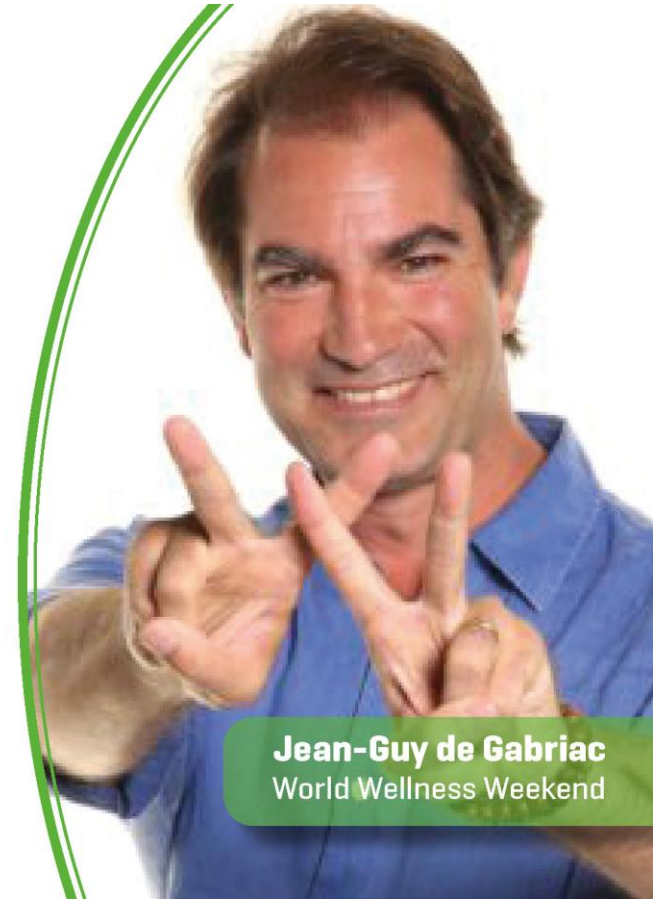
December 2019
United Kingdom



The Winners

UK Health Radio AWARDS 2019

INDUSTRY



Jean-Guy de Gabriac
World Wellness Weekend

November 2019
United Kingdom



The Finalists

UK Health Radio AWARDS 2019

▲ Awards 2019

The second year of the UKHR Awards attracted a huge amount of entries that left us quite overwhelmed! There are so many people making a difference in the Health and Wellness world. We want to thank everyone who was nominated. Rest assured it was no easy task to select the ones our Jury thought were the most outstanding for this year.

OUTSTANDING CONTRIBUTION AWARDS FINALISTS:

INDUSTRY:

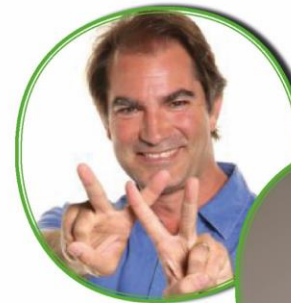
- Jean-Guy de Gabriac - World Wellness Weekend
- Christoulla Boodram - The Chrissy B Show

INDIVIDUAL:

- Christoulla Boodram
- Apollo Exconde
- Kirsten Hartvig
- Jason Pegler
- Helen Mary Perkins
- Scott Riley
- Wolfgang Sonnenburg
- Mark Spencer
- Dr. Spitzbart

COMPANY/GROUP:

- Healing Hotels of the World
- Public Health Collaboration
- Rainbow Well-being Center



Jean-Guy de Gabriac
World Wellness Weekend

INDUSTRY



Christoulla Boodram
The Chrissy B Show



Kirsten Hartvig

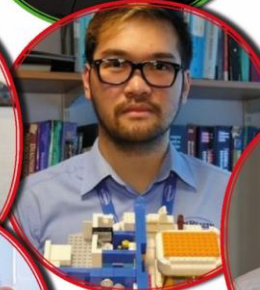


Jason Pegler

INDIVIDUAL



Scott Riley



Apollo Exconde



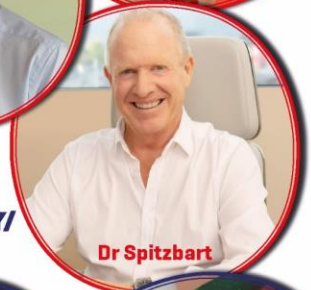
Wolfgang Sonnenburg



Helen Mary Perkins



Dr Mark Spencer



Dr Spitzbart

COMPANY/ GROUP



Anne Biging
Healing Hotels of the World



Sam Feltham
Public Health Collaboration



Gisela Gonçalves
Rainbow - Well-being Therapy Centre

