

5th World Wellness Weekend

PRESS BOOK 2021

TV 10

8

777

MEDIA COVERAGE

MENTIONS

		TV	Radio	Print
Europe	295	6	2	287
N. America	269			269
LATAM	152	4	6	142
India - APAC	40			40
Middle East	25		1	24
Africa	15			15

Countries with the Most Media Coverage

		TV	Radio	Print
USA	224			224
UK	24			24
ITALY	125	5		120
UAE	20		1	19
MEXICO	73	1	2	70
DOMINICAN REP	19	3		16
FRANCE	70		2	68
VIETNAM	19		2	17
CANADA	45			45
ARGENTINA	14		2	12


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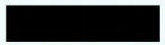

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The SBD Spa & Wellness Innovation Magazine

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EUROPE	295	6	2	287
Italy	125	5		120
France	70		2	68
Pan european	26			26
United Kingdom	24			24
Spain	12			12
Greece	7	1		6
Switzerland	7			7
Croatia	6			6
Portugal	5			5
Belgium	4			4
Denmark	3			3
Germany	2			2
Hungary	1			1
Ireland	1			1
Poland	1			1
Romania	1			1



Italy

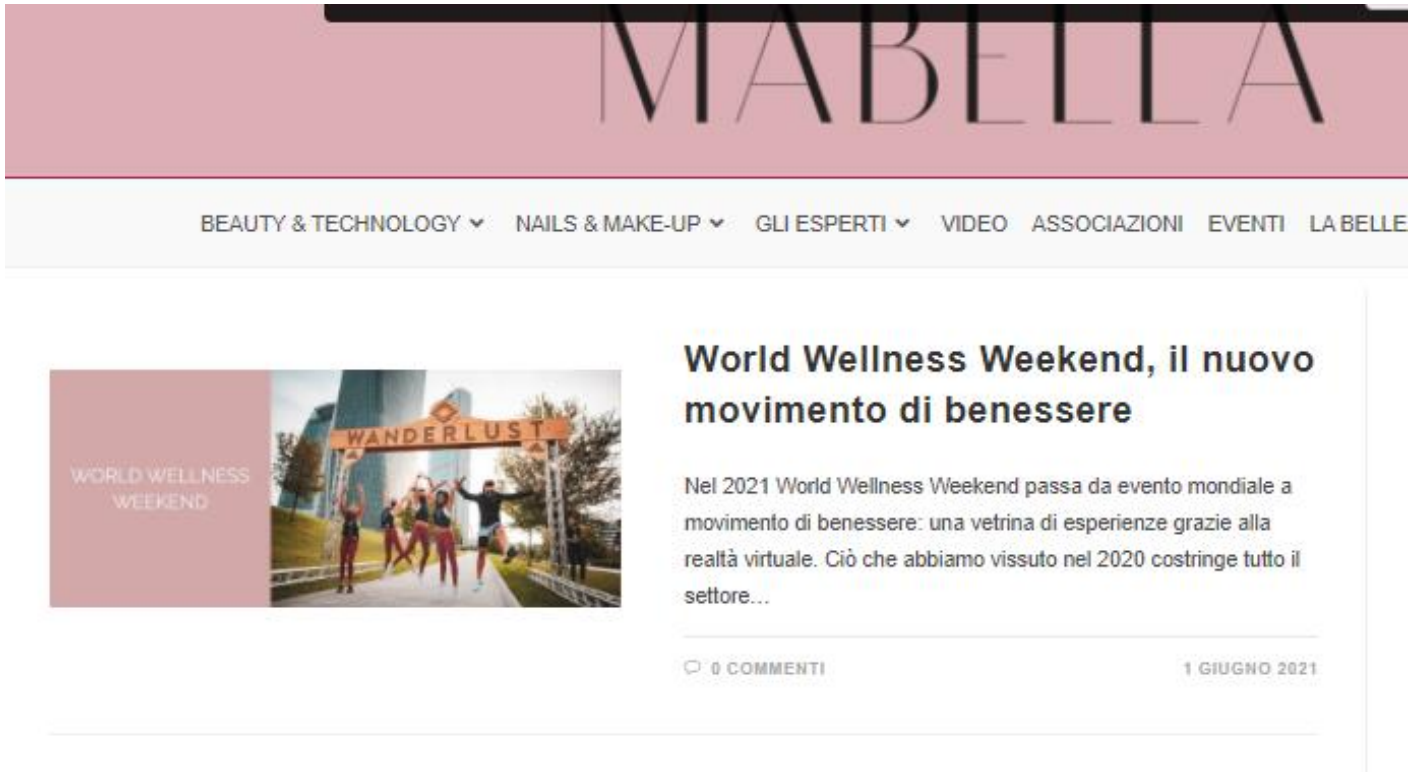
125 mentions

Italy

1 June 2021

Mabella

https://www.mabella.it/tag/word-wellness-weekend/



Italy

21 June 2021

Vivo Mensile di Informazione Cultura e Benessere



VIVO

Mensile di Informazione Cultura e Benessere

WorldWellnessWeekend

Il Movimento mondiale che divulga il Benessere

Cinzia Galletto

I Movimento, che vede ad oggi, il coinvolgimento di 120 nazioni, ha individuato i 5 pilastri fondamentali per il benessere: dormire bene, alimentarsi in modo sano e corretto, fare movimento e attività fisica, coltivare consapevolezza e fare ricerca interiore, solidarietà e inclusione. Obiettivo è restituire ad ogni luogo una consapevole trasformazione degli stili di vita verso un futuro più sostenibile per l'uomo e per l'ambiente. **Cinzia Galletto**, è l'Ambasciatrice Regionale per il Piemonte e la Liguria della squadra attuativa del World Wellness Weekend. "Per il mio primo anno in questo movimento internazionale, sono stata in contrada per le celebrazioni del **18 e 19 Settembre**, alcune fra le più importanti e significative realtà territoriali e turistiche di ciascuna regione" ci dice. Inoltre le tre destinazioni turistiche che vi elencheró, si apprestano a organizzare degli eventi di mindfulness con l'obiettivo di divulgare la cultura del benessere a 360 gradi attraverso i 5 pilastri citati sopra cardini importanti del Movimento mondiale.

Le tre destinazioni turistiche sono:

"City of Wellness" - La città di Alassio. La città della Riviera ligure di Ponente diventerà famosa per il suo "muretto" sul quale hanno lasciato traccia alcuni fra i nomi più rilevanti del mondo dello spettacolo e della cultura della nostra storia, sarà la City of Wellness 2021. Per il fine settimana del 18 e 19 settembre si apprestà a partecipare al World Wellness Weekend con una serie di eventi e iniziative per promuovere e divulgare la cultura del "benessere" fra mare e terra.

"Village for Wellness" - Borgo Gran Madre LifeStyle. Uno dei quartieri più prestigiosi e rinomati di Torino ha aderito con entusiasmo al World Wellness Weekend sotto "Borgo del Benessere". Per il fine settimana del 18 - 19 settembre il Borgo si vestirà a festa per accogliere per le celebrazioni del **18 e 19 Settembre**, alcune fra le più importanti e significative realtà territoriali e turistiche di ciascuna regione" ci dice. Inoltre le tre destinazioni turistiche che vi elencheró, si apprestano a organizzare degli eventi di mindfulness con l'obiettivo di divulgare la cultura del benessere a 360 gradi attraverso i 5 pilastri citati sopra cardini importanti del Movimento mondiale.

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"Beach of Wellness" - Capo Mele Beach. Uno fra i lidi più noti e conosciuti della Riviera ligure, reso per aver recuperato il giglio di mare e in collaborazione con l'Università di Genova, aver dato vita al primo Museo della Spiaggia, organizzerà una serie di appuntamenti dedicati allo Yoga e alla Mindfulness sul cosiddetto **G.Bec**

World Wellness Weekend

Piscine Naturali in Piemonte

Goja dal Pis (Almese)

Guje di Gravot (Alice Sup.)

Orrido di Sant'anna (Cannobio)

Orrido di Sant'anna (Cannobio)

Italy

24 June 2021

Giornale Sentire

https://www.giornalesentire.it/it/val-di-fiemme-world-wellnessweekend?fbclid=IwAR1zoFrubPXUs0QrqGce7- 7D23IcPln9jsMzY8Zz74wL_kI6vMgV35QIfl8



VIAGGI & REPORTAGES

Malga Canvere, Val di Fiemme - foto:visittrentino

CONDIVIDI

Il World Wellness Weekend in Val di Fiemme

dal 17 al 19 settembre 2021 appuntamenti in tutta la valle

Corona Perer - Il World Wellness Weekend si terrà in Val di Fiemme dal 17 al 19 settembre 2021. Sarà una full immersion nello stato di...Benessere.

Italy

Summer 2021

Esthetitaly

https://www.esthetitaly.it/rivista-online-sfoglia/



Italy

1 July 2021

Lulop.com

https://fnb.lulop.com/it_IT/post/show/214681/a-val-di-fiemme-e-laprima-val.htm



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LUGLIO 01, 2021 - VAL DI FIEMME

A VAL DI FIEMME È LA PRIMA VALLE A PARTECIPARE AL WORLD WELLNESS WEEKEND

Val di Fiemme-Trentino, un weekend internazionale cambia il concetto di wellness

La valle trentina circondata dalle Foreste dei Violini è il primo territorio che fa parte del Word Wellness Weekend. Dal 17 al 19 settembre 2021 attività ed eventi creeranno un "accordo" uomo-natura in sintonia con 120 Paesi.

Fiemme è la prima Valle a partecipare al Word Wellness Weekend (WWW), un evento internazionale che si svolge contemporaneamente in più di 120 Paesi del mondo nel terzo weekend di settembre, poco prima dell'Equinozio che è simbolo di armonia perché il giorno e la notte si equivalgono. Per questa rete internazionale il concetto di wellness abbraccia un concetto di #Benessere a 360 gradi. È un #Benessere sia fisico sia mentale: un equilibrio tra anima e corpo che trae energia anche dall'altruismo e dall'eco-sostenibilità.

La #valdifiemme si estende fra le Foreste dei Violini, dove cresce l'abete di risonanza ricercato dai liutai di tutto il mondo, e fra le Dolomiti UNESCO del Trentino. Dalla primavera all'autunno Fiemme è un'immensa spa a cielo aperto che invita a rigenerarsi in armonia con la #natura, anche grazie a una scelta fra 70 esperienze guidate che rimettono in movimento esplorando, osservando e meditando. A farne il luogo ideale come terra del #Benessere sociale, sono le numerose associazioni attive per la valle e promotrici di attività sportive e di azioni solidali.

Il progetto è stato illustrato durante una conferenza online da **Paolo Gilmozzi** e **Giancarlo Cescatti**, rispettivamente presidente e direttore dell'Azienda per il Turismo #valdifiemme, con **Riccardo Turri**, Ceo della Starpool di Ziano di Fiemme, l'azienda creatrice di ecosistemi di #Benessere e promotrice del WWW in #valdifiemme. In collegamento **Jean Guy de Gabriac**, fondatore del #worldwellnessweekend, e **Régis Boudon-Doris**, ambasciatore in Italia del #worldwellnessweekend.

"La #valdifiemme può essere un'immensa spa - ha premesso il presidente ApT Val di Fiemme Paolo Gilmozzi - e il Word Wellness Weekend proporrà attività per tutti, messe in campo dall'ApT, dagli operatori turistici, dalle aziende e dall'associazionismo locale. L'idea nasce da un confronto con Riccardi Turri dove è sorta questa domanda: perché il wellness non può abbracciare un intero territorio?".

Italy

1 July 2021

Corriere Di Sciacca

https://www.corrieredisciacca.it/world-wellness-weekend-la-saccense-lia-vitrano-ambasciatrice-per-la-sicilia-evento-nel-mondo-il-18-e-19-settembre/



"World Wellness Weekend", la saccense Lia Vitrano ambasciatrice per la Sicilia. Evento nel mondo il 18 e 19 settembre

il: Luglio 01, 2021 In: Sciacca, Sicilia, Sport Stampa Email

SCIACCA. C'è un evento mondiale, il World Wellness Weekend, che si svolgerà il mondo il 18 e 19 settembre e ha come obiettivo quello di far conoscere il mondo del Wellness e a prendersi cura di sé. Un incarico prestigioso è stato ricevuto dalla saccense Lia Vitrano, vicepresidente della Excelencia, che sarà il referente per la Sicilia.

Il 18 e 19 settembre tutti i professionisti di spa, saloni di bellezza, studi di yoga, fitness club, associazioni sportive e uffici del turismo di tutto il mondo invitano potenziali clienti, o semplicemente chi è interessato a trascorrere due giorni all'insegna del benessere e della salute, a scoprire una serie di attività che fanno bene al corpo e all'anima.
Questo anche grazie alla gestione dei vari ambasciatori e referenti di diversi stati e a sua volta regioni.

ITALY

01 July 2021

https://lulop.com/it_IT/post/show/214681/a-val-di-fiemme-e-la-prima-val.html



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HOME>A VAL DI FIEMME È LA PRIMA VALLE A PARTECIPARE AL WORLD WELLNESS WEEKEND

LUGLIO 01, 2021 - VAL DI FIEMME

A VAL DI FIEMME È LA PRIMA VALLE A PARTECIPARE AL WORLD WELLNESS WEEKEND

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https://www.colorami.space/index.php/2021/08/03/world-wellness-weekend-due-giorni-free-pass-benessere/?fbclid=IwAR3pKJdOjLNieol1TDt78xFIoOfUHvxzftRhtuJ2s-7xXCmBWuY6IL1qUpA



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Offerte esclusive per esperienze wellness e benessere, ***free-pass*** **per la palestra, sessioni di yoga gratuite**... Benvenuti nella due giorni di **World Wellness Weekend**, la celebrazione mondiale del benessere, in programma **il 18 e il 19 settembre 2021.**

Quest'anno l'**agenda di appuntamenti gratuiti dell'evento è ricchissima**. Vi permetterà di fare nuove scoperte nel mondo del wellness. Con nuove esperienze che vi avvicineranno a sport e attività che conoscete già o avete sempre sognato di praticare.

PRENOTAMI

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ITALY

15 July 2021

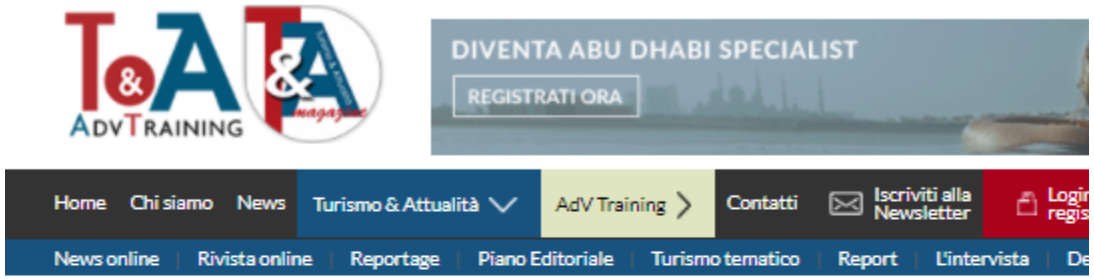
http://www.gist.it/world-wellness-weekend-italia/



ITALY

16 July 2021

https://www.advtraining.it/news/76025-a-settembre-il-world-wellness-weekend



A settembre il World Wellness Weekend

16 Luglio 2021 |

World Wellness Weekend

Il 18 e 19 settembre torna il World Wellness Weekend con più di 130 paesi e oltre 950 città. Tra le novità della quinta edizione, la squadra degli sponsor da il benvenuto alla Val di Fiemme, il primo territorio delTrentino Alto Adige a prendere parte in maniera attiva e decisa al progetto con un programma che punta a coinvolgere l'intera vallata, dai professionisti del settore turistico alle imprese locali, con un'ampia gamma di esperienze pensate per chi desidera avvicinarsi alla natura. Vera e propria culla del benessere abbracciata dalle Dolomiti e dalla Foresta dei Violini, la valle si unisce a grandi eccellenze italiane già note nella cornice del World Wellness Weekend, come il produttore di soluzioni per Spa e centri benessere Lemi, il brand di phytocosmetica professionale Vagheggi e la forlivese bbspa&partners, realtà specializzata in servizi di consulenza a 360° per il settore Wellness & Spa. Cresce anche l'impegno del team degli Ambasciatori locali, capitanato da Régis Boudon-Doris e attivo per la promozione di un life-style positivo e consapevole e la valorizzazione dei territori di riferimento. Cinzia Galletto, Ambasciatrice per Regionale per Liguria e Piemonte, ha coinvolto la City of Wellness Alassio – localitàdi mare famosa per il suo muretto – e la Beach of Wellness Capo Mele Beach – uno dei lidi più anticonvenzionali, conil suo Museo in spiaggia - per la Liguria, e il Village for Wellness Borgo Gran Madre Lifestyle – uno dei quartieri più prestigiosi e rinomati di Torino –, per il Piemonte.

ITALY

https://www.turismodelbenessere.com/world-wellness-weekend-gli-appuntamenti-in-italia/?fbclid=IwAR0FzJh5uheg_jYW7_bEpbLzzpR9oYVPjwU8CIGIyH_f_FwtyOrJuCWFez4



Turismo del Benessere

HOME LE SPA TRATTAMENTI REPORTAGE SPA IN PIEMONTE SPA IN SLOVENIA LIBRI RICETTE SANE

WORLD WELLNESS WEEKEND realizza il sogno di John Lennon

18 19 settembre il mondo si dà appuntamento nel segno del benessere

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Le parole memorabili di una delle più celebri canzoni della nostra storia musicale stanno per

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ITALY

https://www.italiachiamaitalia.it/personaggi-della-rd-flavio-acuna-lo-sciamano-di-bavaro-foto/?fbclid=IwAR22q-pUSoZssJSlznTGEKg06Gj9P2mA1MwIt3nzAjXwGO6f5ev7ZYC2QbQ



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PERSONAGGI DELLA RD | Flavio Acuña, lo sciamano di Bavaro [FOTO]

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di **Graziella Carrera** - martedì 03 Agosto 2021

J'aime 44

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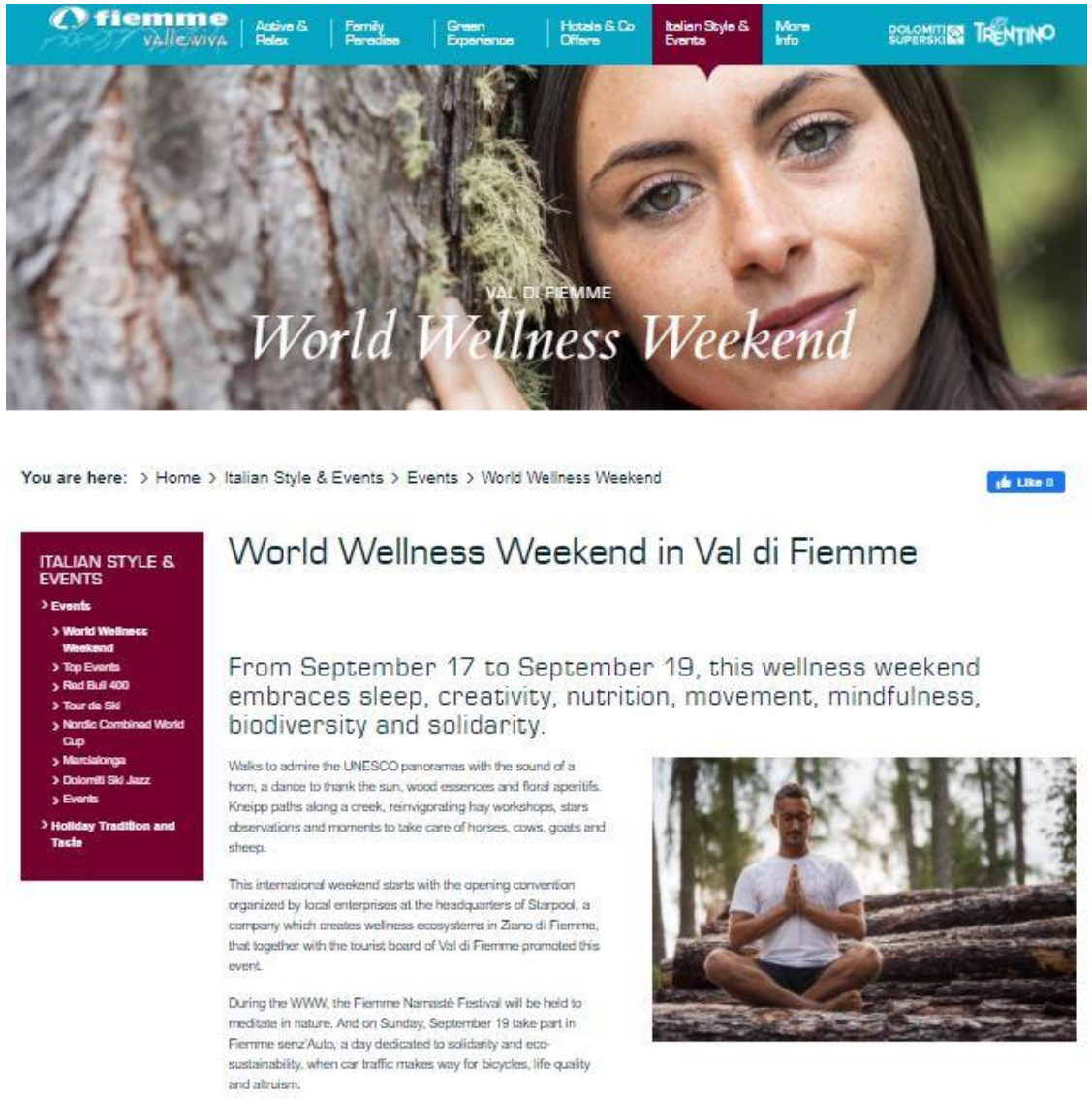
ITALY

https://www.turismodelbenessere.com/i-protagonisti-italiani-del-world-wellness-weekend/?fbclid=IwAR3t4Ecglu8f67XHy3OcxwduFLDXpYdBnOOTczPyR7qJzpqaLFNQD1NytlM



ITALY

https://www.visitfiemme.it/en/italian-style-and-events/events/World-Wellness-Weekend



ITALY

https://www.starpool.com/en/blog/starpool-and-the-fiemme-valley-participate-in-the-world-wellness-weekend

STARPOOL

@WORLD WELLNESS WEEKEND 2021

This year too, Starpool will participate in the **World Wellness Weekend**, international event that will be held simultaneously in over 120 countries from the 17th to the 19th September.

The Fiemme Valley at the World Wellness Weekend

Starpool has promoted this event for several years and, this year, has extended the invitation to the whole **Fiemme Valley**, which accepted with pride, **becoming the "Valley of wellness" for the next three years**.

This valley is the ideal place to create a synergy between man and nature, a value that is shared by all the participants in the World Wellness Weekend. The idea of creating **a "wellness community"** has been developed with the aim to make wellness more easily accessible to everyone, and not just a luxury for a few people. Wellness can and should involve tourists and residents, through the **five pillars of the World Wellness Weekend**: sleep and recovery, nutrition and balance, vitality and movement, peace and consciousness, purpose and solidarity.



A natural amphitheater displaying wellness in all its forms and the place of origin of the best violins in the world, the Fiemme Valley is the quintessence of harmony. The trees here are physical and mental oxygen for everyone. Ours is the land of wellness, the best possible background scene for this event that **Starpool is proud to share with the whole Fiemme Valley**.

The agenda

#StayTuned to discover the events organized by Starpool and the Tourism Agency of the Fiemme Valley from September 17th to 19th.

ITALY

https://wanderlust.com/it/partners/world-wellness-weekend/



ITALY

02 August 2021

https://lulop.com/it_IT/post/show/217501/world-wellness-weekend-2021-ap.html



ITALY

03 August 2021

https://www.colorami.space/2021/08/03/world-wellness-weekend-due-giorni-free-pass-benessere/



ITALY

03 August 2021

https://www.econote.it/2021/08/03/world-wellness-weekend-2021-dal-17-al-19-settembre-la-val-di-fiemme-protagonista/



ITALY

14 August 2021

https://www.italiaatavola.net/check-in/locali-turismo/viaggi-itinerari/2021/8/14/autunno-tra-natura-sport-relax-in-val-di-fiemme/79209/

Italia a Tavola

CHECK-IN
Quotidiano di enogastronomia, turismo, ristorazione e accoglienza
Sabato 21 Agosto 2021 | aggiornato alle 13:28 | 77337 articoli in archivio

PENTOLE AGNELLI
PROFESSIONAL COOKWARE
MADE IN ITALY

#NONTOCCATEMILAPADELLA

Digital Marketing Turismo
I libri per gli operatori del turismo che vogliono acquisire competenze di digital marketing.
SCOPRI LA COLLANA HOEPLI

gallina cotti in vescica, fonduta di Parmigiano Reggiano di 12 anni e finta bottarga di culatello 10:30 È pronto, a tavola!

FUGA NELLA NATURA

HOME » LOCALI e TURISMO » VIAGGI e ITINERARI

Un autunno tra natura, sport e relax in Val di Fiemme

Escursioni, biciclettate e momenti da dedicare alla cura di sé, ma anche prodotti tipici, cene gourmet e occasioni culturali: i colori più caldi dell'anno ti aspettano in Val di Fiemme

14 agosto 2021 | 05:00

In sella a un'e-bike o camminando senza fretta, **la Val di Fiemme si prepara per l'autunno**. Un tuffo nel giallo oro fra boschi di larici, cervi in amore, vistosi finferli e cascate di miele sui formaggi di malga. In autunno tutte queste attività proseguono nella natura della valle, grazie alla **Fiemme Guest Card**.



ITALY

21 August 2021

https://www.shmag.it/sardegna/alghero/21_08_2021/world-wellness-weekend-il-18-e-19-settembre-ad-alghero-due-giornate-dedicate-al-benessere-e-al-fitness/

SHMAGAZINE



World Wellness Weekend, il 18 e 19 settembre ad Alghero due giornate dedicate al benessere e al fitness

L'avviso esplorativo per gli operatori del settore, domande entro le ore 14:00 del 25 agosto 2021

di Redazione — 21 Agosto 2021 in Alghero 1 MINUTO DI LETTURA 56 1



ITALY

23 August 2021

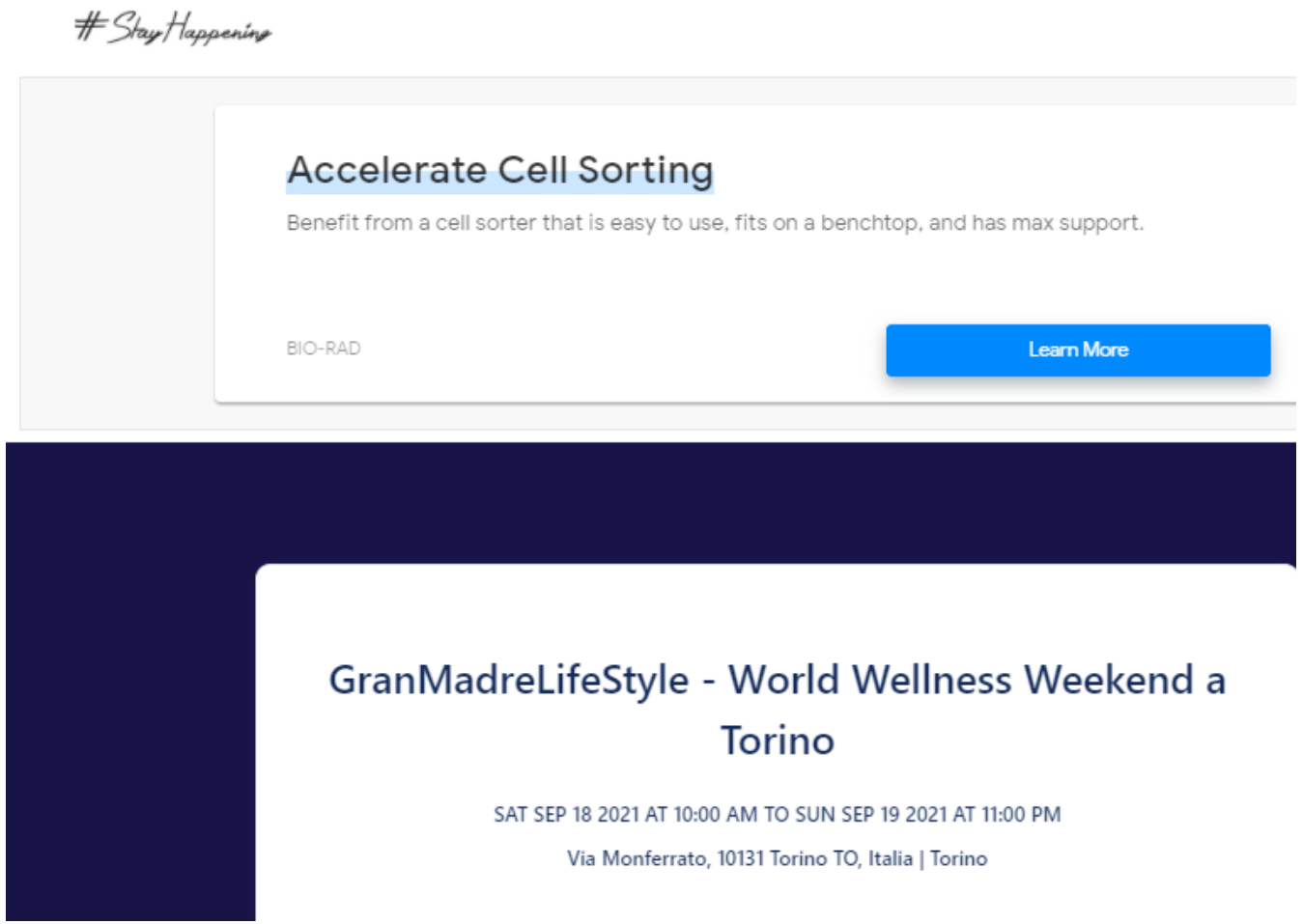
http://algherolive.it/2021/08/21/ad-alghero-world-wellness-weekend-avviso-esplorativo-per-operatori-del-settore/?utm_source=rss&utm_medium=rss&utm_campaign=ad-alghero-world-wellness-weekend-avviso-esplorativo-per-operatori-del-settore



ITALY

23 August 2021

https://stayhappening.com/e/granmadrelifestyle-world-wellness-weekend-a-torino-E2ISTVCPW01



Italy News Observer

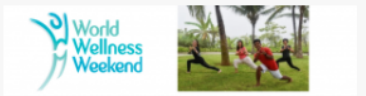
23 August 2021

https://www.italynewsobserver.com/article/549530828-world-wellness-weekend-announces-its-5th-edition-taking-place-in-september-2021

WORLD WELLNESS WEEKEND ANNOUNCES ITS 5TH EDITION TAKING PLACE IN SEPTEMBER 2021

August 23, 2021

18 - 19 September 2021 - See a world connected by wellness, from sunrise in Fiji until sunrise in Hawaii, in person and online



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Italy News Digest

23 August 2021

https://www.italynewsdigest.com/article/549530828-world-wellness-weekend-announces-its-5th-edition-taking-place-in-september-2021

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Italy News Examiner

23 August 2021

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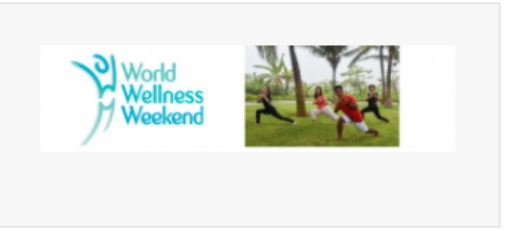

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Breaking News From Italy

23 August 2021

https://www.breakingnewsfromitaly.com/article/549530828-world-wellness-weekend-announces-its-5th-edition-taking-place-in-september-2021

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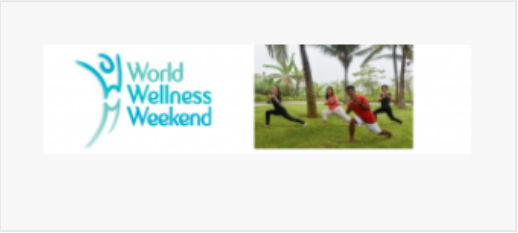

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News Channel Italy

23 August 2021

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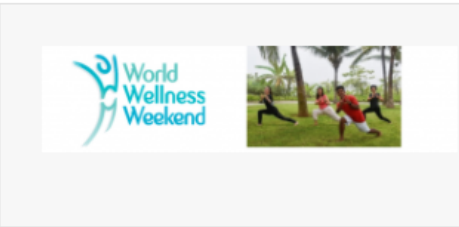

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Italy From Europe

23 August 2021

https://www.newsfromeurope.com/article/549530828-world-wellness-weekend-announces-its-5th-edition-taking-place-in-september-2021

NEWS FROM EUROPE!

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Italy News Network

23 August 2021

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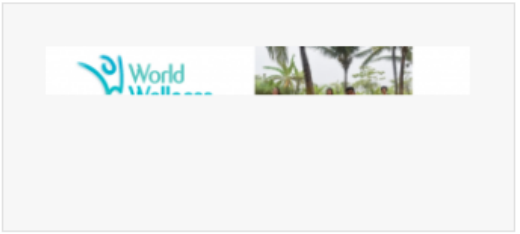

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www.italynewsnetwork.com

The Herald of Italy

23 August 2021

https://www.theheraldofitaly.com/article/549530828-world-wellness-weekend-announces-its-5th-edition-taking-place-in-september-2021

THE HERALD OF ITALY

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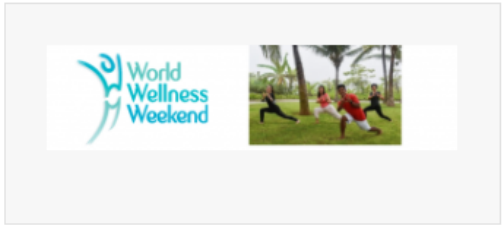

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Ciao Lifestyle

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https://www.ciaolifestyle.com/article/549530828-world-wellness-weekend-announces-its-5th-edition-taking-place-in-september-2021

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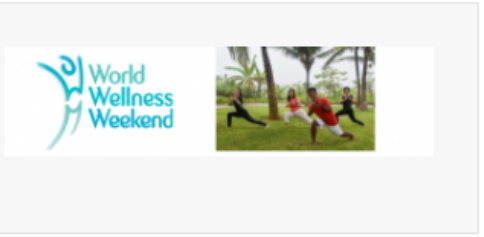

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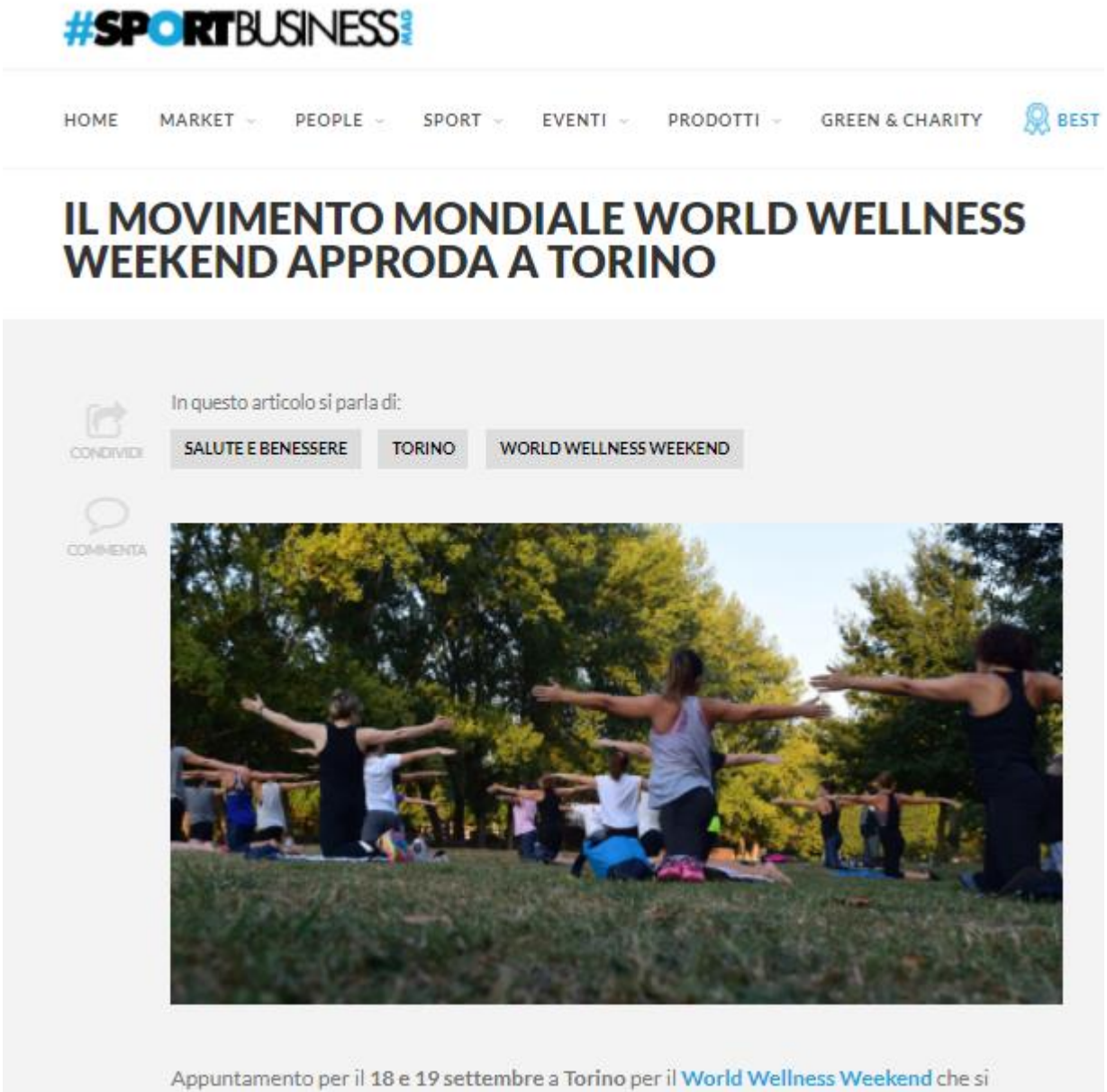
ITALY

24 August 2021

https://sportbusinessmag.sport-press.it/2021/08/24/il-movimento-mondiale-world-wellness-weekend-approda-a-torino/



#SPORTBUSINESS MAG

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IL MOVIMENTO MONDIALE WORLD WELLNESS WEEKEND APPRODA A TORINO

CONDIVIDI

COMMENTA

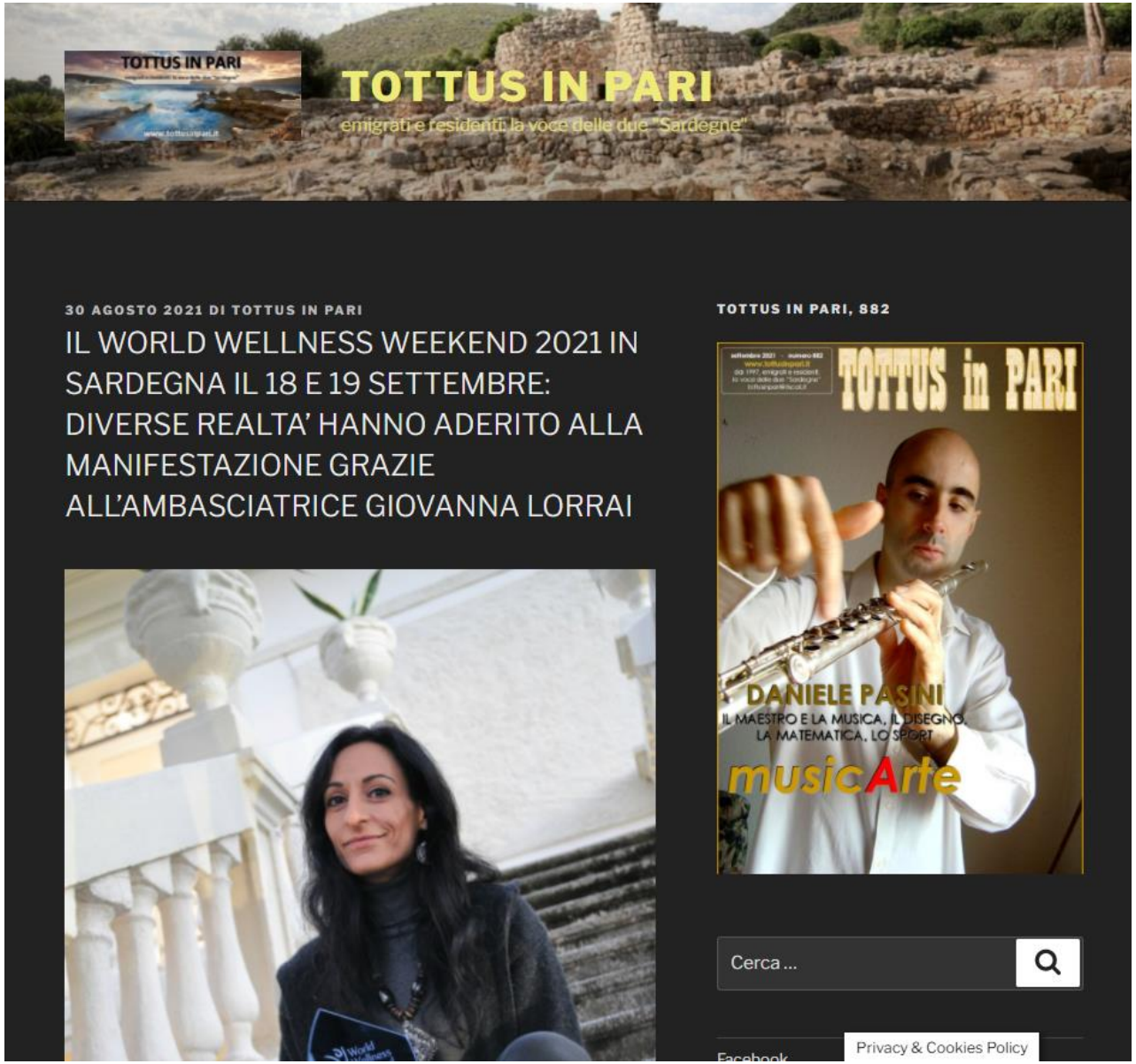
In questo articolo si parla di:

SALUTE E BENESSERE TORINO WORLD WELLNESS WEEKEND

Appuntamento per il 18 e 19 settembre a Torino per il World Wellness Weekend che si

30 August 2021

http://www.tottusinpari.it/2021/08/30/il-world-wellness-weekend-2021-in-sardegna-il-18-e-19-settembre-diverse-realta-hanno-aderito-alla-manifestazione-grazie-allambasciatrie-giovanna-lorrai/



ITALY

September 2021

http://www.liguria24.it/2021/09/11/alassio-city-of-wellness-a-settembre-un-weekend-dedicato-al-benessere/283214/



Liguria24.it

ALTRE NEWS

CONDIVIDI SU FACEBOOK 0

Alassio "City of Wellness", a settembre un weekend dedicato al benessere

di Redazione IVG - 11 Settembre 2021 - 18:27 Commenta Stampa

Alassio. Il 18 e il 19 settembre un calendario all'insegna del benessere per il World Wellness Weekend. Yoga, marcia acquatica, passeggiate storico naturalistiche, anche un concerto al sorgere del sole, percorsi di

ITALY

September 2021

TV report - Sicily

https://www.youtube.com/watch?v=cTudf22_S-k



ITALY

September 2021

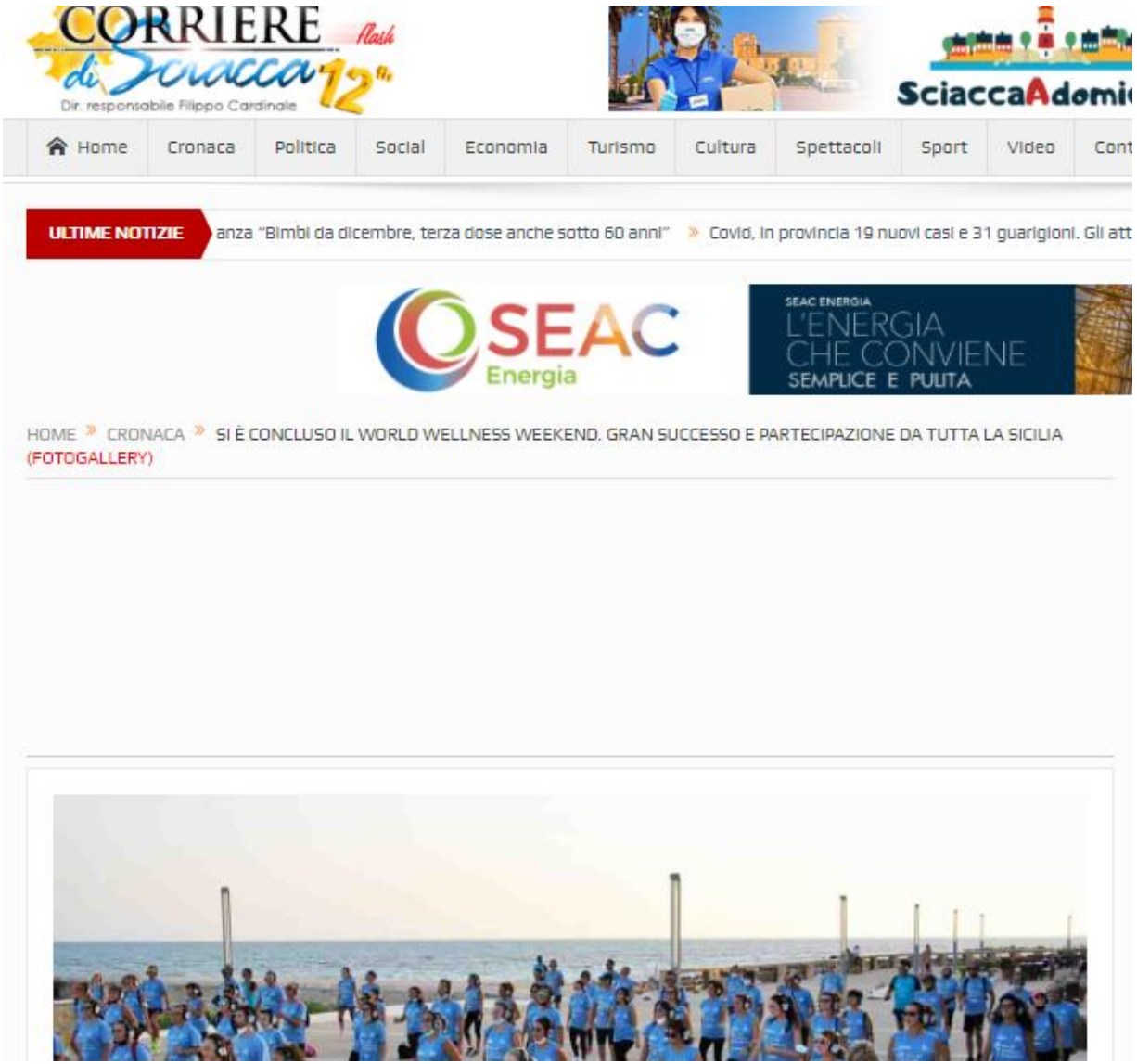
https://www.ecodisavona.it/2021/09/22/successo-in-liguria-ad-alassio-con-yoga-e-world-wellness-weekend/



ITALY

September 2021

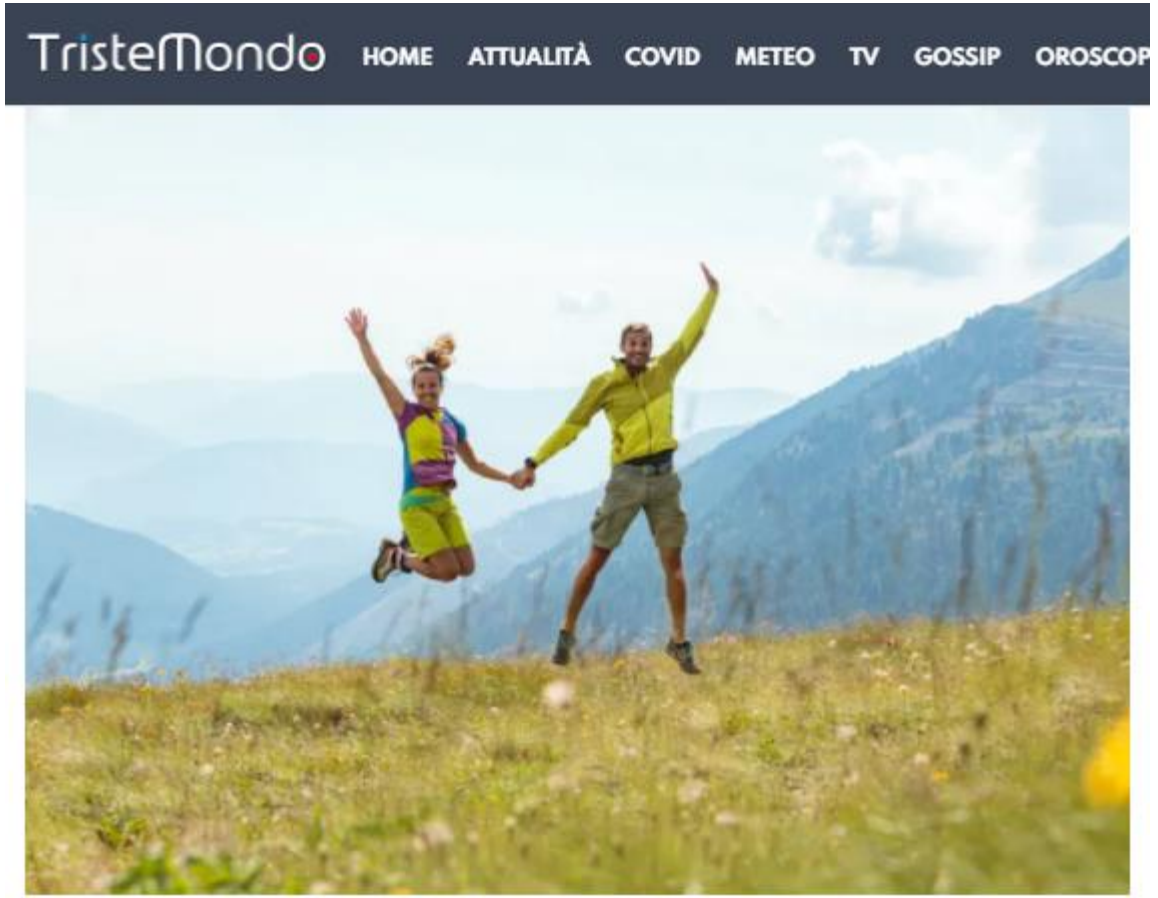
https://www.corrieredisciacca.it/si-e-concluso-il-world-wellness-weekend-gran-successo-e-partecipazione-da-tutta-la-sicilia-fotogallery/



ITALY

September 2021

https://tristemondo.it/world-wellness-weekend-la-val-di-fiemme-diventa-culla-del-benessere-cosa-fare-dal-17-al-19-settembre/



ITALY

September 2021

https://www.italiaatavola.net/check-in/locali-turismo/viaggi-itinerari/2021/9/22/val-di-fiemme-spa-a-cielo-aperto-dove-sostenibilita-di-casa/80079/



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Quotidiano di enogastronomia, turismo, ristorazione e accoglienza
Domenica 07 Novembre 2021 | aggiornato alle 17:59 | 79282 articoli in archivio

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iKitchen. La cucina del futuro è già qui. Per info: rational-online.com

30 Inverno in Carinzia: ecco 11 buoni motivi per andarci 15:30 Il Natale è più dolce con le specialità di Solbiati 14:30 Il N

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Val di Fiemme, spa a cielo aperto dove la sostenibilità è di casa

La Val di Fiemme è una delle principali valli dolomitiche del Trentino, che vanta boschi curati in modo rispettoso da secoli. Una zona che ha 60 milioni di alberi, la maggior parte di abete rosso

di Emanuela T. Cavalca

22 settembre 2021 | 10:18

ITALY

September 2021

https://www.ecodipavia.it/2021/09/22/yoga-e-world-wellness-weekend-relax-ed-emozioni-in-spiaggia-a-laigueglia/



ITALY

September 2021

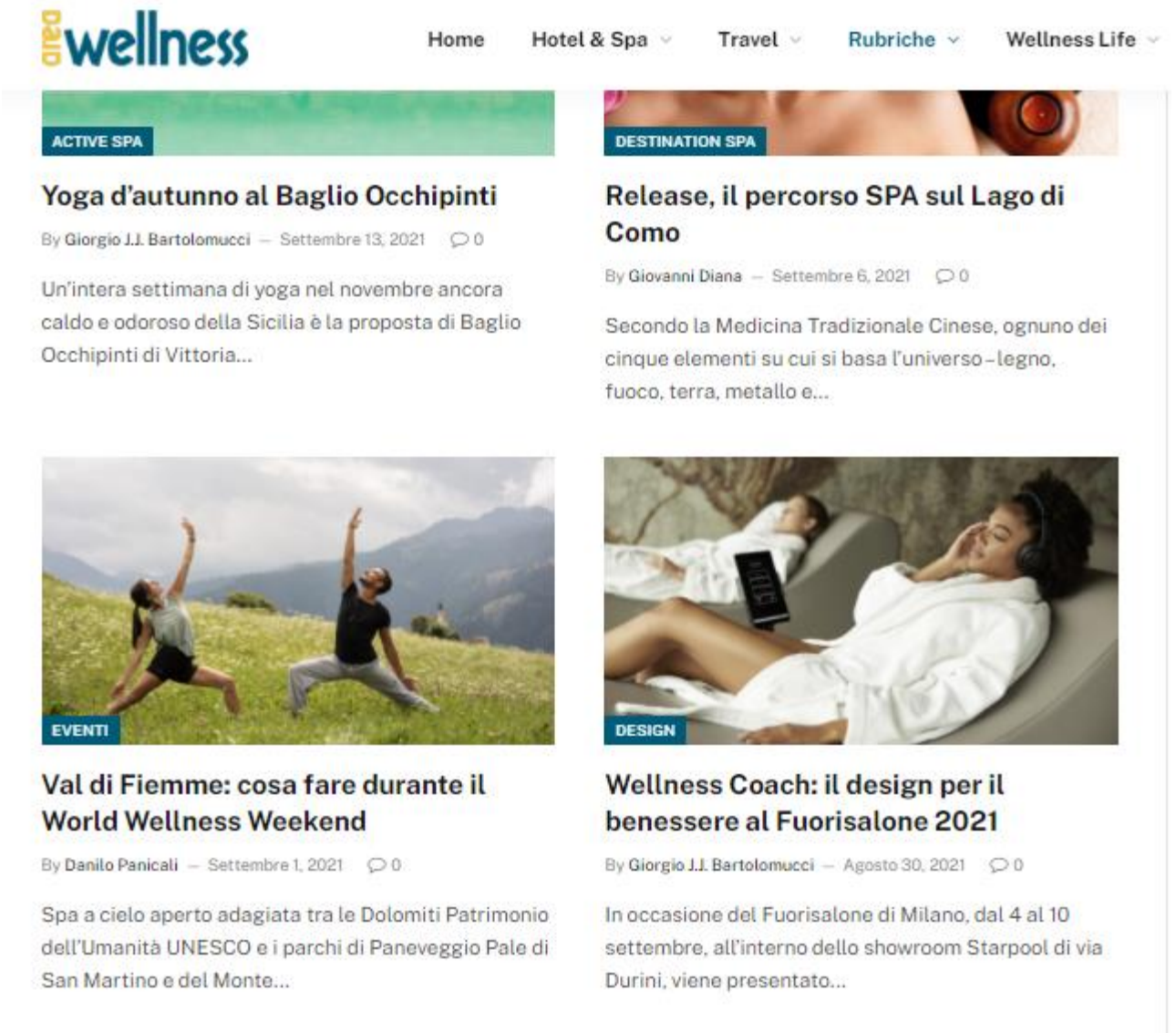
https://www.radiowellness.it/world-wellness-weekend-2021/



ITALY

September 2021

http://areawellness.eu/category/rubriche



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September 2021

https://www.internimagazine.it/approfondimenti/inchieste/val-di-fiemme-benessere/



ITALY

September 2021

https://www.alassionews.it/2021/09/alassio-citta-del-wellness-fine-settimana-con-numeri-agostani/



ALASSIO News

NOTIZIE

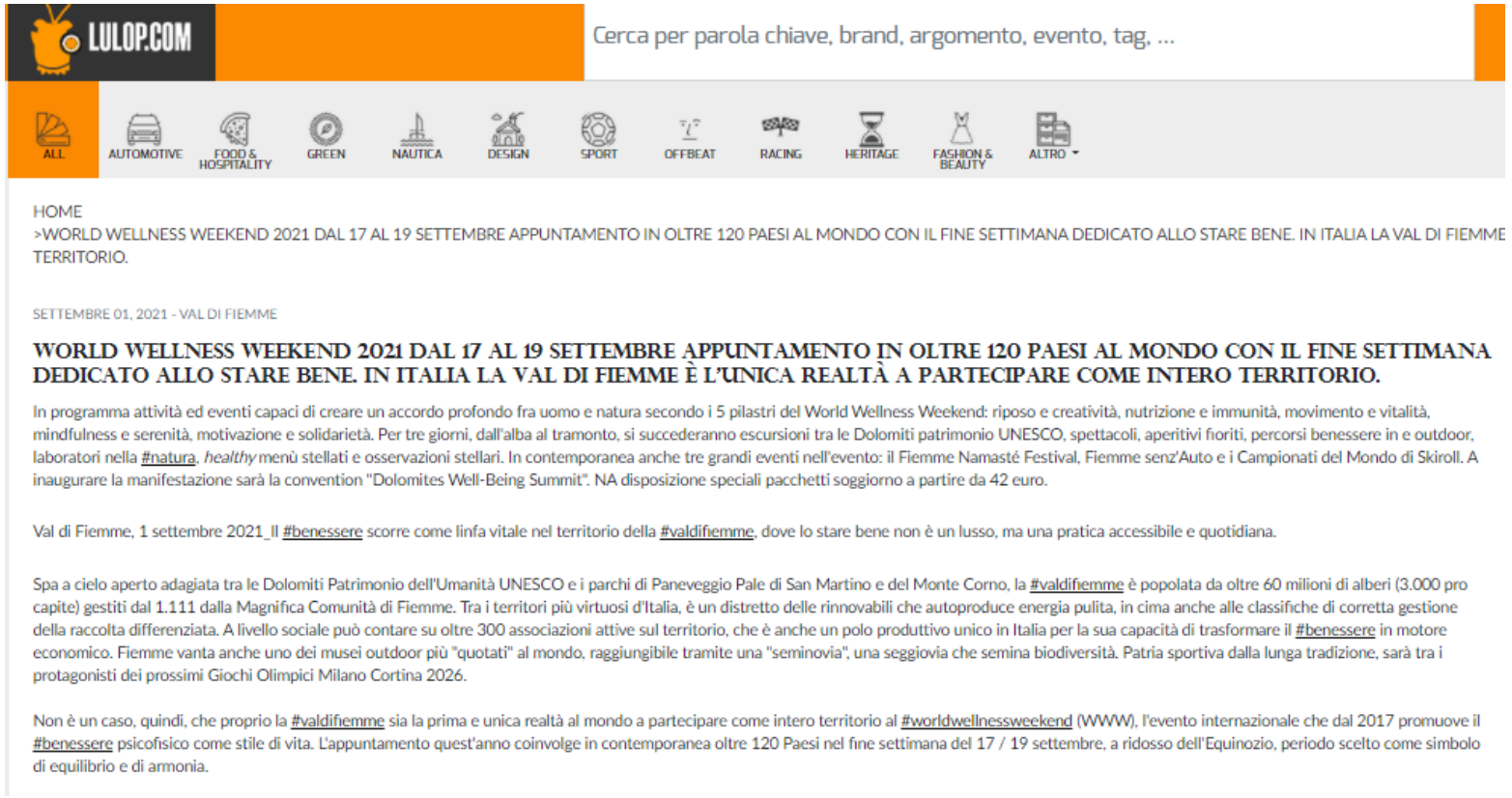
Alassio Città del Wellness: fine settimana con numeri agostani

Un week end che ha saputo toccare corde emozionali: il World Wellness Weekend che l'Amministrazione Comunale di Alassio, in collaborazione con Gesco, Marina di Alassio, Cnam Alassio, Alassio Wave Walking e Essere Yoga e Benessere, ha organizzato per il fine settimana appena concluso, è stato la conferma che la Città del

ITALY

01 September 2021

https://lulop.com/it_IT/post/show/219391/world-wellness-weekend-2021-da.html



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HOME

>WORLD WELLNESS WEEKEND 2021 DAL 17 AL 19 SETTEMBRE APPUNTAMENTO IN OLTRE 120 PAESI AL MONDO CON IL FINE SETTIMANA DEDICATO ALLO STARE BENE. IN ITALIA LA VAL DI FIEMME TERRITORIO.

SETTEMBRE 01, 2021 - VAL DI FIEMME

WORLD WELLNESS WEEKEND 2021 DAL 17 AL 19 SETTEMBRE APPUNTAMENTO IN OLTRE 120 PAESI AL MONDO CON IL FINE SETTIMANA DEDICATO ALLO STARE BENE. IN ITALIA LA VAL DI FIEMME È L'UNICA REALTÀ A PARTECIPARE COME INTERO TERRITORIO.

In programma attività ed eventi capaci di creare un accordo profondo fra uomo e natura secondo i 5 pilastri del World Wellness Weekend: riposo e creatività, nutrizione e immunità, movimento e vitalità, mindfulness e serenità, motivazione e solidarietà. Per tre giorni, dall'alba al tramonto, si succederanno escursioni tra le Dolomiti patrimonio UNESCO, spettacoli, aperitivi fioriti, percorsi benessere in e outdoor, laboratori nella #natura, *healthy* menù stellati e osservazioni stellari. In contemporanea anche tre grandi eventi nell'evento: il Fiemme Namasté Festival, Fiemme senz'Auto e i Campionati del Mondo di Skiroll. A inaugurare la manifestazione sarà la convention "Dolomites Well-Being Summit". NA disposizione speciali pacchetti soggiorno a partire da 42 euro.

Val di Fiemme, 1 settembre 2021_Il #benessere scorre come linfa vitale nel territorio della #valdifiemme, dove lo stare bene non è un lusso, ma una pratica accessibile e quotidiana.

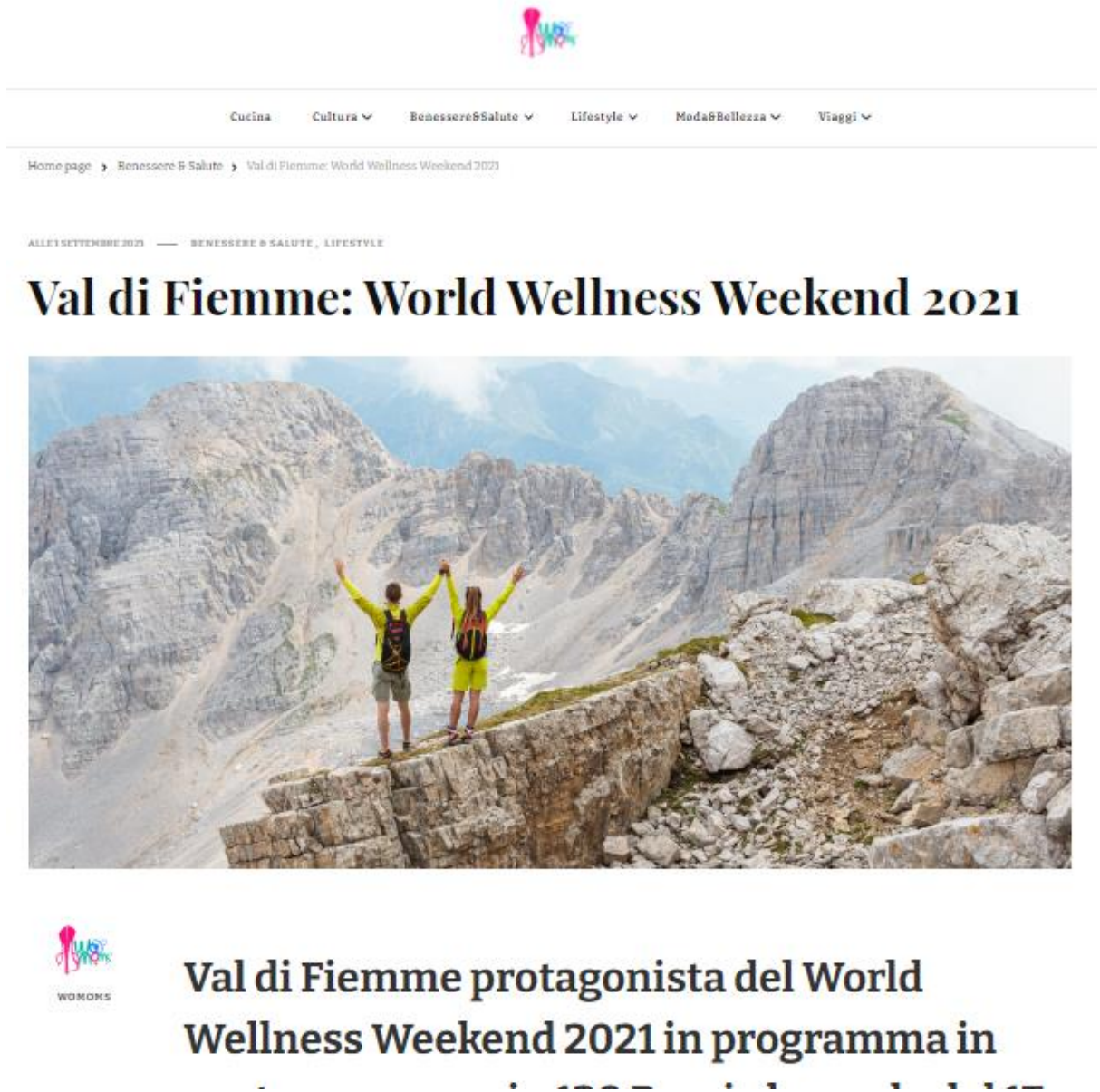
Spa a cielo aperto adagiata tra le Dolomiti Patrimonio dell'Umanità UNESCO e i parchi di Paneveggio Pale di San Martino e del Monte Corno, la #valdifiemme è popolata da oltre 60 milioni di alberi (3.000 pro capite) gestiti dal 1.111 dalla Magnifica Comunità di Fiemme. Tra i territori più virtuosi d'Italia, è un distretto delle rinnovabili che autoproduce energia pulita, in cima anche alle classifiche di corretta gestione della raccolta differenziata. A livello sociale può contare su oltre 300 associazioni attive sul territorio, che è anche un polo produttivo unico in Italia per la sua capacità di trasformare il #benessere in motore economico. Fiemme vanta anche uno dei musei outdoor più "quotati" al mondo, raggiungibile tramite una "seminovia", una seggiovia che semina biodiversità. Patria sportiva dalla lunga tradizione, sarà tra i protagonisti dei prossimi Giochi Olimpici Milano Cortina 2026.

Non è un caso, quindi, che proprio la #valdifiemme sia la prima e unica realtà al mondo a partecipare come intero territorio al #worldwellnessweekend (WWW), l'evento internazionale che dal 2017 promuove il #benessere psicofisico come stile di vita. L'appuntamento quest'anno coinvolge in contemporanea oltre 120 Paesi nel fine settimana del 17 / 19 settembre, a ridosso dell'Equinozio, periodo scelto come simbolo di equilibrio e di armonia.

ITALY

01 September 2021

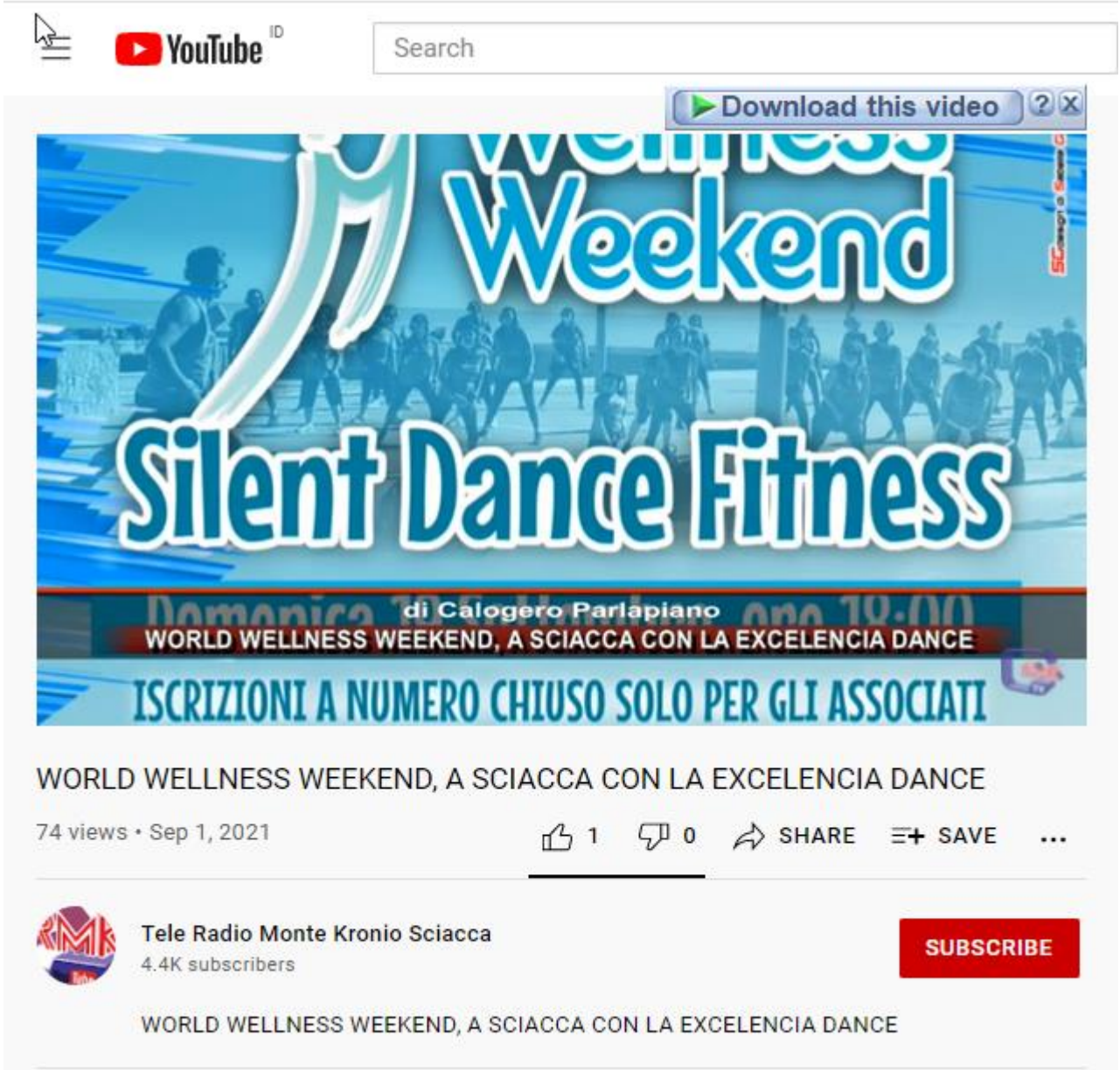
https://womoms.com/val-di-fiemme-world-wellness-weekend-2021/



Sicily

01 September 2021

https://www.youtube.com/watch?v=awMiefgND3I



ITALY

01 September 2021

TV report - Sicily

https://www.telemontekronio.it/index.php/sports/item/14905-world-wellness-weekend-a-sciacca-con-la-excelencia-dance



Italy

1 September 2021

Travel and Spa Magazine

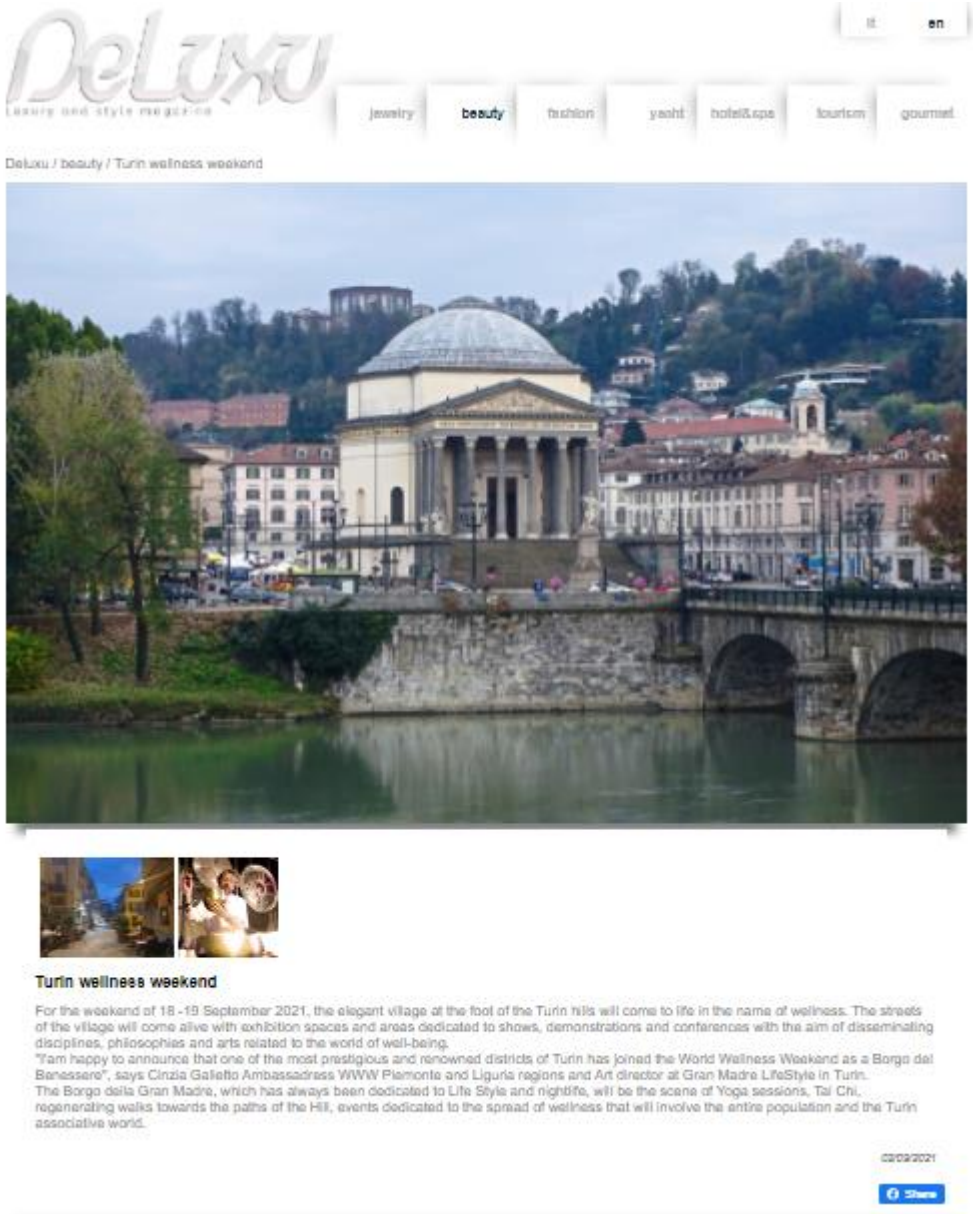
https://travelandspa.it/world-wellness-weekend-val-di-fiemme/



ITALY

02 September 2021

https://www.deluxu.it/en/beauty/743/benessere-a-torino



Deluxu

Luxury and style magazine

it en

jewelry beauty fashion yacht hotel&spa tourism gourmet

Deluxu / beauty / Turin wellness weekend

Turin wellness weekend

For the weekend of 18 -19 September 2021, the elegant village at the foot of the Turin hills will come to life in the name of wellness. The streets of the village will come alive with exhibition spaces and areas dedicated to shows, demonstrations and conferences with the aim of disseminating disciplines, philosophies and arts related to the world of well-being.
"I am happy to announce that one of the most prestigious and renowned districts of Turin has joined the World Wellness Weekend as a Borgo del Benessere", says Cinzia Gallotto Ambassadress WWW Piemonte and Liguria regions and Art director at Gran Madre LifeStyle in Turin.
The Borgo della Gran Madre, which has always been dedicated to Life Style and nightlife, will be the scene of Yoga sessions, Tai Chi, regenerating walks towards the paths of the Hill, events dedicated to the spread of wellness that will involve the entire population and the Turin associative world.

02/09/2021

Share

Sicily

04 September 2021

https://www.risoluto.it/gli-speciali/e-la-fitness-supervisor-della-spa-piu-grande-deuropa-lambasciatrice-del-world-wellness-incarico-per-lia-vitrano-del-verdura-resort-intervista/

E' la Fitness Supervisor della Spa più grande d'Europa l'ambasciatrice del World Wellness, incarico per Lia Vitrano del Verdura Resort (Intervista)

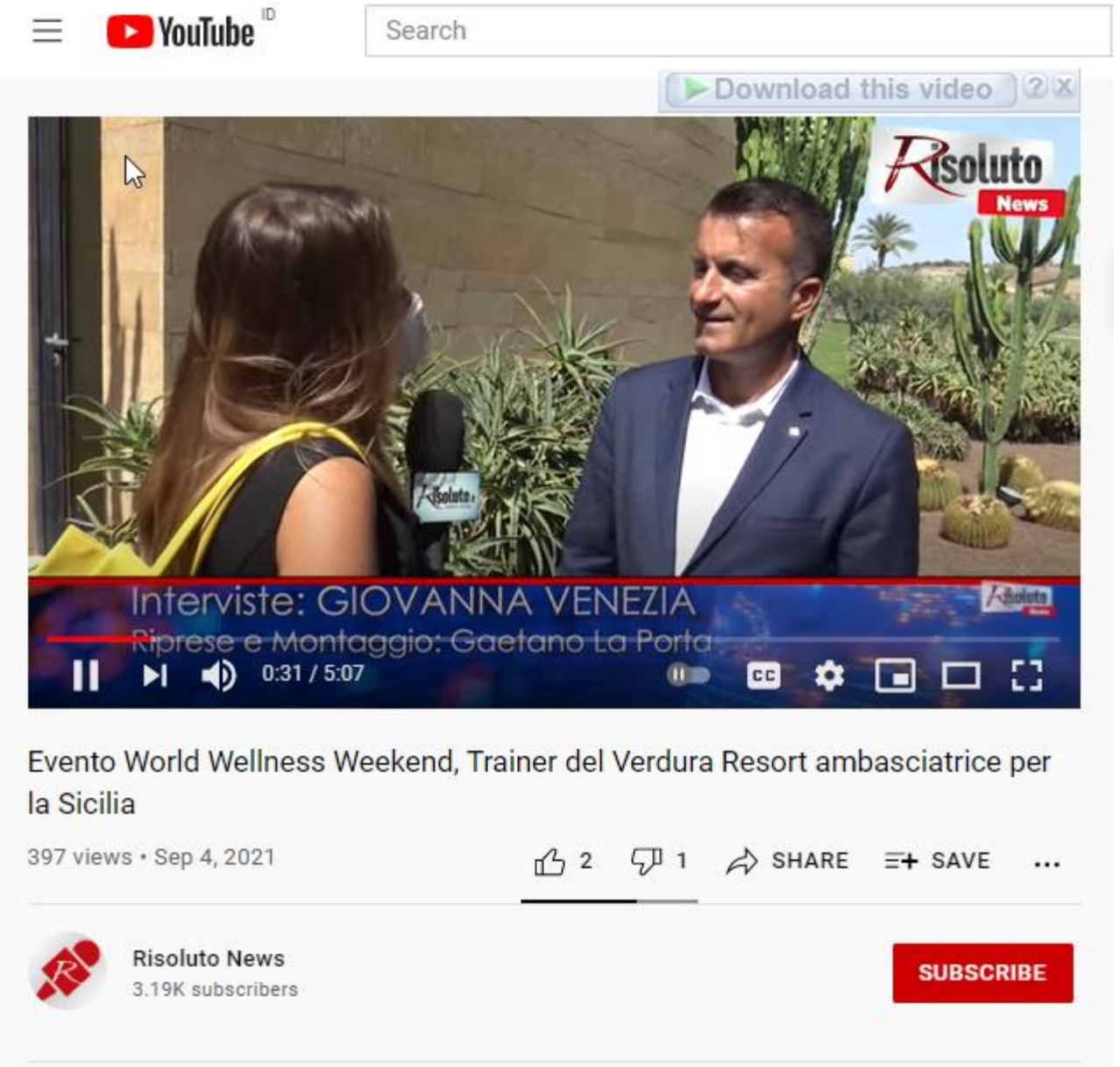
Di Risoluto Redazione - 4 Settembre, 2021 4710



Sicily

04 September 2021

https://www.youtube.com/watch?v=Jc1WVOUHVW8



ITALY

06 September 2021

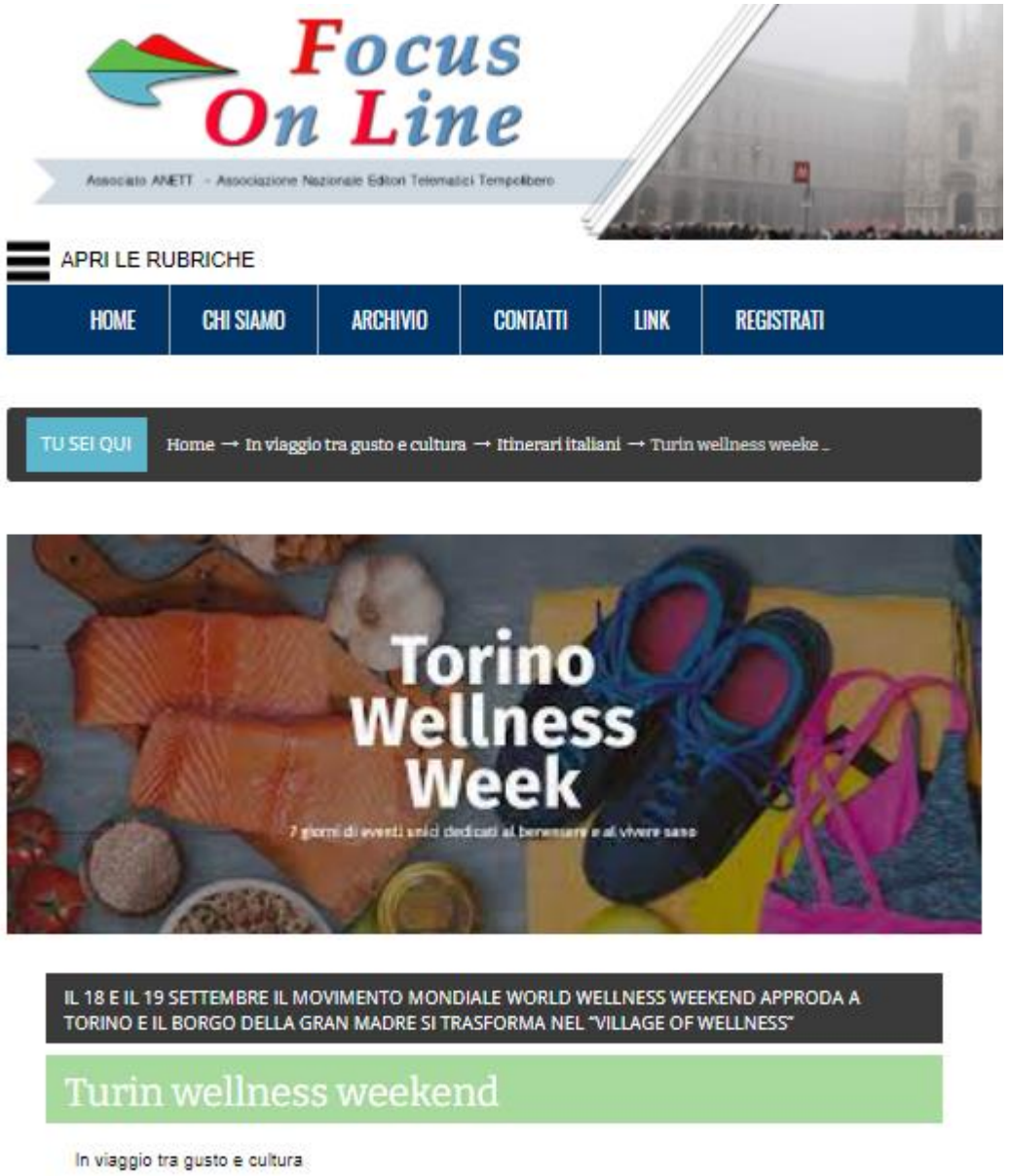
https://www.trekking.it/news/valdifiemme-world-welness-weekend/



ITALY

07 September 2021

https://www.focus-online.it/articolo.php?id=11277



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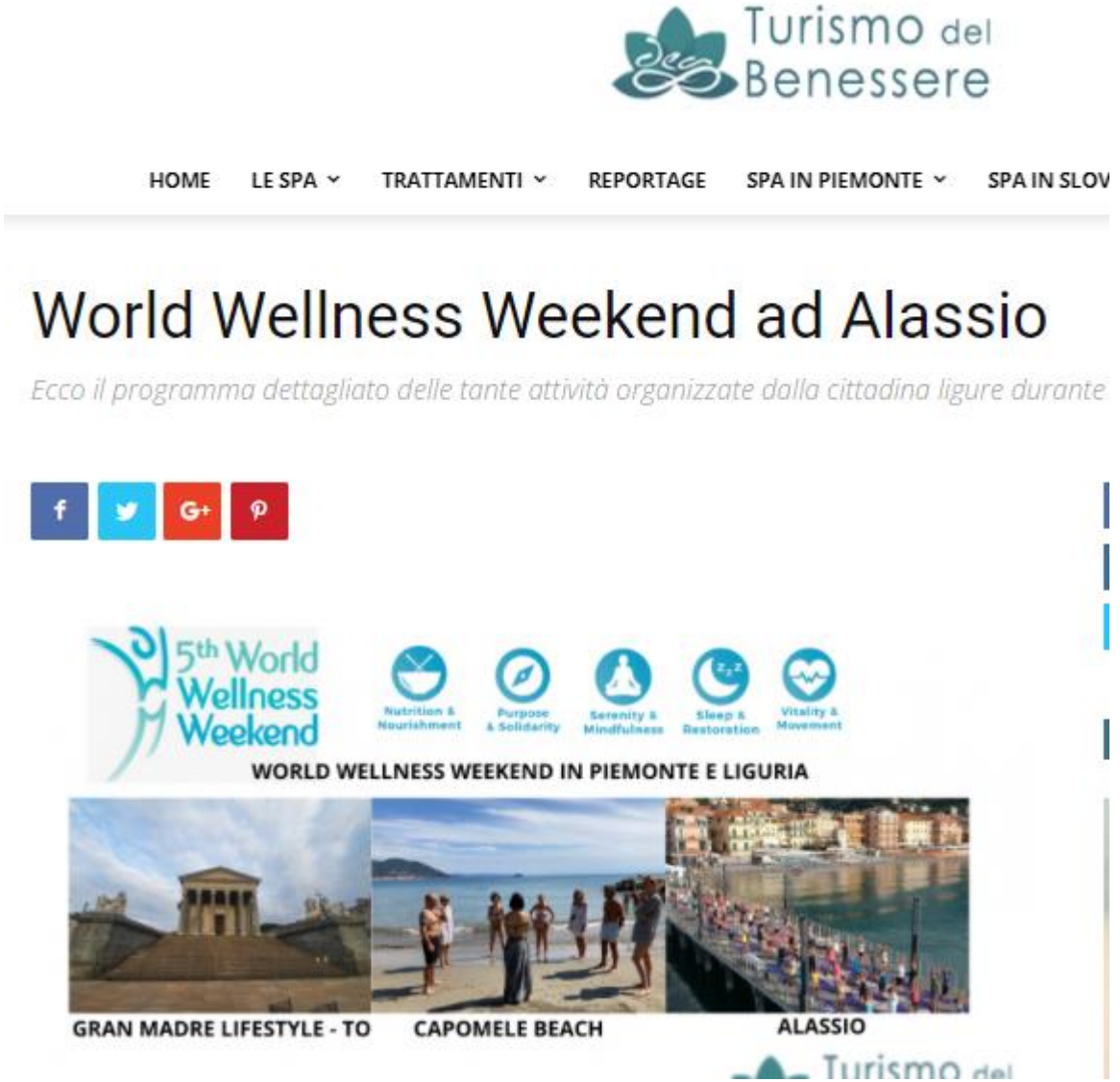
07 September 2021

https://www.turismodelbenessere.com/world-wellness-weekend-liguria/



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07 September 2021

http://www.comunicati-stampa.net/com/world-wellness-weekend-a-gran-madre-lifestyle-torino.html

COMUNICATI-STAMPA.NET

L'informazione dalla fonte ufficiale

TURISMO

Mi piace Condividi

World Wellness Weekend a GRAN MADRE LIFESTYLE - Torino

September 7 2021

Mariella Belloni
Marketing Journal

Scheda utente
Altri testi utente
RSS utente

Il 18 e il 19 settembre il movimento mondiale World Wellness Weekend approda a Torino e il Borgo della Gran Madre si trasforma nel "Village of Wellness"



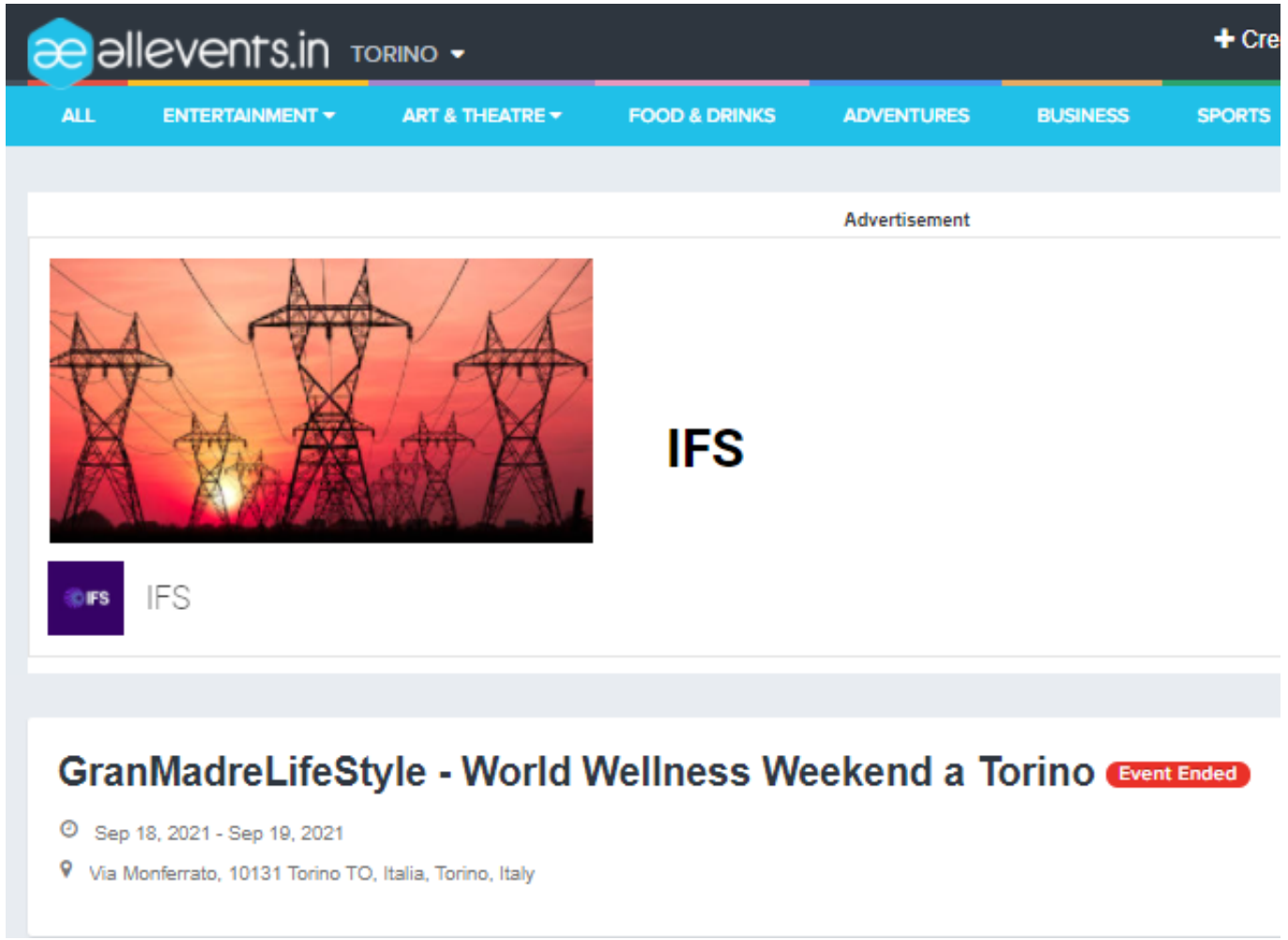
Gran Madre Life Style, ovvero uno dei quartieri più prestigiosi e rinomati di Torino ha aderito con entusiasmo al World Wellness Weekend come "Borgo del Benessere". L'incontro ha dato vita ad un evento destinato a diventare un appuntamento annuale con la città. Turin Wellness Weekend

"In qualità di Ambasciatrice del World Wellness Weekend per il Piemonte e la Liguria, sono felice di avere coinvolto uno dei quartieri più prestigiosi e rinomati di Torino in un evento mondiale dedicato al "Benessere" – dice Cinzia Galletto Direttore Artistico del Turin Wellness Weekend.
World Wellness Weekend è un movimento mondiale votato alla divulgazione della cultura del benessere. Per la quinta edizione quest'anno, oltre 130 paesi e 950 città in tutto il mondo prenderanno parte all'evento annuale che, nel fine

ITALY

07 September 2021

https://allevents.in/torino/granmadrelifestyle-world-wellness-weekend-a-torino/200021491687326



ITALY

08 SEPTEMBER 2021

https://www.visittrentino.info/en/guide/events/world-wellness-weekend-in-val-di-fiemme_e_38314072?utm_source=twitter.com&utm_medium=social_organic_worldWellnessWeekend&utm_campaign=social_organic_en



ITALY

09 SEPTEMBER 2021

https://www.turismodelbenessere.com/world-wellness-weekend-gran-madre-lifestyle/?fbclid=IwAR0Lfki4YxYW6UAa-r26T5EuBTs-WBys4v6kRtftbQeB-N5fQl8k3eWN5hA



Italy

10 September 2021

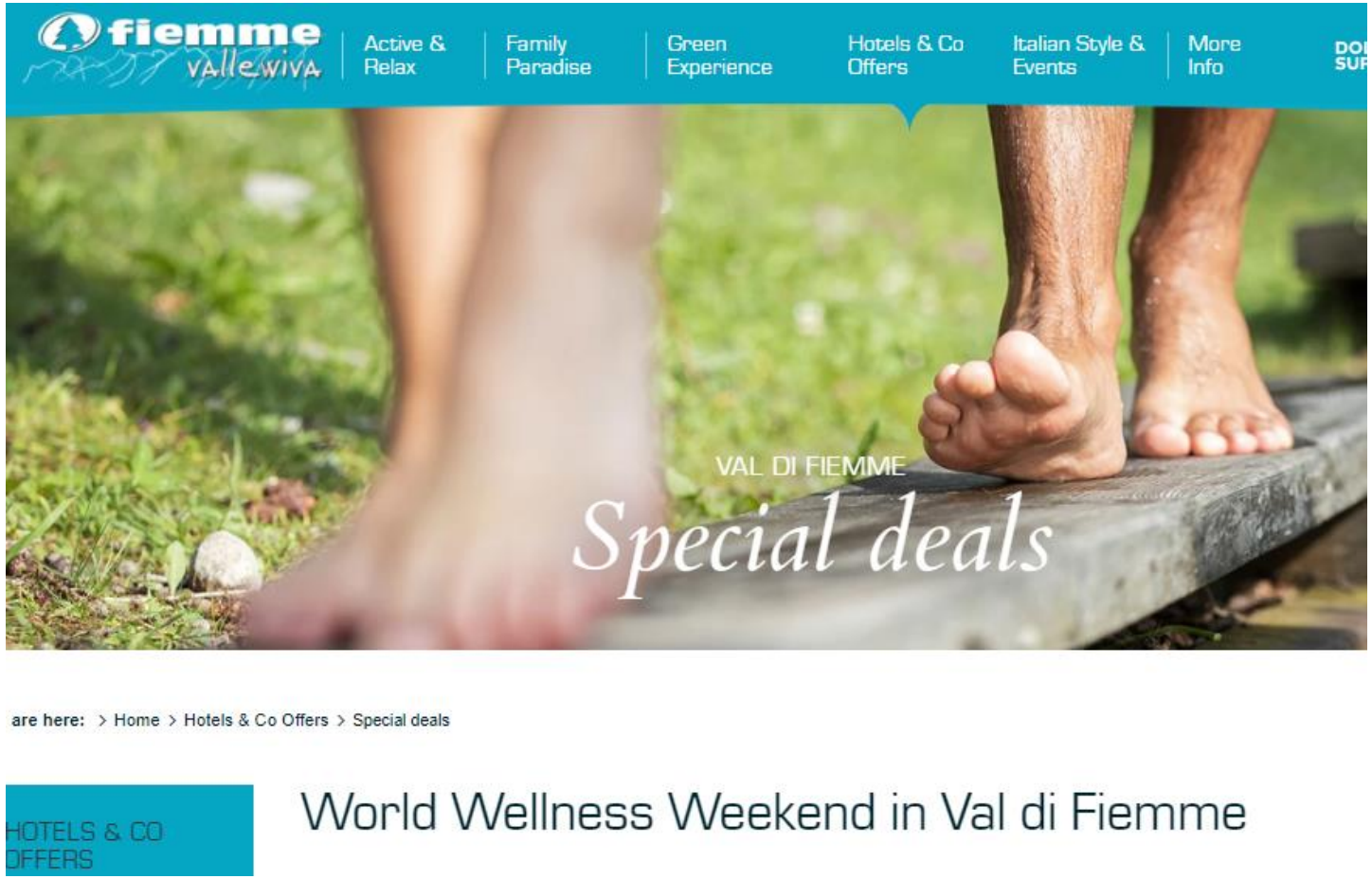
https://www.visittrentino.info/de/guide/veranstaltungen/world-wellness-weekend-pine-cembra_e_39232337



Italy

10 September 2021

https://www.visitfiemme.it/en/hotels-co-offers/offerte-World-Wellness-Weekend-en



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10 September 2021

Liguria24

http://www.liguria24.it/2021/09/11/alassio-city-of-wellness-a-settembre-un-weekend-dedicato-al-benessere/283214/



Liguria24.it

ALTRE NEWS

CONDIVIDI SU FACEBOOK 0

Alassio "City of Wellness", a settembre un weekend dedicato al benessere

di Redazione IVG - 11 Settembre 2021 - 18:27 Commenta Stampa

ITALY

10 September 2021

https://shopinthecity.it/torino/eventi/world-wellness-weekend%E2%80%A8-a-torino-due-giorni-dedicati-al-benessere/



World Wellness Weekend 1 SEP: a Torino due giorni dedicati al benessere



Si tratta di un movimento mondiale: il **World Wellness Weekend** coinvolge infatti strutture e città di tutto il mondo con l'obiettivo comune di celebrare per due giorni il benessere collettivo. Corsi di yoga, attività di fitness e molto altro coinvolgeranno per la quinta edizione dell'appuntamento (nel fine settimana del 18 e 19 settembre) oltre **130 paesi e 950 città** in tutto il mondo.

Per Torino partecipa con entusiasmo al World Wellness Weekend Gran Madre Life Style, circuito di realtà commerciali e non appartenenti a uno dei quartieri più prestigiosi e

ITALY

10 September 2021

https://www.turismodelbenessere.com/world-wellness-weekend-in-liguria/



ITALY

10 September 2021

https://www.termedisaturnia.it/media/9237/cs_world-wellness-weekend_9-sett-2021.pdf

terme di SATURNIA
NATURAL DESTINATION

TERME DI SATURNIA NATURAL DESTINATION CELEBRA IL WORLD WELLNESS WEEKEND CON UN'INTERA SETTIMANA DEDICATA AL BENESSERE

Saturnia, 9 settembre 2021

Dal 18 al 26 settembre, in occasione del World Wellness Weekend (18-19 settembre) e dell'equinozio d'autunno (22 settembre), **Terme di Saturnia Natural Destination,** nel cuore della Maremma Toscana e tra le strutture termali più prestigiose d'Italia, **propone un programma di attività dedicate al benessere e alla salute, grazie ai benefici dello yoga e agli effetti rigenerativi delle acque della millenaria Sorgente Termale e dei trattamenti proposti dalla innovativa SPA & Beauty Clinic.**

Giunto alla 5a edizione, il World Wellness Weekend (WWW) è un'iniziativa mondiale – quest'anno vede coinvolti 133 paesi nel mondo – che promuove la cultura del benessere psicofisico.
5 i pilastri del benessere su cui si fonda il WWW e che gli ambasciatori condividono e si impegnano a promuovere: sonno e creatività, nutrizione e immunità, movimento e vitalità, consapevolezza e serenità, senso dello scopo e solidarietà.

ITALY

10 September 2021

https://www.clubres.com/eventi/dettaglio-eventi/veronza-world-wellness-weekend-59/



ITALY

Le News

10 September 2021

https://www.lenews.info/village-of-wellness-a-settembre-a-torino/amp/

Village of Wellness è il weekend dedicato al benessere che si terrà a Torino il 18 e il 19 settembre.

Sarà, infatti, il movimento mondiale World Wellness Weekend ad approdare in città. Il Borgo della Gran Madre si trasformerà nel Village of Wellness.

Uno dei quartieri più rinomati di Torino, la Gran Madre, conosciuto come il piccolo pantheon del capoluogo piemontese, sarà la location di un evento organizzato dal World Wellness Weekend.

Turin Wellness Weekend avrà luogo, in futuro, ogni anno. La città sarà onorata di ospitare il 'Borgo del Benessere'.

Turin Wellness Weekend e il commento di Cinzia Galletto

"*In qualità di Ambasciatrice del World Wellness Weekend per il Piemonte e la Liguria, sono felice di avere coinvolto uno dei quartieri più prestigiosi e rinomati di Torino in un evento* mondiale dedicato al 'Benessere'.

Cinzia Galletto, Direttore Artistico del **Turin Wellness Weekend** commenta in questo modo l'importante evento. World Wellness Weekend intende divulgare, a livello mondiale, la **cultura del benessere**.

Saranno 130 i paesi e 950 le città del mondo intero che prenderanno parte all'evento annuale.

Nel fine settimana del 18 e 19 settembre, attività sicure, gratuite, divertenti e significative prenderanno vita, per la quinta edizione.

ITALY

11 September 2021

https://www.ivg.it/2021/09/alassio-city-of-wellness-a-settembre-un-weekend-dedicato-al-benessere/



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11 September 2021

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CITROËN ADVISOR
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Notizie - Opinioni - Immagini

A POLITICA ATTUALITÀ EVENTI AGRICOLTURA AL DIRETTORE CURIOSITÀ SOLIDARIETÀ SANITÀ
BENGANESE LOANESE PIETRESE FINALESE ALBISOLESE VARAZZINO VAL BORMIDA REGIONE EU

Mobile Facebook Instagram Twitter

ALASSINO | 11 settembre 2021, 17:00

Alassio City of Wellness: il 18 e il 19 settembre un calendario all'insegna del benessere per il World Wellness Weekend

Yoga, marcia acquatica, passeggiate storico naturalistiche, anche un concerto al sorgere del sole, percorsi di degustazione e l'iniziativa World Clean Up Day

Alassio City of Wellness: il 18 e il 19 settembre un calendario all'insegna del benessere per il World Wellness Weekend

ITALY

12 September 2021

https://www.mondolistico.net/il-world-wellness-weekend-sbarc-a-torino/



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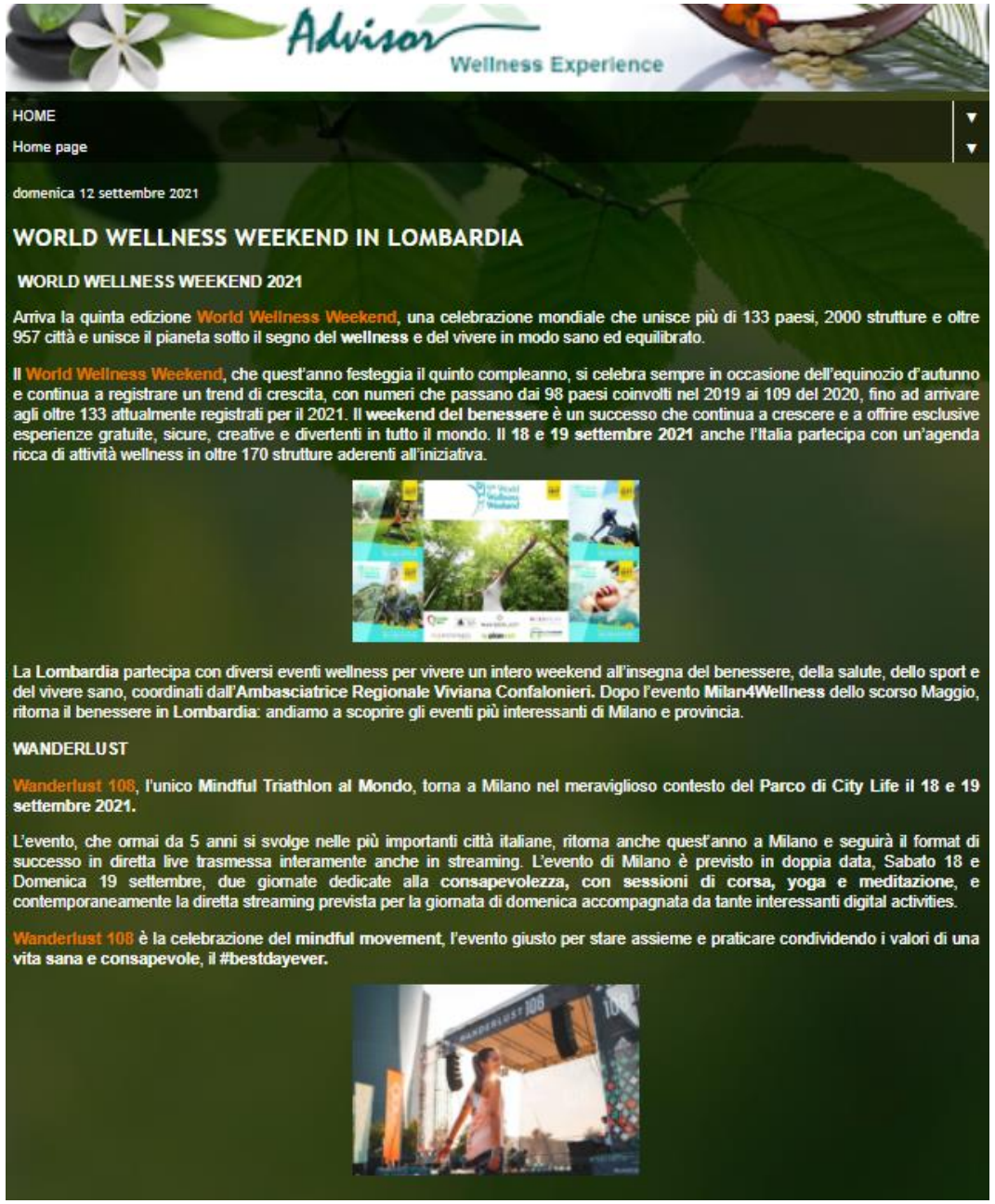
Italy

12 September 2021

https://spa-advisor.blogspot.com/2021/09/world-wellness-weekend-in-lombardia.html?m=1&fbclid=IwAR27B-szN6qnIFlulR7u0zPGlWOvRJOL6KC1j-FbuokzfNIlz3AclDwmtos



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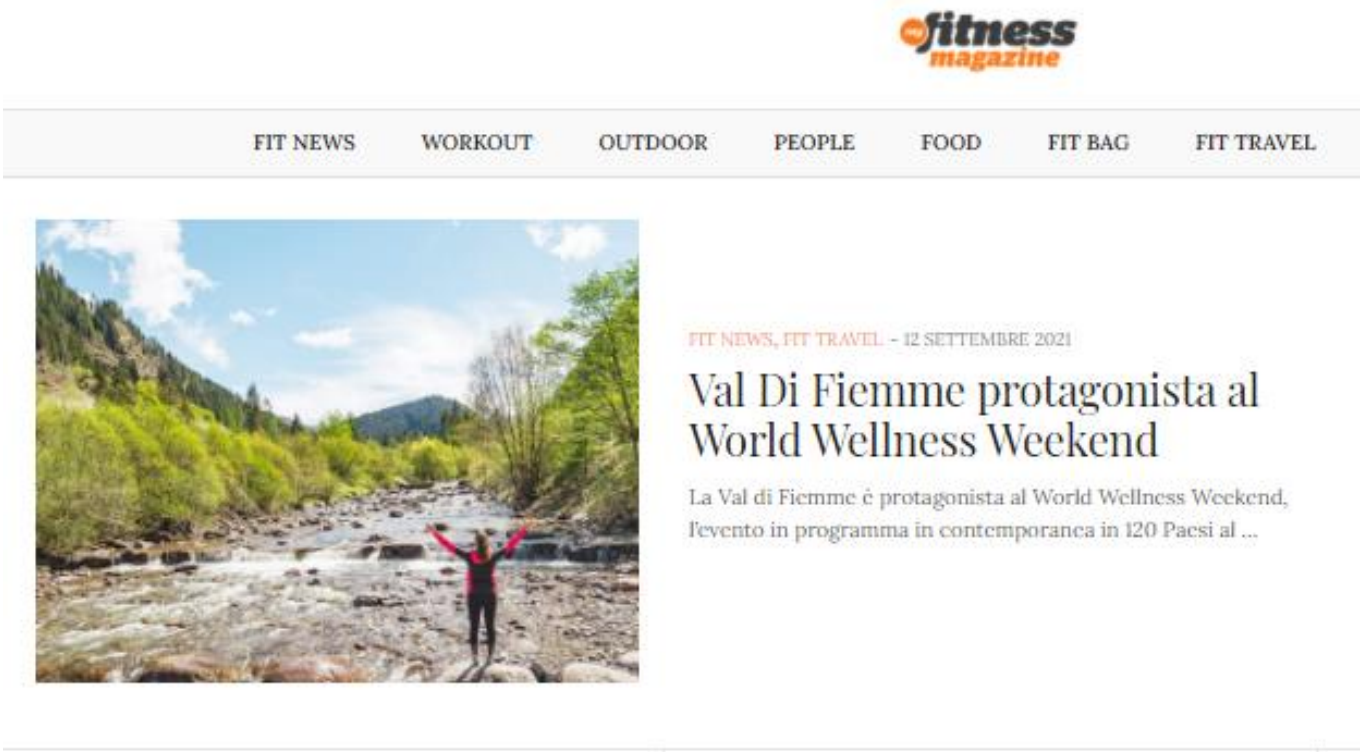
http://www.myfitnessmagazine.it/tag/world-wellness-weekend/



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13 September 2021

https://rassegnastampa.news/world-wellness-weekend-in-val-di-fiemme-tra-benessere-e-sostenibilita



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13 September 2021

https://a6f5i.emailsp.com/frontend/LandingPage.aspx?idList=6&idLP=196&guid=5303732a-d098-4fe0-83f1-6e9a44731088&fbclid=IwAR3Ri_cxr_nEzKyTJY_C50EZiq2zF4go33Cc-XFUExio3vUbiH5fkLTwc3g



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13 September 2021

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https://accreditoeventi.it/worldwellnessweekend/?fbclid=IwAR0ea4ResMImOxAmsNCpNp7n6fQFcOhXEEI1BtkpeFpZIGkGsKenI5OeJAQ



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13 September 2021

https://www.visitfiemme.it/de/hotels-co-offers/unsere-angebote/Pauschalangebote-Sommer/World-Wellness-Weekend_hd-13556779

World Wellness Weekend

Internationale Veranstaltung -360 Grad pures Wohlbefinden

Unser Veranstaltungspaket für Ihr Wohlbefinden beinhaltet folgende Leistungen:

- 2 oder mehr Nächte im Hotel, inkl. Frühstück oder in einer Ferienwohnung in charmanter Residence, wo Sie maximale Freiheit genießen
- Spaziergang am späten Nachmittag inmitten märchenhafter Natur. In der Schutzhütte Danketanz an die Sonne mit einem professionellen Tänzer. Gegen Bezahlung: florealer Aperitif mit Fiemme Käse.
- Die regenerierende Wirkung des Barfußgehens wieder entdecken
- Sonnaufgang vom Berggipfel erleben und ein herrlicher Tagesbeginn ist garantiert
- Fordern Sie das komplette Programm an. Erkundigen Sie sich auch an der Rezeption Ihres Hotels und nehmen Sie an den speziell für Sie konzipierten Aktivitäten teil!

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13 September 2021

https://www.ivg.it/evento/ad-alassio-fa-tappa-il-world-wellness-weekend-un-fine-settimana-di-yoga-e-benessere/



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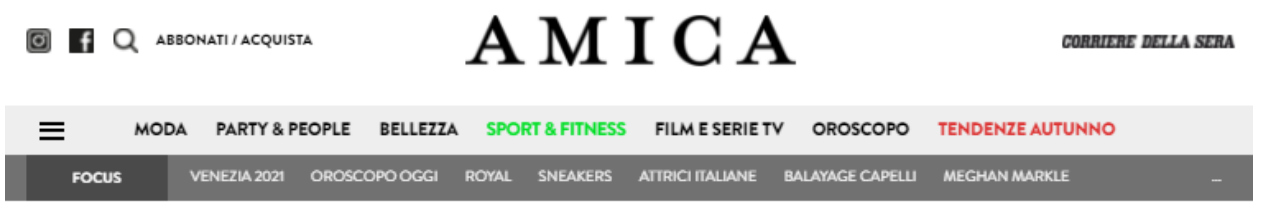
14 September 2021

https://www.amica.it/2021/09/14/benessere-val-di-fiemme-via-world-wellness-weekend/





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https://style.corriere.it/benessere/world-wellness-weekend-2021-italia-eventi/?foto=4#gallery



STYLE MAGAZINE

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WORLD WELLNESS WEEKEND 2021: I MIGLIORI EVENTI IN ITALIA

Dai massaggi rigeneranti alle lezioni di yoga, dalle camminate guidate nella natura agli healthy menu: gli appuntamenti da prenotare dal 17 al 19 settembre in tutta Italia, dal Trentino Alto Adige alla Sicilia

4/11

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14 September 2021

https://style.corriere.it/benessere/world-wellness-weekend-2021-italia-eventi/

STYLE MAGAZINE

MODA LIFESTYLE NE

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WORLD WELLNESS WEEKEND 2021: I MIGLIORI EVENTI IN ITALIA

Dai massaggi rigeneranti alle lezioni di yoga, dalle camminate guidate nella natura agli healthy menu: gli appuntamenti da prenotare dal 17 al 19 settembre in tutta Italia, dal Trentino Alto Adige alla Sicilia

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15 September 2021

https://www.visitfiemme.it/de/italian-style-and-events/events/World-Wellness-Weekend-de



ITALY

15 September 2021

https://www.gazzettadellevalli.it/evento/world-wellness-weekend-in-val-di-fiemme/?instance_id=54692



Gazzetta delle Valli

News dalle Valli Lombarde e Trentine

Tonale | Val di Sole e Non | St. Moritz | Campiglio | Valtellina | Garda | Sebino | Cronaca

OW Surely Not Only Water

World Wellness Weekend in Val di Fiemme

mercoledì, 15 settembre 2021

QUANDO: 17 settembre 2021@15:55–16:55
Europe/Rome Fuso orario

Calendario

In occasione dell'evento internazionale dedicato al **benessere come stile di vita**, in programma **dal 17 al 19 settembre** in oltre **120 Paesi**, la **Val di Fiemme – unica realtà al mondo a partecipare come intero territorio** – presenta un piatto elaborato per l'occasione dallo **chef stellato Alessandro Gilmozzi** (El Molin di Cavalese). Durante il World Wellness Weekend sarà possibile gustare lo ***Spiralotto Felicetti al burro di malga, croccante di segala e salvia Sclarea*** in selezionati ristoranti del territorio. Ricco e prelibato il **calendario delle iniziative enogastronomiche** in programma tra **Fiemme, l'Altopiano di Piné e la Valle di Cembra** durante tutto il fine settimana.

450

ITALY

15 September 2021

https://lulop.com/it_IT/post/show/220687/la-pasta-fa-bene-world-wellnes.html



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HOME>LA PASTA FA BENE. WORLD WELLNESS WEEKEND IN VAL DI FIEMME: SUMMIT, PIATTI STELLATI ED EVENTI

SETTEMBRE 15, 2021 - VAL DI FIEMME

LA PASTA FA BENE. WORLD WELLNESS WEEKEND IN VAL DI FIEMME: SUMMIT, PIATTI STELLATI ED EVENTI

In occasione dell'evento internazionale dedicato al #Benessere come stile di vita, in programma dal 17 al 19 settembre in oltre120 Paesi, la #valdifiemme – unica realtà al mondo a partecipare come intero territorio – presenta un piatto elaborato per l'occasione dallo #chef stellato #alessandrogilmozzi (El Molin di Cavalese). Durante il #worldwellnessweekend sarà possibile gustare lo *Spiralotto Felicetti al burro di malga, croccante di segala e salvia Sclarea* in selezionati ristoranti del territorio.

Ricco e prelibato il calendario delle iniziative enogastronomiche in programma tra Fiemme, l'Altopiano di Piné e la Valle di Cembra durante tutto il fine settimana.

*Val di Fiemme, 14 settembre 2021_* **La #pasta fa bene**. Lo spiegherà dettagliatamente lo **chef stellato #alessandrogilmozzi** del ristorante El Molin di Cavalese tra i relatori del primo "**Dolomites Well-being Summit**" organizzato il 17 settembre in occasione del **World Wellness Weekend** in **Val di Fiemme** (ore 15.30, Casa Starpool, Ziano di Fiemme).

La valle trentina è la prima e unica al mondo a partecipare all'appuntamento internazionale che nel prossimo fine settimana, dal **17 al 19 settembre**, celebrerà il #Benessere come stile di vita in oltre120 Paesi. Tante le attività in programma, tra cui non mancheranno iniziative gastronomiche perché, si sa, **il Benessere passa anche dalla tavola, e dalla pasta**.

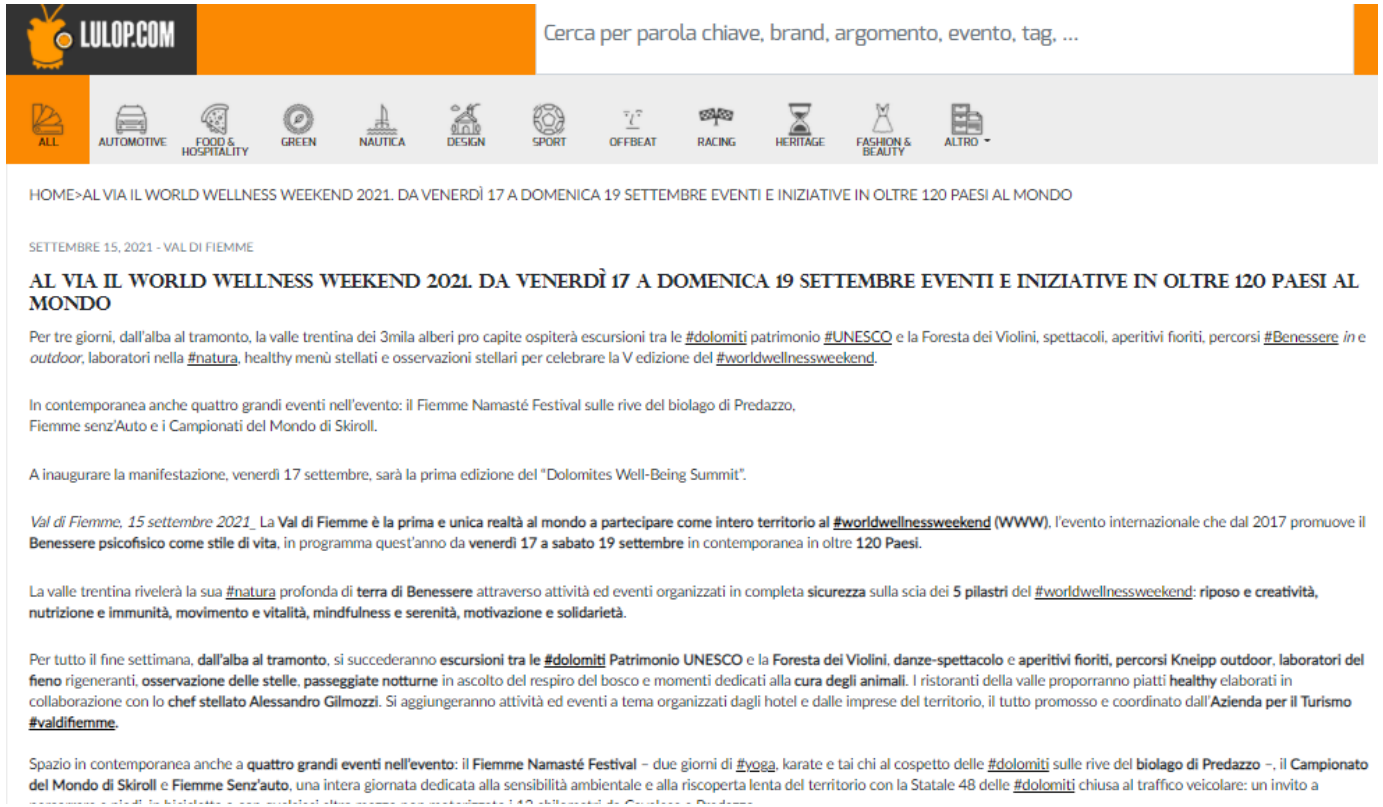
Non a caso il piatto studiato per la valle in occasione dell'evento dallo #chef Gilmozzi è lo ***Spiralotto al burro di malga, croccante di segala e salvia Sclarea*** eseguito con #pasta (anche di tipologie diverse) del celebre **Pastificio Felicetti di Predazzo**: una ricetta che sottolinea il legame tra buon cibo, #Benessere e territorio.

«Abbiamo scelto **la #pasta perché è amica del buonumore** – spiega lo #chef fiemmese –. **Mangiarla fa bene**, i carboidrati complessi aumentano la velocità con cui il triptofano viene fabbricato nel cervello, **favorendo la sintesi della serotonina, l'ormone del Benessere**.

ITALY

15 September 2021

https://lulop.com/it_IT/post/show/22071 0/al-via-il-world-wellness-weeke.html



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HOME>AL VIA IL WORLD WELLNESS WEEKEND 2021. DA VENERDÌ 17 A DOMENICA 19 SETTEMBRE EVENTI E INIZIATIVE IN OLTRE 120 PAESI AL MONDO

SETTEMBRE 15, 2021 - VAL DI FIEMME

AL VIA IL WORLD WELLNESS WEEKEND 2021. DA VENERDÌ 17 A DOMENICA 19 SETTEMBRE EVENTI E INIZIATIVE IN OLTRE 120 PAESI AL MONDO

Per tre giorni, dall'alba al tramonto, la valle trentina dei 3mila alberi pro capite ospiterà escursioni tra le #dolomiti patrimonio #UNESCO e la Foresta dei Violini, spettacoli, aperitivi fioriti, percorsi #Benessere *in* e *outdoor*, laboratori nella #natura, healthy menù stellati e osservazioni stellari per celebrare la V edizione del #worldwellnessweekend.

In contemporanea anche quattro grandi eventi nell'evento: il Fiemme Namasté Festival sulle rive del biolago di Predazzo, Fiemme senz'Auto e i Campionati del Mondo di Skiroll.

A inaugurare la manifestazione, venerdì 17 settembre, sarà la prima edizione del "Dolomites Well-Being Summit".

*Val di Fiemme, 15 settembre 2021_* La **Val di Fiemme è la prima e unica realtà al mondo a partecipare come intero territorio al #worldwellnessweekend (WWW)**, l'evento internazionale che dal 2017 promuove il **Benessere psicofisico come stile di vita**, in programma quest'anno da **venerdì 17 a sabato 19 settembre** in contemporanea in oltre **120 Paesi**.

La valle trentina rivelerà la sua #natura profonda di **terra di Benessere** attraverso attività ed eventi organizzati in completa **sicurezza** sulla scia dei **5 pilastri** del #worldwellnessweekend: **riposo e creatività, nutrizione e immunità, movimento e vitalità, mindfulness e serenità, motivazione e solidarietà**.

Per tutto il fine settimana, **dall'alba al tramonto**, si succederanno **escursioni tra le #dolomiti Patrimonio UNESCO** e la **Foresta dei Violini**, **danze-spettacolo** e **aperitivi fioriti, percorsi Kneipp outdoor**, **laboratori del fieno** rigeneranti, **osservazione delle stelle**, **passeggiate notturne** in ascolto del respiro del bosco e momenti dedicati alla **cura degli animali**. I ristoranti della valle proporranno piatti **healthy** elaborati in collaborazione con lo **chef stellato Alessandro Gilmozzi**. Si aggiungeranno attività ed eventi a tema organizzati dagli hotel e dalle imprese del territorio, il tutto promosso e coordinato dall'**Azienda per il Turismo #valdifiemme**.

Spazio in contemporanea anche a **quattro grandi eventi nell'evento**: il **Fiemme Namasté Festival** – due giorni di #yoga, karate e tai chi al cospetto delle #dolomiti sulle rive del **biolago di Predazzo** –, il **Campionato del Mondo di Skiroll** e **Fiemme Senz'auto**, una intera giornata dedicata alla sensibilità ambientale e alla riscoperta lenta del territorio con la Statale 48 delle #dolomiti chiusa al traffico veicolare: un invito a

Italy

16 September 2021

https://www.tgcom24.mediaset.it/viaggi/week-end/world-wellness-weekend-2021-appuntamento-in-val-di-fiemme_38099558-202102k.shtml



Italy

16 September 2021

https://www.sannioportale.it/articoli/News/Vanityfair-it/world-wellness-weekend-la-val-di-fiemme-diventa-culla-del-benessere-cosa-fare-dal-17-al-19-settembre-3619742.asp



Italy

16 September 2021

https://www.turismodelbenessere.com/world-wellness-weekend-a-bagni-capo-mele-laigueglia/



Italy

16 September 2021

https://www.lavisioblog.it/world-wellness-weekend-in-val-di-fiemme/



Italy

16 September 2021

https://www.vanityfair.it/benessere/fitness/2021/09/16/world-wellness-weekend-val-di-fiemme-culla-del-benessere-programma-17-18-19-settembre?refresh_ce=



Italy

16 September 2021

https://www.diariopuntual.com/empresarial/2021/09/16/6653/el-fin-de-semana-el-hotel-cartesiano-sera-el-embajador-de-la-5a-edicion



Italy

16 September 2021

https://citymilanonews.com/pasta-e-benessere-al-world-wellness-weekend-in-val-di-fiemme/



Travel

PASTA E BENESSERE AL WORLD WELLNESS WEEKEND IN VAL DI FIEMME

16 Settembre 2021 Redazione

La pasta fa bene. Lo spiegherà dettagliatamente lo chef stellato **Alessandro Gilmozzi** del ristorante El Molin di Cavalese tra i relatori del primo **Dolomites Well-being Summit** organizzato

ITALY

16 September 2021

https://lulop.com/it_IT/post/show/220905/dolomites-well-being-summit-la.html



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HOME>"DOLOMITES WELL-BEING SUMMIT" LA CONVENTION SULLO STARE BENE NELLA VALLE DEL BENESSERE

SETTEMBRE 16, 2021 - VAL DI FIEMME

"DOLOMITES WELL-BEING SUMMIT" LA CONVENTION SULLO STARE BENE NELLA VALLE DEL BENESSERE

In occasione del #worldwellnessweekend 2021, la #valdifiemme, unica realtà al mondo a partecipare all'evento internazionale come intero territorio, lancia la prima edizione del"Dolomites Well-being Summit".

Venerdì 17 settembre esperti di settori diversi si confronteranno sul tema– sempre più attuale – del #Benessere psicofisico, ambientale e sociale.

Ore 15.30, Casa Starpool e diretta on line.

Val di Fiemme, 16 settembre 2021 _ Se è vero, come sosteneva Confucio, che si hanno due vite a disposizione e che la seconda inizia quando ci si accorge di averne una sola, mai come adesso – dopo un anno e mezzo di profondo stress psicofisico – è il momento di un nuovo, secondo, inizio. Che parta dal **Benessere, individuale, ambientale e sociale**. Un bisogno al centro del vivere contemporaneo, in merito al quale **la Val di Fiemme**, non a caso detta anche Valle dell'Armonia, ha un'esperienza decennale da mettere a sistema e condividere.

Grazie a un patrimonio boschivo e naturalistico unico in Italia e in tutto l'arco alpino, a istituzioni che per secoli hanno saputo preservare il territorio, ad aziende che sono riuscite a trasformare il #Benessere in motore economico e a concrete politiche di #sostenibilità, rispetto ambientale e sociale, la valle trentina si configura realmente come la **Valle del #Benessere in Italia**.

Per questo ha scelto di fare il punto sul tema, **lanciando la prima edizione del "Dolomites Well-being Summit"** in occasione **del #worldwellnessweekend (WWW) 2021**: evento internazionale in programma dal **17 al 19 settembre** in oltre **120 Paesi** a cui la **valle ha deciso di partecipare come intero territorio. È il primo e unico caso in Italia e al mondo.**

La convention in programma **venerdì 17** inaugurerà il fine settimana dedicato allo stare bene, mettendo a confronto esperti di settori diversi alla presenza dello stesso fondatore del WWW, **Jean Guy de Gabriac**. Gli interventi esamineranno le varie declinazioni del #Benessere che l'associazione internazionale ha individuato in 5 pilastri: **vitalità e movimento, serenità e consapevolezza, sonno e recupero, alimentazione ed equilibrio e senso della vita e solidarietà**. Si succederanno sul palco l'alpinista **Simone Moro,** il medico chirurgo **Vincenzo Primitivo**, lo chef stellato **Alessandro Gilmozzi** e l'architetto esperto di #Benessere indoor, **Leopoldo Busa**, insieme a **Renzo Daprà**, scario della **"Magnifica Comunità della Val di Fiemme"**.

ITALY

16 September 2021

https://lulop.com/it_IT/post/show/220841/dolomites-well-being-summit-la.html



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Il summit sarà anche l'occasione di portare all'attenzione del pubblico l'integrità e le caratteristiche che hanno fatto della #valdifiemme uno speciale **ecosistema naturalistico, #sociale ed economico vocato da secoli al benessere**, che ha saputo ispirare lo **sviluppo sostenibile** di un territorio evoluto in "**destinazione benefica**", capace oggi – caso strano in #italia – di **fare sistema e proporsi come modello per uno stile di vita sano**.

Maggiori informazioni nel comunicato stampa da scaricare

ITALY

16 September 2021

https://it.geosnews.com/p/it/piemonte/to/torino/il-borgo-della-gran-madre-si-trasforma-nel-village-of-wellness_35431719



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Il Borgo della Gran Madre si trasforma nel "Village of Wellness"

Il Torinese 16 settembre 2021 14:02 Notizie da: Città di Torino

Fonte immagine: Il Torinese - link

Mappa Città di Torino

TURIN

Il 18 e il 19 settembre il movimento mondiale World Wellness Weekend approda a Torino e il Borgo della Gran Madre si trasforma nel "Village

Città di Torino

ITALY

16 September 2021

https://iltorinese.it/2021/09/16/il-borgo-della-gran-madre-si-trasforma-nel-village-of-wellness/

il Torinese
Quotidiano online di Informazione Società Cultura



Il Borgo della Gran Madre si trasforma nel "Village of Wellness"

16 SETTEMBRE 2021 · LIFESTYLE

Il 18 e il 19 settembre il movimento mondiale World Wellness Weekend approda a Torino e il Borgo della Gran Madre si trasforma nel "Village of Wellness"

WORLD WELLNESS WEEKEND @ Borgo Gran Madre LifeStyle (TO)

Gran Madre Life Style, ovvero uno dei quartieri più prestigiosi e rinomati di Torino ha aderito con entusiasmo al World Wellness Weekend come "Borgo del Benessere". L'incontro ha dato vita ad un evento destinato a diventare un appuntamento annuale con la città. World Wellness Weekend @ Gran MadreLIfeStyle.

ITALY

16 September 2021

https://www.lastampa.it/montagna/turismo/2021/09/17/news/world-wellness-weekend-l-appuntamento-mondiale-dove-la-val-di-fiemme-e-protagonista-1.40709727/



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World Wellness Weekend: l'appuntamento mondiale dove la Val di Fiemme è protagonista

Dal 17 al 19 settembre si celebra in 120 paesi del mondo il benessere come stile di vita e la valle trentina partecipa con un programma ad hoc: yoga, escursioni, attività e laboratori nella natura

CHIARA TODESCO

16 Settembre 2021 | Modificato il: 16 Settembre 2021 1 minuti di lettura

ITALY

16 September 2021

La Nazione



SATURNIA

Settimana del benessere Iniziativa alle Terme

Da sabato a domenica 26, in occasione del World Wellness Weekend e dell'equinozio d'autunno, Terme di Saturnia Natural Destination propone un programma di attività dedicate al benessere e alla salute, grazie ai benefici dello yoga e agli effetti rigenerativi delle acque della millenaria Sorgente Termale e dei trattamenti proposti dalla Spa & Beauty Clinic.

Sabato e domenica Terme di Saturnia offre gratuitamente agli ospiti della struttura una serie di attività studiate per ristabilire l'equilibrio del corpo e della mente: dalle 8 alle 9 passeggiata all'aria aperta, dalle 9 alle 9.30 allenamento energizzante in acqua termale, dalle 17.30 alle 18.30 lezione di Pilates, dalle 19 alle 19.30 esperienza rilassante in acqua termale. Da domenica, poi, il Resort organizza uno Yoga Retreat.

Italy

17 September 2021

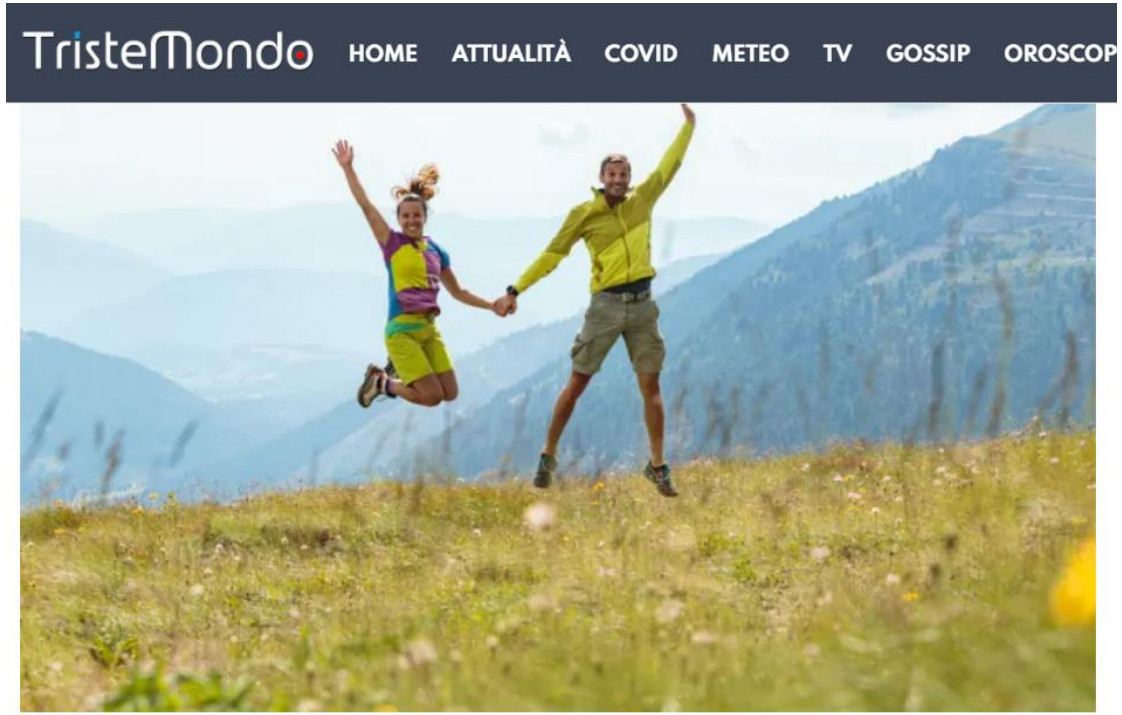
https://stayhappening.com/e/world-wellness-weekend-E2ISTX1Y8FB



Italy

17 September 2021

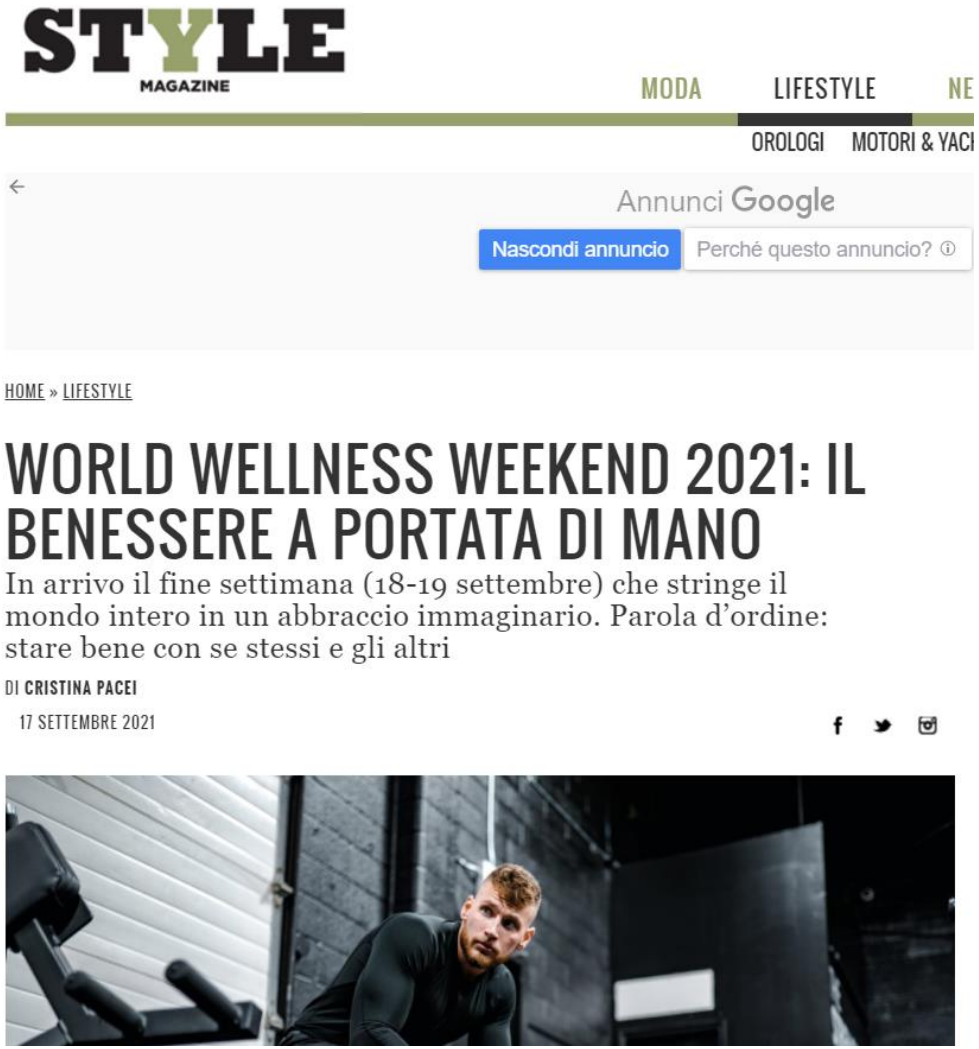
https://tristemondo.it/world-wellness-weekend-la-val-di-fiemme-diventa-culla-del-benessere-cosa-fare-dal-17-al-19-settembre/



Italy

17 September 2021

https://style.corriere.it/lifestyle/world-wellness-weekend-2021-attivita/?fbclid=IwAR0mOsaKxyVW-N5ajqWZHs-Tvq-axRd6j6tG60VAQyerMYFAMG1sXwMAazk



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WORLD WELLNESS WEEKEND 2021: IL BENESSERE A PORTATA DI MANO

In arrivo il fine settimana (18-19 settembre) che stringe il mondo intero in un abbraccio immaginario. Parola d'ordine: stare bene con se stessi e gli altri

DI CRISTINA PACEI

17 SETTEMBRE 2021

Italy

17 September 2021

https://shopinthecity.it/torino/eventi/world-wellness-weekend%e2%80%a8-a-torino-due-giorni-dedicati-al-benessere/?fbclid=IwAR0SuM2yltJ5K5WLEr1kVPbHf9S2PFf0ABUjqTr-NEPxaM8r470OR4f9E0s



ITALY

September 2021

https://api.gardacqua.org/wp-content/uploads/2021/09/World-wellness-weekend-Gold-Weekend-4.pdf



ITALY

17 September 2021

https://www.sportoutdoor24.it/nessuna-categoria/world-wellness-weekend-2021-il-18-e-19-settembre-tante-iniziative-per-tenersi-in-forma/



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World Wellness Weekend 2021: il 18 e 19 settembre tante iniziative per tenersi in forma

Il 18 e 19 settembre c'è il World Wellness Weekend 2021, una due giorni dedicata al benessere diffuso e per tutti. Scopri le strutture che aderiscono all'iniziativa e come partecipare

Facebook Twitter WhatsApp

Redazione
17 Settembre 2021

ITALY

17 September 2021

https://stayhappening.com/e/world-wellness-weekend-E2ISTX1Y8FB



ITALY

17 September 2021

https://www.ivg.it/2021/09/specialita-tipiche-florovivaismo-rievocazioni-storiche-outdoor-un-originale-sabato-di-eventi-in-provincia/



ITALY

17 September 2021

https://www.turinista.com/agora-socializzare-il-movimento-mondiale-world-wellness-weekend-approda-a-torin-17



ITALY

17 September 2021

Maremma Oggi

MaremmaOggi

CULTURA ED EVENTI

Terme di Saturnia celebra la settimana del benessere

Il resort si è aggiudicato anche un premio internazionale dedicato al design

LINA SENSERINI | SETTEMBRE 17, 2021



SATURNIA. **Dal 18 al 26 settembre**, in occasione del **World Wellness Weekend** e dell'equinozio d'autunno (22 settembre), **Terme di Saturnia Natural Destination**, nel cuore della **Maremma Toscana** e tra le strutture termali più prestigiose d'Italia, propone un programma di attività dedicate al benessere e alla salute.

Giunto alla quinta edizione, il World Wellness Weekend è un'iniziativa mondiale che coinvolge quest'anno 133 paesi nel mondo e che è nata per promuovere la cultura del **benessere psicofisico**. Cinque i pilastri su cui si fonda il WWW:

- sonno e creatività

ITALY

18 September 2021

https://www.ecodisavona.it/2021/09/18/a-laigueglia-il-world-wellness-weekend-con-yoga-e-benessere/



ITALY

18 September 2021

TV report - Trentino

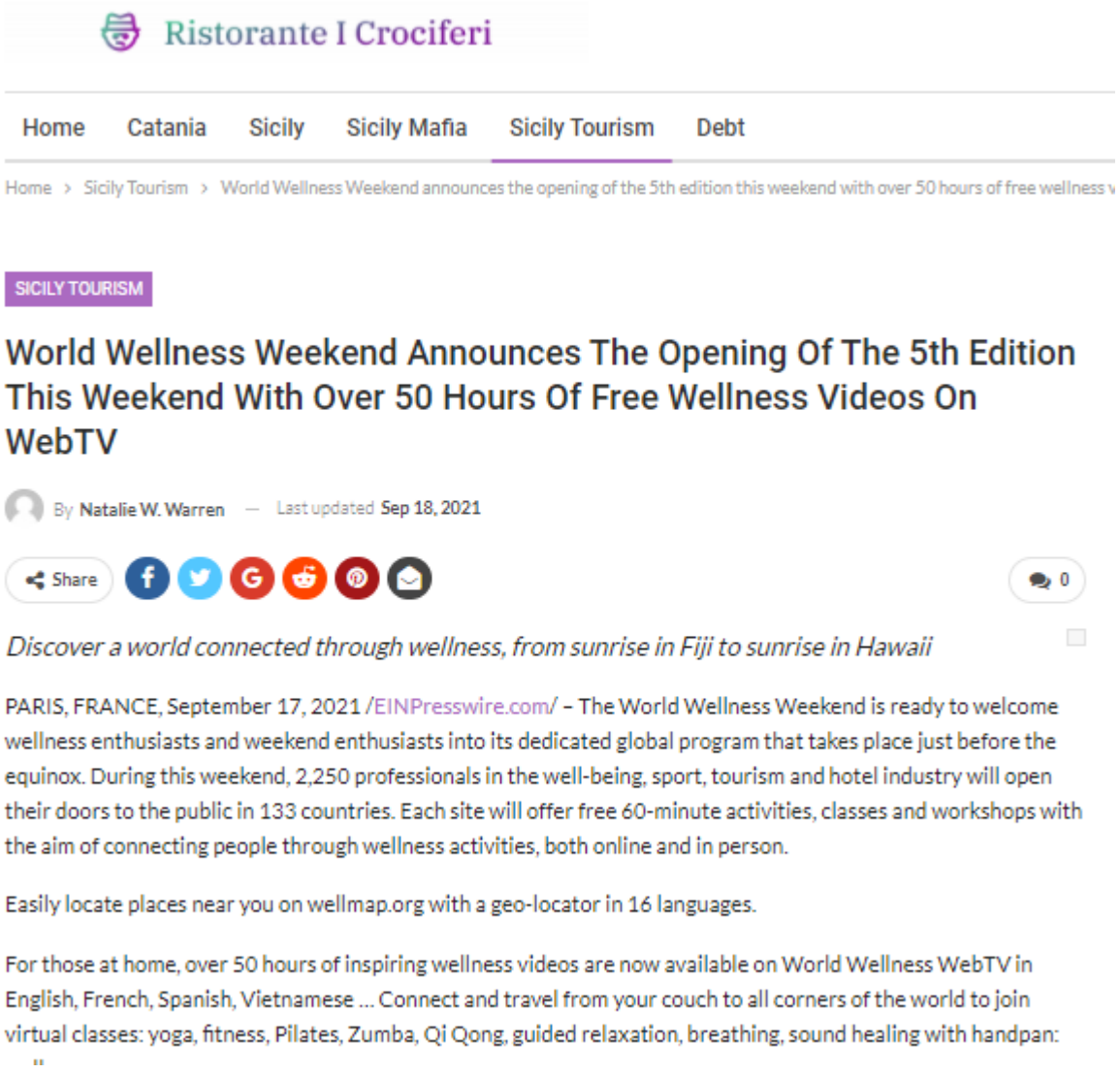
https://www.trentinotv.it/news_dettaglio.php?id=19849131



ITALY

18 September 2021

https://ristoranteicrociferi.com/world-wellness-weekend-announces-the-opening-of-the-5th-edition-this-weekend-with-over-50-hours-of-free-wellness-videos-on-webtv/



Ristorante I Crociferi

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SICILY TOURISM

World Wellness Weekend Announces The Opening Of The 5th Edition This Weekend With Over 50 Hours Of Free Wellness Videos On WebTV

By Natalie W. Warren — Last updated Sep 18, 2021

Share 0

Discover a world connected through wellness, from sunrise in Fiji to sunrise in Hawaii

PARIS, FRANCE, September 17, 2021 /EINPresswire.com/ – The World Wellness Weekend is ready to welcome wellness enthusiasts and weekend enthusiasts into its dedicated global program that takes place just before the equinox. During this weekend, 2,250 professionals in the well-being, sport, tourism and hotel industry will open their doors to the public in 133 countries. Each site will offer free 60-minute activities, classes and workshops with the aim of connecting people through wellness activities, both online and in person.

Easily locate places near you on wellmap.org with a geo-locator in 16 languages.

For those at home, over 50 hours of inspiring wellness videos are now available on World Wellness WebTV in English, French, Spanish, Vietnamese ... Connect and travel from your couch to all corners of the world to join virtual classes: yoga, fitness, Pilates, Zumba, Qi Qong, guided relaxation, breathing, sound healing with handpan:

ITALY

18 September 2021

Terme di Saturnia Natural Destination celebra il World Wellness Weekend con una settimana dedicata al benessere

Pubblicato il 18 settembre 2021



Dal 18 al 26 settembre, in occasione del World Wellness Weekend (18-19 settembre) e dell'equinozio d'autunno (22 settembre), Terme di Saturnia Natural Destination, nel cuore della Maremma Toscana e tra le strutture termali più prestigiose d'Italia, propone un programma di attività dedicate al benessere e alla salute, grazie ai benefici dello yoga e agli effetti rigenerativi delle acque della millenaria Sorgente Termale e dei trattamenti proposti dalla innovativa SPA & Beauty Clinic. Giunto alla 5a edizione, il World Wellness Weekend (WWW) è un'iniziativa mondiale – quest'anno vede coinvolti 133 paesi nel mondo – che

ITALY

September 2021

https://www.hotelgarnilaurino.it/it/eventi-val-di-fiemme/world-wellness-weekend



LAURINO
HOTEL GARNI

+39 0

World Wellness Weekend

La **Val di Fiemme** è stata scelta come location per i prossimi **World Wellness Weekend** dal 17-19/09/2021. Ecco cosa verrà organizzato:

Venerdì 17/09

- **Tramonto Dolomitico** a Capanna Cervino dalle ore 17.30: passaggiata da Passo Rolle verso Capanna Cervino con danza per ringraziare il sole e aperitivo fiorito*
- **Possibilità di cenare in rifugio** da prenotare a parte

Sabato 18/09

- **Fiemme Namastè Festival a Predazzo** tutto il giorno con programma a parte da visionare cliccando qui (obbligo green pass e a pagamento)*
- **Alba sul Corno Bianco alle ore 5.45:** escursione verso la vetta del Corno Bianco accompagnata per ammirare il risveglio del sole in un panorama mozzafiato gustando lo speciale cestino del Laurino ricco dei nostri prodotti fatti in casa*
- **Benefica camminata a piedi nudi nel percorso Kneipp di Anterivo alle ore 10.00**: rinfrescata camminata nel percosro Kneipp seguita da una bevande rigenerante degli agricoltori di Capriana con dolcetti al caffè di Anterivo*
- **Innaugurazione del "Bosco dei Silenzi Diversi" alle ore 11.30**: passeggiata sul percorso bianco a Daiano tra i vari luoghi d'ascolto per connetterci con noi stessi*
- **Il fieno rigenera ore 14.30:** laboratorio per conoscere i benefici del fieno e le varie erbe utilizzate nella cosmetica naturale*
- **Il silenzio, il bosco e le stelle alle ore 21.00:** serata all'Osservatorio astronimico di Tesero per esplorare il cielo stellato e i suoi spazi infiniti come non l'avete mai visto prima (obbligo di green

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mazioni

ITALY

September 2021

https://www.visitpinecembra.it/eventi/world-wellness-weekend-a-pine-cembra



ITALY

20 September 2021

https://www.turismodelbenessere.com/prima-edizione-del-world-wellness-weekend-a-torino-chiusura-successo-pubblico/



Turismo del Benessere

HOME LE SPA TRATTAMENTI REPORTAGE SPA IN PIEMONTE SPA IN SLOVENIA LIBRI RICETTE SANE

Successo per la Prima edizione del World Wellness Weekend a Torino

Successo per il primo World Wellness Weekend ospitato nella città di Torino. Due giorni ricchi di appuntamenti con ospiti e operatori selezionati per incontri stimolanti e coinvolgenti.

News Tutto

CAFFÈ LETTERARIO

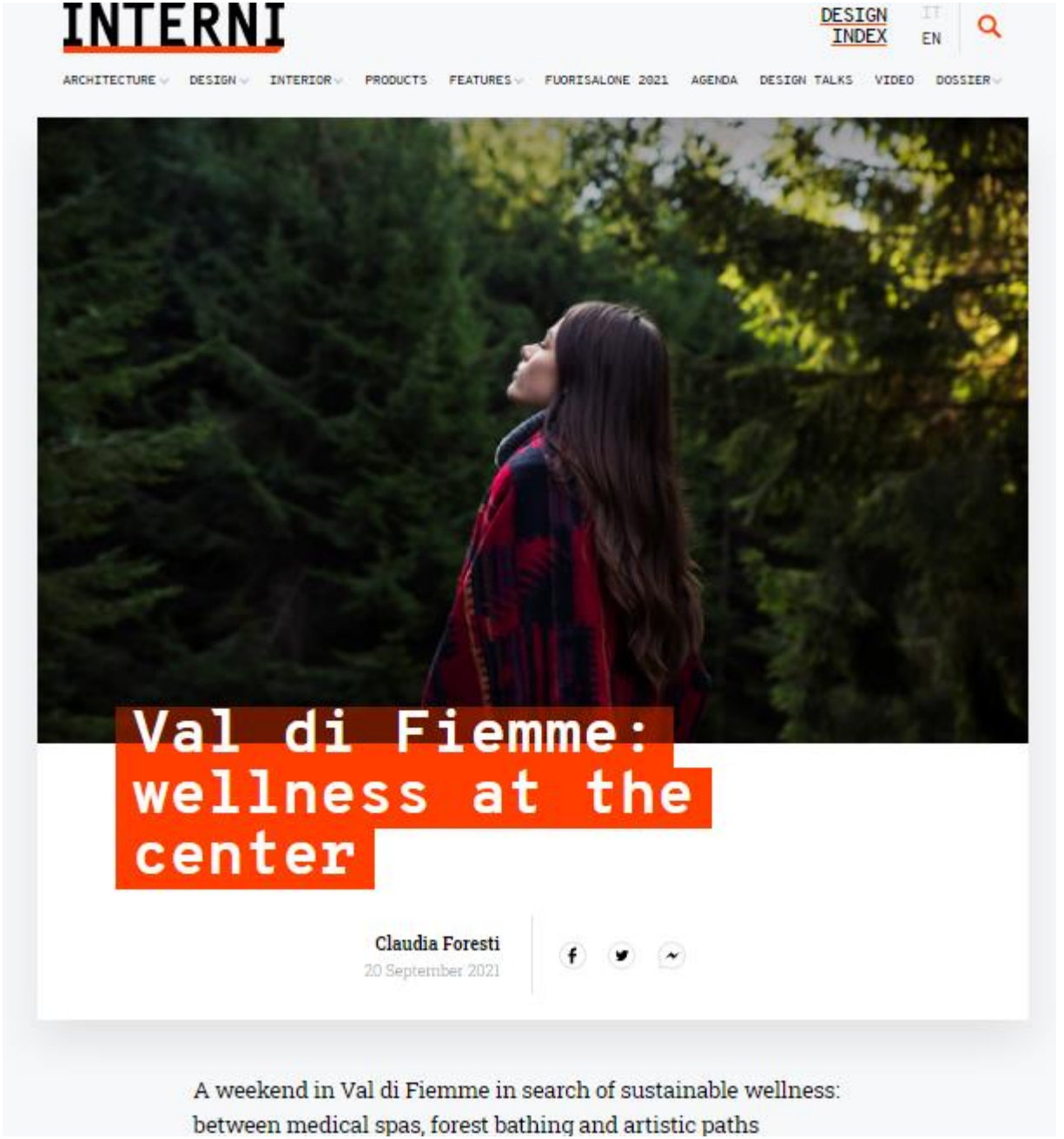
Travel Stories Award – La pr edizione del Premio Letterar Gist...

Travel Stories Award Il Letterario GIST al Salon Internazionale del...

ITALY

20 September 2021

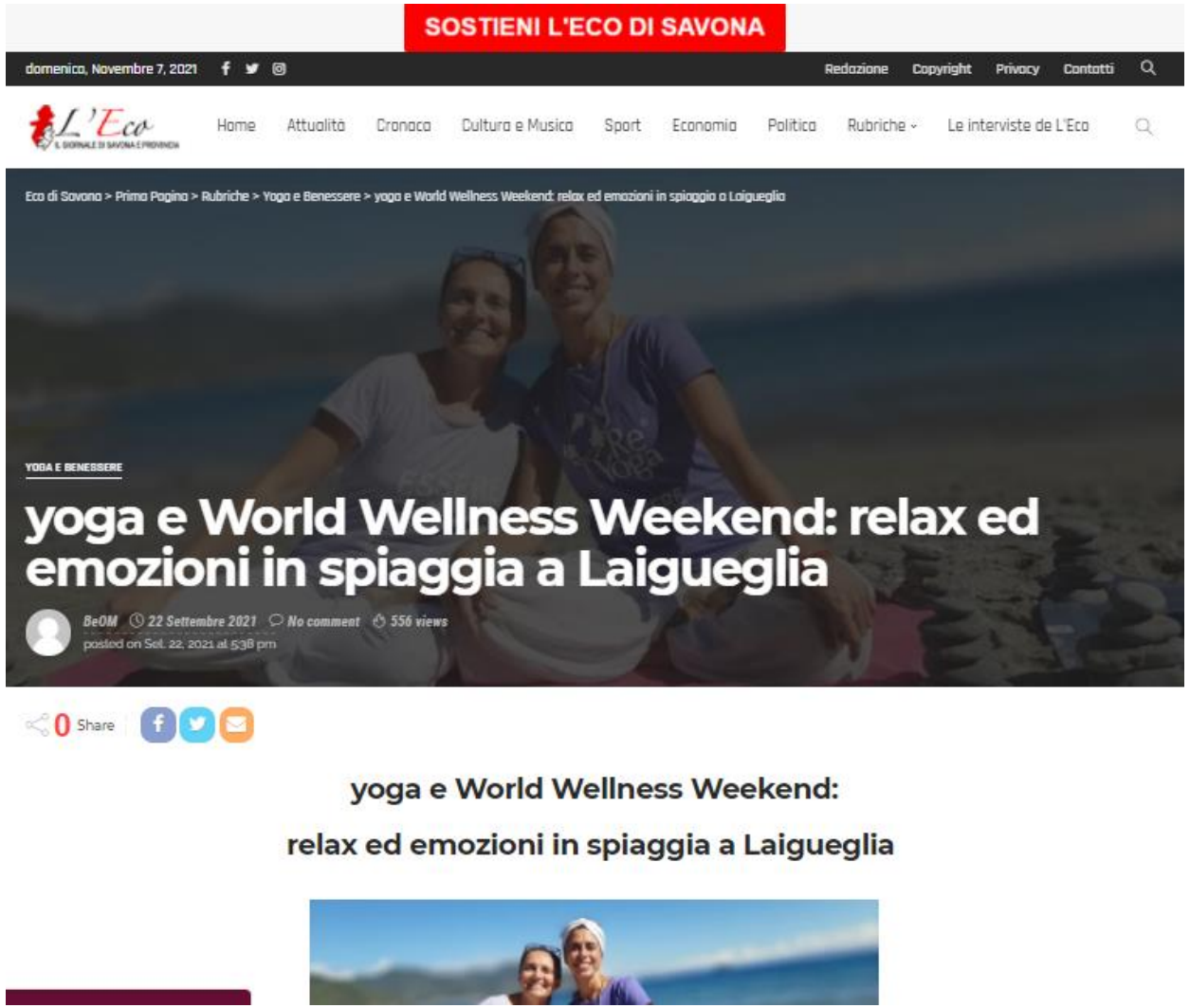
https://www.internimagazine.com/features/stories/val-di-fiemme-wellness/



ITALY

22 September 2021

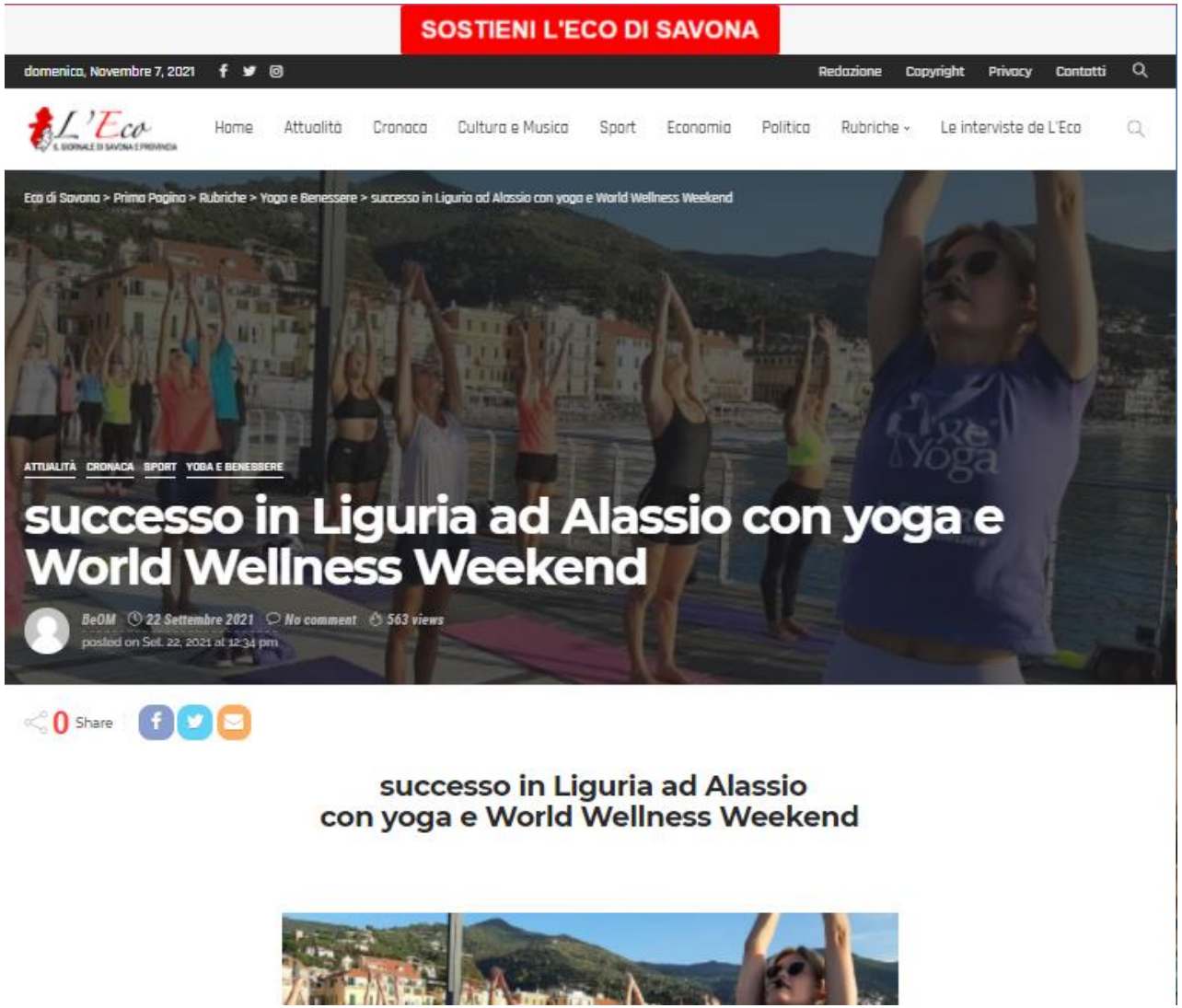
https://www.ecodisavona.it/2021/09/22/yoga-e-world-wellness-weekend-relax-ed-emozioni-in-spiaggia-a-laigueglia/



ITALY

22 September 2021

https://www.ecodisavona.it/2021/09/22/successo-in-liguria-ad-alassio-con-yoga-e-world-wellness-weekend/



ITALY

22 September 2021

https://www.telemontekronio.it/index.php/sports/item/15130-vela-latina-assenzo-vince-a-sorrento-wellness-a-sciacca





Vela Latina, Assenzo vince a Sorrento. Wellness a Sciacca

Scritto da Redazione3 Pubblicato in Sports

Stampa Email Video

Si è appena concluso a Sorrento il 1° Trofeo denominato

"Regina Giovanna 2021". L'evento è stato organizzato dal mitico e storico Cantiere Aprea ed era riservato alle imbarcazioni, rigorosamente in legno, armate a Vela Latina. Molte le imbarcazioni partecipanti, provenienti da tutta Italia. Enzo Assenzo del Circolo Nautico "Il Corallo" di Sciacca, insieme a Tonino Sposito e Valerio Linares della Lega Navale Italiana sezione di Marsala, a bordo dell'imbarcazione "Rosio", si è classificato al primo posto nella categoria Lance. Le altre categorie in gara erano quelle dei Gozzi e dei Gozzetti. Grande soddisfazione, ovviamente, per il Circolo Nautico "Il Corallo" di Sciacca e per il suo Presidente Franco Galluzzo. Com'è noto, Enzo Assenzo, a bordo del suo "Pisci Re", ha rilanciato a Sciacca la passione e la tradizione legata alla Vela Latina, con il sodalizio protagonista ed organizzatore delle regate valevoli per il Campionato Italiano. Assenzo, dunque, protagonista e vincitore anche a Sorrento nell'ambito di un evento prestigioso.

E passiamo al mondo del benessere. Si è concluso con successo in Sicilia la V edizione del "WORLD WELLNESS WEEKEND" che ha visto coinvolta soprattutto Sciacca con il Verdura Resort della Roccoforte Hotels e La Excelencia Dance and Fitness Studio di Roberto Giglio e Lia Vitrano. L'evento è stato organizzato sotto la supervisione della Ambasciatrice per la Sicilia la saccense Lia Vitrano, incarico che le è stato conferito per la prima volta lo scorso giugno. Il Verdura Resort ha partecipato, offrendo gratuitamente ai propri ospiti, attività come il FUNCTIONAL TRAINING, STRETCHING, HATHA YOGA, ACQUA FITNESS e PILATES.

ITALY

23 September 2021

http://www.comunicati-stampa.net/com/yoga-e-world-wellness-weekend-relax-ed-emozioni-in-spiaggia-a-laigueglia.html

COMUNICATI-STAMPA.NET
L'informazione dalla fonte ufficiale



Mai calpestare un cento piedi se ne trovi uno a...
Articles Stone



TURISMO

yoga e World Wellness Weekend: relax ed emozioni in spiaggia a Laigueglia

September
23
2021

Andrea Beom
BeOM Agency

Scheda utente
Altri testi utente

A Laigueglia il fine settimana appena concluso, è stato un successo.

yoga e World Wellness Weekend: relax ed emozioni in spiaggia a Laigueglia

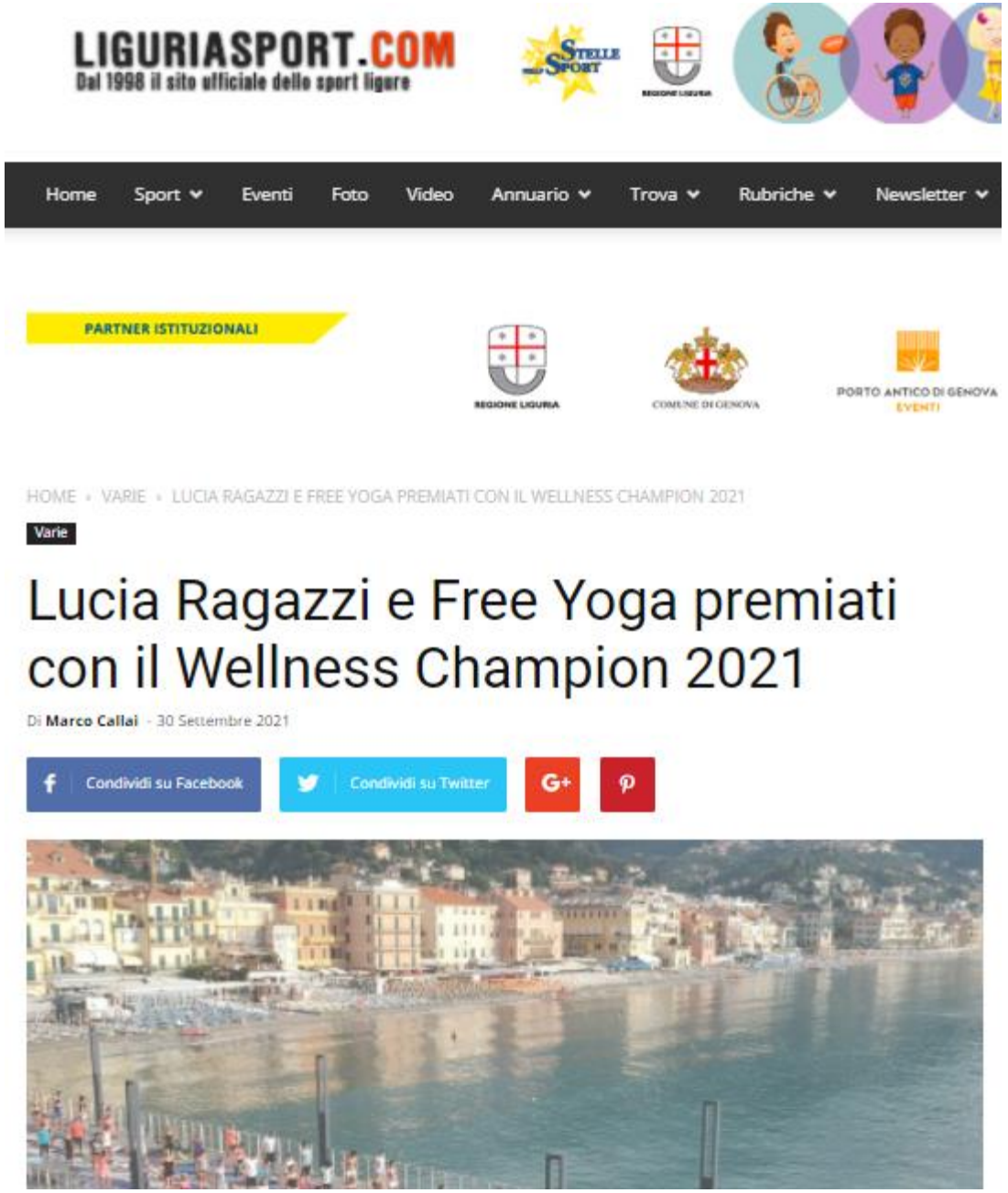
A Laigueglia il fine settimana appena concluso, è stato un successo.
Laigueglia ed Alassio sono state tappa del World Wellness Weekend nei giorni 18 19 settembre 2021
con esperienze emozionali di yoga e benessere gratuite per incentivare speciali vacanze.

WWW organizzazione mondiale che ogni anno propone un appuntamento in tutto il mondo,

ITALY

30 September 2021

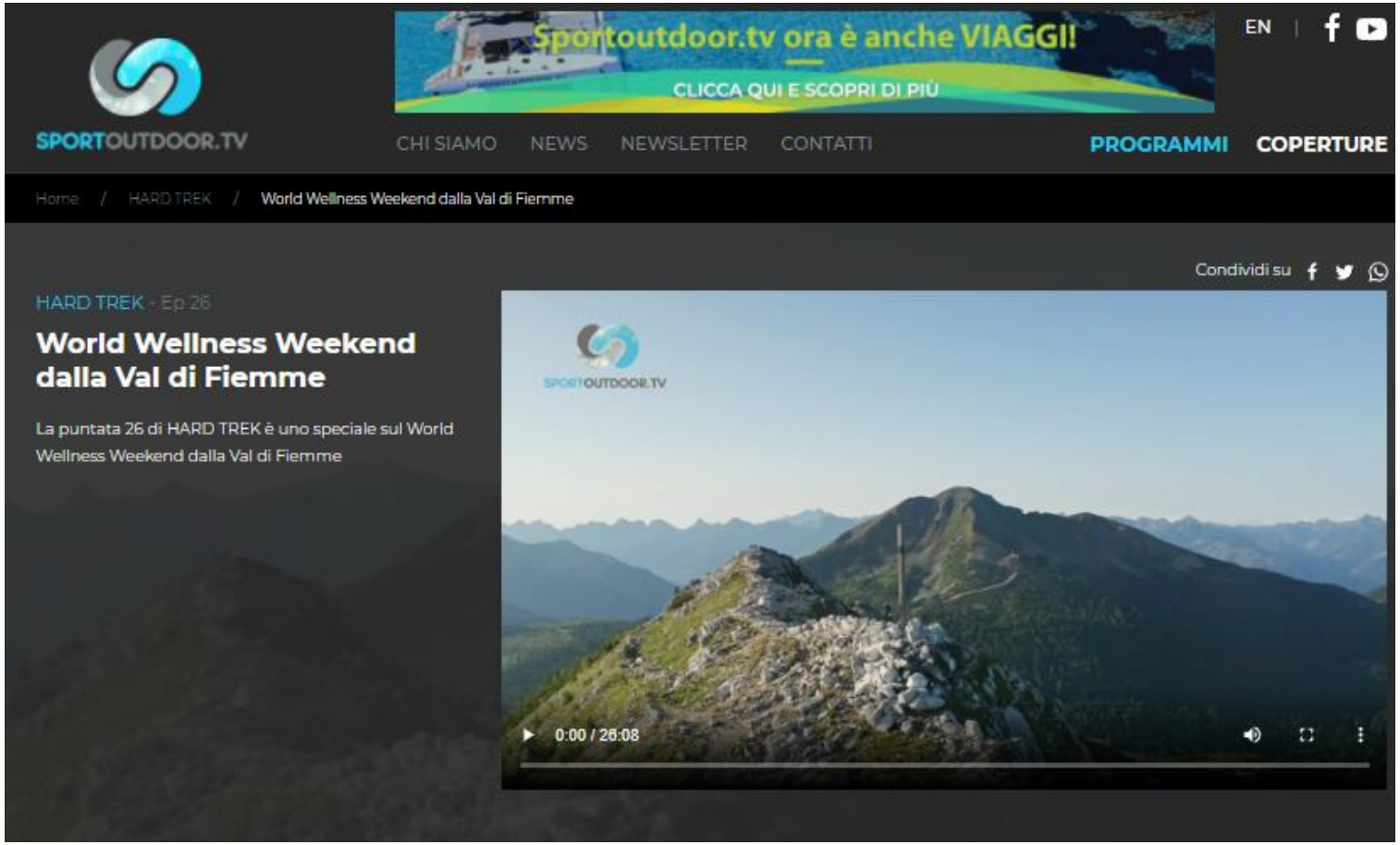
https://www.liguriasport.com/2021/09/30/lucia-ragazzi-e-free-yoga-premiati-con-il-wellness-champion-2021/



ITALY

16 October 2021

https://sportoutdoor.tv/tv/hard_trek/2021/1495_hard_trek_ep_26



ITALY

23 October 2021

http://www.tg2.rai.it/dl/tg2/rubriche/PublishingBlock-456877ad-9095-4d01-a9c2-51e2d9ff4e58.html



ITALY

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November 2021

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SIMONE CIOLLI
SPA Development Consultant

WORLD WELLNESS WEEKEND 2021
benessere coinvolgente

Si è da poco concluso il 5° Weekend Mondiale del Benessere (17-18-19 settembre 2021) che ha proposto, sotto l'auspicio irresistibile di un "Benessere Per Tutti", migliaia di celebrazioni in tutto il mondo, oltre a numerosissime sessioni di benessere online.



Questo grande evento si è volto nonostante la situazione internazionale non permetta ancora una organizzazione e una gestione ottimale degli eventi, e ha comunque permesso a questa importante iniziativa no-profit internazionale di superare quest'anno sé stessa con **numeri da record**.

Il **World Wellness Weekend** promuove, dal 2017, **stili di vita sani** attraverso attività sicure, divertenti e gratuite, in linea con il terzo obiettivo di sviluppo sostenibile delle **Nazioni Unite** "Buona salute e benessere per tutti". Stili di vita che comportano scelte ed abitudini giornaliere consapevoli e preventive verso problematiche importanti come insonnia, stanchezza cronica, obesità, diabete, sedentarietà, salute mentale, intossicazione e malattie croniche che opprimono ogni anno milioni di persone in tutto il mondo.

Da cinque anni, questo evento pro-bono è diventato un'ispirazione per tutti, al fine di **creare una vita più ricca e salubre** attraverso cinque pilastri del benessere quali: sonno e creatività, nutrizione e immunità, movimento e vitalità, consapevolezza e serenità, motivazione e solidarietà.



Tutto questo attraverso una **Mappa del benessere mondiale** (*wellmap.org*) che aiuta, in 16 lingue, gli appassionati di benessere a cercare e trovare (nei fine settimana dedicati) professionisti e strutture in tutto il mondo (quest'anno attraverso 2.310 sedi partecipanti distribuite in 133 paesi) che vadano a proporre attività wellness anche originali per un totale e consapevole stare bene.
World Wellness Weekend collega i professionisti del benessere, del fitness, della bellezza, dell'ospitalità, della salute olistica e del turismo al fine di creare sinergie nelle città, affinché residenti e turisti possano godere di attività di benessere con il maggior numero possibile di weekend dedicati allo stare bene.
L'Italia, grazie all'ottimo gioco di squadra del suo **Team Ambassador** (di cui, da quest'anno, anch'io sono orgoglioso di far parte), è riuscita, con il sostegno ufficiale delle città di Alassio, Alghero, Casciana Terme, Comuni del Mugello, Firenze e Torino (oltre a tutte le altre sedi già presenti e a quelle nuove che hanno aderito), ad incrementare il numero di strutture e professionisti coinvolti fino a raggiungere il terzo posto, fra tutte le nazioni partecipanti, della classifica mondiale.
In questo scenario la **Val di Fiemme** è stata indiscutibilmente la **Valle del Benessere** più attiva del 2021. La rinomata valle del Trentino (che si è inserita quest'anno in World Wellness Weekend proprio come riferimento mondiale in tal senso) ha organizzato oltre 30 attività wellness, totalmente immerse in una natura circondata da 60 milioni di alberi con vista sulle **Dolomiti**, diventando così praticamente "una SPA a cielo aperto". Anche la **Toscana** ha avuto un

Grazie alla passione e alla costanza di 100 ambasciatori e coordinatori, World Wellness Weekend è supportato da 60 federazioni professionali internazionali, 6 ministri della salute, dello sport e del turismo e 30 sindaci, uffici turistici e camere di commercio in Argentina, Brasile, Cipro, Francia, Irlanda, Italia, Quebec

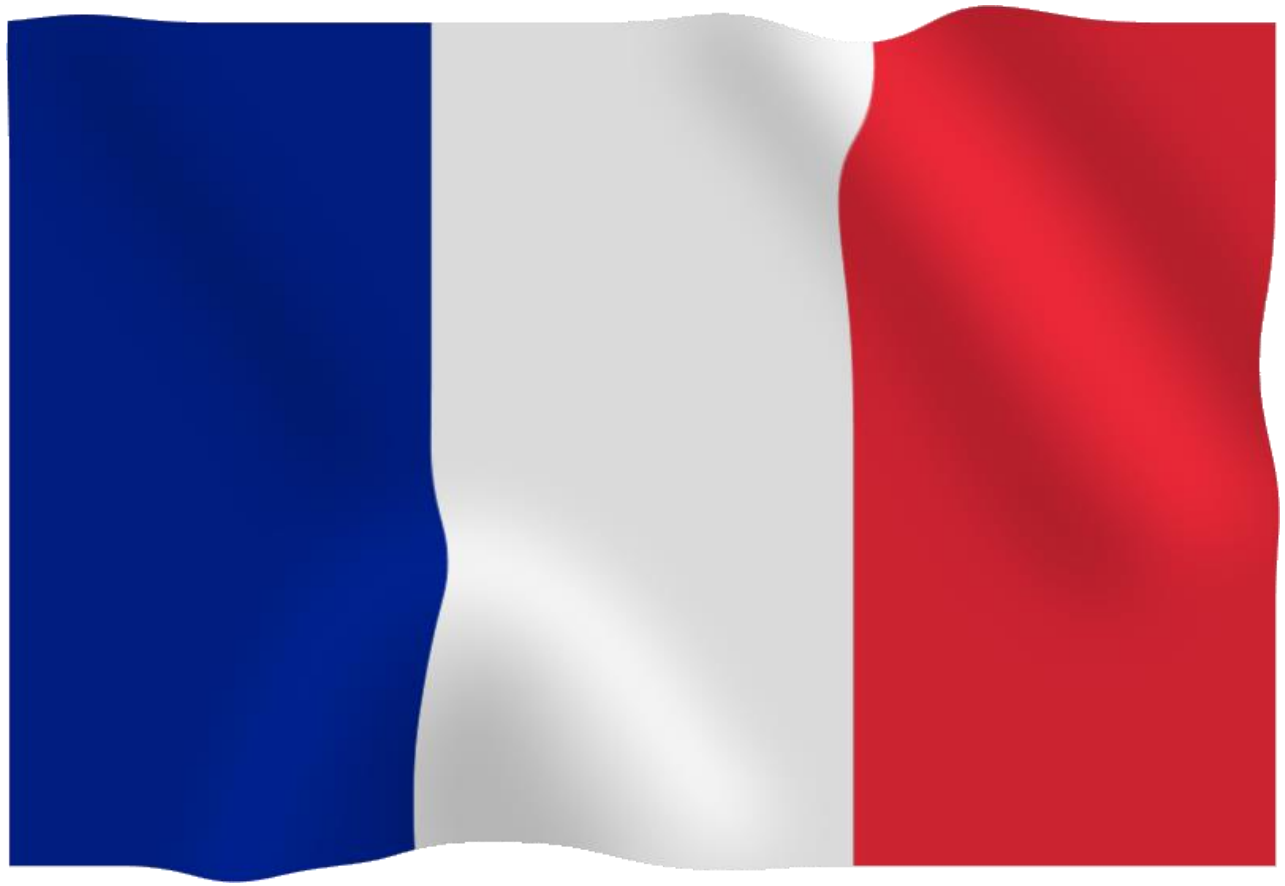


SIMONE CIOLLI



seguito molto forte, soprattutto nel settore termale, a questa edizione del WWW, insieme ad altre regioni come la **Liguria**, il **Piemonte** e la **Sicilia** e alla conferma di regioni come **Sardegna, Lombardia, Emilia-Romagna** e **Lazio**.

Tre giorni di iniziative coinvolgenti e divertenti, piene di contenuti caratteristici e tipici del territorio ospitante, con una serie di attività immerse nella quiete della natura e studiate per ristabilire l'equilibrio ottimale di corpo mente e spirito: dalle esperienze termali (energizzanti o rilassanti), agli **open day della bellezza** e del **benessere**; dalle sessioni di **educazione alimentare**, alle degustazioni dei cibi del territorio; dalle visite culturali guidate, alle passeggiate ed alle escursioni nel **benessere naturale**; dalle **meditazioni sensoriali**, alle sessioni di yoga e di Pilates; da un'**educazione al benessere** alla consapevolezza di un benessere su misura e per tutti.
"Il benessere non è solo una decisione che prendi per migliorare la tua salute mentale e fisica: è anche un atto per influenzare ed ispirare coloro che ti circondano a diventare la migliore versione di sé stessi", afferma **Jean-Guy de Gabriac**, fondatore del World Wellness Weekend e consulente internazionale del benessere dal 2001.
Le celebrazioni per il **World Wellness Weekend** sono iniziate a Dubai e Sharjah venerdì 17 settembre e sono proseguite sabato 18 all'alba delle Fiji (con una straordinaria benedizione del benessere grazie a Pure Fiji), fino al tramonto alle Hawaii domenica 19.
Poiché tanti eventi sono stati annullati o posticipati, questa quinta edizione è stata un ibrido sia con attività di persona che attività online, organizzate come sessioni video gratuite che saranno presto disponibili sulla **World Wellness WebTV** per permettere a chiunque di accedervi e cercare (o riscoprire) così, ovunque e in ogni momento, i propri spazi di benessere.
Nonostante sia stata colpita molto duramente dall'emergenza sanitaria, l'**America Latina** è stato il continente più attivo (ed un esempio di resilienza e creatività per le attività di benessere più divertenti e gratuite organizzate) con, a seguire, Europa e Asia, insieme ai tanti Gruppi Internazionali Hospitality&Tourism che hanno contattato, ospitato e supportato tutte le persone coinvolte fisicamente, mentalmente o emotivamente dall'emergenza sanitaria, condividendone speranza ed entusiasmo.
Un auspicio sempre più forte e presente in ognuno di noi, "unici ed uniti nel benessere", che pone delle ottime basi per il prossimo anno. Save the date: il 6° Weekend Mondiale del Benessere sarà il 16-17-18 settembre 2022.
Fatevi ispirare da questo benessere coinvolgente!



France

69 mentions

France

24 February 2021

Actualité française

https://www.actualitefrancaise.net/webinar-le-bien-etre-fonde-sur-lascience-dans-les-hotels-et-les-centres-de-villegiature-de-luxe-le-25-fevrier2021/

Webinar « Le bien-être fondé sur la science dans les hôtels et les centres de villégiature de luxe » le 25 février 2021

by — février 24, 2021 in Science

11 1 0



12 SHARES 22 VIEWS

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K-Organisation et Vladi Kovanic ont créé un événement incontournable qui se tiendra pour la 14 ème fois consécutive à l'hôtel Four Seasons George V à Paris, le 27 mai 2021

France

13 April 2021

Sense of Wellness

ttps://www.senseofwellness-mag.com/toute-les-actualitesspa-et-wellness/actus/salons-evenements/item/2740- 5eme-weekend-mondial-du-bien-etre-18-19-sept-2021-dans-120-pays? utm_source=newsletter_7309&utm_medium=email&utm_campaign=zoom-surle-top-10-des-articles-les-lus-en-avril-2021



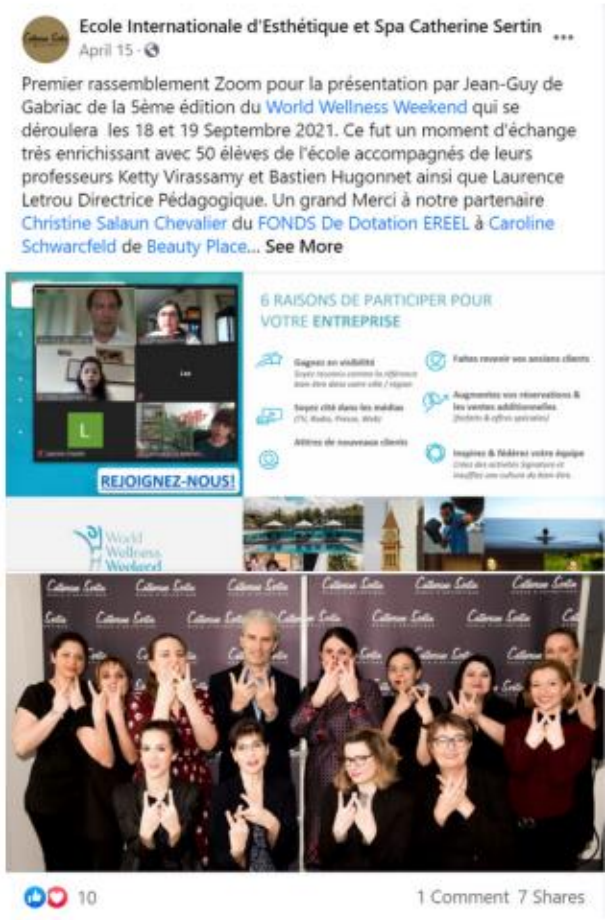
France

15 April 2021

Ecole Internationale d'Esthétique et Spa Catherine Sertin

ZOOM with students, teachers and partners

https://www.facebook.com/135696629834789/posts/5373035126100887/?d=n



France

4 May 2021

Beauty Forum France

FB Live

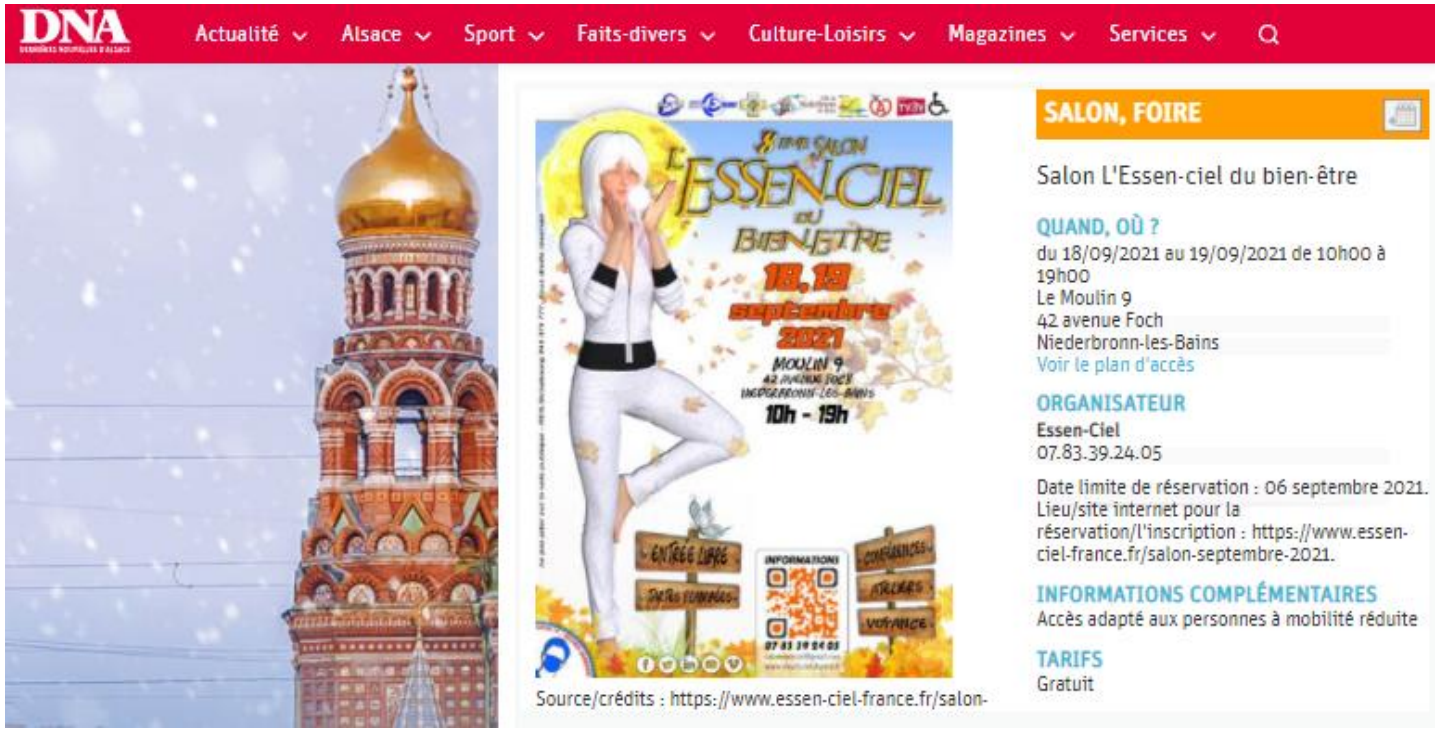
https://www.facebook.com/152172810245091 /posts/152123586916680



France

23 May 2021

https://www.dna.fr/pour-sortir/loisirs/Salon-foire-concours-agricole/Autres-salons-foires-concours/Alsace/Bas-rhin/Niederbronn-les-bains/2021/09/18/Salon-l-essen-ciel-du-bien-etre



Source/crédits : https://www.essen-ciel-france.fr/salon-

France

30 June 2021

Bar de l'économie

FB Live

https://www.facebook.com/383598025782511/videos/325228845895194



July 2021

Spa A

https://mailchi.mp/cc27fd942da6/un-cadeau-pour-la-fte-des-mres13424979?e=4cea0f4e44



FRANCE

https://www.femmesmagazine.lu/world-wellness-weekend-des-activites-gratuites-pour-renouer-avec-le-bien-etre/?utm_source=rss&utm_medium=rss&utm_campaign=world-wellness-weekend-des-activites-gratuites-pour-renouer-avec-le-bien-etre



FEMMES

LE MAGAZINE

RÉJOIGNEZ-NOUS

STYLE CULTURE BUSINESS SOCIÉTÉ FOOD AGENDA IMMOBILIER MAGAZINE

WORLD WELLNESS WEEKEND : DES ACTIVITÉS GRATUITES POUR RENOUER AVEC LE BIEN-ÊTRE

PAR FEMMES MAGAZINE | 10/08/2021 | STYLE / HEALTHY | SANTÉ

Particulièrement éprouvante, la crise sanitaire a eu un impact significatif sur le sommeil, l'alimentation, la sédentarité, et la santé mentale des populations à travers le monde. C'est donc pour une édition particulière, et sans aucun doute très attendue, que le World Wellness Weekend fait son retour les 18 et 19 septembre, avec des activités gratuites à découvrir aux quatre coins du globe pour (re)trouver une certaine sérénité et aborder la rentrée du bon pied. A vos agendas !

Vous vous êtes toujours dit que le yoga était l'activité idéale pour améliorer votre bien-être, mais n'avez jamais osé sauter le pas. Cela tombe bien, le World Wellness Weekend – ou Weekend Mondial du Bien-être – offre la possibilité de tester gratuitement des centaines d'activités partout dans le monde pour permettre à chacun de trouver celle qui lui conviendra le mieux au quotidien.

Organisée les 18 et 19 septembre dans pas moins de 130 pays, soit quelque 950 villes et près de 1.500 établissements, cette cinquième édition semble revêtir une importance toute particulière en pleine pandémie mondiale. Nombreuses sont les études qui ont révélé depuis un an et demi certains des méfaits de la crise sanitaire, des troubles du sommeil à la sédentarité en passant par la modification de nos pratiques alimentaires, et plus globalement par une santé mentale en berne. Plus que jamais, ce week-end semble tomber à pic pour permettre au plus grand nombre de retrouver vitalité et sérénité.

08.09
12.09
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dj marcelle
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noah vanden abeele
et plein d'autres sur :
aralunaires.be

AGENDA

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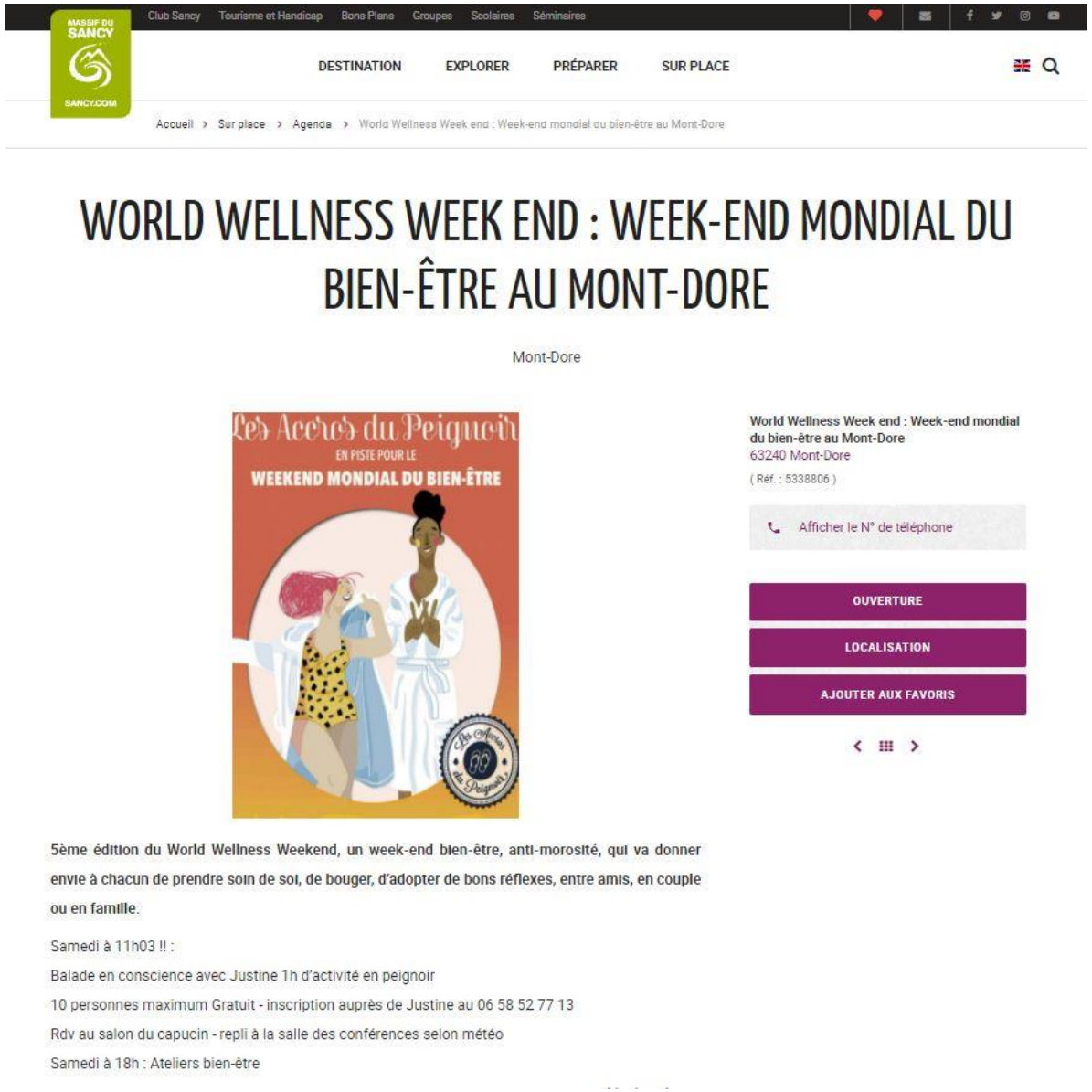
ATELIER POUR ENFANTS : CRÉATURES MYTHIQUES
2021-08-11
14:30- / MUSÉE NATIONAL D'HISTOIRE ET D'ART LUXEMBOURG (MNHA)

CIRCUIT VAUBAN
2021-08-11
14:30- / LUXEMBOURG CITY TOURIST OFFICE - LCTO

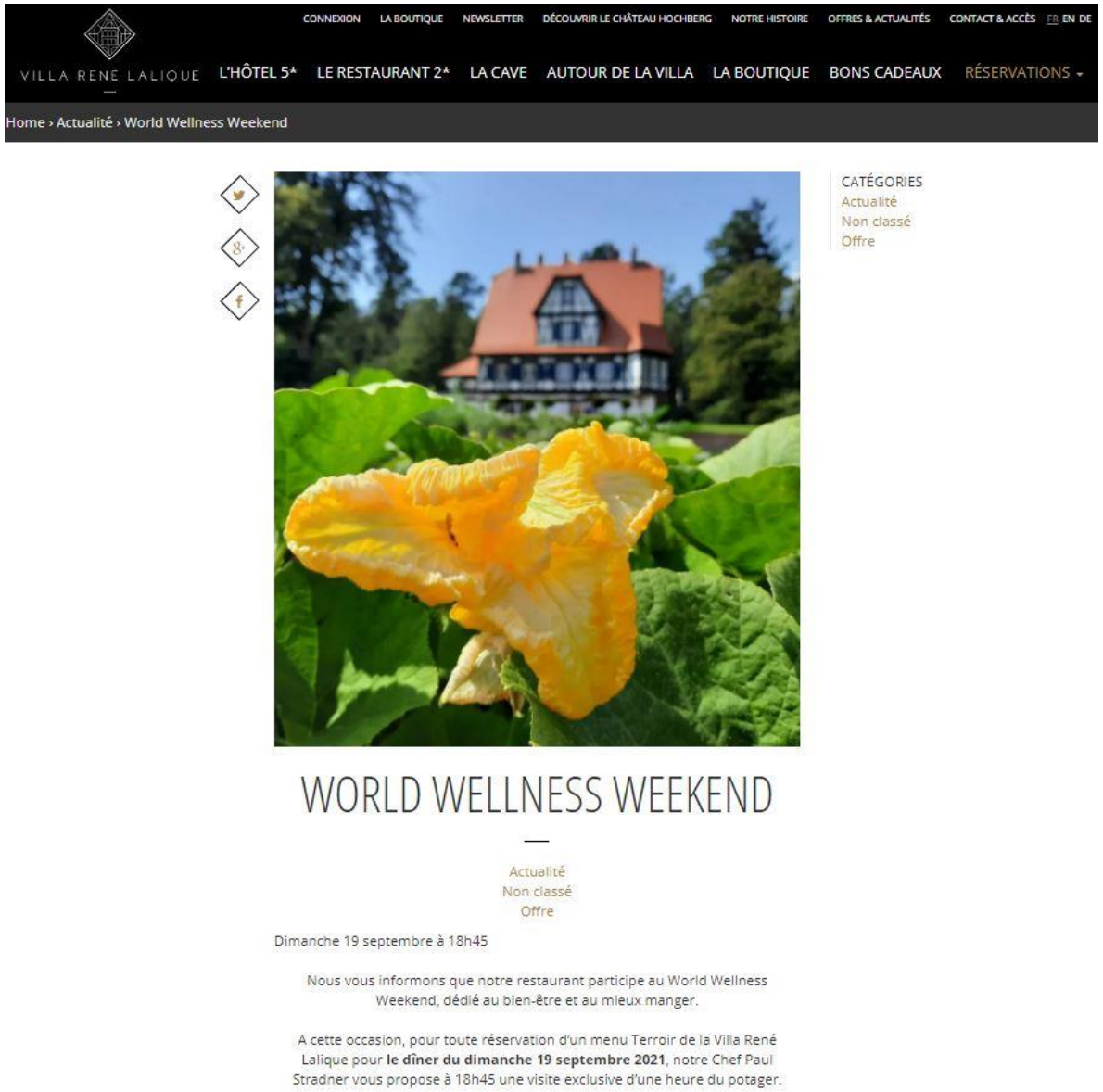
FRANCE

https://www.sancy.com/fetes-et-manifestations/world-wellness-week-end-week-end-mondial-du-bien-etre-au-mont-dore/



FRANCE

https://villarenelalique.com/world-wellness-weekend-2021/



FRANCE

9 August 2021

https://www.ladepeche.fr/2021/08/09/world-wellness-weekend-des-activites-gratuites-partout-dans-le-monde-pour-renouer-avec-le-bien-etre-9723157.php

LADEPECHE.fr
lundi 09 août 2021, Saint Amour

World Wellness Weekend : des activités gratuites partout dans le monde pour renouer avec le bien-être



Le World Wellness Weekend se tiendra les 18 et 19 septembre 2021. / Anton Watman / Shutterstock

Nos dernières vidéos
Toulouse : premier repas avec pass sanitaire dans les restaurants du centre-ville



Bien-être Publié le 09/08/2021 à 17:15

(ETX Daily Up) - Particulièrement éprouvante, la crise sanitaire a eu un impact significatif sur le sommeil, l'alimentation, la sédentarité, et la santé mentale des populations à travers le monde. C'est donc pour une édition particulière, et sans aucun doute très attendue, que le World Wellness Weekend fera son retour les 18 et 19 septembre, avec des activités gratuites à découvrir aux quatre coins du globe pour (re)trouver une certaine sérénité et aborder la rentrée du bon pied. A vos agendas !

France

15 August 2021

https://www.unidivers.fr/event/decouvrez-les-thermes-antiques-maison-de-larcheologie-2021-09-18/



France

15 August 2021

https://www.unidivers.fr/event/week-end-mondial-du-bien-etre-niederbronn-les-bains-bas-rhin-2021-09-19/



FRANCE

19 August 2021

https://www.dailyadvent.com/fr/news/057a4b0eeb89900952b01f34d47c608b



FRANCE

19 August 2021

https://www.dailyadvent.com/fr/news/057a4b0eeb89900952b01f34d47c608b

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Santé soins

World Wellness Weekend : des activités gratuites partout dans le monde pour renouer avec le bien-être

By ladepeche.fr | 1d

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Le World Wellness Weekend se tiendra les 18 et 19 septembre 2021. Anton Watman / Shutterstock (ETX Daily Up) - Particulièrement éprouvante, la crise sanitaire a eu un impact significatif sur le sommeil, l'alimentation, la sédentarité, et la santé mentale des populations à travers le monde. C'est donc pour une édition particulière,...

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FRANCE

19 August 2021

https://www.referencement-internet-web.com/44258-le-world-wellness-weekend-revient-pour-sa-5-e-edition.html

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SCIENCES ESPACE

Sciences - Espace - Archéologie

Le World Wellness Weekend revient pour sa 5e édition ! *19/08/2021 15:41 (By Etienne Jean de la PERLE)*



Dans le contexte sanitaire actuel, alors que le bien-être des gens est mis à l'épreuve avec la pandémie, le World Wellness Weekend s'est présenté comme une occasion de redécouvrir des moyens de se relaxer. Le rendez-vous était donné les 18 et 19 derniers.

Le World Wellness Weekend revient pour sa 5e édition !

Participez au World Wellness Weekend !

Alors que les études ne cessent de démontrer à quel point cette pandémie est néfaste sur la santé (mentale et physique) des gens (troubles du sommeil, stress, sédentarité, mauvaises pratiques alimentaires), le **World Wellness Weekend** semble tomber à

France

23 August 2021

https://www.clermontauvergnetourisme.com/fiches/exploration-sous-les-bassins-de-royatonic-world-wellness-weekend/



Clermont Auvergne Tourisme — Exploration sous les bassins de Royatonic – World Wellness Weekend

France

23 August 2021

https://www.clermontauvergnetourisme.com/fiches/les-thermes-vus-den-bas-world-wellness-weekend/



France

29 August 2021

https://www.unidivers.fr/event/soiree-aquazen-a-la-piscine-les-aqualies-niederbronn-les-bains-bas-rhin-2021-09-18/



France

September 2021

https://www.lesaccrosdupeignoir.com/2021/08/25/18-et-19-septembre-prochain-world-wellness-weekend/



C'est le rendez-vous à ne pas louper, celui qui prolonge l'été, celui qui tient éloigner la morosité de l'automne. Les 18 et 19 septembre 2021, c'est la 5e édition du Week-end Mondial du Bien-Être !

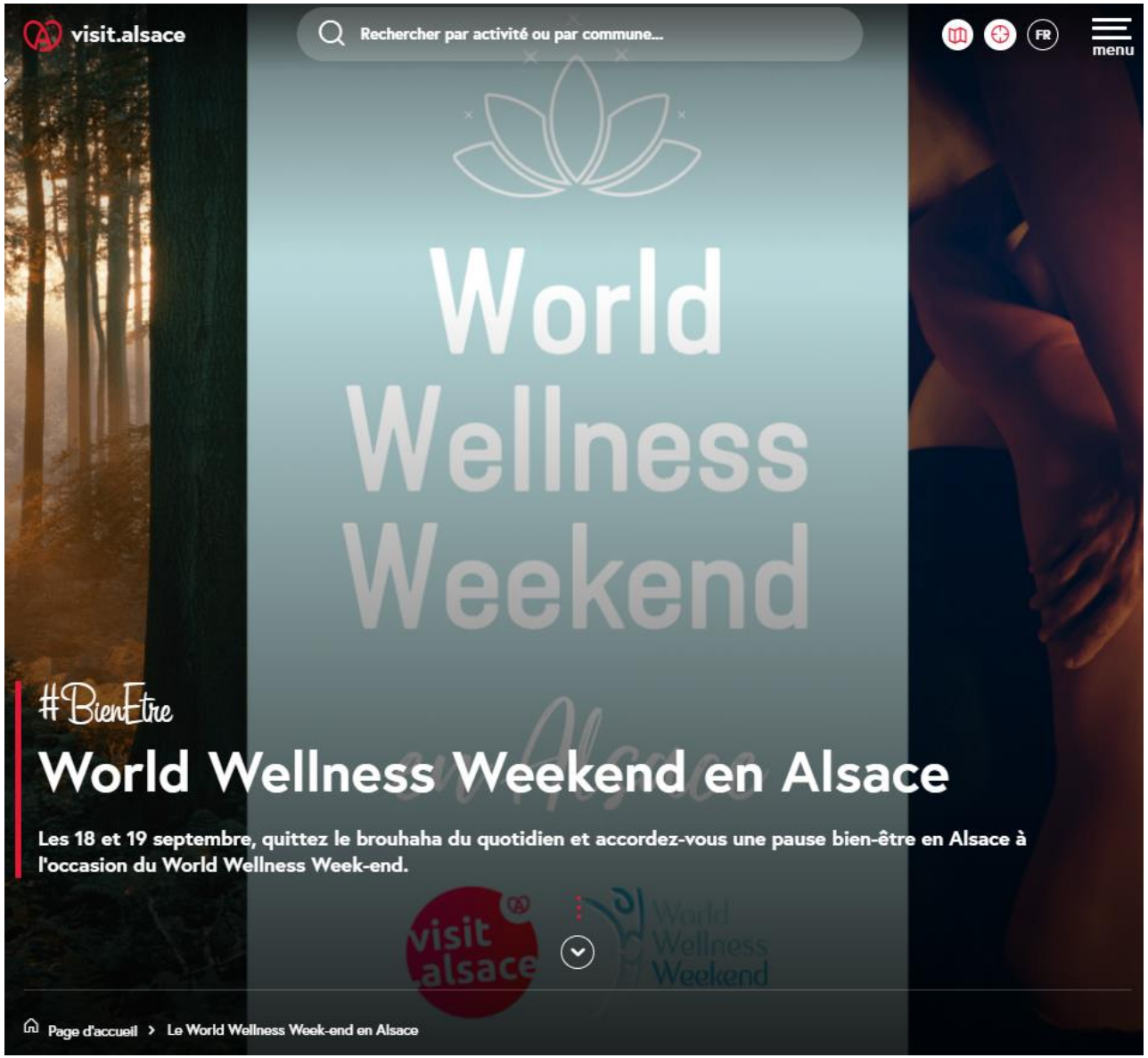
Cette année encore, impossible d'y échapper ! Le bien-être s'impose au moment de l'équinoxe d'automne. Partout en France, des professionnels de la forme, de la beauté et du tourisme ouvrent leurs portes pour initier ou perfectionner le plus grand nombre, gratuitement, dans des activités de bien-être lors de ce



FRANCE

02 September 2021

https://www.visit.alsace/le-world-wellness-week-end-en-alsace/



FRANCE

06 September 2021

https://www.alsace-destination-tourisme.com/ged/espace-presse/communique-presse-world-wellness-week-end.pdf

Communiqué de presse
6 septembre 2021

WORLD WELLNESS WEEK END EN ALSACE
18 et 19 septembre



Le World Wellness Week-end, ou Week-end Mondial du Bien-être, créé par M. Jean-Guy De Gabriac, est un évènement qui sensibilise le grand public en faisant la promotion de milliers d'activités de bien-être, gratuites et riches de sens à travers le globe. Cet évènement qui existe depuis 2017 avait réuni en 2019, près de 2300 participants dans 98 pays. Son édition 2021 aura

FRANCE

07 SEPTEMBER 2021

https://www.professionbienetre.fr/le-week-end-mondial-du-bien-etre-en-format-hybride-pour-sa-cinquieme-annee/

LE WEEK-END MONDIAL DU BIEN-ÊTRE EN FORMAT HYBRIDE POUR SA CINQUIÈME ANNÉE



7 Septembre 2021

Les 18 et 19 septembre prochains, le Week-end mondial du bien-être fédérera près de 2 000 établissements dans 133 pays qui proposeront des activités gratuites à vivre en famille, entre amis ou en ligne. Entretien avec son fondateur, Jean-Guy de Gabriac.



Profession bien-être : La pandémie n'aura finalement pas eu raison du World Wellness Weekend...

Jean-Guy de Gabriac : Loin de là ! Déjà, en 2019, l'événement avait atteint une audience de 24

FRANCE

07 SEPTEMBER 2021

https://www.visit.alsace/le-world-wellness-week-end-en-alsace/



FRANCE

7 SEPTEMBER 2021

https://www.professionbienetre.fr/le-week-end-mondial-du-bien-etre-en-format-hybride-pour-sa-cinquieme-annee/



LE WEEK-END MONDIAL DU BIEN-ÊTRE EN FORMAT HYBRIDE POUR SA CINQUIÈME ANNÉE



7 Septembre 2021

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Profession bien-être : La pandémie n'aura finalement pas eu raison du World Wellness Weekend…

Jean-Guy de Gabriac : Loin de là ! Déjà, en 2019, l'événement avait atteint une audience de 24 millions de personnes dans 95 pays. En 2020, malgré le virus, nous avons rassemblé 109 pays et 524 villes. Cette année, du lever du soleil aux îles Fidji, le 18 septembre, jusqu'au coucher du soleil à Hawaï, le 19 septembre, près de 2000 hôtels, spas, clubs de fitness, studios de yoga, stations thermales et thalassos offriront à des millions de personnes la possibilité d'explorer les cinq piliers du bien-être : sommeil et créativité, nutrition et immunité, mouvement et vitalité, présence et sérénité, sens de la vie et solidarité.

Pourquoi un tel engouement ?

Le bien-être n'est pas qu'une décision pour améliorer son capital santé, vitalité et sérénité. C'est aussi un acte d'influence pour inspirer celles et ceux qui nous entourent à devenir la meilleure version d'eux. La Covid-19 a servi de révélateur, mais bien avant son apparition, cinq autres pandémies réduisaient déjà l'espérance de vie : insomnie et fatigue chronique, obésité et diabète, sédentarité, santé mentale, opioïdes, maladies chroniques… Elles n'ont pas disparu et, pourtant, des choix de vie plus sains pourraient sauver les millions de vie chaque année.

Un lourd message à faire passer…

FRANCE

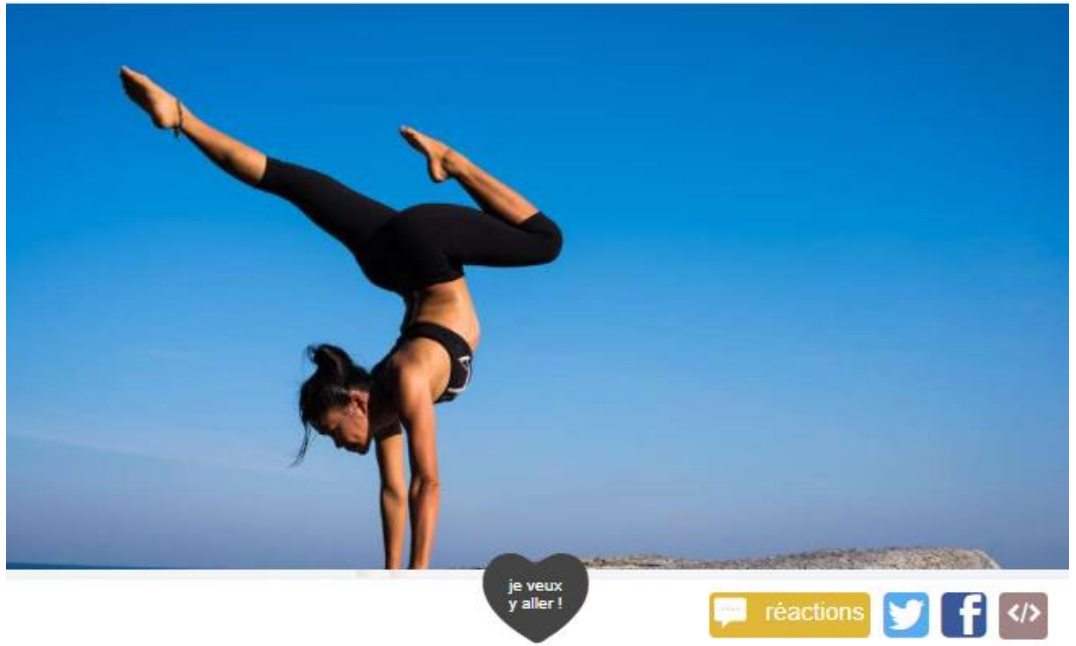
08 SEPTEMBER 2021

https://www.frequence-sud.fr/art-76281-marseille__une_journee_gratuite_consacree_au_bien-etre_le_18_septembre_au_sofitel_marseille

Marseille : Une journée gratuite consacrée au bien-être le 18 septembre au Sofitel

Le 18/09/2021 - Marseille - Sofitel Vieux Port

Publié par Redac . le 08/09/2021



A l'occasion des World Wellness Weekend, le Sofitel de Marseille en partenariat avec l'Office de Tourisme vous propose une journée bien être accessible gratuitement le 18 septembre.

Et si vous profitiez du samedi 18 septembre pour penser santé, bien-être au Sofitel ? A l'occasion des World Wellness Weekend, le Sofitel vous propose des activités relaxantes accessibles gratuitement !

France

08 September 2021

https://www.fest.fr/les-thermes-vus-d-en-bas-world-wellness-weekend-1010976.html



FRANCE

09 SEPTEMBER 2021

https://mailchi.mp/57c2218a6b69/un-cadeau-pour-la-fte-des-mres-13431431?e=2bb6267884



WEEK-END MONDIAL DU BIEN-ETRE

18 et 19 septembre

Le 5e Weekend Mondial du Bien-être

sera célébré dans plus de 130 pays et 950 villes 18 et 19 septembre 2021

France

10 September 2021

La Depeche

https://www.ladepeche.fr/2021/09/10/world-wellness-weekend-5-activites-insolites-pour-evacuer-le-stress-lie-a-la-pandemie-9782123.php

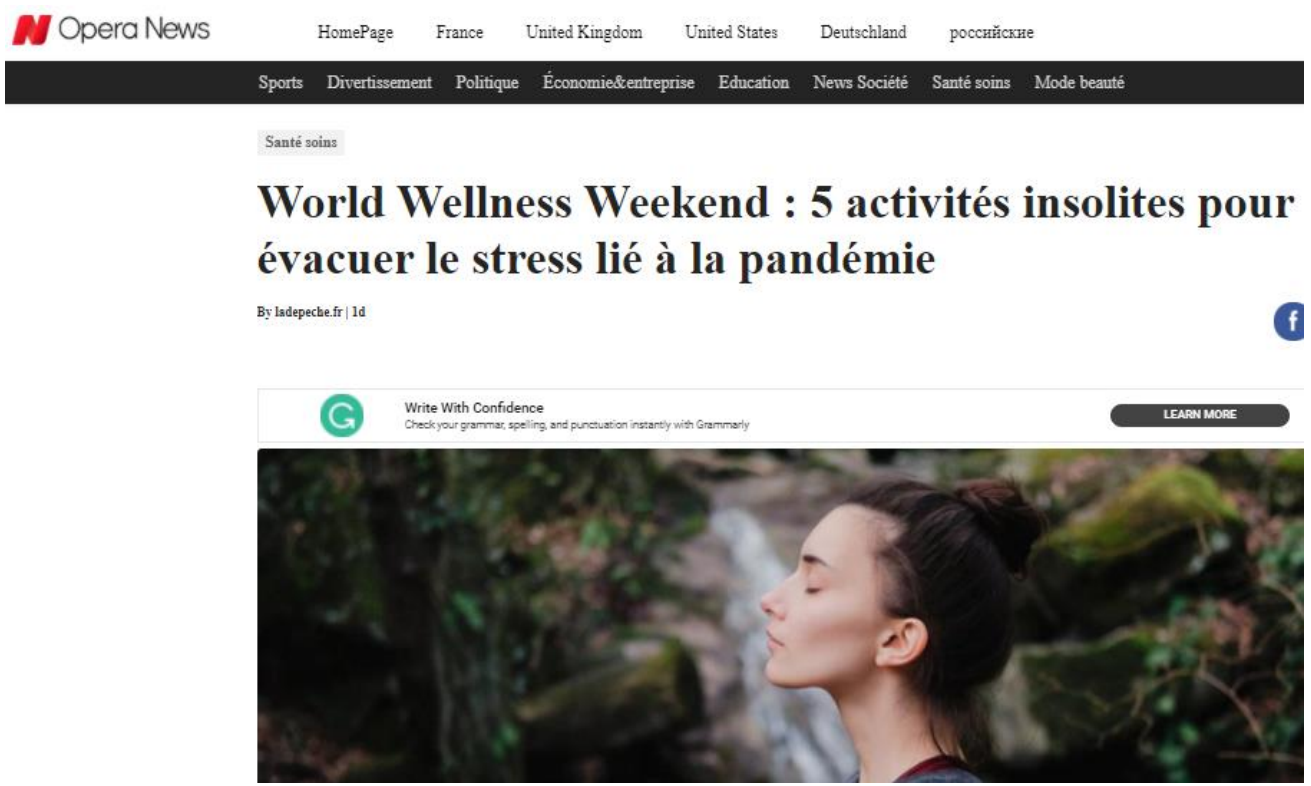


France

10 September 2021

Opera News

https://www.dailyadvent.com/fr/news/dc421602edcfb94b2167d3be7bbb60f6



France

10 September 2021

Marseille Tourisme

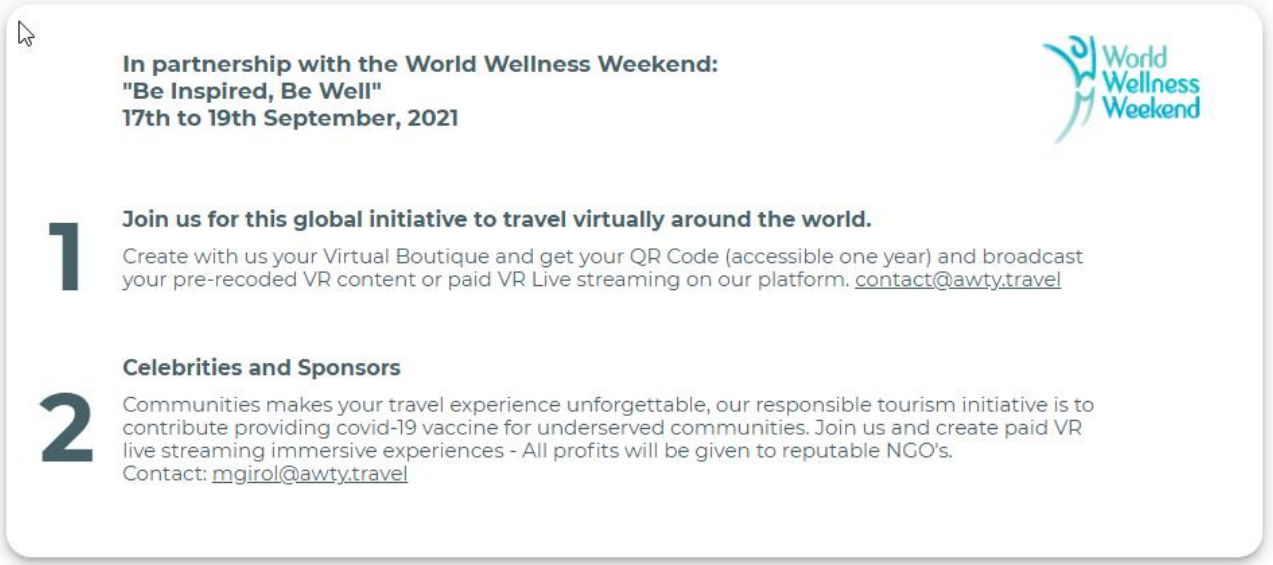
https://www.marseille-tourisme.com/vivez-marseille-blog/le-blog-marseille-a-la-carte/week-end-bien-etre-a-marseille/

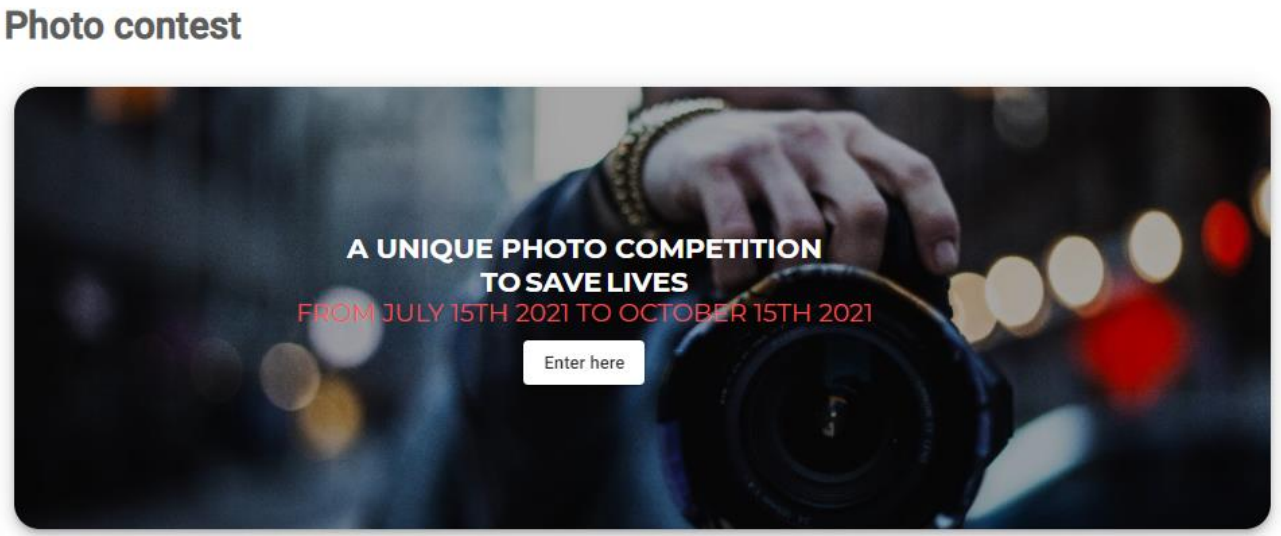


FRANCE

10 SEPTEMBER 2021

https://awty.travel/boutique/angouleme-France





FRANCE

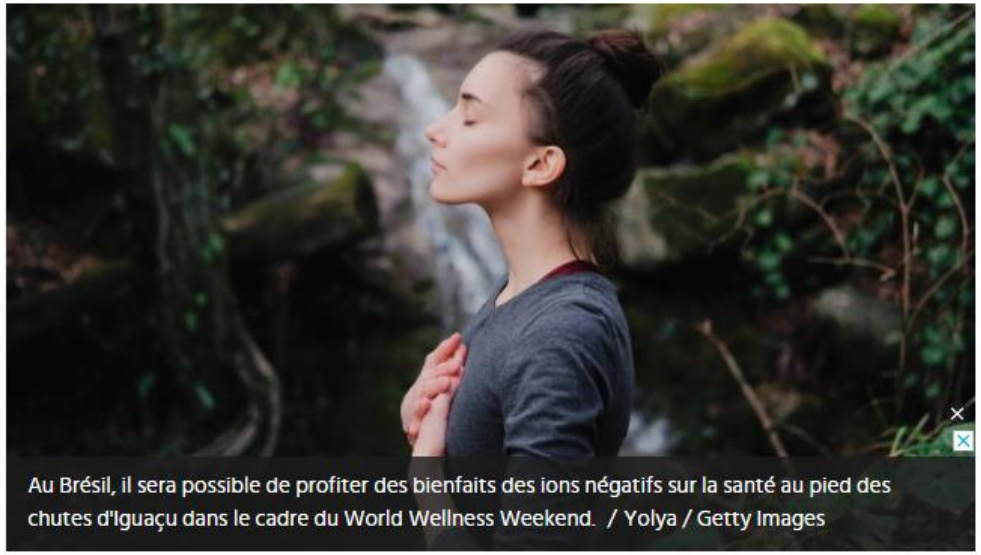
10 SEPTEMBER 2021

https://www.lindependant.fr/2021/09/10/world-wellness-weekend-5-activites-insolites-pour-evacuer-le-stress-lie-a-la-pandemie-9782125.php

L'INDÉPENDANT

Rechercher sur le site...

World Wellness Weekend : 5 activités insolites pour évacuer le stress lié à la pandémie



Au Brésil, il sera possible de profiter des bienfaits des ions négatifs sur la santé au pied des chutes d'Iguaçu dans le cadre du World Wellness Weekend. / Yolya / Getty Images

Bien-être

Publié le 10/09/2021 à 17:41

(ETX Daily Up) - Pendant deux jours, les 18 et 19 septembre, le World Wellness Weekend - ou Weekend Mondial du Bien-être - permettra de tester gratuitement différentes activités dans une centaine de pays à travers le monde. Si certaines pratiques comme le yoga ou le fitness sont déjà connues pour leurs vertus sur le corps et l'esprit, plus que jamais indispensables après la

Waiting for www.googleta...

à laquelle les populations ont été confrontées, d'autres,

FRANCE

10 SEPTEMBER 2021

https://www.ladepeche.fr/2021/09/10/world-wellness-weekend-5-activites-insolites-pour-evacuer-le-stress-lie-a-la-pandemie-9782123.php

LADEPECHE.fr
samedi 11 septembre 2021, Saint Adelphe
18° / 26 °
Toulouse
Rechercher
Journal

World Wellness Weekend : 5 activités insolites pour évacuer le stress lié à la pandémie



Au Brésil, il sera possible de profiter des bienfaits des ions négatifs sur la santé au pied des chutes d'Iguaçu dans le cadre du World Wellness Weekend. / Yolya / Getty Images

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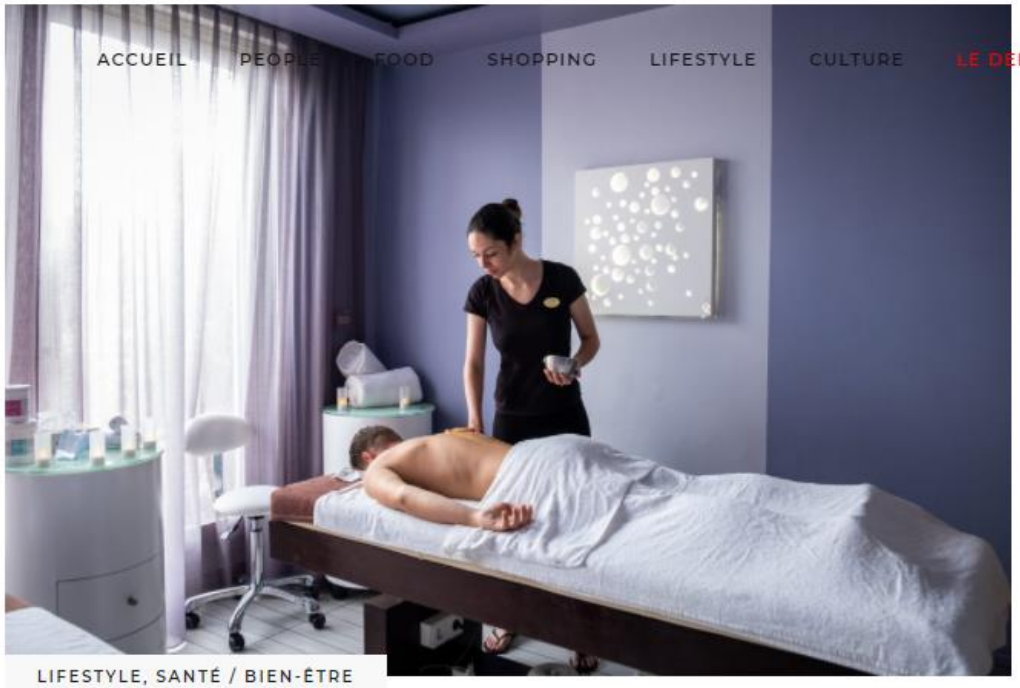
FRANCE

10 SEPTEMBER 2021

https://toutma.fr/journee-bien-etre-gratuite-au-sofitel-samedi-18-septembre

TOUTMA
l'œil sur tout… et sur vous



LIFESTYLE, SANTÉ / BIEN-ÊTRE

JOURNÉE BIEN-ÊTRE GRATUITE AU SOFITEL, SAMEDI 18 SEPTEMBRE

by Chanel Gree / 10 septembre 2021 / 15

Le Sofitel Marseille Vieux-Port, en partenariat avec l'Office Métropolitain du Tourisme et des Congrès, propose le samedi 18 septembre, une journée placée sous le signe de la sérénité à l'occasion de *World Wellness Weekend*. Depuis 2017, cet événement encourage les *leaders* du bien-être dans l'hôtellerie, le sport, la remise en forme, la beauté et le tourisme à travers le monde à ouvrir leurs portes et mettre en valeur l'expertise de leurs équipes.

Quel adepte de *selfcare* n'a jamais rêvé d'une journée détente dans un hôtel 5 étoiles à la vue dégagée sur le Vieux-Port ? On file se revigorer sur la terrasse du Sofitel Marseille avec, de 9h à 10h,

FRANCE

10 SEPTEMBER 2021

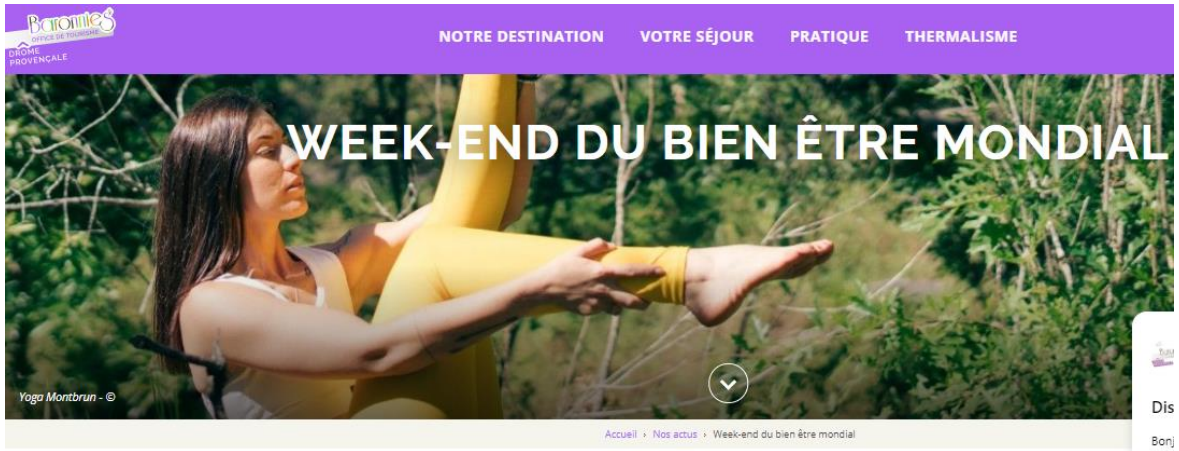
https://dailyup.etxstudio.com/articles/rn/fr/news_2237230/sport-forme/world-wellness-weekend-5-activites-insolites-pour-evacuer-le-stress-lie-a-la-pandemie?utm_source=Sociallymap&utm_medium=Sociallymap&utm_campaign=Sociallymap



France

12 September 2021

https://www.baronnies-tourisme.com/2021/09/10/week-end-du-bien-etre-mondial/



France

12 September 2021

https://www.royatonic.com/week-end-mondial-du-bien-etre.html?fbclid=IwAR10dmRcObu73aLqeVNbuRClqfcLvkxMwng0zBQX-ZkQ4axkIeQuVN6TXaI





France

12 September 2021

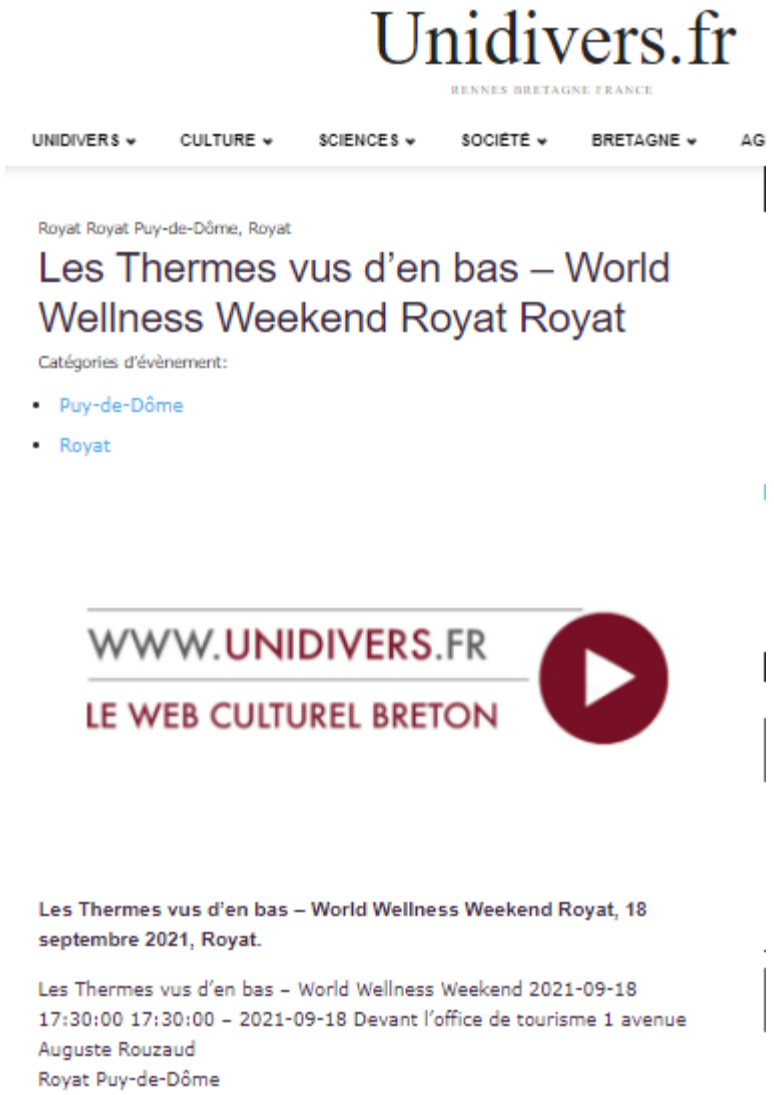
https://www.unidivers.fr/event/exploration-sous-les-bassins-de-royatonic-world-wellness-weekend-royat-puy-de-dome-2021-09-18/



France

12 September 2021

https://www.unidivers.fr/event/les-thermes-vus-den-bas-world-wellness-weekend-royat-puy-de-dome-2021-09-18/



Unidivers.fr

RENNES BRETAGNE FRANCE

UNIDIVERS CULTURE SCIENCES SOCIÉTÉ BRETAGNE AG

Royat Royat Puy-de-Dôme, Royat

Les Thermes vus d'en bas – World Wellness Weekend Royat Royat

Catégories d'évènement:

- Puy-de-Dôme
- Royat

WWW.UNIDIVERS.FR

LE WEB CULTUREL BRETON

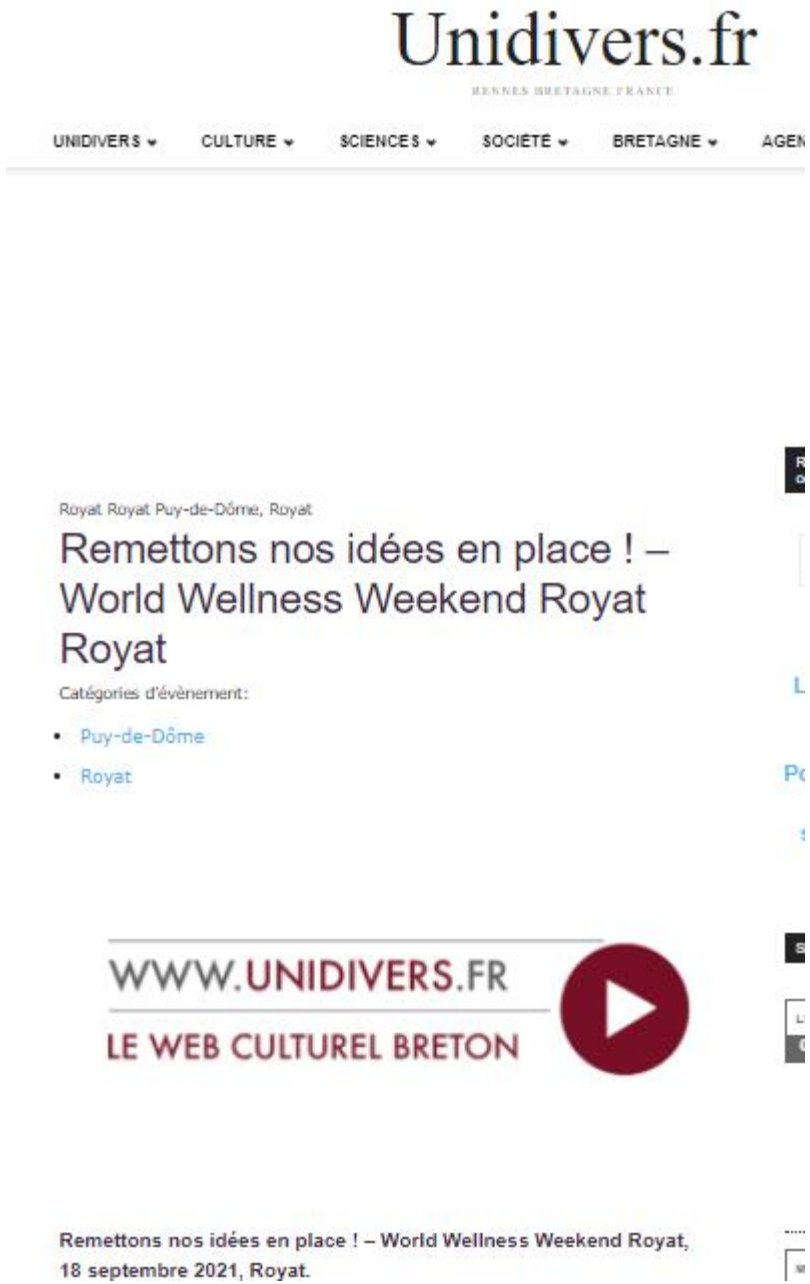
Les Thermes vus d'en bas – World Wellness Weekend Royat, 18 septembre 2021, Royat.

Les Thermes vus d'en bas – World Wellness Weekend 2021-09-18 17:30:00 17:30:00 – 2021-09-18 Devant l'office de tourisme 1 avenue Auguste Rouzaud
Royat Puy-de-Dôme

France

12 September 2021

https://www.unidivers.fr/event/remettons-nos-idees-en-place-world-wellness-weekend-royat-puy-de-dome-2021-09-18/



FRANCE

12 September 2021

https://www.professionbienetre.fr/au-vietnam-le-week-end-mondial-du-bien-etre-se-deroulera-en-ligne/



AU VIETNAM, LE WEEK-END MONDIAL DU BIEN-ÊTRE SE DÉROULERA EN LIGNE



12 Septembre 2021

La participation asiatique au Week-end mondial du bien-être (les 18 et 19 septembre) est toujours importante. Cette année, compte tenu de la situation sanitaire, Hylton Lipkin, qui coordonne l'initiative au Vietnam, a opté pour le 100% numérique. Entretien.



Profession bien-être : Pourquoi avoir décidé d'entraîner la province de Hué – et le Vietnam – dans l'aventure du week-end mondial du bien-être ?

Hylton Lipkin : J'ai intégré le bien-être depuis longtemps dans ma vie professionnelle : il m'a entrainé un peu partout dans le monde, j'ai fait partie de nombreuses associations de fitness aux Etats-Unis, en Europe, en Asie et en Afrique et j'ai eu la chance de travailler pour quelques-uns des plus groupes hôteliers en tant que spa manager, avant de devenir directeur général.

Lorsque j'ai découvert cette initiative, je me donc suis tout de suite senti concerné. C'était une occasion unique de promouvoir la province de Hué, en particulier où je dirige L'Alba Wellness Valley by Fusion, et le Vietnam, en général. L'idée du World Wellness Weekend m'a séduit d'autant plus que je me suis aperçu que je partageais les mêmes valeurs que les autres ambassadeurs et que le fondateur du concept. Le travail que nous pouvons faire en commun est incroyable et surtout nécessaire.

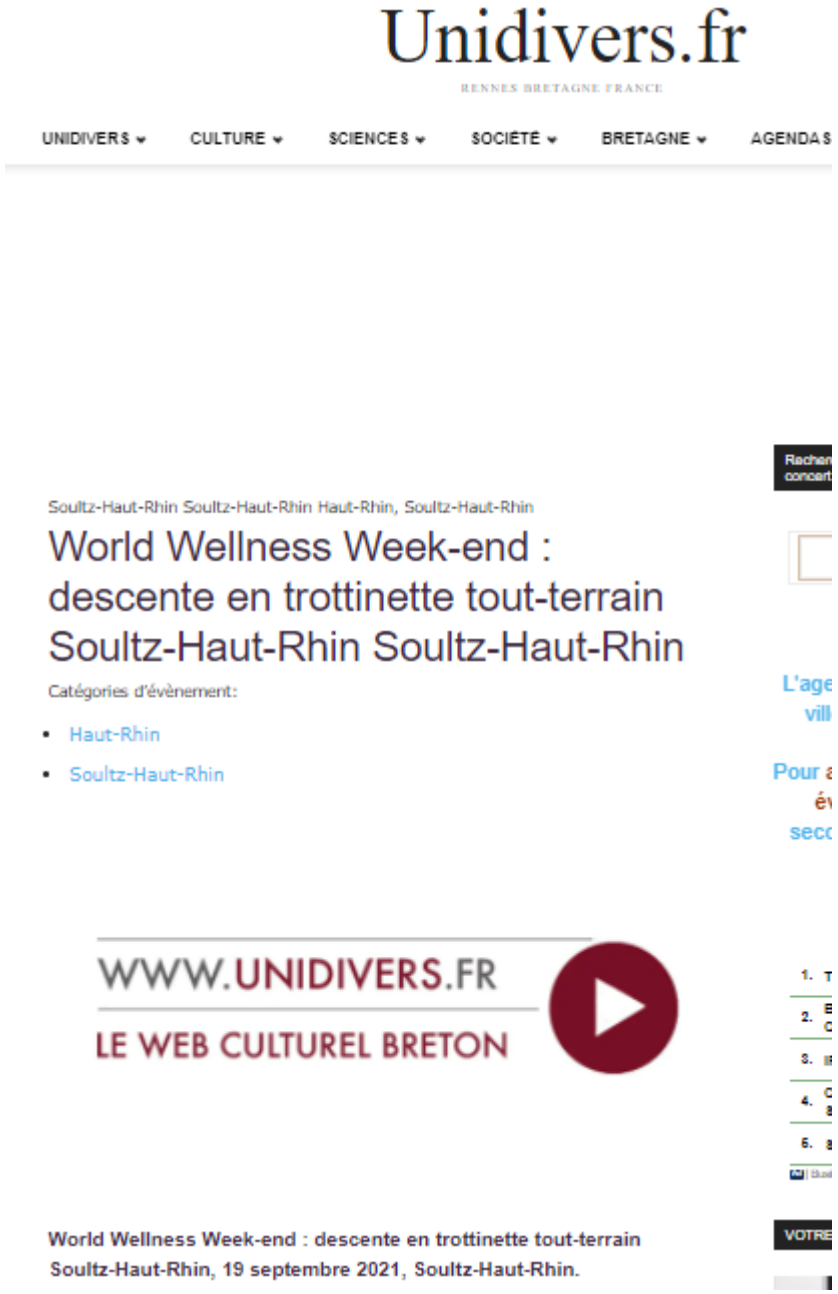
Et vous avez réussi à convaincre vos partenaires ?

Nous savons tous que le bien-être devrait être la priorité de tous, surtout en cette période de pandémie. Et du coup, cette idée de promouvoir le bien-être par le biais d'un événement non commercial a été très bien accueillie. J'ai pu expliquer aux autorités locales que, non seulement l'opération favoriserait les commerces locaux, mais aussi que cela permettrait de positionner la province de Hué comme une véritable destination bien-être. Il a été d'autant plus facile de les convaincre que j'étais convaincu moi-même !

France

12 September 2021

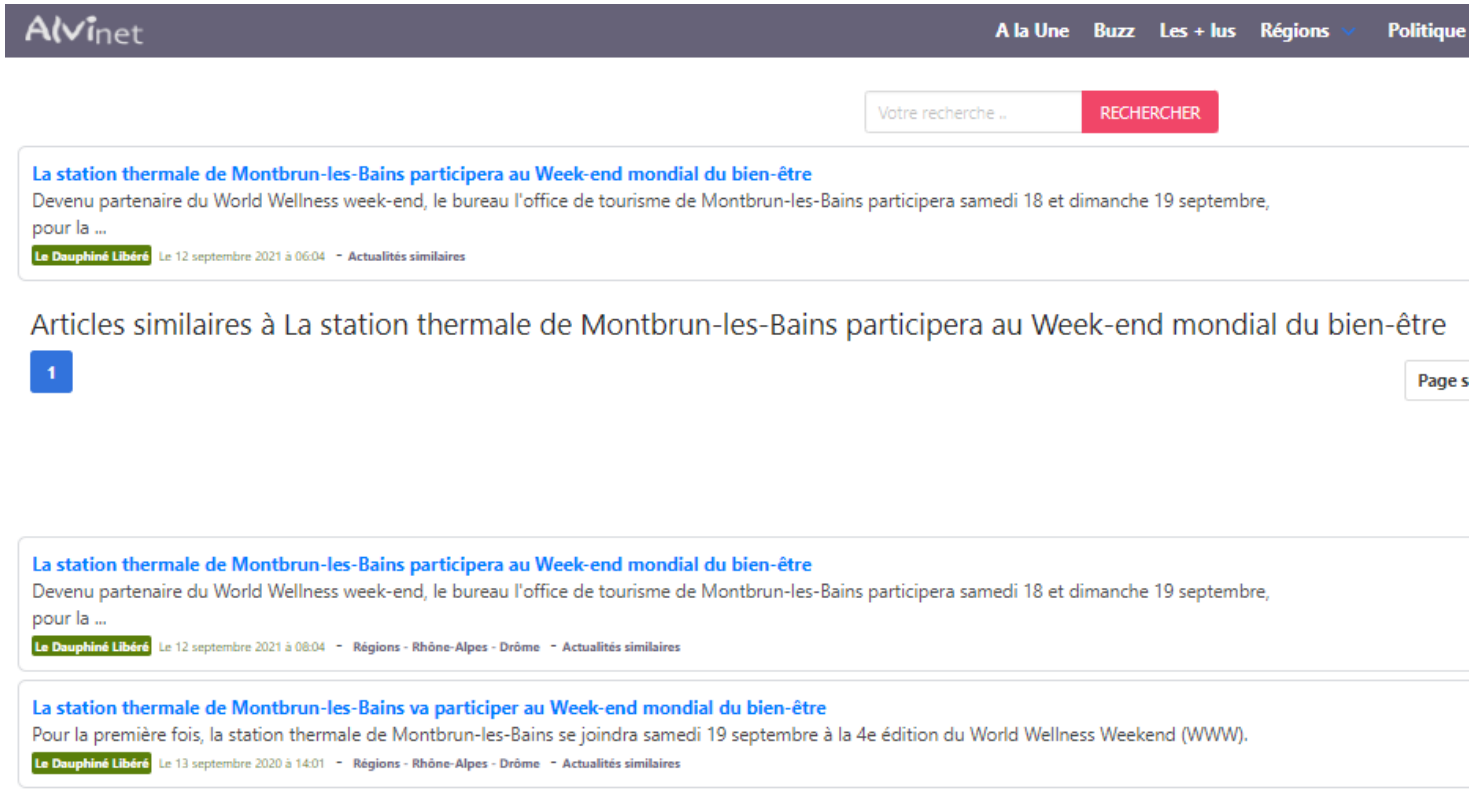
https://www.unidivers.fr/event/world-wellness-week-end-descente-en-trottinette-tout-terrain-soultz-haut-rhin-haut-rhin-2021-09-19/



France

12 September 2021

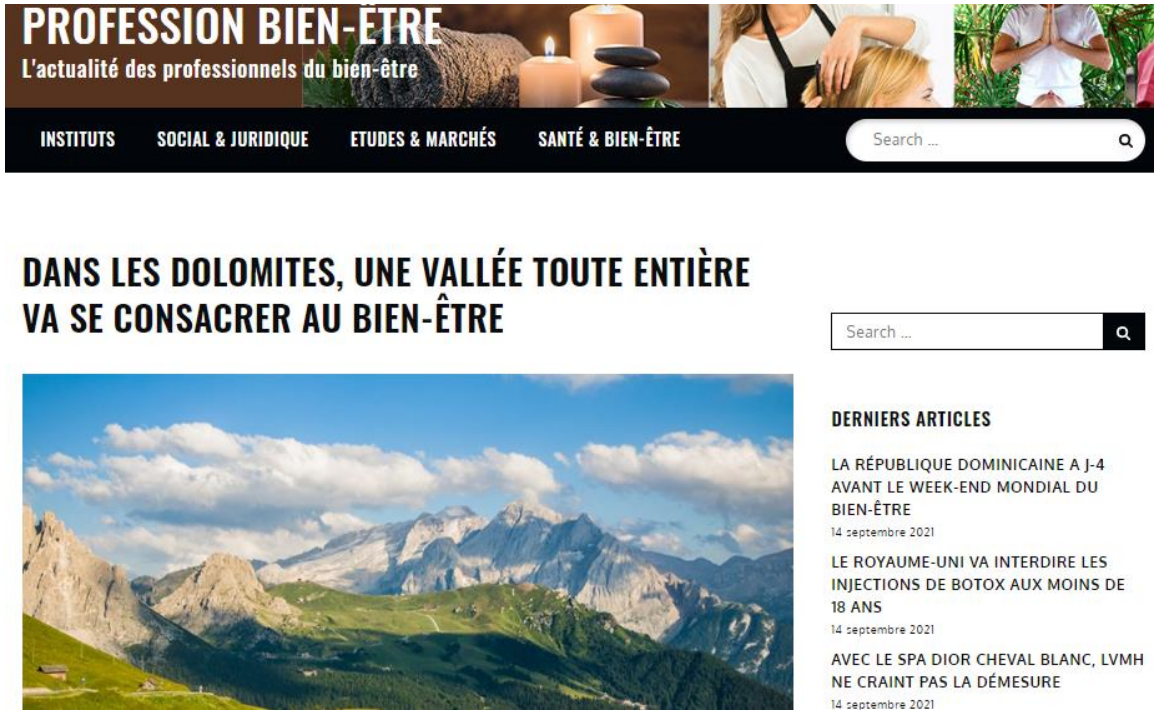
https://www.alvinet.com/similaires/la-station-thermale-de-montbrun-les-bains-participera-au-week-end-mondial-du-bien-etre/60060136



France

13 September 2021

https://www.professionbienetre.fr/dans-les-dolomites-une-vallee-toute-entiere-va-se-consacrer-au-bien-etre/



France

13 September 2021

https://www.auvergne-destination.com/fiches/world-wellness-weekend/



Auvergne Destination

NATURE ET DÉTENTE

World Wellness Weekend

Page d'accueil . Séjourner . Où sortir en Auvergne ? . Tout l'agenda . World Wellness ... PARTAGE :

C'est le rendez-vous à ne pas louper, celui qui prolonge l'été, celui qui tient éloigner la morosité de l'automne. Les 18 et 19 septembre 2021, c'est la 5e édition du Week-end Mondial du Bien-Être !

ACTIVITÉ GRATUITE EN PEIGNOIR A 11H03 : Séance de sophrologie en peignoir au centre thermal Caleden, le samedi. Un moment de détente assuré par Arlette BOUDON, sophrologue caycédienne, au cœur de l'établissement thermal. Ouvert à toutes et tous, en peignoir bien sûr !
Infos et réservations 04 71 23 51 06

France

14 September 2021

https://www.senseofwellness-mag.com/toute-les-actualites-spa-et-wellness/actus/salons-evenements/item/2874-5e-weekend-mondial-du-bien-etre-300-etablissements-en-france-celebrent-le-wellness?utm_source=newsletter_7355&utm_medium=email&utm_campaign=a-la-une-zoom-sur-le-world-wellness-weekend-en-france-actus-le-marketing-d-influence-la-beaute-reine-des-reseaux-le-yoga-pour-les-enfants-ouverture-du-borrelly-spa-a-lyon-avec-omnisens-nouvelles-offres-emploi-jobspa



France

14 September 2021

https://www.professionbienetre.fr/la-republique-dominicaine-a-j-4-avant-le-week-end-mondial-du-bien-etre/

La République Dominicaine a j-4 avant le Week-end mondial du bien-être



14 SEPTEMBRE, 2021 ÉVÉNEMENTS SISKA VON SAXENBURG

La République dominicaine, un havre de bien-être ? Très actif dans la préparation du World Wellness Weekend, Flavio Acuña, créateur du Spa Natural Center, en est convaincu. Il explique pour Profession bien-être les atouts de cette grande île des Caraïbes.

Flavio acuna

Profession bien-être : Votre région semble très concernée par le bien-être et la santé…

Flavio Acuña : Depuis que je suis enfant, mon grand-père m'a appris à guérir et j'y ai consacré ma vie. Lorsque je suis arrivé ici, il y a plus de 19 ans, j'ai trouvé ma terre d'adoption. Et elle m'a accueilli en m'ouvrant les bras. L'île possède une diversité incroyable de végétation, avec plus de 13 000 plantes médicinales. On y trouve aussi des rivières, des plages paradisiaques, des cascades, des montagnes… Non seulement la nature y est incroyablement généreuse, mais les habitants sont d'une chaleur humaine peu commune. Je n'aurais pas pu trouver de meilleur endroit pour promouvoir le week-end mondial du bien-être ¡

France

15 September 2021

http://www.logosfm.com/?fbclid=IwAR2U7b4k_vIWAcXtSVPXlKQf6W0QsAzHC2OQbONy9jUBrlBjGsNIcCTiL7M



France

15 September 2021

https://www.royatonic.com/week-end-mondial-du-bien-etre.html?fbclid=IwAR1SkF6vZsDECI0nY-bbEfJfAt5mtfm-R0XQr6FFkLoxozRN0iH43SDhsNI



France

15 September 2021

https://www.professionbienetre.fr/evenements/le-week-end-mondial-du-bien-etre-a-lheure-du-digital/

pbe PROFESSION BIEN-ÊTRE

BEAUTÉ ● BIEN-ÊTRE ● BUSINESS

ACTUALITÉS GESTION JURIDIQUE MÉTIERS

Le « Week-end mondial du bien-être » a l'heure du digital



15 SEPTEMBRE, 2020 ÉVÉNEMENTS SISKA VON SAXENBURG

Comment le digital, devenu indissociable de notre quotidien, se marie-t-il avec le bien-être ? Pour Jean-Guy de Gabriac, fondateur du «World Wellness Week-End», qui aura lieu les 19 et 20 septembre, l'événement n'aurait jamais pu avoir lieu sans l'apport de la technologie.

Profession bien-être : Vous avez toujours privilégié le digital. A-t-il pris une place encore plus importante, cette année, dans votre organisation ?

Jean-Guy de Gabriac : Plus que jamais ! Mais ce n'est pas une nouveauté. Le digital a toujours été au coeur du développement du «Week end mondial du bien-être». Et ce, pour quatre raisons. D'abord, la rapidité de réaction. Comment, sans digital, permettre à un établissement de s'inscrire en ligne en 3 minutes pour apparaitre sur la carte, de façon à attirer une clientèle locale ? Et au-delà de cette proximité, avec un site en 13 langues, la page de l'établissement sensibilise aussi des expatriés et des voyageurs internationaux.

Le numérique permet aussi d'ancrer la stratégie dans la durée. Certains responsables d'établissements ont bien compris que leur page sur le site de l'événement améliorait leur référencement naturel, ce qui permet de remonter dans les moteurs de recherche. Sur chaque page, on retrouve deux zones à remplir : d'une part, les activités proposées lors du week-end ; d'autre part, les prestations proposées tout au long de l'année.

France

15 September 2021

https://www.professionbienetre.fr/evenements/week-end-mondial-du-bien-etre-au-quebec-jai-eu-le-soutien-officiel-de-deux-ministres/

Week-end mondial du bien-être au Québec : « j'ai eu le soutien officiel de deux ministres »



15 SEPTEMBRE, 2021 ÉVÉNEMENTS MISKA VON SAXENBURG

Difficile de trouver quelqu'un de plus passionné que Phiane Duquet, créatrice du spa éponyme ! Cette québécoise d'adoption, d'origine laotienne, s'est investie avec fougue dans le Week-end mondial du bien-être (18-19 septembre). Entretien.

Profession bien-être : Vous avez une conception très internationale du bien-être…

Phiane Duquet : Oui, c'est une chance ! Mon parcours est un itinéraire à travers les soins du monde. Pour faire court, ma famille a fui le Laos pour arriver en France, alors que je n'avais que onze ans. Après avoir passé mon baccalauréat, j'ai fait des études d'esthétique à Paris, avant de les poursuivre en Allemagne, en Suisse et aux Etats-Unis. Au début des années 2000, je suis arrivée à Montréal pour travailler comme formatrice et directrice de soins en spa, avant d'obtenir d'autres contrats de ce type à Toronto, puis à Bali.

Vous êtes passée du soin esthétique au massage. Pourquoi ?

Pour moi, la force du soin se trouve toujours dans les mains. C'est une base essentielle. Il suffit de décomposer le mot mas-sage qui requiert beaucoup de sagesse ! En Europe, une esthéticienne doit avoir un doigté parfait : sa valeur est définie par son habilité en massage. Il suffit de se référer au concours français du Meilleur ouvrier de France. Obtenir le col bleu-blanc-rouge est l'équivalent d'une médaille d'or aux Jeux Olympiques pour les participants !

France

16 September 2021

https://espritsportetbienetre.fr/magazine-du-mois/?fbclid=IwAR3Jk-tZHm2AWVKYj-sfIkzVphCY1J_CbDBTabwG3R4eeE91FOf8QBSQZA8



France

16 September 2021

https://www.topmusic.fr/actu/4332-detendez-vous-a-niederbronn-les-bains-ce-week-end.html



France

16 September 2021

https://www.lebonbon.fr/marseille/loisirs/que-faire-a-marseille-ce-week-end-17-19-sept/

le Bonbon

Que faire à Marseille ce week-end ? (17–19 sept.)

L'SEP

Laura P | Loisirs | Publié hier à 08h59



France

16 September 2021

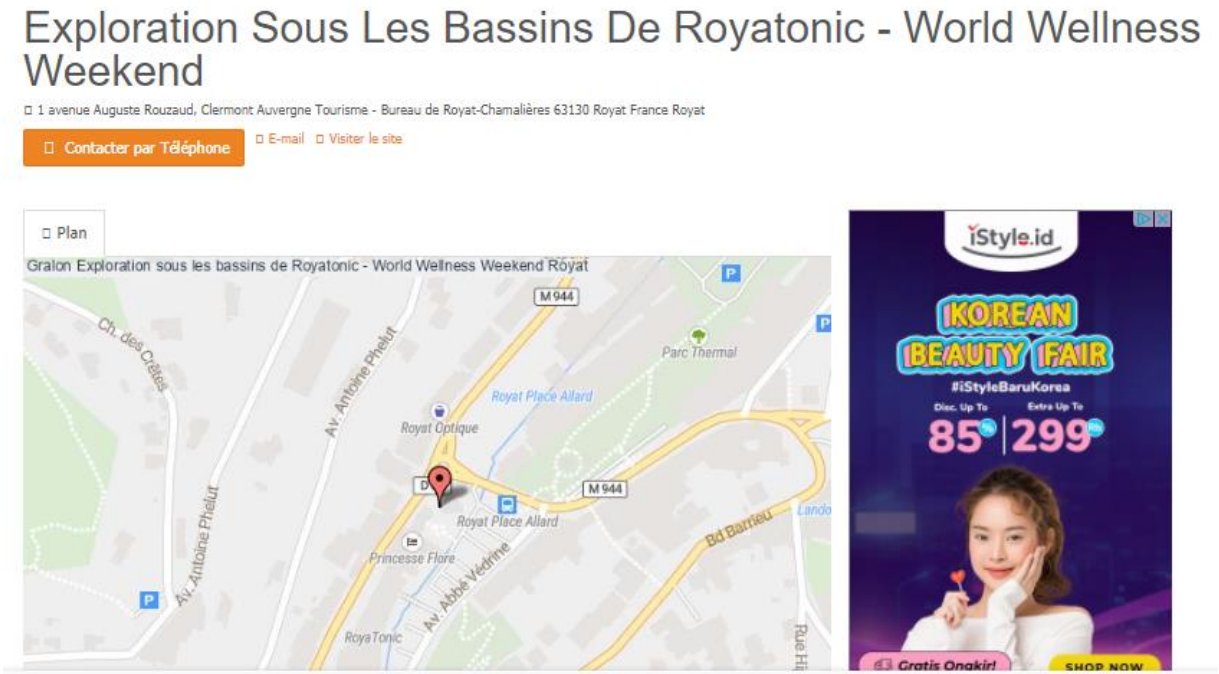
https://www.lyonpeople.com/derniere-minute/lyon-balicina-sengage-dans-le-bien-etre-individuel-et-personnalise-2021-09-16.html



France

16 September 2021

https://www.gralon.net/evenements/63/evenement-exploration-sous-les-bassins-de-royatonic-world-wellness-weekend-674515.htm



France

16 September 2021

https://www.professionbienetre.fr/culture-et-relaxation-la-france-a-lheure-du-week-end-mondial-du-bien-etre/

Culture et relaxation : la France a l'heure du week-end mondial du bien-être



16 SEPTEMBRE, 2021 ÉVÉNEMENTS © SISKA VON SAXENBURG

En France, le Week-end mondial du bien-être (18-19 septembre) vient se superposer aux Journées du patrimoine. Une occasion unique de mêler culture et bien-être, selon Stéphane Huin, infatigable chantre de la Route des villes d'eaux du Massif Central.



Profession bien-être : Vous êtes déjà un routier expérimenté du Week-end mondial du bien-être…

Stéphane Huin : Oui ! Nous suivons l'initiative depuis la première édition. Avec notre association Les Accros du Peignoir, nous sommes même devenus des partenaires privilégiés de l'opération. Nous proposions l'année dernière cinquante activités, nous en avons soixante cette année !

Il n'y a aucune lassitude de la part des stations thermales ?

Aucune ! C'est au contraire l'occasion de faire participer tous les acteurs d'une station à un même événement. C'est aussi l'occasion unique de se positionner à la fois sur le plan local, national, voire international, puisque l'événement est aujourd'hui présent dans 133 pays. C'est une opération qui profite à tous, particulièrement au niveau de l'image. A tel point que c'est devenu pour nous l'événement annuel officiel des Accros du peignoir, l'association que nous avons créé pour promouvoir les activités des stations.

France

16 September 2021

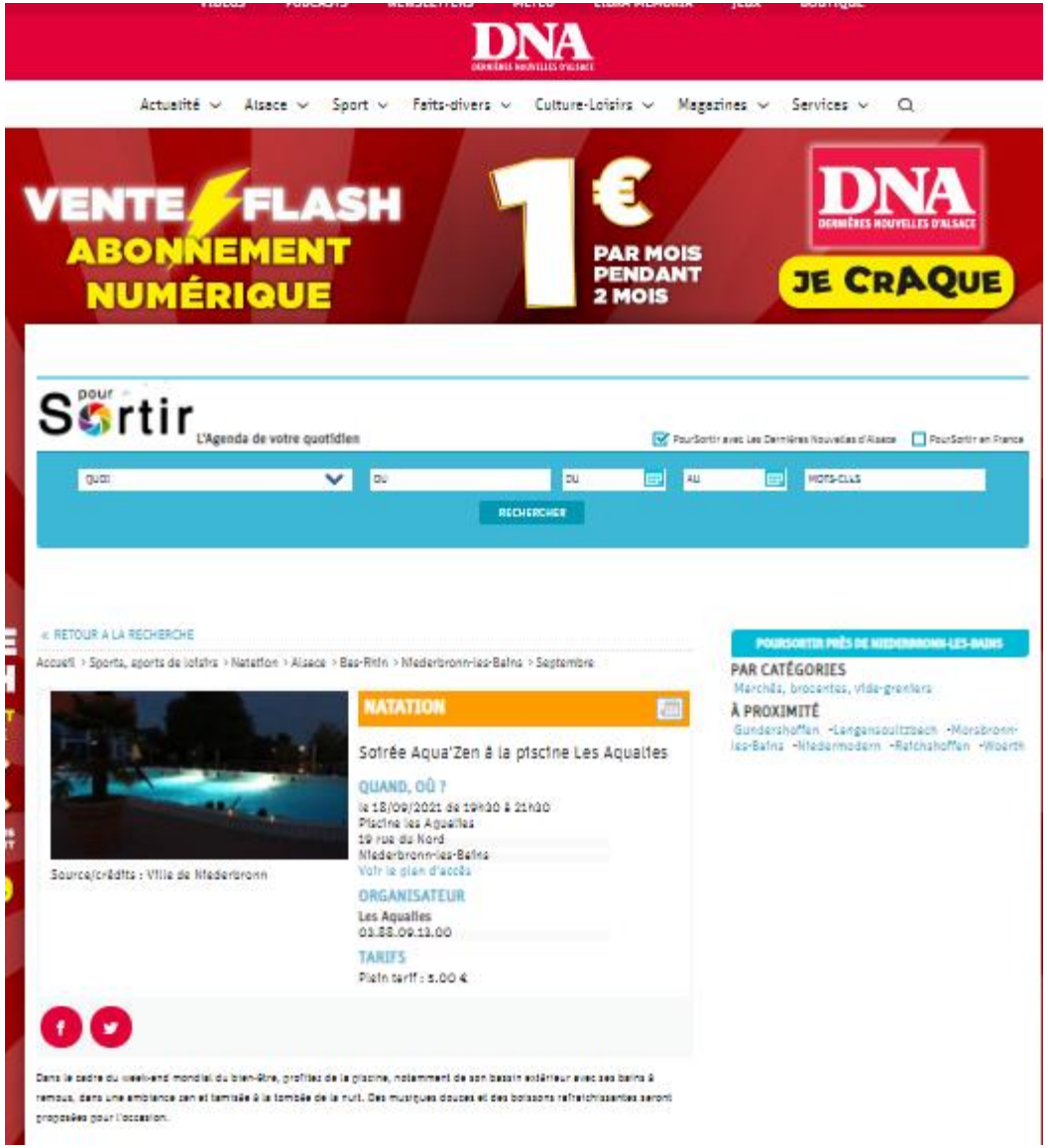
https://www.unidivers.fr/event/chaudes-aigues-et-le-musee-geothermia-musee-geothermia-a-chaudes-aigues-2021-09-18/



France

16 September 2021

https://www.dna.fr/pour-sortir/loisirs/Sport/Natation/Alsace/Bas-rhin/Niederbronn-les-bains/2021/09/18/Animation-nocturne-a-la-piscine-les-aqualies



France

16 September 2021

https://www.lamontagne.fr/moulins-03000/loisirs/des-idees-de-sorties-dans-l-arrondissement-de-moulins_14011876/



LA MONTAGNE À LA UNE VIE LOCALE SPORTS LOISIRS ÉCONOMIE

Loisirs

Des idées de sorties dans l'arrondissement de Moulins

Publié le 16/09/2021 à 11h43

Conférence d'Estelle Cournez, directrice du Conservatoire d'espaces naturels, sur la rivière Allier, vendredi soir à Bessay-sur-Allier.

LES + PA

1 Faits d dans l d'une Ferrar

2 Faits d porté sans v Randa

3 Trans bord d « On a extrêm

France

16 September 2021

https://www.lamontagne.fr/saint-flour-15100/loisirs/les-rendez-vous-du-week-end-hors-journees-du-patrimoine-dans-l-arrondissement-de-saint-flour_14013336/



LA MONTAGNE À LA UNE VIE LOCALE SPORTS LOISIRS ÉCONOMIE

Sortir

Les rendez-vous du week-end, hors Journées du patrimoine, dans l'arrondissement de Saint-Flour

Publié le 16/09/2021 à 17h44

Le cornet sera le roi de la fête, dimanche, à Murat avec un concert gratuit à 15 heures. Entrée libre, pass sanitaire obligatoire. © Agence SAINT FLOUR

LIRE LE JOUR

LES + PARTAGÉS

1 **Faits divers** Ivre, il dans l'appartement d'une inconnue, à Ferrand

2 **Faits divers** Le sexa porté disparu à Rio sans vie dans les bo Randan (Puy-de-Dô

3 **Transport** Elle voya bord du train Clerm « On a eu peur, c'es extrêmement traur

France

16 September 2021

https://www.lyonpeople.com/derniere-minute/lyon-balicina-sengage-dans-le-bien-etre-individuel-et-personnalise-2021-09-16.html



France

16 September 2021

https://fr.metrotime.be/tendance/bonne-nouvelle-cest-le-world-wellness-weekend



metro

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Accueil > Tendance

Bonne nouvelle: C'est le World Wellness Weekend!

Pendant deux jours, les 18 et 19 septembre, leWorld Wellness Weekend-ou Week-end Mondial du Bien-être- permettra de tester gratuitement différentes activités dans une centaine de pays à travers le monde. Si certaines pratiques comme le yoga ou le fitness sont déjà connues pour leurs vertus sur le corps et l'esprit, plus que jamais indispensables après la période éprouvante à laquelle les populations ont été confrontées, d'autres, plus originales, pourraient étonner -et séduire- plus d'un participant. Tour d'horizon.

France

17 September 2021

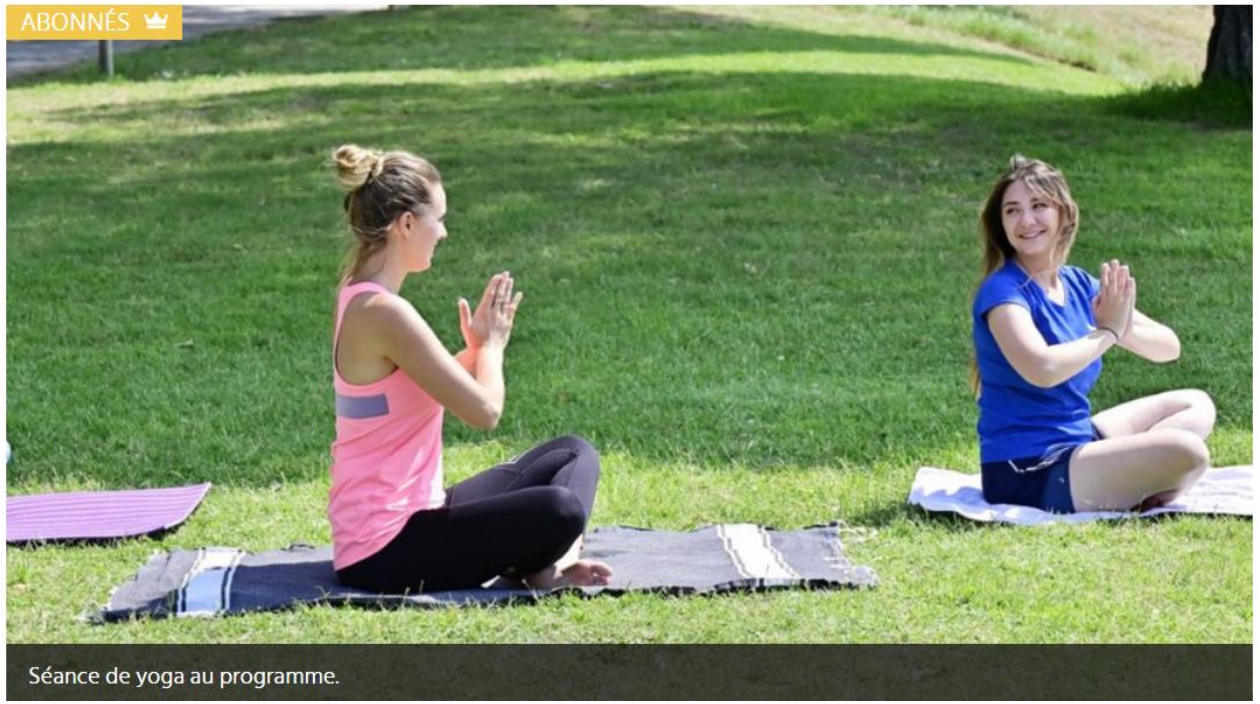
https://www.midilibre.fr/2021/09/17/deux-jours-sous-le-signe-du-bien-etre-9794908.php



Midi Libre

Deux jours sous le signe du bien-être

ABONNÉS



Séance de yoga au programme.

France

17 September 2021

https://defisante.defimedia.info/bien-etre/world-wellness-weekend-decouvrez-le-programme-de-ce-samedi/



France

18 September 2021

https://defisante.defimedia.info/bien-etre/world-wellness-weekend-voici-le-calendrier-de-ce-dimanche-19-septembre/



France

18 September 2021

https://www.ouest-france.fr/normandie/saint-hilaire-du-harcouet-50600/la-commune-passe-a-lheure-du-bien-etre-4b0611e1-e9aa-438f-bb93-8fefbfb22de7



MENU ouest france Recherche : ville, actualité, fait divers... Abonnez-vous Se connec

En ce moment | Cop26 | Procès du 13-Novembre | Grippe aviaire | Prolongation du passe sanitaire | Covid-19 | Les Rendez-vous soniques

Accueil / Normandie / Saint-Hilaire-du-Harcouët

Saint-Hilaire-du-Harcouët. La commune passe à l'heure du bien être

Jean-Luc Garnier et Lucie Tautain expliquent une première participation de la Ville au week-end mondial du bien-être que tous deux aimeraient bien pérenniser et pourquoi l'étoffer. | OUEST-FRANCE

Ouest-France

Publié le 18/09/2021 à 05h51

Le cinquième week-end mondial du Bien-être, sous l'angle du ressourcement, est organisé dans plus de 130 pays et 950 villes. Saint-Hilaire-du-Harcouët y participe, ces samedi 18 et dimanche 19 septembre, avec des activités bien-être animées par des

France

16 September 2021

https://www.unidivers.fr/event/village-zen-niederbronn-les-bains-bas-rhin-2021-09-19/



Other publications in Europe

26 mentions

CIDESCO WORLD

Emailing August 2021

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EST. 1946

NEWSLETTER

WORLD WELLNESS WEEKEND

DEAR CIDESCO Member,

World Wellness Weekend

On **18-19 September**, you are invited to join and celebrate the **5th World Wellness Weekend (WWW.)**

So far, 1,500 venues worldwide have registered in 132 countries (957 cities) to appear on the Wellness Map .

Here's how you can be part of WWW:

* Sign up to be included on the Wellness Map

* Organize ONE (or more) safe, fun and free 60-minute in person activities or workshops (beauty bar, mask bar, eye bar, brow bar, make-up bar, massage

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NEWSLETTER

workshop, yoga, fitness, guided relaxation, inspiring talk...etc.) in accordance with local health and safety regulations

* Post inspiring photos and videos of your activities on social media with #WellnessForAll #WorldWellnessWeekend

* United in 132 countries - from sunrise in Fiji on Sept 18 until sunset in Hawaii on Sept 19 - professionals will boast the "United Colors of Wellness". Hospitality groups and iconic venues that are supporting the initiative include Anantara (Minor Group), Canyon Ranch, Cartesiano, CIDESCO France, Corinthia, Dusit, Euphoria Retreat, Fivelements, Fusion resorts, Four Seasons Dubai, Grand Hotel Bad Ragaz, Glen Ivy Hot Springs, GOCO Hospitality, Jumeirah, Kamalaya, LUX Resorts, Mandara Spas, Mandarin Oriental Hong Kong, Oberoi Marrakech, Peninsula Hot Springs, Rancho La Puerta, Ritz-Carlton Vienna, Six Senses, Taj Hotels, Waldorf Astoria Dubai & Phoenix, WTS International...

Founder Jean-Guy de Gabriac says "Together, let's encourage millions of people to live well. Let's create safe opportunities to live well with each other, responsibly and respectfully, connected by wellness activities to strengthen their immune system, and spice up their mood."

PLEASE LET'S ALL JOIN

https://www.facebook.com/jeanguy.degabriac/videos/864865954464576

Send pictures of your activities to info@cidesco.com

SAUNA INTERNATIONAL

https://saunainternational.net/5th-world-wellness-weekend/



5th Annual World Wellness Weekend
to boost Vitality, Serenity, Immunity & Solidarity September 18 & 19, 2021
in 130+ countries, 950 cities

"Wellness is not just a decision you take to improve your mental & physical health, it is an act of influence to inspire those around you to become the best version of themselves".

June 17, 2021 — Before Covid19 shut down the world, **World Wellness Weekend** (**WWW**) reached an **audience of 224 million people** in 98 countries. In 2020, the pro-bono celebration grew in 109 countries and 524 cities, now reaching 131 nations.

On 18-19 Sept, just before the Equinox, thousands of safe, free, fun & meaningful wellness activities will be organized. Video tutorials and talks will be available online and off. All encourage people to explore the **5 Pillars of Wellness**: Sleep & **Creativity**, Nutrition & **Immunity**, Movement & **Vitality**, Mindfulness & **Serenity**, Sense of Purpose & **Solidarity**.

Secretaries of Tourism, Health, and Sports (Cyprus, France, Quebec); **Governors** (USA & Mexico) support the event. **60 partnering professional organizations,** including **ISPA** and **Wellness Tourism Association** are featuring opportunities to attract visitors. Mayors want to inspire people to explore their cities as wellness destinations where to live, play, work, or eventually retire.

In **France**, Marseille (2nd largest city) and the regions of Auvergne and Alsace will connect wellness with nature and heritage sites. In **Italy**, Val di Fiemme, candidate city to host the 2026 Special Olympic Winter Games will position itself as the **world's 1st "Wellness Valley"**. Turin (Borgo Gran Madre Lifestyle), Alassio and Alghero are working to be cities of wellness; and Bagni

EUROPE

https://www.europeanspas.eu/en/news-events/events/world-wellness-weekend?fbclid=IwAR2MrfRmuZGBK9QDqZrDUbaJd9VCSz3ZXmSnuXQHLCkzaLgyDJ3zMFmYzxM

ESPA

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World Wellness Weekend

18-19 September 2021

Aug 3,2021

World Wellness Weekend inspires & empowers millions of people around the world. We want to do this through thousands of FUN, free & meaningful wellness activities organized in more than 120 countries!

Since 2017, we have encouraged professional wellness leaders in hospitality, fitness, beauty and tourism across the world to open their doors, and showcase the expertise of their teams (*engage their local communities*) and raise their profile.

World Wellness Weekend (WWW) aims to inspire and empower people to make healthier choices and enjoy an active lifestyle with family & friends. The current health situation around the world reminds us how important it is to have a strong immune system.

Among the 17 Sustainable Development Goals of the United Nations, SDG 3 is Good Health and Wellbeing for All. In partnership with the United Nations Global Sustainability Index Institute, WWW encourages venues, groups, associations, federations, visitors bureaus and city officials to organize free, fun and creative wellness activities on the 3rd weekend of September. Just before the Equinox, when daytime & night time are equal, as a symbol for Work / Life Harmony.

Get involved and register here: www.world-wellness-weekend.org

European News Online

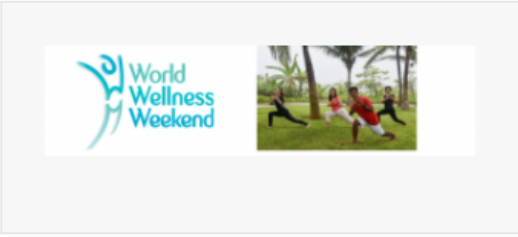
23 August 2021

https://www.europeannewsonline.com/article/549530828-world-wellness-weekend-announces-its-5th-edition-taking-place-in-september-2021

WORLD WELLNESS WEEKEND ANNOUNCES ITS 5TH EDITION TAKING PLACE IN SEPTEMBER 2021

August 23, 2021

18 - 19 September 2021 - See a world connected by wellness, from sunrise in Fiji until sunrise in Hawaii, in person and online



PARIS, FRANCE, August 23, 2021 /EINPresswire.com/ -- Celebrating its fifth edition, the World Wellness Weekend is ready to welcome wellness seekers and lovers to its dedicated global pro-bono event taking place on the 18th and 19th September. During that weekend, thousands of wellness, sports, tourism and hospitality professionals will open their doors to the public, offering free 60-minute activities, classes, workshops with the aim to connect people through wellness activities, following the local safety measures.

Since its launch in 2017, the programme is active in Europe, USA, Asia and the Americas. World Wellness Week is supported by more than 60 professional Federations around the world, supporting its efforts for growth. Aiming to deliver top-quality experiences, the World Wellness Weekend is committed to connecting communities across borders. The event takes place each autumn just before the September Equinox showcasing the expertise and passion of wellness and fitness professionals with the support and guidance of the local ambassadors, encouraging local communities to be more active, more often, with friends and family.

> **“There is no nobler mission in life than to encourage each & everyone to become the best version of themselves. It is time that we learn to LIVE WELL with the current situation, and with each other”**

Despite the Covid-19 related difficulties, the World Wellness Weekend is growing steadily with more and more participants. Last year, the imposing quarantine and lockdown measures around the world created a shift in our mentalities, making us think more about our wellbeing and driving us to take

EU Gazette

23 August 2021

https://www.theeuropeangazette.com/article/549530828-world-wellness-weekend-announces-its-5th-edition-taking-place-in-september-2021

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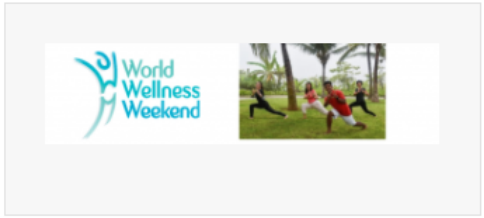

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Culture Zone Europe

23 August 2021

https://www.culturezoneeurope.com/article/549530828-world-wellness-weekend-announces-its-5th-edition-taking-place-in-september-2021

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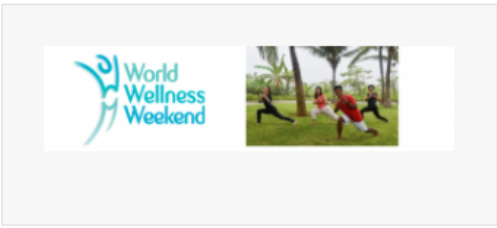

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Euro Broadcast News

23 August 2021

https://www.eurobroadcastnews.com/article/549530828-world-wellness-weekend-announces-its-5th-edition-taking-place-in-september-2021

EURO BROADCAST NEWS

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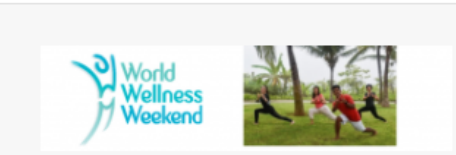

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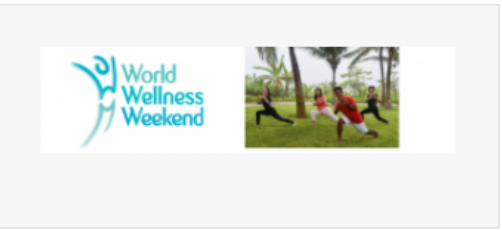

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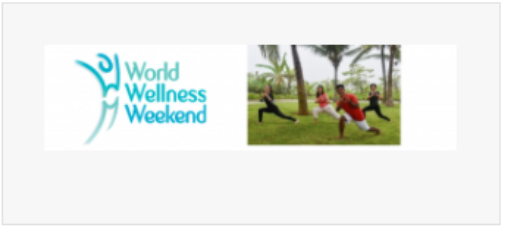

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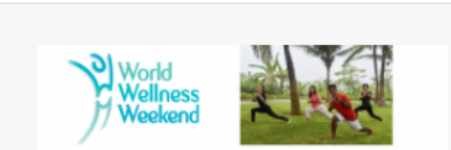

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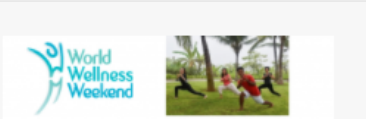

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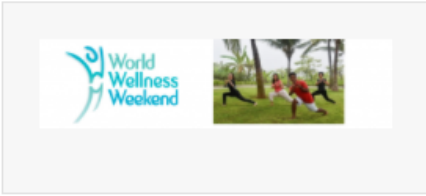

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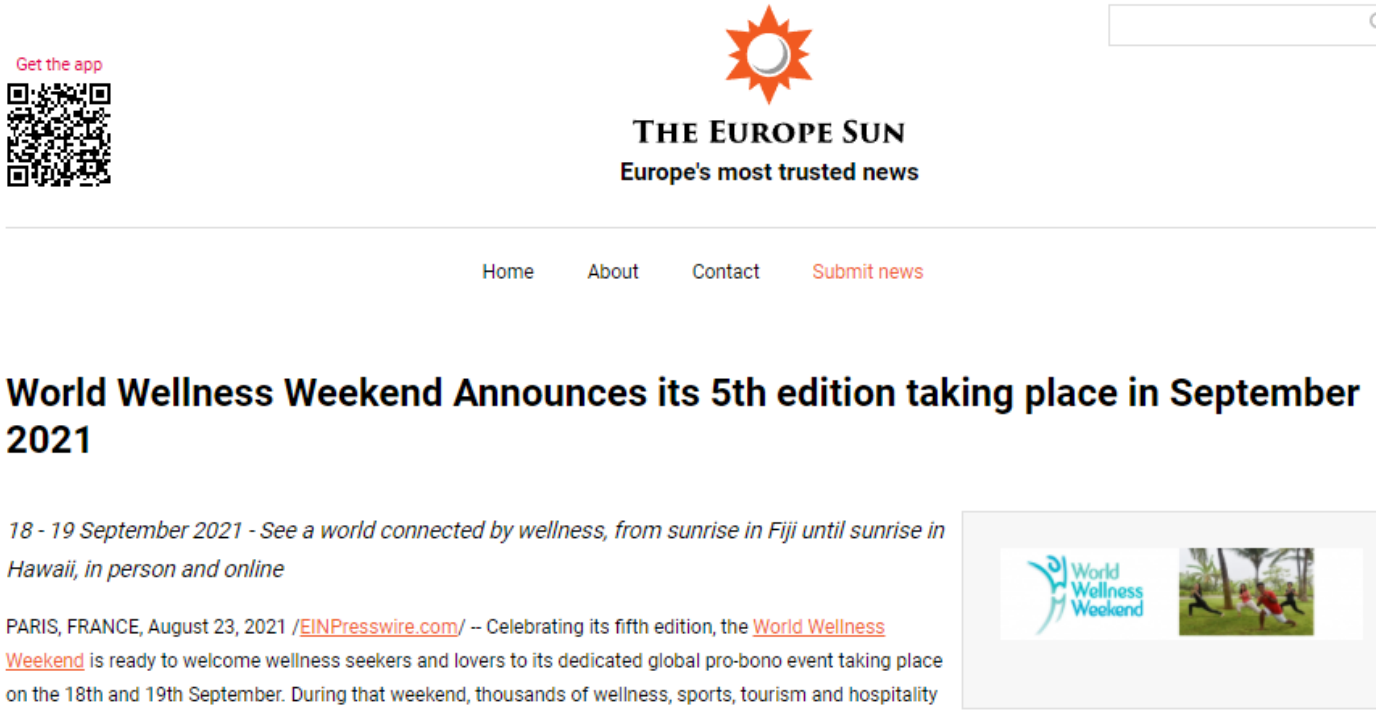

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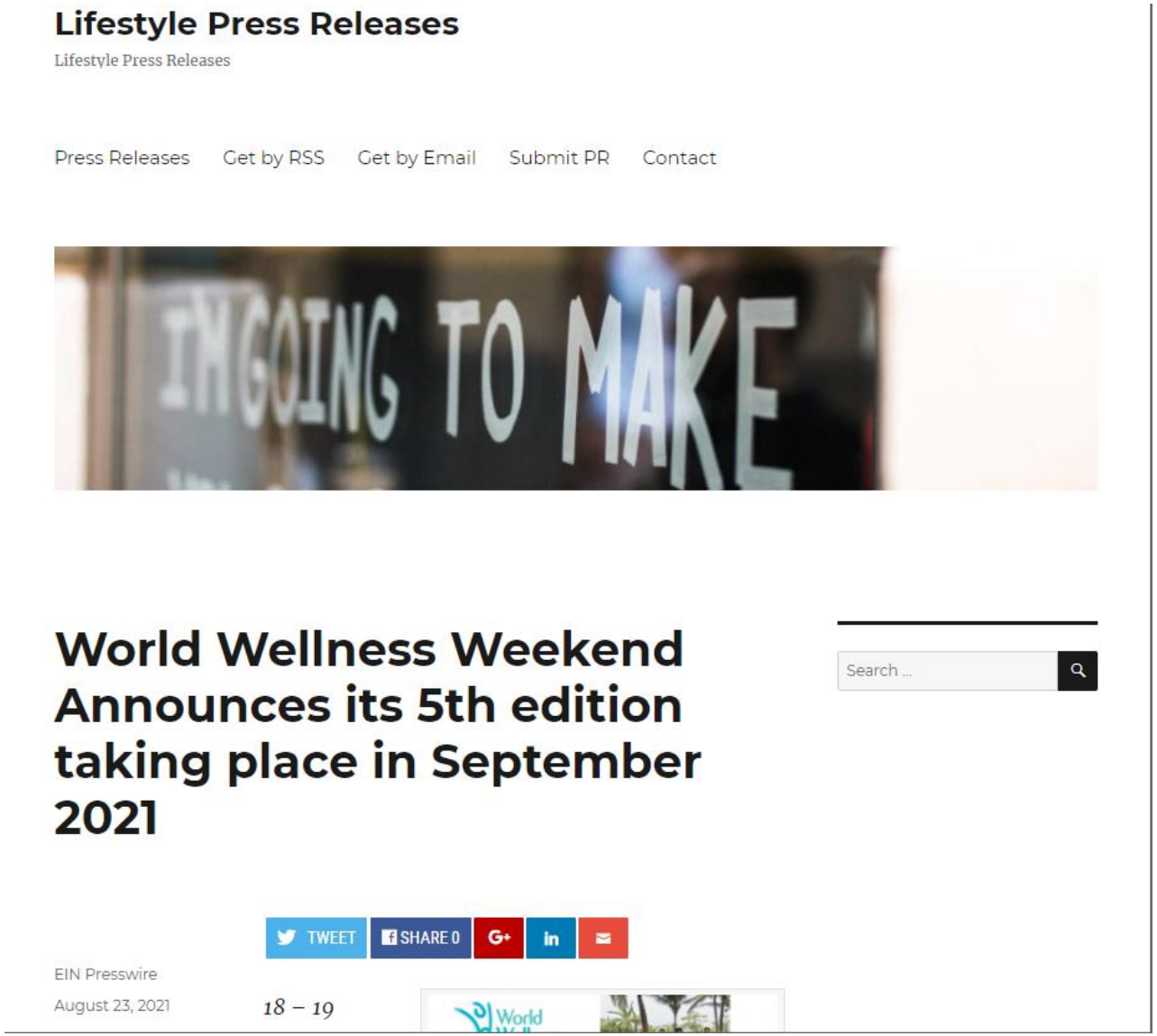

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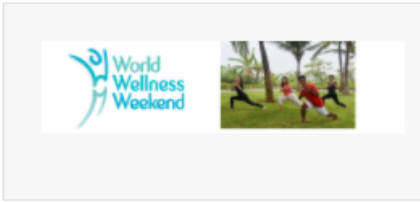

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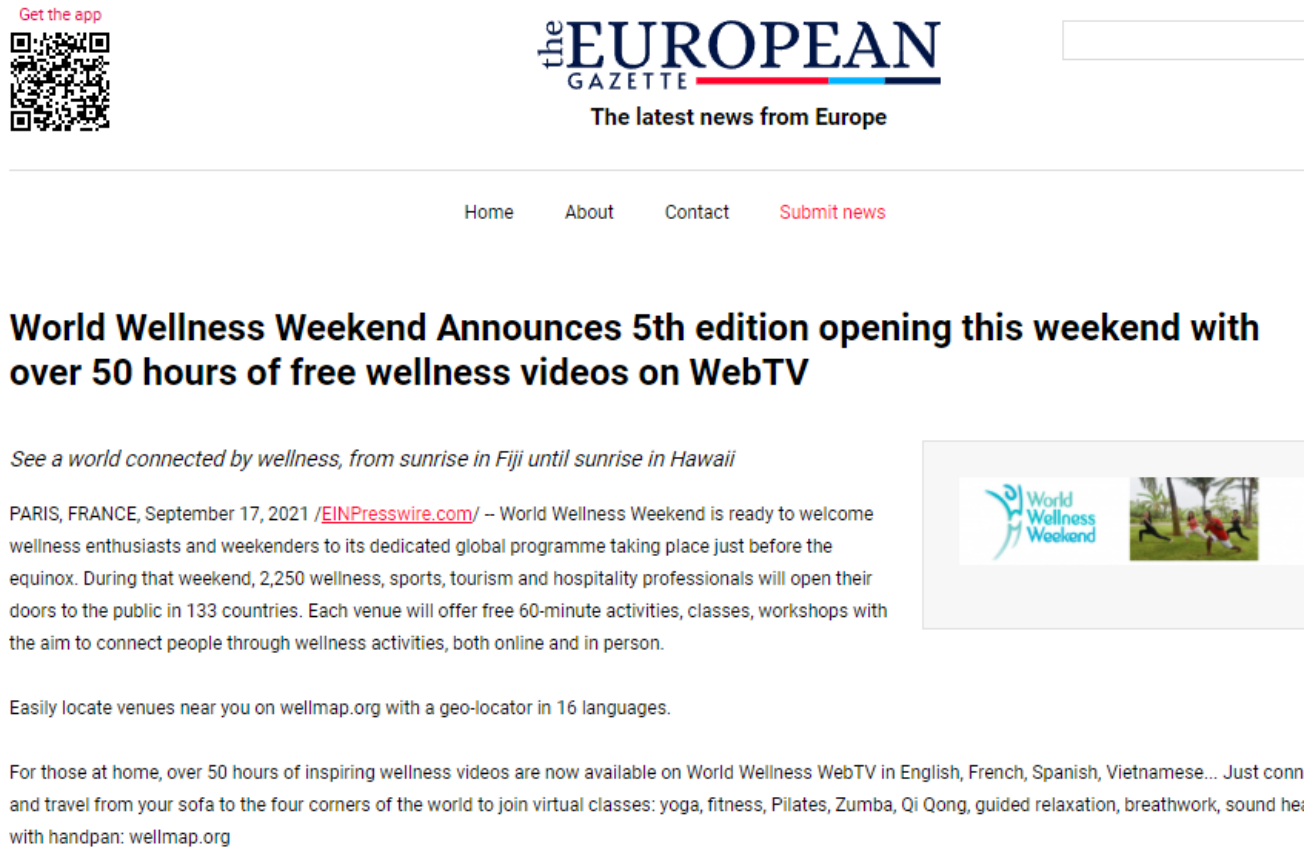

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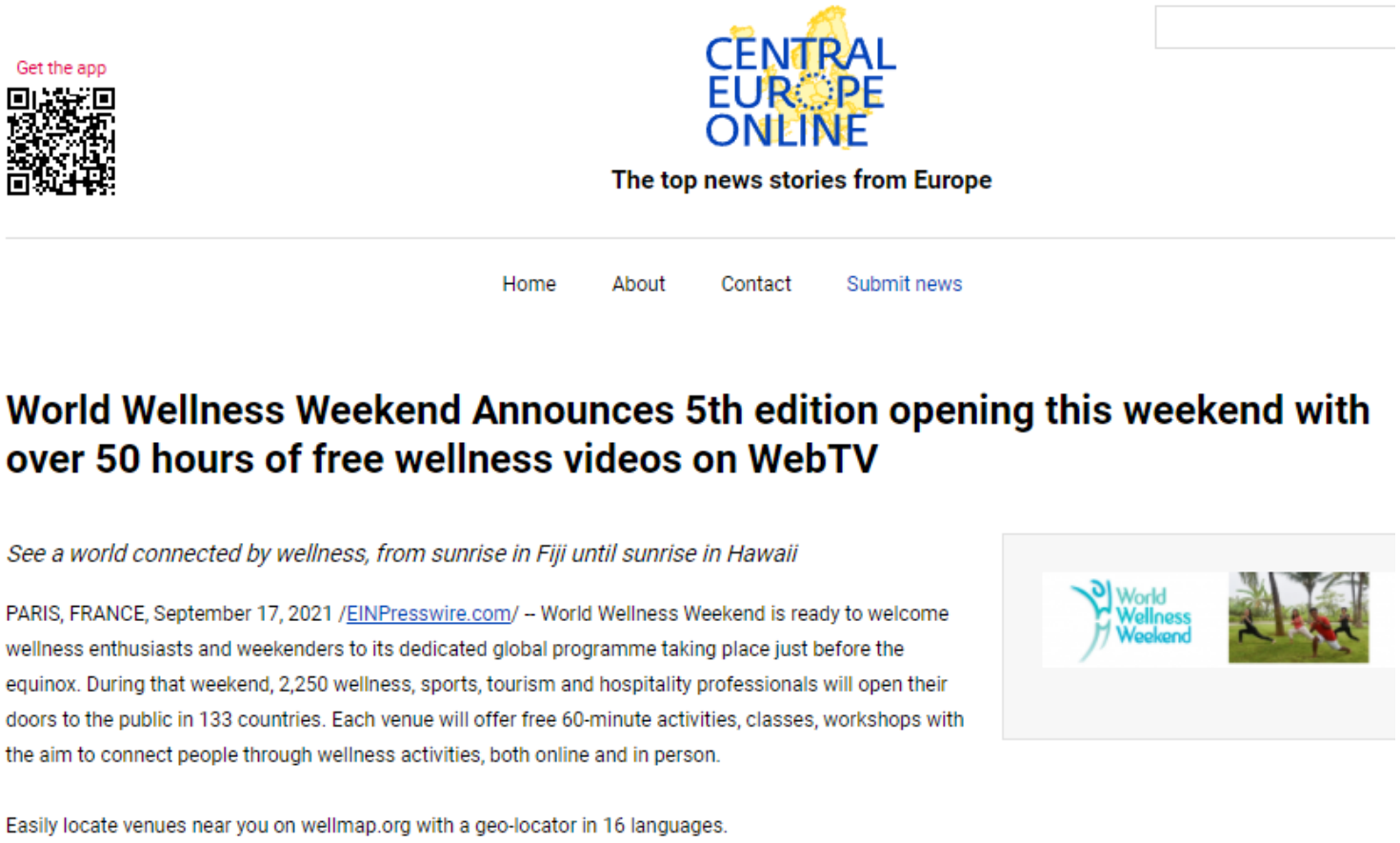

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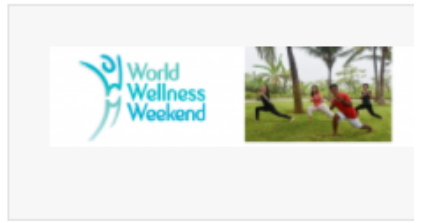

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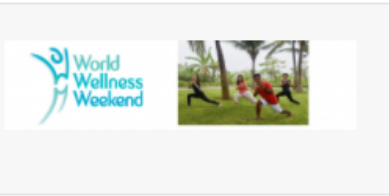


PARIS, FRANCE, September 17, 2021 /EINPresswire.com/ -- World Wellness Weekend is ready to welcome wellness enthusiasts and weekenders to its dedicated global programme taking place just before the equinox. During that weekend, 2,250 wellness, sports, tourism and hospitality professionals will open their doors to the public in 133 countries. Each venue will offer free 60-minute activities, classes, workshops with the aim to connect people through wellness activities, both online and in person.

Easily locate venues near you on wellmap.org with a geo-locator in 16 languages.

For those at home, over 50 hours of inspiring wellness videos are now available on World Wellness WebTV in English, French, Spanish, Vietnamese... Just connect and travel from your sofa to the four corners of the world to join virtual classes: yoga, fitness, Pilates, Zumba, Qi Qong, guided relaxation, breathwork, sound healing with handpan: wellmap.org



United Kingdom

24 mentions

United Kingdom

6 January 2021

FB Live

https://fb.watch/5VE5c0hT1T/



United Kingdom

12 January 2021

World Spa & Wellness
Online Conference

https://www.facebook.com/WorldWellnessWeekend/photos/a.324475907676441/2381709205286424/



United Kingdom

22 February 2021

Professional Beauty

https://professionalbeauty.co.uk/site/wswmentorship/?fbclid=IwAR3MzCRlMf_0q5Lh-xWO-Kd-ZTS6DLQj1raWb9UNQZrYW4XwpikBGNVz7jA

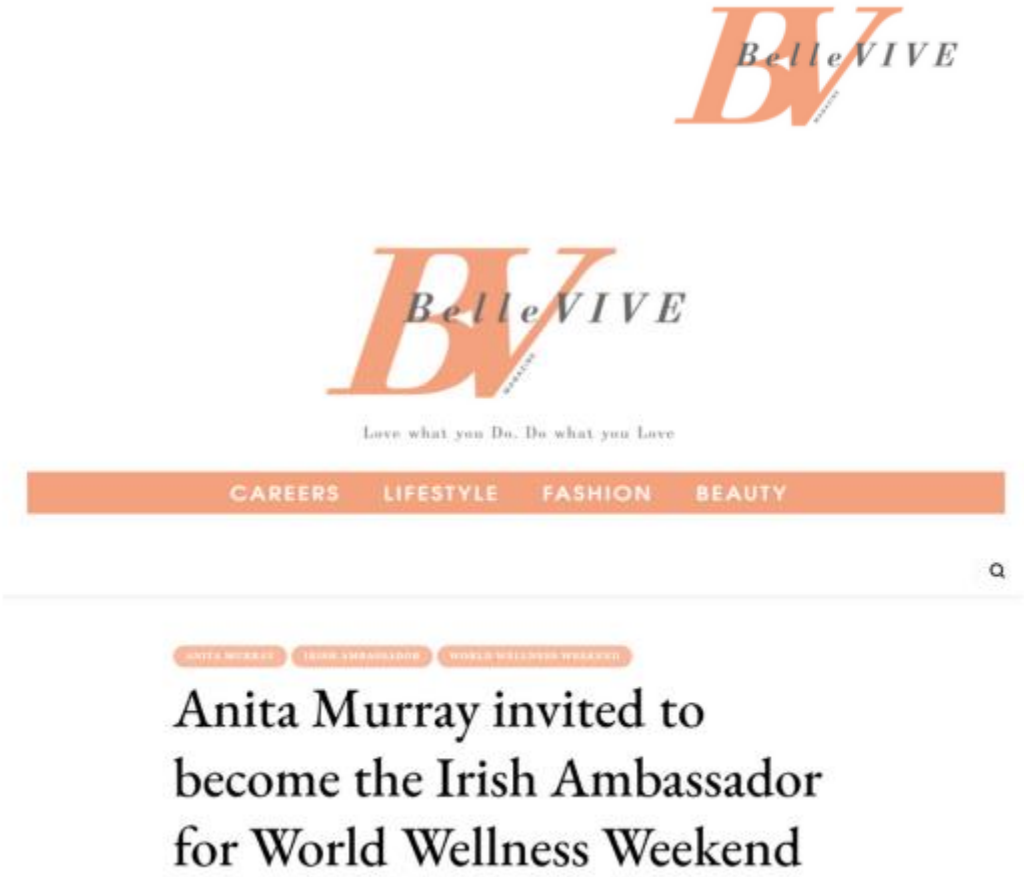


United Kingdom

22 March 2021

Belle Vive

http://blog.beautifuljobs.ie/anita-murray-invited-to-become -the-irish-ambassador-for-world-wellness-weekend/

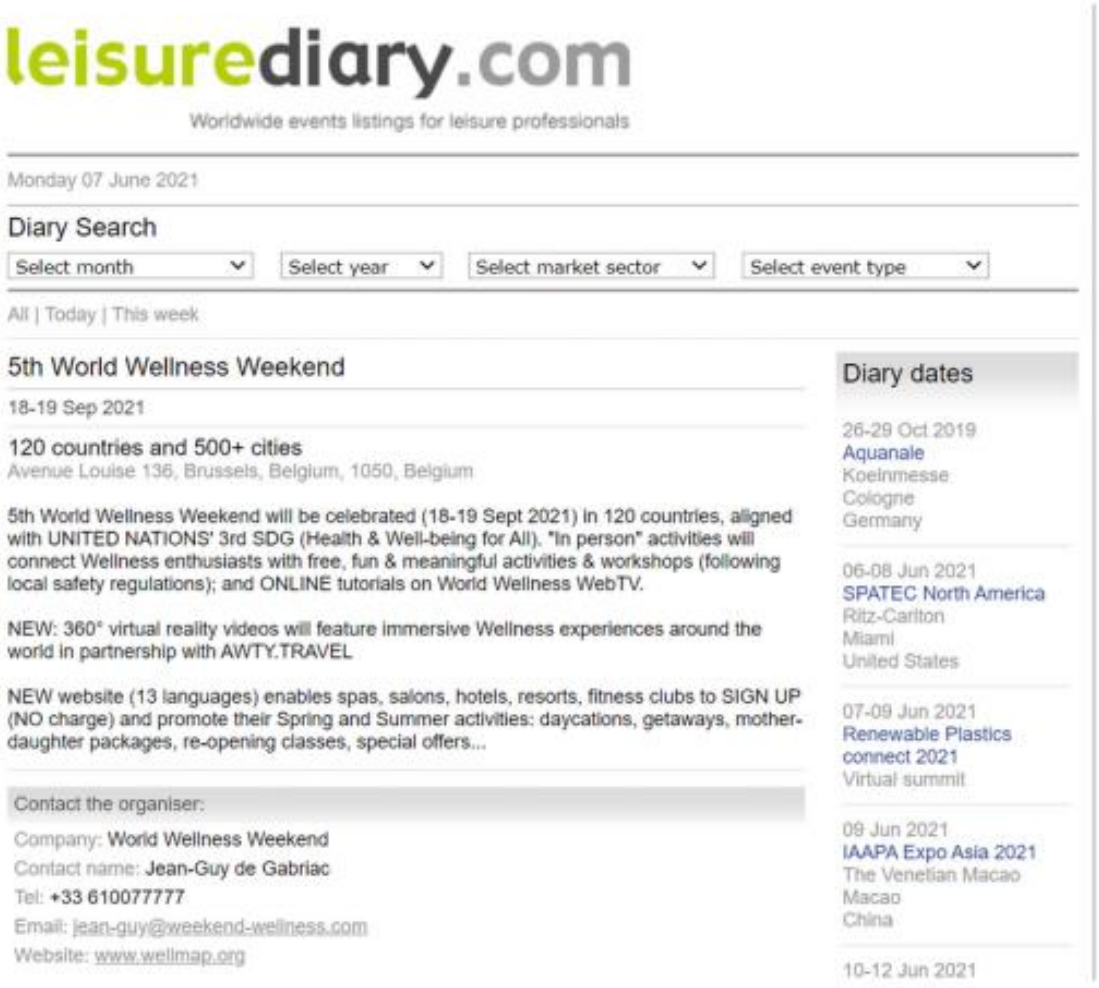


United Kingdom

30 March 2021

Leisure diary

https://www.leisurediary.com/details.cfm?CFID=5ccba64b-1c28-40e1-a345-d13de3b2ae2e&CFTOKEN=0&codeID=42270&sitecode=LD



leisurediary.com

Worldwide events listings for leisure professionals

Monday 07 June 2021

Diary Search

Select month | Select year | Select market sector | Select event type

All | Today | This week

5th World Wellness Weekend

18-19 Sep 2021

120 countries and 500+ cities

Avenue Louise 136, Brussels, Belgium, 1050, Belgium

5th World Wellness Weekend will be celebrated (18-19 Sept 2021) in 120 countries, aligned with UNITED NATIONS' 3rd SDG (Health & Well-being for All). "In person" activities will connect Wellness enthusiasts with free, fun & meaningful activities & workshops (following local safety regulations); and ONLINE tutorials on World Wellness WebTV.

NEW: 360° virtual reality videos will feature immersive Wellness experiences around the world in partnership with AWTY.TRAVEL

NEW website (13 languages) enables spas, salons, hotels, resorts, fitness clubs to SIGN UP (NO charge) and promote their Spring and Summer activities: daycations, getaways, mother-daughter packages, re-opening classes, special offers...

Contact the organiser:

Company: World Wellness Weekend
Contact name: Jean-Guy de Gabriac
Tel: +33 610077777
Email: jean-guy@weekend-wellness.com
Website: www.wellmap.org

Diary dates

26-29 Oct 2019
Aquanale
Koelnmesse
Cologne
Germany

06-08 Jun 2021
SPATEC North America
Ritz-Carlton
Miami
United States

07-09 Jun 2021
Renewable Plastics connect 2021
Virtual summit

09 Jun 2021
IAAPA Expo Asia 2021
The Venetian Macao
Macao
China

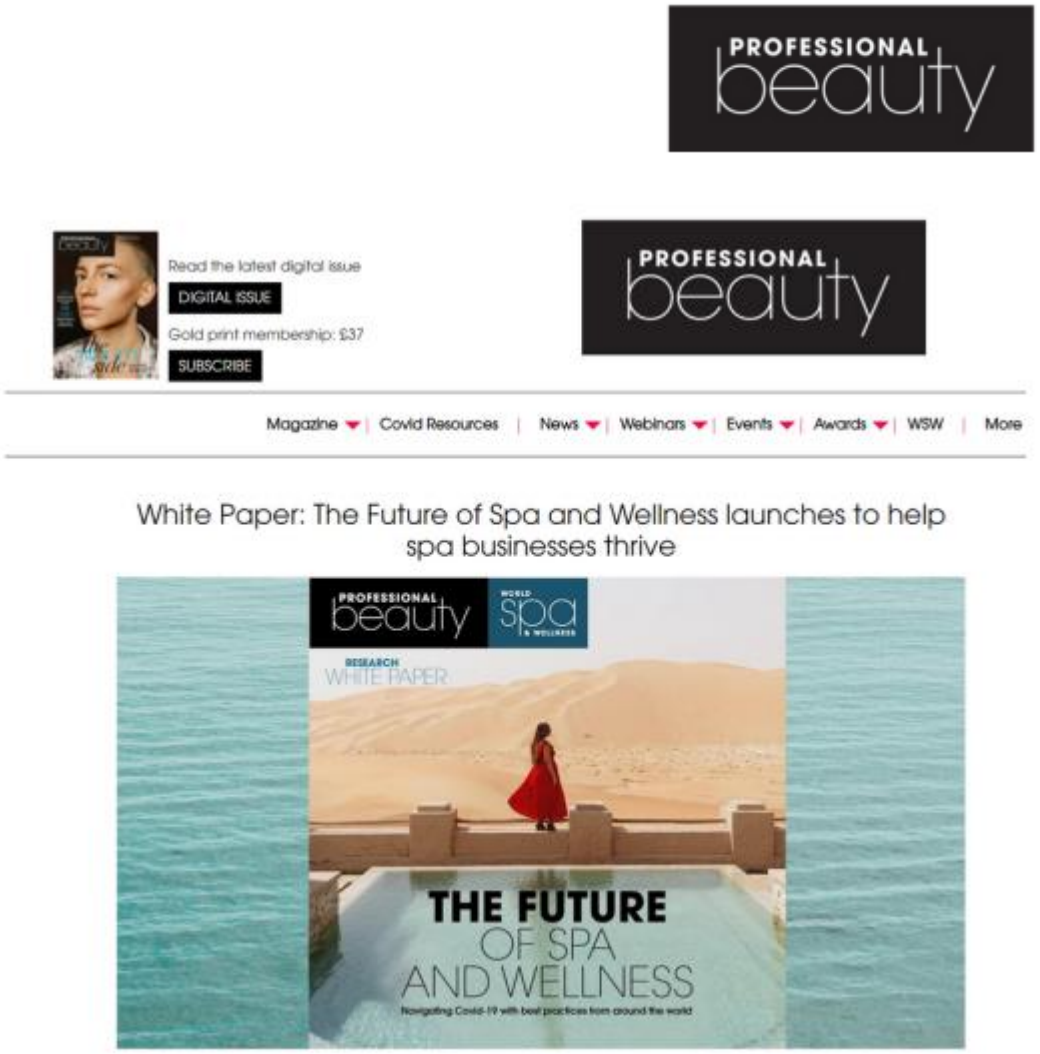
10-12 Jun 2021

United Kingdom

19 May 2021

Professional Beauty

https://professionalbeauty.co.uk/site/newsdetails/white-paper-the-future-of-spa-and-wellness



United Kingdom

June 2021

Pulse

https://pulse.experienceispa.com



Make the Most of World Wellness Weekend 2021





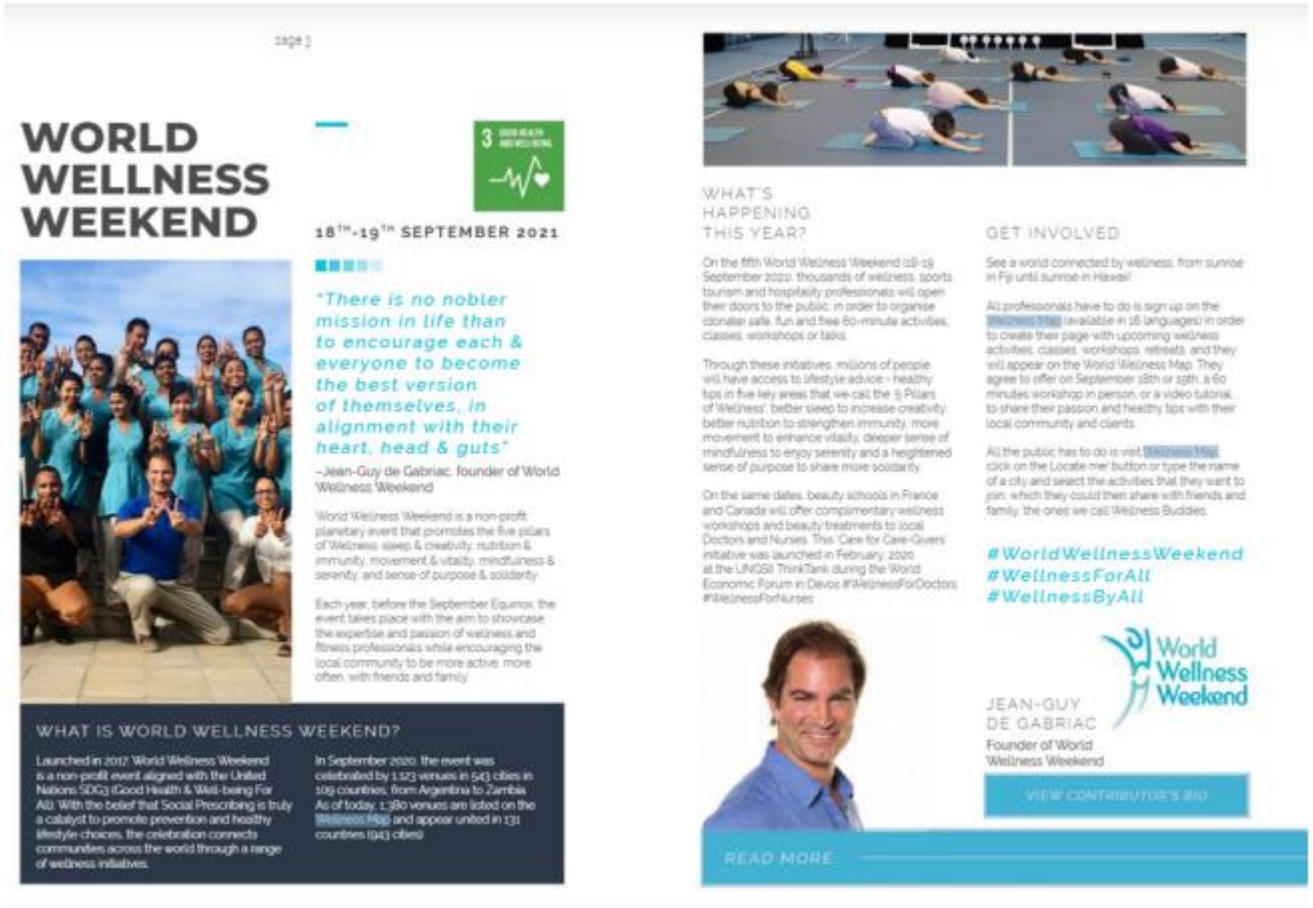
Use your social media accounts not just to promote the spa's participation in WWW, but also highlight your team's expertise, establish your business as a champion of wellness in your area and advocate for the event's broader goals of encouraging healthy and active lifestyles.

United Kingdom

June 2021

WHIS inspire

https://issuu.com/whisinspire/docs/whis_inspire_edition_2/14?ff&showOtherPublicationsAsSuggestions=true&logoImageUrl=https%3A%2F%2Fwhis.uk%2Fwp-content%2Fuploads%2F2021%2F06%2Ftiny-WHISInspire-Logo.png



page 1

WORLD WELLNESS WEEKEND

18TH-19TH SEPTEMBER 2021

"There is no nobler mission in life than to encourage each & everyone to become the best version of themselves, in alignment with their heart, head & guts"

-Jean-Guy de Gabriac, founder of World Wellness Weekend

World Wellness Weekend is a non-profit planetary event that promotes the five pillars of Wellness: sleep & creativity; nutrition & immunity; movement & vitality; mindfulness & serenity; and sense of purpose & solidarity.

Each year, before the September Equinox, the event takes place with the aim to showcase the expertise and passion of wellness and fitness professionals while encouraging the local community to be more active, more often, with friends and family.

WHAT IS WORLD WELLNESS WEEKEND?

Launched in 2017, World Wellness Weekend is a non-profit event aligned with the United Nations SDG3 (Good Health & Well-being For All). With the belief that Social Prescribing is truly a catalyst to promote prevention and healthy lifestyle-choices, the celebration connects communities across the world through a range of wellness initiatives.

In September 2020, the event was celebrated by 1,123 venues in 543 cities in 109 countries, from Argentina to Zambia. As of today, 1,380 venues are listed on the Wellness Map and appear united in 131 countries (943 cities).

WHAT'S HAPPENING THIS YEAR?

On the fifth World Wellness Weekend (18-19 September 2021), thousands of wellness, sports, tourism and hospitality professionals will open their doors to the public, in order to organise donation safe, fun and free 60-minute activities, classes, workshops or talks.

Through these initiatives, millions of people will have access to lifestyle advice - healthy tips in five key areas that we call the '5 Pillars of Wellness': better sleep to increase creativity; better nutrition to strengthen immunity; more movement to enhance vitality; deeper sense of mindfulness to enjoy serenity and a heightened sense of purpose to share more solidarity.

On the same dates, beauty schools in France and Canada will offer complimentary wellness workshops and beauty treatments to local Doctors and Nurses. This 'Care for Care-Givers' initiative was launched in February 2020 at the UNGSII ThinkTank during the World Economic Forum in Davos #WellnessForDoctors #WellnessForNurses

GET INVOLVED

See a world connected by wellness, from sunrise in Fiji until sunrise in Hawaii!

All professionals have to do is sign up on the Wellness Map (available in 16 languages) in order to create their page with upcoming wellness activities, classes, workshops, retreats, and they will appear on the World Wellness Map. They agree to offer on September 18th or 19th, a 60 minutes workshop in person, or a video tutorial, to share their passion and healthy tips with their local community and clients.

All the public has to do is visit Wellness Map, click on the 'Locate me' button or type the name of a city and select the activities that they want to join, which they could then share with friends and family, the ones we call Wellness Buddies.

#WorldWellnessWeekend
#WellnessForAll
#WellnessByAll

World Wellness Weekend

JEAN-GUY DE GABRIAC
Founder of World Wellness Weekend

VIEW CONTRIBUTOR'S BIO

READ MORE

United Kingdom

June 2021

WHIS inspire

https://issuu.com/whisinspire/docs/whis_inspire_edition_2/14?ff&showOtherPublicationsAsSuggestions=true&logoImageUrl=https%3A%2F% 2Fwhis.uk%2Fwp-content%2Fuploads%2F2021%2F06%2Ftiny-WHIS-InspireLogo.png



page 17

ART IMPACT FOR HEALTH & SDGS

Within the health sector, science and art are complementary forces. Together, they can create a dialogue between people, allowing for mutual understanding, empathy, and connection. After all, health professionals and artists are not so different – they are linked by a desire to understand the world and life itself. Through artistic exploration, we can work to build resilience in health for individuals, communities, and global systems.

The mission of the Art Impact for Health and SDGs initiative is to grow art and culture within the medical environment as an innovative strategy to build resilient individuals, communities, and health systems, creating a global creative and organic community movement that advances the Sustainable Development Goals (SDGs) and Health for All.

Together, this community will utilize art as a tool to engender change, engaging a community of stakeholders to achieve the SDGs and Health for All through global leadership and the enduring principles of solidarity, caring, and equity within health. "As a science-based organization, WHO puts a lot of emphasis on evidence and data. At the same time, we must acknowledge that art has the power to inspire and communicate in ways that guidelines, graphs and charts don't. To achieve our goals, we must use every tool at our disposal to change behaviors and drive impact." Tedros Adhanom Ghebreyesus, Director General of the World Health Organization Art Impact for Health and SDGs with sustainable and long-term partnerships explores how art and all relevant impactful art initiatives/programmes at worldwide level contribute to build resilience in health at the individual, community, national, and global levels. Resilience is, at its core, a measure of how we deal with adversity. It is the ability of an individual to overcome the challenges of a cleft lip or palate.

ISABELLE WACHSMUTH

VIEW CONTRIBUTOR'S BIO

United Kingdom

July 2021

Professional Beauty
DIARY DATES



Diary dates

// September 18–19
World Wellness Weekend
International
The event encourages spas to host an activity that demonstrates the power of wellness, with more than 120 countries taking part.
world-wellness-weekend.org

// September 26–27
Professional Beauty North
Manchester Central
The largest beauty exhibition in the North returns, with launches, business seminars, competitions and more.
020 7351 0536
professionalbeauty.co.uk/north

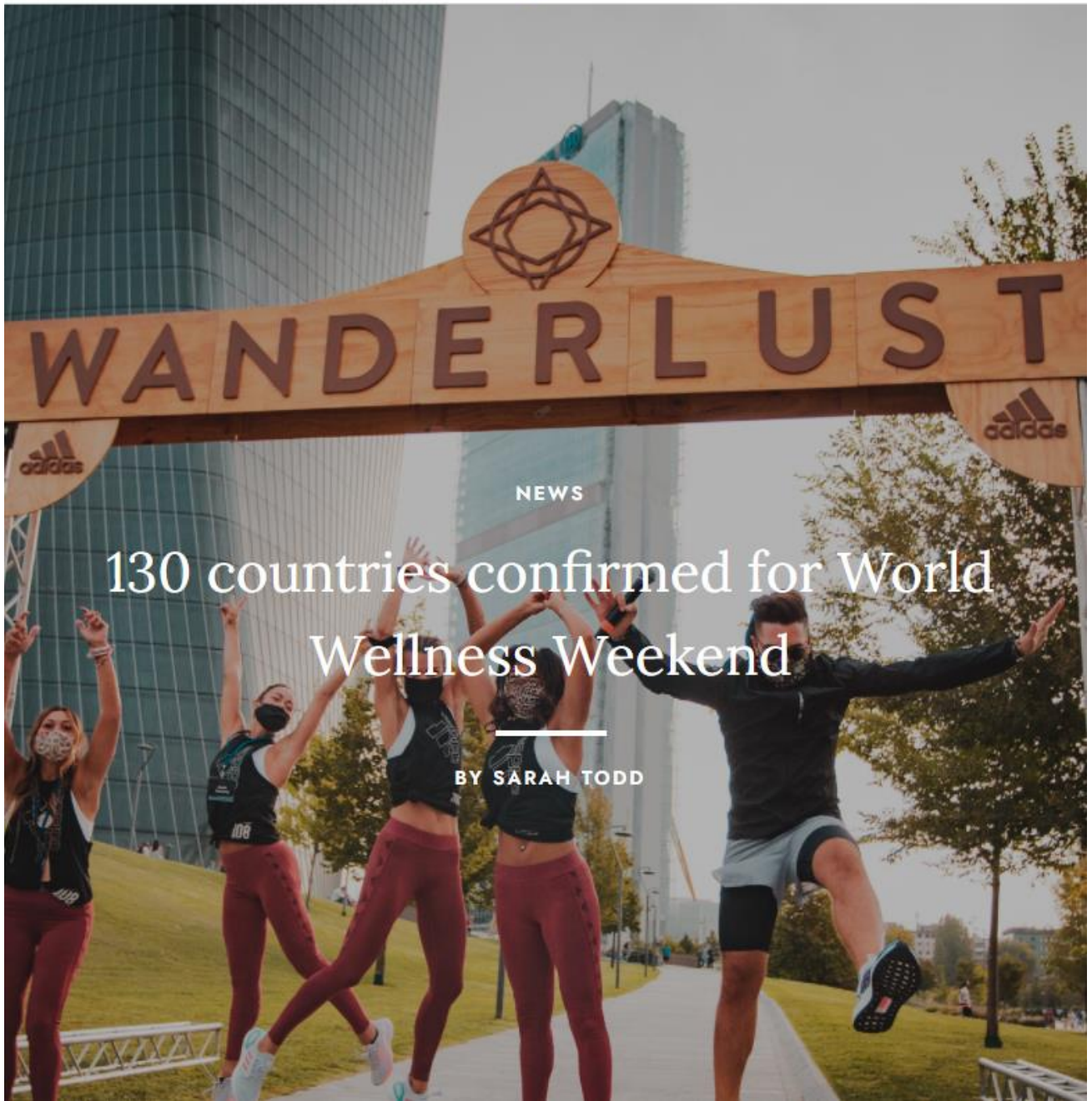
// October 17
Professional Beauty and World Spa & Wellness Awards
London
The industry's biggest party is back. This black-tie event will celebrate the best beauty, spa and nail businesses and individuals.
020 7351 0536
professionalbeauty.co.uk/awards

// October 17–18
Professional Beauty London
ExCeL London
The flagship show from the PB Group will return bigger, running alongside Salon International. There will be conferences and seminars for beauty, spa, nails, aesthetics and more.
020 7351 0536
professionalbeauty.co.uk/london

// November 7–8
Professional Beauty & HJ Live Ireland
CityWest Dublin
Join Ireland's biggest beauty, hair and spa trade show.
020 7351 0536
professionalbeauty.ie

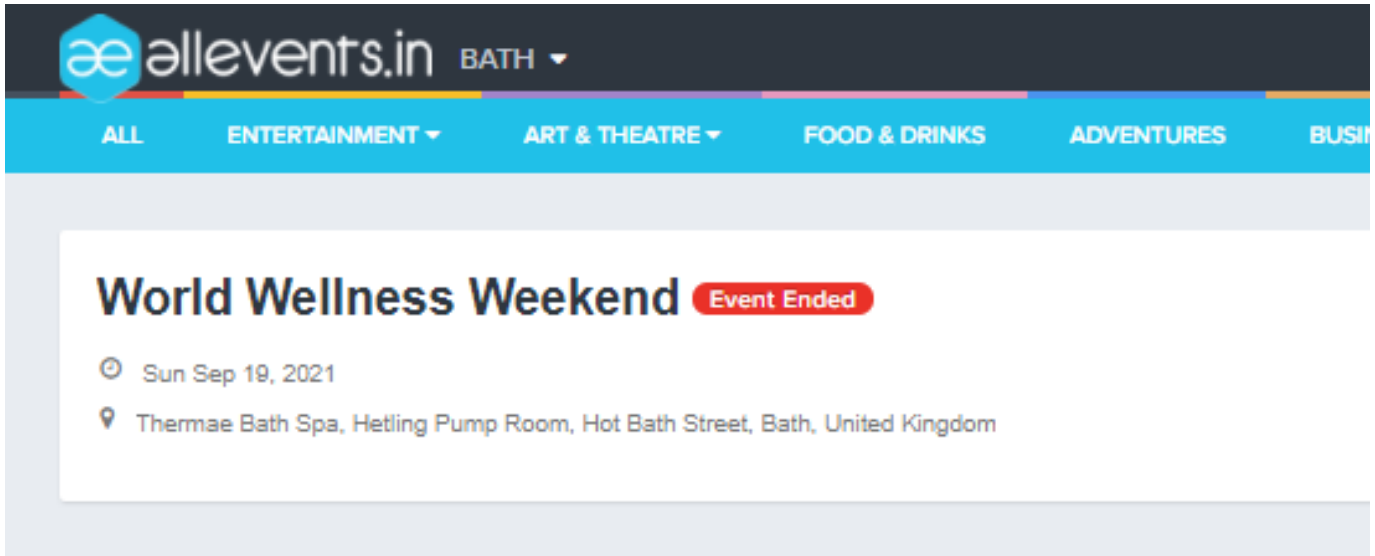
UNITED KINGDOM

https://europeanspamagazine.com/130-countries-confirmed-for-world-wellness-weekend/



UNITED KINGDOM

https://allevents.in/bath/world-wellness-weekend/200021476709422



United Kingdom

September 2021

https://www.inbath.net/wellnessweek



United Kingdom

September 2021

https://www.trybooking.com/events/landing/806243



United Kingdom

September 2021

https://mag.professionalbeauty.co.uk/magazine/reader/218939?utm_campaign=PB%20Digital%20Issues&utm_medium=email&_hsmi=154715432&_hsenc=p2ANqtz-9tbOLaPTwA5V-OJYMJz_QObNuOoxC58FsvmNN-48-fB-DdEZfv9Iz1NbbwT-0CdzHv6



WELLNESS FOR ALL

Jean-Guy de Gabriac, founder of World Wellness Weekend and conference producer for the World Spa & Wellness Convention London, tells us what's in store from the two autumn events

Health and wellness have become more closely aligned since the Covid-19 pandemic. Do you think that's a permanent shift?

"Governments and media are focused on Covid-19, but actually we have more than one pandemic to address. Five pandemics have been going on for decades: sleep, obesity, inactivity, anxiety and non-communicable diseases. More than ever, we all need to have a responsible long-term approach to our vitality, serenity and immunity through better lifestyles and with the support of friends, colleagues and family."

What's the aim of World Wellness Weekend (WWW)?

"We encourage wellness professionals and enthusiasts to take a stand and show that their health matters. When thousands of spa professionals open their doors on the same weekend, just before the September equinox (September 18–19), it creates a PR event that catches the attention of journalists and influencers, who then share with their audiences original wellness activities to be experienced in 129 countries.

"For World Wellness Weekend we ask professionals to offer a minimum of one hour from one member of the team to lead a workshop, class or talk that is safe, free, fun and as transformative as possible. We want participants to learn something new and share it with their friends to entice them to try. We also encourage participating venues to create packages for people to stay on longer at the property during WWW, and bounce-back offers to entice people to come back."

What's happening at WWW this year?

"Activities will take place in 129 countries with close to 1,000 cities. There are more than 100 country or city ambassadors and coordinators. Like last year, wherever possible, professionals will organise safe, in-person group activities outdoors to reconnect with nature (weather permitting), or indoors with spacious rooms where people can respectfully be six feet apart.

"In countries or cities where the Covid-19 pandemic may still be raging, classes, workshops and talks will be accessible online. We shall also honour the first line of responders, with beauty schools in France and massage schools in Canada offering beauty treatments to doctors and nurses.

"Major spa and wellness properties will be participating. The TAJ group will have over 50 hotels in India and internationally with activities about the benefits of ayurveda. The Minor group, Six Senses and Fusion Resorts will also be involved. For the first time, the International School of Busan (South Korea) will organise activities focusing on mental and physical wellness for kids."

You're also conference producer for the World Spa & Wellness Convention in London. What can delegates expect this year?

"Each year the objective is to share with delegates insights and best practices from top-notch senior executives. In response to feedback from the spa industry, Professional Beauty London at ExCeL on October 17–18 will cover issues including how to tackle the shortage of good therapists; creating a nimble spa model to cope with any future disruption to business; and packages for preventative health – particularly the menopause. We have some amazing speakers lined-up, including Zoe Wall, MSPA's group spa director for Asia; Ana Coelho Siva, group spa director at Rocco Forte; and Finlay Anderson, Intercontinental Hotels Group area spa director."

86 professionalbeauty.co.uk

World Spa & Wellness Awards 2021 shortlist

The scores are in and the shortlisted spas for the World Spa & Wellness Awards 2021 can now be revealed. Celebrating spas from around the world, the awards recognise excellence in wellness provision, treatment delivery, customer care, business skill, leadership, and sustainability.

The spas have been shortlisted in nine categories: Spa of the Year: Asia & Australasia; Spa of the Year: Eastern Europe; Spa of the Year: Western Europe & Scandinavia; Spa of the Year: North and South America; Spa of the Year: Middle East; Sustainable Spa of the Year; Team of the Year; Spa Leader of the Year; and Worldwide Health & Wellness Destination of the Year. See which spas were shortlisted: professionalbeauty.co.uk/wswawardsshortlist

The finalists will meet in London on October 17 at a glamorous awards ceremony, which will run alongside the Professional Beauty Awards 2021 at Grade II-listed venue The Brewery in London.

An individual ticket costs £124.17+VAT; while a table of 10 costs £1,240.17+VAT. Book your ticket: professionalbeauty.co.uk/wswawardsbooknow

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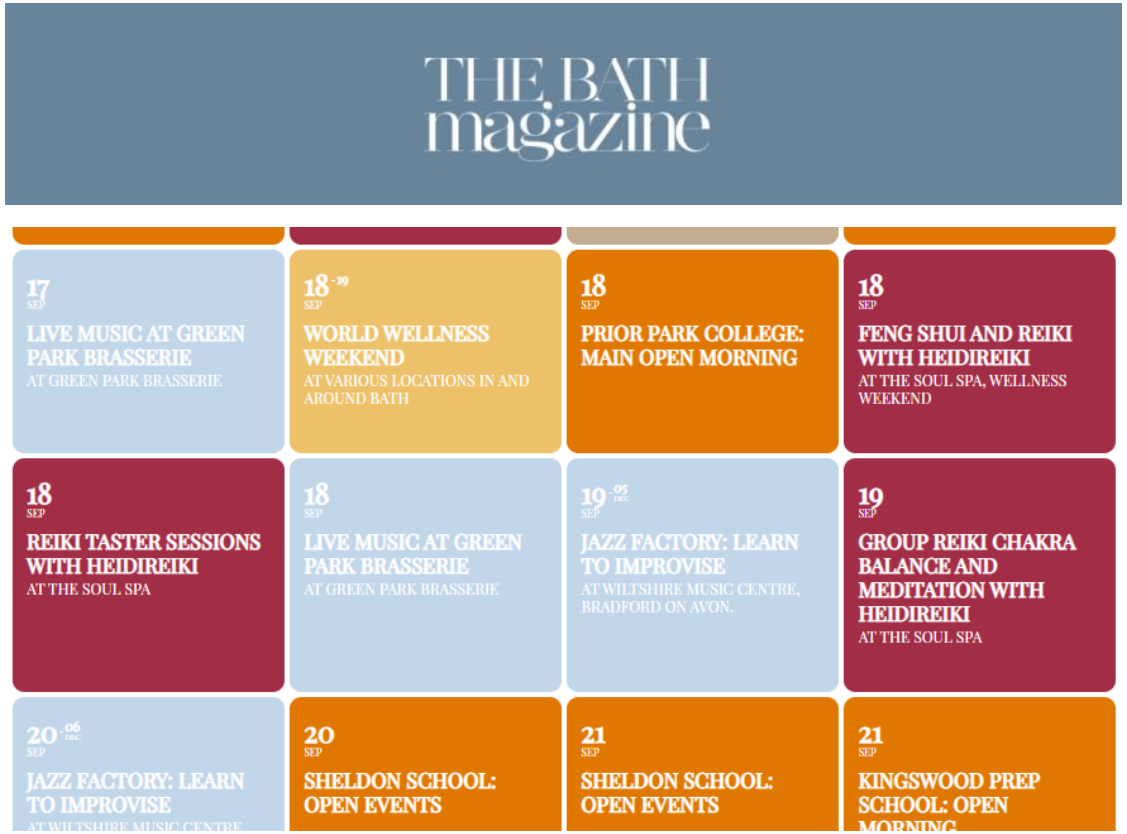
United Kingdom

September 2021

The Bath Magazine

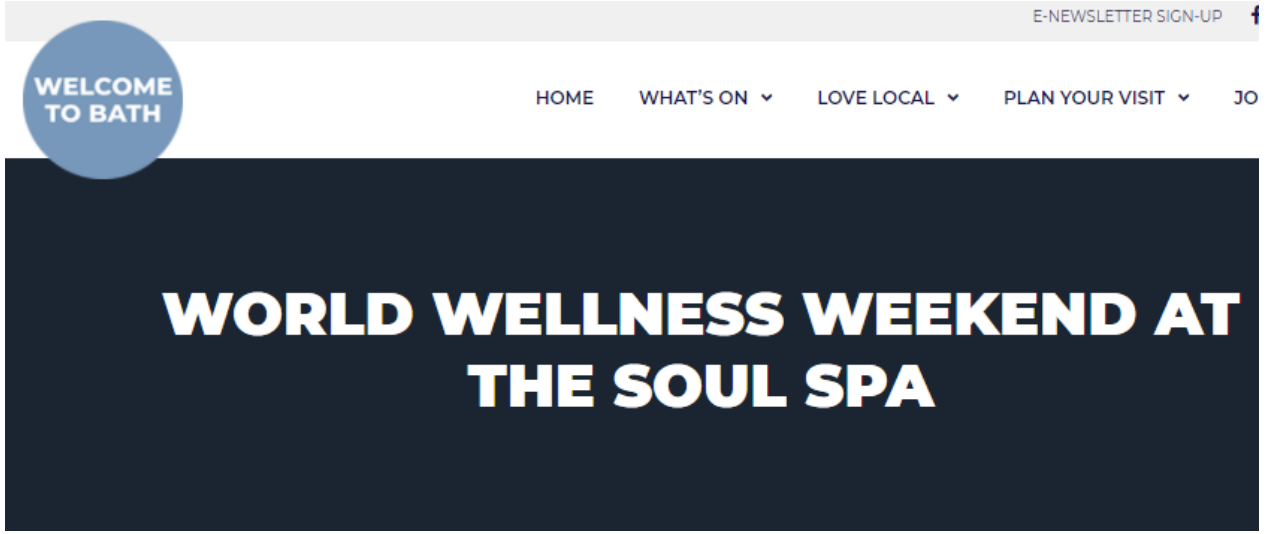
https://thebathmagazine.co.uk/calendar/



United Kingdom

01 September 2021

https://www.welcometobath.co.uk/event/world-wellness-weekend-at-the-soul-spa/

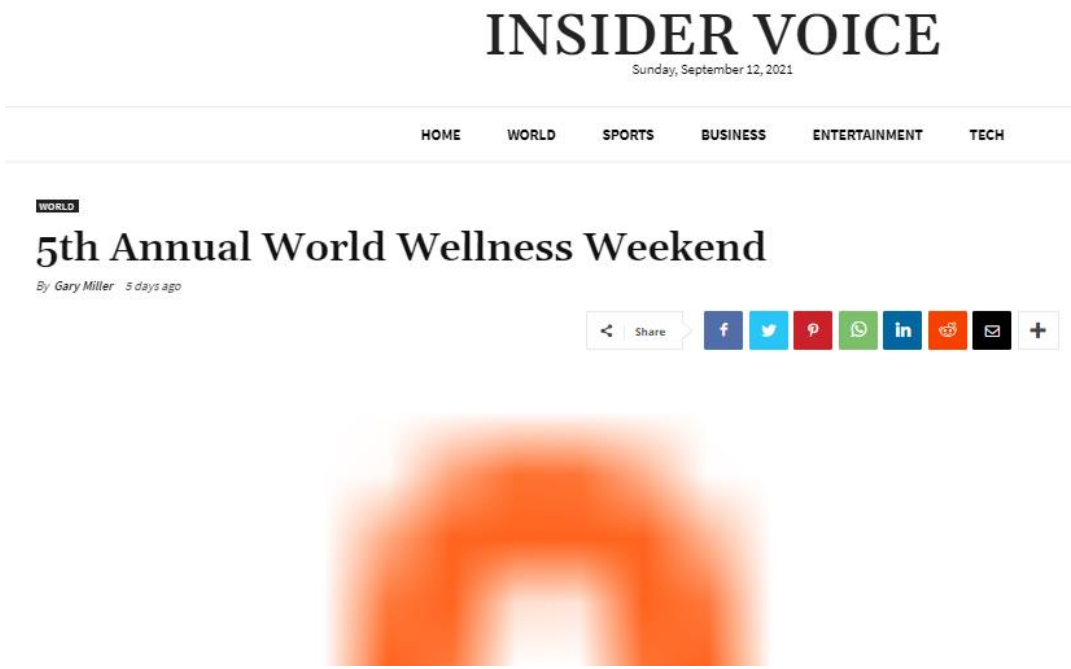


United Kingdom

7 September 2021

Insider Voice

https://insider-voice.com/5th-annual-world-wellness-weekend/

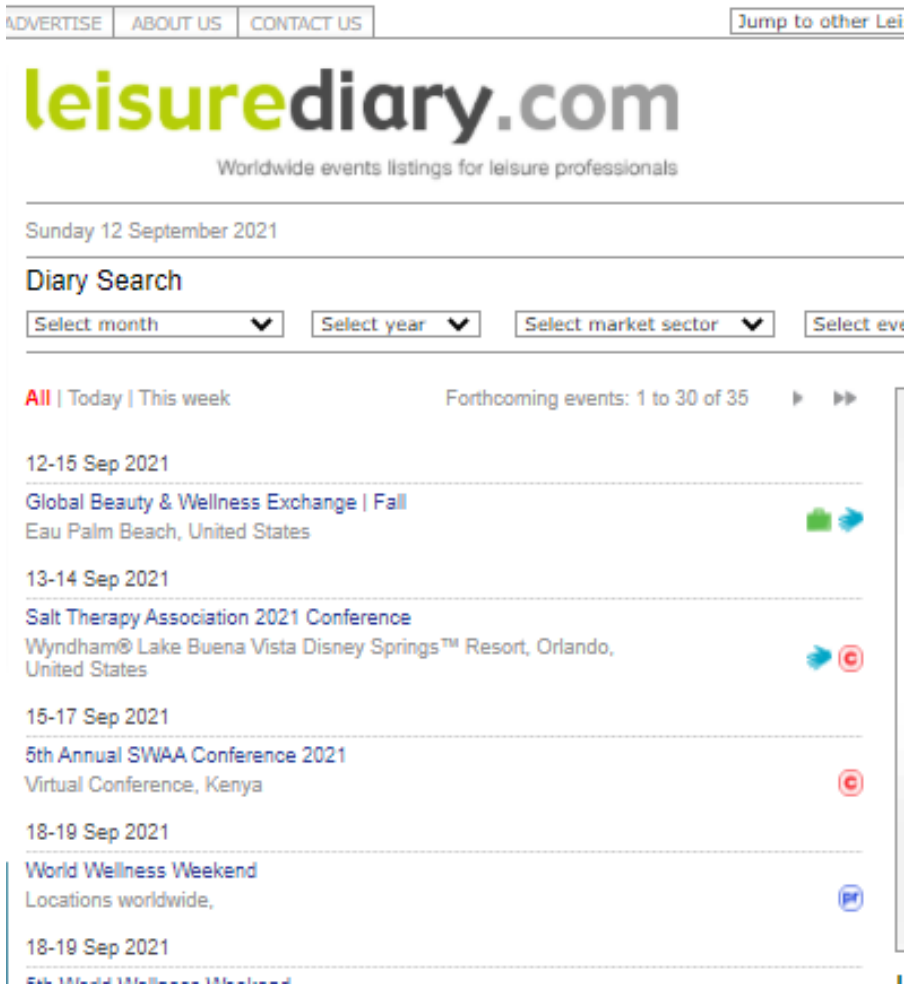


United Kingdom

10 September 2021

Leisure Diary

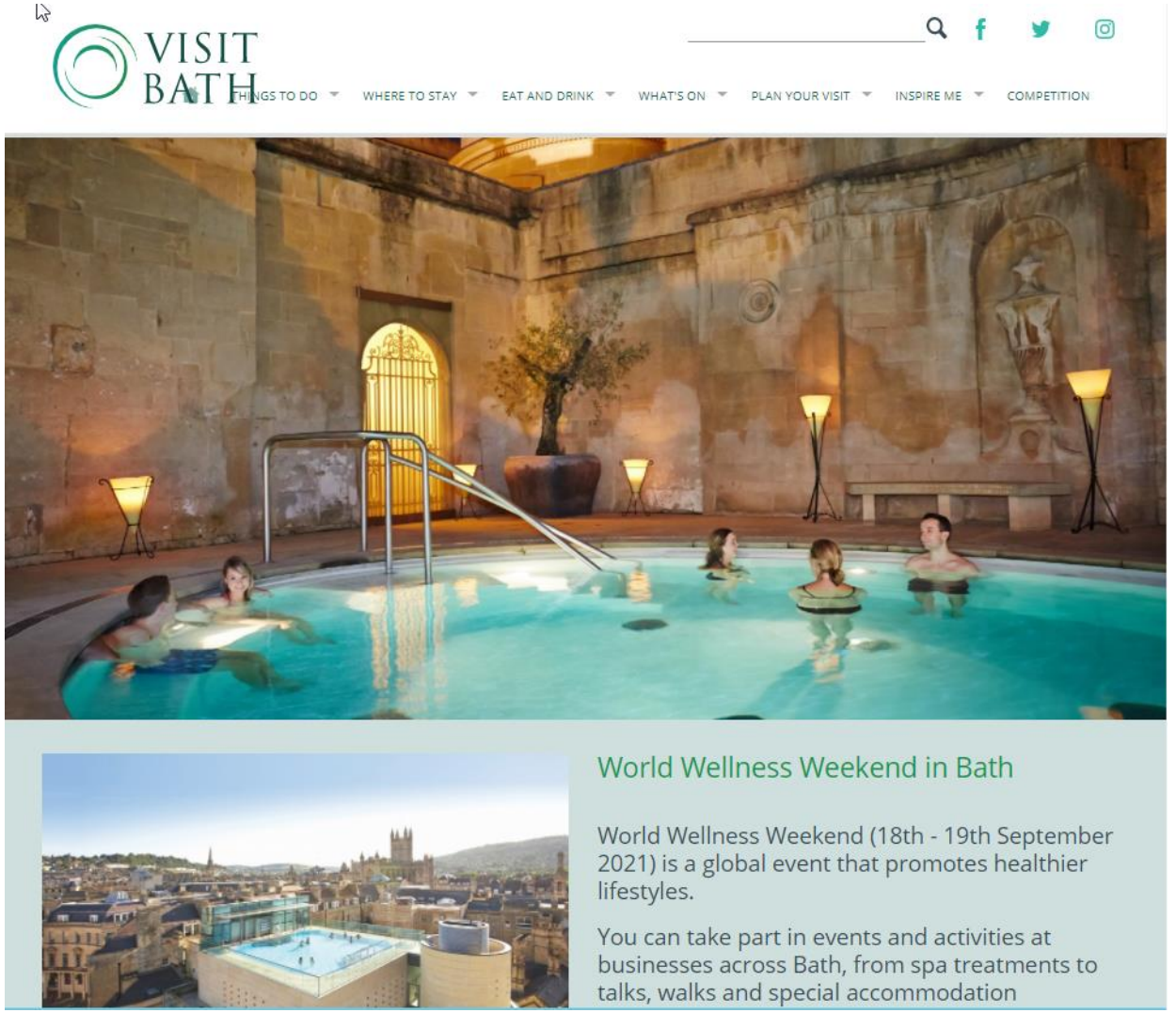
https://www.leisurediary.com/index.cfm



UNITED KINGDOM

10 SEPTEMBER 2021

https://visitbath.co.uk/world-wellness-weekend/



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10 SEPTEMBER 2021

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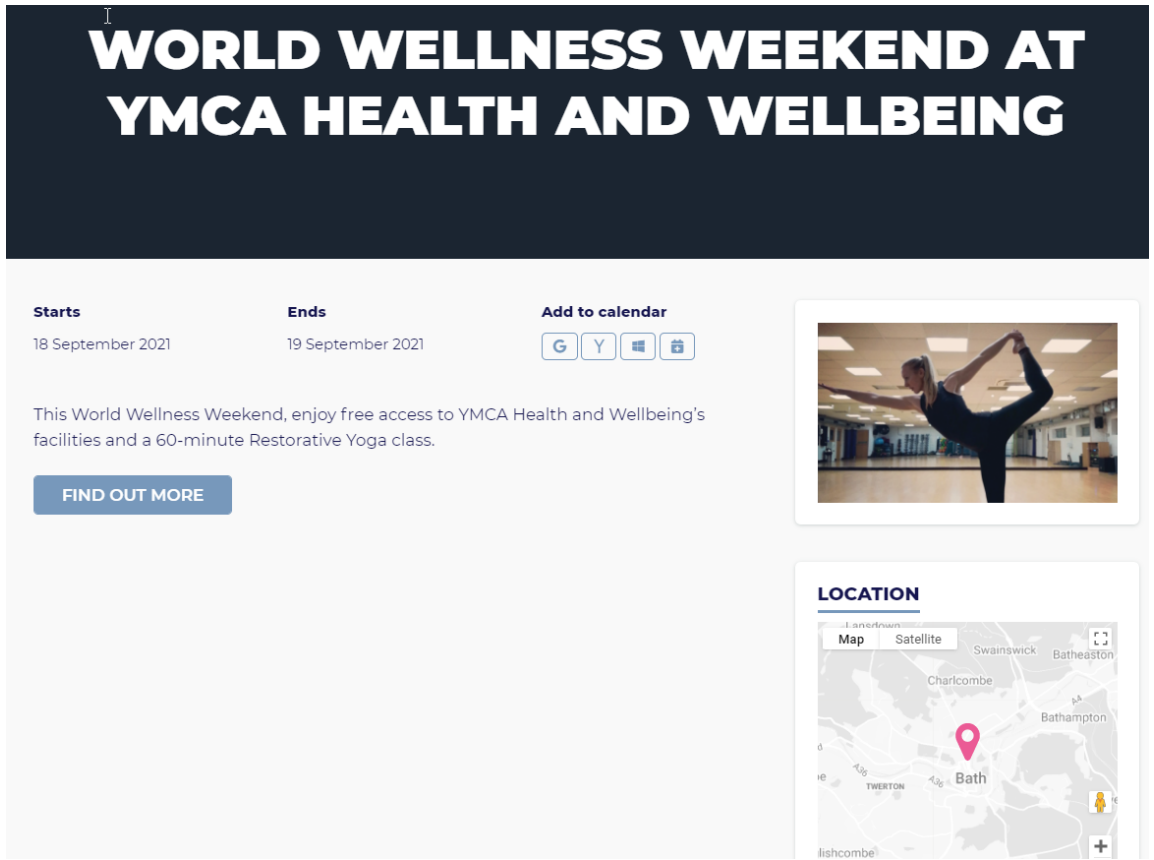

All Events in

10 September 2021

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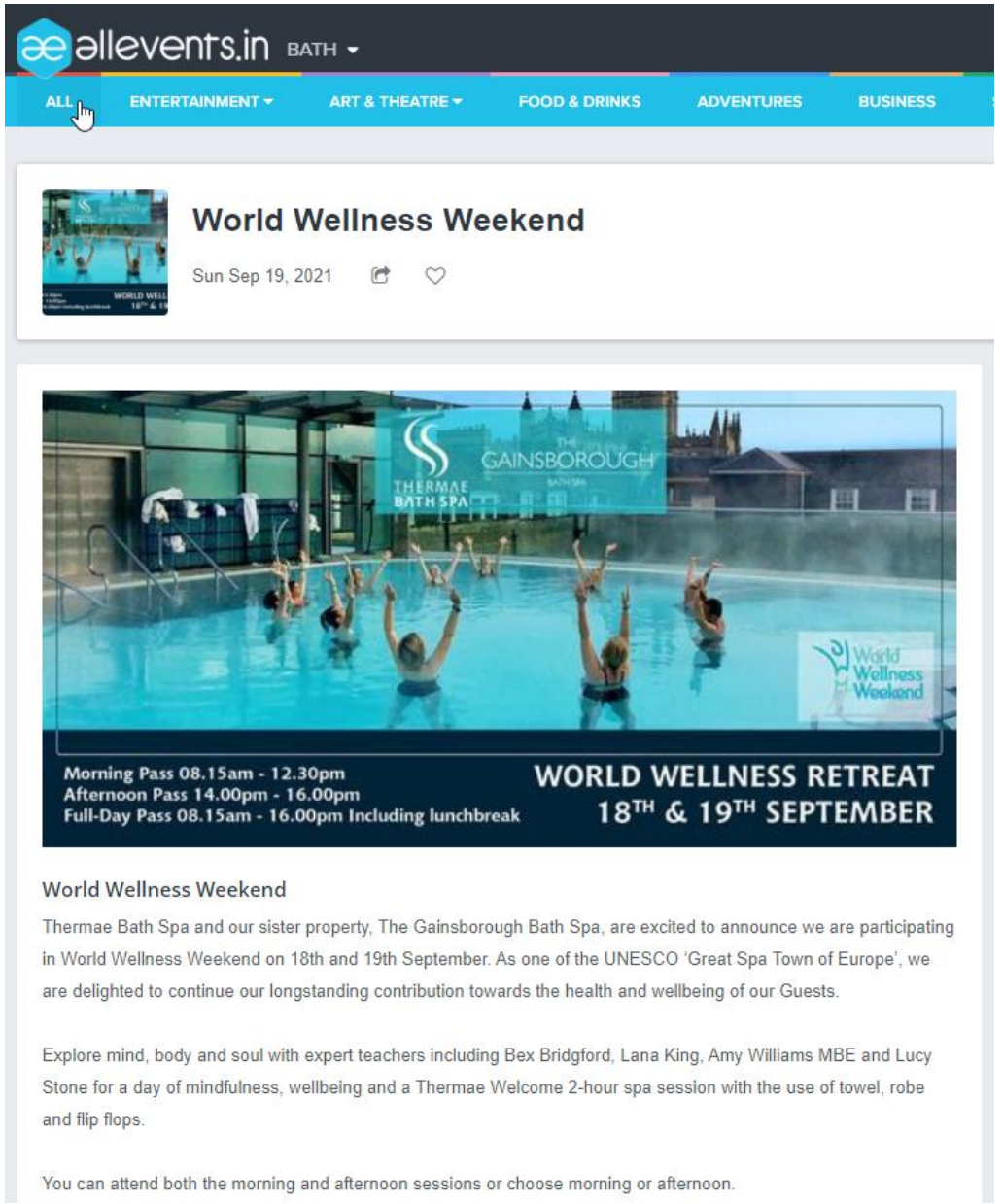

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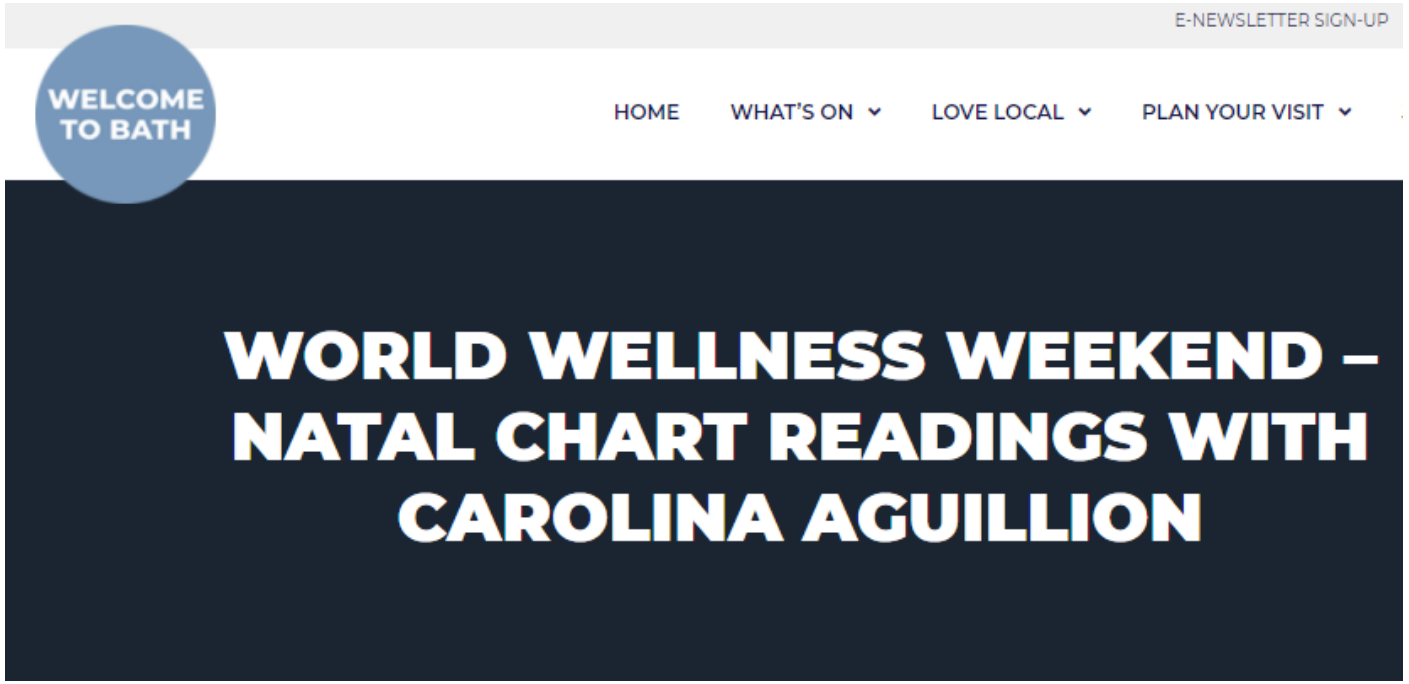
10 SEPTEMBER 2021

https://www.welcometobath.co.uk/event/world-wellness-weekend-natal-chart-readings-with-carolina-aguillion/



UNITED KINGDOM

16 SEPTEMBER 2021

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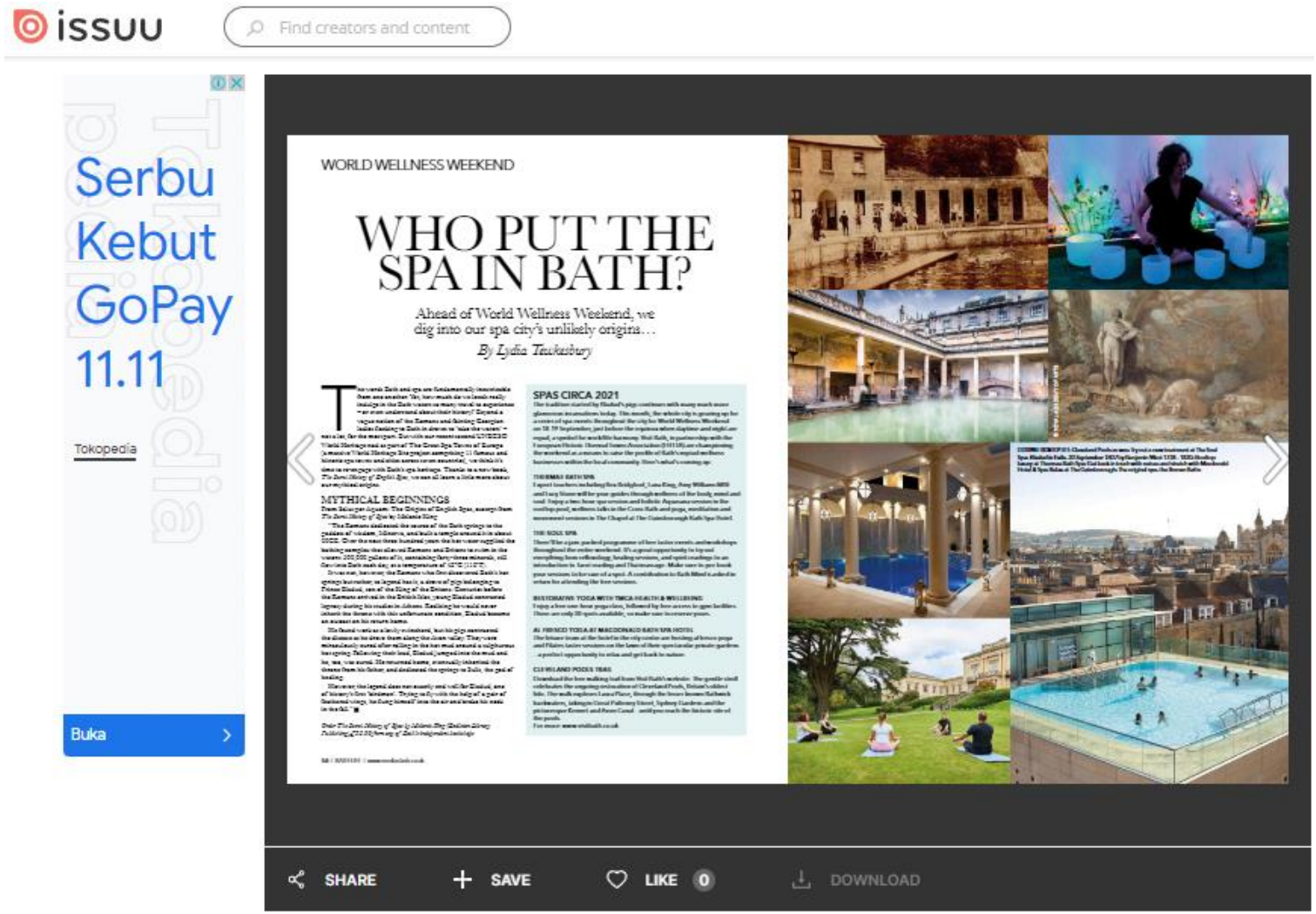



Spain

12 mentions

Spain

25 May 2021

Healthy Life

https://www.healthylifeyy.com/2021/05/25/ celebre-estilos-de-vida-mas-saludables-y-felices-2/



HEALTHY LIFE

HOME SALUD PÉRDIDA DE PESO DISEASE APTITUD FÍSICA NUTRICIÓN ESTILO DE VIDA

Home › meditación

Celebre estilos de vida más saludables y felices

by admin – May 25, 2021 in meditación

0 0 0

1 SHARES 0 VIEWS

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Únase a miles de entusiastas del bienestar de todo el mundo que participan en el World Wellness Weekend del 19 al 20 de septiembre

La situación de salud actual que enfrenta el mundo nos recuerda lo importante que es construir un sistema inmunológico fuerte. Un cuerpo sano comienza con una mente sana, que puede desarrollarse prestando más atención a las necesidades individuales de bienestar.

El próximo 19 y 20 de septiembre de 2020, únase a miles de pioneros del bienestar de todo el mundo en el World Wellness Weekend. Se organizan actividades de bienestar divertidas, creativas y significativas en más de 120 países para este evento especial.

Spain

7 September 2021

EFE

https://www.efe.com/efe/america/comunicados-prnews/la-5a-edicion-del-world-wellness-weekend-esta-a-vuelta-de-esquina-y-este-ano-cuenta-con-actividades-en-persona/50001355-MULTIMEDIAE_4624532



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Edición América > Comunicados PRNews

WorldWellnessWeekend

La 5a edición del World Wellness Weekend está a la vuelta de la esquina y este año cuenta con actividades en persona y online

7 sep. 2021

Menéame

La 5a edición del World Wellness Weekend está a la vuelta de la esquina y este año cuenta con actividades en persona y online18 - 19 de Septiembre

PR Newswire

MIAMI, 7 de septiembre de 2021

MIAMI, 7 de septiembre de 2021 /PRNewswire/ -- El World Wellness Weekend este año presenta la novedad de actividades online y retomar las actividades en persona. Durante el fin de semana del 18 y 19 de este mes, miles de profesionales del deporte, el turismo, el wellness y la hostelería abrirán sus puertas al público, ofreciendo actividades gratuitas de 60 minutos, clases, talleres con el objetivo de conectar a las personas a través de actividades de bienestar, siguiendo las medidas de seguridad locales.

Este evento tiene lugar justo antes del equinoccio de otoño, y muestra la experiencia y la pasión de los profesionales del bienestar y el fitness con el apoyo y la orientación de los embajadores locales, animando a las comunidades locales a ser más activas, más a menudo, con los amigos y la familia.

En América Latina y el Caribe, los amantes del bienestar pueden participar en el evento en Argentina, Brasil, Chile, Colombia, Ecuador, México, Panamá, Perú, República Dominicana y Venezuela.

Spain

7 September 2021

https://valencia24horas.com/prnewswire/?rkey=20210907ES98175&filter=17019



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PRnewswire

PR Newswire

La 5a edición del World Wellness Weekend está a la vuelta de la esquina y este año cuenta con actividades en persona y online

18 - 19 de Septiembre

M!AMI, 7 de septiembre de 2021 /PRNewswire/ -- El World Wellness Weekend este año presenta la novedad de actividades online y retomar las actividades en persona. Durante el fin de semana del 18 y 19 de este mes, miles de profesionales del deporte, el turismo, el wellness y la hostelería abrirán sus puertas al público, ofreciendo actividades gratuitas de 60 minutos, clases, talleres con el objetivo de conectar a las personas a través de actividades de bienestar, siguiendo las medidas de seguridad locales.

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Spain

7 September 2021

https://pamplona24horas.com/prnewswire/?rkey=20210907ES98175&filter=17007



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La 5a edición del World Wellness Weekend está a la vuelta de la esquina y este año cuenta con actividades en persona y online

18 - 19 de Septiembre

MIAMI, 7 de septiembre de 2021 /PRNewswire/ -- El World Wellness Weekend este año presenta la novedad de actividades online y retomar las actividades en persona. Durante el fin de semana del 18 y 19 de este mes, miles de profesionales del deporte, el turismo, el wellness y la hostelería abrirán sus puertas al público, ofreciendo actividades gratuitas de 60 minutos, clases, talleres con el objetivo de conectar a las personas a través de actividades de bienestar, siguiendo las medidas de seguridad locales.

Este evento tiene lugar justo antes del equinoccio de otoño, y muestra la experiencia y la pasión de los profesionales del bienestar y el fitness con el apoyo y la orientación de los embajadores locales, animando a las comunidades locales a ser más activas, más a menudo, con los amigos y la familia.

Spain

7 September 2021

https://www.mundiario.com/seccion/salud/?rkey=20210907ES98175&filter=22477

MUNDIARIO
PRIMER PERIÓDICO GLOBAL DE ANÁLISIS Y OPINIÓN

PR Newswire

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En América Latina y el Caribe, los amantes del bienestar pueden participar en el evento en Argentina, Brasil, Chile, Colombia, Ecuador, México, Panamá, Perú, República Dominicana y Venezuela.

El World Wellness Weekend es un evento sin ánimo de lucro alineado con el ODS3 de las Naciones Unidas (Buena salud y bienestar para todos). Con la convicción de que la prescripción social es un verdadero catalizador para promover la elección de un estilo de vida saludable, la celebración conecta a las comunidades y las educa en los "Cinco Pilares del Bienestar": dormir mejor para aumentar la creatividad, una mejor nutrición para fortalecer el sistema inmunológico, realizar más actividad física para mejorar la vitalidad, una conciencia plena para disfrutar de la serenidad y un mayor sentido de propósito para compartir una mayor solidaridad.

Spain

7 September 2021

https://madriddigital24horas.com/prnewswire/?rkey=20210907ES98175&filter=17003



Madrid
Grupo 24 horas

NOTICIAS DE MADRID Y SUS PUEBLOS | TURISMO HOY | CULTURA | + MADRID | TE INTER

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Spain

7 September 2021

https://cordoba24horas.com/prnewswire/?rkey=20210907ES98175&filter=16985



Córdoba
Grupo 24 horas

NOTICIAS DE CÓRDOBA Y SUS PUEBLOS | TE INTERESA | CONTACTO

INICIO > PRnewswire

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Spain

7 September 2021

https://barcelonadigital24horas.com/prnewswire/?rkey=20210907ES98175&filter=16968



Barcelona
Grupo 24 horas

NOTICIAS | TURISMO BARCELONA | BARÇA | ESPANYOL | TE INTERESA | CONTAC

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PRnewswire

PR Newswire

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Spain

7 September 2021

https://castillalamancha24horas.com/prnewswire/?rkey=20210907ES98175&filter=16983



CastillaLaMancha
Grupo 24 horas

CASTILLA LA MANCHA EN 24 HORAS | TE INTERESA | CONTACTO

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Spain

7 September 2021

https://www.burgosdigital24horas.com/prnewswire/?rkey=20210907ES98175&filter=16972



Burgos
Grupo 24 horas

NOTICIAS DE BURGOS Y SUS PUEBLOS | TURISMO BURGOS | PRENSA DE BURGOS | TE INTI

INICIO > PRnewswire

PRnewswire

PR Newswire

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Spain

7 September 2021

https://bilbaodigital24horas.com/prnewswire/?rkey=20210907ES98175&filter=16970



Bilbao Digital
Grupo 24 horas

BILBAO DIGITAL | TURISMO BILBAO | PRENSA | TE INTERESA | CONTACTO

INICIO > PRnewswire

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PR Newswire

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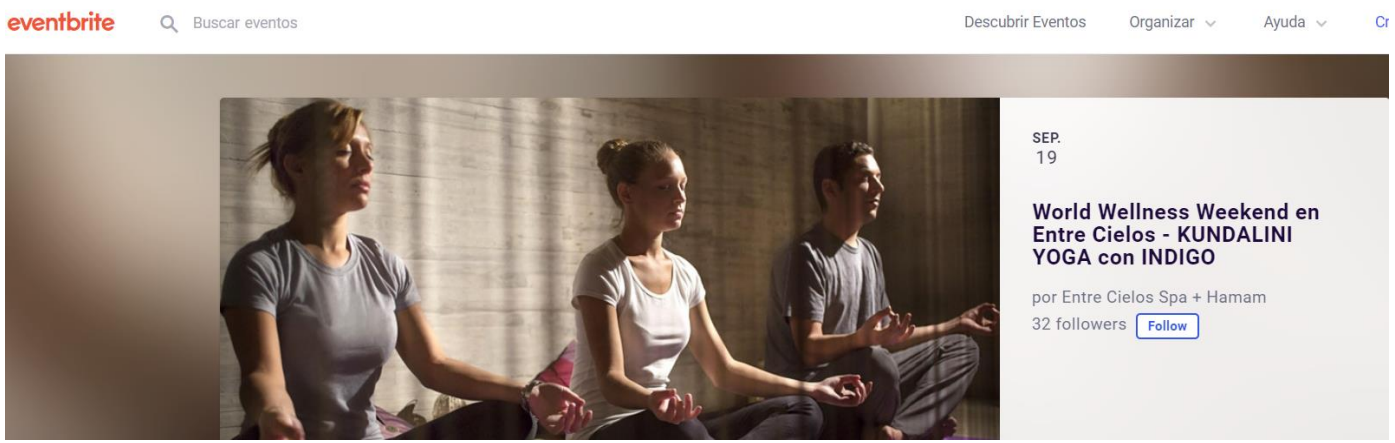
Spain

16 September 2021

https://www.eventbrite.com.ar/e/world-wellness-weekend-en-entre-cielos-kundalini-yoga-con-indigo-tickets-171485336257





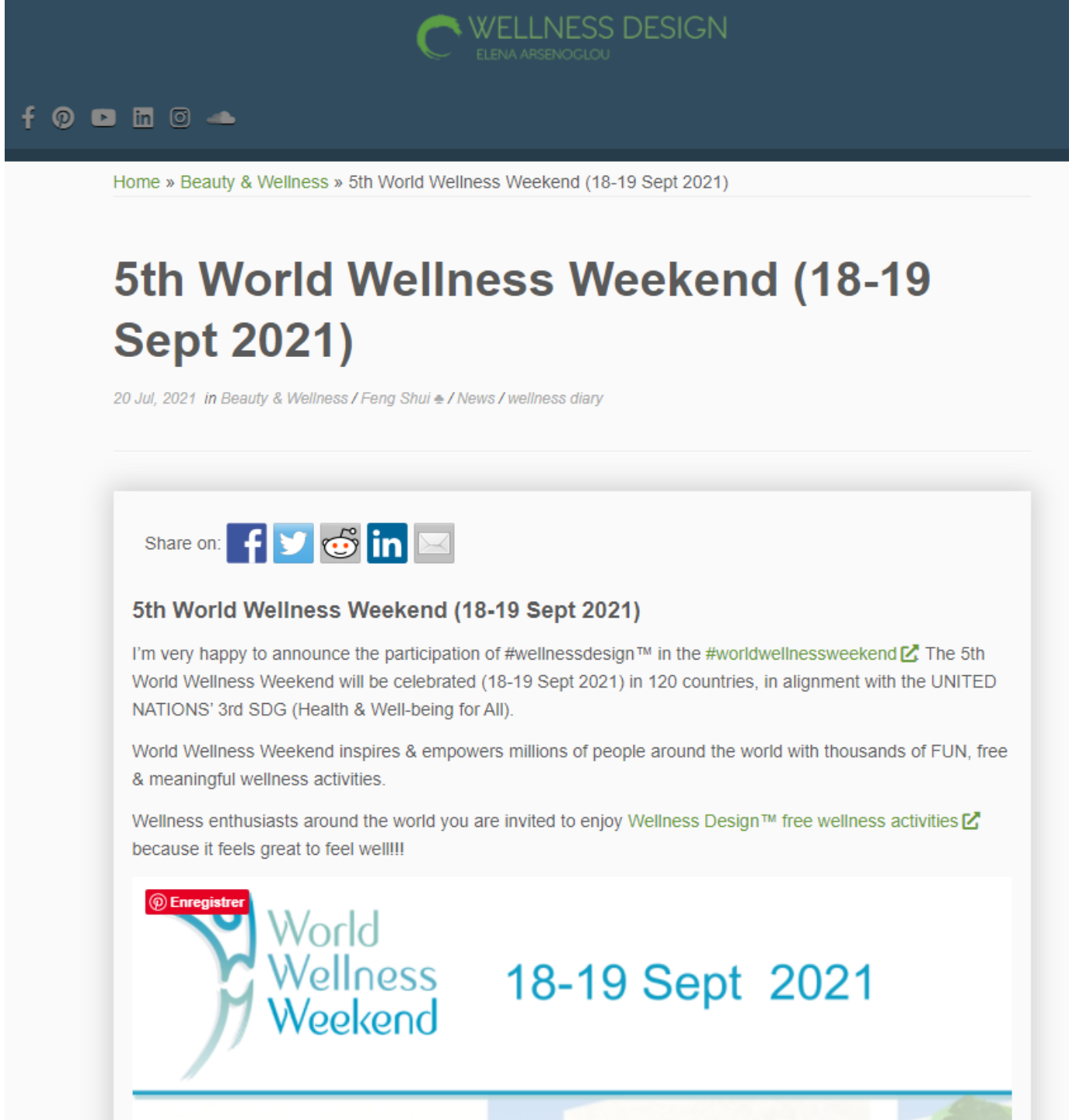
Greece

7 mentions

GREECE

20 July 2021

https://elenaarsenoglou.com/5th-world-wellness-weekend-18-19-sept-2021/



Greece

21 July 2021

ALKISTIS TV
Wisdom, Wellness, Wonder

TV report

https://www.youtube.com/watch?v=9gYDaQZ1v8g



Greece

September 2021

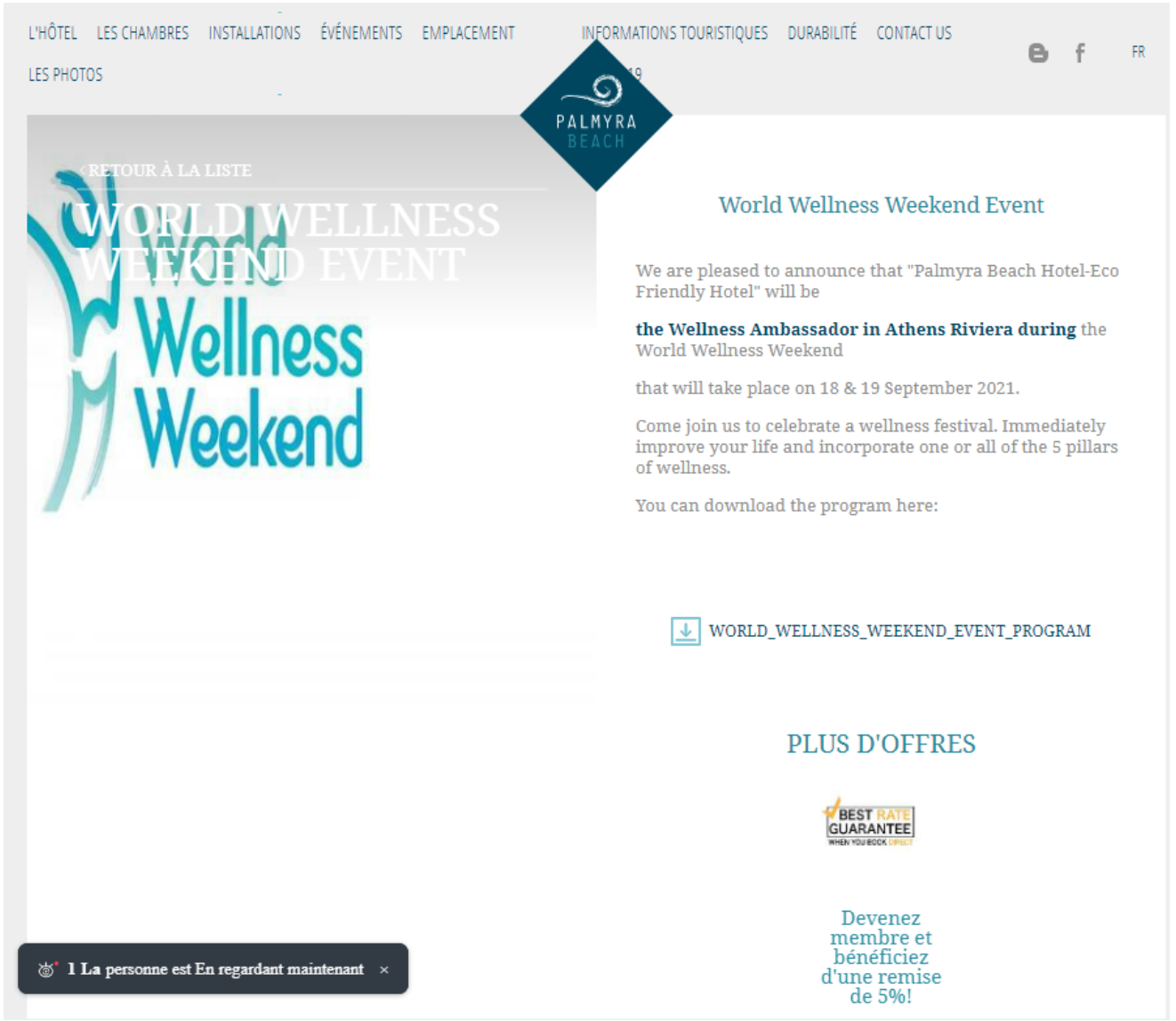
https://allevents.in/athens/world-wellness-weekend-event-18-19-september-2021/200021544740041



Greece

September 2021

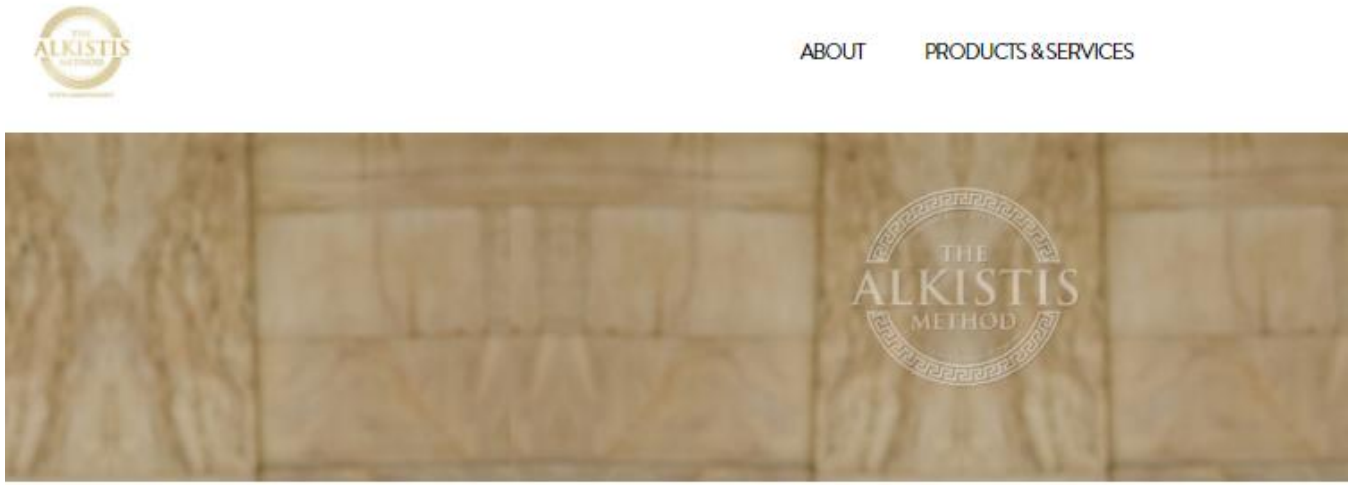
https://www.palmyra.gr/fr/page



Greece

02 September 2021

https://www.alkistis.net/blog/personal-blog-my-road-trip-to-the-delphi-film-festival-where-my-film-was-a-finalist



PERSONAL BLOG: MY ROAD TRIP TO THE DELPHI FILM FESTIVAL WHERE MY FILM WAS A FINALIST.

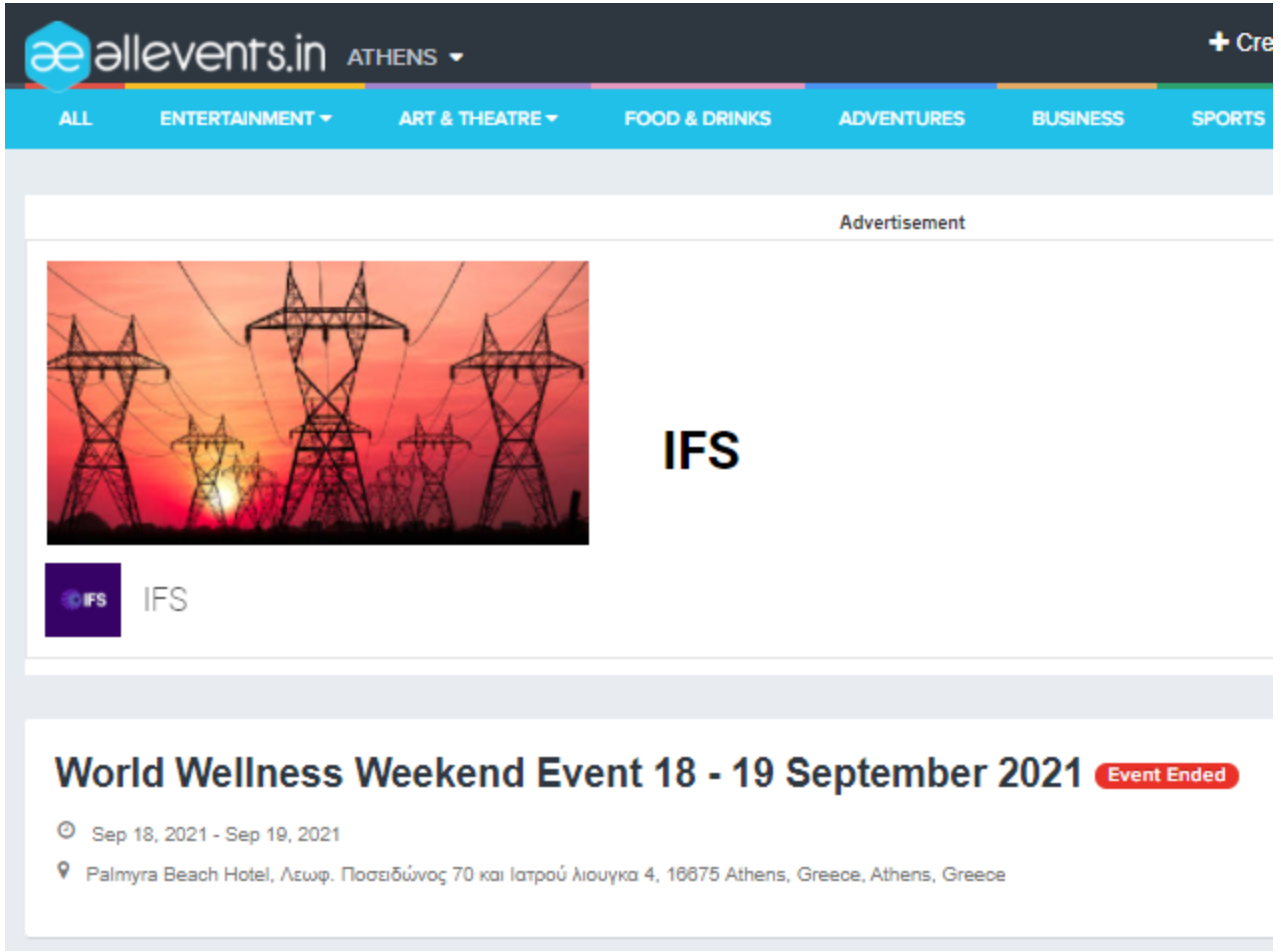
2/9/2021 comments

Here's a short video about my road trip with my friend Janet, to go view my short film "FROM FEAR TO FREEDOM" which was a finalist in the Delphi Film festival (which was held in ancient Corinth this year). Join our conversation in the car, see the resort where we stayed, join the film festival, and check out the amphitheatre and waterfalls.
If this video peaks your interest in my film, then sign up to view it on the PREMIERE (18th Sept) ONLINE, on the occasion of the World Wellness Weekend.
Sign up here (it's free) FreedomFilm

Greece

09 September 2021

https://allevents.in/athens/world-wellness-weekend-event-18-19-september-2021/200021544740041

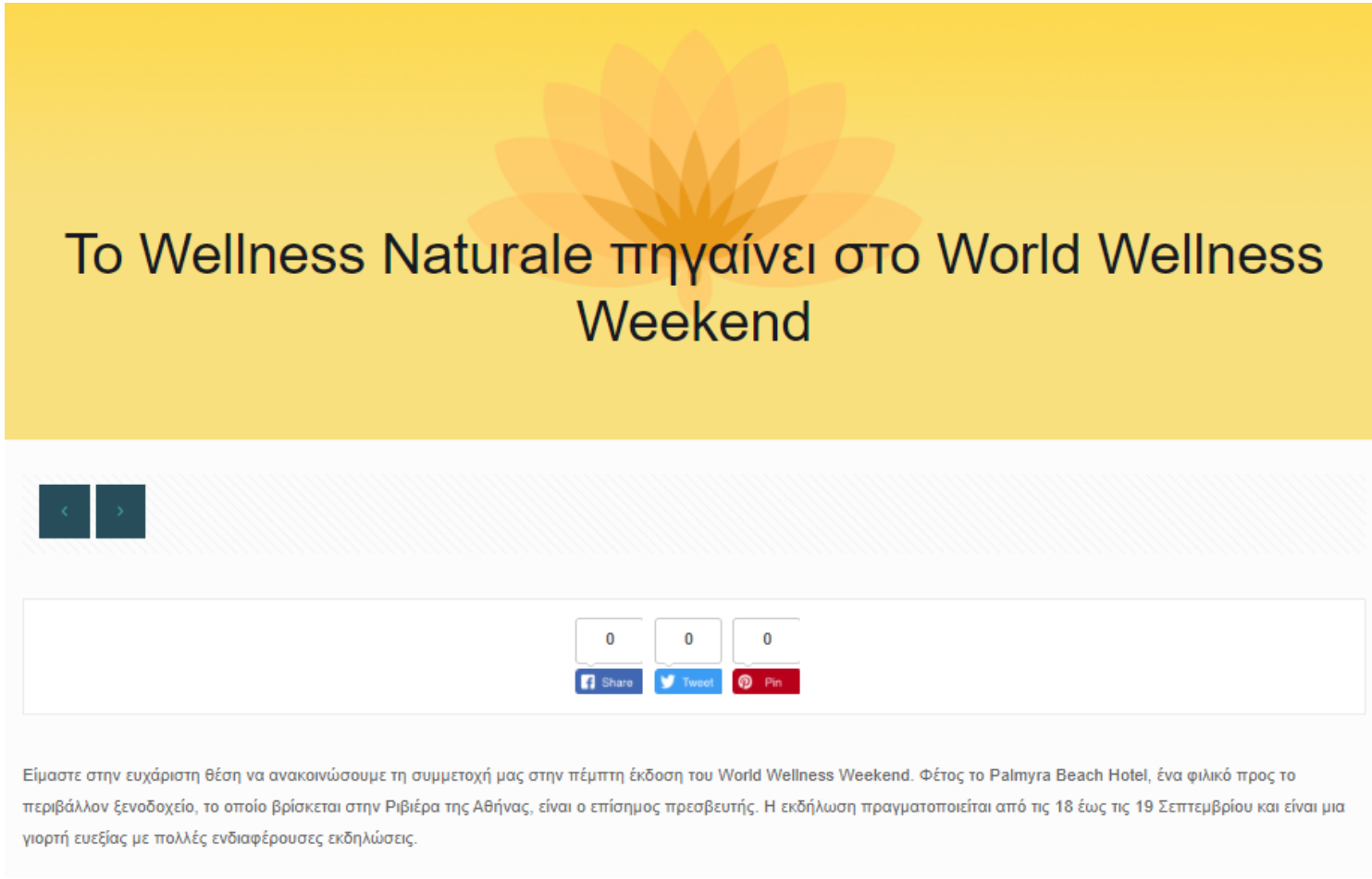


Greece

Wellness Naturale

10 September 2021

https://www.wellnessnaturale.com/to-wellness-naturale-pigainei-sto-world-wellness-weekend/





Switzerland

7 mentions

Switzerland

16 March 2021

Ecole Hôtelière de Lausanne

FB LIVE

https://fb.watch/5VIxUuB5yU/



Switzerland

6 April 2021

Ecole Hôtelière de Lausanne

FB LIVE

https://fb.watch/5VSmhjGvov/



Switzerland

26 April 2021

Ecole Hôtelière de Lausanne

FB LIVE

https://www.youtube.com/watch?v=5ZXA6l0T0ac



Switzerland

8 June 2021

Ecole Hôtelière de Lausanne

FB LIVE

https://www.facebook.com/WorldWellnessWeekend/photos/a.324475907676441/275260899 8196441/



Switzerland

25 August 2021

Ecole Hôtelière de Lausanne

FB LIVE

https://www.youtube.com/watch?v=zll8fgGaFDI

IMMUNOCOLOGIE®
SKINCARE



World Wellness Weekend

Wellness Insights

with Karen Ballou
founder IMMUNOCOLOGIE

Facebook LIVE
facebook.com/jeanguy.degabriac

Wednesday 25 August 2021
1pm EST / 7pm CET

Switzerland

28 Sept 2021

Ecole Hôtelière de Lausanne

FB LIVE

https://www.facebook.com/jeanguy.degabriac/videos/552177909204540

mindbody



World Wellness Weekend

Wellness Insights
with Josh McCarter
CEO mindbody

Facebook LIVE
facebook.com/jeanguy.degabriac

Tuesday 28 September 2021
9am PST / 12noon EST / 6pm CET

SWITZERLAND

https://www.bluewin.ch/fr/lifestyle/alimentation-fitness/world-wellness-weekend-des-activit-s-gratuites-partout-dans-le-monde-pour-renouer-avec-le-bien-tre-832956.html

World Wellness Weekend – des activités gratuites partout dans le monde pour renouer avec le bien-être



Le World Wellness Weekend se tiendra les 18 et 19 septembre 2021.
Anton Watman / Shutterstock

Particulièrement éprouvante, la crise sanitaire a eu un impact significatif sur le sommeil, l'alimentation, la sédentarité, et la santé mentale des populations à travers le monde. C'est donc pour une édition particulière, et sans aucun doute très attendue, que le World Wellness Weekend fera son retour les 18 et 19 septembre, avec des activités gratuites à découvrir aux quatre coins du globe pour (re)trouver une certaine sérénité et aborder la rentrée du bon pied. A vos agendas !



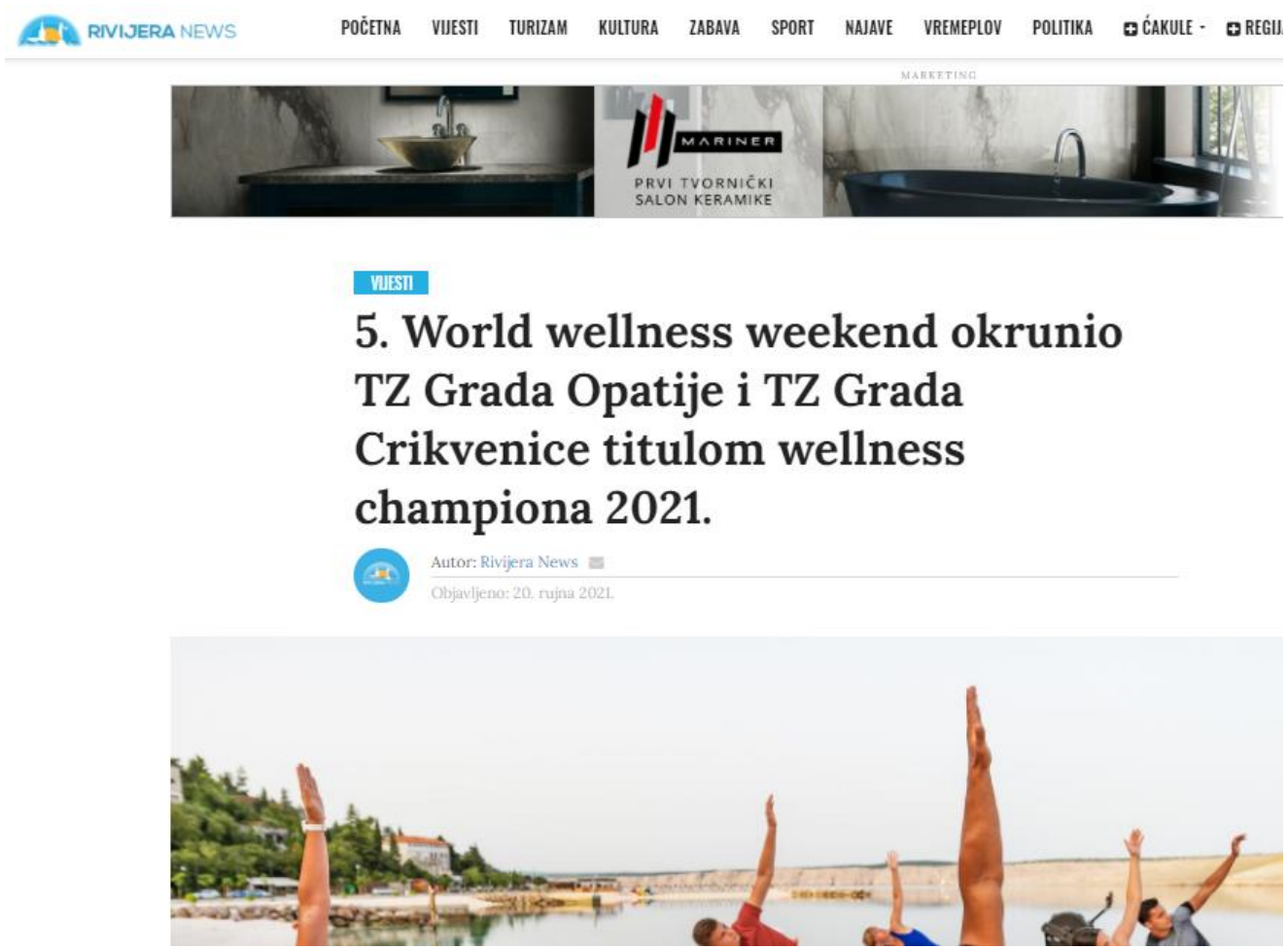
Croatia

6 mentions

Croatia

September 2021

https://www.rivijeranews.hr/5-world-wellness-weekend-okrunio-tz-grada-opatije-i-tz-grada-crikvenice-titulom-wellness-championa-2021/



Croatia

17 September 2021

https://www.novilist.hr/rijeka-regija/opatija/prestizna-titula-turistickoj-staroj-dami-opatija-postala-wellness-champion-za-2021/?meta_refresh=true



Croatia

Riviera Crikvenica

17 September 2021

https://www.rivieracrikvenica.com/crikvenica/world-wellness-weekend-u-crikvenici



WORLD WELLNESS WEEKEND U CRIKVENICI

18. ruj. 2021. - 19. ruj. 2021.
Mjesto događanja: Crikvenica
Vrijeme početka: 10:00

Rivijera Crikvenica, kao sudionik World Wellness Weekenda pripremila je 18. i 19. rujna 2021. sljedeće aktivnosti na otvorenom koje će podignuti razinu vaše energije i osvježiti vaš duh i tijelo.

Croatia

17 September 2021

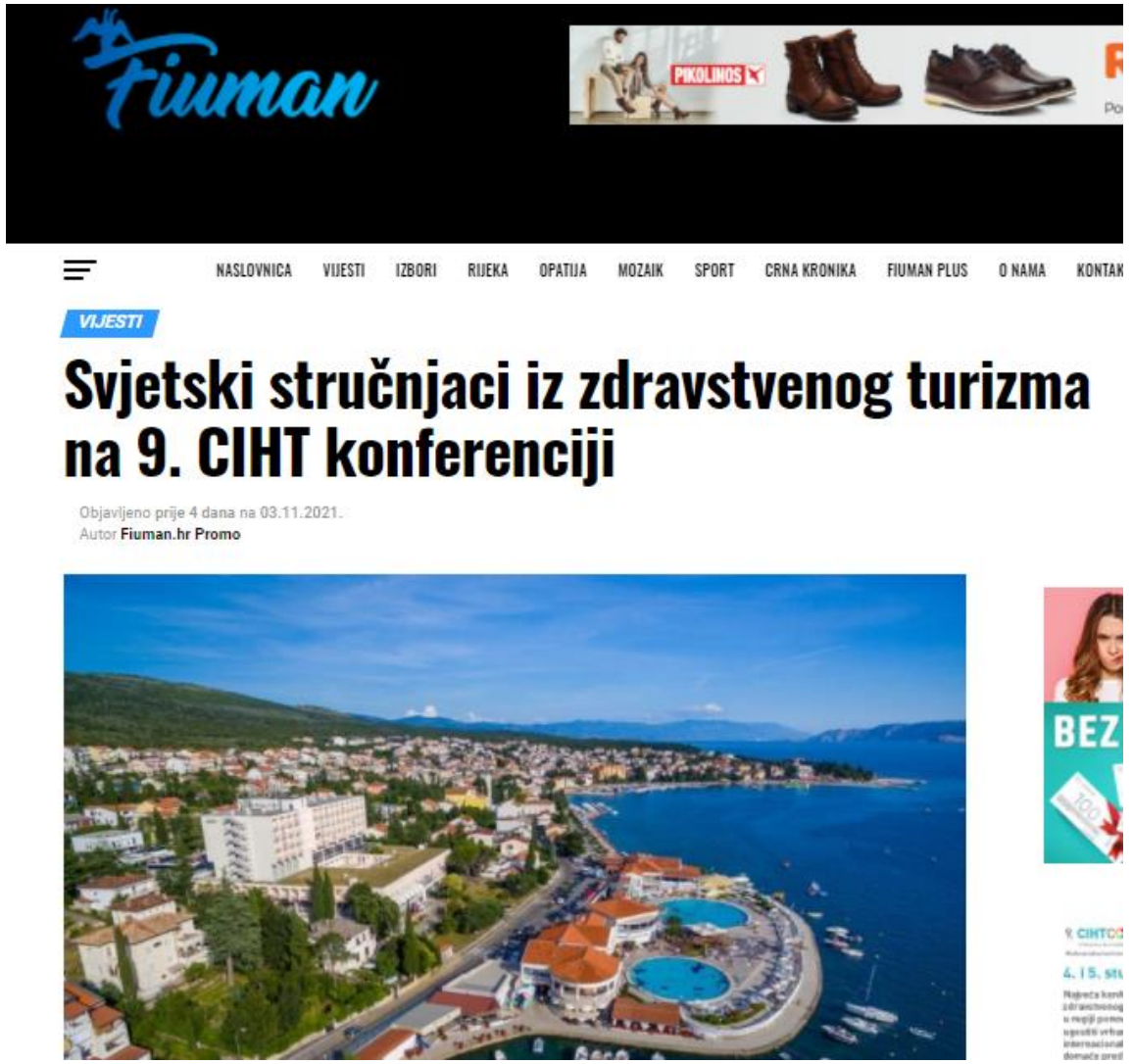
https://www.novilist.hr/rijeka-regija/pred-crikvenicom-je-wellness-vikend-pun-je-aktivnosti-na-otvorenom/



Croatia

03 November 2021

https://www.fiuman.hr/svjetski-strucnjaci-iz-zdravstvenog-turizma-na-9-ciht-konferenciji/



Croatia

06 November 2021

https://www.teklic.hr/event/kultura/i-ove-godine-9-ciht-konferencija-pobudila-izniman-interes/209281/?fbclid=IwAR0qJAxIwENBDdf722FkQh-b_RXIAJkF8xSGYf3n9NdIgE1j07P00O_ss4g



teklić.hr svakidan

NASLOVNICA AKTUALNO LIFESTYLE DOGAĐANJA ZNANOST&TECH TREND OKOLIŠ

DOGAĐANJA KULTURA AKTUALNO HRVATSKA

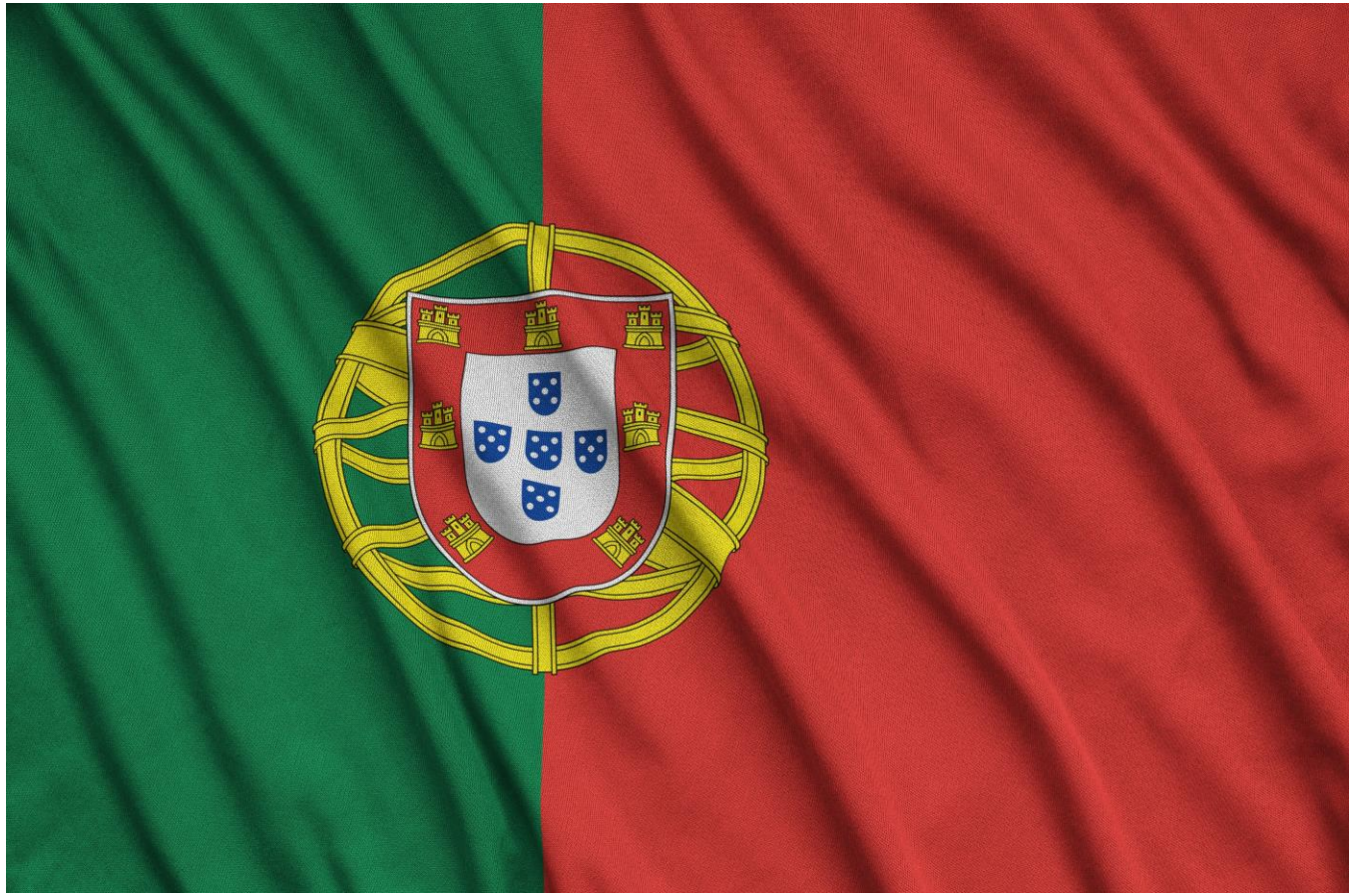
I ove godine 9. CIHT konferencija pobudila izniman interes

6. studenoga 2021.

Share

Ovogodišnja **9. po redu CIHT** (Crikvenica International Health Tourism) **konferencija, održana 4. i 5. studenoga**, pobudila je impresivan interes publike koji su ju imali prilike

POPULARNO



Portugal

5 mentions

Portugal

September 2021

https://www.visitalgarve.pt/en/agenda/12400/1st-portugal-world-wellness-weekend.aspx



Portugal

10 September 2021

https://www.ipressjournal.pt/tag/world-wellness-weekend/

Journal Trissemanário

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Home | Etiqueta: World Wellness Weekend

Tag Archives: World Wellness Weekend



World Wellness Weekend no VidaMar Resort Hotel Algarve

Setembro 10, 2021 Hotelaria & Resorts Leave a comment

O OSMOS Wellness Center do VidaMar Resort Hotel Algarve associou-se à quinta edição do World Wellness Weekend, a decorrer nos próximos dias 18 e 19 de setembro, com ofertas especiais para incentivar ao

Portugal

10 September 2021

https://www.ipressjournal.pt/world-wellness-weekend-no-vidamar-resort-hotel-algarve/



Portugal

14 September 2021

https://jornaleconomico.sapo.pt/noticias/um-fim-de-semana-dedicado-ao-bem-estar-no-algarve-784072



Portugal

16 September 2021

http://www.terraruiva.pt/2021/09/16/varias-atividades-desportivas-assinalam-em-silves-a-semana-europeia-da-mobilidade/



Terra Ruiva
JORNAL DO CONCELHO DE SILVES

Concelho | Sociedade | Opinião | Vida | Economia & Emprego | Algarve | Desporto | Editorial | Autores | Página Aberta | AUTÁRQUICAS 2021

Home / Desporto / Várias atividades desportivas assinalam em Silves a Semana Europeia da Mobilidade

Várias atividades desportivas assinalam em Silves a Semana Europeia da Mobilidade

Terra Ruiva · 3 dias atrás · Desporto · Deixe o seu comentário · 185 Visitas

Sob o lema "Mova-se de forma sustentável. Seja saudável.", decorre de 16 a 22 de setembro, a 20.ª edição da Semana Europeia da Mobilidade, tendo o Município de Silves, através do seu Sector de Desporto, preparado um conjunto de iniciativas para assinalar esta efeméride.

Será uma semana com diversas atividades para todas as idades, em prol da sustentabilidade e da saúde, como: marcha e corrida, passeios de bicicleta e a pé, e aulas de pilates e yoga (estas duas últimas no âmbito no World Wellness Weekend).



Belgium

4 mentions

Belgium

15 April 2021

Pro Esthetic

FB LIVE

https://fb.watch/5VUdNW5zB4/



Belgium

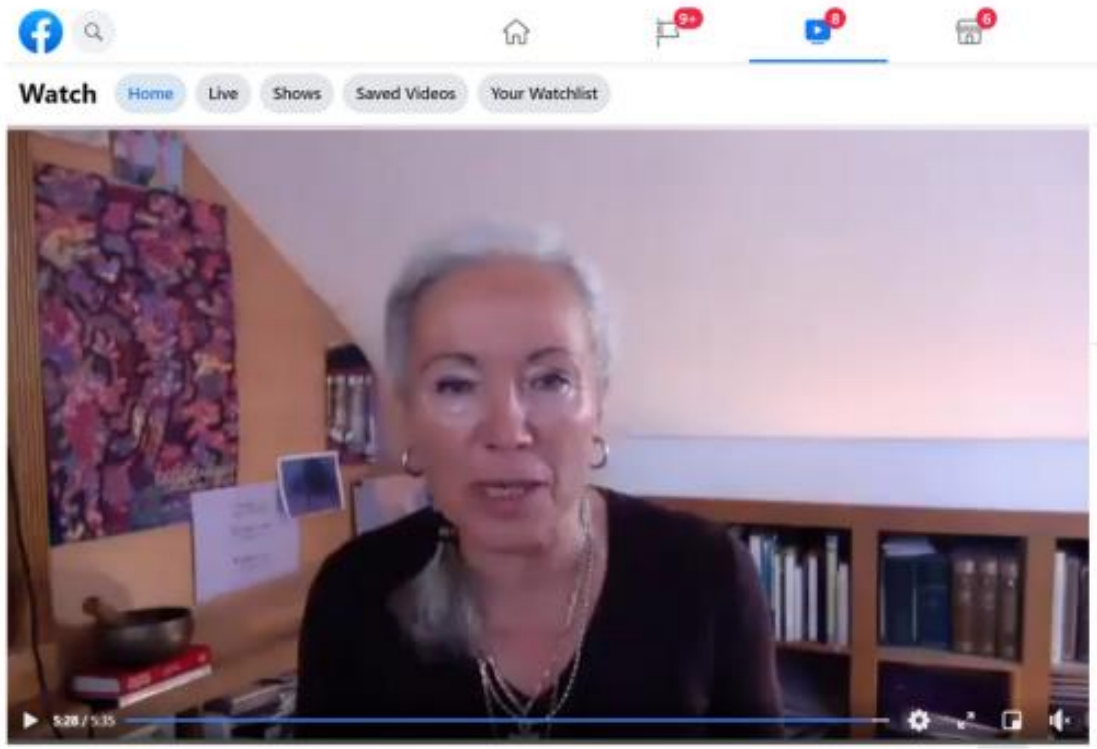
5 May 2021

Pro Esthetic

FB LIVE

https://www.facebook.com/watch/?v=1840121769482287

PROesthetic



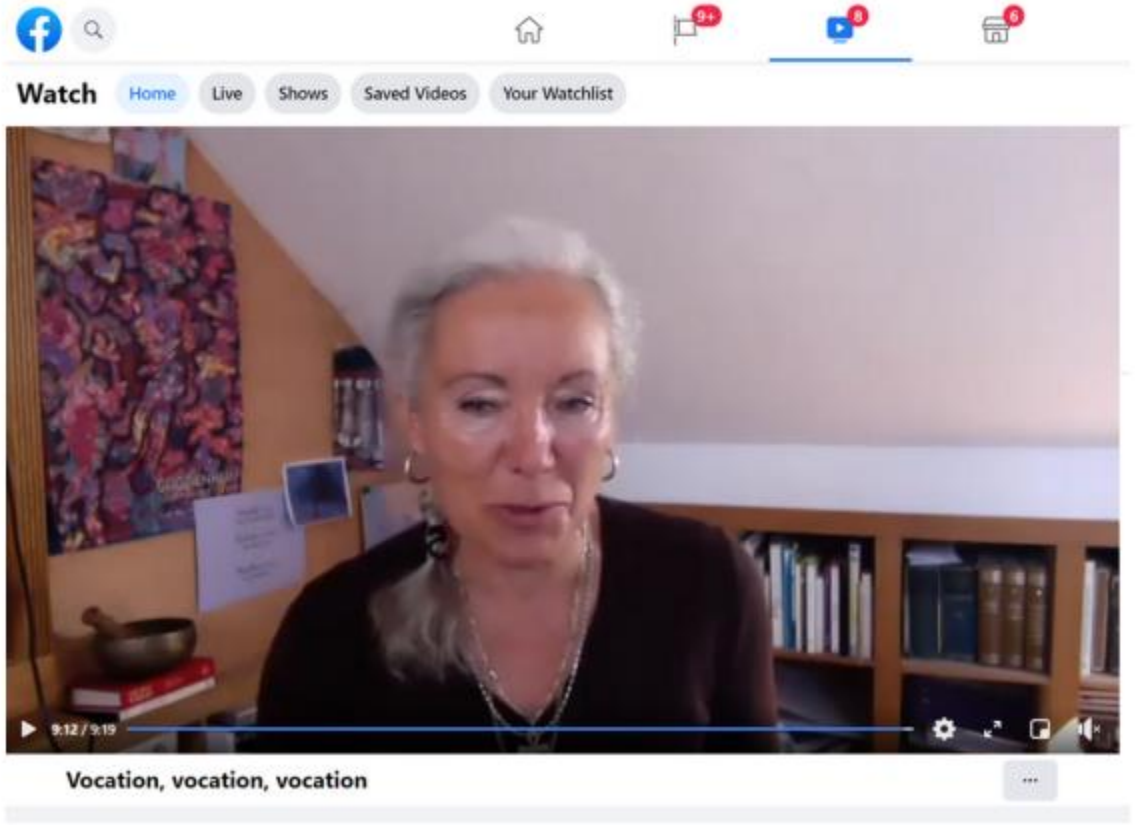
Belgium

22 May 2021

Pro Esthetic

FB LIVE

https://www.facebook.com/watch/?v=2987224818220493



BELGIUM

07 September 2021

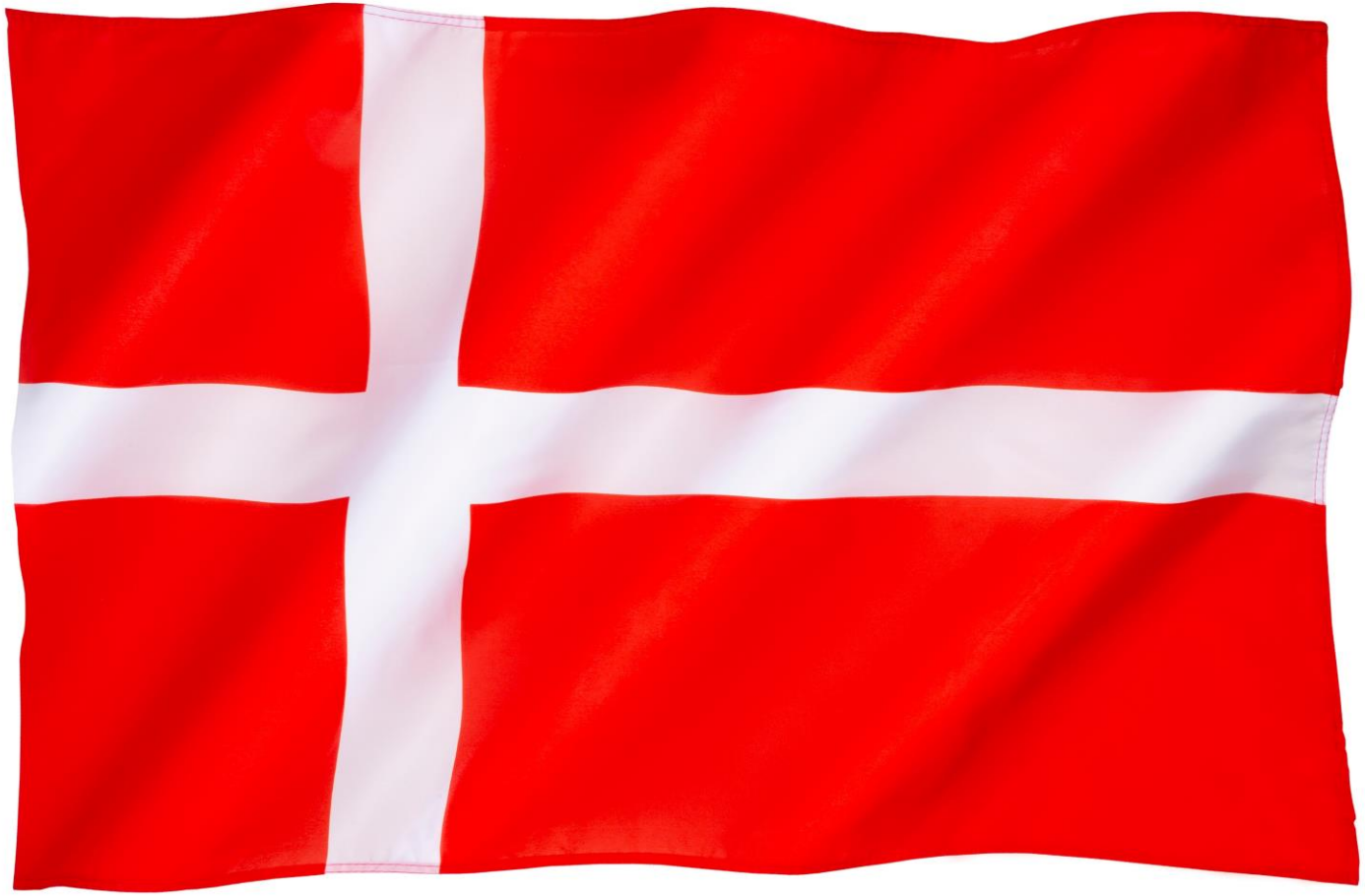
https://www.manoeuvre.be/lifestyle/world-wellness-weekend/



LIFE

World Wellness Weekend

Het Wereld Wellness Weekend, dat zijn vijfde editie viert, is klaar om wellnesszoekers en -liefhebbers te verwelkomen op zijn speciale wereldwijde pro bono-evenement dat plaatsvindt op 18 en 19 september. Tijdens dat weekend zullen duizenden wellness-, sport-, toerisme- en horecaprofessionals hun deuren openen voor het publiek en gratis activiteiten, lessen en workshops van 60 minuten aanbieden met als doel mensen te verbinden via wellnessactiviteiten, waarbij de lokale veiligheidsmaatregelen worden gevolgd.



Denmark

3 mentions

Denmark

7 May 2021

International Massage Association

https://www.youtube.com/watch?v=GEqCGTO5Qio



Denmark

10 September 2021

Sakskobing

https://saxby.dk/kalender/world-wellness-weekend-i-sakskoebing-18-09-2021/



Denmark

7 September 2021

https://skal.org/pr-newswire?rkey=20210907FL98169&filter=21003



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CISION

5th annual World Wellness Weekend

Locate 2,000 venues in 133 countries (982 cities) organizing safe, fun & free wellness activities held in person and online

18-19 September 2021

MIAMI, Sept. 7, 2021 /PRNewswire/ -- Since 2017, World Wellness Weekend (WWW) is a pro-bono event promoting healthy lifestyles in alignment with the United Nations' SDG3 "Good health and well-being for all".

From sunrise in Fiji (Sept 18) until sunset in Hawaii (Sept 19) hotels, spas, fitness clubs, yoga studios, hot springs around the world are **UNITED** to organize safe, fun and free wellness activities.



Germany

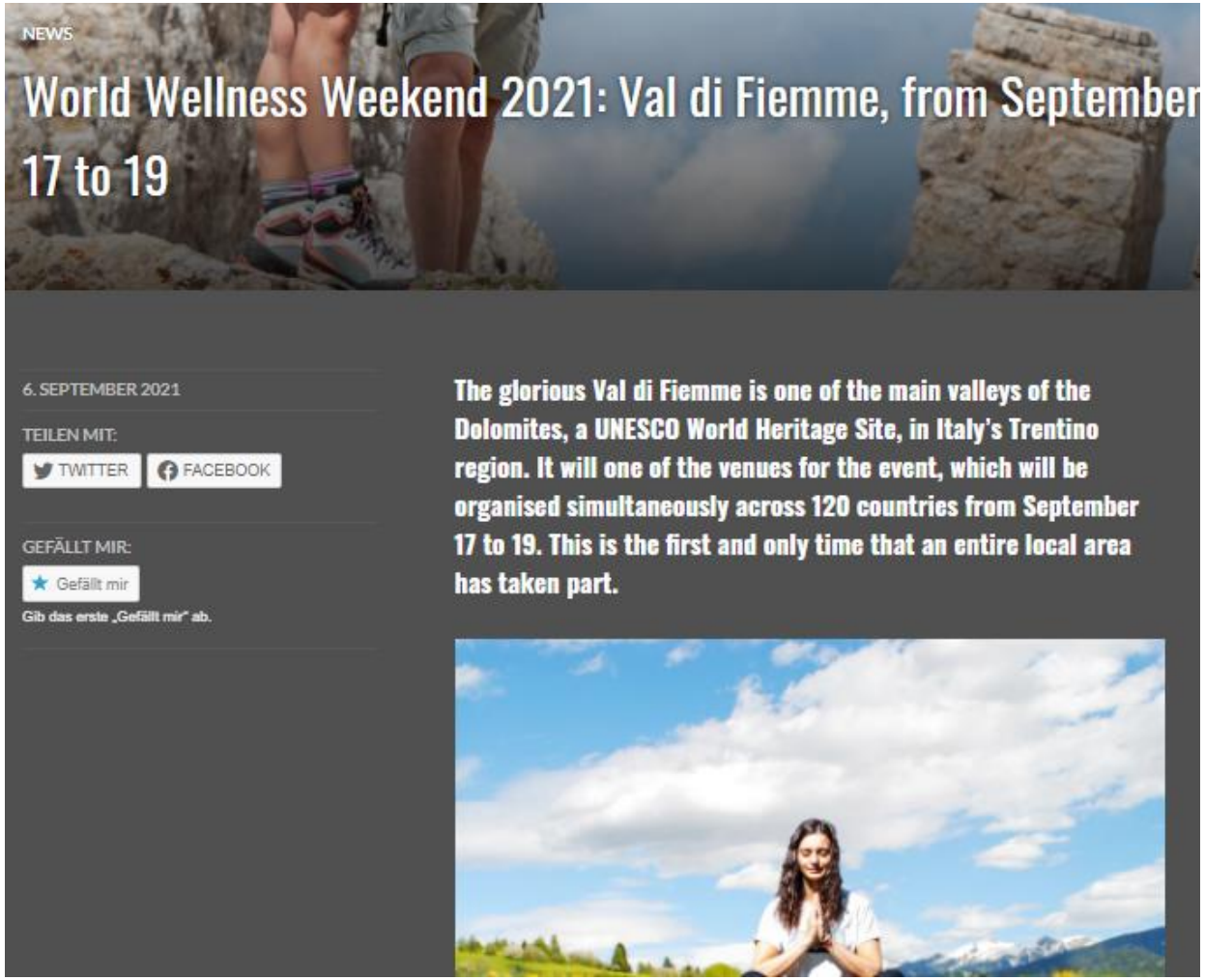
2 mentions

Germany

10 September 2021

Travel Insider Tips

https://travelinsider.tips/2021/09/06/world-wellness-weekend-2021-val-di-fiemme-from-september-17-to-19/



Germany

12 September 2021

https://www.visittrentino.info/de/guide/veranstaltungen/world-wellness-weekend-pine-cembra_e_39232337





Hungary

1 mention

Croatia

September 2021

https://www.panoramahotelprague.com/cs/spa-fitness-2/world-wellness-weekend/





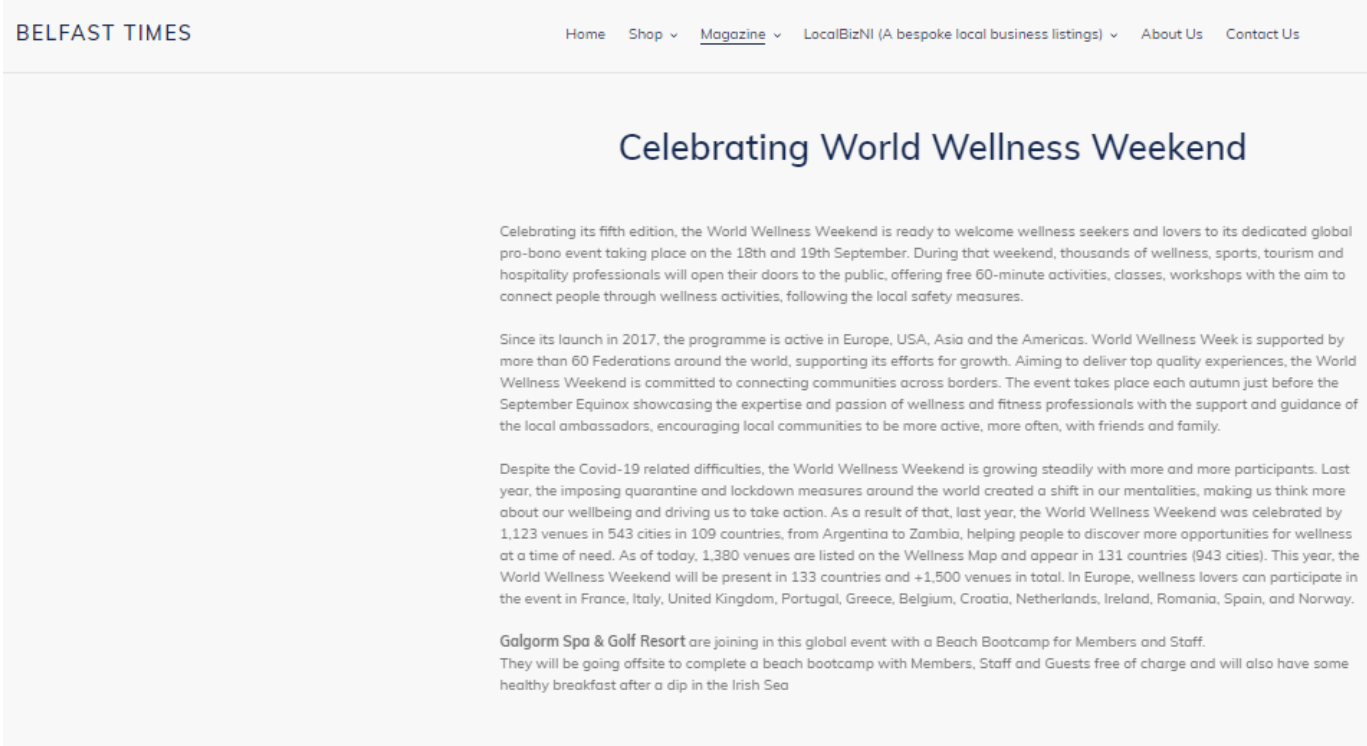
Ireland

1 mention

Ireland

31 August 2021

https://thebelfasttimes.com/blogs/wellness/world-wellness-weekend-2021



BELFAST TIMES

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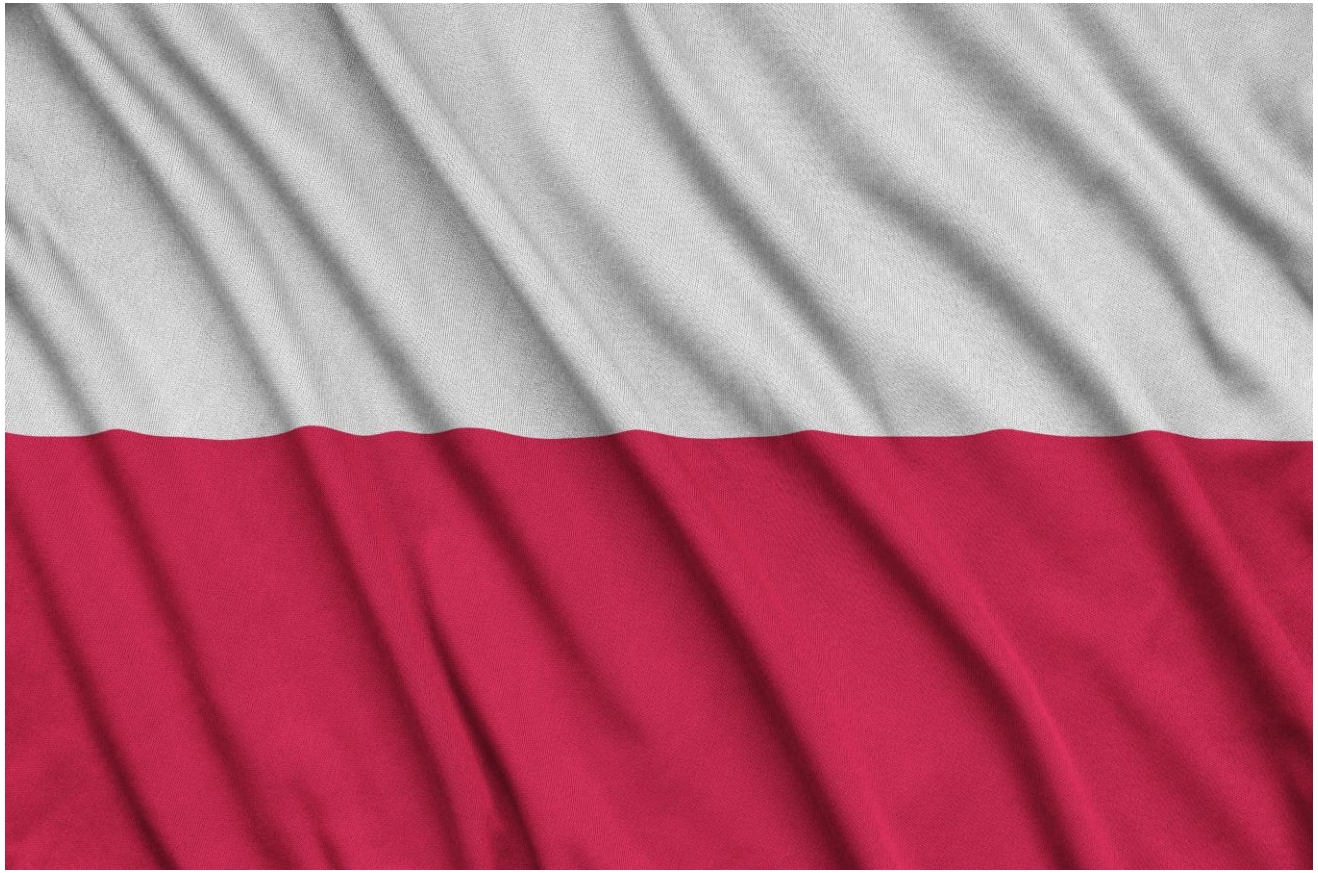
Celebrating World Wellness Weekend

Celebrating its fifth edition, the World Wellness Weekend is ready to welcome wellness seekers and lovers to its dedicated global pro-bono event taking place on the 18th and 19th September. During that weekend, thousands of wellness, sports, tourism and hospitality professionals will open their doors to the public, offering free 60-minute activities, classes, workshops with the aim to connect people through wellness activities, following the local safety measures.

Since its launch in 2017, the programme is active in Europe, USA, Asia and the Americas. World Wellness Week is supported by more than 60 Federations around the world, supporting its efforts for growth. Aiming to deliver top quality experiences, the World Wellness Weekend is committed to connecting communities across borders. The event takes place each autumn just before the September Equinox showcasing the expertise and passion of wellness and fitness professionals with the support and guidance of the local ambassadors, encouraging local communities to be more active, more often, with friends and family.

Despite the Covid-19 related difficulties, the World Wellness Weekend is growing steadily with more and more participants. Last year, the imposing quarantine and lockdown measures around the world created a shift in our mentalities, making us think more about our wellbeing and driving us to take action. As a result of that, last year, the World Wellness Weekend was celebrated by 1,123 venues in 543 cities in 109 countries, from Argentina to Zambia, helping people to discover more opportunities for wellness at a time of need. As of today, 1,380 venues are listed on the Wellness Map and appear in 131 countries (943 cities). This year, the World Wellness Weekend will be present in 133 countries and +1,500 venues in total. In Europe, wellness lovers can participate in the event in France, Italy, United Kingdom, Portugal, Greece, Belgium, Croatia, Netherlands, Ireland, Romania, Spain, and Norway.

Galgorm Spa & Golf Resort are joining in this global event with a Beach Bootcamp for Members and Staff.
They will be going offsite to complete a beach bootcamp with Members, Staff and Guests free of charge and will also have some healthy breakfast after a dip in the Irish Sea



Poland

1 mention

Poland

12 September 2021

https://spaeden.pl/spa-wellness/trendy-spa-wellness/2976-world-wellness-weekend-swiatowy-wellness-weekend





Romania

1 mention

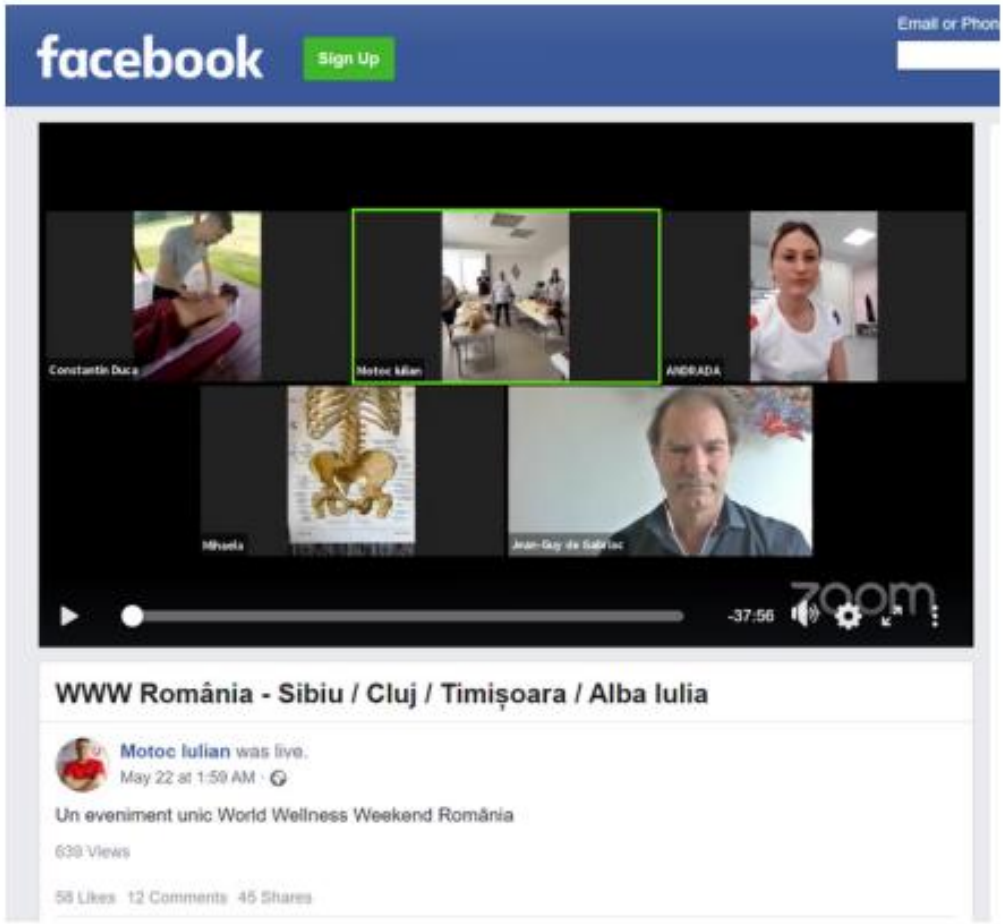
Romania

10 May 2021

World Wellness Weekend Romania

FB LIVE

https://www.facebook.com/1333637215/videos/1021958828872115 6/



NORTH AMERICA

	Mentions	TV	Radio	Articles
NORTH AMERICA	269	0	0	269
USA	224			224
Canada	45			45



United States

232 mentions

USA

March 2021

Spa Industry Association

https://dayspaassociation.com/ 5th-annual-world-wellness-weekend/



USA

29 March 2021

Day Spa Magazine

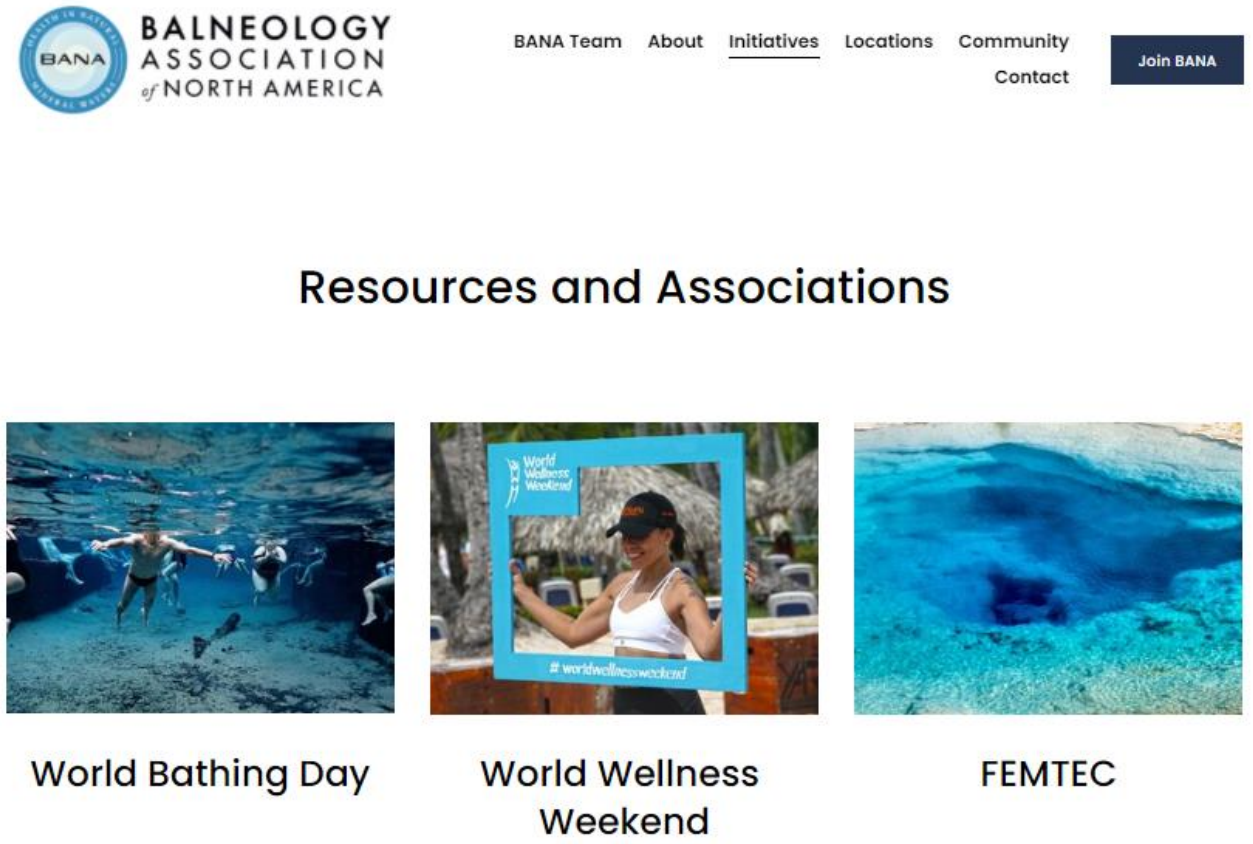
https://www.dayspamagazine.com/news/eventcoverage/news/21343087/everything-you-need-to-know-about-the-5th-annualworld-wellness-weekend



USA

31 March 2021

https://www.balneology.org/resources

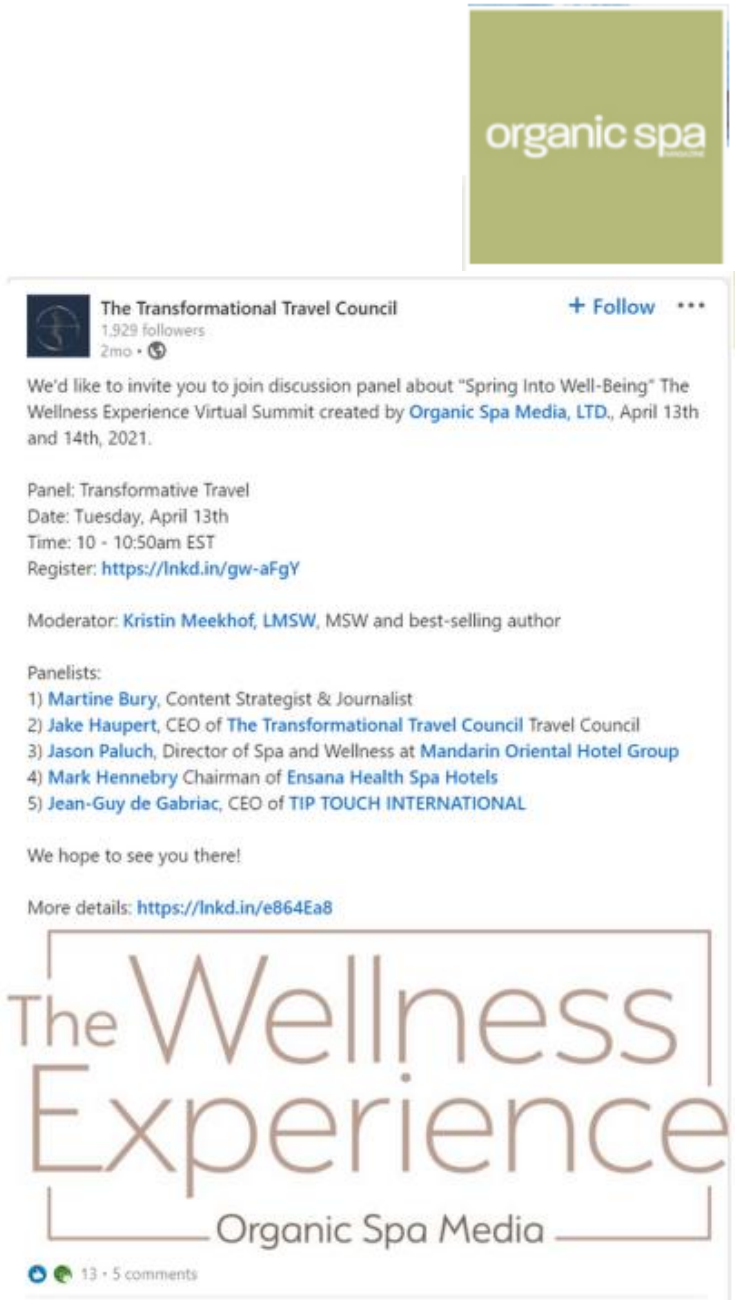


USA

7 April 2021

Organic Spa Media

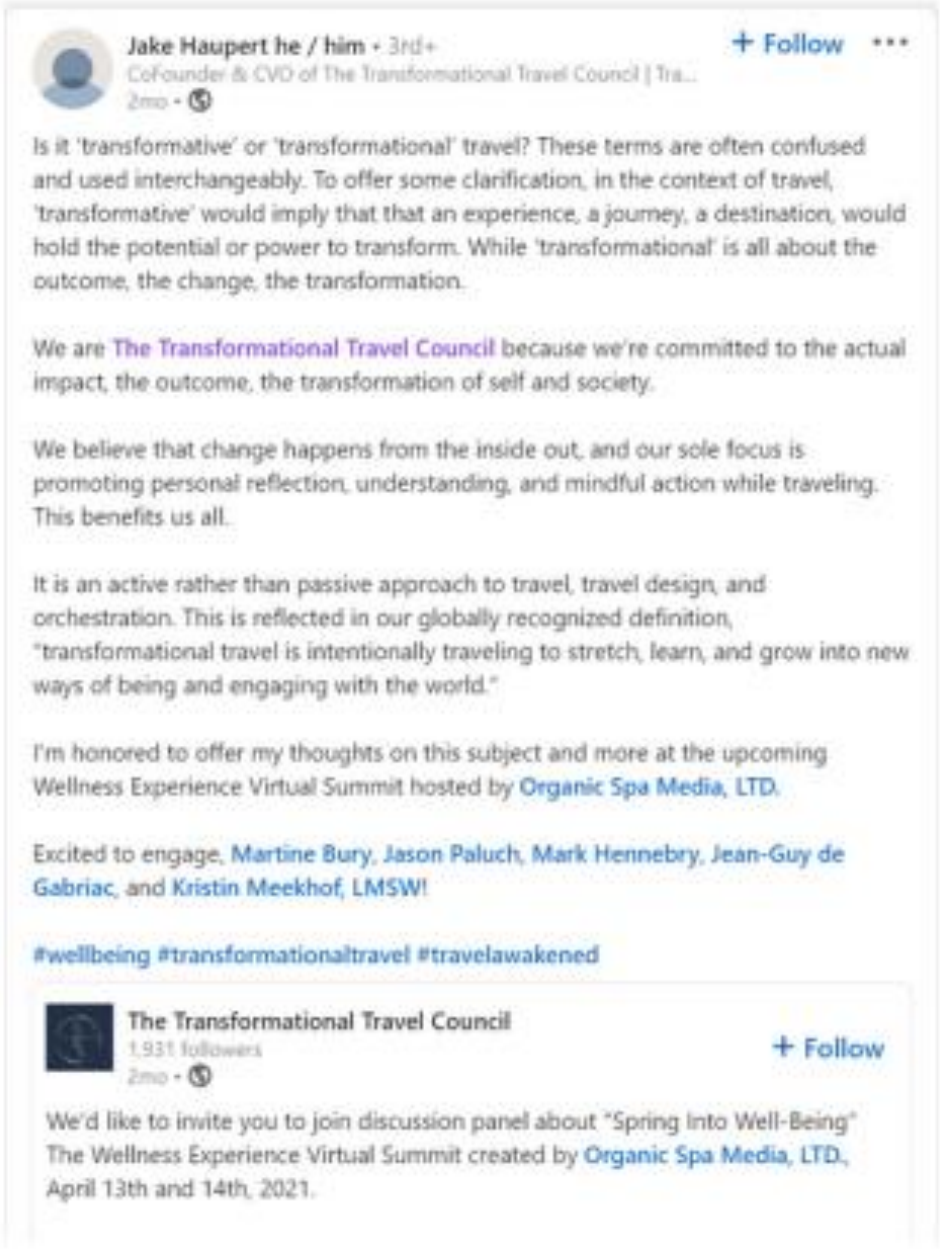
https://www.linkedin.com/feed/update/urn:li:activity:6780874895153795072/



USA

7 April 2021

https://www.linkedin.com/feed/update/urn%3Ali%3Aactivity%3A6783083720384622592/?midToken=AQGOmREfT0m6BA&midSig=16WL_Qdj9whVI1&trk=emlemail_notification_single_mentioned_you_in_this_01-notifications-1-hero%7Ecard%7Efeed&trkEmail=emlemail_notification_single_mentioned_you_in_this_01-notifications-1- hero%7Ecard%7Efeed-null-3k28i%7Ekmxrisoo%7E2n-nullvoyagerOffline



Jake Haupert he / him • 3rd+
CoFounder & CVO of The Transformational Travel Council | Tra...
2mo •
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Is it 'transformative' or 'transformational' travel? These terms are often confused and used interchangeably. To offer some clarification, in the context of travel, 'transformative' would imply that that an experience, a journey, a destination, would hold the potential or power to transform. While 'transformational' is all about the outcome, the change, the transformation.

We are The Transformational Travel Council because we're committed to the actual impact, the outcome, the transformation of self and society.

We believe that change happens from the inside out, and our sole focus is promoting personal reflection, understanding, and mindful action while traveling. This benefits us all.

It is an active rather than passive approach to travel, travel design, and orchestration. This is reflected in our globally recognized definition, "transformational travel is intentionally traveling to stretch, learn, and grow into new ways of being and engaging with the world."

I'm honored to offer my thoughts on this subject and more at the upcoming Wellness Experience Virtual Summit hosted by Organic Spa Media, LTD.

Excited to engage, Martine Bury, Jason Paluch, Mark Hennebry, Jean-Guy de Gabriac, and Kristin Meekhof, LMSW!

#wellbeing #transformationaltravel #travelawakened

The Transformational Travel Council
1,931 followers
2mo •
+ Follow

We'd like to invite you to join discussion panel about "Spring Into Well-Being" The Wellness Experience Virtual Summit created by Organic Spa Media, LTD., April 13th and 14th, 2021.

USA

21 April 2021

Well Defined

https://welldefined.com/world-wellness-weekend-to-take-place-inseptember/?fbclid=IwAR0cQWonSbCrMLYbahuy4u0epksLSdc6aOVxui9Gp5JXdkBQhRvHDiv9Xlc

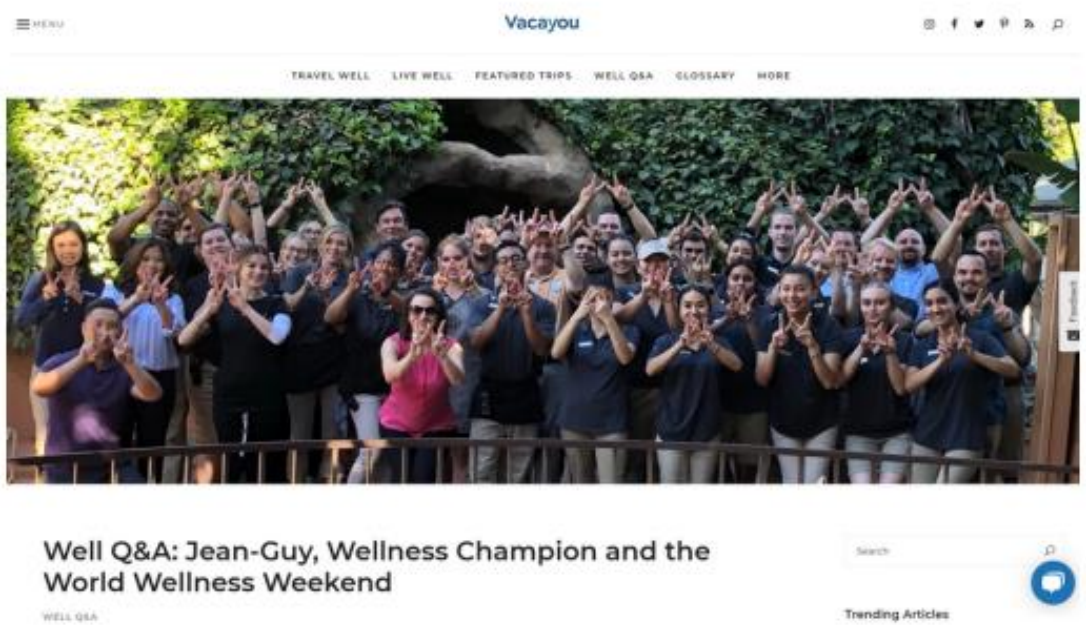


USA

12 May 2021

Vacayou

https://vacayou.com/magazine/world-wellness-weekend/?fbclid=IwAR0BRgKQVEQxgfUAaCHkbfhZTCevm6DOtTgmKqHGNH6tnOmvQowNCm6fr5w



USA

21 May 2021

Never Alone Summit

https://neveralonesummit.live/



USA

22 June 2021

Club industry

https://www.clubindustry.com/press-releases/5thannual-world-wellness-weekend-to-take-place-september-18- 19-2021

CLUB INDUSTRY

PRESS RELEASES

5th Annual World Wellness Weekend To Take Place September 18 & 19, 2021

by External Company
Jun 22, 2021 6:53pm

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OFFICIAL SPONSORS

USA

25 June 2021

Hotel Management

https://www.hotelmanagement.net/human-resources/worldwellness-weekend-set-sept-18-1



HOTEL MANAGEMENT

HOTEL MANAGEMENT

Own Operate Tech Design Pr

HUMAN RESOURCES

World Wellness Weekend set for Sept. 18-19

By Elaine Simon | Jun 25, 2021

The 5th edition of World Wellness Weekend will be a hybrid celebration. (World Wellness Weekend)

Before COVID-19 shut down the world, World Wellness Weekend reached an audience of 224 million people in 98 countries. In 2020, the pro-bono celebration grew in 109 countries and 524 cities, now reaching more than 130 nations.

USA

28 June 2021

https://www.wellspa360.com/news/event-coverage/news/21533121/5th-annual-world-wellness-weekend-coming-this-september



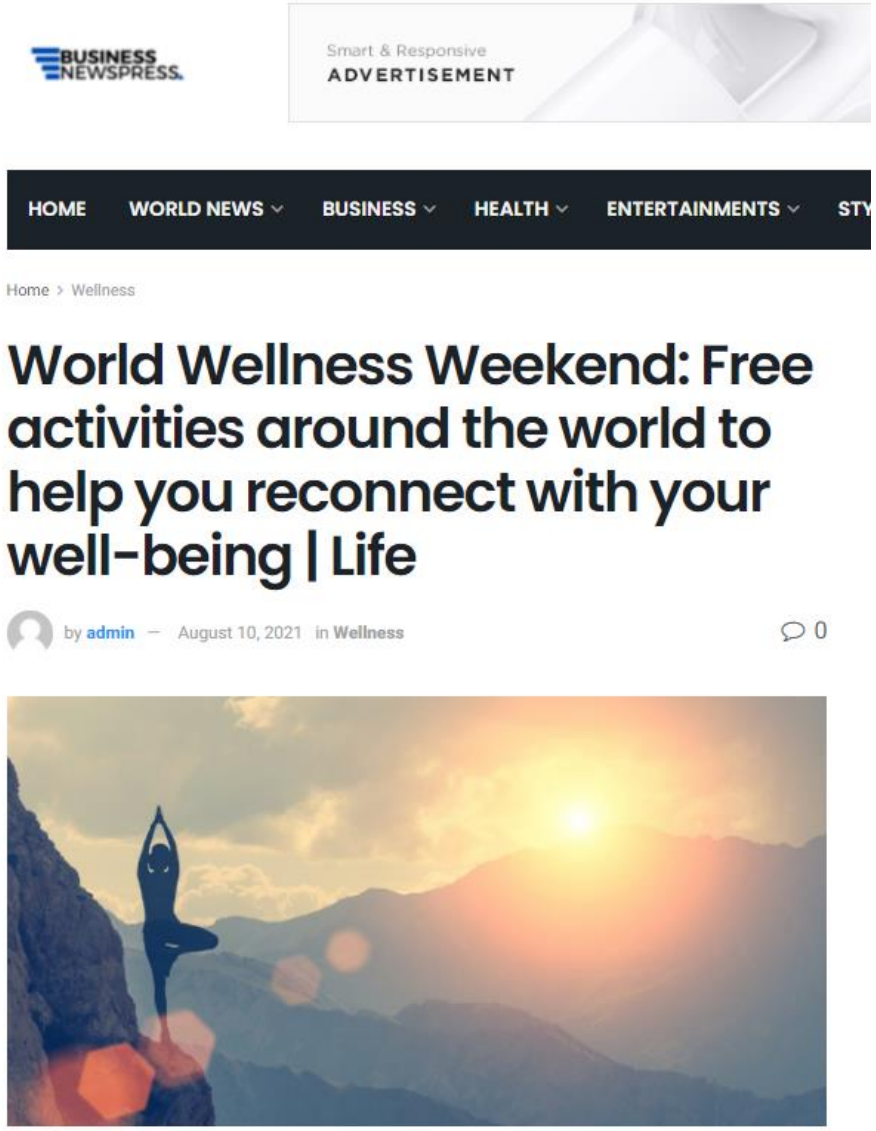
USA

https://www.clubindustry.com/press-releases/5th-annual-world-wellness-weekend-to-take-place-september-18-19-2021



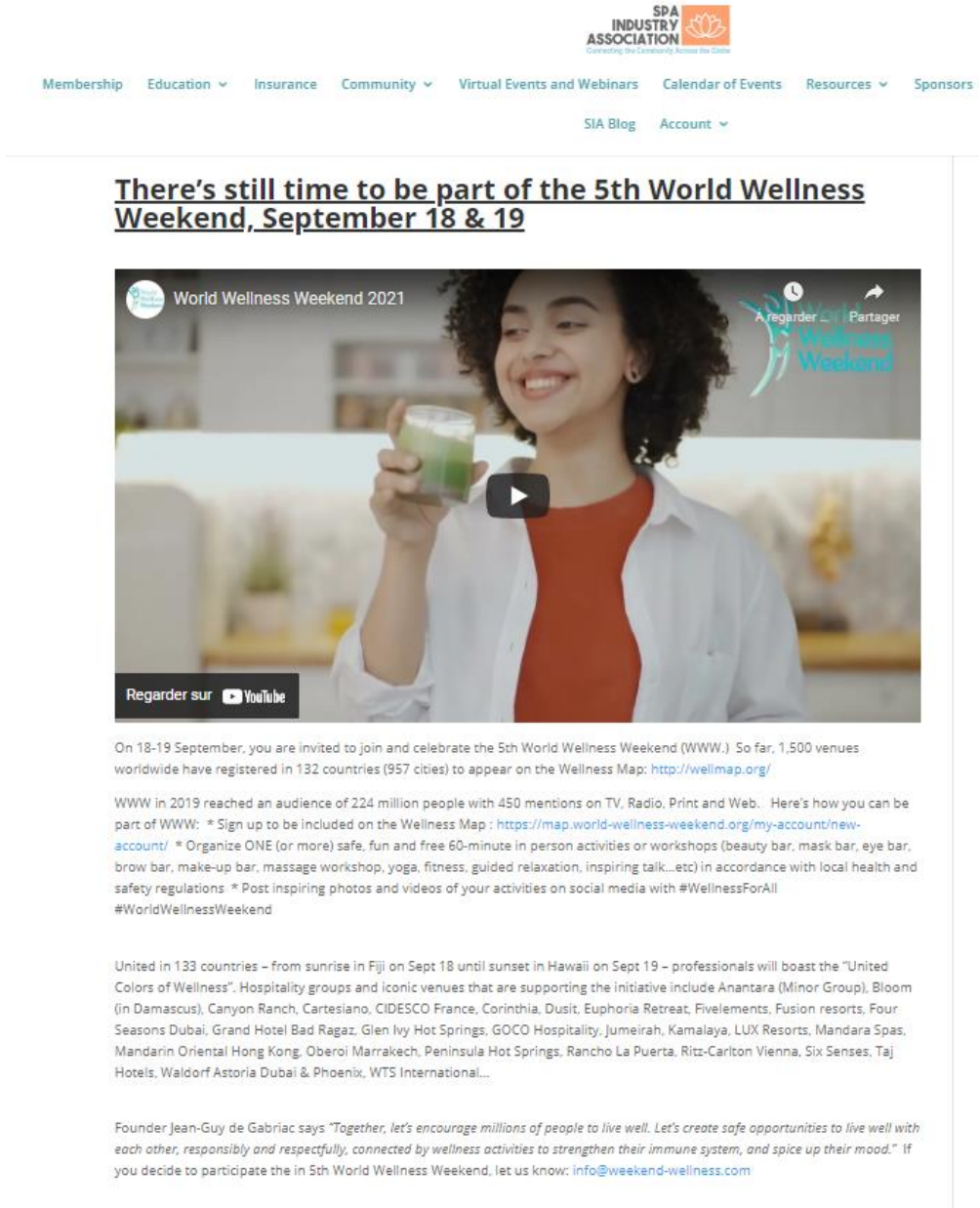
USA

https://businessnewspress.com/2021/08/10/world-wellness-weekend-free-activities-around-the-world-to-help-you-reconnect-with-your-well-being-life/



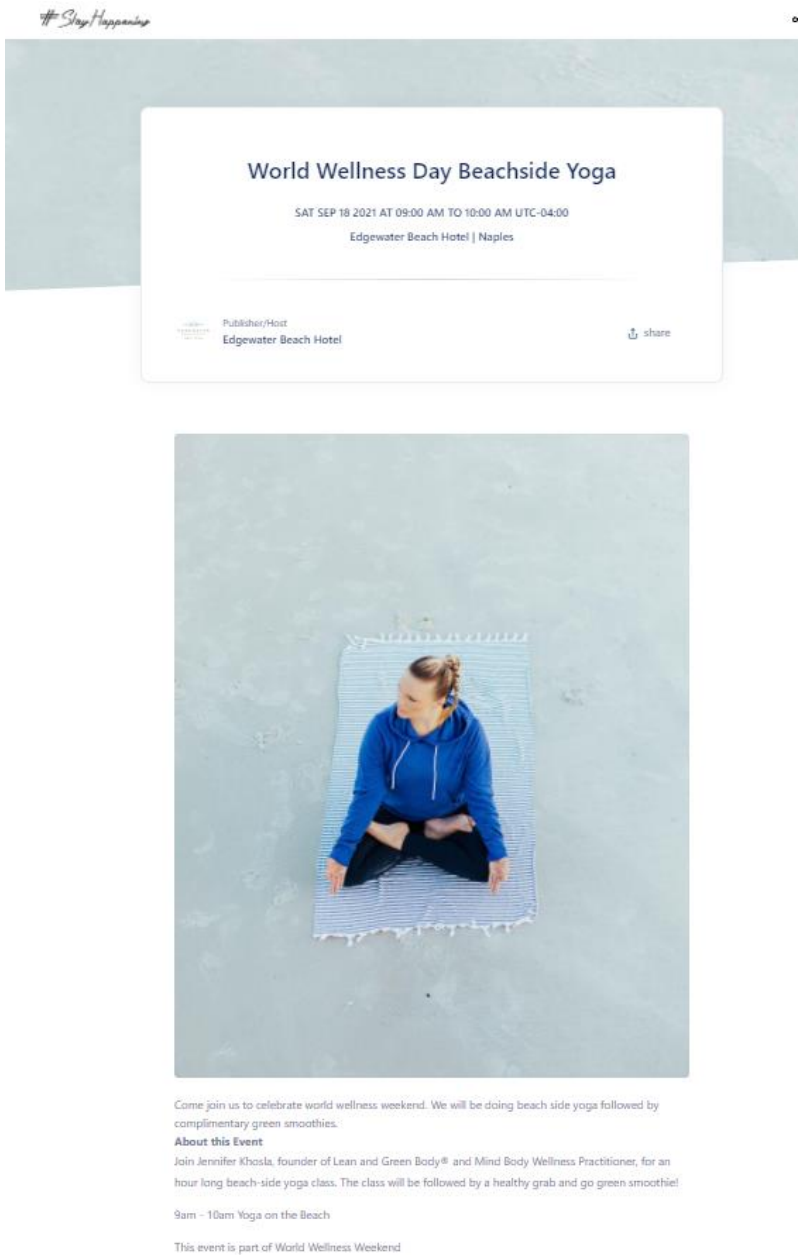
USA

https://dayspaassociation.com/theres-still-time-to-be-part-of-the-5th-world-wellness-weekend-september-18-19/



USA

https://stayhappening.com/e/world-wellness-day-beachside-yoga-E3LUSHVWF3RW



USA

The Wellness Summit

Be inspired. Be well.

September 18-19, 2021

Curate your Personal Weekend of Wellness with our Live and OnDemand Classes available for FREE Saturday and Sunday in honor of World Wellness Weekend!

#WellnesForAll

Presented with support from WTS International and LifeStart OnDemand.



MOTIVATE

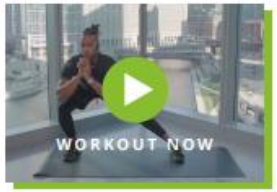
Meditation for Grounding

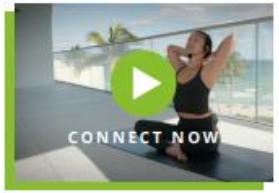
Take a comfortable seat as meditation expert Kimberly Dunn guides you through a 15-minute meditation for grounding and inner balance. The perfect way to begin the day or to reset before bed.

MOVE

Full Body Weight Workout

This all-level class with no equipment is 40-minutes of heart-pumping fun! James Towns is the master of pushing people to their limits while motivating them to feel great about themselves.





CONNECT

Vinyasa Flow

Join Julianne Aerhee, yogi, international retreat curator, lululemon ambassador, and the co-founder of WITH:IN, an online community, for a 45-minute vinyasa practice to relieve stress and tensions in the neck, shoulders, and upper back.

LIVE ONLINE

Join us LIVE online with some of our top trainers and skincare experts to get moving, ask questions and learn how to live life well!



FLOW

VIRTUAL / LIVE SESSION:
SATURDAY, SEPTEMBER 18 | 4 P.M. EST

Happy Hour Flow with Robert Sanchez

Add a power boost to this traditional flow class! Using deep positions and longer-held poses, all to upbeat tunes, you'll build strength and inner harmony.

https://bit.ly/3CkD326

MOVE

VIRTUAL / LIVE SESSION:
SUNDAY, SEPTEMBER 19 | 10 A.M. EST

HIIT Refresh with Hannah Sperry

Spend an hour alternating muscles to ensure the body gets a balanced workout. The music and your heart will be pumping but proper recovery time is built in. No equipment required and the workout can be modified for all levels.

https://bit.ly/3ytG6m3





REGENERATE

VIRTUAL / LIVE SESSION:
SUNDAY, SEPTEMBER 19 | 12:30 P.M. EST

Learn how to give yourself a home spa-like facial Self-facial with skincare expert and Spa Director Angela Brady.

Your skin is your biggest organ. This routine will stimulate circulation, drain excess lymphatic fluid, and lift and plump your skin—all using just your hands.

Join us via IG @WorldgateSpa

POST

We would love to see you in action. Tag us @XXXXXXXX and #XXXXXXXXX. (#worldwellnessweekend #WellnessForAll #welfie2021 plus site specific)

USA

20 July 2021

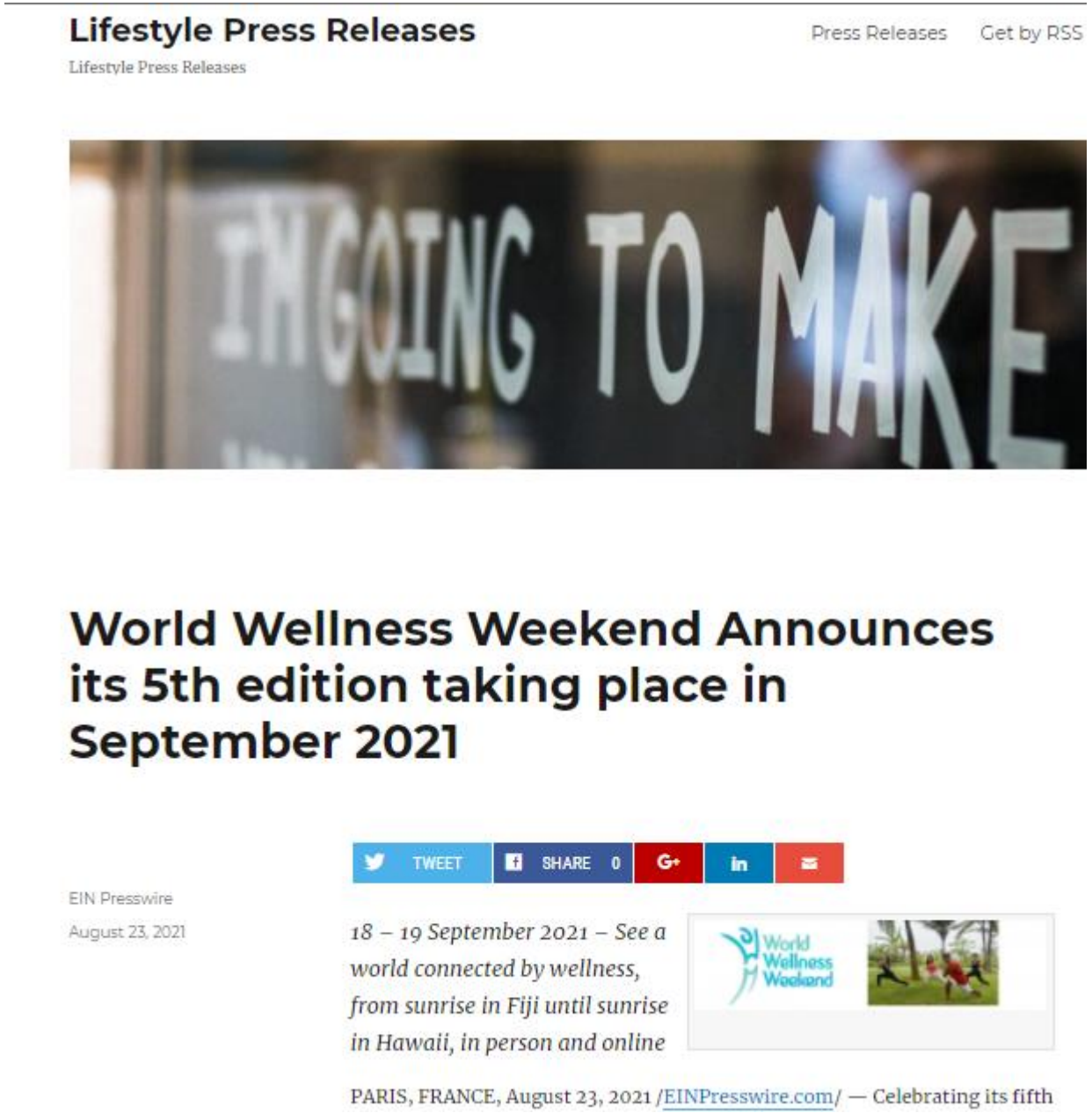
http://elenaarsenoglou.com/5th-world-wellness-weekend-18-19-sept-2021/



USA

23 August 2021

https://www.livestylepressreleases.com/2021/08/23/world-wellness-weekend-announces-its-5th-edition-taking-place-in-september-2021/



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World Wellness Weekend Announces its 5th edition taking place in September 2021

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EIN Presswire

August 23, 2021

18 – 19 September 2021 – See a world connected by wellness, from sunrise in Fiji until sunrise in Hawaii, in person and online

PARIS, FRANCE, August 23, 2021 /EINPresswire.com/ — Celebrating its fifth

USA

23 August 2021

https://www.ciaolifestyle.com/article/549530828-world-wellness-weekend-announces-its-5th-edition-taking-place-in-september-2021

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World Wellness Weekend Announces its 5th edition taking place in September 2021

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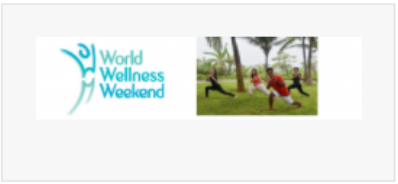

PARIS, FRANCE, August 23, 2021 /EINPresswire.com/ -- Celebrating its fifth edition, the World Wellness Weekend is ready to welcome wellness seekers and lovers to its dedicated global pro-bono event taking place on the 18th and 19th September. During that weekend, thousands of wellness, sports, tourism and hospitality professionals will open their doors to the public, offering free 60-minute activities, classes, workshops with the aim to connect people through wellness activities, following the local safety measures.

Since its launch in 2017, the programme is active in Europe, USA, Asia and the Americas. World Wellness Week is supported by more than 60 professional Federations around the world, supporting its efforts for growth. Aiming to deliver top-quality experiences, the World Wellness Weekend is committed to connecting communities across borders. The event takes place each autumn just before the September Equinox showcasing the expertise and passion of wellness and fitness professionals with the support and guidance of the local ambassadors,

USA

23 August 2021

https://www.globalculturereview.com/article/549530828-world-wellness-weekend-announces-its-5th-edition-taking-place-in-september-2021

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Global Culture Review

News on culture, society and lifestyle in the world

World Wellness Weekend Announces its 5th edition taking place in September 2021

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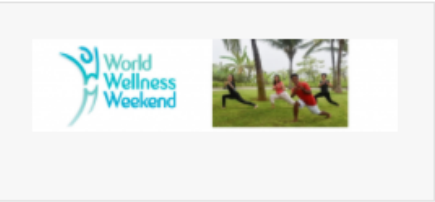

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USA

23 August 2021

https://www.channelonestyle.com/article/549530828-world-wellness-weekend-announces-its-5th-edition-taking-place-in-september-2021

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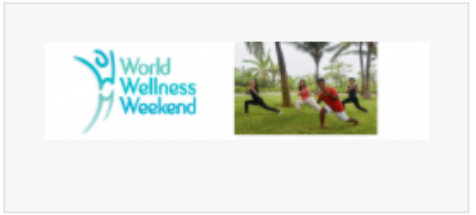
channel ONE STYLE
The latest news on culture, society and lifestyle

World Wellness Weekend Announces its 5th edition taking place in September 2021

18 - 19 September 2021 - See a world connected by wellness, from sunrise in Fiji until sunrise in Hawaii, in person and online



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> **There is no nobler mission in life**

Business Herald Online

23 August 2021

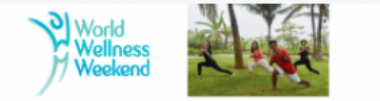
https://www.businessheraldonline.com/article/549530828-world-wellness-weekend-announces-its-5th-edition-taking-place-in-september-2021

Business HERALD online

WORLD WELLNESS WEEKEND ANNOUNCES ITS 5TH EDITION TAKING PLACE IN SEPTEMBER 2021

August 23, 2021

18 - 19 September 2021 - See a world connected by wellness, from sunrise in Fiji until sunrise in Hawaii, in person and online



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> **"There is no nobler mission in life than to encourage each & everyone to become the best version of themselves. It is time that we learn to LIVE WELL with the current situation, and with each other"**

Despite the Covid-19 related difficulties, the World Wellness Weekend is growing steadily with more and more participants. Last year, the imposing quarantine and lockdown measures around the world created a shift in our mentalities, making us think more about our wellbeing and driving us to take

23 August 2021

https://www.ihrsa.org/about/media-center/press-releases/5th-annual-world-wellness-weekend-to-boost-vitality-serenity-immunity-solidarity/



USA

23 August 2021

https://www.theonlineculturechannel.com/article/549530828-world-wellness-weekend-announces-its-5th-edition-taking-place-in-september-2021

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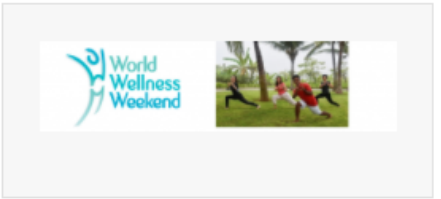
World Wellness Weekend Announces its 5th edition taking place in September 2021

18 - 19 September 2021 - See a world connected by wellness, from sunrise in Fiji until sunrise in Hawaii, in person and online



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> **There is no nobler mission in life than to encourage each &**

USA

23 August 2021

https://www.societyartsandculture.com/article/549530828-world-wellness-weekend-announces-its-5th-edition-taking-place-in-september-2021

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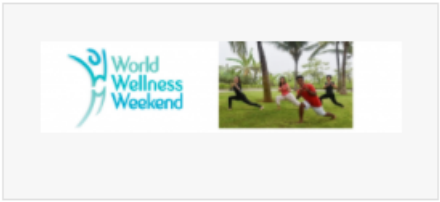

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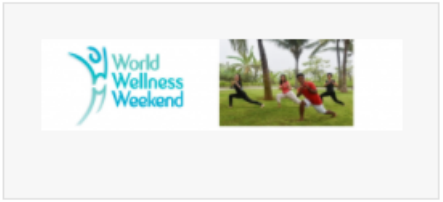

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23 August 2021

https://www.worldofculturetimes.com/article/549530828-world-wellness-weekend-announces-its-5th-edition-taking-place-in-september-2021

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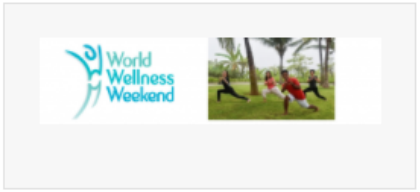

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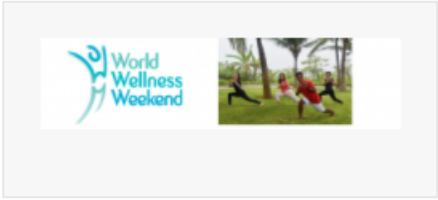

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https://www.theworldnewswire.com/article/549530828-world-wellness-weekend-announces-its-5th-edition-taking-place-in-september-2021

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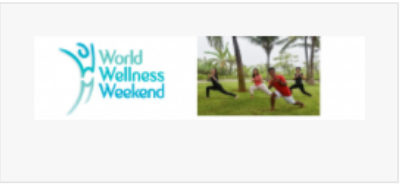

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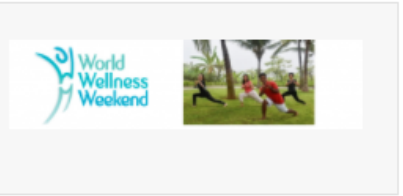

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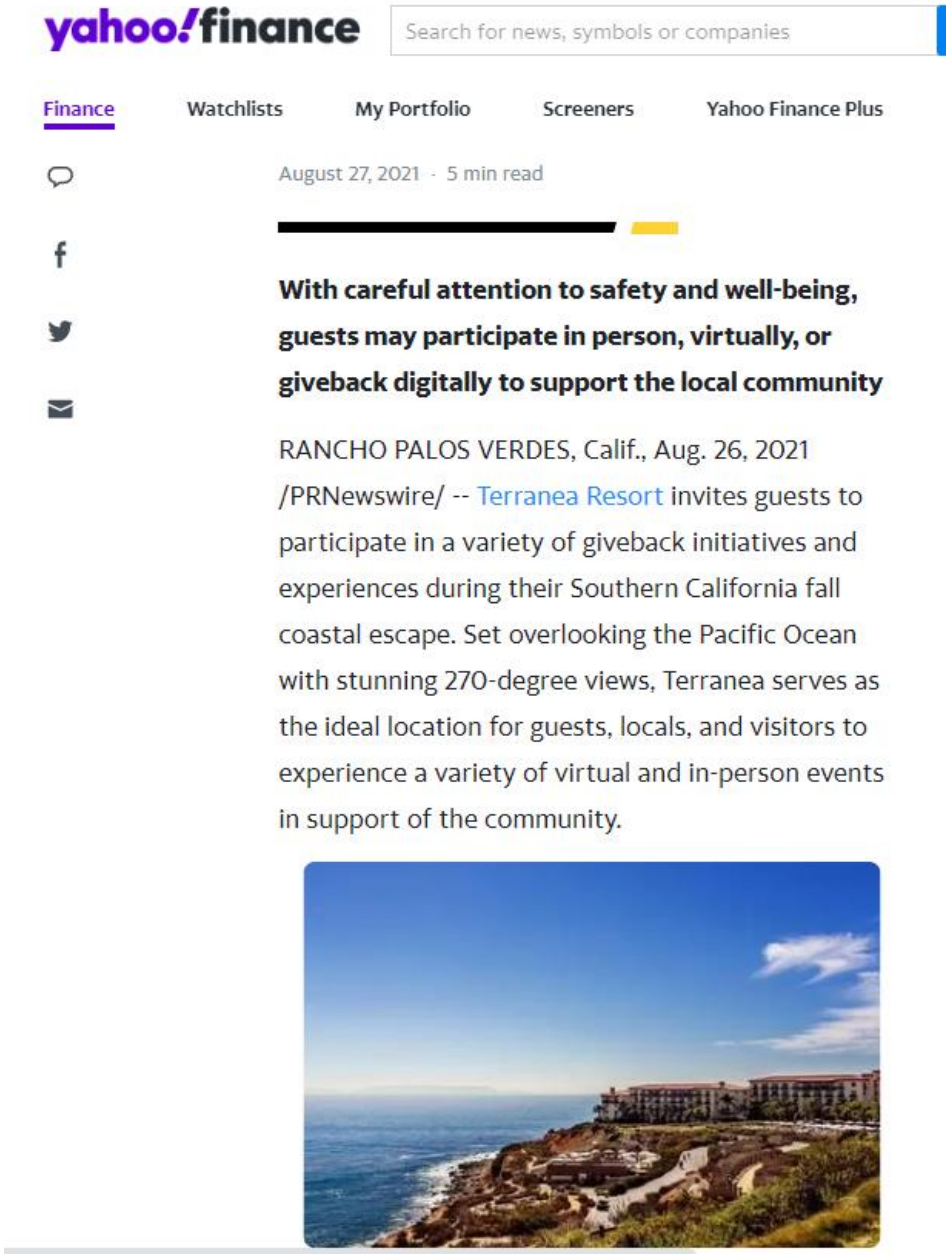
27 August 2021

https://finance.yahoo.com/news/terranea-invites-guests-back-purposeful-220200146.html



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August 27, 2021 · 5 min read

With careful attention to safety and well-being, guests may participate in person, virtually, or giveback digitally to support the local community

RANCHO PALOS VERDES, Calif., Aug. 26, 2021 /PRNewswire/ -- Terranea Resort invites guests to participate in a variety of giveback initiatives and experiences during their Southern California fall coastal escape. Set overlooking the Pacific Ocean with stunning 270-degree views, Terranea serves as the ideal location for guests, locals, and visitors to experience a variety of virtual and in-person events in support of the community.

Life and Fitness Magazine

31 August 2021

http://lifeandfitnessmag.ie/world-wellness-weekend-announces-its-5th-edition-taking-place-in-september-2021-presenting-a-rich-programme-of-activities-held-in-person-and-online/



Life and Fitness Magazine

You are here: Home / Wellness / World Wellness Weekend Announces its 5th edition taking place in September 2021 presenting a rich programme of activities held in person and online

World Wellness Weekend Announces its 5th edition taking place in September 2021 presenting a rich programme of activities held in person and online

August 31, 2021 by admin

September 2021

https://bewellinparadise.club/events/list/?hide_subsequent_recurrences=1

September 2021

SAT
18

September 18 @ 8:30 am - 9:30 am

Max Flex Fitness Outdoor Bootcamp

Vineyards Community Park Naples

Max Flex Fitness Outdoor Bootcamp Class is 45 minutes. Dumbbells' and Mat only. Vineyards Park near Tennis Courts 6231 Arbor Boulevards W., Naples 34119 Reserve space at Fitnesscoachnino@gmail.com



SAT
18

September 18 @ 8:30 am - 12:00 pm

The Power of Green

Big Cypress National Preserve 48900 Tamiami Trail, Ochopee

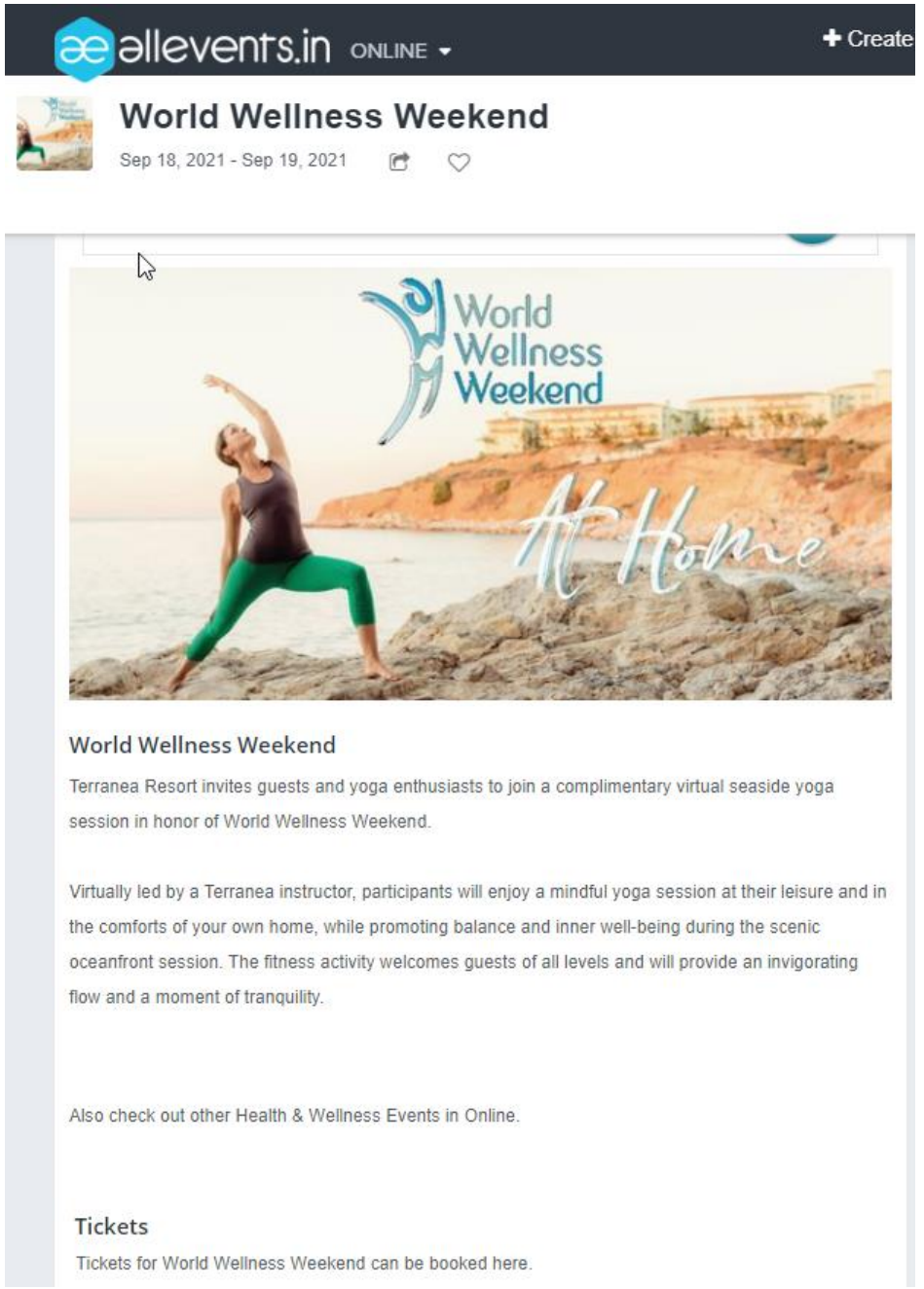
The most relaxing color for the human eye to view, green, creates calmness, reduces anxiety



USA

September 2021

https://allevents.in/online/world-wellness-weekend/200021512070555



USA

01 September 2021

https://glenivy.com/2021/08/world-wellness-weekend-with-glen-ivy-hot-springs/



WORLD WELLNESS WEEKEND WITH GLEN IVY HOT SPRINGS

World Wellness Weekend 2021 is celebrated on September 18 & 19 and is a global event dedicated to inspiring and empowering healthy lifestyles. For over 160 years, Glen Ivy Hot Springs has shared the same philosophies and will continue to celebrate World Wellness Weekend by encouraging everyone to pursue and experience wellness.



USA

02 September 2021

https://www.ihrsa.org/improve-your-club/industry-news/a-global-effort-with-local-impact-celebrate-world-wellness-weekend/



USA

02 SEPTEMBER 2021

https://www.celebrityangels.co.uk/world-wellness-weekend/

Reconnect with Yourself on World Wellness Weekend

Manny Berhanu — On Sep 2, 2021



Share

The highly anticipated World Wellness Weekend makes its return this year celebrating its fifth edition taking place on 18th and 19th September. It will welcome wellness seekers and lovers to its dedicated global pro-bono event. During that weekend, thousands of wellness, sports, tourism and hospitality professionals will open their doors to the public, offering free 60-minute activities, classes, workshops with the aim to connect people through wellness activities, following the local safety measures.

What is World Wellness Weekend?



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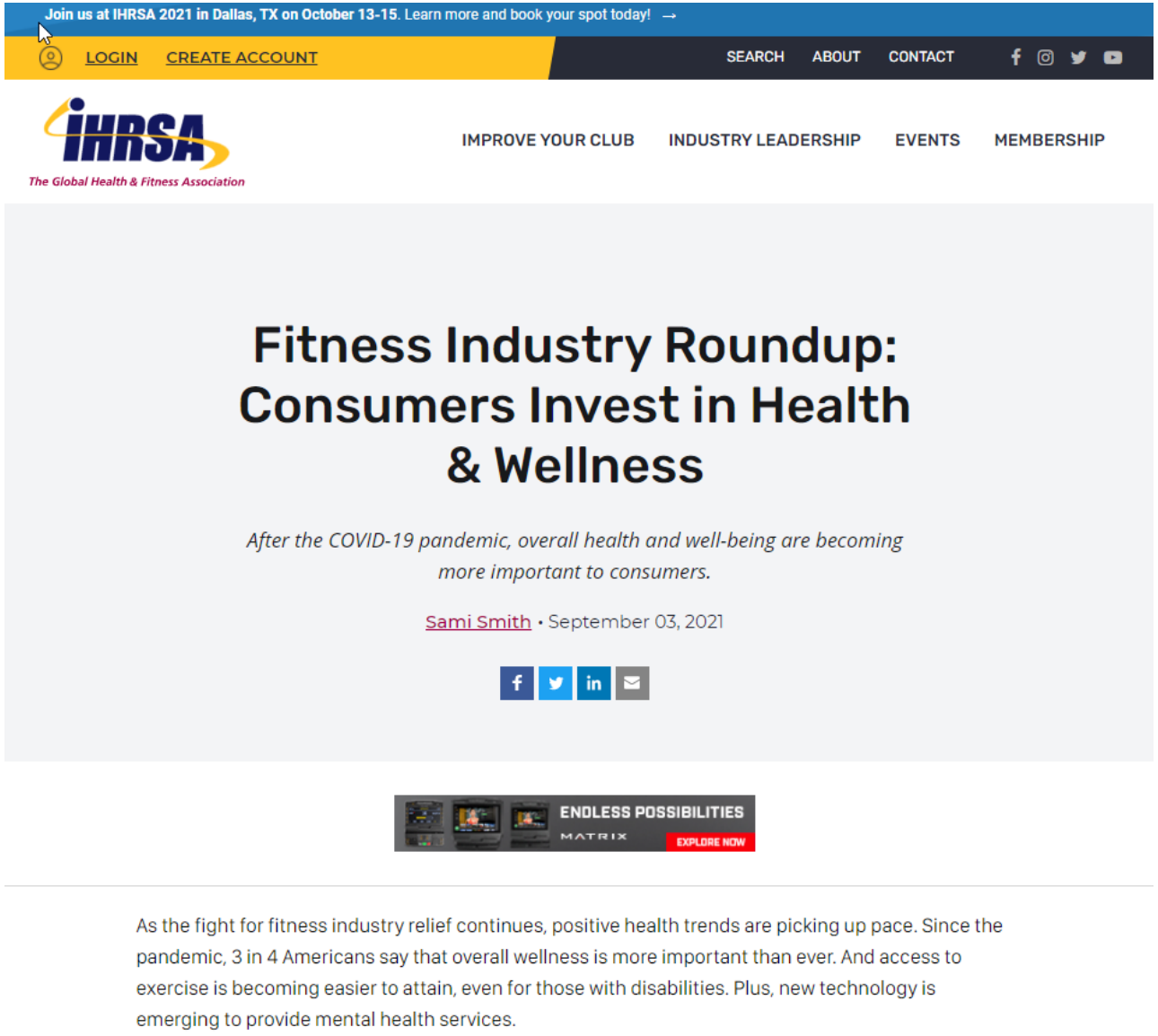
03 September 2021

https://www.ihrsa.org/improve-your-club/industry-news/fitness-industry-roundup-consumers-invest-in-health-wellness/



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06 September 2021

https://travelinsider.tips/2021/09/06/world-wellness-weekend-2021-val-di-fiemme-from-september-17-to-19/



USA

07 September 2021

https://stocksnewsfeed.com/benzinga/5th-annual-world-wellness-weekend/?utm_source=dlvr.it&utm_medium=twitter

Stocks News Feed » 5th annual World Wellness Weekend

5th annual World Wellness Weekend

by Stocks News Feed / September 7, 2021 / Benzinga – Stock Market News

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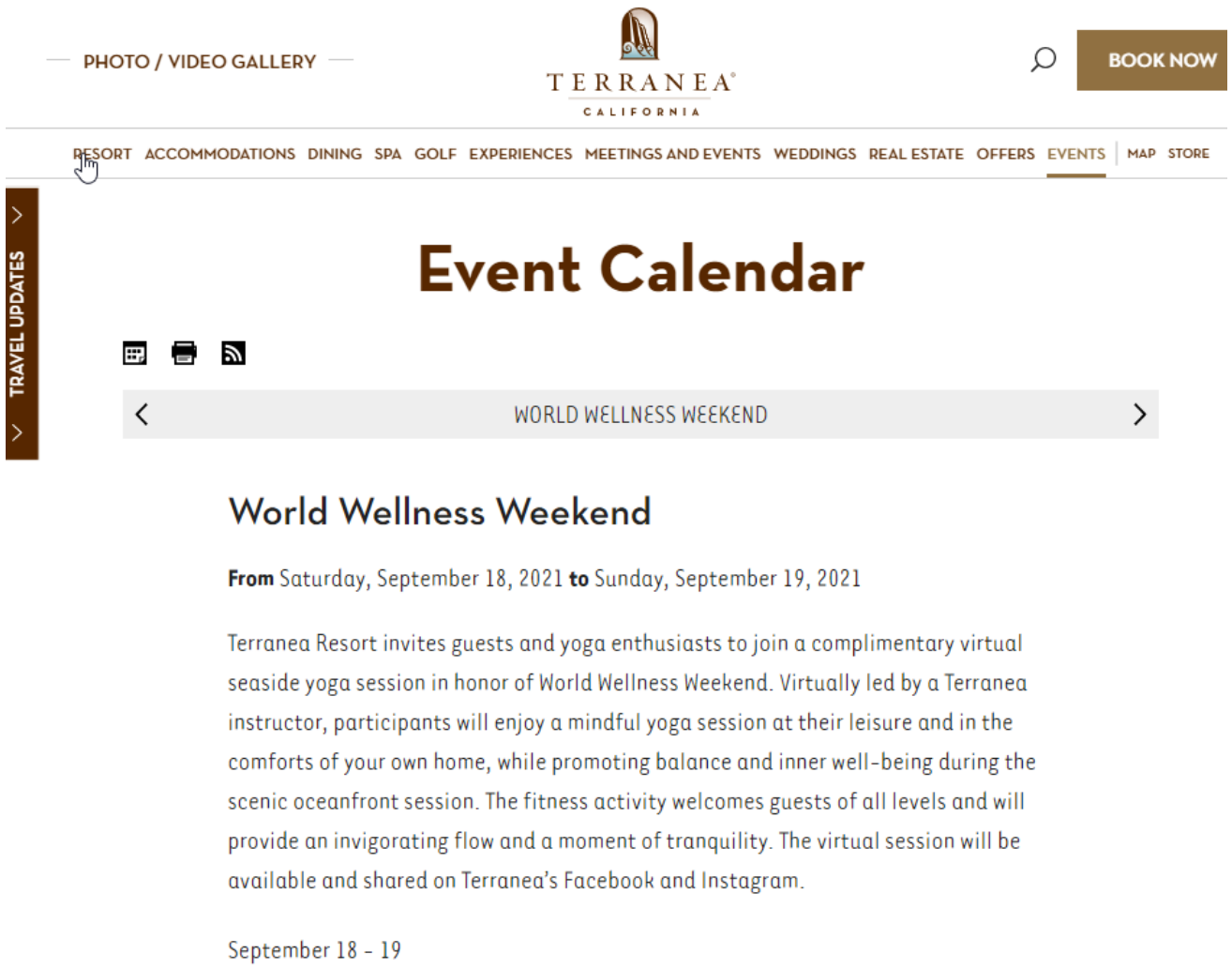
Hospitality groups and iconic venues are reaching out to local communities to share hope and enthusiasm with millions of people who suffer physically, mentally or emotionally from the very challenging situation since March 2020, with countries still battling the pandemic.

USA

07 September 2021

https://www.terranea.com/events/featured-events/spa-fitness-wellness/world-wellness-weekend



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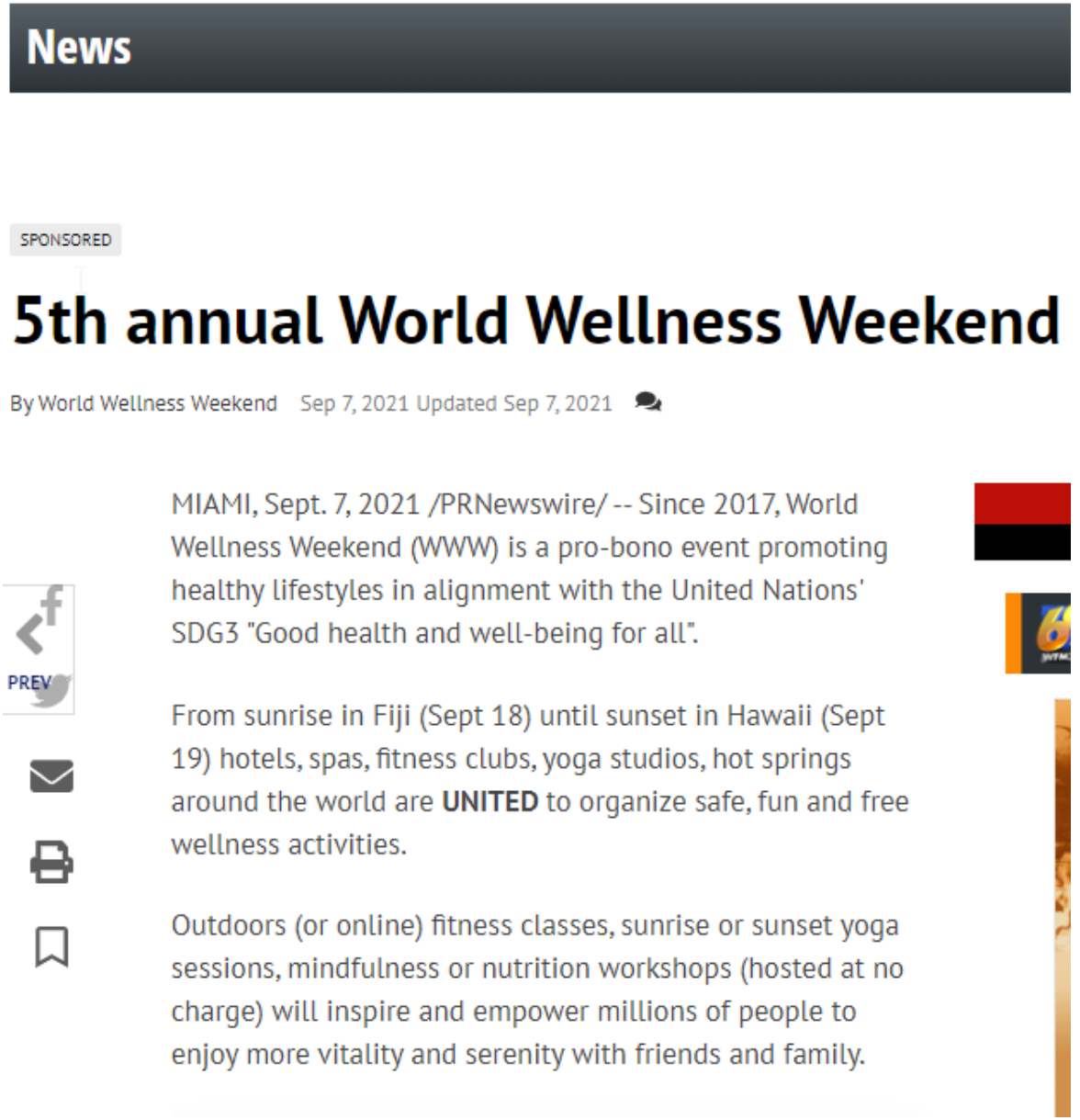
https://www.wfmz.com/news/pr_newswire/pr_newswire_entertainment/5th-annual-world-wellness-weekend/article_7b9779dd-bd62-5183-8368-6c1df7dd894d.html



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5th annual World Wellness Weekend

By World Wellness Weekend Sep 7, 2021 Updated Sep 7, 2021

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USA

7 September 2021

https://www.oregonnoticiastoday.com/la-5a-edicion-del-world-wellness-weekend-esta-a-la-vuelta-de-la-esquina-y-este-ano-cuenta-con-actividades-en-persona-y-online/



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La 5a edición del World Wellness Weekend está a la vuelta de la esquina y este año cuenta con actividades en persona y online

1 día hace adminnoticias

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Este evento tiene lugar justo antes del equinoccio de otoño, y muestra la experiencia y la pasión de los profesionales del bienestar y el fitness con el apoyo y la orientación de los embajadores locales, animando a las comunidades locales a ser más activas, más a menudo, con los amigos y la familia.

En América Latina y el Caribe, los amantes del bienestar pueden participar en el evento en Argentina, Brasil, Chile, Colombia, Ecuador, México, Panamá, Perú, República Dominicana y Venezuela.

El World Wellness Weekend es un evento sin ánimo de lucro alineado con el ODS3 de las Naciones Unidas (Buena salud y bienestar para todos). Con la convicción de que la prescripción social es un verdadero catalizador para promover la elección de un estilo de vida saludable, la celebración conecta a las comunidades y las educa en los «Cinco Pilares del Bienestar»: dormir mejor para aumentar la creatividad, una mejor nutrición para fortalecer el sistema inmunológico, realizar más actividad física para mejorar la vitalidad, una conciencia plena para disfrutar de la serenidad y un mayor sentido de propósito para compartir una mayor solidaridad.

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https://cubandeejays.com/prnewswire/?rkey=20210907ES98175&filter=22097



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18 - 19 de Septiembre

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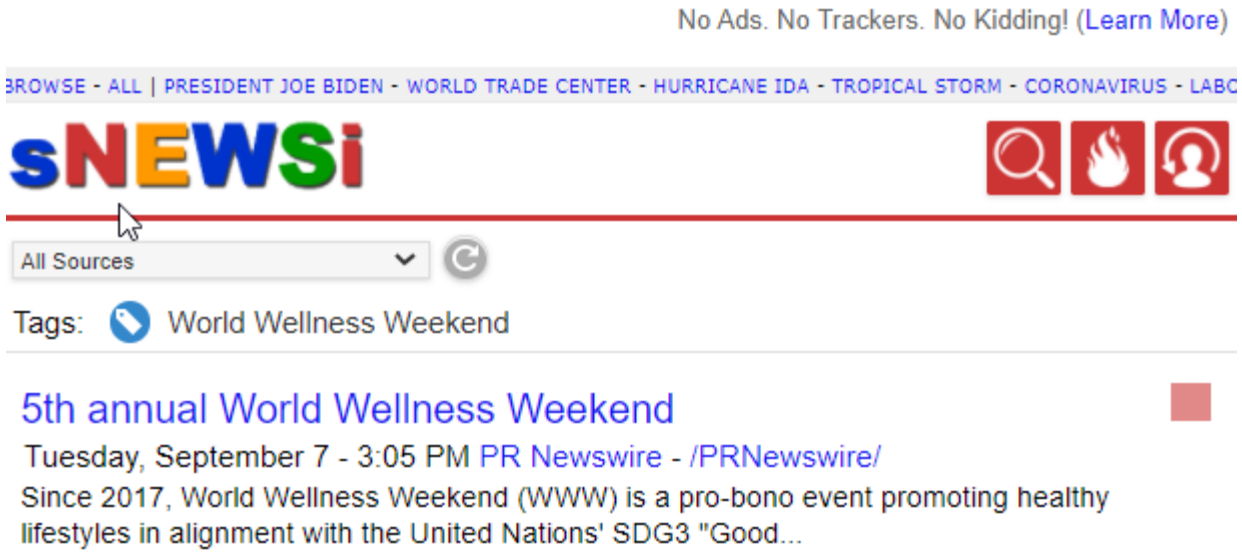
https://snewsi.com/tag/World+Wellness+Weekend



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https://markets.financialcontent.com/wral/news/read/41778947/5th_annual_world_wellness_weekend



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5th annual World Wellness Weekend

By: World Wellness Weekend via PR Newswire September 07, 2021 at 15:05 PM EDT

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Hospitality groups and iconic venues are reaching out to local communities to share hope and enthusiasm with millions of people who suffer physically, mentally or emotionally from the very challenging situation since March 2020, with countries still battling the pandemic.

Let's salute the outstanding participation of iconic groups and properties such as **Alba Wellness & Fusion resorts** (Vietnam), **Anantara** (Asia & GCC), **Aqua Sana Center Parcs** (UK), **Banyan Tree** (Thailand), **Bloom** (Syria), **Cartesiano** (Mexico), **CIDESCO** (Belarus, France, Grand Cayman), **Corinthia** (Europe), **Dusit** (Thailand), **Euphoria Retreat** (Greece), **Fivelements** (Bali & Hong Kong), **Four Seasons** (Dubai), **Galgorm** (Ireland), **Grand Hotel Bad Ragaz** (Switzerland), **Glen Ivy Hot Springs** (CA - USA), **Edgewater Beach Resort** (FL - USA), **Jumeirah** (UAE), **Kamalaya** (Thailand), **Katikies** (Greece), **LUX Resorts** (Mauritius), **Mandara Spas** (Asia), **Oberoi** (Marrakech), **Park Hyatt** (Guangzhou), **Peninsula Hot Springs** (Australia), **Rancho La Puerta** (Mexico), **Ritz-Carlton** (Austria, Oman, Qatar), **Six Senses** (worldwide), **Taj Hotels** (worldwide), **Terme di Saturnia** (Italy), **Waldorf Astoria** (Dubai & Phoenix), **WTS International** (USA)... and so many passionate professionals in 982 cities!

"Wellness is not just a decision you take to improve your mental & physical health: it is also an act of influence to inspire those around you to become the best version of themselves," says Jean-Guy de Gabriac, founder World Wellness Weekend and international wellness advisor since 2001.

60 international professional federations, Ministers of Health, Sports and Tourism and 30 Mayors in Brazil, Dominican Republic (Punta Cana), France (Marseille), Italy (Florence, Val di Fiemme), Quebec, are supporting almost 2,000 venues and encouraging people to **LIVE** as **WELL** as possible with the anxiety caused by variants, vaccine, mask, lockdowns...

With safe, fun and free wellness activities, we aim to "make healthy easy" to **LIVE WELL WITH** each other, responsibly and respectfully, strengthening immune systems, and lifting up the mood.

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USA

7 September 2021

http://markets.winslowevanscrocker.com/winslow/news/read/41778947

5th annual World Wellness Weekend

By: World Wellness Weekend via PR Newswire

September 07, 2021 at 15:05 PM EDT

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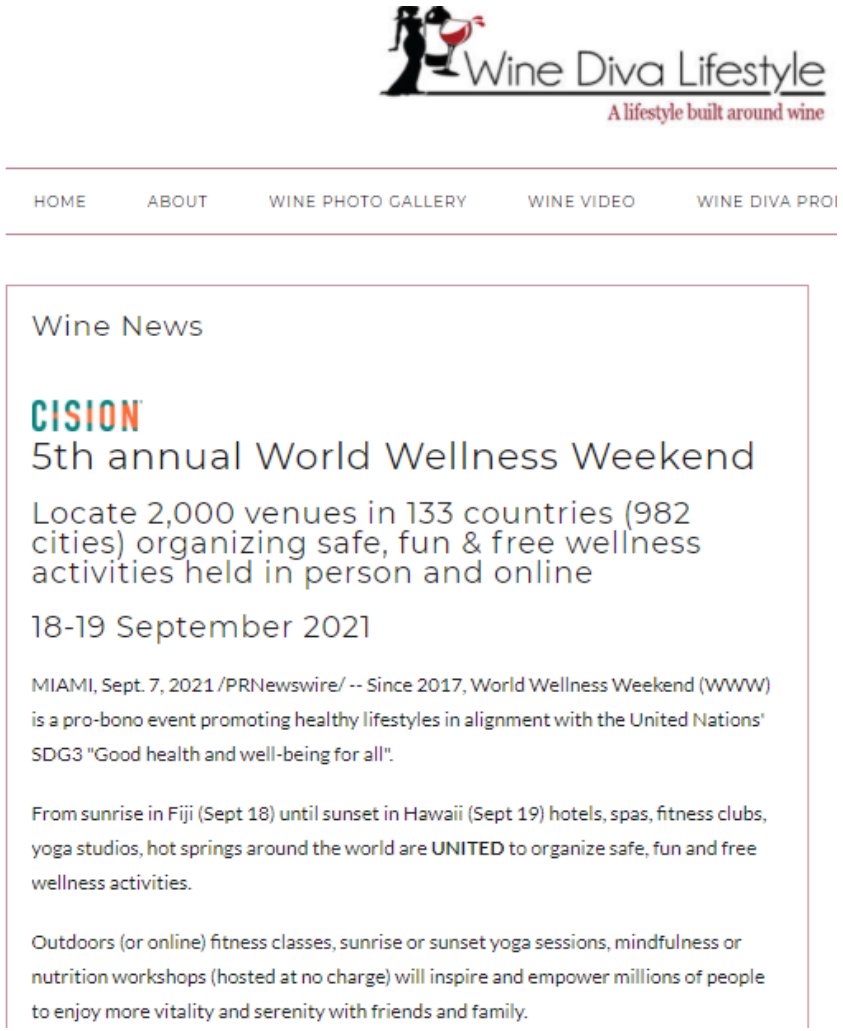
Those less fortunate staying at home, in cities where Covid is still present, will be able to travel the world with inspiring online videos, tutorials, talks, even some immersive 360° videos.

This year for the first time, wellmap.org (a geolocator in 18 languages) will highlight "wellness champions": professionals and individuals, who go over and beyond to safely inspire and empower local communities, with very original activities (see the detailed Country updates).

USA

7 September 2021

https://winedivalifestyle.com/wine-news/?rkey=20210907FL98169&filter=9282



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5th annual World Wellness Weekend

Locate 2,000 venues in 133 countries (982 cities) organizing safe, fun & free wellness activities held in person and online

18-19 September 2021

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USA

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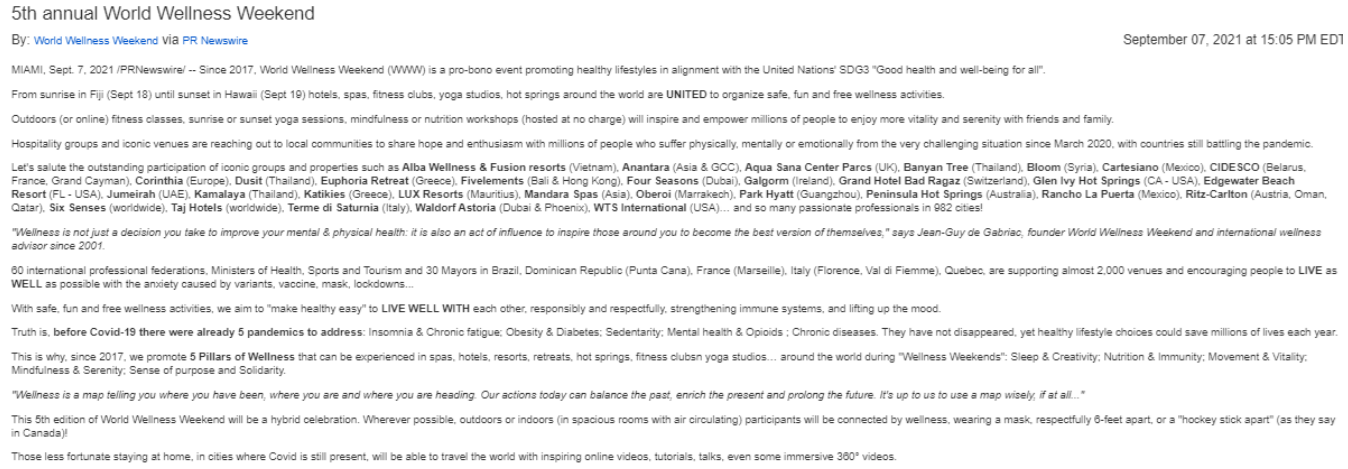

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USA

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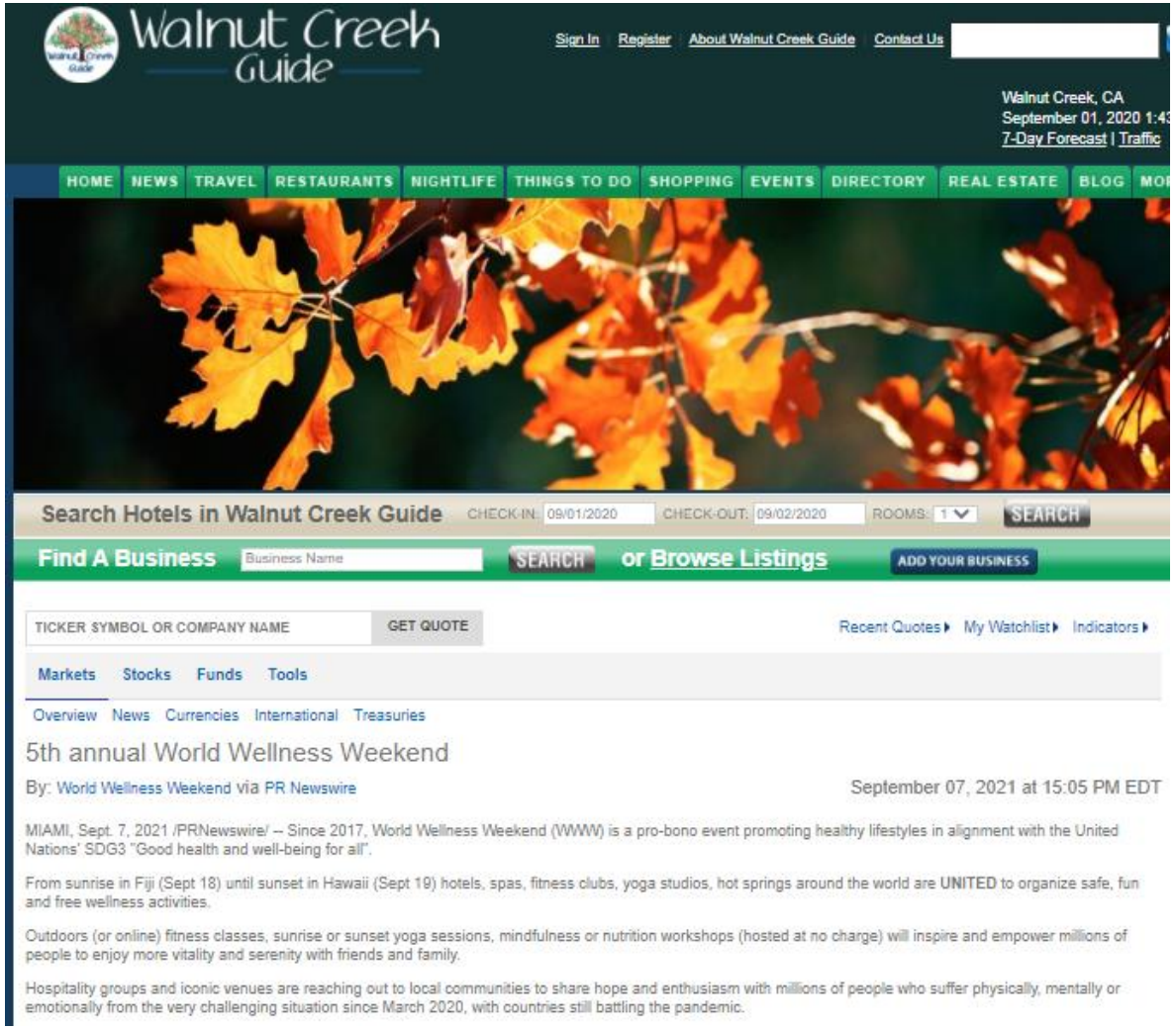

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7 September 2021

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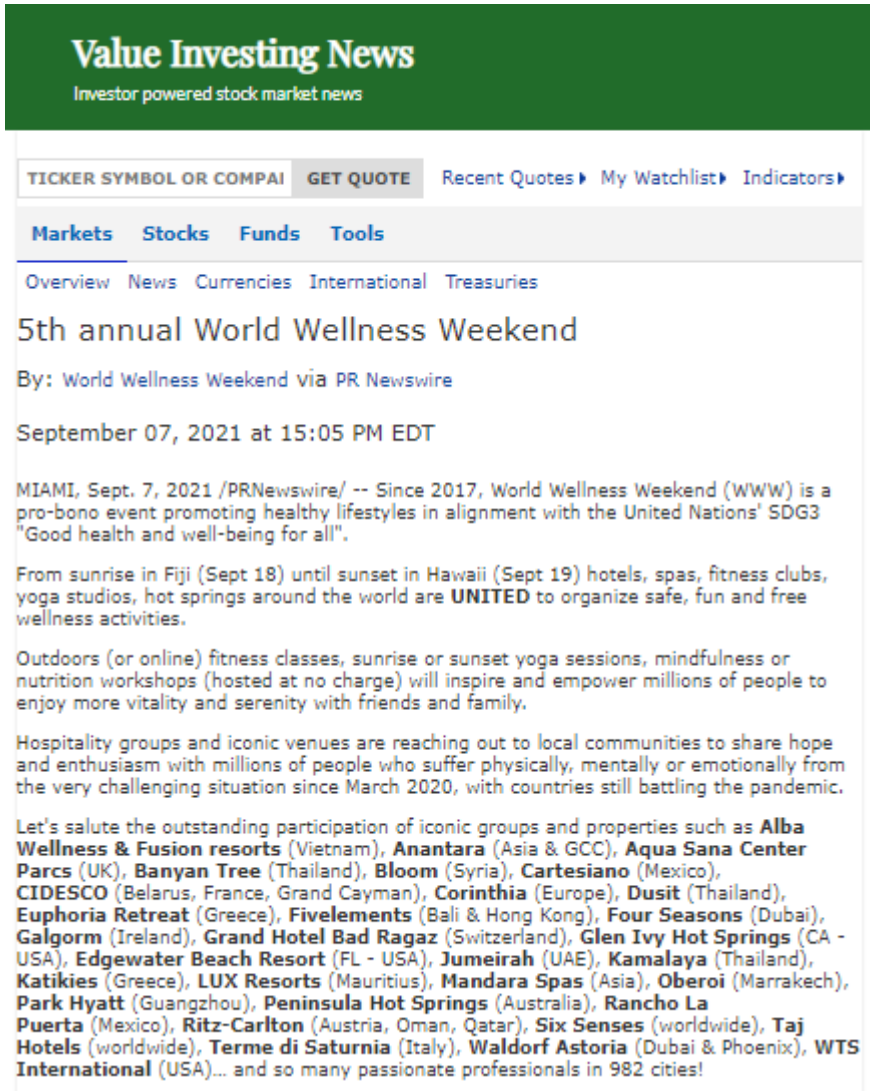

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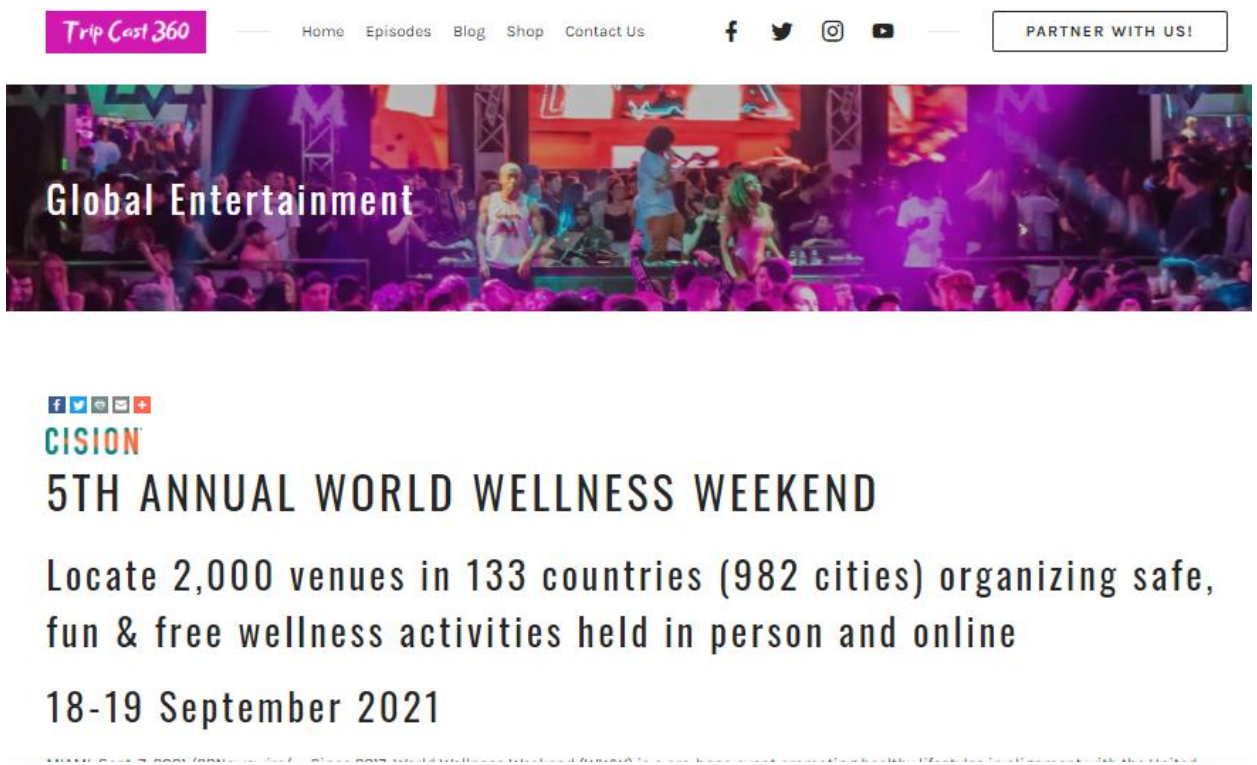

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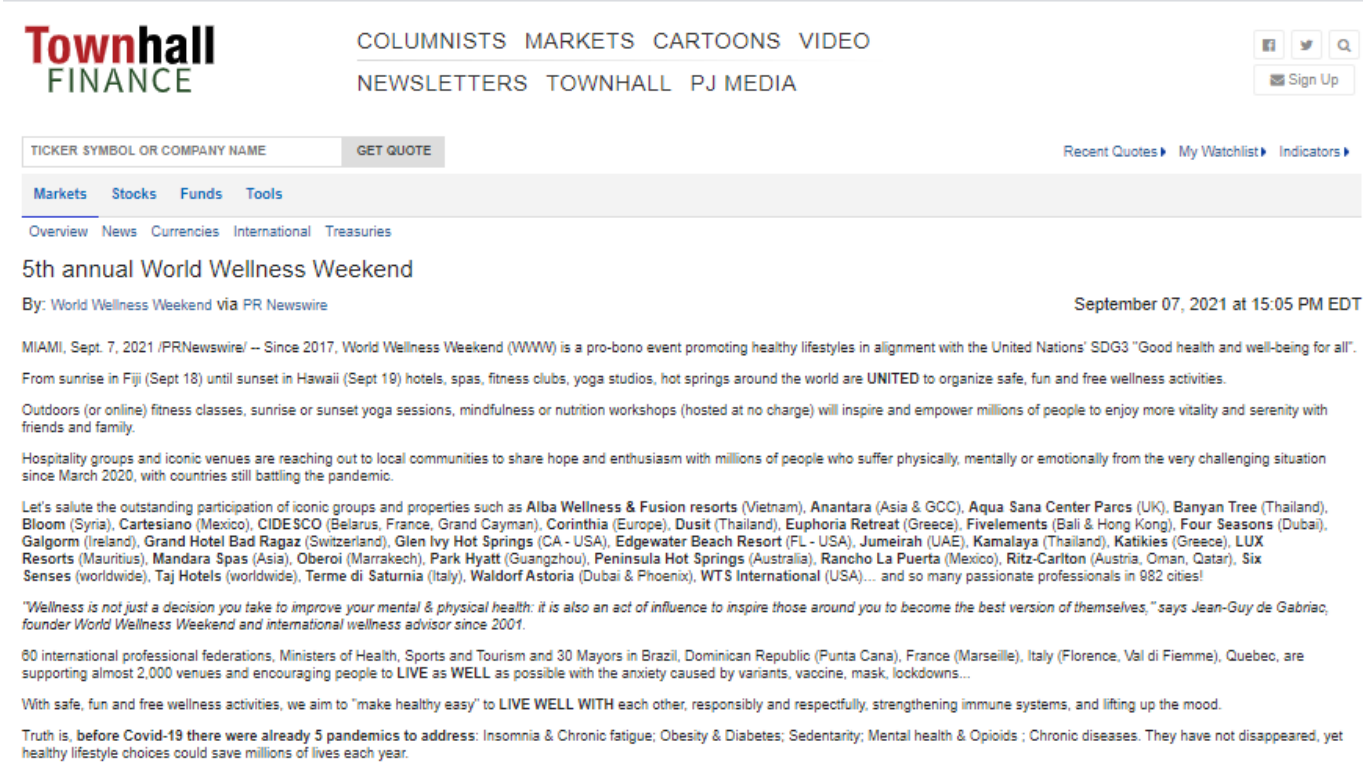

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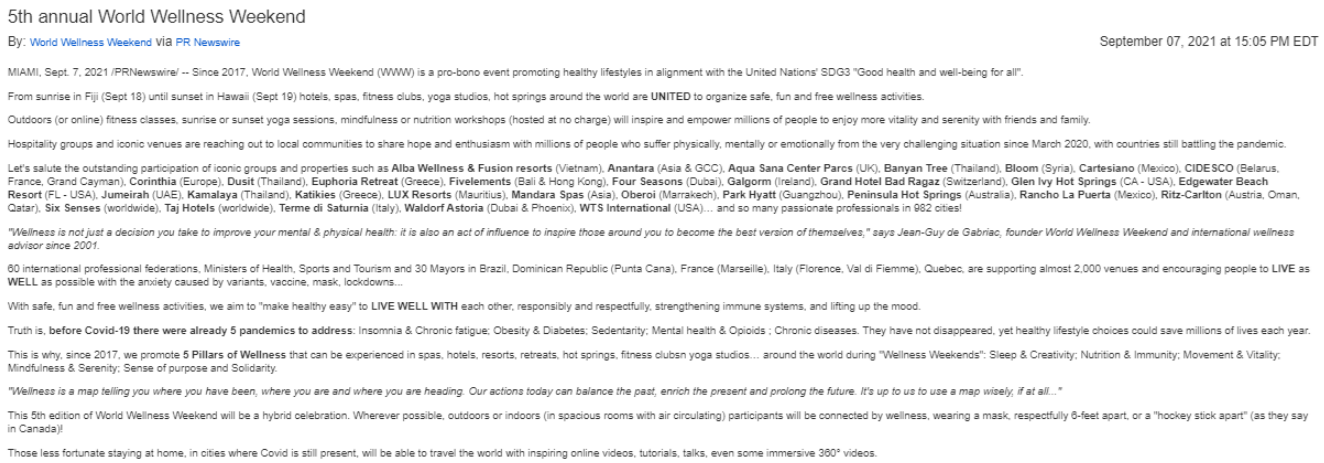

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By: World Wellness Weekend via PR Newswire

September 07, 2021 at 15:05 PM EDT

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Hospitality groups and iconic venues are reaching out to local communities to share hope and enthusiasm with millions of people who suffer physically, mentally or emotionally from the very challenging situation since March 2020, with countries still battling the pandemic.

Let's salute the outstanding participation of iconic groups and properties such as **Alba Wellness & Fusion resorts** (Vietnam), **Anantara** (Asia & GCC), **Aqua Sana Center Parcs** (UK), **Banyan Tree** (Thailand), **Bloom** (Syria), **Cartesiano** (Mexico), **CIDESCO** (Belarus, France, Grand Cayman), **Corinthia** (Europe), **Dusit** (Thailand), **Euphoria Retreat** (Greece), **Fivelements** (Bali & Hong Kong), **Four Seasons** (Dubai), **Galgorm** (Ireland), **Grand Hotel Bad Ragaz** (Switzerland), **Glen Ivy Hot Springs** (CA - USA), **Edgewater Beach Resort** (FL - USA), **Jumeirah** (UAE), **Kamalaya** (Thailand), **Katikies** (Greece), **LUX Resorts** (Mauritius), **Mandara Spas** (Asia), **Oberoi** (Marrakech), **Park Hyatt** (Guangzhou), **Peninsula Hot Springs** (Australia), **Rancho La Puerta** (Mexico), **Ritz-Carlton** (Austria, Oman, Qatar), **Six Senses** (worldwide), **Taj Hotels** (worldwide), **Terme di Saturnia** (Italy), **Waldorf Astoria** (Dubai & Phoenix), **WTS International** (USA)... and so many passionate professionals in 982 cities!

"Wellness is not just a decision you take to improve your mental & physical health: it is also an act of influence to inspire those around you to become the best version of themselves," says Jean-Guy de Gabriac, founder World Wellness Weekend and international wellness advisor since 2001.

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With safe, fun and free wellness activities, we aim to "make healthy easy" to **LIVE WELL WITH** each other, responsibly and respectfully, strengthening immune systems, and lifting up the mood.

Truth is, **before Covid-19 there were already 5 pandemics to address**: Insomnia & Chronic fatigue; Obesity & Diabetes; Sedentarity; Mental health & Opioids ; Chronic diseases. They have not disappeared, yet healthy lifestyle choices could save millions of lives each year.

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Those less fortunate staying at home, in cities where Covid is still present, will be able to travel the world with inspiring online videos, tutorials, talks, even some immersive 360° videos.

USA

7 September 2021

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7 September 2021

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USA

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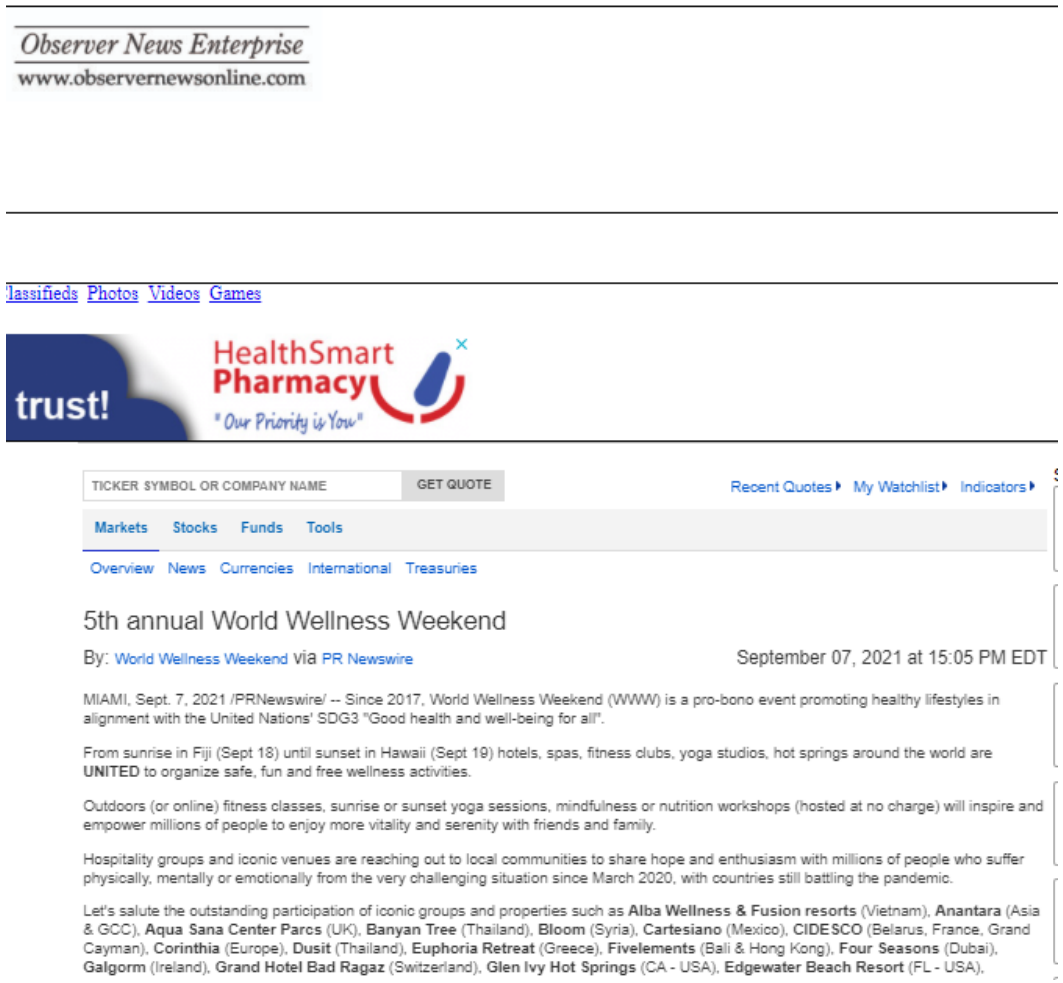

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USA

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Locate 2,000 venues in 133 countries (982 cities) organizing safe, fun & free wellness activities held in person and online

18-19 September 2021

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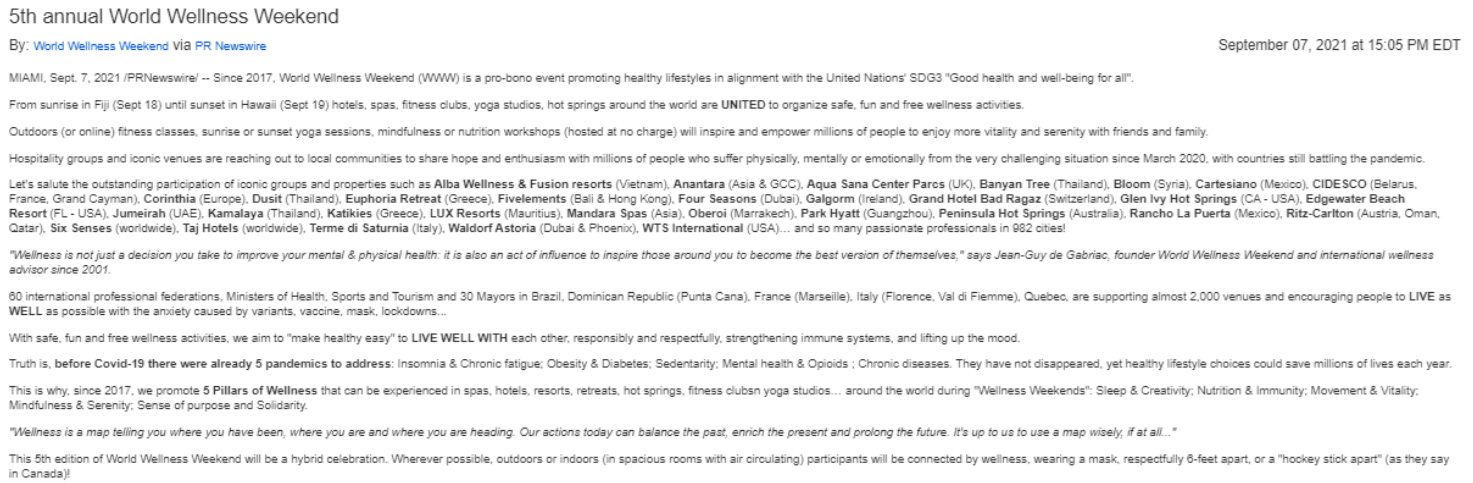

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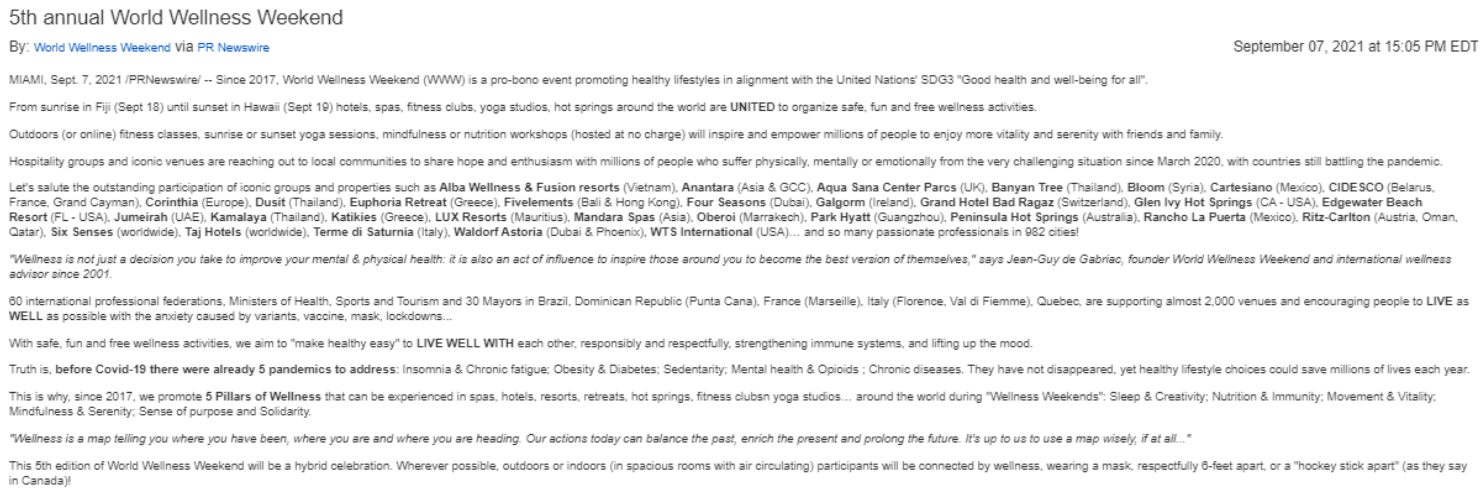

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"Wellness is a map telling you where you have been, where you are and where you are heading. Our actions today can balance the past, enrich the present and prolong the future. It's up to us to use a map wisely, if at all..."

This 5th edition of World Wellness Weekend will be a hybrid celebration. Wherever possible, outdoors or indoors (in spacious rooms with air circulating) participants will be connected by wellness, wearing a mask, respectfully 6-feet apart, or a "hockey stick apart" (as they say in Canada)!

USA

7 September 2021

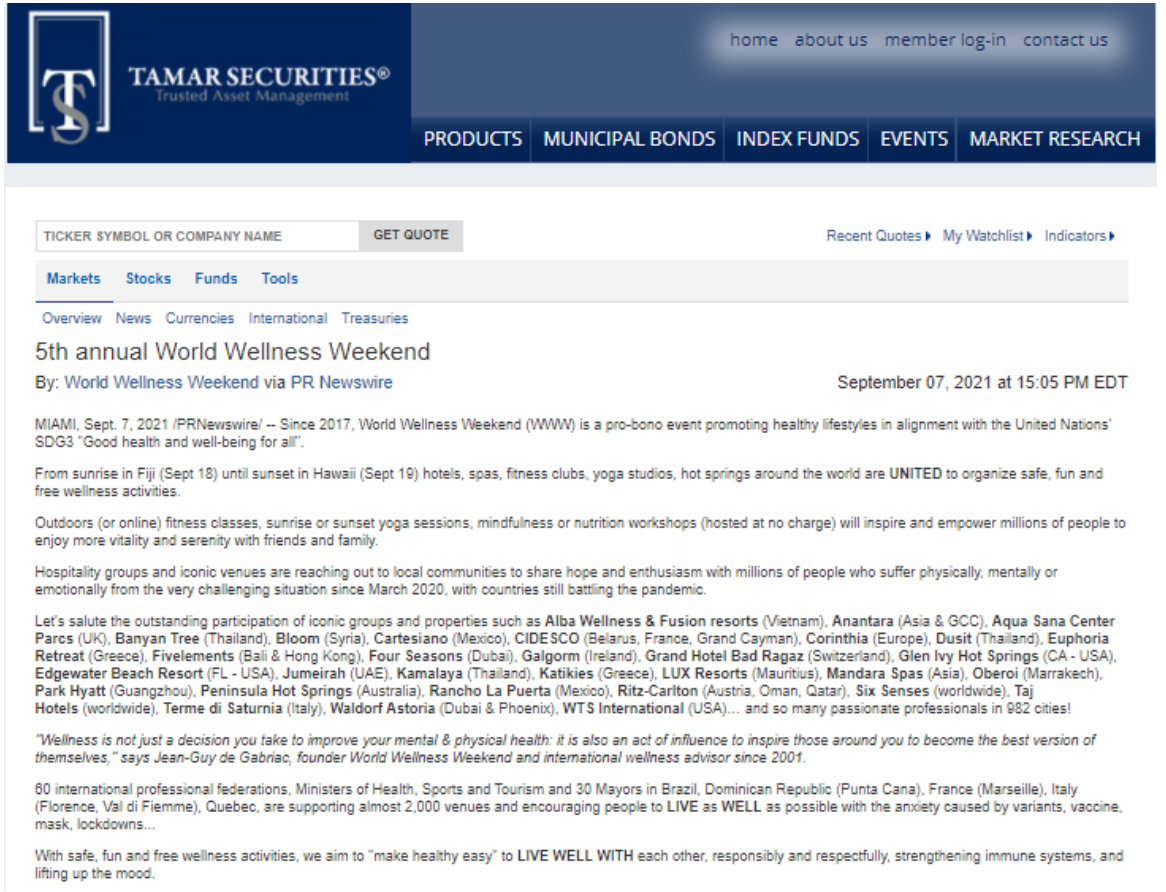
http://business.theantlersamerican.com/theantlersamerican/news/read/41778947/5th_annual_World_Wellness_Weekend



USA

7 September 2021

http://markets.financialcontent.com/tamarsecurities/news/read/41778947



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5th annual World Wellness Weekend

By: World Wellness Weekend via PR Newswire

September 07, 2021 at 15:05 PM EDT

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With safe, fun and free wellness activities, we aim to "make healthy easy" to **LIVE WELL WITH** each other, responsibly and respectfully, strengthening immune systems, and lifting up the mood.

USA

7 September 2021

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USA

7 September 2021

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18-19 September 2021

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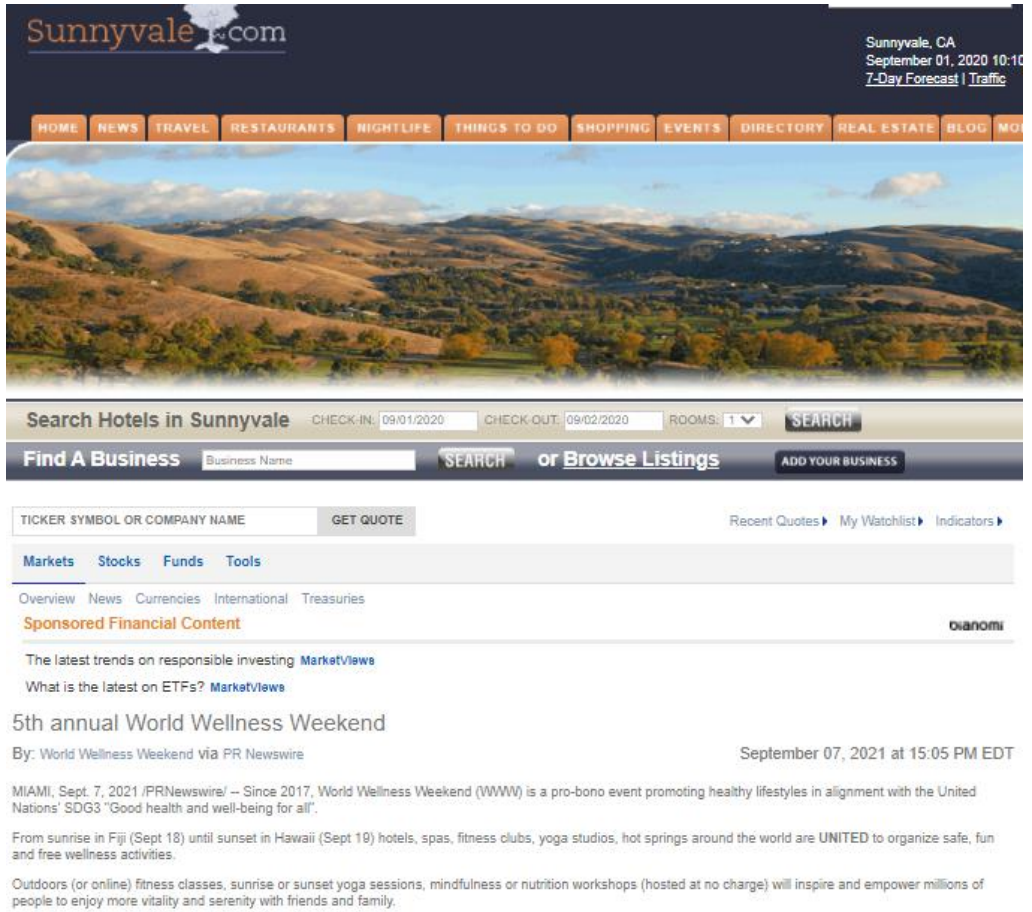

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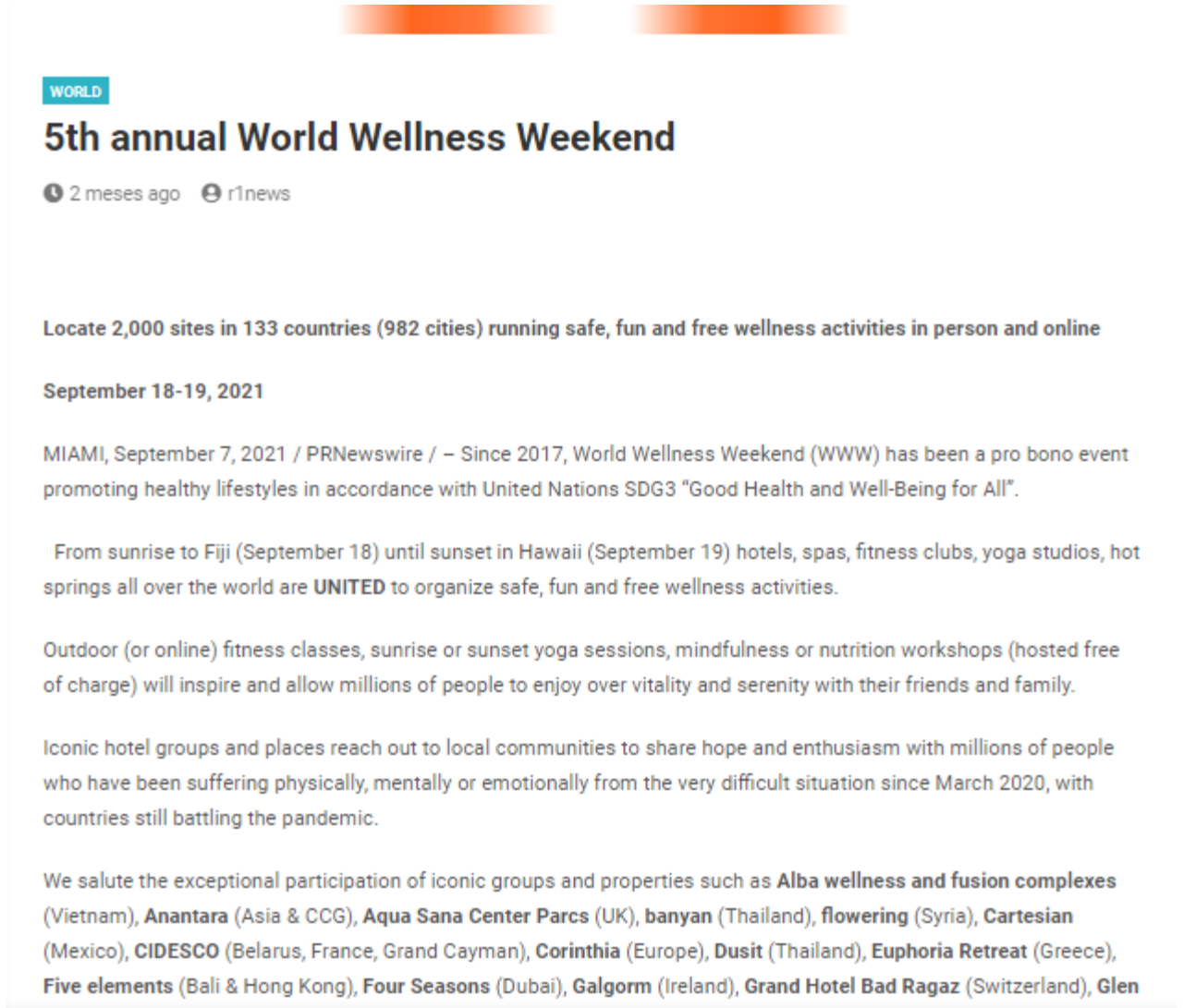

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September 18-19, 2021

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Iconic hotel groups and places reach out to local communities to share hope and enthusiasm with millions of people who have been suffering physically, mentally or emotionally from the very difficult situation since March 2020, with countries still battling the pandemic.

We salute the exceptional participation of iconic groups and properties such as **Alba wellness and fusion complexes** (Vietnam), **Anantara** (Asia & CCG), **Aqua Sana Center Parcs** (UK), **banyan** (Thailand), **flowering** (Syria), **Cartesian** (Mexico), **CIDESCO** (Belarus, France, Grand Cayman), **Corinthia** (Europe), **Dusit** (Thailand), **Euphoria Retreat** (Greece), **Five elements** (Bali & Hong Kong), **Four Seasons** (Dubai), **Galgorm** (Ireland), **Grand Hotel Bad Ragaz** (Switzerland), **Glen**

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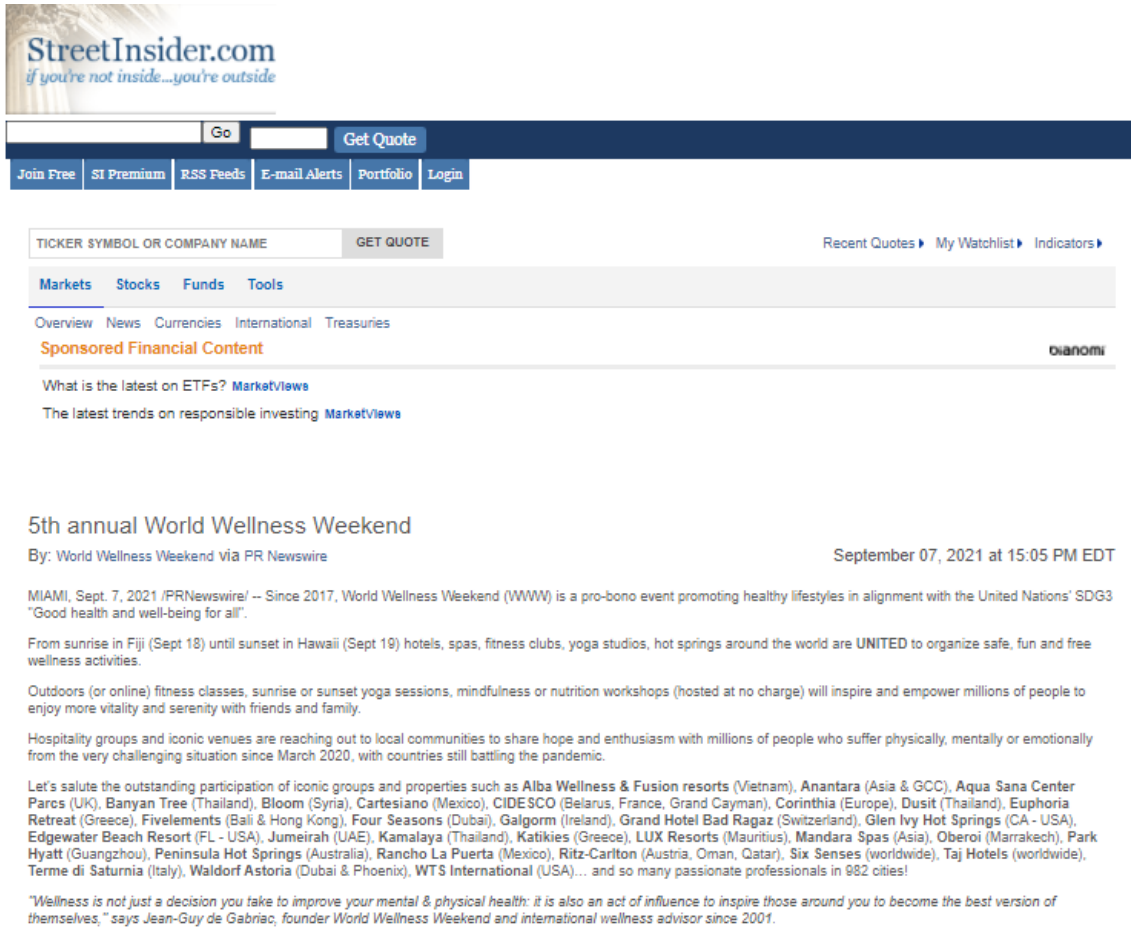

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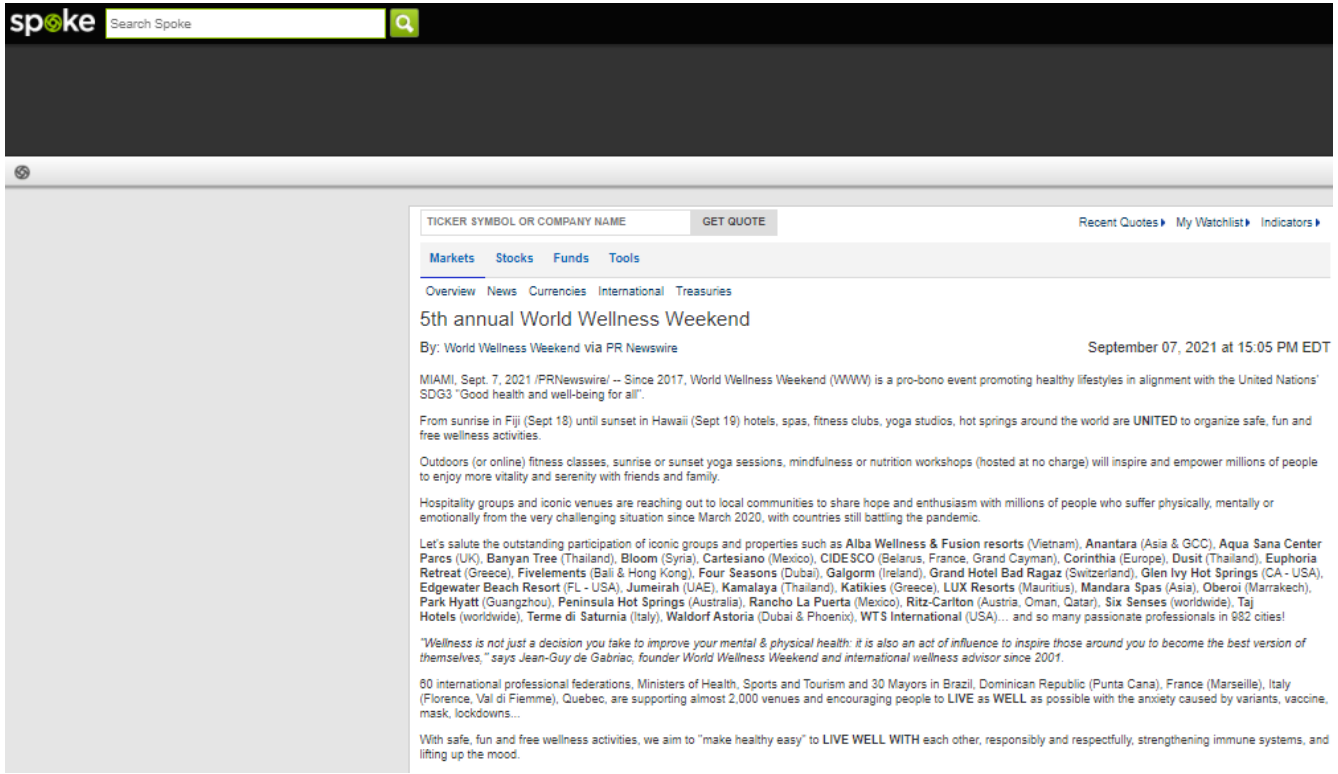

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7 September 2021

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07 September 2021

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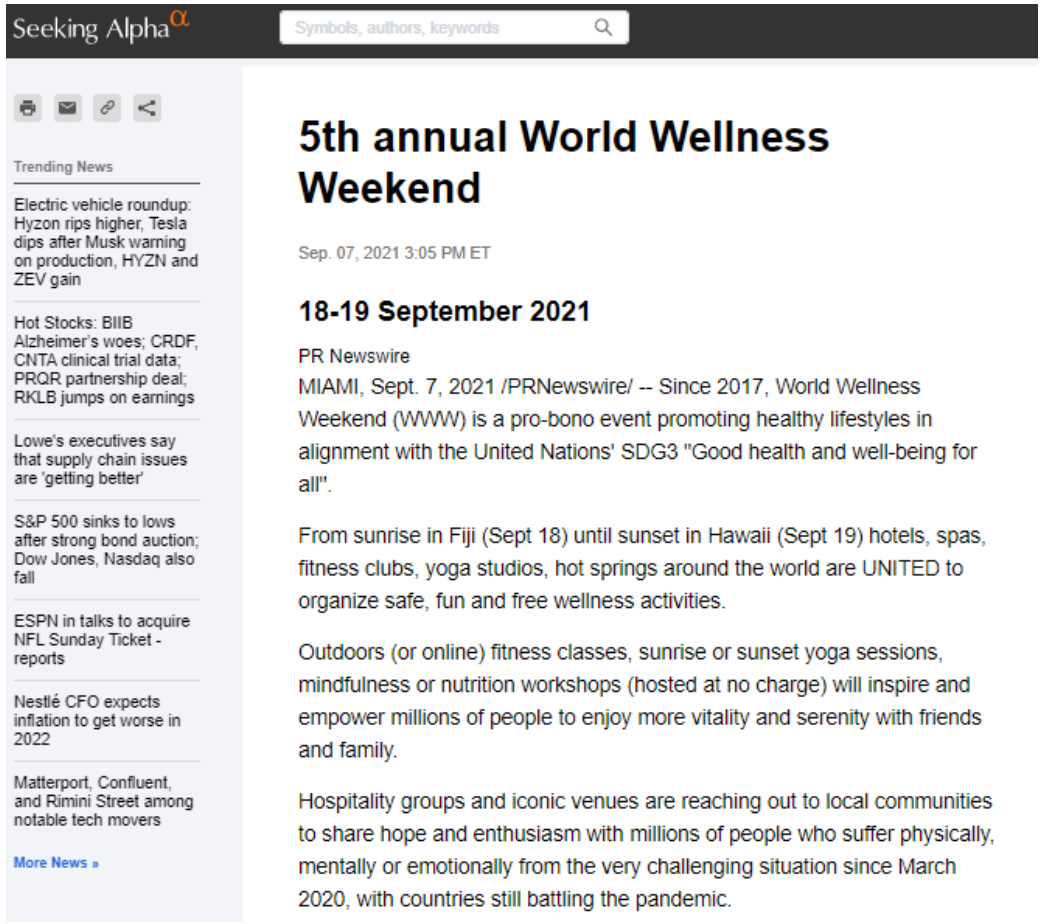

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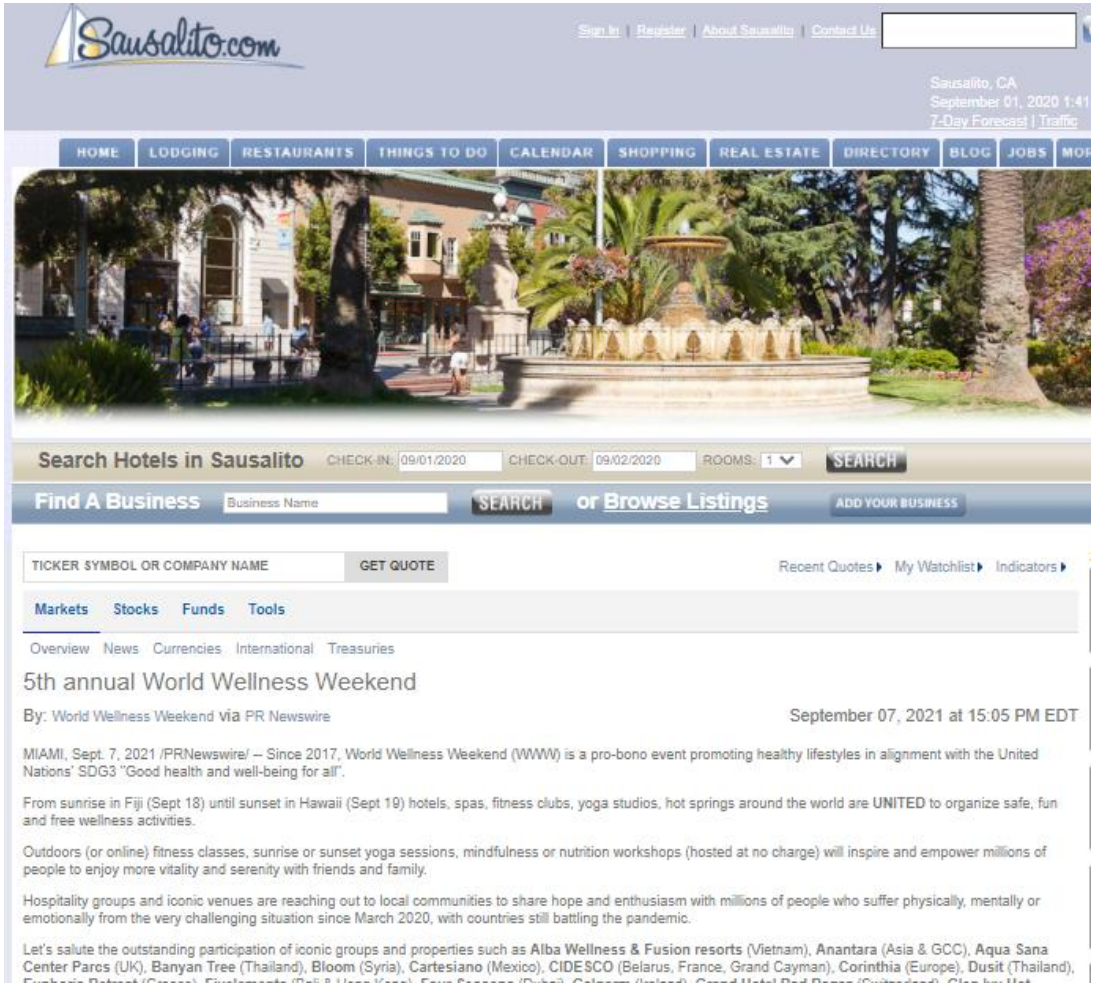

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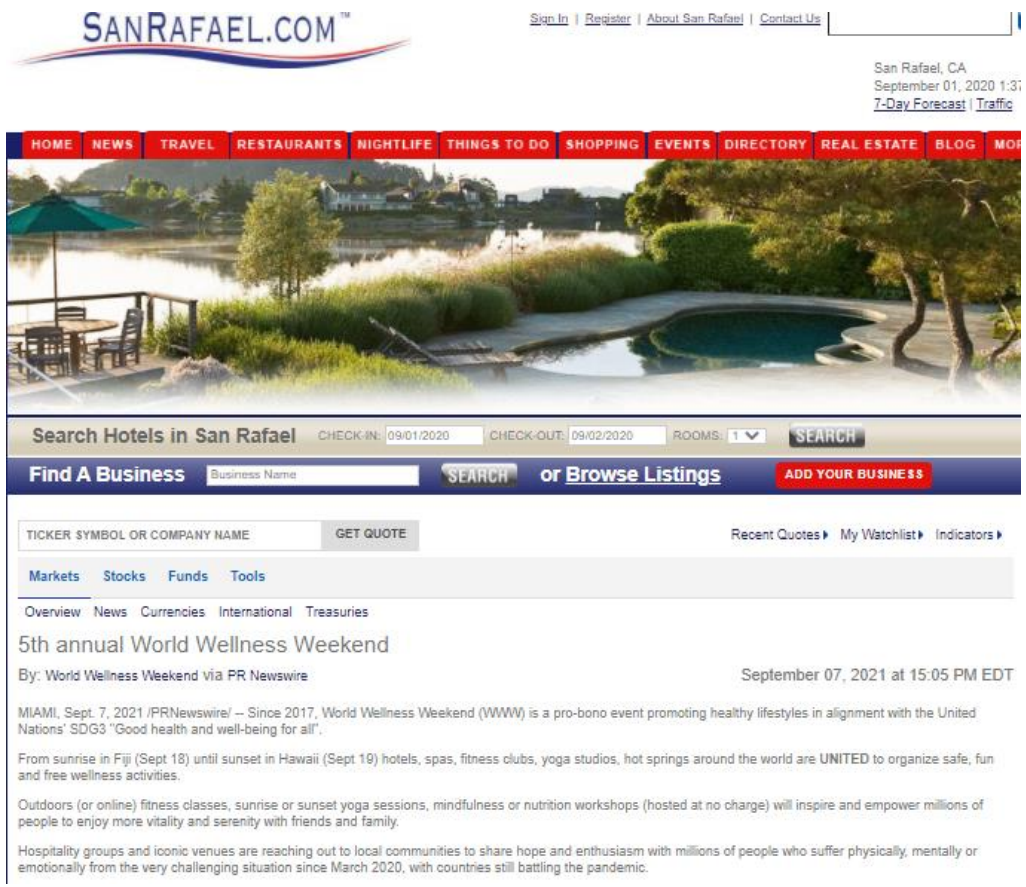

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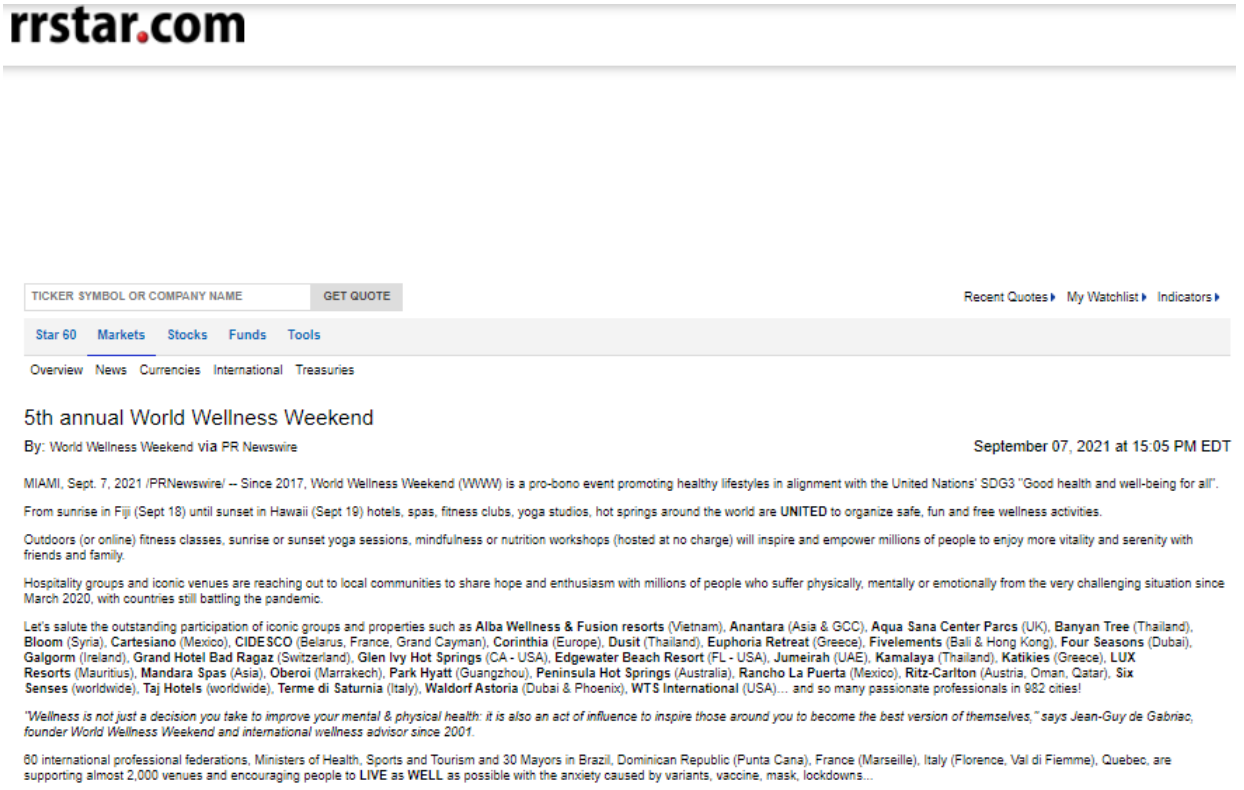

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7 September 2021

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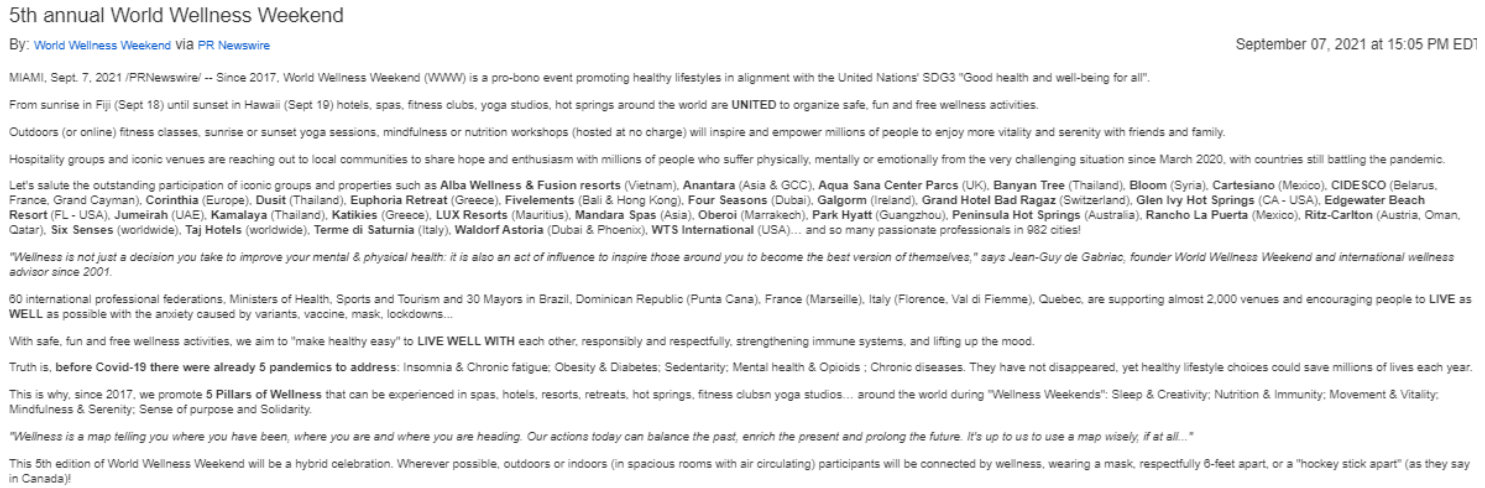

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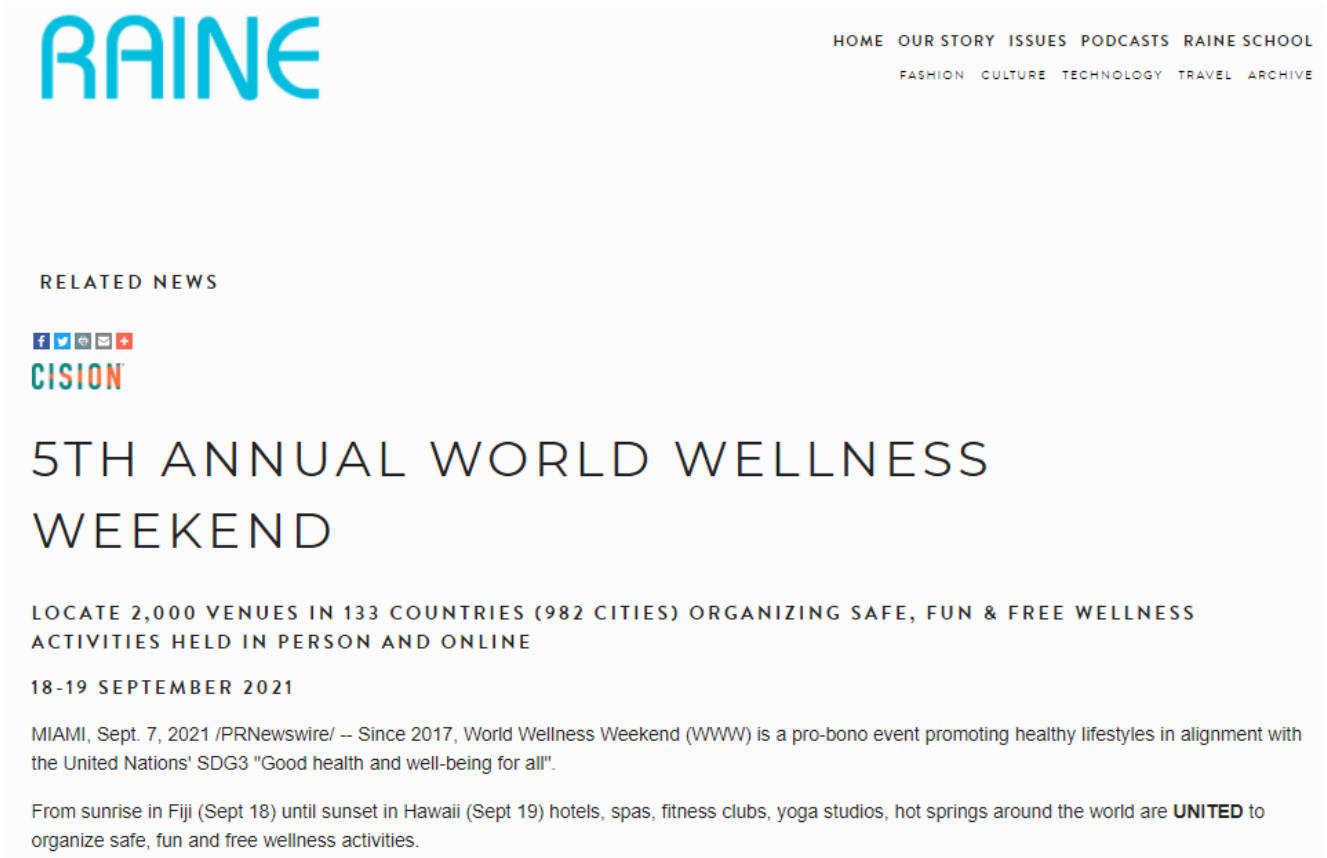

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By: World Wellness Weekend via PR Newswire

September 07, 2021 at 15:05 PM EDT

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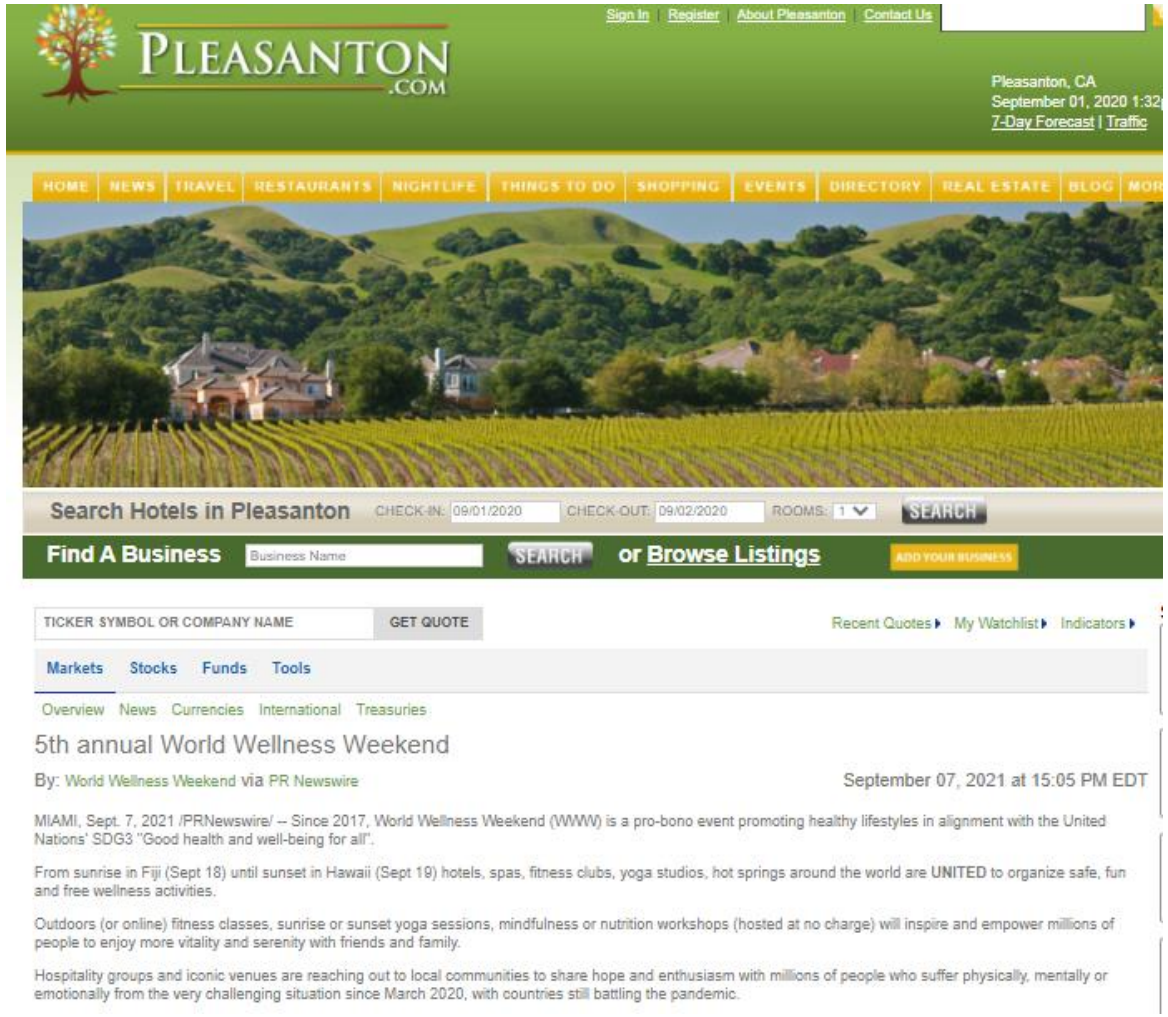

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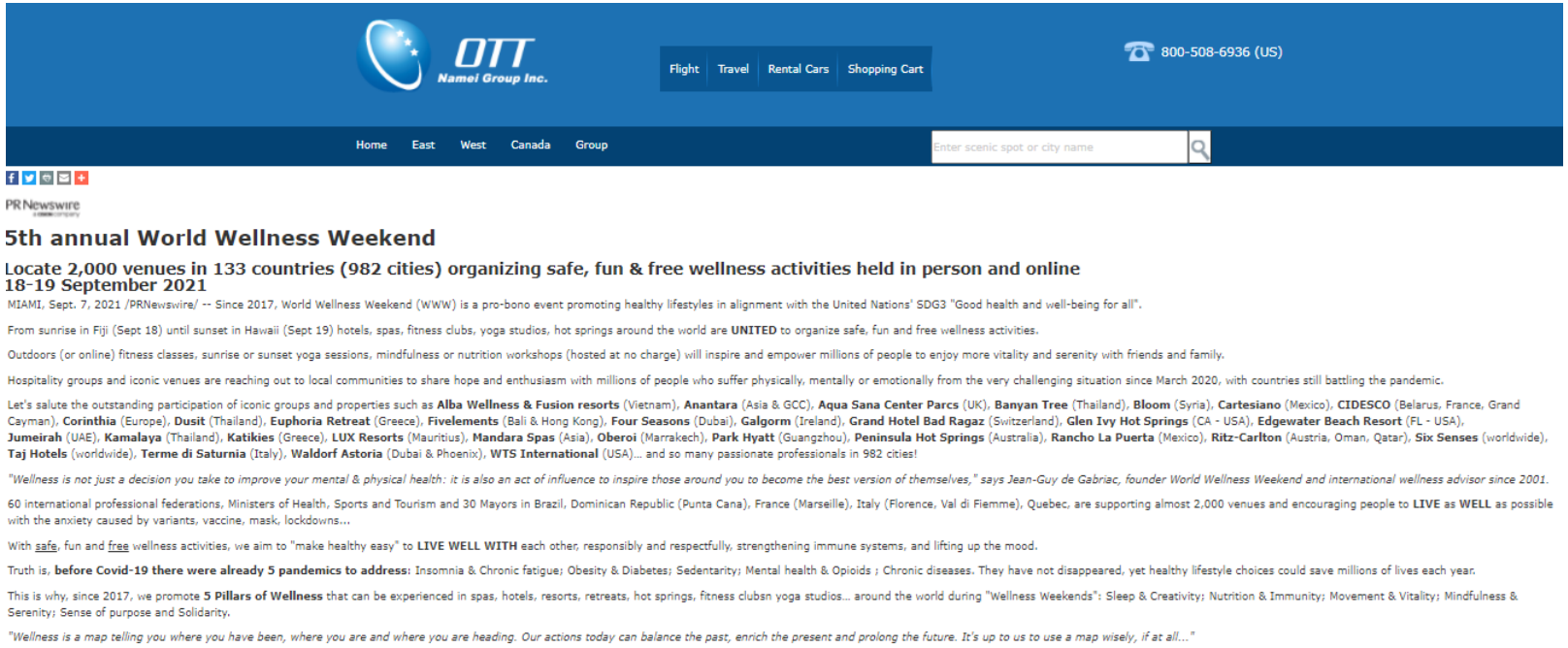

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5th annual World Wellness Weekend

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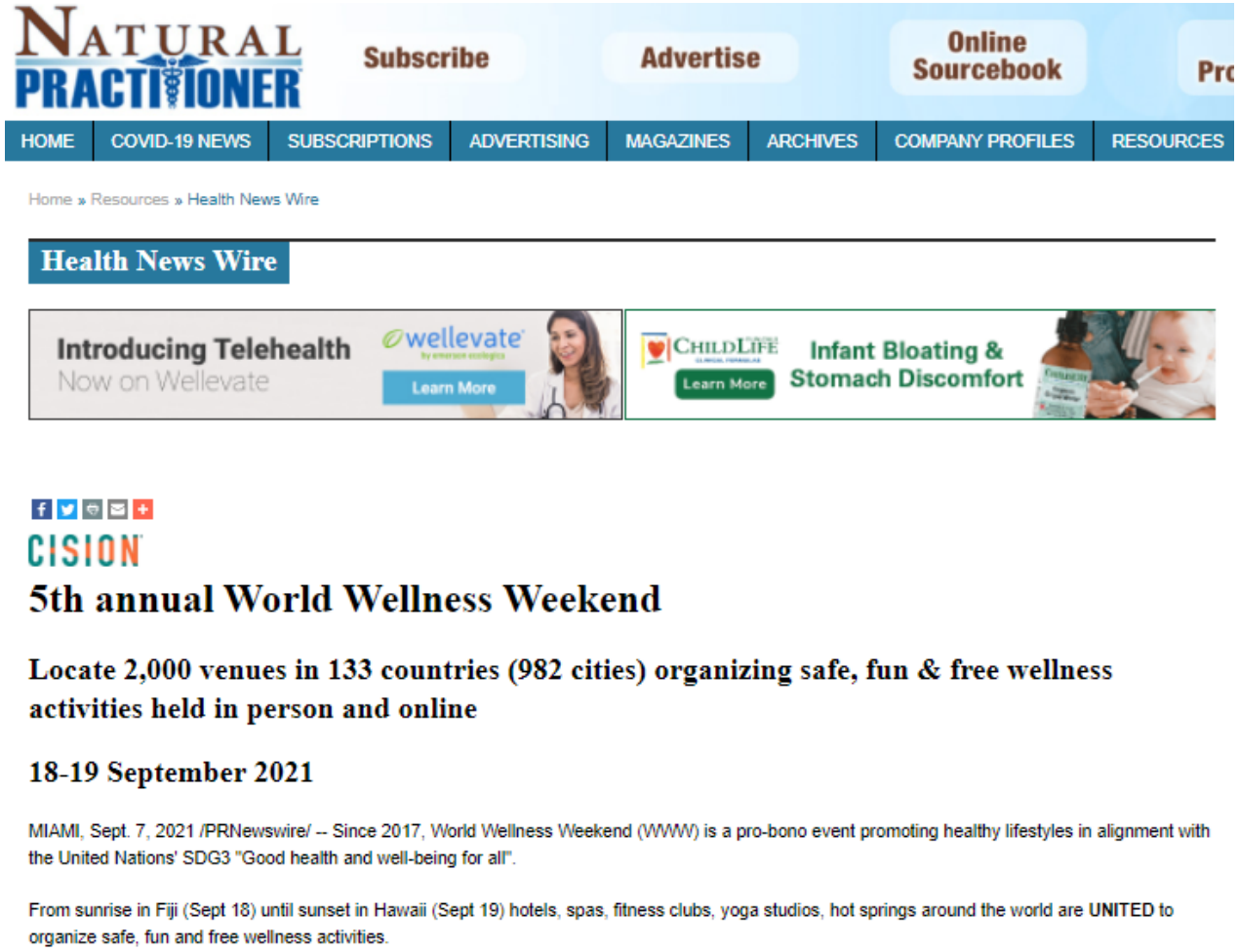

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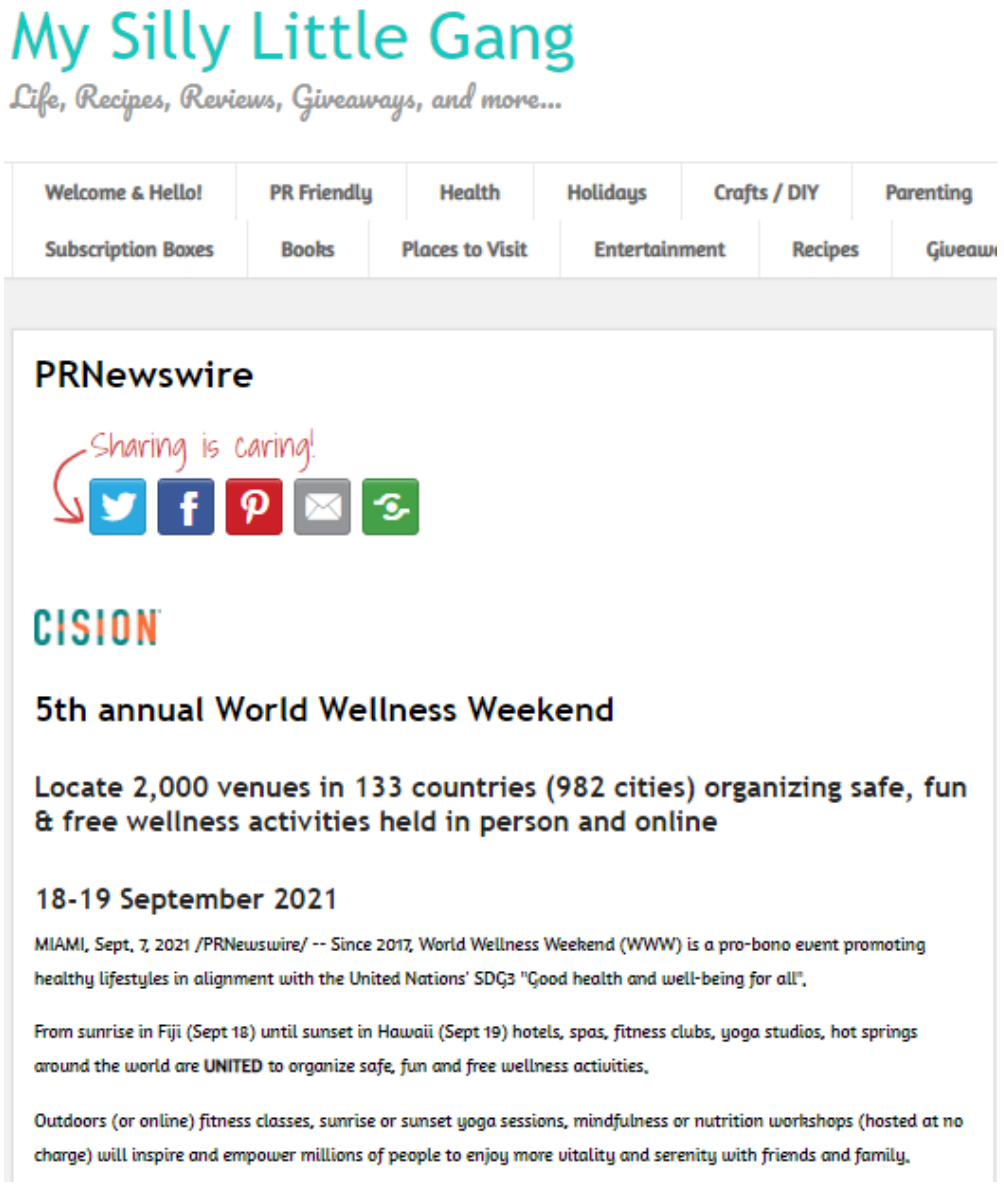

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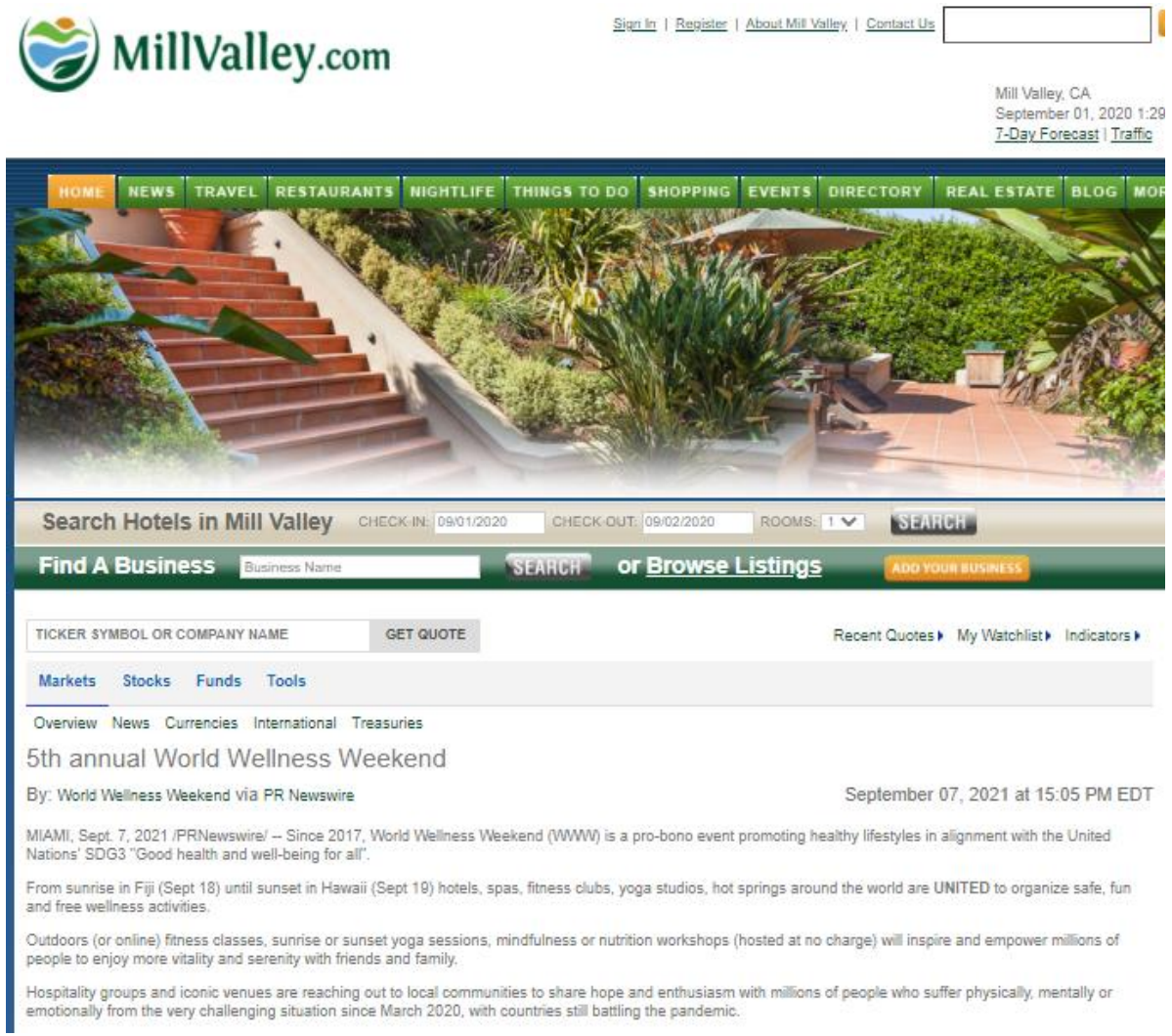

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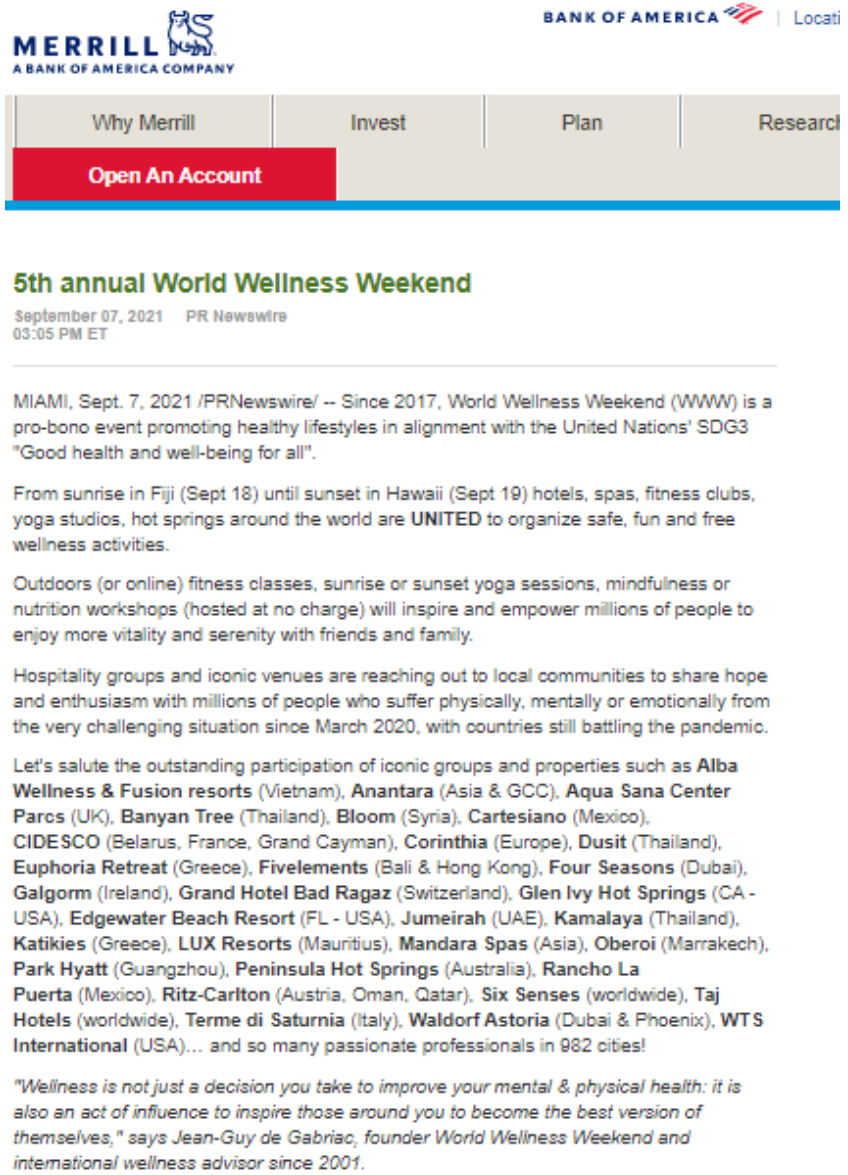

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Press Release

5th annual World Wellness Weekend

Published: Sept. 7, 2021 at 3:05 p.m. ET

The MarketWatch News Department was not involved in the creation of this content.

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7 September 2021

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September 07, 2021 at 15:05 PM EDT

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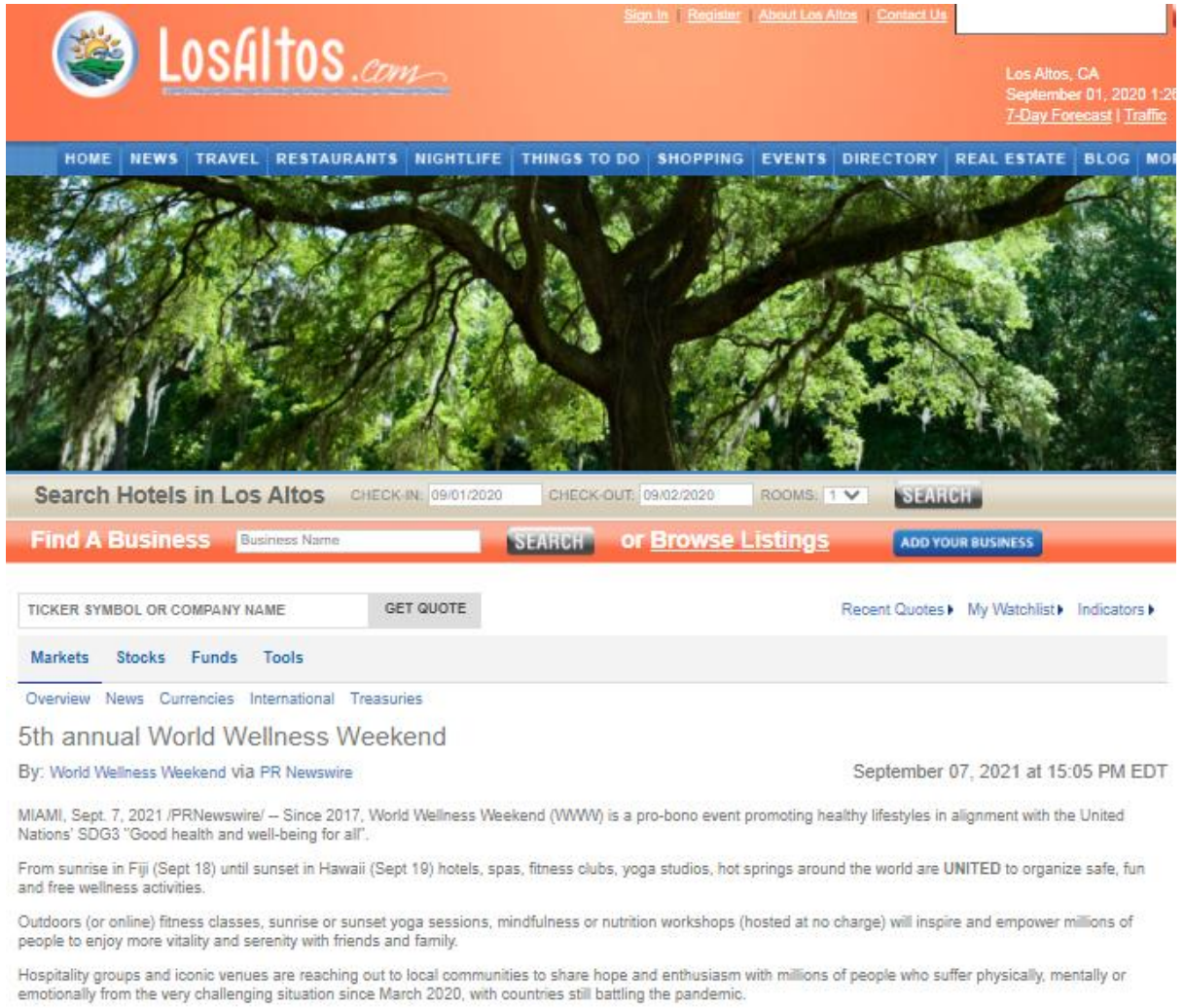

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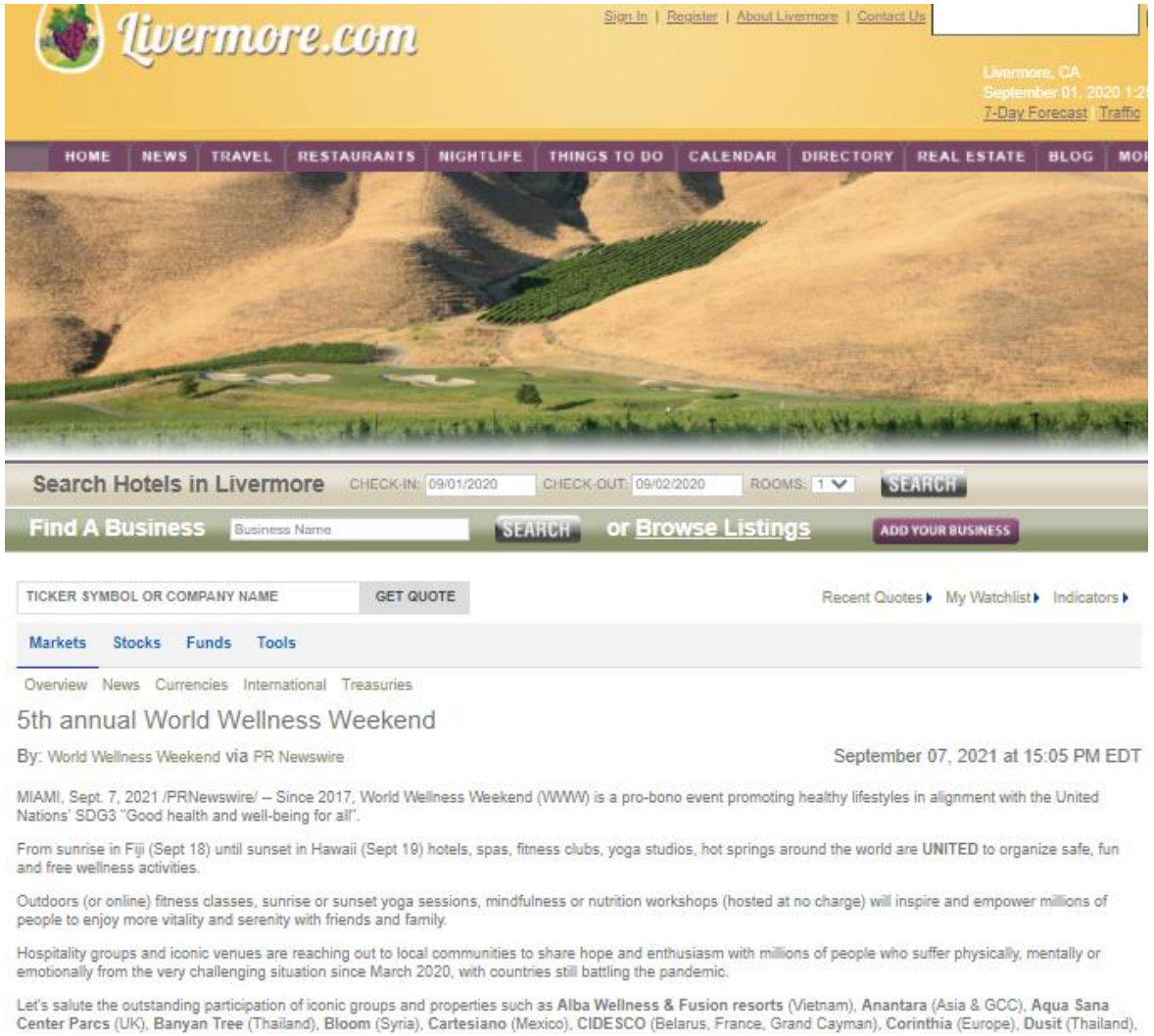

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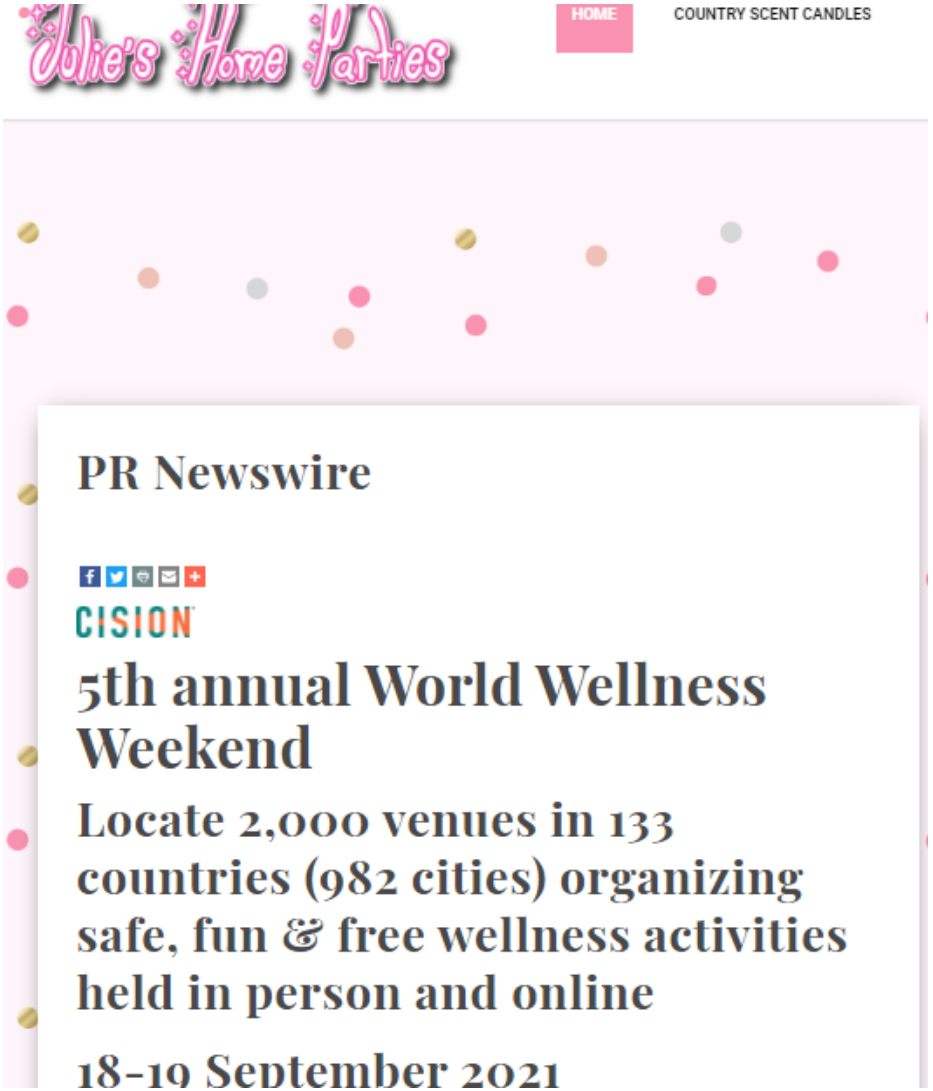

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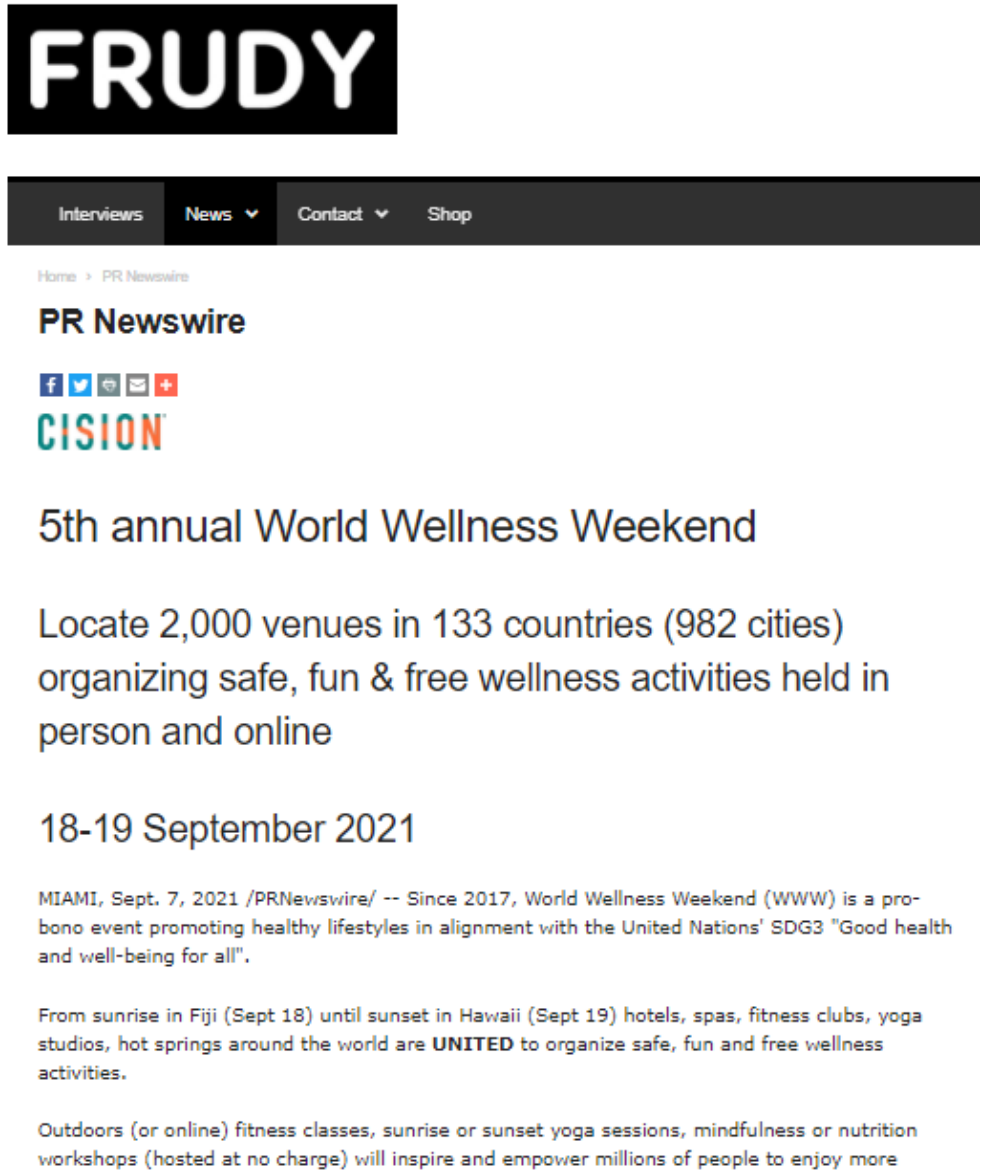

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5th annual World Wellness Weekend

Locate 2,000 venues in 133 countries (982 cities) organizing safe, fun & free wellness activities held in person and online

18-19 September 2021

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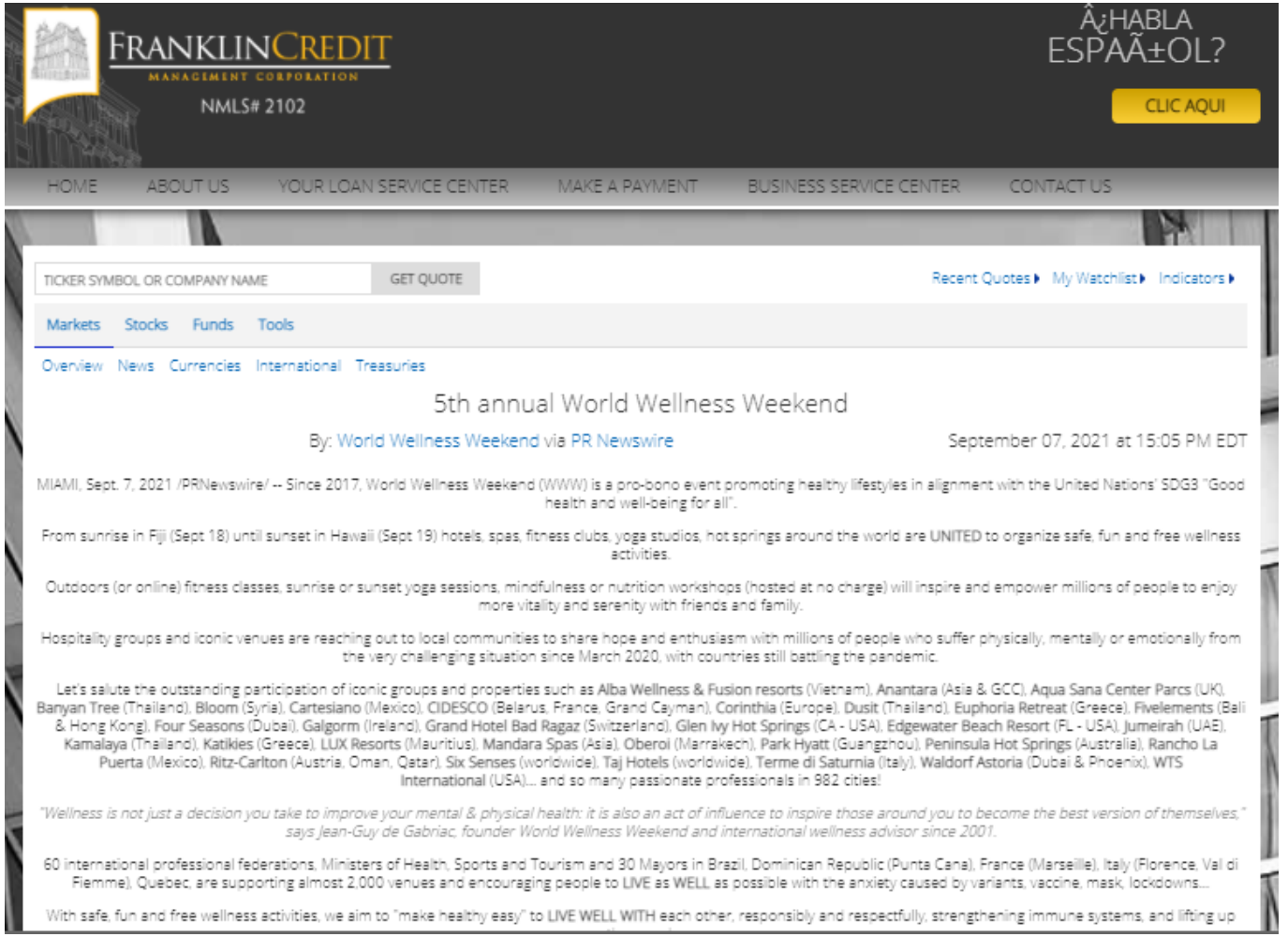

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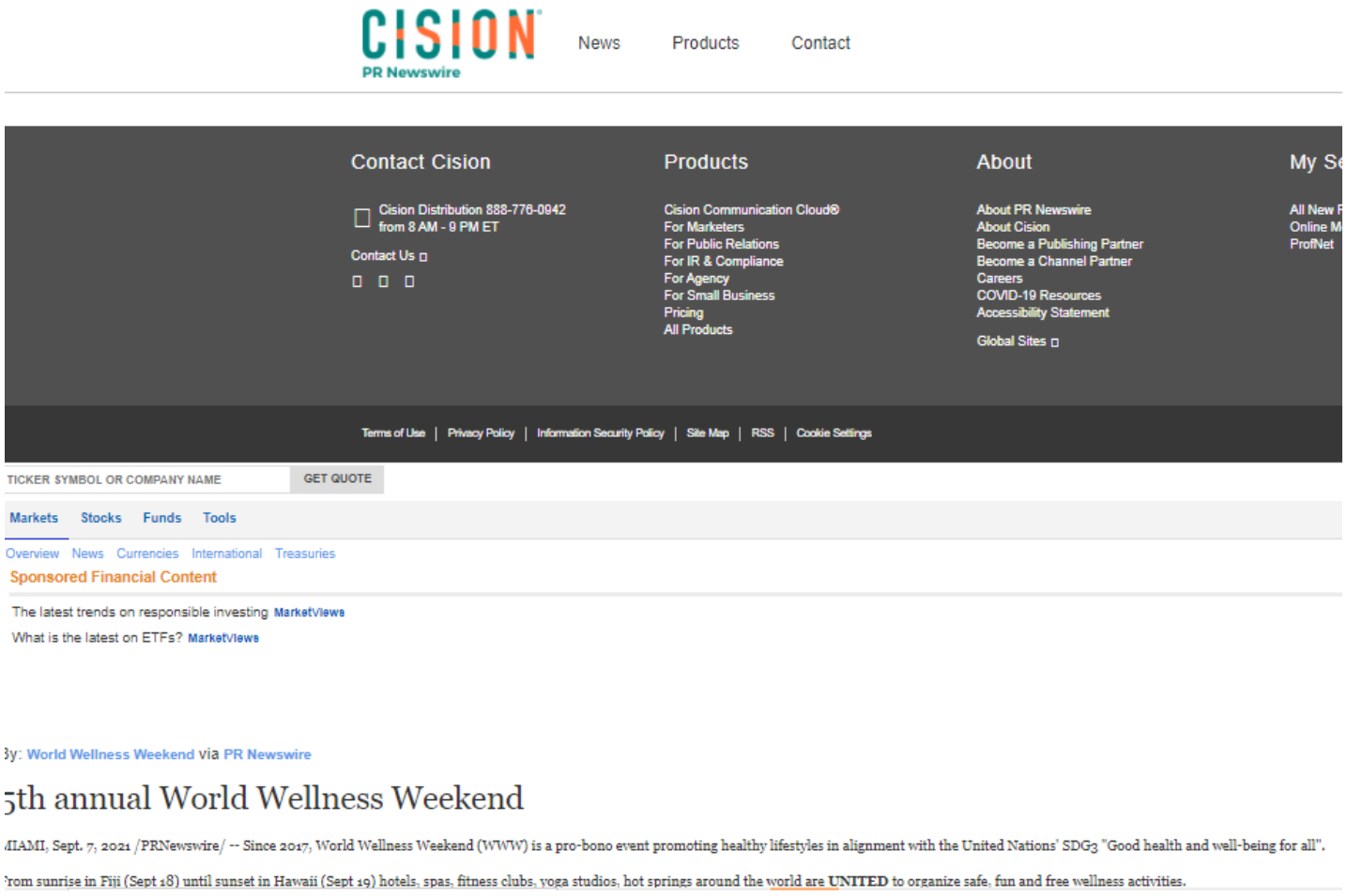

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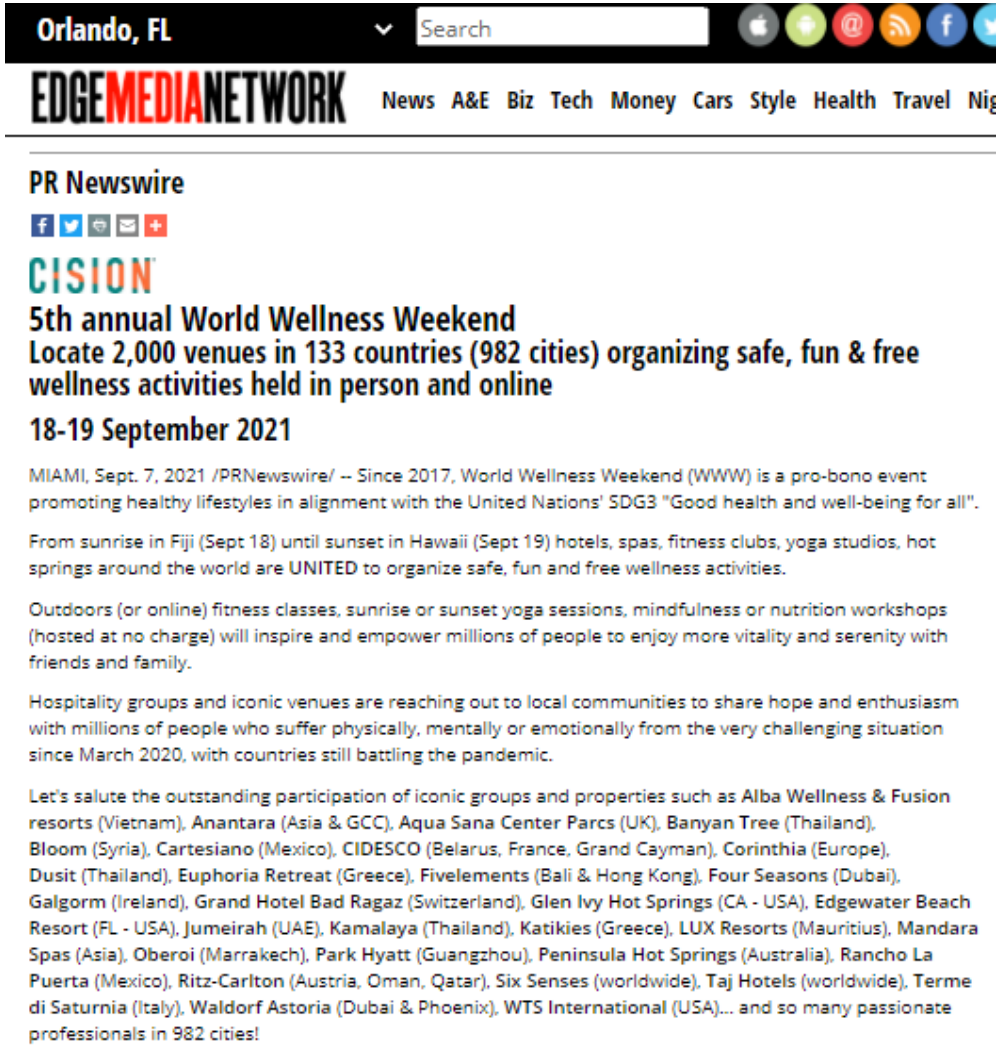

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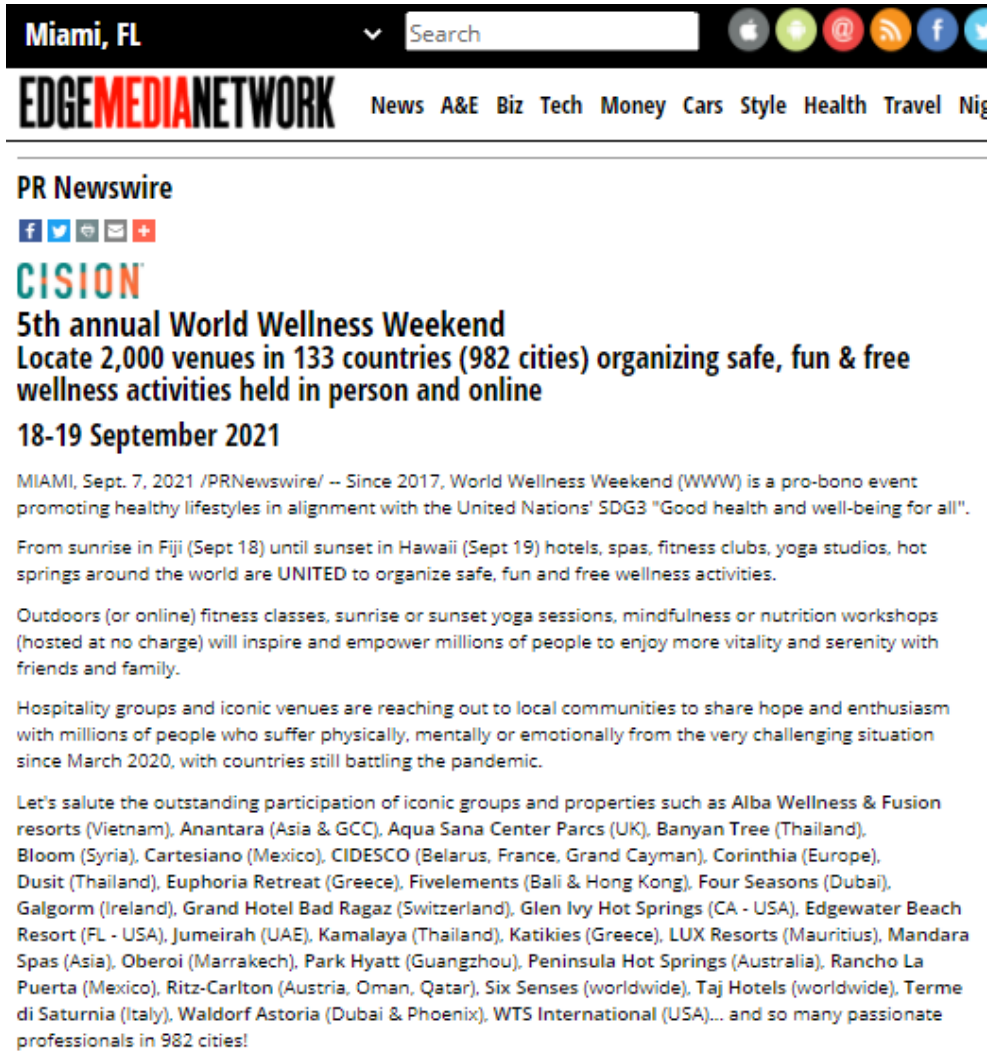

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By: World Wellness Weekend via PR Newswire

September 07, 2021 at 15:05 PM EDT

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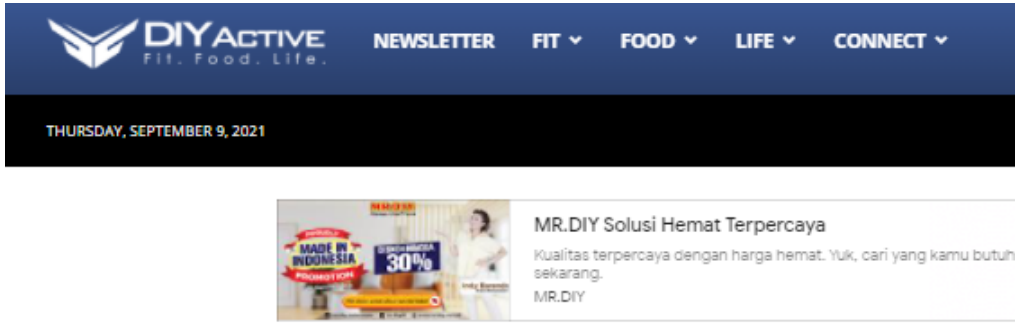

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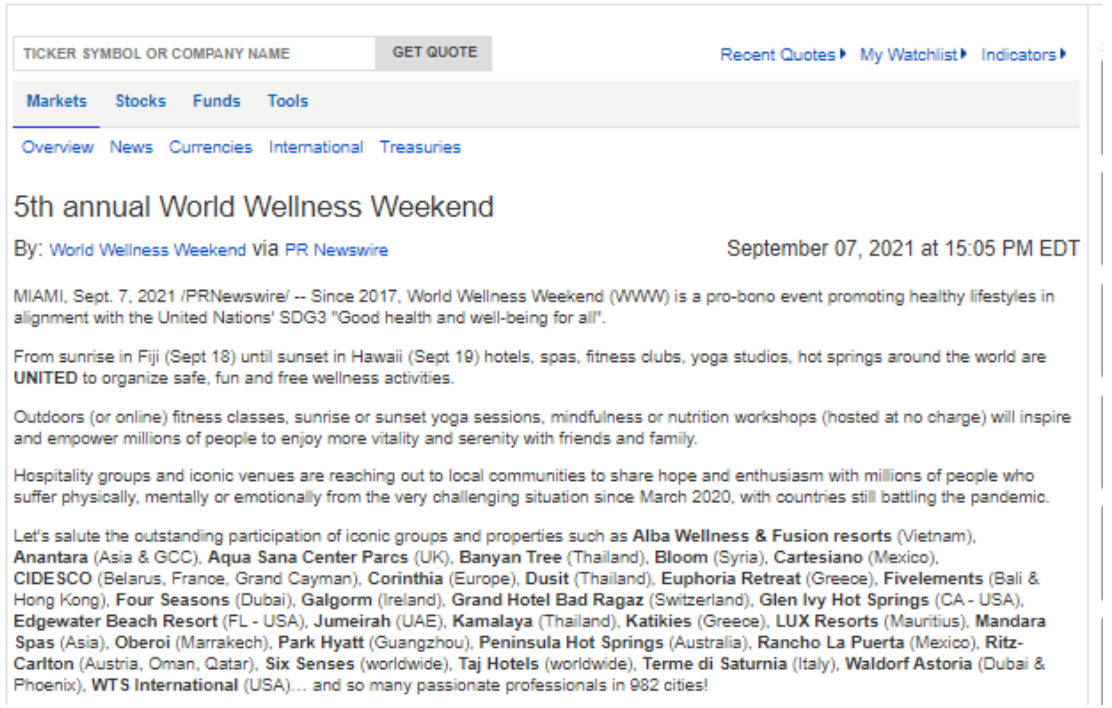

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60 international professional federations, Ministers of Health, Sports and Tourism and 30 Mayors in Brazil, Dominican Republic (Punta Cana), France (Marseille), Italy (Florence, Val di Fiemme), Quebec, are supporting almost 2,000 venues and encouraging people to **LIVE** as **WELL** as possible with the anxiety caused by variants, vaccine, mask, lockdowns...

With safe, fun and free wellness activities, we aim to "make healthy easy" to **LIVE WELL WITH** each other, responsibly and respectfully, strengthening immune systems, and lifting up the mood.

Truth is, **before Covid-19 there were already 5 pandemics to address**: Insomnia & Chronic fatigue; Obesity & Diabetes; Sedentarity; Mental health & Opioids ; Chronic diseases. They have not disappeared, yet healthy lifestyle choices could save millions of lives each year.

This is why, since 2017, we promote **5 Pillars of Wellness** that can be experienced in spas, hotels, resorts, retreats, hot springs, fitness clubsn yoga studios… around the world during "Wellness Weekends": Sleep & Creativity; Nutrition & Immunity; Movement & Vitality; Mindfulness & Serenity; Sense of purpose and Solidarity.

"Wellness is a map telling you where you have been, where you are and where you are heading. Our actions today can balance the past, enrich the present and prolong the future. It's up to us to use a map wisely, if at all…"

This 5th edition of World Wellness Weekend will be a hybrid celebration. Wherever possible, outdoors or indoors (in spacious rooms with air circulating) participants will be connected by wellness, wearing a mask, respectfully 6-feet apart, or a "hockey stick apart" (as they say in Canada)!

Those less fortunate staying at home, in cities where Covid is still present, will be able to travel the world with inspiring online videos, tutorials, talks, even some immersive 360° videos.

USA

7 September 2021

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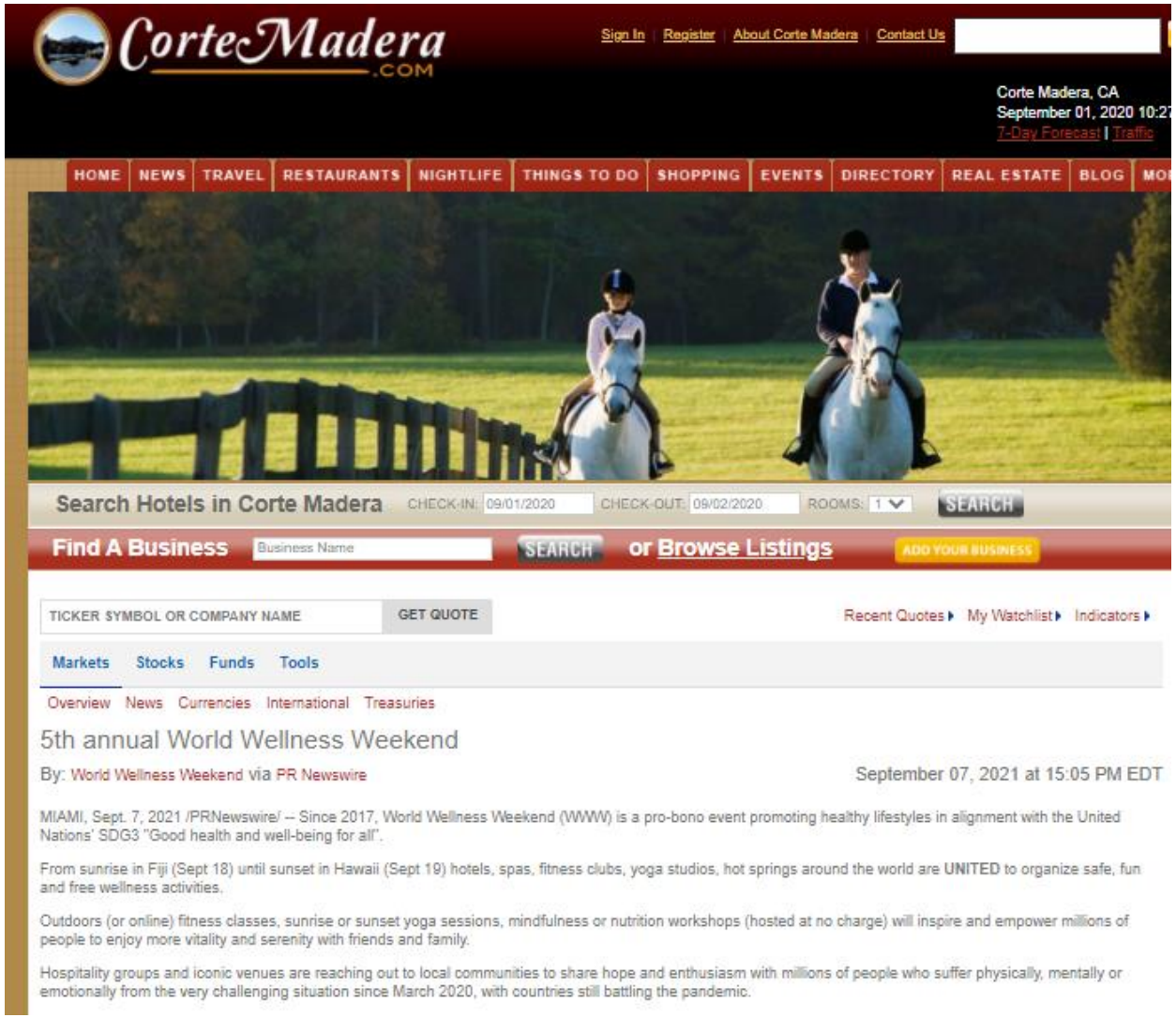

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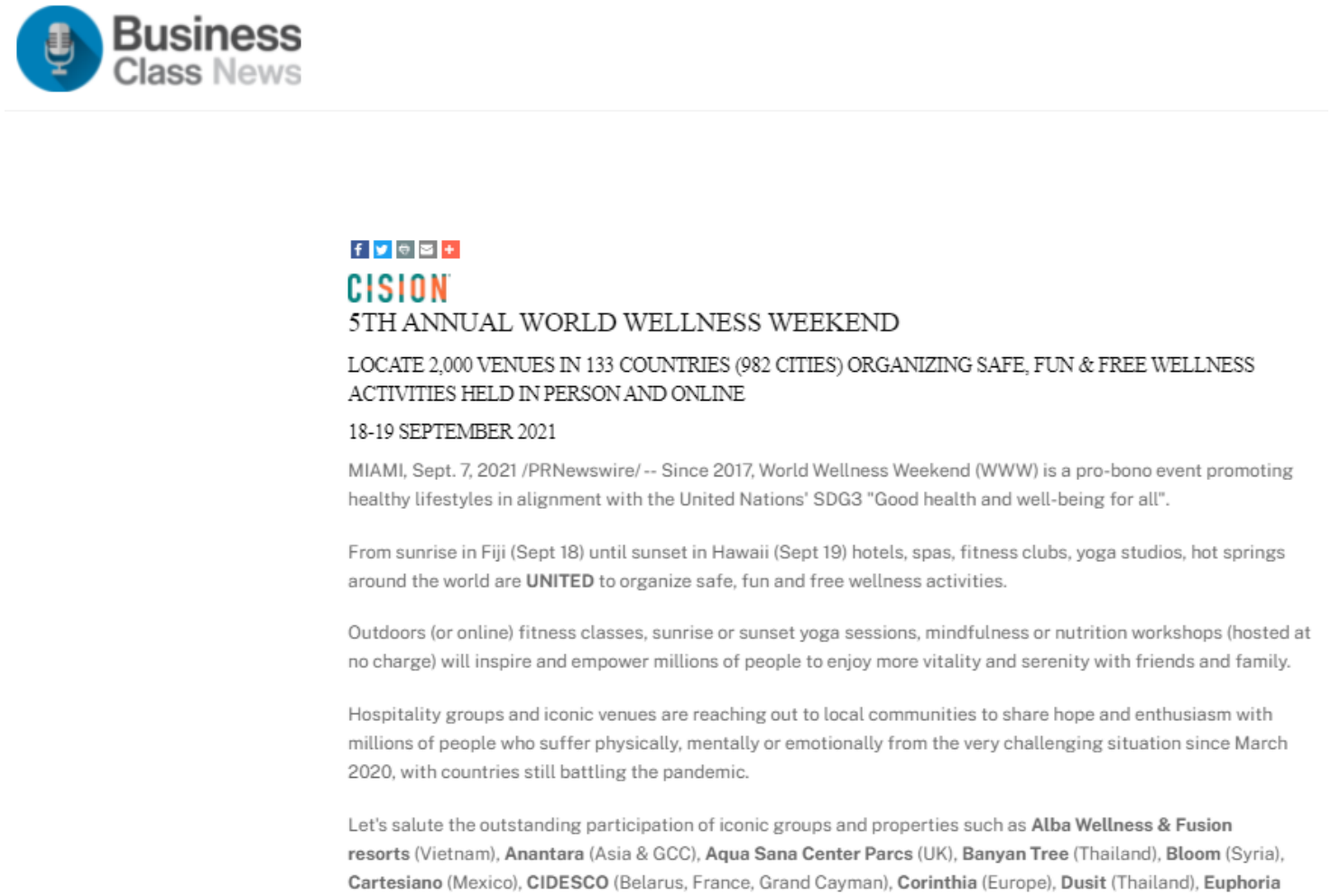

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5th annual World Wellness Weekend

By: World Wellness Weekend via PR Newswire

September 07, 2021 at 15:05 PM EDT

MIAMI, Sept. 7, 2021 /PRNewswire/ -- Since 2017, World Wellness Weekend (WWW) is a pro-bono event promoting healthy lifestyles in alignment with the United Nations' SDG3 "Good health and well-being for all".

From sunrise in Fiji (Sept 18) until sunset in Hawaii (Sept 19) hotels, spas, fitness clubs, yoga studios, hot springs around the world are **UNITED** to organize safe, fun and free wellness activities.

Outdoors (or online) fitness classes, sunrise or sunset yoga sessions, mindfulness or nutrition workshops (hosted at no charge) will inspire and empower millions of people to enjoy more vitality and serenity with friends and family.

Hospitality groups and iconic venues are reaching out to local communities to share hope and enthusiasm with millions of people who suffer physically, mentally or emotionally from the very challenging situation since March 2020, with countries still battling the pandemic.

Let's salute the outstanding participation of iconic groups and properties such as **Alba Wellness & Fusion resorts** (Vietnam), **Anantara** (Asia & GCC), **Aqua Sana Center Parcs** (UK), **Banyan Tree** (Thailand), **Bloom** (Syria), **Cartesiano** (Mexico), **CIDESCO** (Belarus, France, Grand Cayman), **Corinthia** (Europe), **Dusit** (Thailand), **Euphoria Retreat** (Greece), **Fivelements** (Bali & Hong Kong), **Four Seasons** (Dubai), **Galgorm** (Ireland), **Grand Hotel Bad Ragaz** (Switzerland), **Glen Ivy Hot Springs** (CA - USA), **Edgewater Beach Resort** (FL - USA), **Jumeirah** (UAE), **Kamalaya** (Thailand), **Katikies** (Greece), **LUX Resorts** (Mauritius), **Mandara Spas** (Asia), **Oberoi** (Marrakech), **Park Hyatt** (Guangzhou), **Peninsula Hot Springs** (Australia), **Rancho La Puerta** (Mexico), **Ritz-Carlton** (Austria, Oman, Qatar), **Six Senses** (worldwide), **Taj Hotels** (worldwide), **Terme di Saturnia** (Italy), **Waldorf Astoria** (Dubai & Phoenix), **WTS International** (USA)… and so many passionate professionals in 982 cities!

"Wellness is not just a decision you take to improve your mental & physical health: it is also an act of influence to inspire those around you to become the best version of themselves," says Jean-Guy de Gabriac, founder World Wellness Weekend and international wellness advisor since 2001.

60 international professional federations, Ministers of Health, Sports and Tourism and 30 Mayors in Brazil, Dominican Republic (Punta Cana), France (Marseille), Italy (Florence, Val di Fiemme), Quebec, are supporting almost 2,000 venues and encouraging people to **LIVE** as **WELL** as possible with the anxiety caused by variants, vaccine, mask, lockdowns...

With safe, fun and free wellness activities, we aim to "make healthy easy" to **LIVE WELL WITH** each other, responsibly and respectfully, strengthening immune systems, and lifting up the mood.

Truth is, **before Covid-19 there were already 5 pandemics to address**: Insomnia & Chronic fatigue; Obesity & Diabetes; Sedentarity; Mental health & Opioids ; Chronic diseases. They have not disappeared, yet healthy lifestyle choices could save millions of lives each year.

This is why, since 2017, we promote **5 Pillars of Wellness** that can be experienced in spas, hotels, resorts, retreats, hot springs, fitness clubsn yoga studios… around the world during "Wellness Weekends": Sleep & Creativity; Nutrition & Immunity; Movement & Vitality; Mindfulness & Serenity; Sense of purpose and Solidarity.

"Wellness is a map telling you where you have been, where you are and where you are heading. Our actions today can balance the past, enrich the present and prolong the future. It's up to us to use a map wisely, if at all..."

This 5th edition of World Wellness Weekend will be a hybrid celebration. Wherever possible, outdoors or indoors (in spacious rooms with air circulating) participants will be connected by wellness, wearing a mask, respectfully 6-feet apart, or a "hockey stick apart" (as they say in Canada)!

Those less fortunate staying at home, in cities where Covid is still present, will be able to travel the world with inspiring online videos, tutorials, talks, even some immersive 360° videos.

USA

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USA

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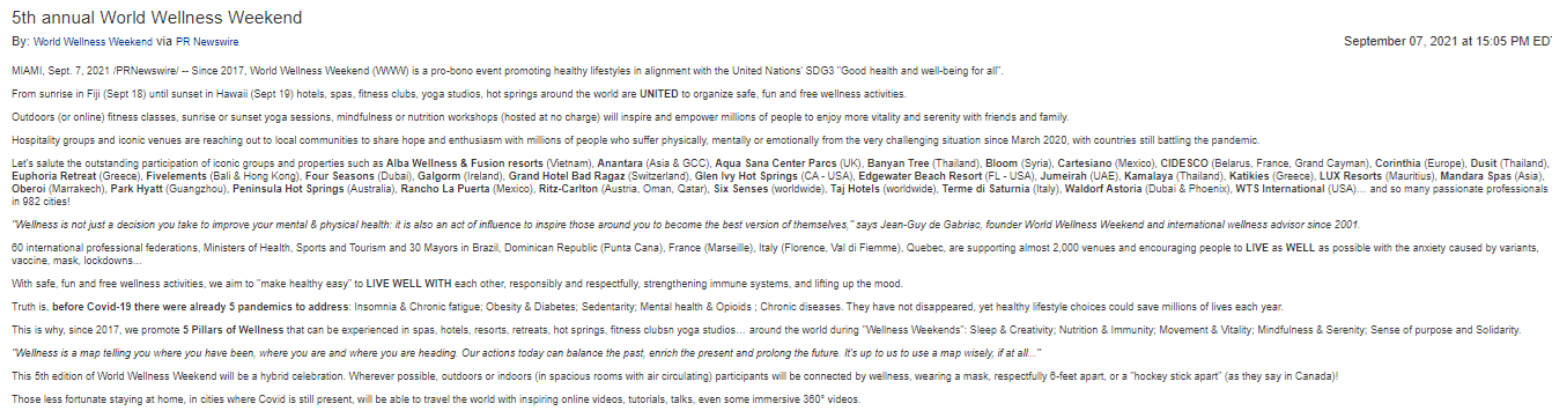

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USA

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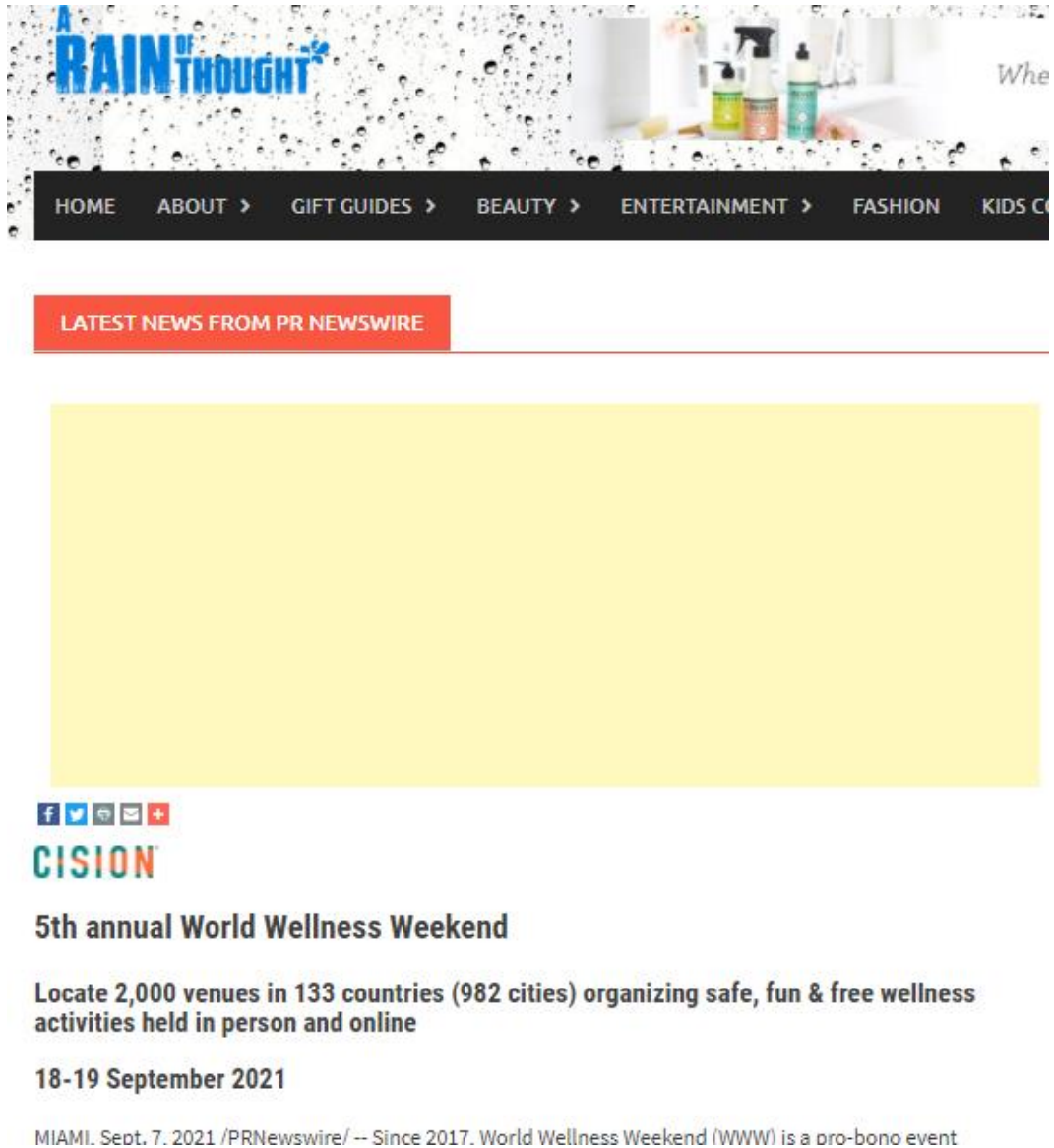

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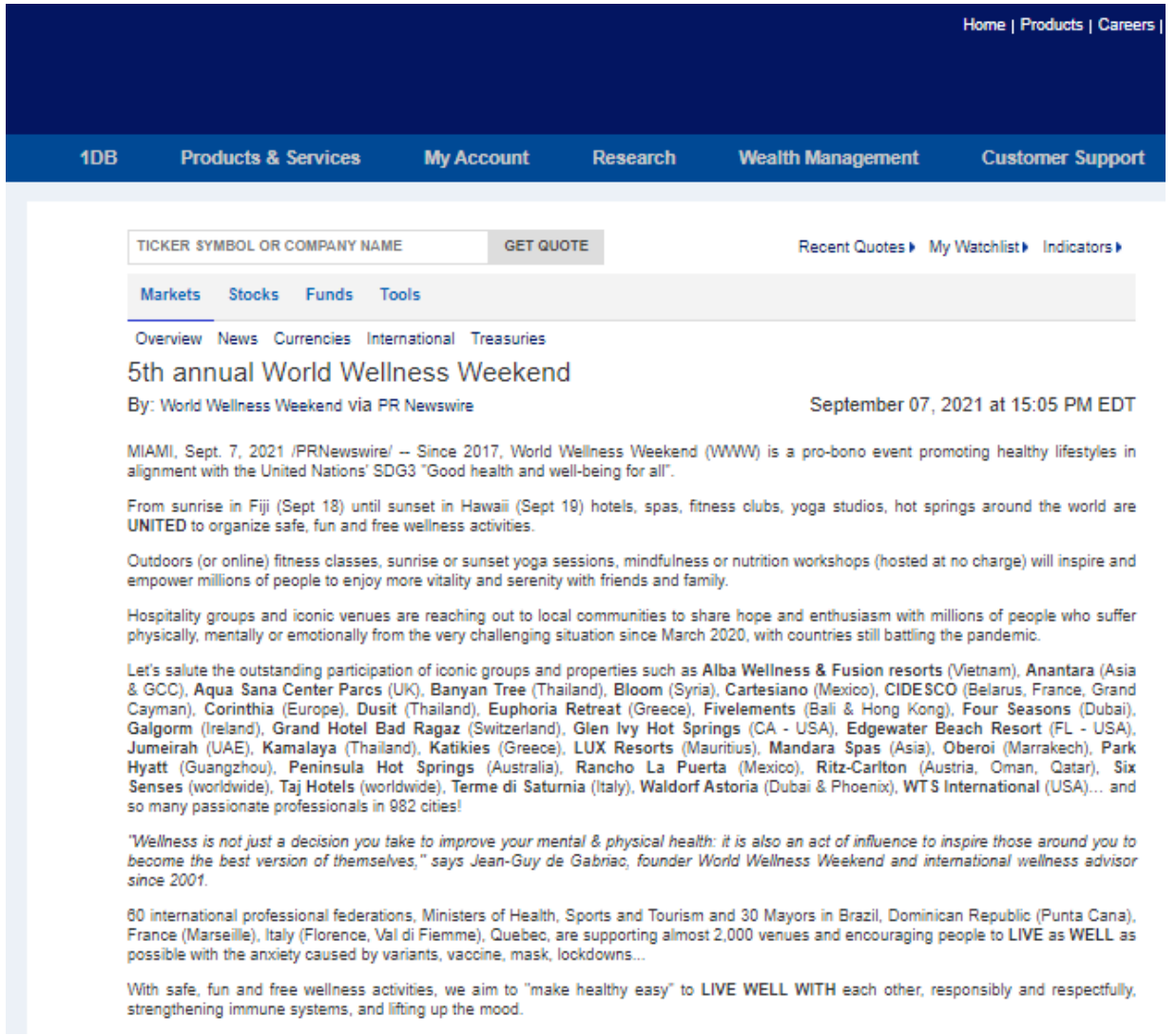

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Global

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Locate 2,000 venues in 133 countries (982 cities) organizing safe, fun & free wellness activities held in person and online

18-19 September 2021

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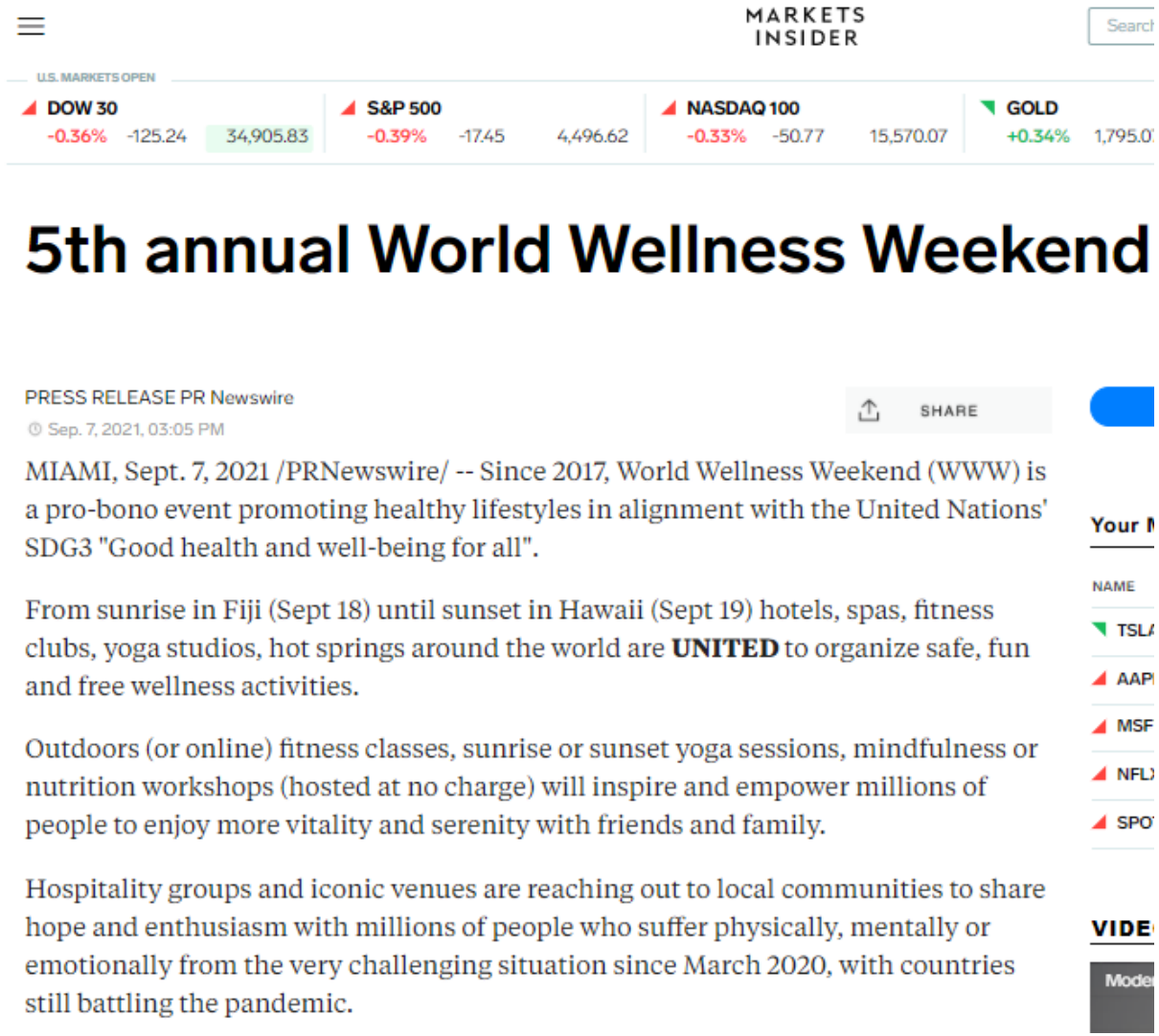

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Sep. 7, 2021, 03:05 PM

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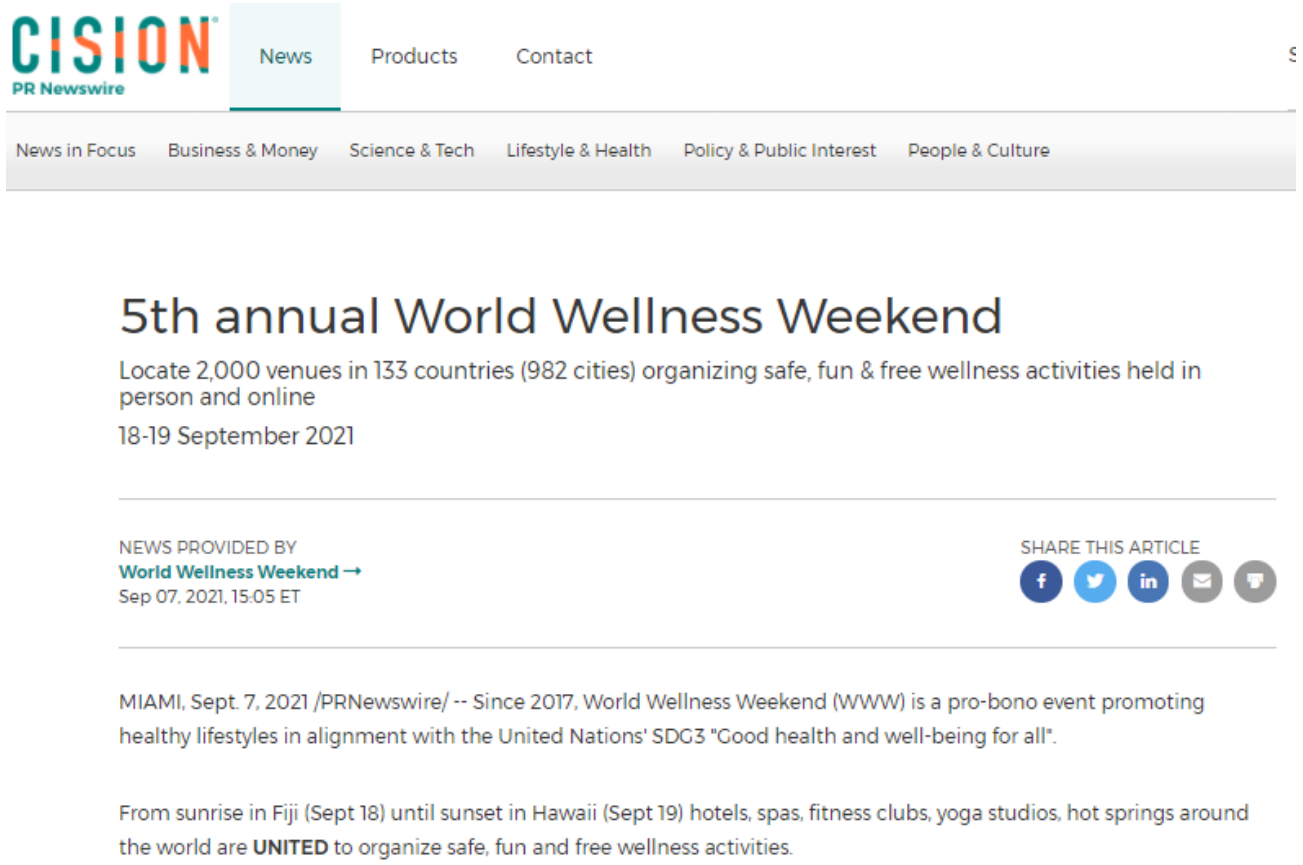

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La 5a edición del World Wellness Weekend está a la vuelta de la esquina y este año cuenta con actividades en persona y online

18 - 19 de Septiembre

MIAMI, 7 de septiembre de 2021 /PRNewswire/ -- El World Wellness Weekend este año presenta la novedad de actividades online y retomar las actividades en persona. Durante el fin de semana del 18 y 19 de este mes, miles de profesionales del deporte, el turismo, el wellness y la hostelería abrirán sus puertas al público, ofreciendo actividades gratuitas de 60 minutos, clases, talleres con el objetivo de conectar a las personas a través de actividades de bienestar, siguiendo las medidas de seguridad locales.

Este evento tiene lugar justo antes del equinoccio de otoño, y muestra la experiencia y la pasión de los profesionales del bienestar y el fitness con el apoyo y la orientación de los embajadores locales, animando a las comunidades locales a ser más activas, más a menudo, con los amigos y la familia.

En América Latina y el Caribe, los amantes del bienestar pueden participar en el evento en Argentina, Brasil, Chile, Colombia, Ecuador, México, Panamá, Perú, República Dominicana y Venezuela.

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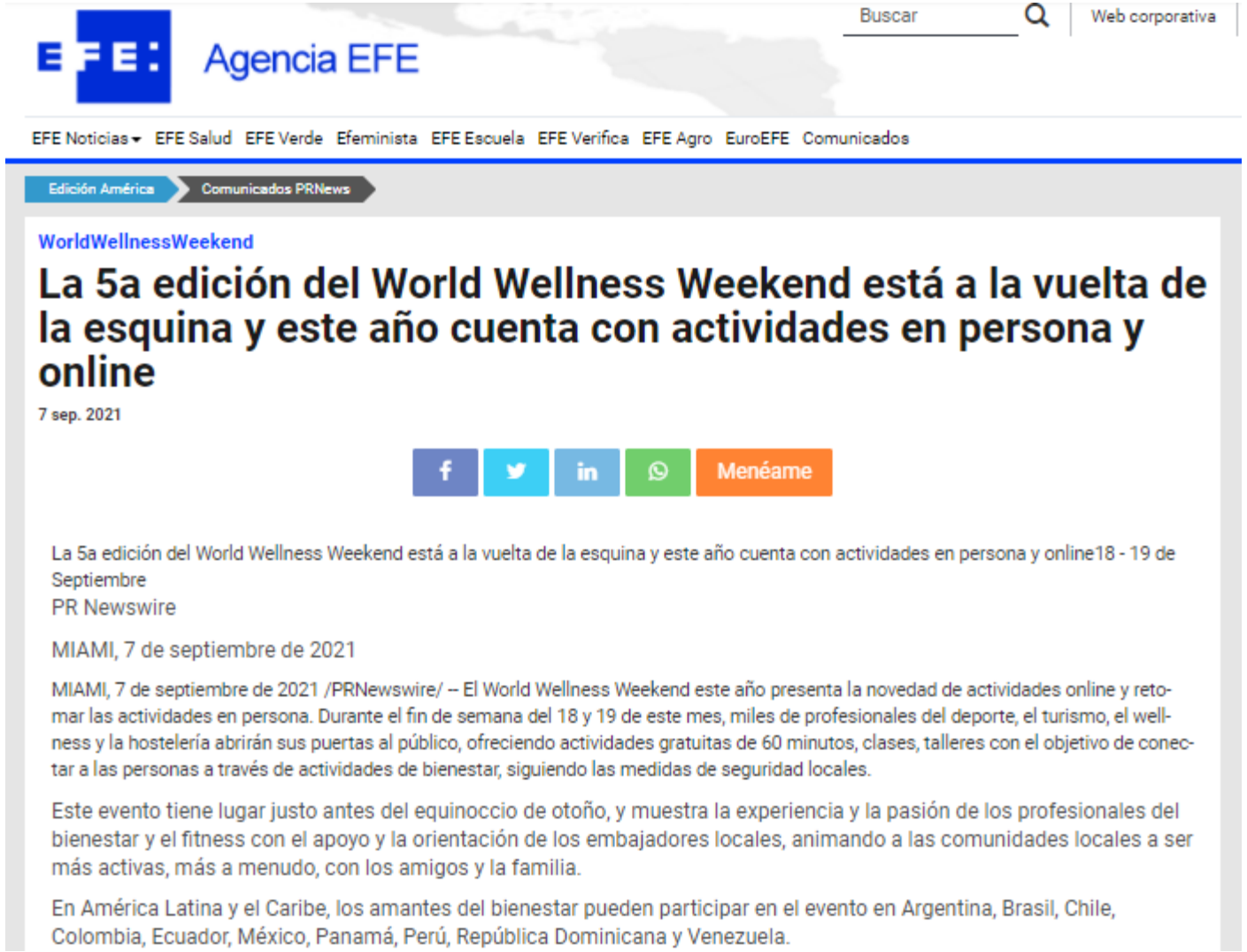
https://www.efe.com/efe/america/comunicados-prnews/la-5a-edicion-del-world-wellness-weekend-esta-a-vuelta-de-esquina-y-este-ano-cuenta-con-actividades-en-persona/50001355-MULTIMEDIAE_4624532



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La 5a edición del World Wellness Weekend está a la vuelta de la esquina y este año cuenta con actividades en persona y online

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PR Newswire

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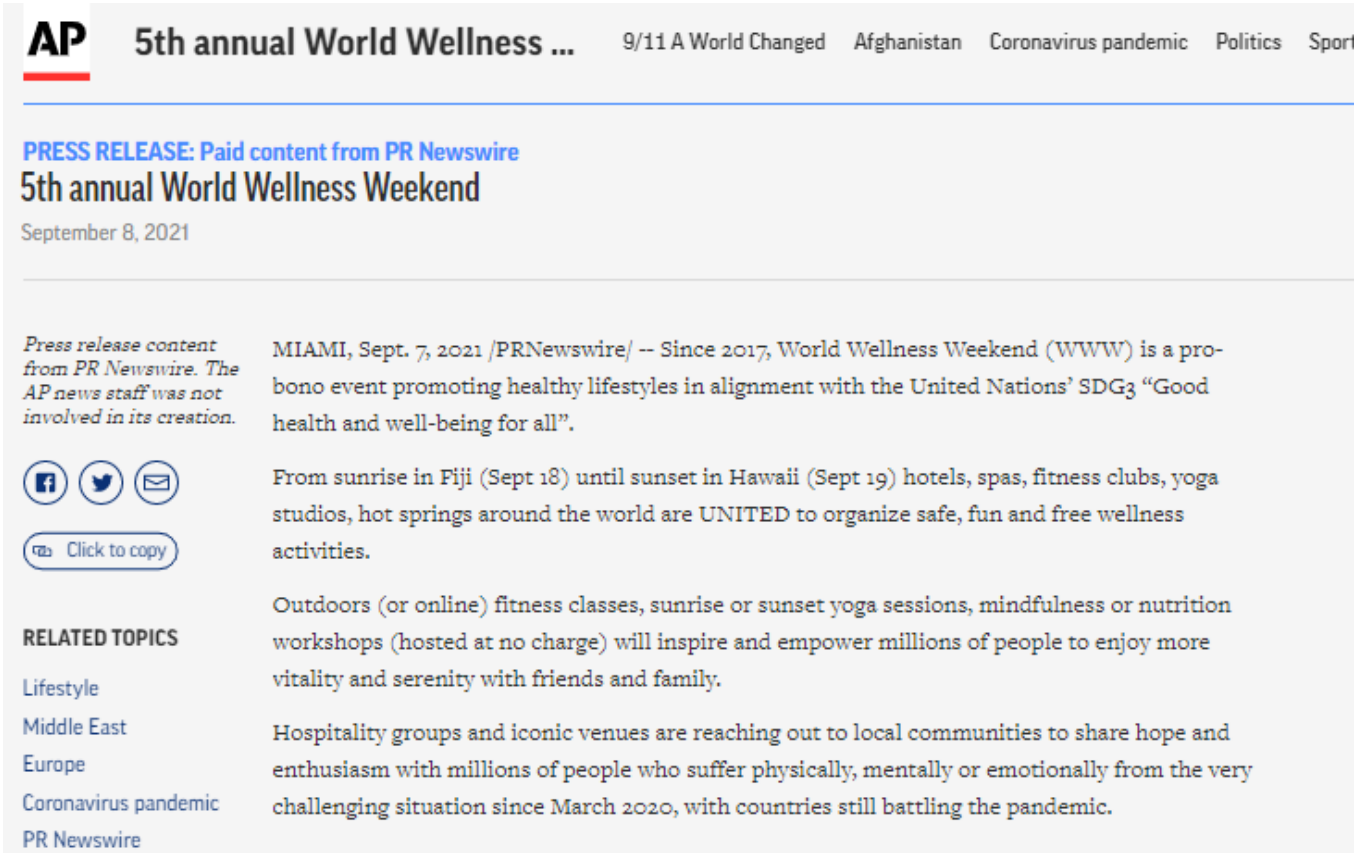

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5th annual World Wellness Weekend

September 8, 2021

Press release content from PR Newswire. The AP news staff was not involved in its creation.

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MIAMI, Sept. 7, 2021 /PRNewswire/ -- Since 2017, World Wellness Weekend (WWW) is a pro-bono event promoting healthy lifestyles in alignment with the United Nations' SDG3 "Good health and well-being for all".

From sunrise in Fiji (Sept 18) until sunset in Hawaii (Sept 19) hotels, spas, fitness clubs, yoga studios, hot springs around the world are UNITED to organize safe, fun and free wellness activities.

Outdoors (or online) fitness classes, sunrise or sunset yoga sessions, mindfulness or nutrition workshops (hosted at no charge) will inspire and empower millions of people to enjoy more vitality and serenity with friends and family.

Hospitality groups and iconic venues are reaching out to local communities to share hope and enthusiasm with millions of people who suffer physically, mentally or emotionally from the very challenging situation since March 2020, with countries still battling the pandemic.

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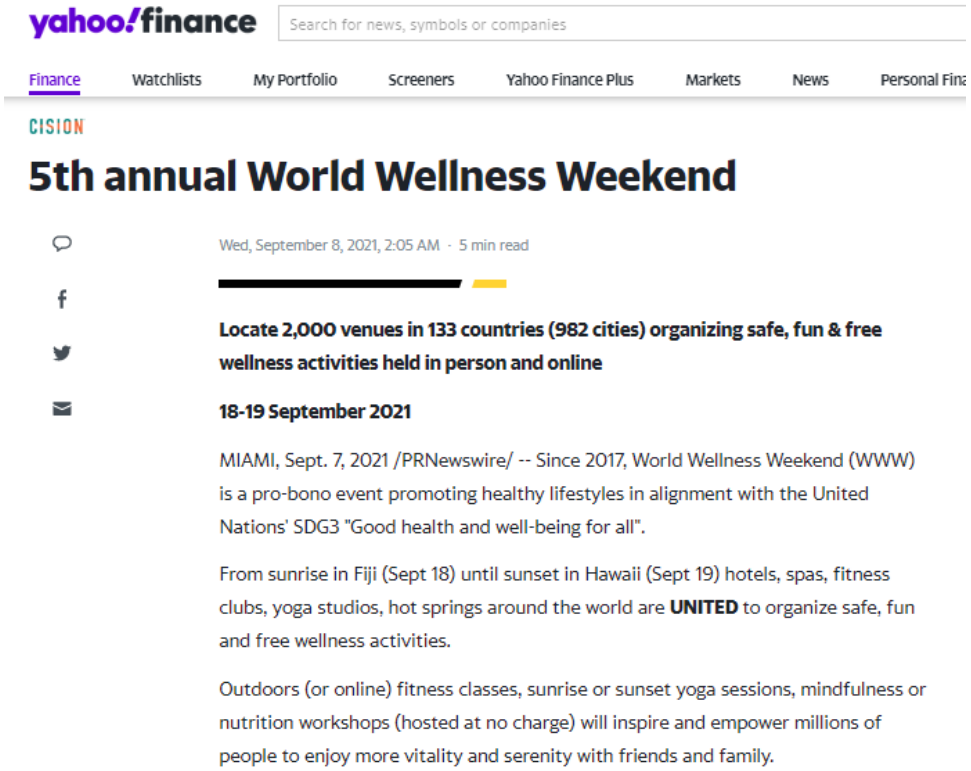

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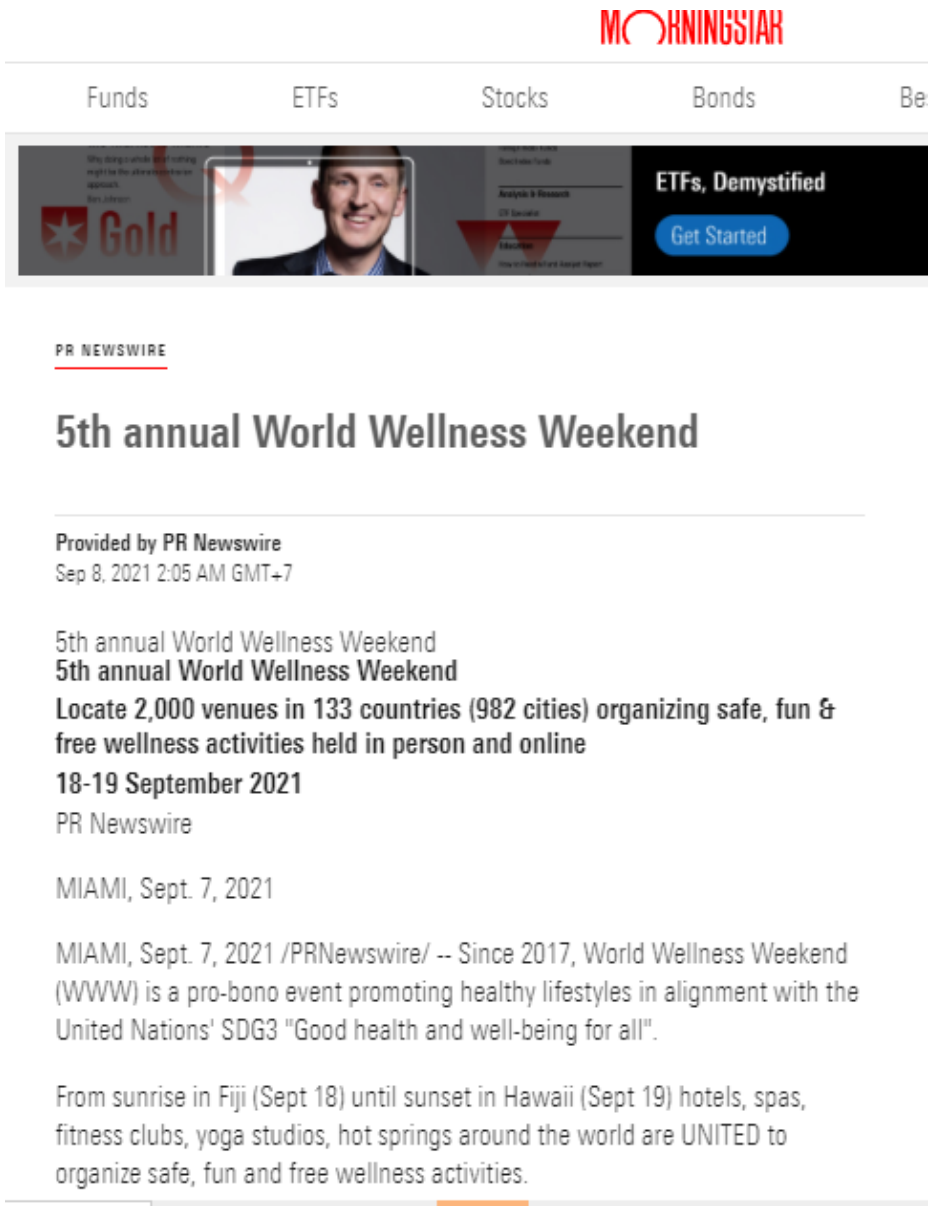

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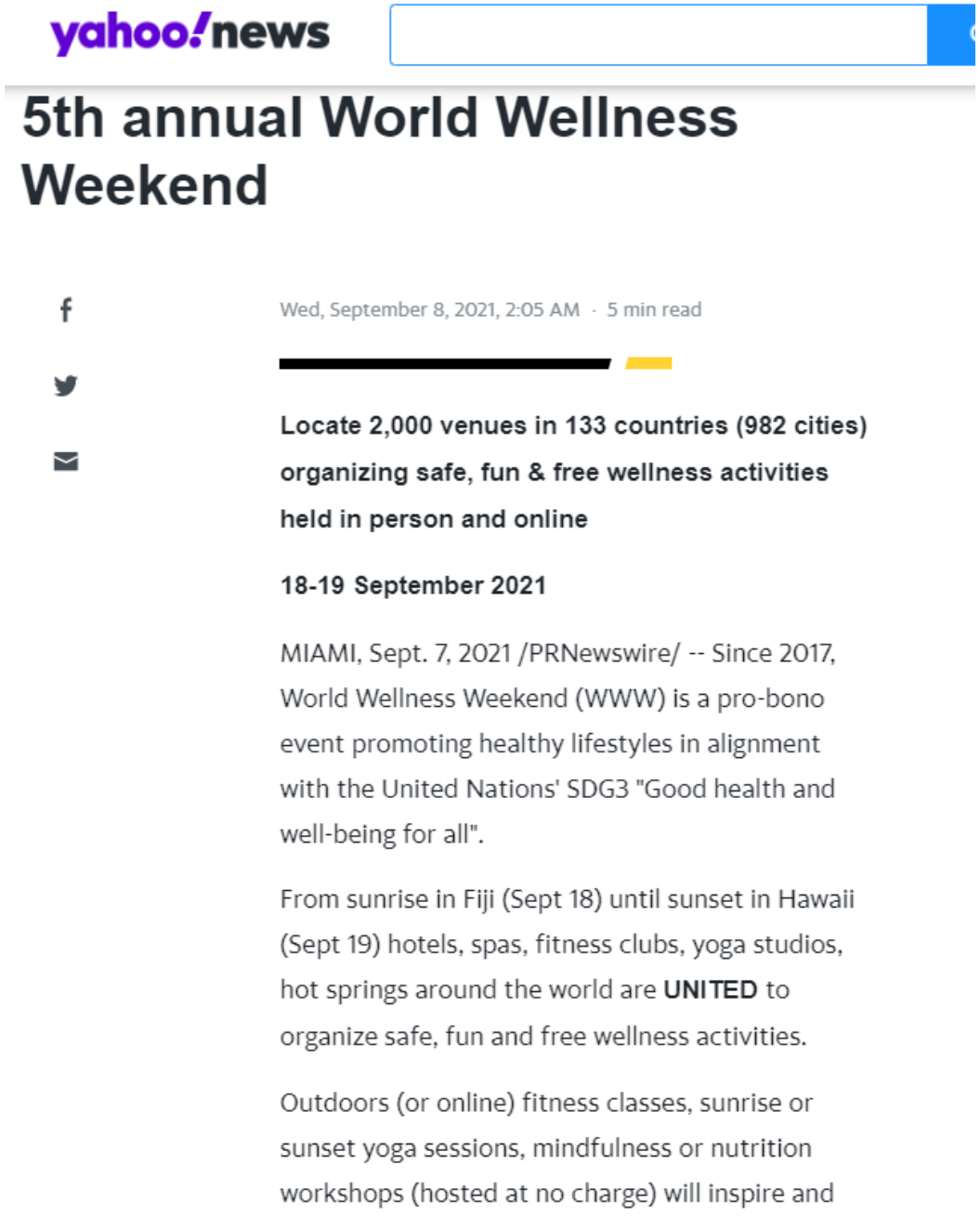

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5th annual World Wellness Weekend

Wed, September 8, 2021, 2:05 AM · 5 min read

Locate 2,000 venues in 133 countries (982 cities) organizing safe, fun & free wellness activities held in person and online

18-19 September 2021

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https://marketersmedia.com/immunocologie-celebrates-world-wellness-weekend-with-virtual-spa-party/89045193

Immunocologie Celebrates World Wellness Weekend With Virtual Spa Party.

Share This Press Release

Celebrate World Wellness Weekend on Sunday, September 19th. In partnership with World Wellness Weekend, Immunocologie, a clean, healthy, immune-centric, lifestyle skincare brand, is hosting a free 90-minute spa party. Experts will focus on the Five Pillars of Wellness helping participants discover how to live well.

New York, United States - September 12, 2021 /PressCable/ —

The free Zoom Spa Party will educate participants about the importance of whole-body health.

New York, NY September 12, 2021: In partnership with World Wellness Weekend, Immunocologie, a clean, healthy, immune-centric, lifestyle skincare brand, is hosting a 90-minute interactive spa party on Sunday, September 19 at 11 am EST to emphasize the five pillars of wellness and help participants discover how to integrate wellness into their everyday lives.

Immunocologie was founded in 2013 by Karen Ballou after she successfully battled Hodgkin's Lymphoma. Recovering from the ravages of chemotherapy, Karen desired a natural and nourishing skincare line to help her feel her best self and wanted to provide others with the same self-care routine. Immunocologie's plant- and mineral-based products are crafted from ethically sourced,



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Immunocologie Celebrates World Wellness Weekend With Virtual Spa Party.

By Marketers Media Published September 12, 2021

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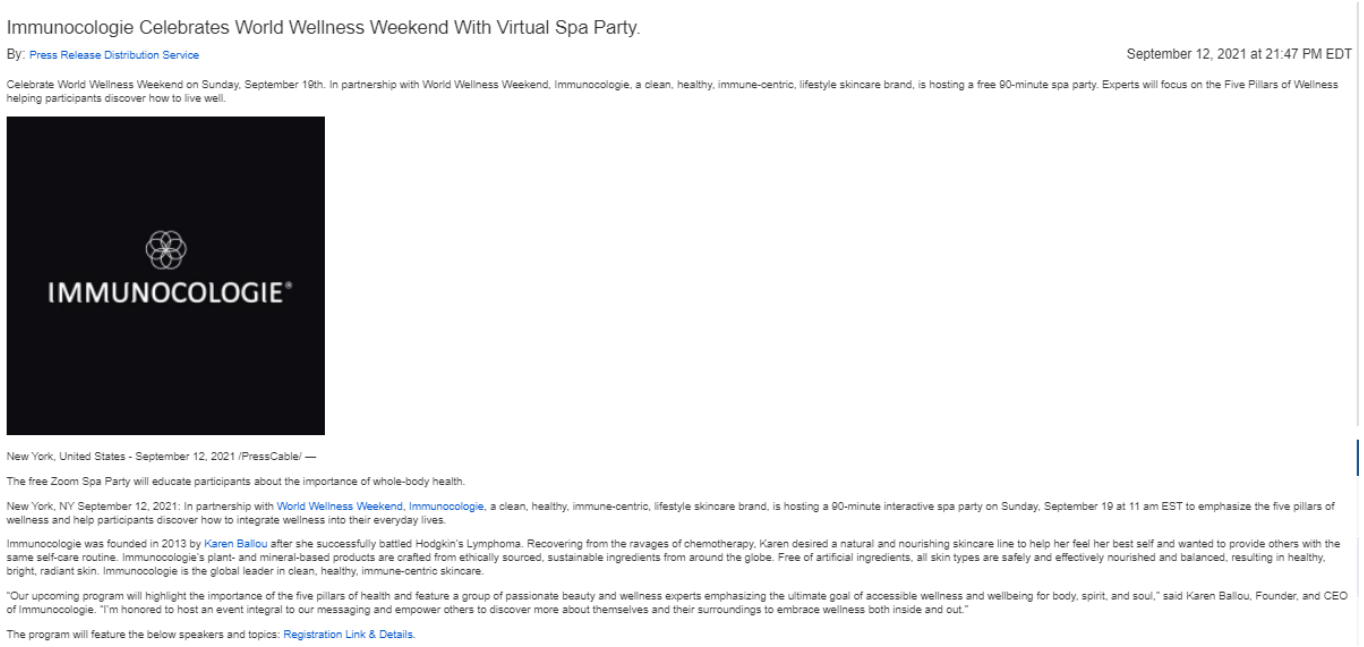
http://business.poteaudailynews.com/poteaudailynews/news/read/41795950/immunocologie_celebrates_world_wellness_weekend_with_virtual_spa_party.



Immunocologie Celebrates World Wellness Weekend With Virtual Spa Party.

By: Press Release Distribution Service

September 12, 2021 at 21:47 PM EDT

Celebrate World Wellness Weekend on Sunday, September 19th. In partnership with World Wellness Weekend, Immunocologie, a clean, healthy, immune-centric, lifestyle skincare brand, is hosting a free 90-minute spa party. Experts will focus on the Five Pillars of Wellness helping participants discover how to live well.

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"Our upcoming program will highlight the importance of the five pillars of health and feature a group of passionate beauty and wellness experts emphasizing the ultimate goal of accessible wellness and wellbeing for body, spirit, and soul," said Karen Ballou, Founder, and CEO of Immunocologie. "I'm honored to host an event integral to our messaging and empower others to discover more about themselves and their surroundings to embrace wellness both inside and out."

The program will feature the below speakers and topics: Registration Link & Details.

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12 September 2021

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SKINCARE

You are invited to our Live Zoom Spa Party Sunday, September 19th!

Join us Sunday, September 19th at 11 am EST as we celebrate World Wellness Weekend

In partnership with World Wellness Weekend, Immunocologie, a clean, healthy, immune-centric, lifestyle skincare brand, is hosting a free 90-minute spa party on **Sunday, September 19th at 11 am EST.** Each expert will be focusing on **World Wellness Weekend's Five Pillars of Wellness** and help participants discover how to integrate wellness into their everyday lives.

Virtual Spa Party

"This program will highlight the importance of the five pillars of health and feature a group of passionate wellness experts emphasizing the ultimate goal of accessible wellness and wellbeing for body, spirit, and soul," said Karen Ballou, Founder, and CEO of Immunocologie. "I'm honored to host an event integral to our core brand immune and health and empower others to discover more about themselves and their surroundings to embrace wellness both inside and out.

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https://essexnewsdaily.com/news/southorange/101277



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World's largest wellness event comes to Maplewood

By Editor on September 12, 2021 · Comments Off

MAPLEWOOD, NJ — On Sunday, Sept. 19, Maplewood will be host to one of the thousands of events in more than 120 countries around the world celebrating World Wellness Weekend. After being held virtually in 2020, Maplewood Meditate is back for its sixth year at Maplewood Memorial Park's Amphitheater at the corner of Oakview Avenue and Dunnell Road.

Attendees will be guided by meditation teacher and Maplewood resident Anne Sussman and South Orange resident Shirley Matthews will close the event with a sound bath. Maplewood Meditates is a free, family-friendly, community event and no previous meditation experience is required. Attendees will be socially distanced, but families can sit together.

Maplewood Meditates is sponsored by the Maplewood Health Department. Register online at https://www.facebook.com/maplewoodmeditates/. Attendees should bring blankets, chairs

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15 September 2021

https://sustainhealth.fit/lifestyle/world-wellness-weekend/



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https://www.worldstockmarket.net/world-wellness-weekend-val-di-fiemme-becomes-the-cradle-of-well-being-what-to-do-from-17-to-19-september/



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16 September 2021

https://www.jamesmagazine.it/news/pasta-benessere-al-world-wellness-weekend-val-fiemme/



JAMES MAGAZINE

CHAMPAGNE FRANCIACORTA WINE FOOD TRAVEL

PASTA E BENESSERE AL WORLD WELLNESS WEEKEND IN VAL DI FIEMME

Settembre 16, 2021 / Redazione James / Food / News / Travel / Wellness

La pasta fa bene. Lo spiegherà dettagliatamente lo chef stellato **Alessandro Gilmozzi** del ristorante El Molin di Cavalese tra i relatori del primo **Dolomites Well-being Summit** organizzato il 17 settembre in occasione del **World Wellness Weekend** in **Val di Fiemme** (ore 15.30, Casa Starpool, Ziano di Fiemme).

La valle trentina è la prima e unica al mondo a partecipare all'appuntamento internazionale che nel prossimo fine settimana, dal **17 al 19 settembre**, celebrerà il benessere come stile di vita in oltre120 Paesi. Tante le attività in programma, tra cui non

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17 September 2021

https://welldefined.com/celebrate-the-5th-annual-world-wellness-weekend-with-a-host-of-complimentary-offerings/



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PARIS, FRANCE, September 17, 2021 /EINPresswire.com/ -- World Wellness Weekend is ready to welcome wellness enthusiasts and weekenders to its dedicated global programme taking place just before the equinox. During that weekend, 2,250 wellness,

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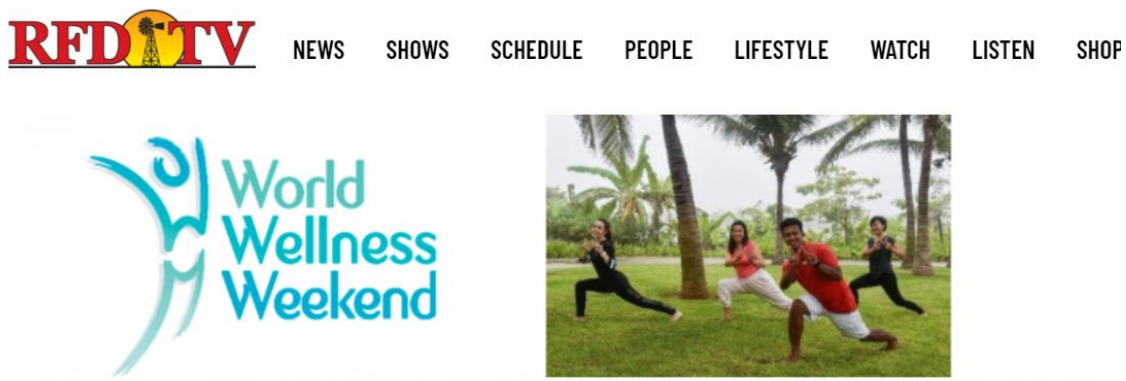

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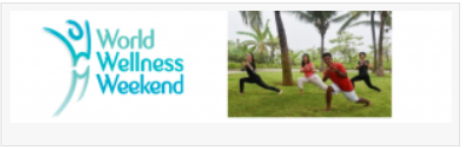

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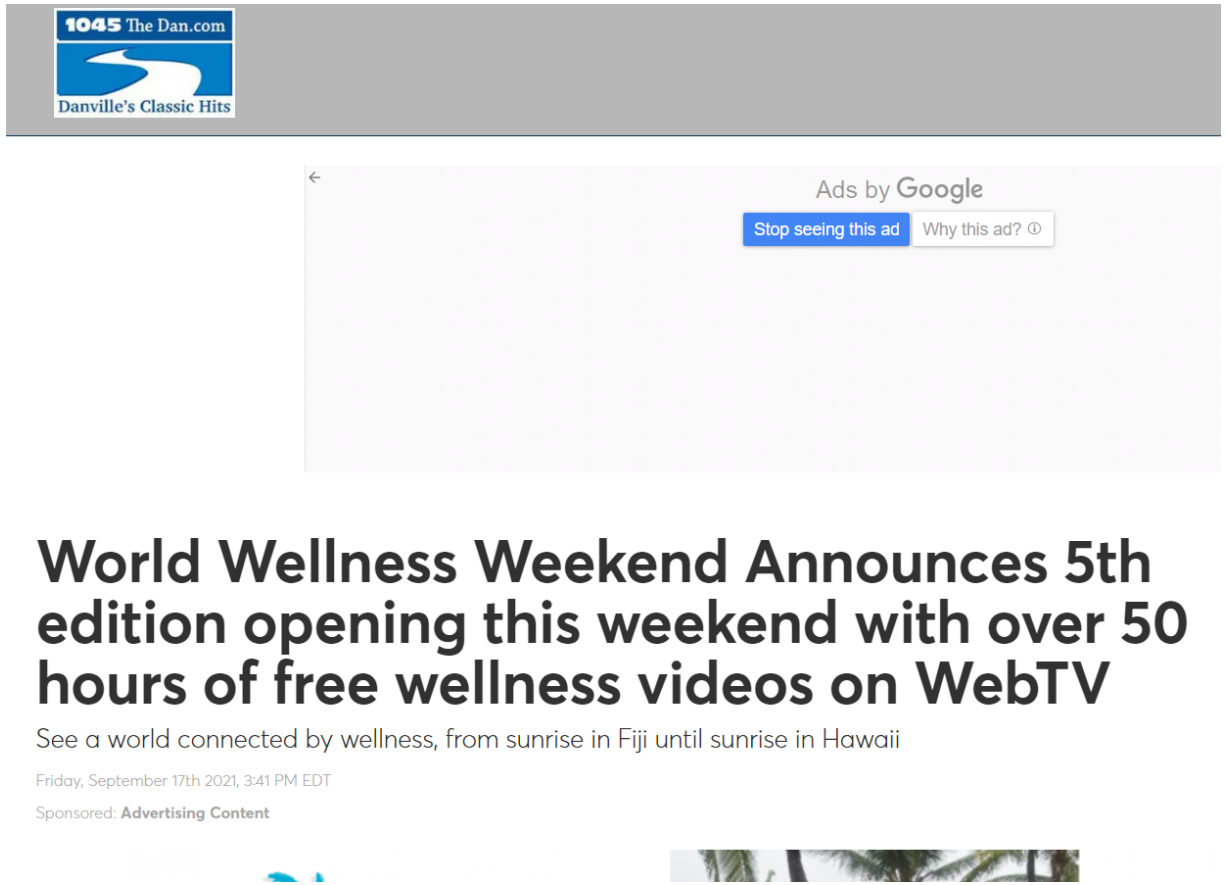

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World Wellness Weekend Announces 5th edition opening this weekend with over 50 hours of free wellness videos on WebTV

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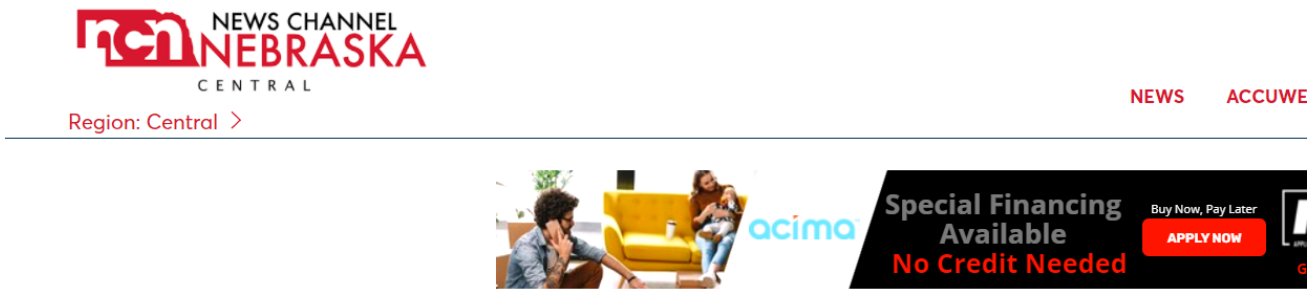

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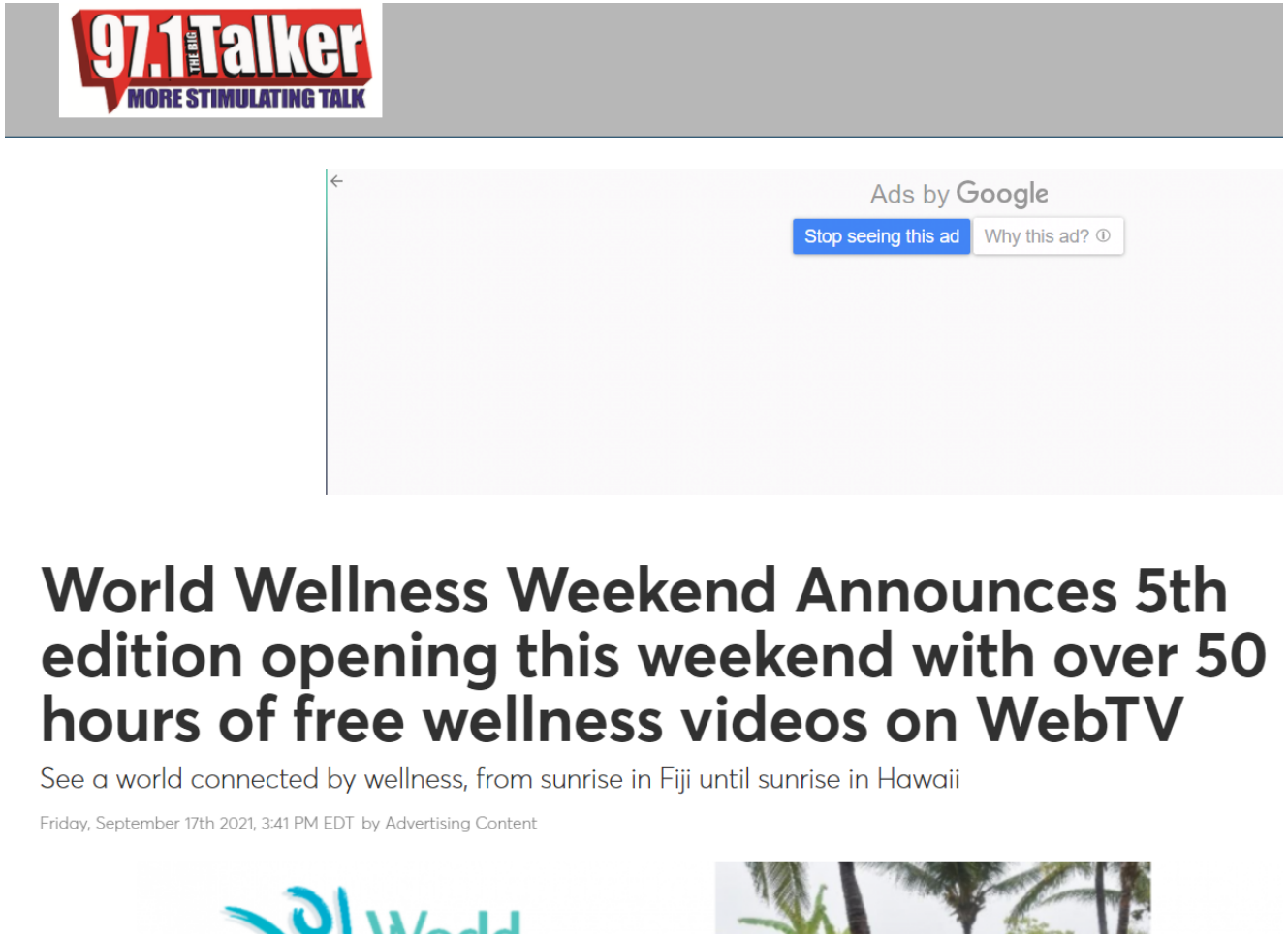

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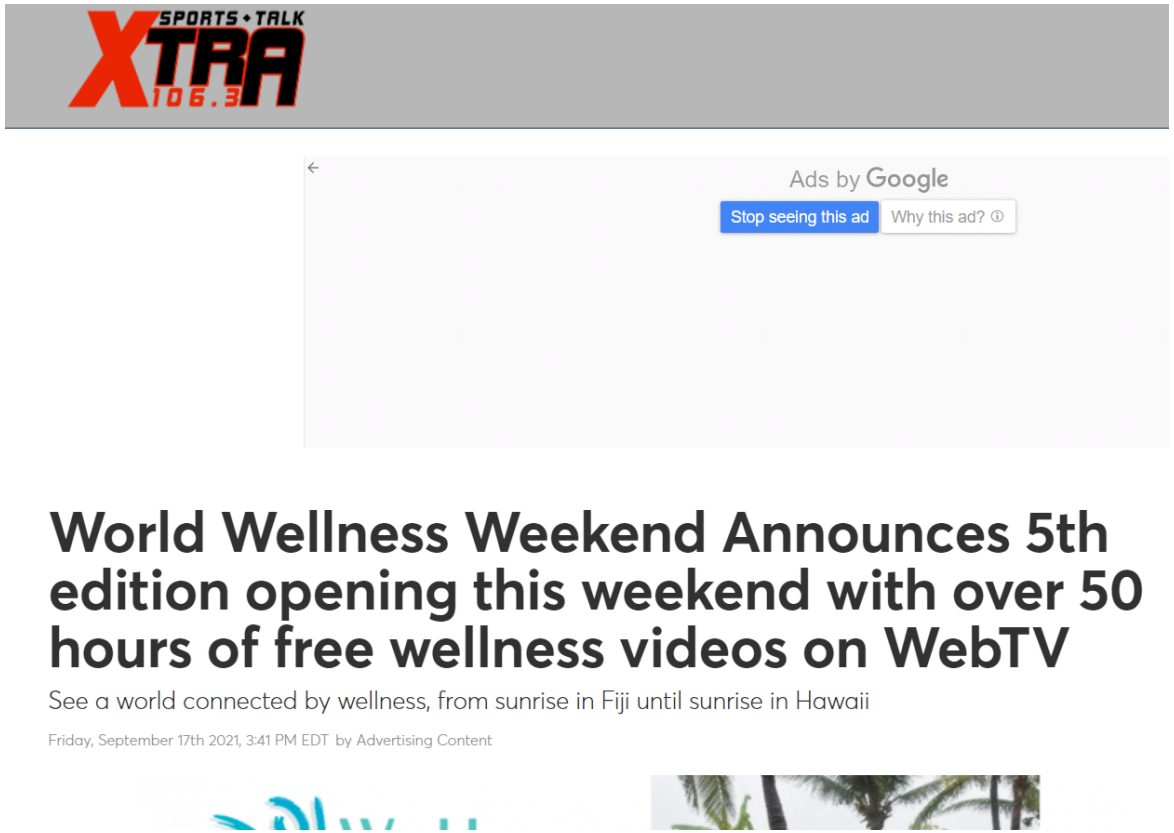

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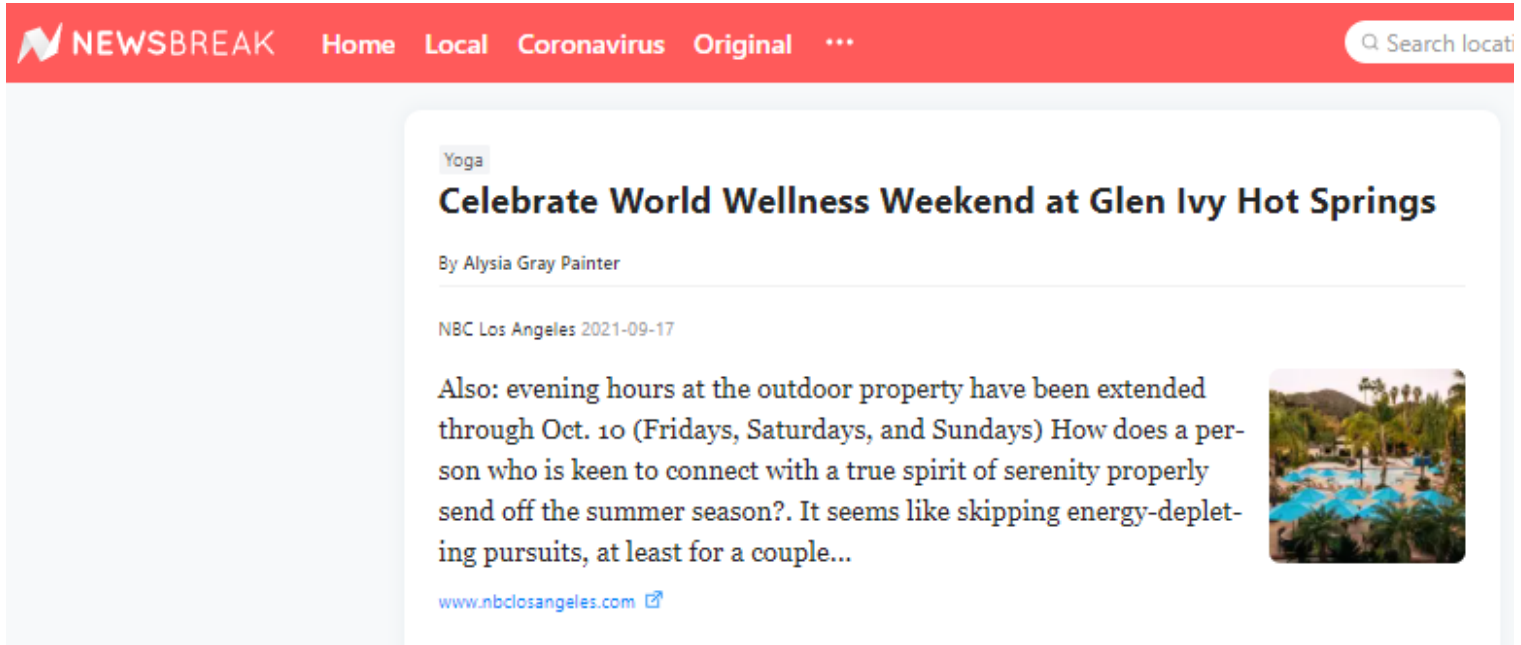

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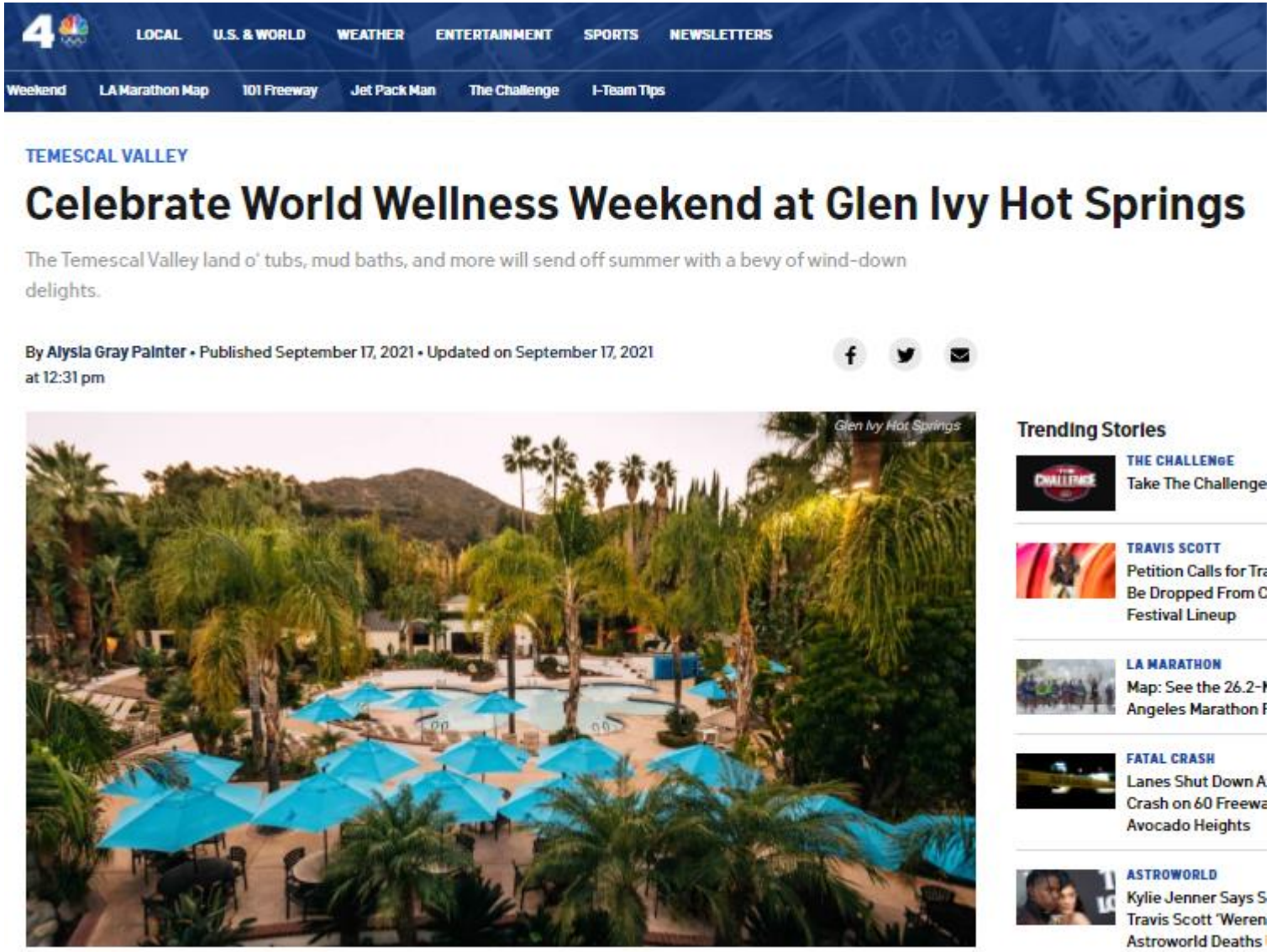

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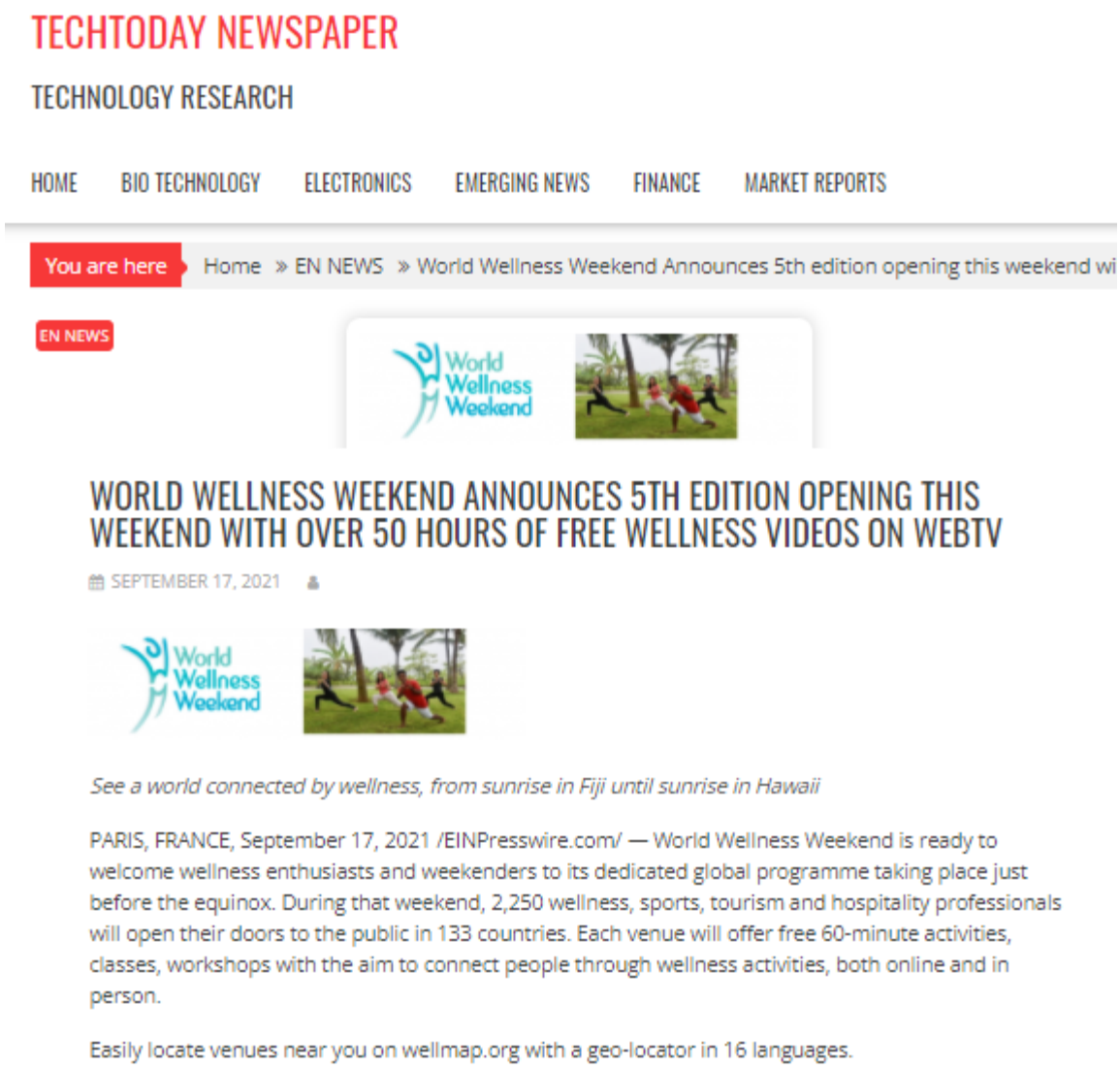

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WORLD WELLNESS WEEKEND ANNOUNCES 5TH EDITION OPENING THIS WEEKEND WITH OVER 50 HOURS OF FREE WELLNESS VIDEOS ON WEBTV

SEPTEMBER 17, 2021

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PARIS, FRANCE, September 17, 2021 /EINPresswire.com/ — World Wellness Weekend is ready to welcome wellness enthusiasts and weekenders to its dedicated global programme taking place just before the equinox. During that weekend, 2,250 wellness, sports, tourism and hospitality professionals will open their doors to the public in 133 countries. Each venue will offer free 60-minute activities, classes, workshops with the aim to connect people through wellness activities, both online and in person.

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By: EIN Presswire

September 17, 2021 at 14:37 PM EDT



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Enjoy immersive 360-degree videos from the city of Angoulême (FRANCE), guided relaxation with philosopher and TED-Talk speaker Alkistis Agio (GREECE).

Join online sessions from iconic brands: Jiva Spas and Online Wellness (INDIA); Peninsula Hot Springs (AUSTRALIA) ; Be Well In Paradise, Hyatt House Naples, Immunocologie, Terranea Resort, WTS International and LifeStart (USA); Hilton Los Cabos (MEXICO); Acubalance and YogaTribes (CANADA); La Excelencia Dance and Fitness Studio (SICILY); Saxon Spa (SOUTH AFRICA); Consciencia Vitae (CHILE); Alba Wellness Valley, Deep Stretch, Reborn Fitness, Solyoga and many more (VIETNAM)...

Thanks to the World Wellness Web TV, everyone can join the programme and connect with a fellow participant, anywhere, any time, on any device. No pre-programmed playlist... Anyone decides what, when and where they want to enjoy a moment of wellness.

Topics are connected to the Five Pillars of Wellness: Sleep & Creativity, Nutrition & Immunity, Vitality & Movement, Serenity & Mindfulness, Purpose & Solidarity.

It is so easy to connect to the World Wellness Weekend Web TV on wellmap.org

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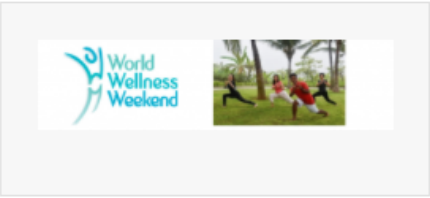

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Click on these links to access directly the full program with description, language, duration and LINKS to connect anytime, anywhere on any device:
Check the list of Wellness videos accessible ANYTIME
Check the list of more videos accessible only on SATURDAY 18 September 2021
Check the list of more videos accessible only on SUNDAY 19 September 2021

More about World Wellness Weekend:
Since its launch in 2017, the programme is active in Europe, USA, Asia and the Americas. World Wellness Week is supported by more than 60 Federations around the world, aiming to deliver top-quality wellness experience
UNITED NATIONS' SDG 3 "Good Health & Well-being for All".

The event takes place each autumn just before the September Equinox showcasing the expertise and passion of wellness and fitness professionals with the support and guidance of the local ambassadors, encouraging loc

Despite the Covid-19 related difficulties, the World Wellness Weekend programme is growing steadily with more and more participants, welcoming more international members thanks to its online programme. Last year, the
more about our wellbeing and driving us to take action.

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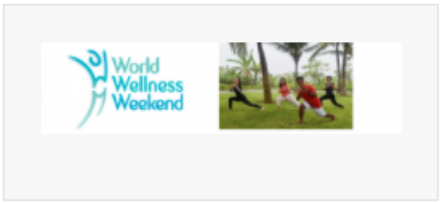

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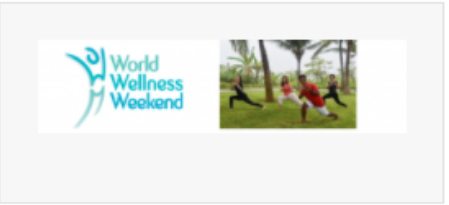

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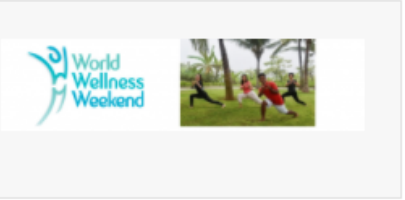

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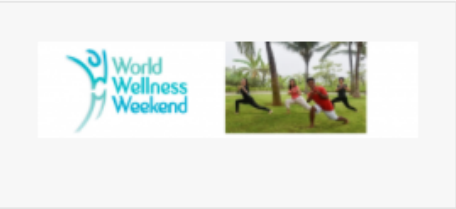

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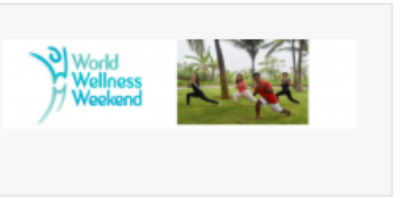

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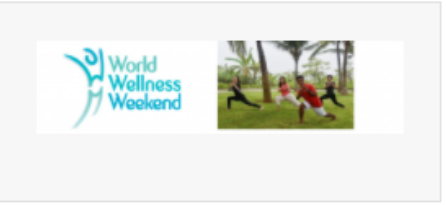

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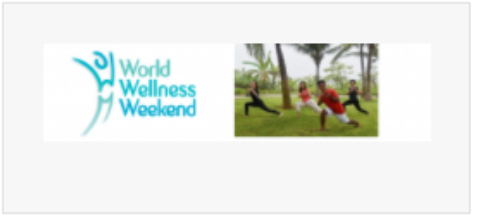

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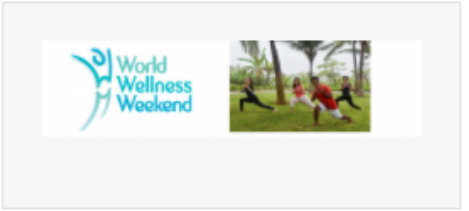

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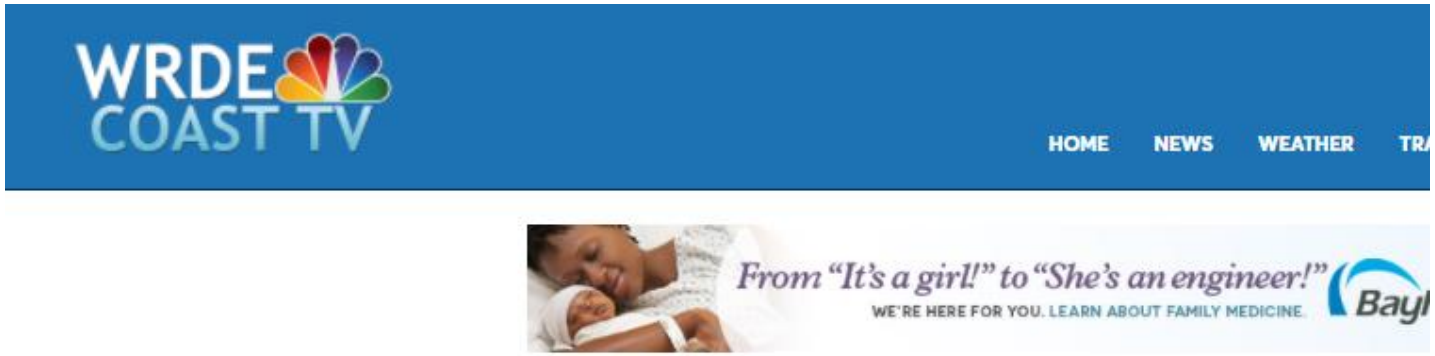

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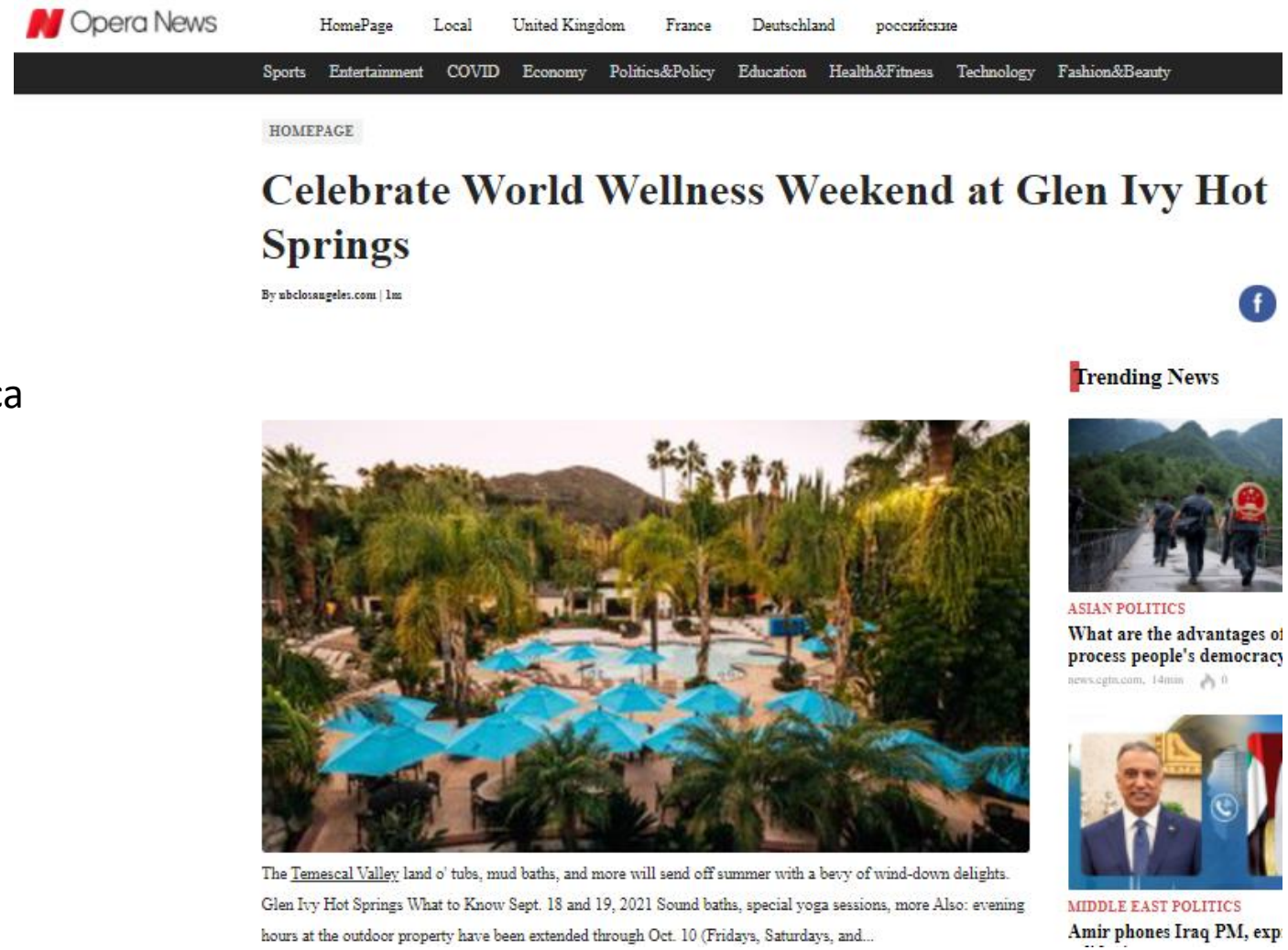

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Celebrate World Wellness Weekend at Glen Ivy Hot Springs

By ubclosangeles.com | 1m

The Temescal Valley land o' tubs, mud baths, and more will send off summer with a bevy of wind-down delights. Glen Ivy Hot Springs What to Know Sept. 18 and 19, 2021 Sound baths, special yoga sessions, more Also: evening hours at the outdoor property have been extended through Oct. 10 (Fridays, Saturdays, and...

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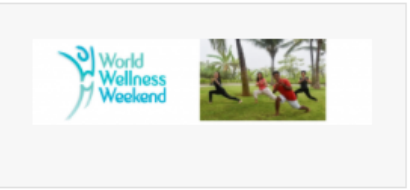

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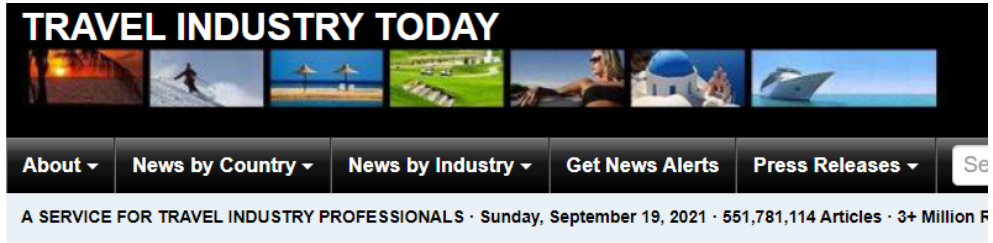

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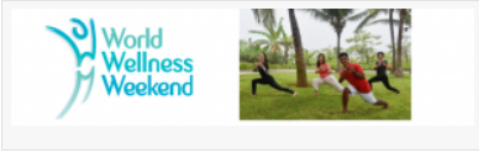

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WORLD WELLNESS WEEKEND ANNOUNCES ITS 5TH EDITION TAKING PLACE IN SEPTEMBER 2021

August 23, 2021

18 - 19 September 2021 - See a world connected by wellness, from sunrise in Fiji until sunrise in Hawaii, in person and online

PARIS, FRANCE, August 23, 2021 /EINPresswire.com/ -- Celebrating its fifth edition, the World Wellness Weekend is ready to welcome wellness seekers and lovers to its dedicated global pro-bono event taking place on the 18th and 19th September. During that weekend, thousands of wellness, sports, tourism and hospitality professionals will open their doors to the public, offering free 60-minute activities, classes, workshops with the aim to connect people through wellness activities, following the local safety measures.

Since its launch in 2017, the programme is active in Europe, USA, Asia and the Americas. World Wellness Week is supported by more than 60 professional Federations around the world, supporting its efforts for growth. Aiming to deliver top-quality experiences, the World Wellness Weekend is committed to connecting communities across borders. The event takes place each autumn just before the September Equinox showcasing the expertise and passion of wellness and fitness professionals with the support and guidance of the local ambassadors, encouraging local communities to be more active, more often, with friends and family.

> **"There is no nobler mission in life than to encourage each & everyone to become the best version of themselves. It is time that we learn to LIVE WELL with the current situation, and with each other"**

Despite the Covid-19 related difficulties, the World Wellness Weekend is growing steadily with more and more participants. Last year, the imposing quarantine and lockdown measures around the world created a shift in our mentalities, making us think more about our wellbeing and driving us to take

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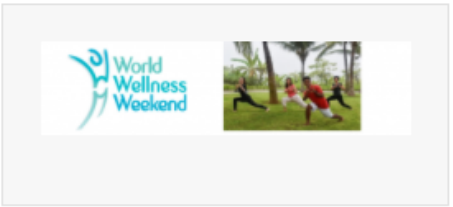

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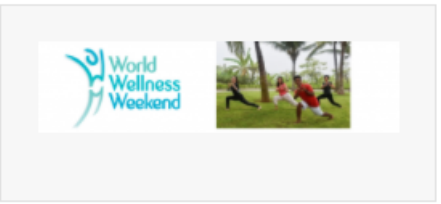

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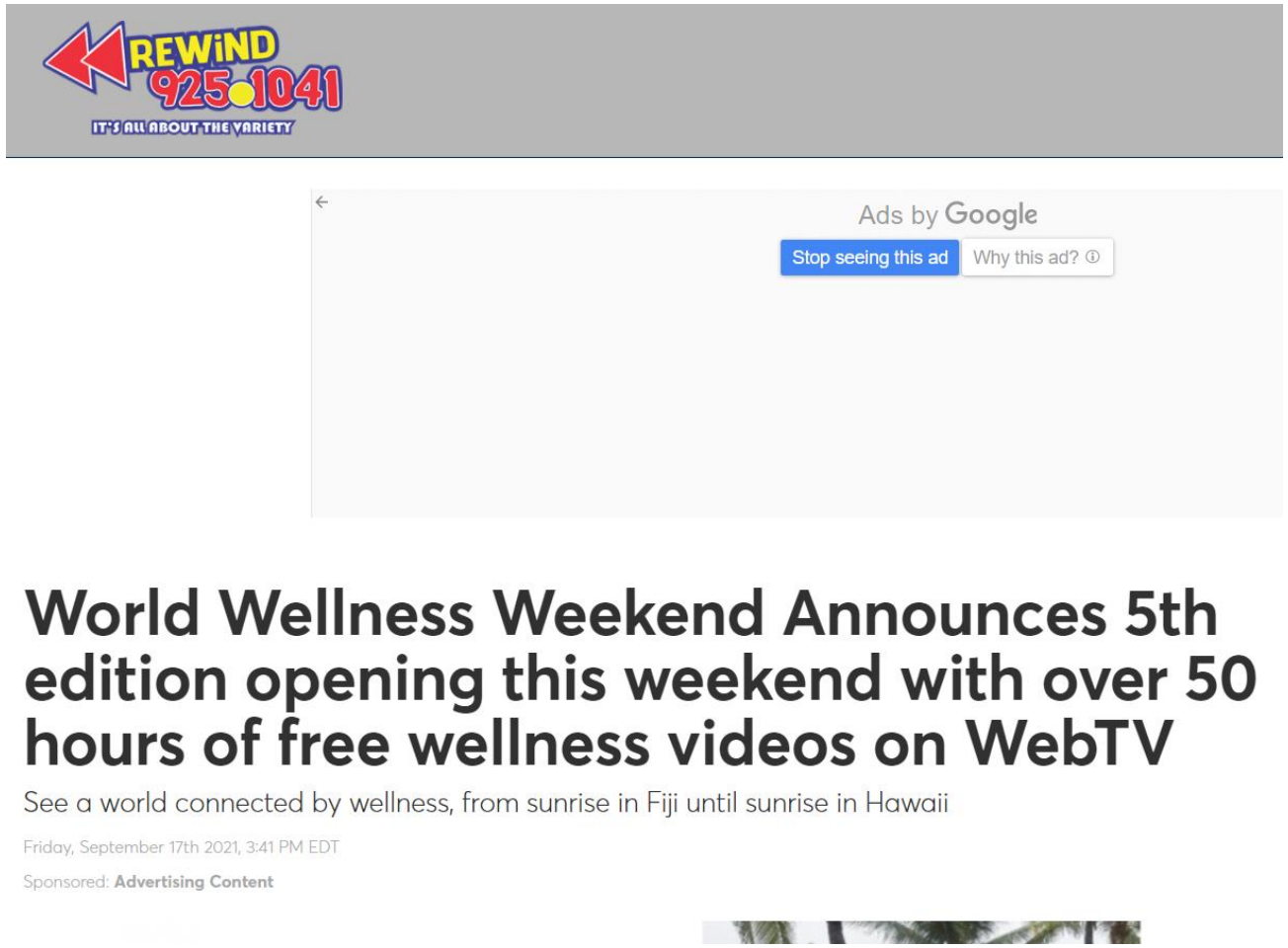

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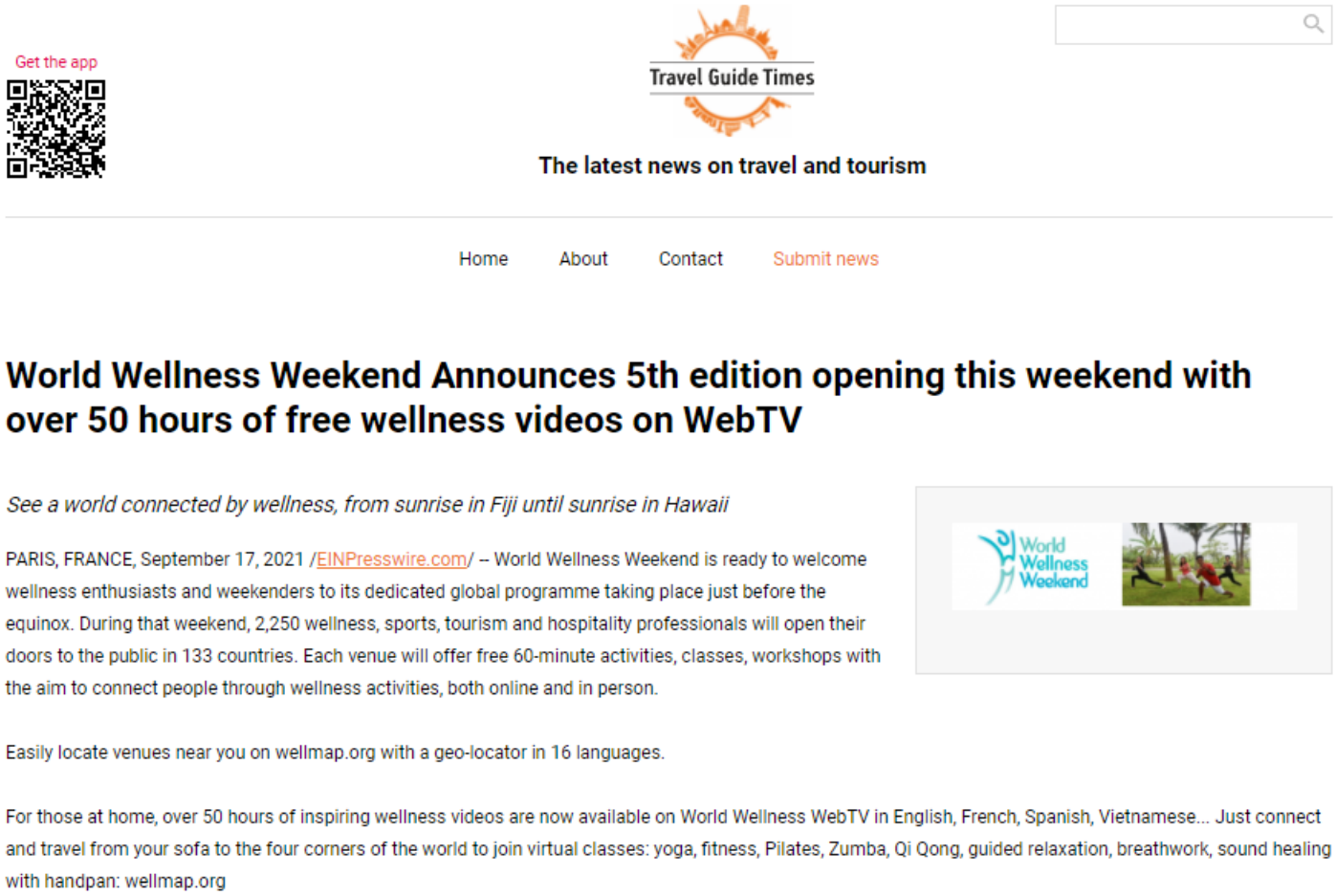

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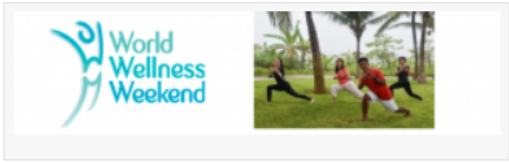

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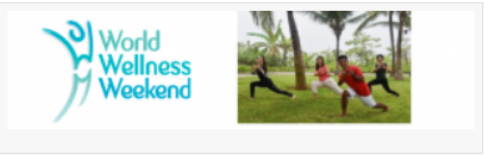

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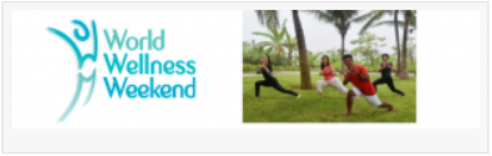

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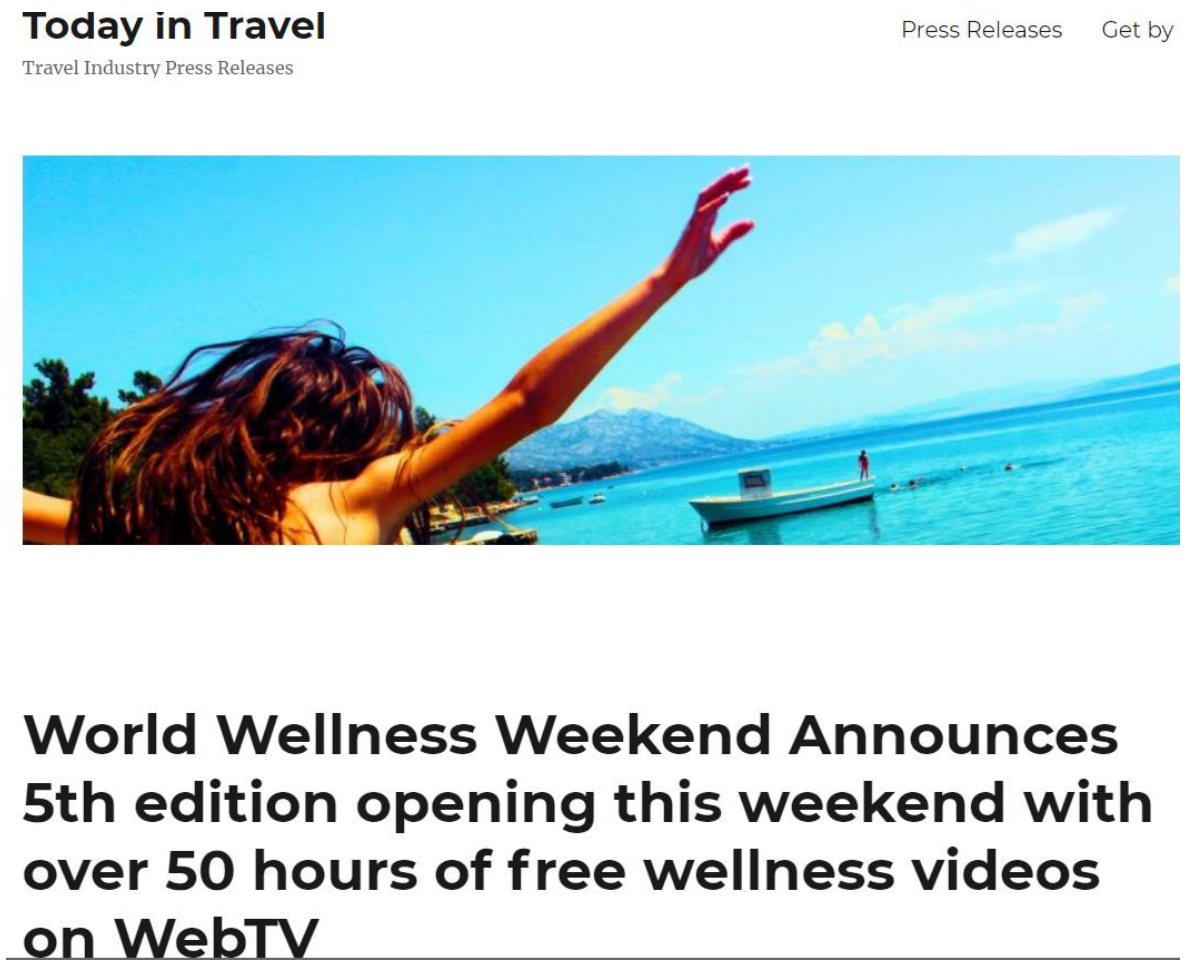

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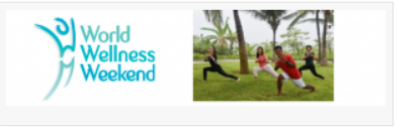

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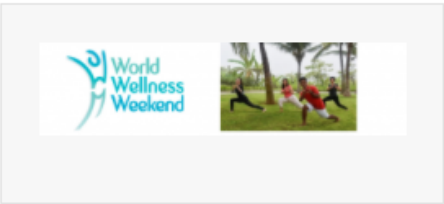

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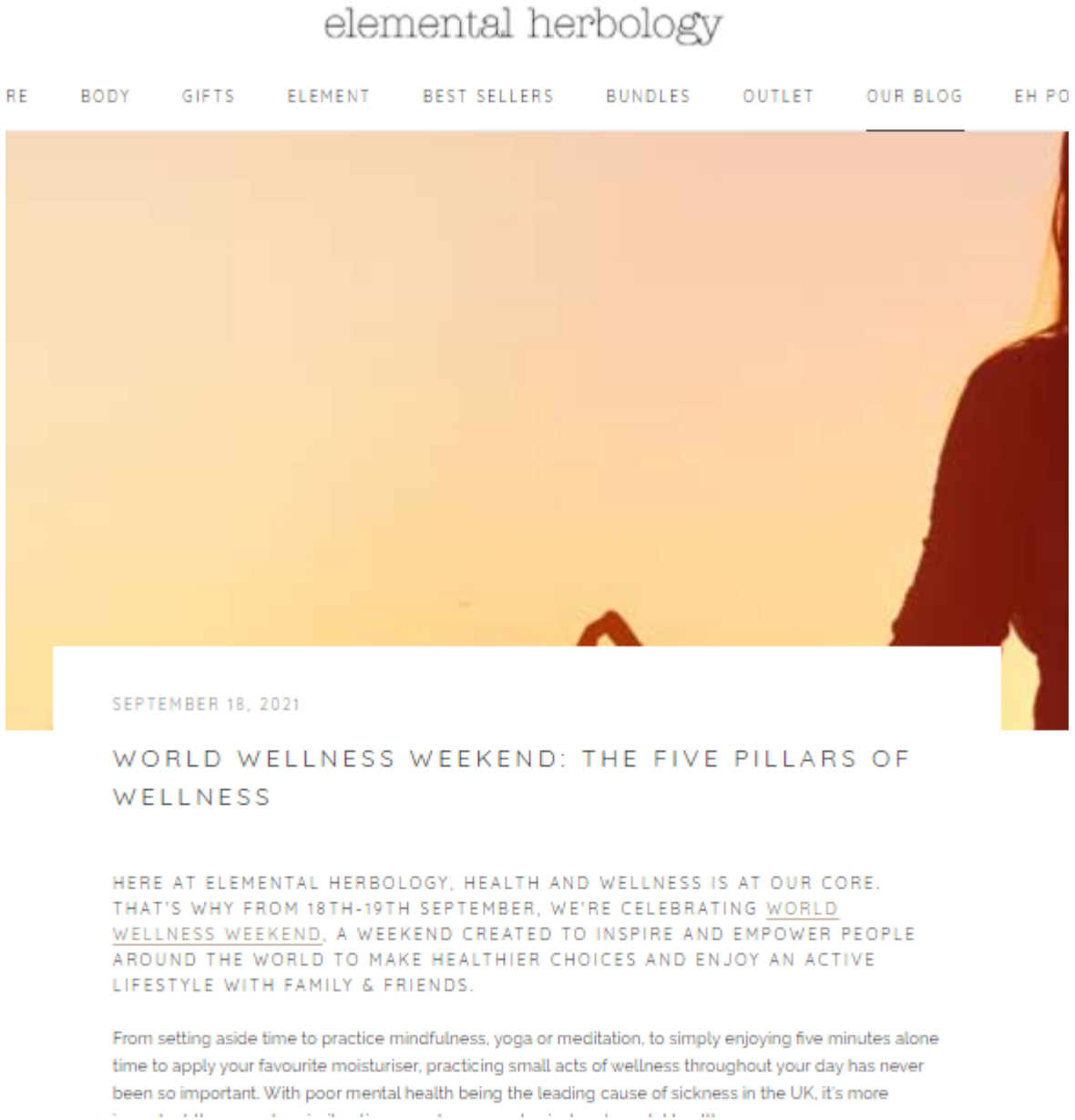

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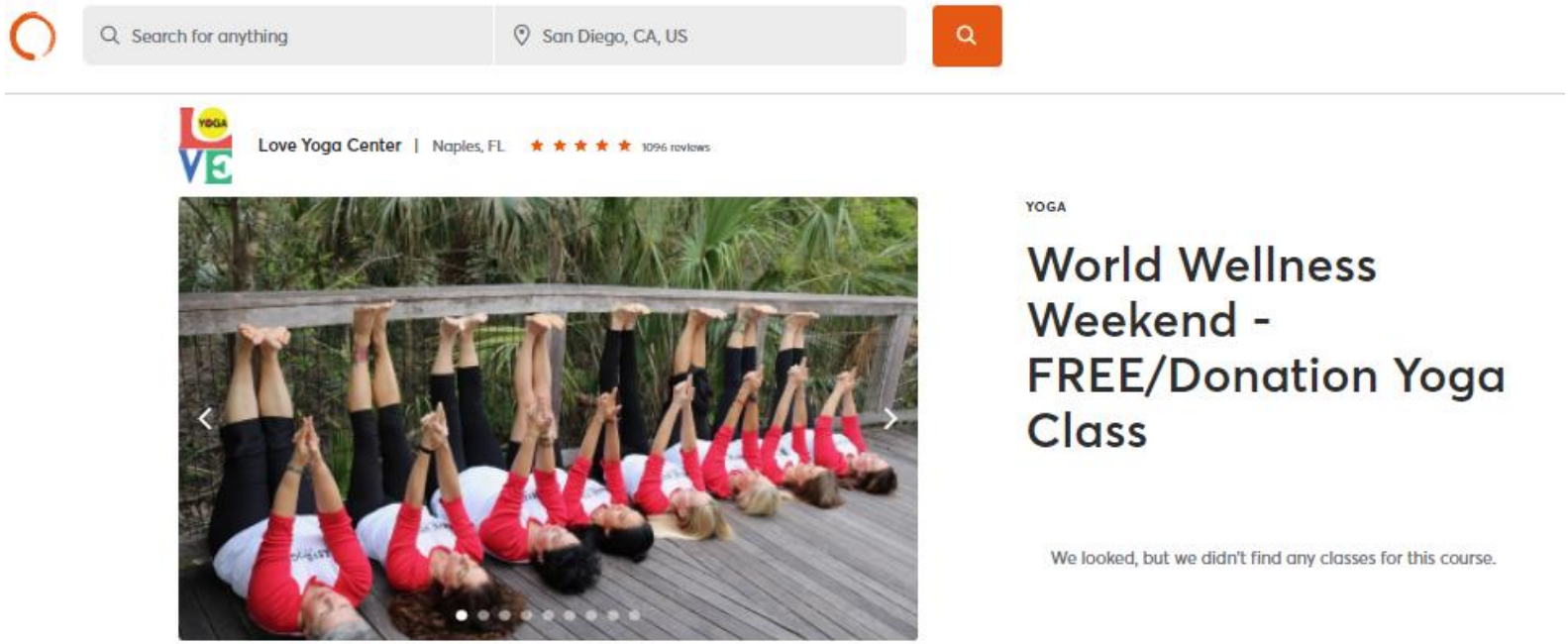

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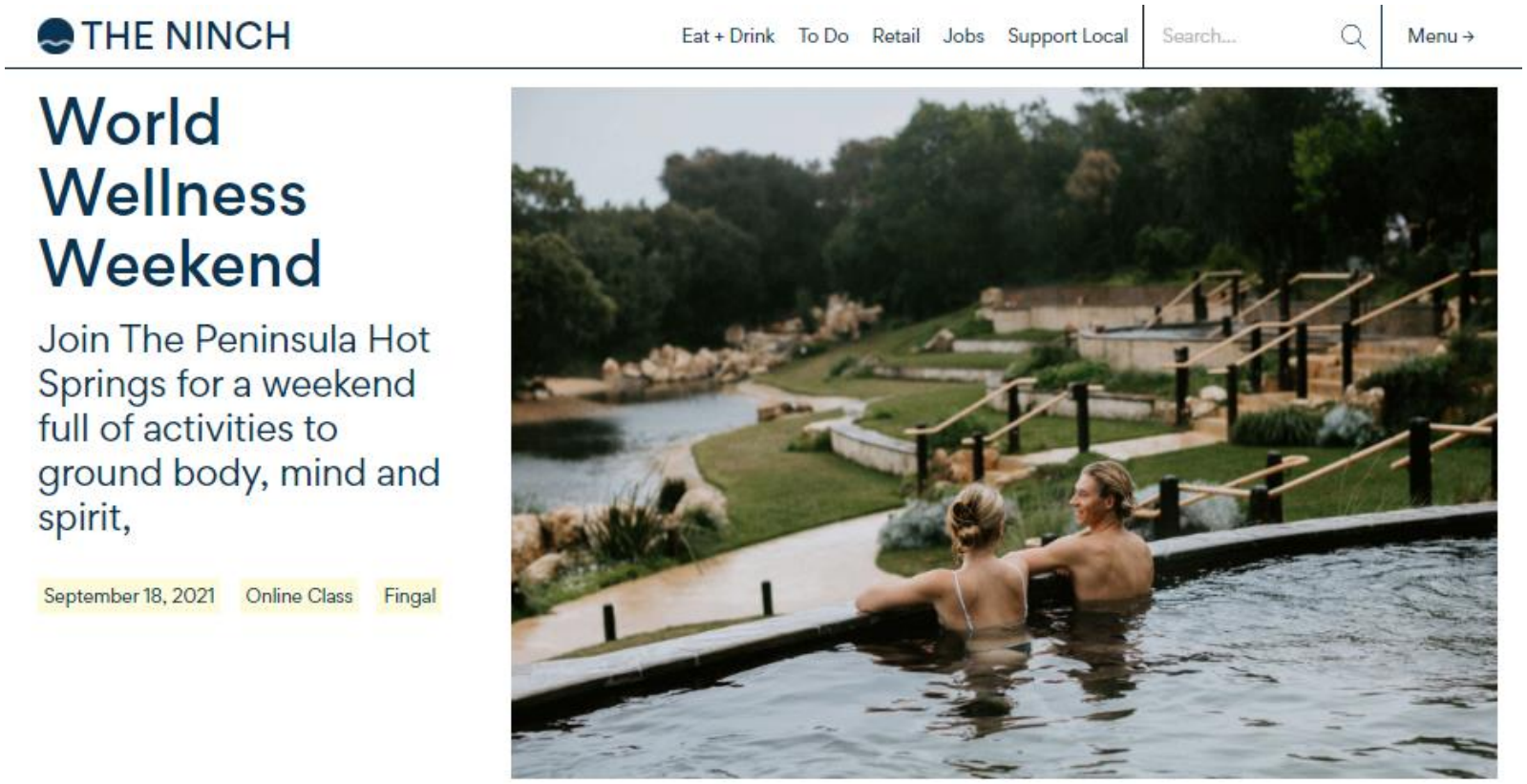

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https://happeningnext.com/event/world-wellness-weekend-eid3a0856rqdx

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World Wellness Weekend

Schedule

Sat Sep 18 2021 at 12:00 am to Sun Sep 19 2021 at 12:00 am

Location

online | Online



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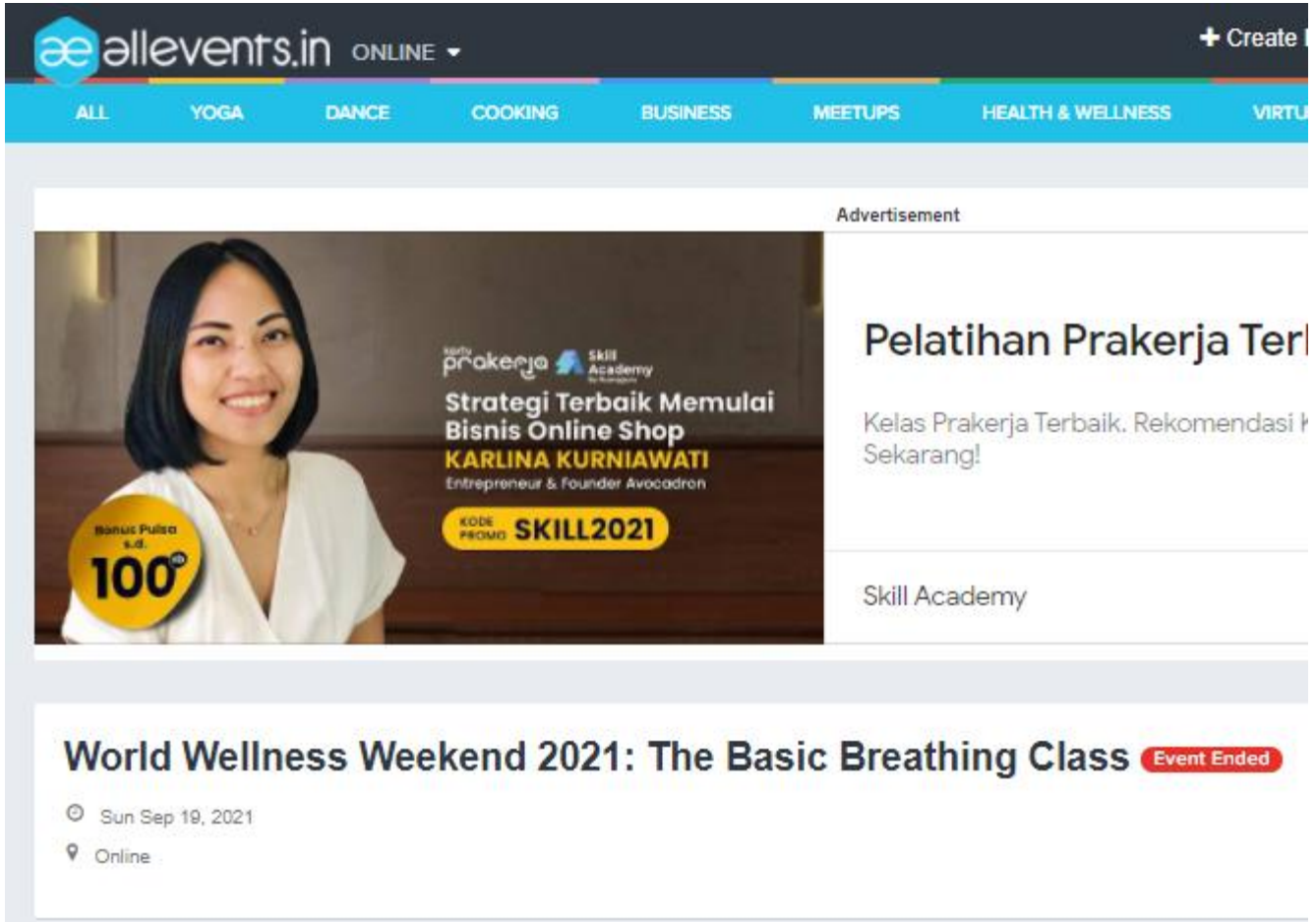
19 September 2021

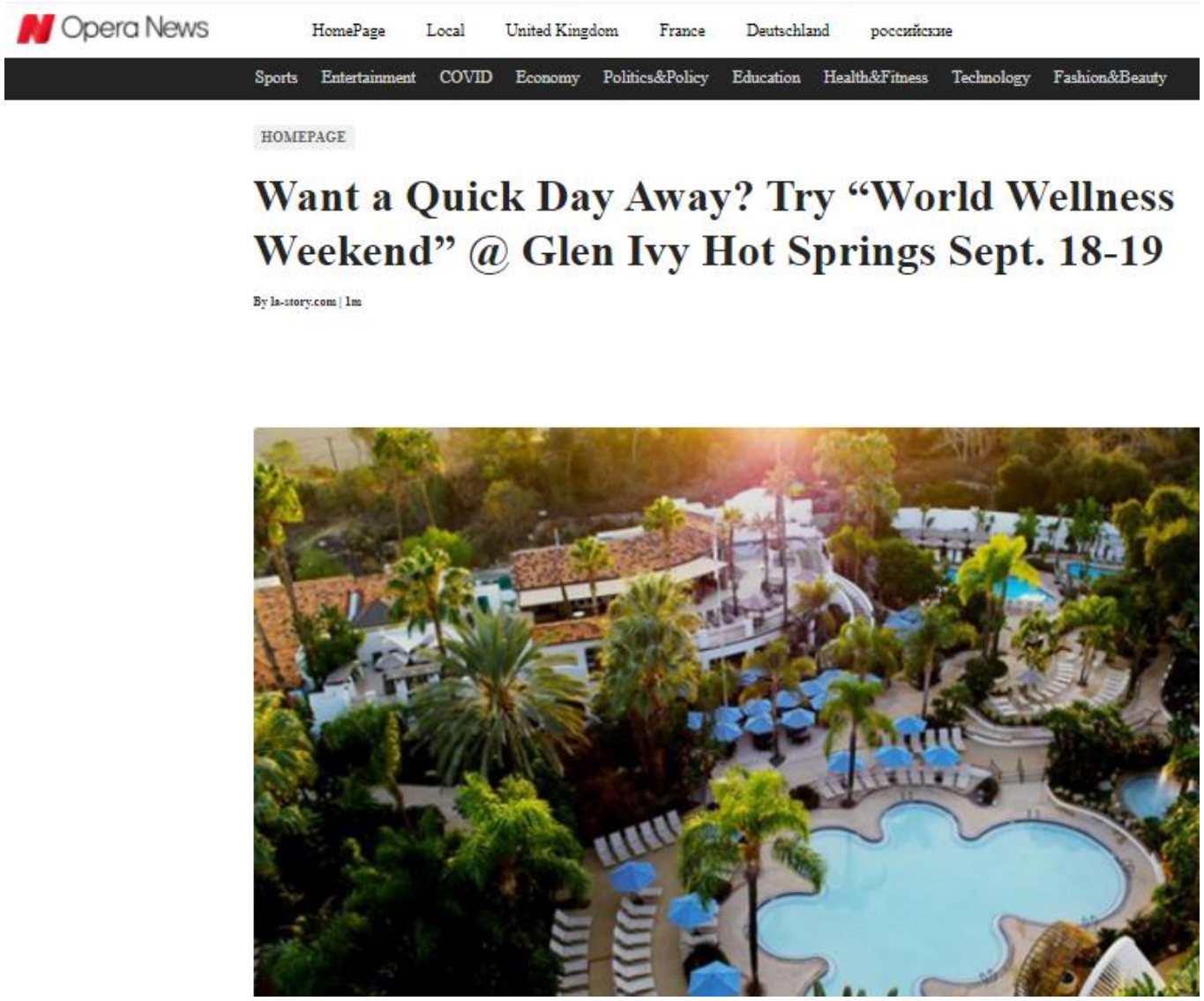
https://allevents.in/online/world-wellness-weekend-2021-the-basic-breathing-class/200021506080321



USA

September 2021

https://www.dailyadvent.com/news/4608486eaf992927babb4480a6dd3599-Want-a-Quick-Day-Away-Try-World-Wellness-Weekend--Glen-Ivy-Hot-Springs-Sept-1819



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Sports Entertainment COVID Economy Politics&Policy Education Health&Fitness Technology Fashion&Beauty

HOMEPAGE

Want a Quick Day Away? Try "World Wellness Weekend" @ Glen Ivy Hot Springs Sept. 18-19

By la-story.com | 1m

USA

September 2021

https://fr.metrotime.be/tendance/bonne-nouvelle-cest-le-world-wellness-weekend





Canada

45 mentions

Canada

April 2021

Boomers & Cie

https://boomersetcie.ca/lisette-l-sur-une-nouvelle-lance/#1



BIEN-ÊTRE

ARTICLE COMMANDITÉ

Ensemble, rendons le bien-être accessible à toutes et tous

PAR KATJA PRPIC, FONDATRICE DU RÉSEAU BIEN-ÊTRE DE LA FRANCOPHONIE MASSOCIE

La crise sanitaire actuelle est une catastrophe pour les secteurs du spa, de la beauté, du conditionnement physique, de l'hôtellerie et du tourisme, forçant de nombreuses entreprises à fermer pendant des mois et/ou à repenser leurs façons de faire. La pandémie mondiale a néanmoins montré que la résilience et la persévérance font partie de l'ADN des professionnels de ces secteurs.

MassoCie, le réseau bien-être de la Francophonie, et Boomers & Cie sont heureux d'annoncer que le 5e week-end mondial du bien-être (World Wellness Weekend ou WWW) se déroulera les 18 et 19 septembre 2021 dans 120 pays, en présentiel et en ligne. Cet événement sans but lucratif a été mis en place par Jean-Guy de Gabriac, connu sur la scène internationale comme « Mr. Wellness » et est propulsé au Québec par Phiane Duquet, ambassadrice provinciale, soutenue par les ambassadrices régionales Julie Eyelom, Marie-France Lalancette, Lisa McLellan, Anick Laporte et par la coordinatrice de l'événement Katja Prpic.

Des activités toute l'année

Le WWW est un mouvement encourageant les amateurs de bien-être à découvrir près de chez eux et à pratiquer de nouvelles activités de bien-être, aussi souvent que possible, en particulier le week-end.

En dehors de l'événement qui aura lieu les 18 et 19 septembre 2021, le WWW propose sur son site des activités et des bons plans pour 52 fins de semaine par an !

mouvoir une culture du bien-être pour leurs salariés et leurs clients et les villes à s'aligner davantage sur les objectifs de développement durable des Nations Unies. #WellnessPourTous #WellnessParTous #WorldWellnessWeekend Le WWW encourage chacun à ne pas attendre « l'après-COVID », mais plutôt à vivre dès maintenant une vie plus responsable et plus équilibrée en famille et avec ses « complices de bien-être » (Wellness Buddies). Les cinq piliers du WWW sont : sommeil et créativité, nutrition et immunité, mouvement et vitalité, présence et sérénité, sens de la vie et solidarité.

Le WWW a reçu l'appui du ministre délégué à la Santé et aux Affaires sociales, l'honorable Lionel Carmant, et de la ministre du Tourisme, l'honorable Caroline Proulx. La dynamique actrice, chanteuse et animatrice France Castel est la porte-parole au Québec de cette merveilleuse initiative qui fait du bien ! ■

Canada

3 May 2021

Travel to Wellness

https://twitter.com/WellnessTravel/status/1389277843788554246

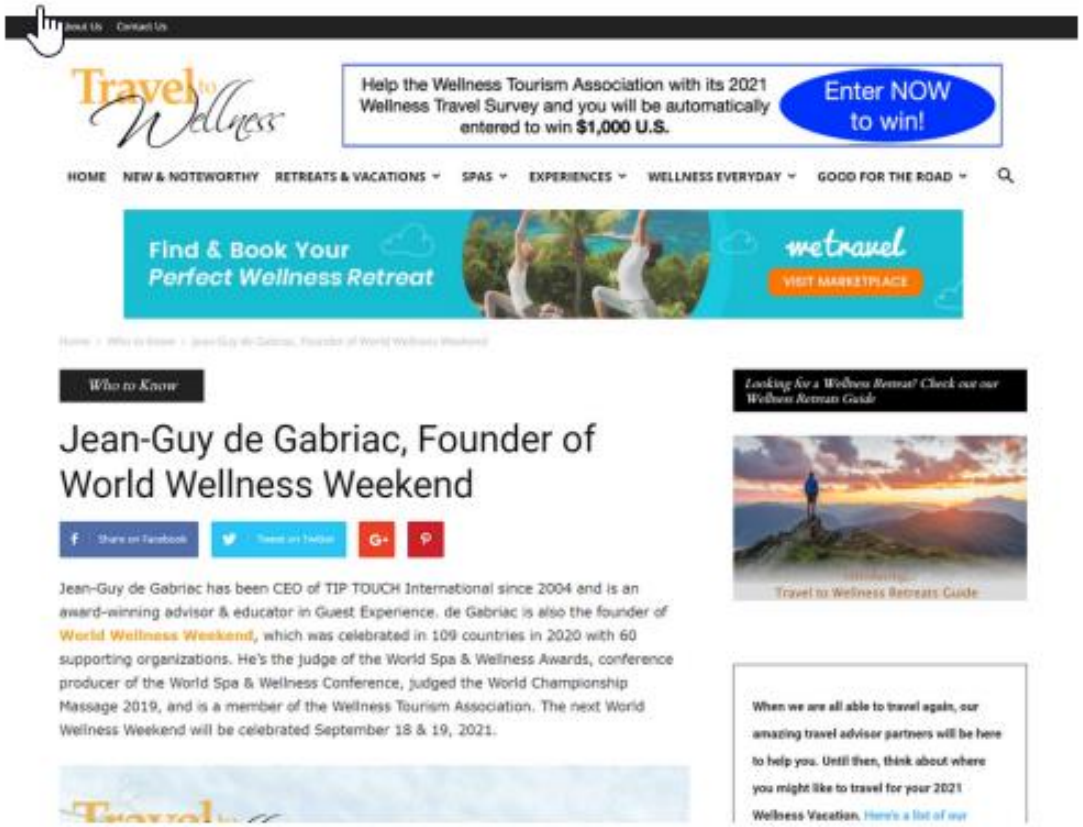


Canada

3 May 2021

Travel to Wellness

https://www.traveltowellness.com/jean-guyde-gabriac-founder-of-world-wellness-weekend/? fbclid=IwAR3MtdLc83JKBHEMf-Vf1E7 R7NnRfccnmdRMAUIk_j6l-_5V-_VkJFCBo28



Canada

3 June 2021

Masso-Cie

https://www.masso-cie.com/le-week-end-mondialdu-bien-etre-un-avantage-pour-les-spas-du-monde/



Canada

9 June 2021

Leading Spas of Canada

https://www.leadingspasofcanada.com/webinar-june-9-a-paneldiscussion-regarding-world-wellness-weekend-and-how-your-spa-can-participate/



18 June 2021

https://plus.lapresse.ca/screens/f825b805-a8ec-467b-84c0-d81fa04c4563__7C___0.html?utm_content=ulink&utm_source=lpp&utm_medium=referral&utm_campaign=internal%20share&fbclid=IwAR38JlCo5v-bFJKWgkYfftt3Tbh4DSCZXjJk7SQj8dGVWVO-YClAC68uvM8



Canada

20 June 2021

Bien Magazine

https://www.facebook.com/289967642536631/posts/289867249213337



Canada

23 June 2021

RMQ

https://www.rmqmasso.ca/fr/nouvelles/actualites/details/la-medailledrargent-pour-le-rmq-au-championnat-mondial-de-massage-2022-copie1?fbclid=IwAR0HUpEmfyAqDyyZ9VzPhGaggg-1ySv76EIMjsrxwhyiMX_f9IwW0WF4-c



La médaille d'argent pour le RMQ au championnat mondial de massage 2021

23 juin 2021

Le 20 juin 2021, Phiane Duquet, fondatrice de L'école des Talents Spa Phiane inc, représentante officielle du Canada et du RMQ a remporté la médaille d'argent dans la catégorie Bien-être / Wellness au championnat mondial de massage à Copenhague, organisé par The International Massage Association (IMA).



Son style unique du massage ancestral de La Gestuelle Yin-Yang® dont elle en est la créatrice et le KOBIDO® authentique du Dr Shogo Mochizuki, ont retenu l'attention particulière des juges de l'IMA. De nombreux participants de haut calibre à travers le monde, représentant chacun leur pays respectif, étaient au rendez-vous pour mettre à l'avant leurs talents et passion.

Tous ont gagné en réputation mondiale en participant, mais seulement vingt et une médailles de bronze, argent, et or ont été remises aux meilleures prestations des sept catégories.

Canada

June-July 2021

BIEN Magazine

https://academie.masso-cie.com/wpcontent/uploads/2021/06/Bien-8-final-4-compressed.pdf

BIEN



Canada

June-July 2021

BIEN Magazine

https://academie.masso-cie.com/wpcontent/uploads/2021/06/Bien-8-final-4-compressed.pdf



Canada

August 2021

https://www.ritma.ca/week-end-mondial-du-bien-etre-2021.php#:~:text=Les%2018%20et%2019%20septembre,World%20Wellness%20Weekend%20(WWW).



ASSOCIATION RITMA

WEEK-END MONDIAL DU BIEN ÊTRE 2021

L'Association ▸ Week-end mondial du bien être 2021

- Critères d'admission
- Les avantages d'être membre Ritma
- Devenez membre
- Liens utiles
- Documents requis
- Partenaires
- Événements
- Les écoles reconnues
- Mesures disciplinaires
- Encadrement de l'ostéopathie
- COVID-19 - Informations aux membres

WEEK-END MONDIAL DU BIEN ÊTRE 2021

Un partenariat pour vous donner une visibilité internationale

C'est en tant que Partenaires du World Wellness Weekend 2021, que GROUPE RITMA vous invite à participer au Week-end mondial du bien-être 2021. (WWW).

Le World Wellness Weekend (WWW) qui se tiendra le 18 et 19 septembre 2021 diffusera des activités gratuites de 60 minutes qui font du bien et qui ont lieu ces journées-là partout sur la planète.

Le World Wellness Weekend est un mouvement planétaire unique pensé pour mettre en avant les actions des centres de vie, établissements mieux-être, spas, cliniques, thérapeutes avec activités, ateliers, conférences et formations qui font partie intégrante du paysage bien-être.

Au niveau national, le WWW est appuyé par le Ministre délégué à la santé, Dr Lionel Carmant et la Ministre du Tourisme Caroline Proulx, et a comme porte-parole France Castel.

Les 18 et 19 septembre 2021, des milliers d'activités de bien-être sécuritaires, gratuites, amusantes et significatives seront diffusées en l'honneur du 5e World Wellness Weekend (WWW). Le WWW de cette année sera une célébration hybride d'activités extérieures et intérieures, (où les participants suivront les directives COVID).

Canada

August 2021

https://campaign.eflyermaker.com/webview?c=53616c7465645f5fd5a33d612c79a94ffa12c36af4fc8ecd&eflyer_rand=975354812

Bonjour ,

5e Weekend Mondial du Bien-être

Un partenariat pour vous donner une visibilité internationale.

C'est en tant que Partenaires du World Wellness Weekend 2021, que GROUPE RITMA vous invite à participer au Week-end mondial du bien-être 2021. (WWW).

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Canada

August 2021

https://aqtn.ca/questions/association-quebec-aqtn-other-posts/worldwellnessweekend-2021/



Canada

August 2021

https://us13.campaign-archive.com/?e=__test_email__&u=34c0605f3771e3b0d276d1b2b&id=42c6d86003



AQTN

English not available

Un partenariat pour vous donner une visibilité internationale

C'est en tant que Partenaire du World Wellness Weekend 2021, que l'AQTN vous invite à participer au Week-end mondial du bien-être 2021.

Le World Wellness Weekend (WWW) qui se tiendra le 18 et 19 septembre 2021 diffusera des activités gratuites de 60 minutes qui font du bien et qui ont lieu ces journées-là partout sur la planète.

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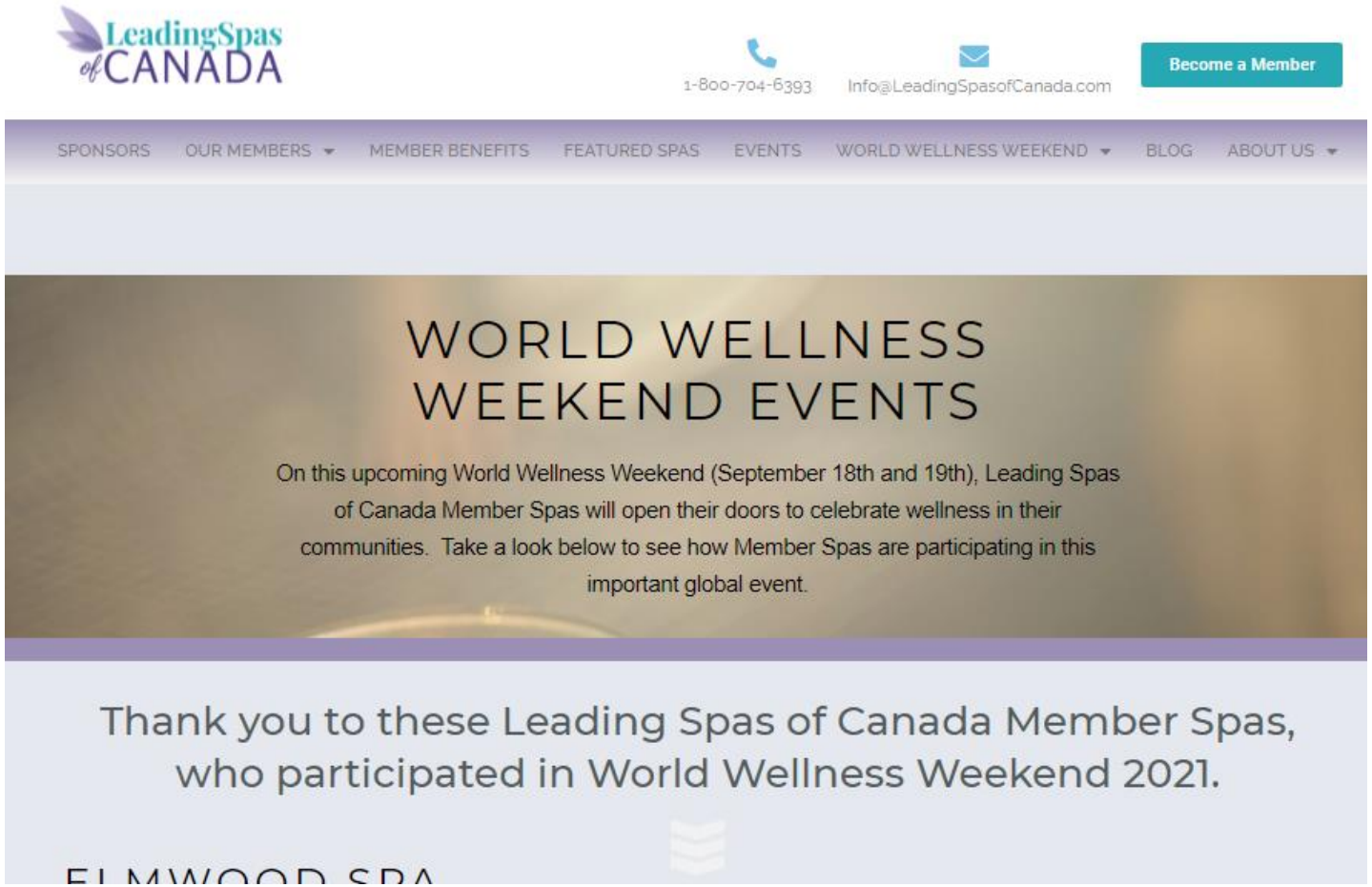
Vous désirez bénéficier d'une visibilité et reconnaissance internationale pour vos activités vidéo, visio-conférence, podcast, atelier, formation, conférence? Le WWW est l'occasion idéale pour vous illustrer. Il suffit dans le cadre d'une de ces journées (18 ou 19 septembre 2021) de proposer une activité gratuite de 60 minutes en l'inscrivant au portail du WWW (vous pouvez aussi lancer une activité bien-être gratuite de 60 minutes créées au préalable lors d'une de ces journées, par exemple: vidéo, visio-conférence, podcast, atelier virtuel,

Canada

27 August 2021

https://www.leadingspasofcanada.com/world-wellness-weekend-participating-spas/



CANADA

https://issuu.com/dovetailcommunications6/docs/spa_summer_2021



JEAN-GUY DE GABRIAC

BY JANA MANOLAKOS

Wellness is more than just improving your mental and physical health. It is an act of influence to inspire others to become the best version of themselves – a belief held passionately by Jean-Guy de Gabriac, founder of World Wellness Weekend. Launched in 2017, as a global movement to increase awareness of healthy lifestyles, this year the event will be held September 18 and 19 in over 130 countries and 950 cities.

De Gabriac is a perpetual motion machine, whose experience and knowledge across the spa, wellness and hospitality spectrum is phenomenal. He is the CEO of Tip Touch International, an award-winning consultancy and education company specializing in the guest experience for the hospitality and spa industries. He holds a bachelor degree in marketing and communications and once worked at Paramount Studios in Los Angeles.

What ignited your passion for wellness?

As a seven-year-old, I wondered why some people had such great energy, while others were simply plodding through life. After I had two motorcycle accidents, I was introduced to Reiki and it opened my eyes. I realized I wanted to work with energy flows and was lucky to meet dynamic people who introduced me to massage and the spa community. I've seen a growing number of therapists embracing ancient Eastern practices, studying reiki and shiatsu, and learning about unique energy practices.

I'm fascinated by physiology, meridians, pressure points and Vedic Akashic fields. I questioned how we might improve someone's energy balance and help them be their best, beyond hands-on treatment. There are different techniques that can restart the energy, the vitality, and it's something I wanted to share. As a symbol of our connection to each other, World Wellness Weekend can open the door to greater synchronicity and the universe. I encourage you to listen to your inner selves, to probe for these messages in your clients as you treat them.

Do spas have a responsibility as beacons of wellness?

When you see that well-being is ranked third out of the 17 most important sustainability goals identified by the United Nations, and you think about the suffering, the poverty, illness and stress that exist in the world today, you soon realize our profession does have a responsibility. There are so many opportunities for spas, fitness centres, hotels and resorts. Are we looking at our clients holistically using the five pillars of health as a lens, or are we missing out through complacency and an unwillingness to invest in the development of our therapists so they can help their clients, their communities and themselves become their best?

What effect has the pandemic had?

The pandemic has turned the world upside down. Social distancing has been particularly difficult and our clients are hungry for more meaningful interactions that help boost mindfulness, better nutrition, movement and vitality, improved sleep and a sense of purpose – the five pillars of wellness. Massage therapists, estheticians, fitness and nutrition counsellors, and wellness practitioners have an opportunity and an obligation to partner with the medical community and others to work toward better prevention and strengthening the immune system. I recently saw a photo of a surgeon and nurses and anesthetist, who were just about to go into the operating room, holding hands and doing Reiki together.

What are your hopes for World Wellness Weekend?

As we move through the pandemic, and have to learn to live as well as possible with the virus and its variants, let's encourage people to switch to healthier lifestyles, and to feel the joy of being well. As we all adjust to a new normal, let's make enthusiasm "safely contagious". Let's encourage guests to join classes, workshops, retreats during the year. Let's build our client relationships, boost return visits, nurture employee moral and so much more. It's not just an event in September – from sunrise in Fiji until sunset in Hawaii, it's a planetary movement. It's not just one weekend – I hope that wellness enthusiasts or "weekenders" will visit our website (wellmap.org) and be inspired all year long by Weekends of Wellness.

Why did you choose the timing of World Wellness Weekend to fall each year on the Autumn Equinox?

The Equinox symbolizes the harmony of work and life as it is a moment in the year where day and night hours are equal. It's fall in the northern hemisphere, a time when people enjoy nature's glorious colours.

CANADA

https://www.beautyhubmagazine.com/world-wellness-weekend/

BEAUTY HUB About Artists Gallery News Products & Tools Wellness Design Creators Sessions

Jean-Guy and Cheryl talk about taking five mindful minutes to be creative and share it with the world.



Four actions to stay relevant in Covid-19

By Jean-Guy de Gabriac

Covid-19 is a major disruptor to the beauty industry forcing all business owners to stay strong, resilient, and relevant. The second wave may force you to close your doors (again), preventing you to work in your business. Now, more than ever, is the time to work on your business: by reassessing your offer and rethinking your relationship with clients and your team. The best defense against competitors discounting heavily, is to up your game, provide signature experiences, and give reasons for clients to come again and again. These four tips can help you and your business remain relevant through the Covid-19 pandemic.

1. Unclutter your offer. Do not focus only on the 20% of services generating 80% of revenues. Check the profitability ratio of each service in your treatment menu, then discard the 30% of services that only generate 1% or less.
2. Safety first, WOW second. Once your SOPs are fully updated with safety & sanitization measures, you can focus on your best sellers. Brainstorm with your team to add more elements of surprise to enchant your clients. Induce smiles behind masks as

CANADA

https://passeportnutrition.org/evenements/abitibi-temiscamingue/world-wellness-weekends/



CANADA

https://www.facebook.com/AQTN.Association/photos/a.15035123166396 04/3043046636019490/



CANADA

September 2021

https://us06web.zoom.us/meeting/register/tJ0uceuhqzsjG9xqnOHaRxSERSlySXnc3TPN/success?user_id=HzfAA7H6RFOqp_hqdS8UJA&timezone_id=America%2FNew_York

LeadingSpas of CANADA

Webinar sponsored by: eltraderm SKIN CARE

Meeting Registration Approved

Topic	LSOC Webinar - How Wellness Can Support Any Spa Business
Description	In this 1hr webinar, we will discuss what wellness is and how and why it has evolved in the global industry and where Canada is in that evolution. We will discuss how wellness can support your client's health, be a differentiator and drive more revenue to the bottom line. Wellness can be a minimal capital expense driving better margins due to the minimal labor and operational costs involved. From basic to advanced wellness approaches, the intention is to better understand and assess where on the wellness continuum best suits your business and how it can help support your business in the short and long term. We will share some client success stories that also reflect the 5 Pillars of Wellness from WWW (Sleep & Creativity, Nutrition & Immunity, Movement & Vitality, Mindfulness & Serenity, Sense of Purpose and Solidarity) in the hopes that you will leave this session inspired with tools in your tool box to take your business to the next level.
Time	Sep 15, 2021 12:00 PM in Eastern Time (US and Canada)
	Add to calendar
Meeting ID:	993 6295 0918



To Join the Meeting

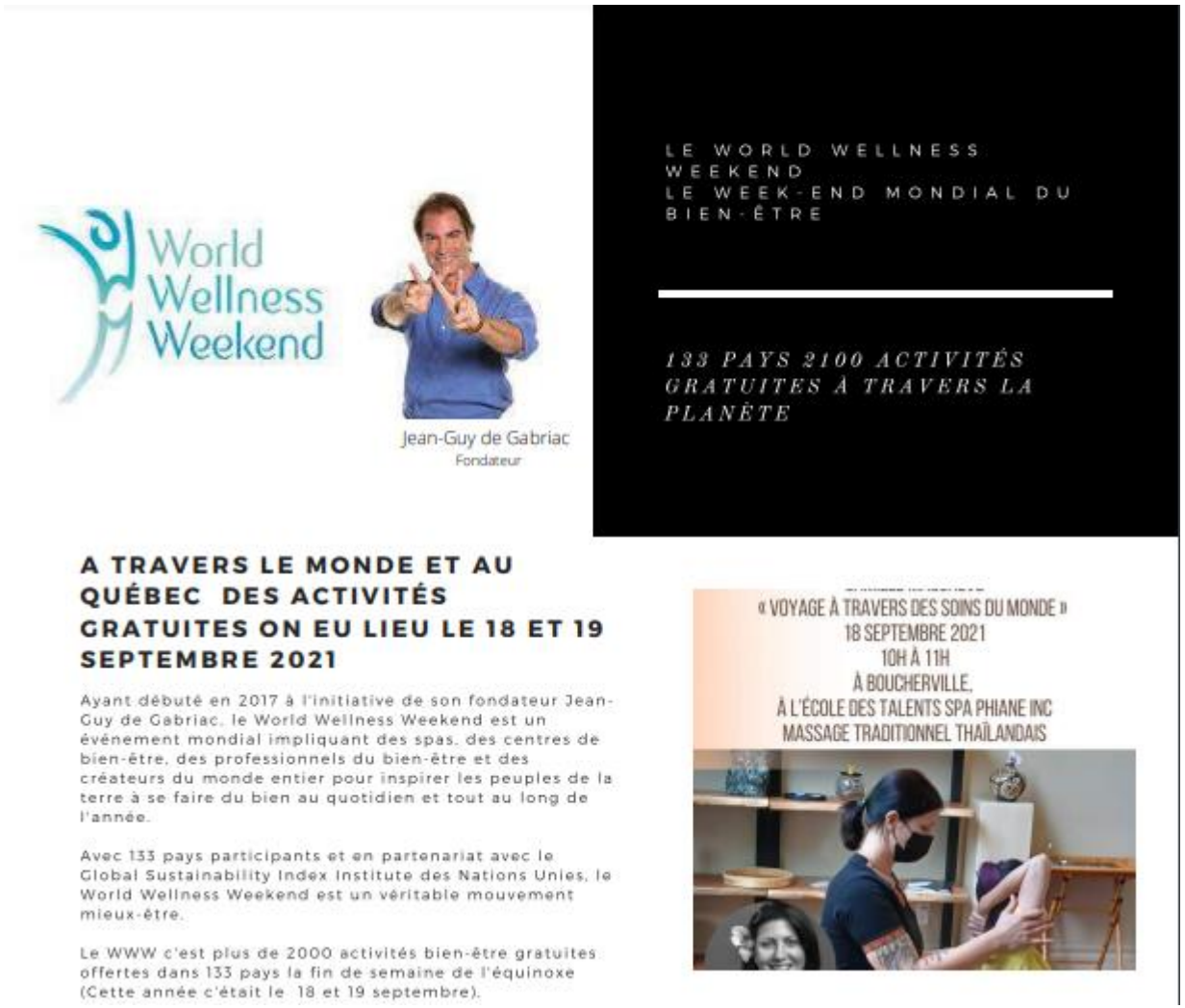
Join from a PC, Mac, iPad, iPhone or Android device:

Please click this URL to join. https://us06web.zoom.us/w/99362950918?tk=j1I2dTuwDCYnNKel4wkDSIPJrZFIcCay8Inc_saCKQ0.DQMAAAAXIn5PBhZIemZBQTdINlJGT3FwX2hxZFM4VUpBAAAAAAAAAAAAAAAAAAAAAAAAAAAAAA&pwd=NWNRU2NQcS93bUNyTVBMVnEvd1FVUT09

CANADA

September 2021

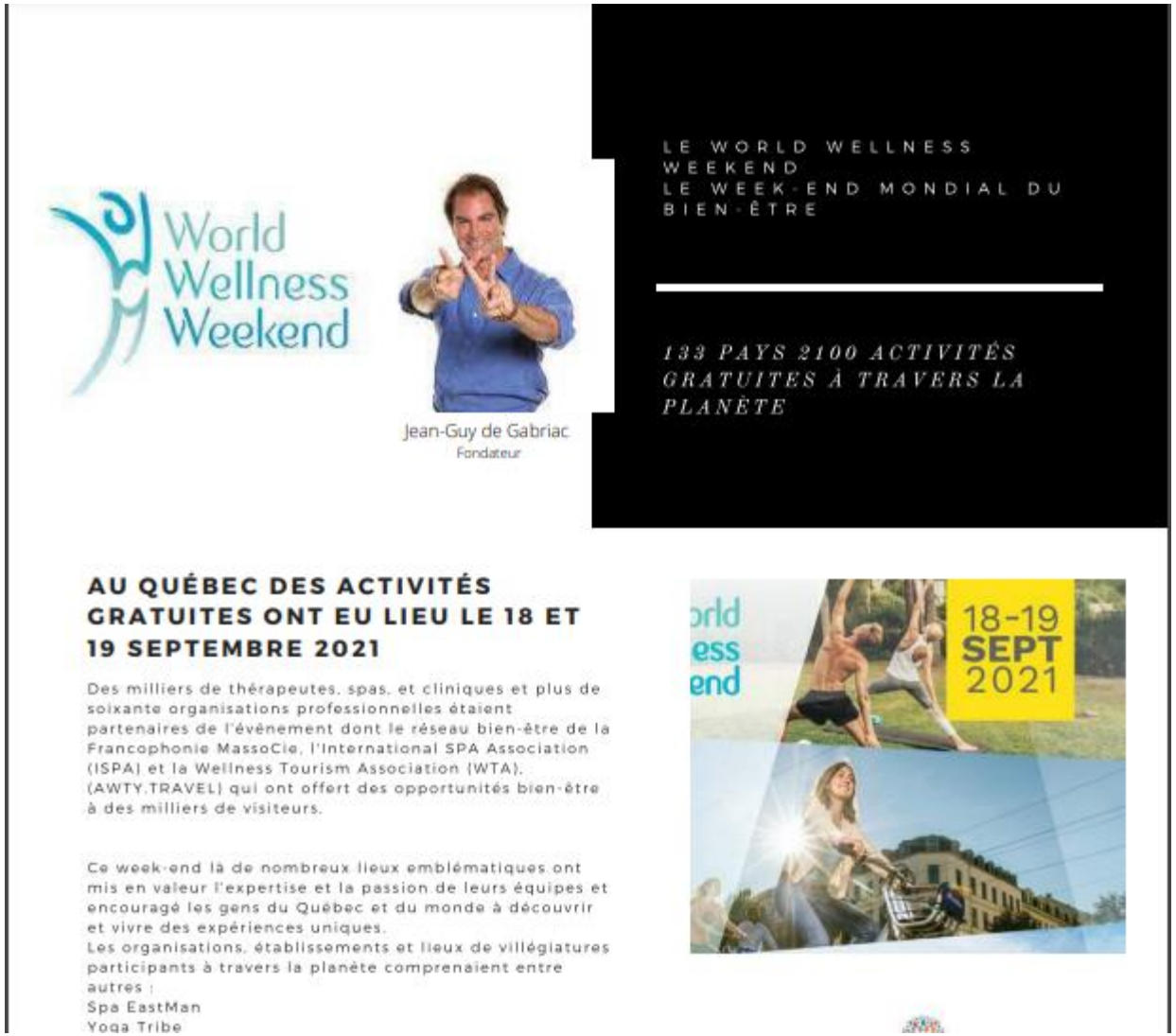
https://massopreneurs.com/wp-content/uploads/2021/09/Massopreneurs-14-4-compresse.pdf



CANADA

September 2021

https://massopreneurs.com/wp-content/uploads/2021/09/Massopreneurs-14-4-compresse.pdf



CANADA

September 2021

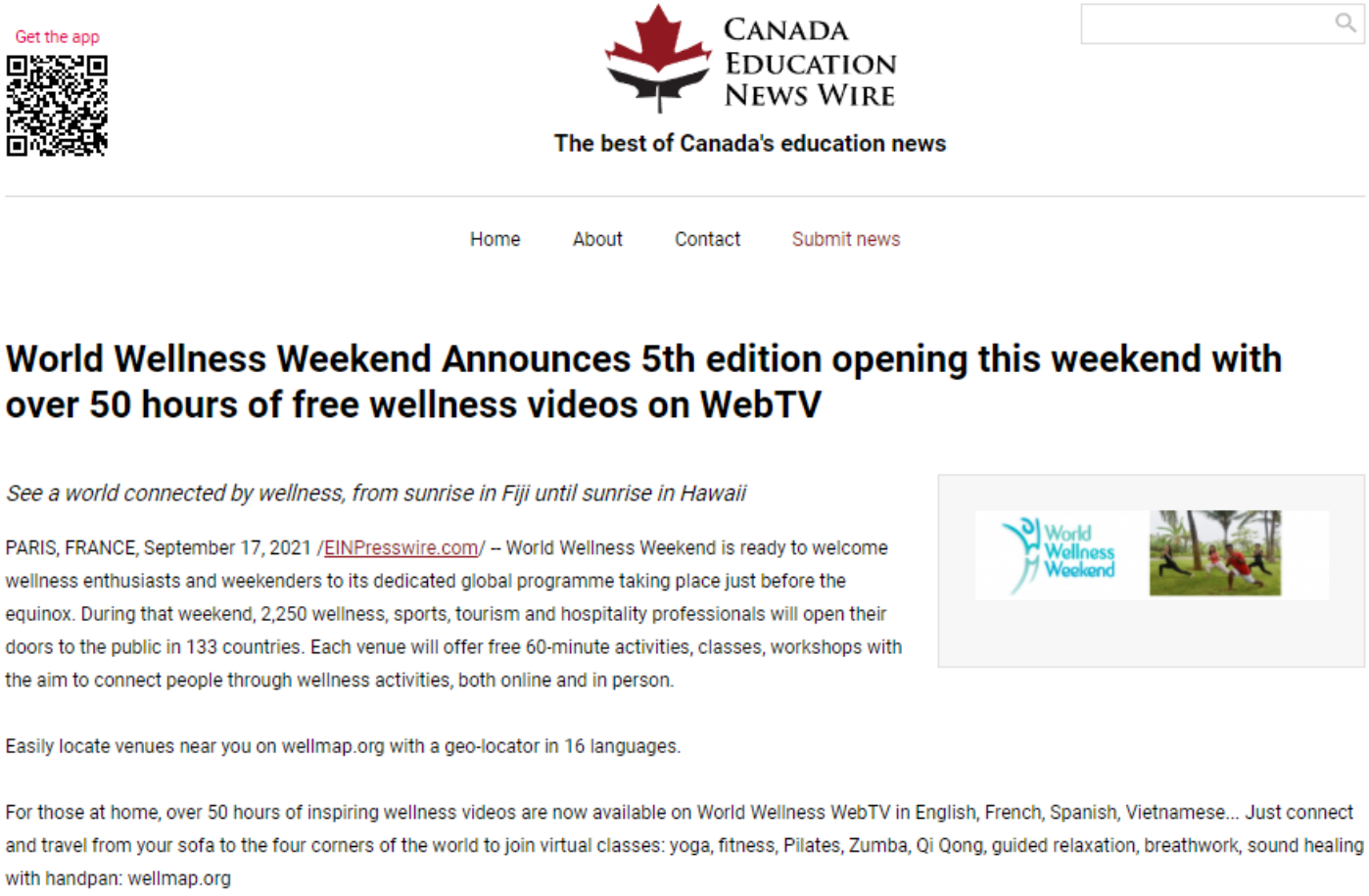
https://massopreneurs.com/wp-content/uploads/2021/09/Massopreneurs-14-4-compresse.pdf



CANADA

September 2021

https://www.canadaeducationnewswire.com/article/551668748-world-wellness-weekend-announces-5th-edition-opening-this-weekend-with-over-50-hours-of-free-wellness-videos-on-webtv



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World Wellness Weekend Announces 5th edition opening this weekend with over 50 hours of free wellness videos on WebTV

See a world connected by wellness, from sunrise in Fiji until sunrise in Hawaii

PARIS, FRANCE, September 17, 2021 /EINPresswire.com/ -- World Wellness Weekend is ready to welcome wellness enthusiasts and weekenders to its dedicated global programme taking place just before the equinox. During that weekend, 2,250 wellness, sports, tourism and hospitality professionals will open their doors to the public in 133 countries. Each venue will offer free 60-minute activities, classes, workshops with the aim to connect people through wellness activities, both online and in person.

Easily locate venues near you on wellmap.org with a geo-locator in 16 languages.

For those at home, over 50 hours of inspiring wellness videos are now available on World Wellness WebTV in English, French, Spanish, Vietnamese... Just connect and travel from your sofa to the four corners of the world to join virtual classes: yoga, fitness, Pilates, Zumba, Qi Qong, guided relaxation, breathwork, sound healing with handpan: wellmap.org

Canada

7 September 2021

http://markets.chroniclejournal.com/chroniclejournal/news/read/41778947

5th annual World Wellness Weekend

By: World Wellness Weekend via PR Newswire

September 07, 2021 at 15:05 PM EDT

MIAMI, Sept. 7, 2021 /PRNewswire/ -- Since 2017, World Wellness Weekend (WWW) is a pro-bono event promoting healthy lifestyles in alignment with the United Nations' SDG3 "Good health and well-being for all".

From sunrise in Fiji (Sept 18) until sunset in Hawaii (Sept 19) hotels, spas, fitness clubs, yoga studios, hot springs around the world are **UNITED** to organize safe, fun and free wellness activities.

Outdoors (or online) fitness classes, sunrise or sunset yoga sessions, mindfulness or nutrition workshops (hosted at no charge) will inspire and empower millions of people to enjoy more vitality and serenity with friends and family.

Hospitality groups and iconic venues are reaching out to local communities to share hope and enthusiasm with millions of people who suffer physically, mentally or emotionally from the very challenging situation since March 2020, with countries still battling the pandemic.

Let's salute the outstanding participation of iconic groups and properties such as **Alba Wellness & Fusion resorts** (Vietnam), **Anantara** (Asia & GCC), **Aqua Sana Center Parcs** (UK), **Banyan Tree** (Thailand), **Bloom** (Syria), **Cartesiano** (Mexico), **CIDESCO** (Belarus, France, Grand Cayman), **Corinthia** (Europe), **Dusit** (Thailand), **Euphoria Retreat** (Greece), **Fivelements** (Bali & Hong Kong), **Four Seasons** (Dubai), **Galgorm** (Ireland), **Grand Hotel Bad Ragaz** (Switzerland), **Glen Ivy Hot Springs** (CA - USA), **Edgewater Beach Resort** (FL - USA), **Jumeirah** (UAE), **Kamalaya** (Thailand), **Katikies** (Greece), **LUX Resorts** (Mauritius), **Mandara Spas** (Asia), **Oberoi** (Marrakech), **Park Hyatt** (Guangzhou), **Peninsula Hot Springs** (Australia), **Rancho La Puerta** (Mexico), **Ritz-Carlton** (Austria, Oman, Qatar), **Six Senses** (worldwide), **Taj Hotels** (worldwide), **Terme di Saturnia** (Italy), **Waldorf Astoria** (Dubai & Phoenix), **WTS International** (USA)... and so many passionate professionals in 982 cities!

"Wellness is not just a decision you take to improve your mental & physical health: it is also an act of influence to inspire those around you to become the best version of themselves," says Jean-Guy de Gabriac, founder World Wellness Weekend and international wellness advisor since 2001.

60 international professional federations, Ministers of Health, Sports and Tourism and 30 Mayors in Brazil, Dominican Republic (Punta Cana), France (Marseille), Italy (Florence, Val di Fiemme), Quebec, are supporting almost 2,000 venues and encouraging people to **LIVE** as **WELL** as possible with the anxiety caused by variants, vaccine, mask, lockdowns...

With safe, fun and free wellness activities, we aim to "make healthy easy" to **LIVE WELL WITH** each other, responsibly and respectfully, strengthening immune systems, and lifting up the mood.

Canada

7 September 2021

http://journalismviolenceandtrauma.blogspot.com/?rkey=20210907FL98169&filter=7337



Canadian Journalism Forum on Violence and Trauma

Return to Main Site

Thursday, July 28, 2016

Return to Canadian Journalism Forum on Violence and Trauma

CISION

5th annual World Wellness Weekend

Locate 2,000 venues in 133 countries (982 cities) organizing safe, fun & free wellness activities held in person and online

18-19 September 2021

MIAMI, Sept. 7, 2021 /PRNewswire/ -- Since 2017, World Wellness Weekend (WWW) is a pro-bono event promoting healthy lifestyles in alignment with the United Nations' SDG3 "Good health and well-being for all".

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Outdoors (or online) fitness classes, sunrise or sunset yoga sessions, mindfulness or nutrition workshops (hosted at no charge) will inspire and empower millions of people to enjoy more vitality and serenity with friends and family.

Hospitality groups and iconic venues are reaching out to local communities to share hope and enthusiasm with millions of people who suffer physically, mentally or emotionally from the very challenging situation since March 2020, with countries still battling the pandemic.

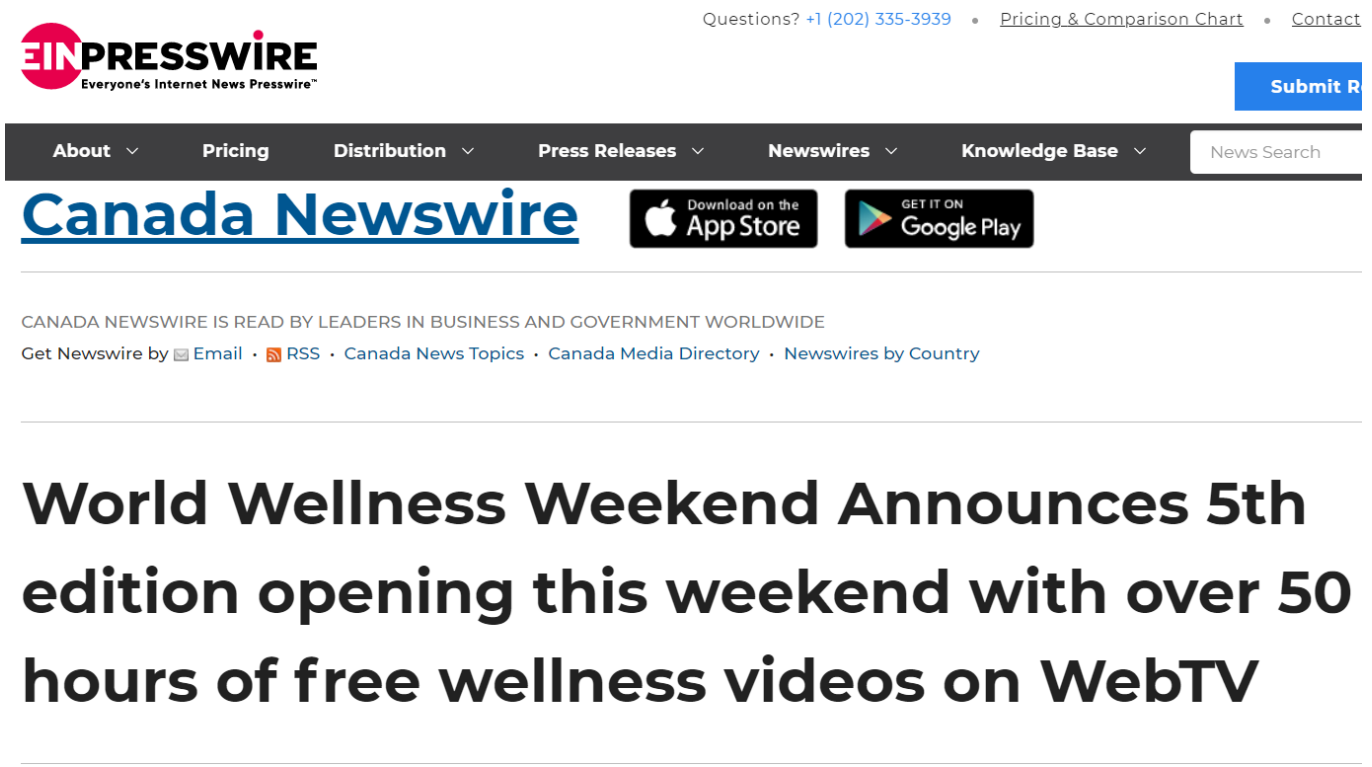
Let's salute the outstanding participation of iconic groups and properties such as **Alba Wellness & Fusion resorts** (Vietnam), **Anantara** (Asia & GCC), **Aqua Sana Center Parcs** (UK), **Banyan Tree** (Thailand), **Bloom** (Syria), **Cartesiano** (Mexico), **CIDESCO** (Belarus, France, Grand Cayman), **Corinthia** (Europe), **Dusit** (Thailand), **Euphoria Retreat** (Greece), **Fivelements** (Bali & Hong Kong), **Four Seasons** (Dubai), **Galgorm** (Ireland), **Grand Hotel Bad Ragaz** (Switzerland), **Glen Ivy Hot Springs** (CA - USA), **Edgewater Beach Resort** (FL - USA), **Jumeirah** (UAE), **Kamalaya** (Thailand), **Katikies** (Greece), **LUX Resorts** (Mauritius), **Mandara Spas** (Asia), **Oberoi** (Marrakech), **Park Hyatt** (Guangzhou), **Peninsula Hot Springs** (Australia), **Rancho La Puerta** (Mexico), **Ritz-Carlton** (Austria, Oman, Qatar), **Six Senses** (worldwide), **Taj Hotels** (worldwide), **Terme di Saturnia** (Italy), **Waldorf Astoria** (Dubai & Phoenix), **WTS International** (USA)... and so many passionate professionals in 982 cities!

"Wellness is not just a decision you take to improve your mental & physical health: it is also an act of influence to inspire those around you to become the best version of themselves," says Jean-Guy de Gabriac, founder World Wellness Weekend and international wellness advisor since 2001.

Canada

17 September 2021

https://world.einnews.com/pr_news/canada/551668748/world-wellness-weekend-announces-5th-edition-opening-this-weekend-with-over-50-hours-of-free-wellness-videos-on-webtv



CANADA

17 September 2021

https://stayhappening.com/e/world-wellness-weekend-free-yoga-E2ISTXPP7XQ

#StayHappening



Pelatihan Prakerja Terbaik

Kelas Prakerja Terbaik. Rekomendasi Kelas Terlaris Sekarang!

Skill Academy



World Wellness Weekend Free Yoga

SUN SEP 19 2021 AT 02:00 PM

Bliss YogaSpa | Edmonton

CANADA

17 September 2021

https://www.culturetimesofcanada.com/article/551668748-world-wellness-weekend-announces-5th-edition-opening-this-weekend-with-over-50-hours-of-free-wellness-videos-on-webtv

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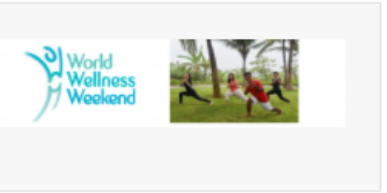
Culture Times of Canada

The latest from Canada's culture, society and lifestyle news

World Wellness Weekend Announces 5th edition opening this weekend with over 50 hours of free wellness videos on WebTV

See a world connected by wellness, from sunrise in Fiji until sunrise in Hawaii



PARIS, FRANCE, September 17, 2021 /EINPresswire.com/ -- World Wellness Weekend is ready to welcome wellness enthusiasts and weekenders to its dedicated global programme taking place just before the equinox. During that weekend, 2,250 wellness, sports, tourism and hospitality professionals will open their doors to the public in 133 countries. Each venue will offer free 60-minute activities, classes, workshops with the aim to connect people through wellness activities, both online and in person.

Easily locate venues near you on wellmap.org with a geo-locator in 16 languages.

For those at home, over 50 hours of inspiring wellness videos are now available on World Wellness WebTV in English, French, Spanish, Vietnamese... Just connect and travel from your sofa to the four corners of the world to join virtual classes: yoga, fitness, Pilates, Zumba, Qi Qong, guided relaxation, breathwork, sound healing with handpan: wellmap.org

CANADA

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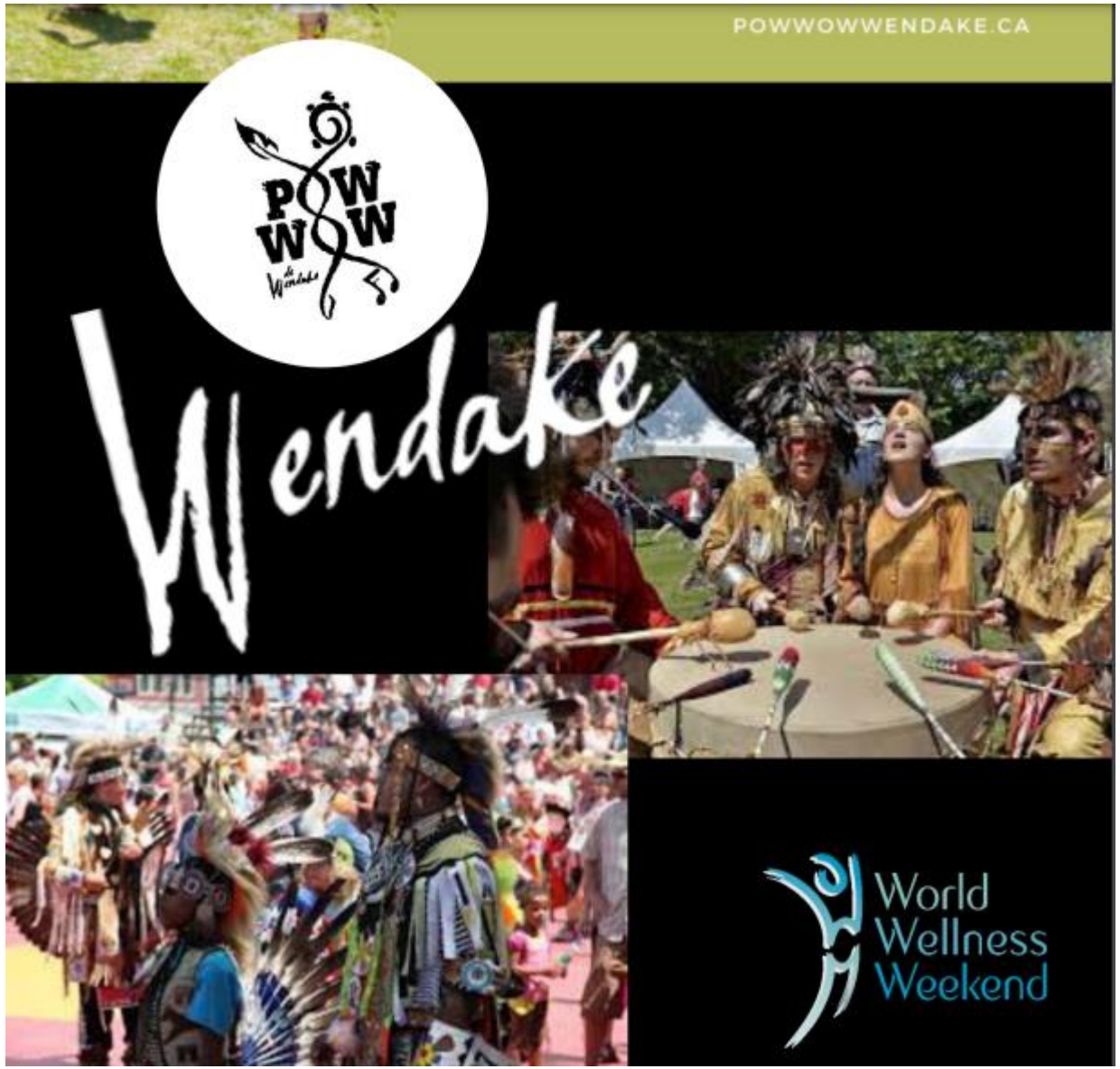
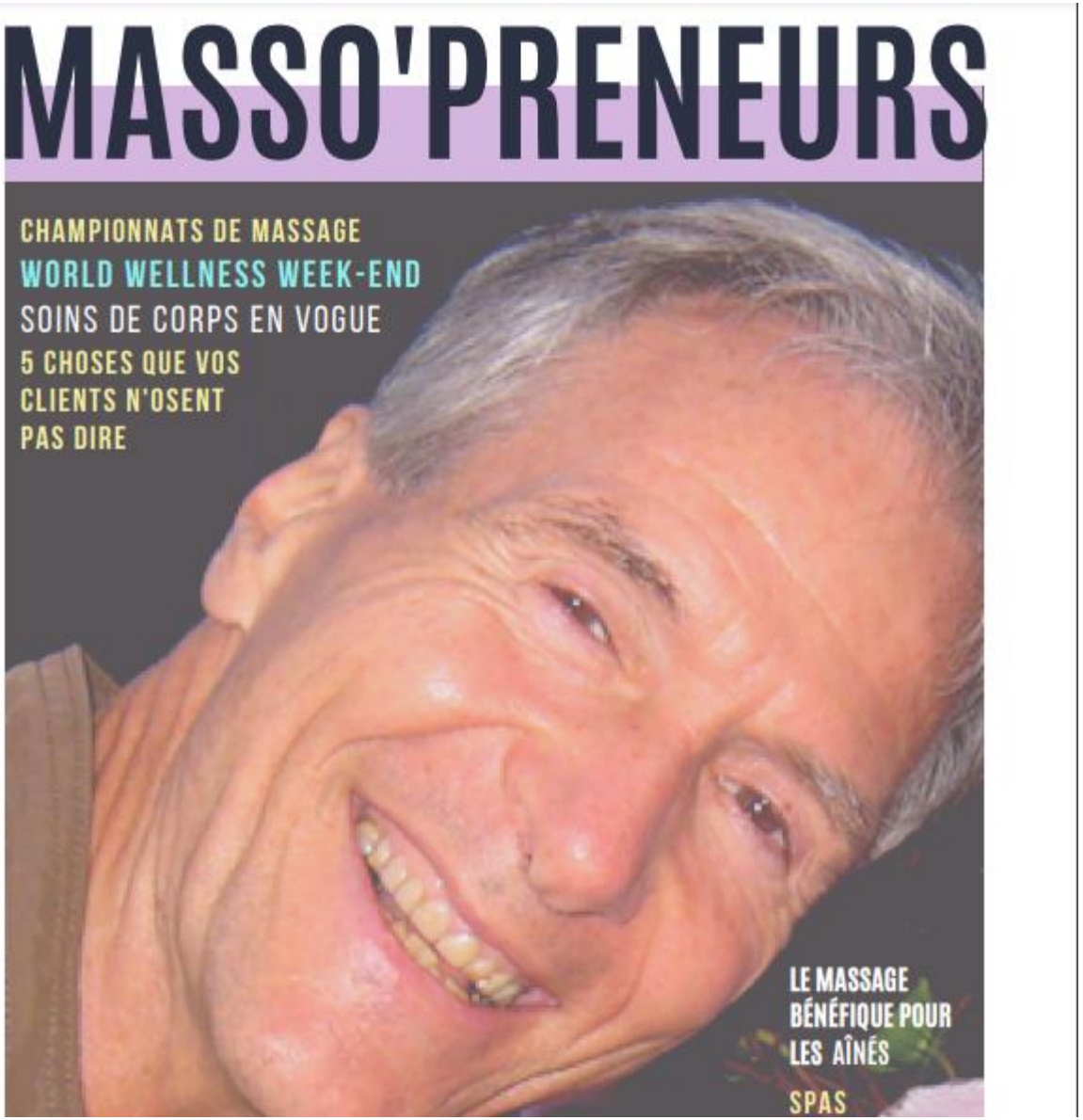


CANADA

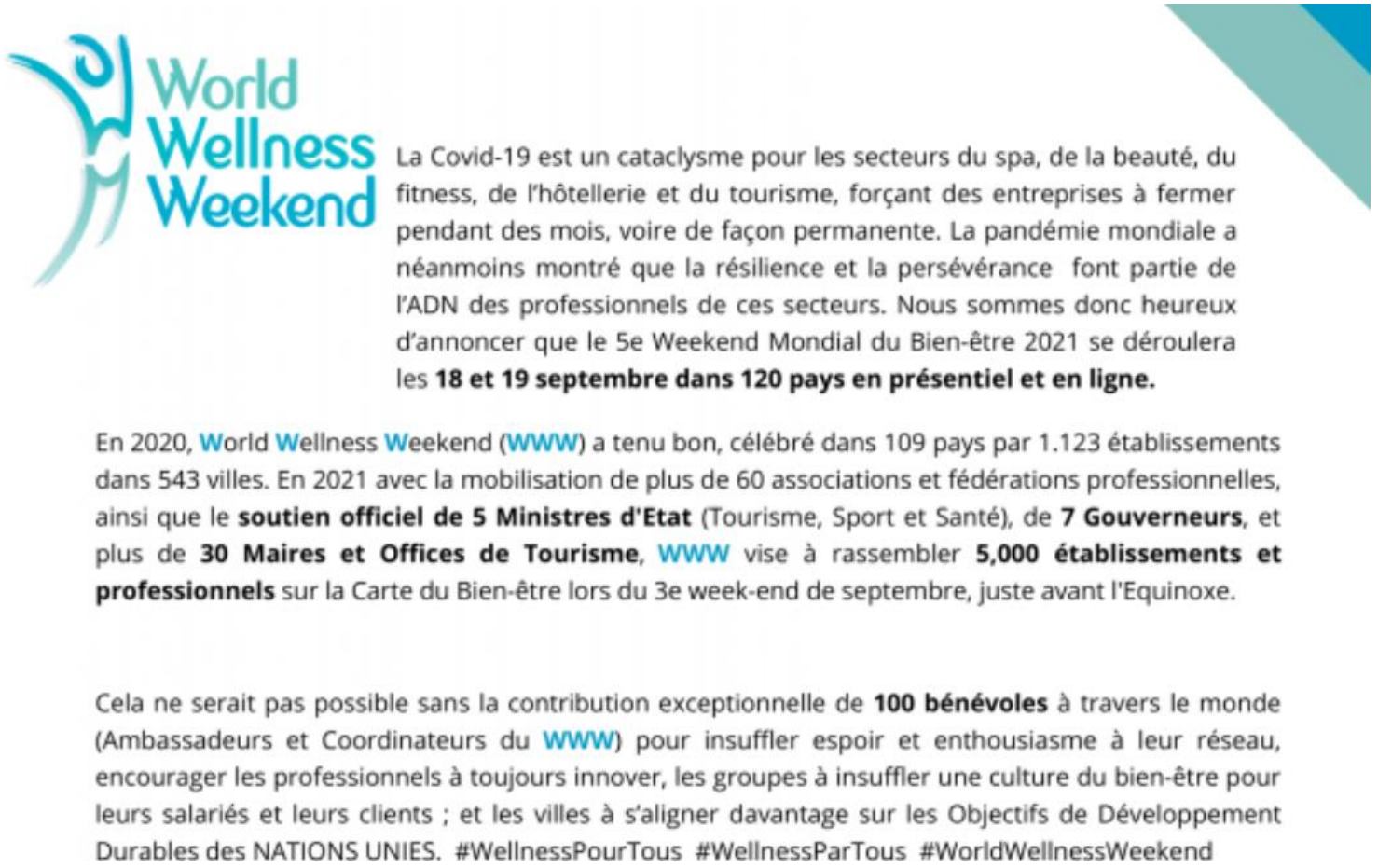
https://massopreneurs.com/wp-content/uploads/2021/07/massopreneurs-12.pdf



CANADA

MASSO'PRENEURS Magazine

https://massopreneurs.com/elements/pages/massopreneurs-no-11/



World Wellness Weekend

La Covid-19 est un cataclysme pour les secteurs du spa, de la beauté, du fitness, de l'hôtellerie et du tourisme, forçant des entreprises à fermer pendant des mois, voire de façon permanente. La pandémie mondiale a néanmoins montré que la résilience et la persévérance font partie de l'ADN des professionnels de ces secteurs. Nous sommes donc heureux d'annoncer que le 5e Weekend Mondial du Bien-être 2021 se déroulera les **18 et 19 septembre dans 120 pays en présentiel et en ligne.**

En 2020, World Wellness Weekend (WWW) a tenu bon, célébré dans 109 pays par 1.123 établissements dans 543 villes. En 2021 avec la mobilisation de plus de 60 associations et fédérations professionnelles, ainsi que le **soutien officiel de 5 Ministres d'Etat** (Tourisme, Sport et Santé), de **7 Gouverneurs**, et plus de **30 Maires et Offices de Tourisme**, WWW vise à rassembler **5,000 établissements et professionnels** sur la Carte du Bien-être lors du 3e week-end de septembre, juste avant l'Equinoxe.

Cela ne serait pas possible sans la contribution exceptionnelle de **100 bénévoles** à travers le monde (Ambassadeurs et Coordinateurs du WWW) pour insuffler espoir et enthousiasme à leur réseau, encourager les professionnels à toujours innover, les groupes à insuffler une culture du bien-être pour leurs salariés et leurs clients ; et les villes à s'aligner davantage sur les Objectifs de Développement Durables des NATIONS UNIES. #WellnessPourTous #WellnessParTous #WorldWellnessWeekend

CANADA

https://massopreneurs.com/elements/pages/massopreneurs-no-10/



CANADA

https://massopreneurs.com/elements/pages/massopreneurs-no-9/



CANADA

https://massopreneurs.com/elements/pages/massopreneurs-no-8/



CANADA

https://massopreneurs.com/2021/01/21/le-week-end-bien-etre-mondial-18-19-sept-2021/



CANADA

https://bienmagazineweb.com/wp-content/uploads/2021/09/Bien-magazine-special-4-compresse.pdf



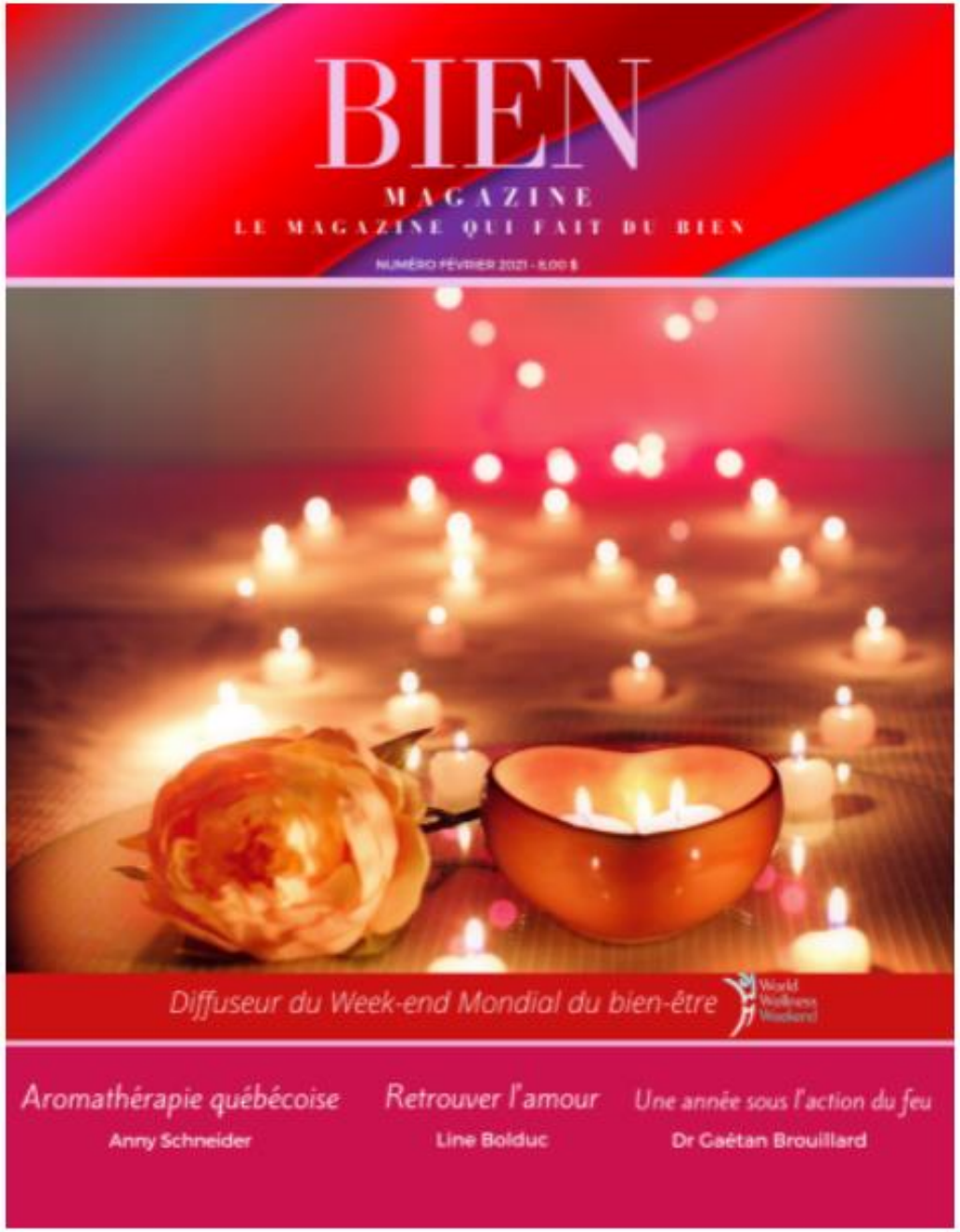
CANADA

https://academie.masso-cie.com/abonnement-a-notre-magazine-bien/7120ut-2/



CANADA

https://academie.masso-cie.com/abonnement-a-notre-magazine-bien/magazine-bien-numero6-123/



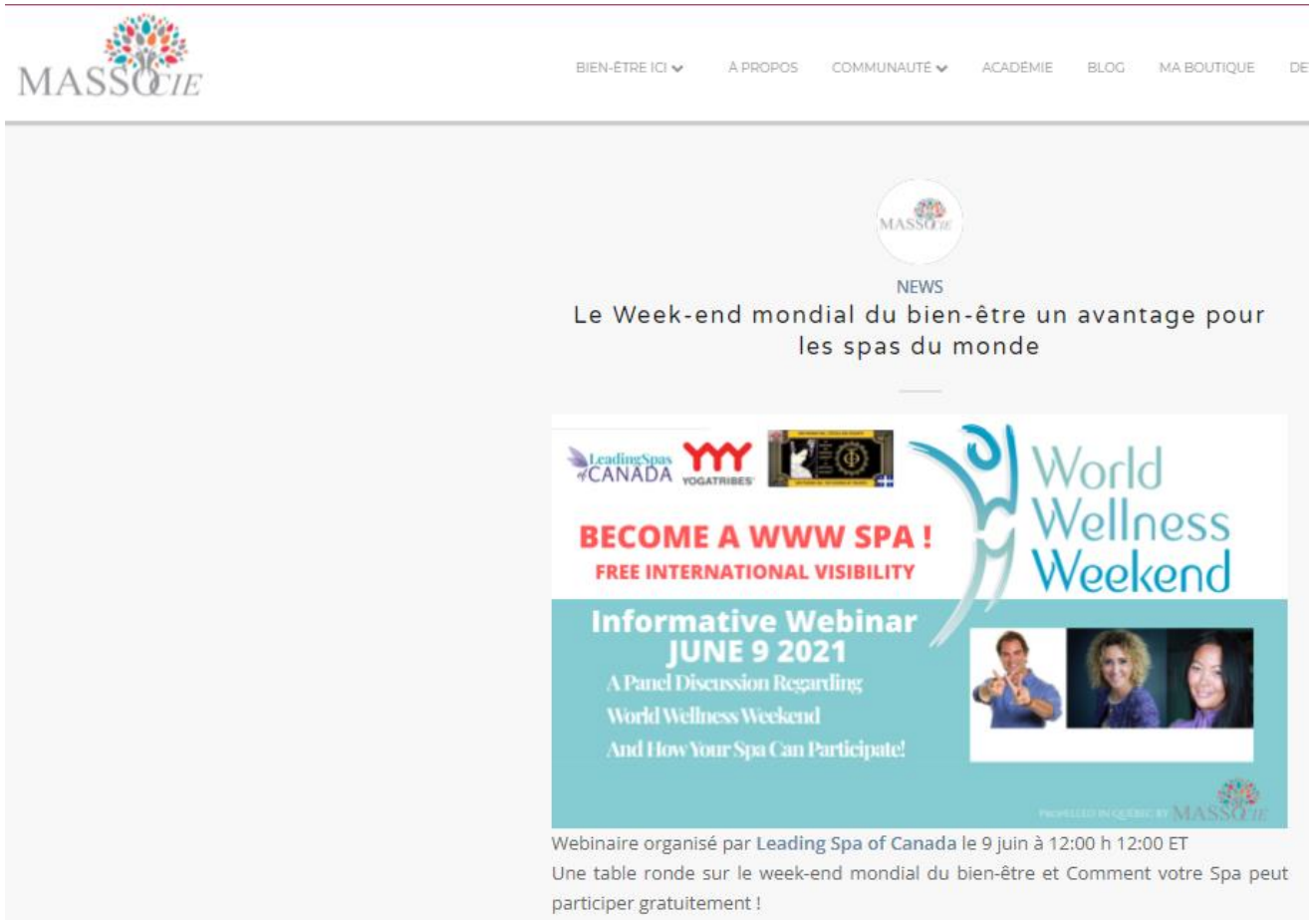
CANADA

https://boomersetcie.ca/lisette-l-sur-une-nouvelle-lance/#84



CANADA

https://www.masso-cie.com/le-week-end-mondial-du-bien-etre-un-avantage-pour-les-spas-du-monde/



CANADA

https://monastere.ca/fr/programmation/activite/weekend-mondial-du-bien-etre-au-monastere-des-augustines-614?calendrier=%2Ffr%2Fprogrammation%2Fagenda-des-evenements-6%2F2021%2F09



CANADA

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CANADA

https://infiniespossibilites888.com/world-wellness-weekend



CANADA

https://bloguerie.com/2021/09/02/le-world-wellness-weekend/



LATIN AMERICA

	Mentions	TV	Radio	Articles
LATAM	152	4	6	142
Mexico	73	1	2	70
Dominican Republic	19	3		16
Argentina	14		2	12
Brasil	13			13
Panama	5			5
Chile	4		1	3
Costa Rica	4			4
Venezuela	4		1	3
El Salvador	2			2
Guatemala	2			2
Peru	2			2
Bolivia	1			1
Colombia	1			1
Cuba	1			1
Ecuador	1			1
Haiti	1			1
Honduras	1			1
Jamaica	1			1
Nicaragua	1			1
Paraguay	1			1
Puerto Rico	1			1



Mexico

73 mentions

Mexico

January 2021

Diario de Quintana Roo

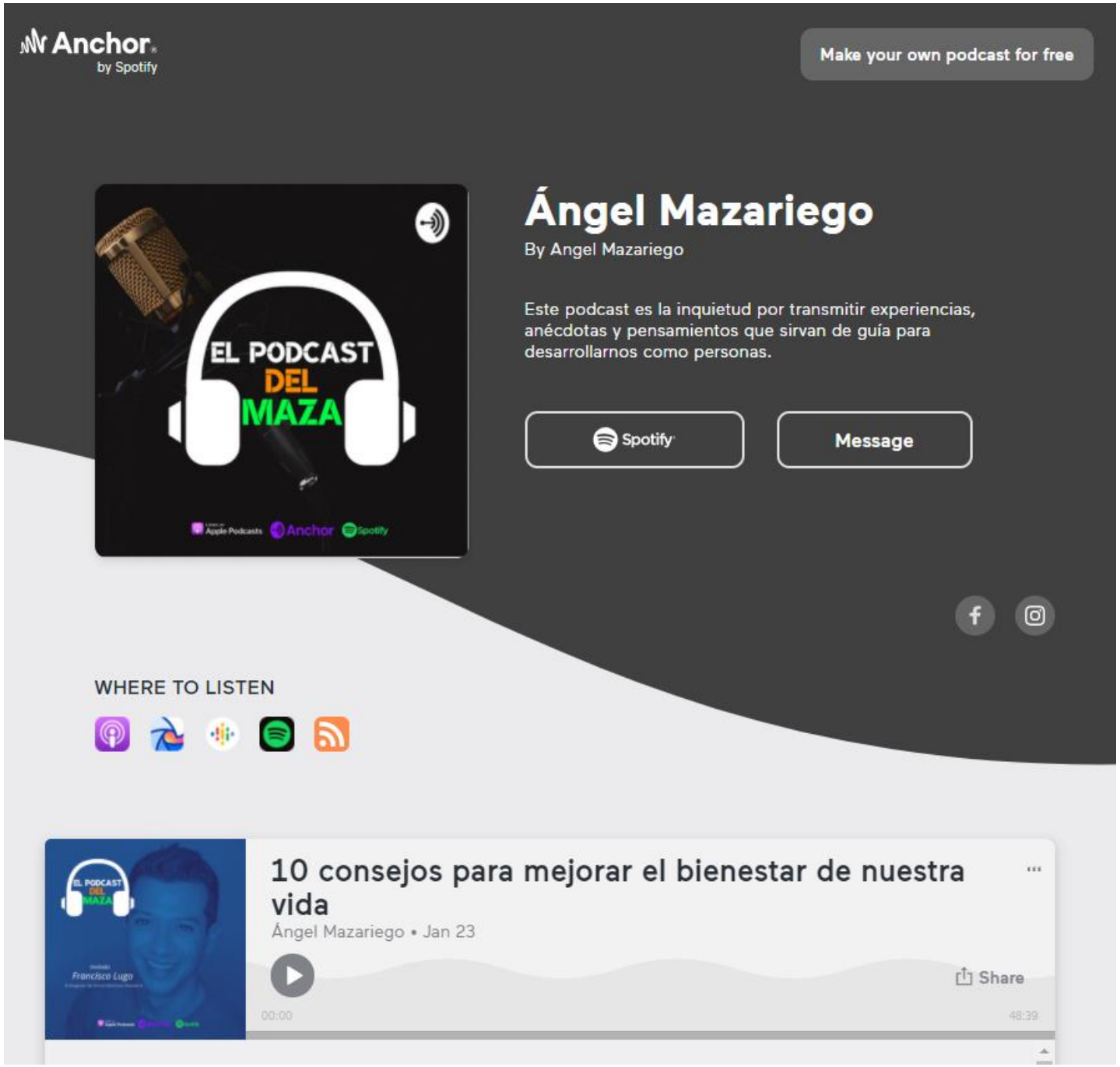
https://dqr.com.mx/entre-muros/80071-fortaleza-2.html



Mexico

23 January 2021

https://anchor.fm/angel-mazariego/episodes/10-consejos-para-mejorar-el-bienestar-de-nuestra-vida-epavl7



Mexico

29 January 2021

Coordinacion General de comunicacion

http://cgc.qroo.gob.mx/quintana-roo-recibe-el-reconocimiento-wellnesschampion-por-ser-la-2a-region-mas-activa-a-nivel-mundial-ante-109-paises/



Mexico

30 January 2021

SQCS TV



Mexico

30 Janvier 2021

Turquesa News

https://turquesanews.mx/quintana-roo/a-pesar-de-los-retos-seguimoscosechando-exitos-carlos-joaquin/



Mexico

30 January 2021

Canal 10

https://noticias.canal10.tv/nota/internacional/ quintana-roo-continua-cosechando-exitos-2021-01-30



Mexico

30 January 2021

Coordinacion General de comunicacion

http://cgc.qroo.gob.mx/a-pesar-de-losretos-seguimos-cosechando-exitos-carlos-joaquin/



Mexico

30 January 2021

Nuestra Gente

https://revistagenteqroo.com/2021/01/30/quintana-roo-recibe-elreconocimiento-wellness-champion/



Quintana Roo recibe el reconocimiento "Wellness Champion"

Por Revista Gente / enero 30, 2021

La Riviera Maya se ha consolidado como el destino turístico Wellness con más crecimiento y presencia en nuestro país

Mexico

31 January 2021

Radio Formula

https://www.radioformula.com.mx/noticias/20210131/quintana-roosigue-cosechando-exitos-carlos-joaquin-tras-recibir-wellness-champion-2020/

México Noticias

Quintana Roo sigue cosechando éxitos: Carlos Joaquín tras recibir Wellness Champion 2020

Quintana Roo se posicionó como la segunda región más activa de turismo a nivel mundial.

Blanca Cortés Martínez · 31 enero, 2021 · 2 minutos leída

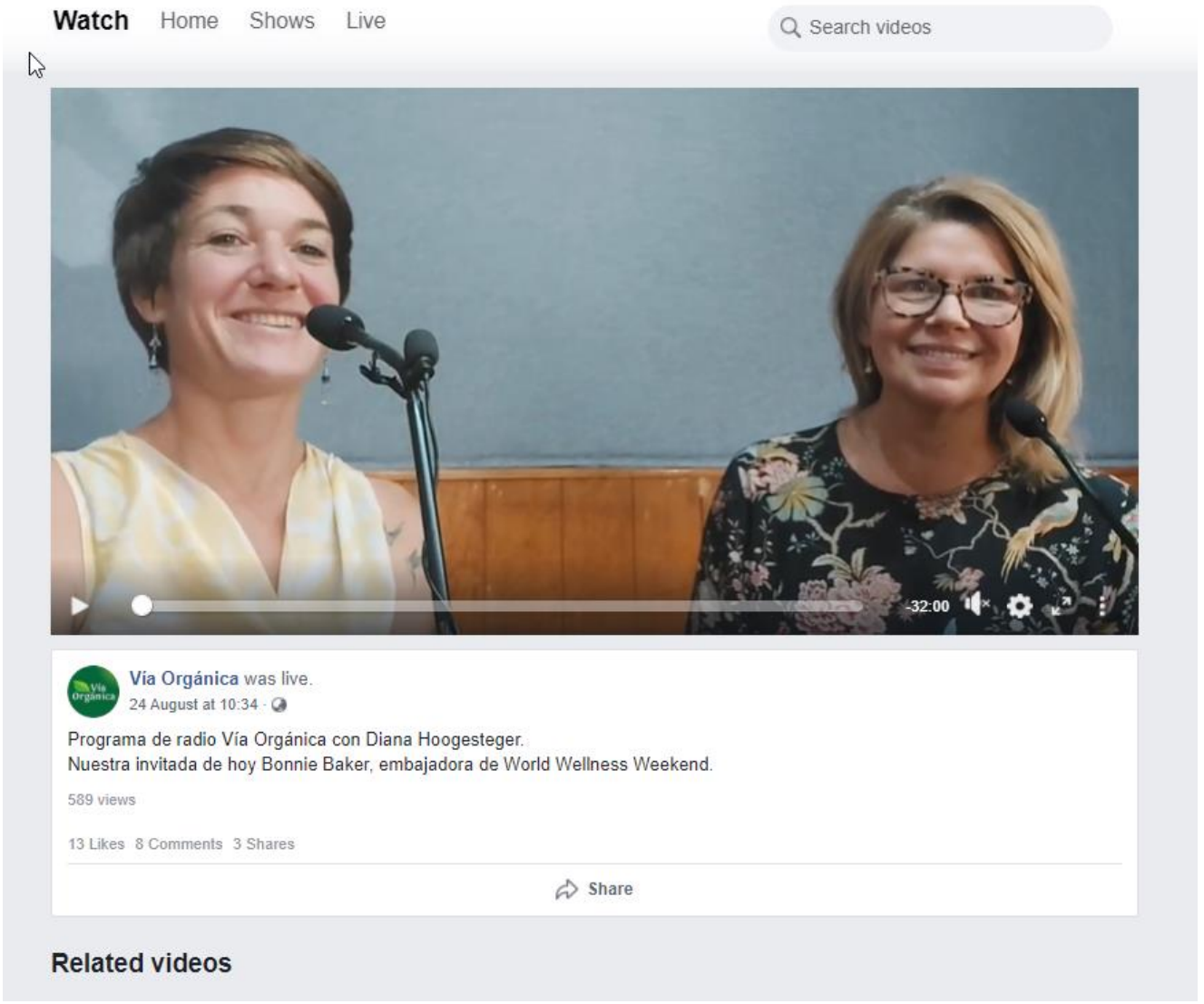
Compartir



MEXICO

24 AUGUST 2021

https://www.facebook.com/Viaorganicamexico/videos/1610421960712 41



Mexico

7 September 2021

https://www.versacomunicacion.com/prnewswire.html?rkey=20210907ES98175&filter=12263

PR Newswire

La 5a edición del World Wellness Weekend está a la vuelta de la esquina y este año cuenta con actividades en persona y online

18 - 19 de Septiembre

MIAMI, 7 de septiembre de 2021 /PRNewswire/ -- El World Wellness Weekend este año presenta la novedad de actividades online y retomar las actividades en persona. Durante el fin de semana del 18 y 19 de este mes, miles de profesionales del deporte, el turismo, el wellness y la hostelería abrirán sus puertas al público, ofreciendo actividades gratuitas de 60 minutos, clases, talleres con el objetivo de conectar a las personas a través de actividades de bienestar, siguiendo las medidas de seguridad locales.

Este evento tiene lugar justo antes del equinoccio de otoño, y muestra la experiencia y la pasión de los profesionales del bienestar y el fitness con el apoyo y la orientación de los embajadores locales, animando a las comunidades locales a ser más activas, más a menudo, con los amigos y la familia.

En América Latina y el Caribe, los amantes del bienestar pueden participar en el evento en Argentina, Brasil, Chile, Colombia, Ecuador, México, Panamá, Perú, República Dominicana y Venezuela.

El World Wellness Weekend es un evento sin ánimo de lucro alineado con el ODS3 de las Naciones Unidas (Buena salud y bienestar para todos). Con la convicción de que la prescripción social es un verdadero catalizador para promover la elección de un estilo de vida saludable, la celebración conecta a las comunidades y las educa en los "Cinco Pilares del Bienestar": dormir mejor para aumentar la creatividad, una mejor nutrición para fortalecer el sistema inmunológico, realizar más actividad física para mejorar la vitalidad, una conciencia plena para disfrutar de la serenidad y un mayor sentido de propósito para compartir una mayor solidaridad.

Como parte de nuestro deseo de volver a la normalidad en esta época Post-COVID 19, en América Latina y el Caribe se organizarán interesantes actividades para conectar con la naturaleza como el Wellness Champion Iguazu en **Brasil** donde, teniendo como marco las Cataratas de Iguazú, se realizarán terapias iónicas combinadas con ejercicios o el Oca Wellness, también en **Brasil**, que plantará árboles en los estados de Espirito Santo y Bahía, en coordinación con Plantio Brasil, **en México** Hacienda 1800 ofrecerá actividades gratuitas al aire libre, entre ellas: clases de senderismo, SUP y kayak en los parques.

Entre algunas de las organizaciones en América Latina que se han sumado a la onda del wellness, y que se encuentran apoyando este evento facilitando sus locaciones para que las personas participen se encuentran: **En Brasil: Fenix Podiatry** ofrecerá reflexología gratuita en Valença – BA el sábado 18, y el domingo 19 el **Hotel Marina Quinta do Porto** ofrecerá clases de buceo, animando así a los huéspedes y lugareños a descubrir la experiencia del wellness en Arraial D'Ajuda – BA.

Mexico

7 September 2021

https://www.unete.org/prnewswire/?rkey=20210907ES98175&filter=17071



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Mexico

7 September 2021

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https://www.prnewswire.com/news-releases/la-5a-edicion-del-world-wellness-weekend-esta-a-la-vuelta-de-la-esquina-y-este-ano-cuenta-con-actividades-en-persona-y-online-848664079.html



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18 - 19 de Septiembre

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World Wellness Weekend →
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7 September 2021

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Mexico

7 September 2021

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Mexico

7 September 2021

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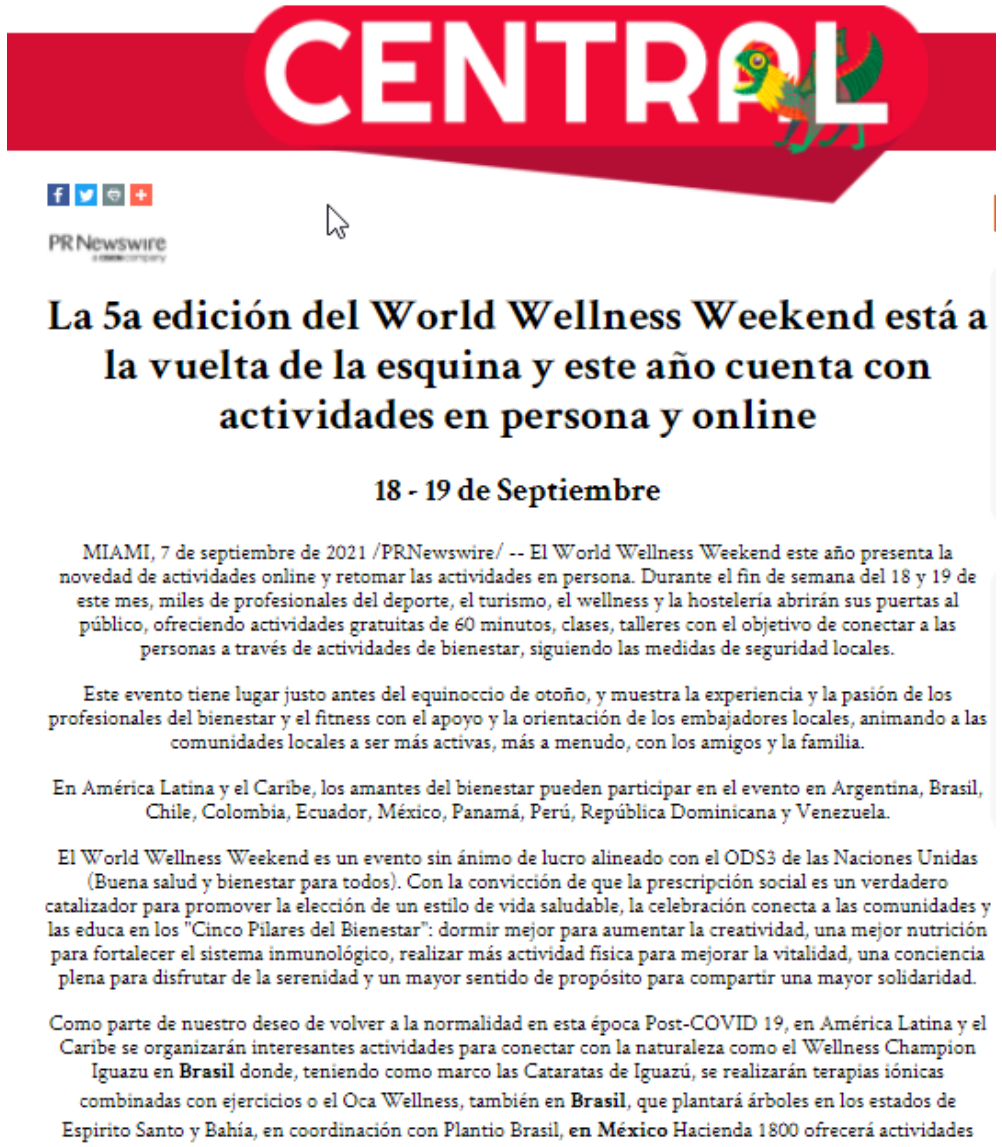

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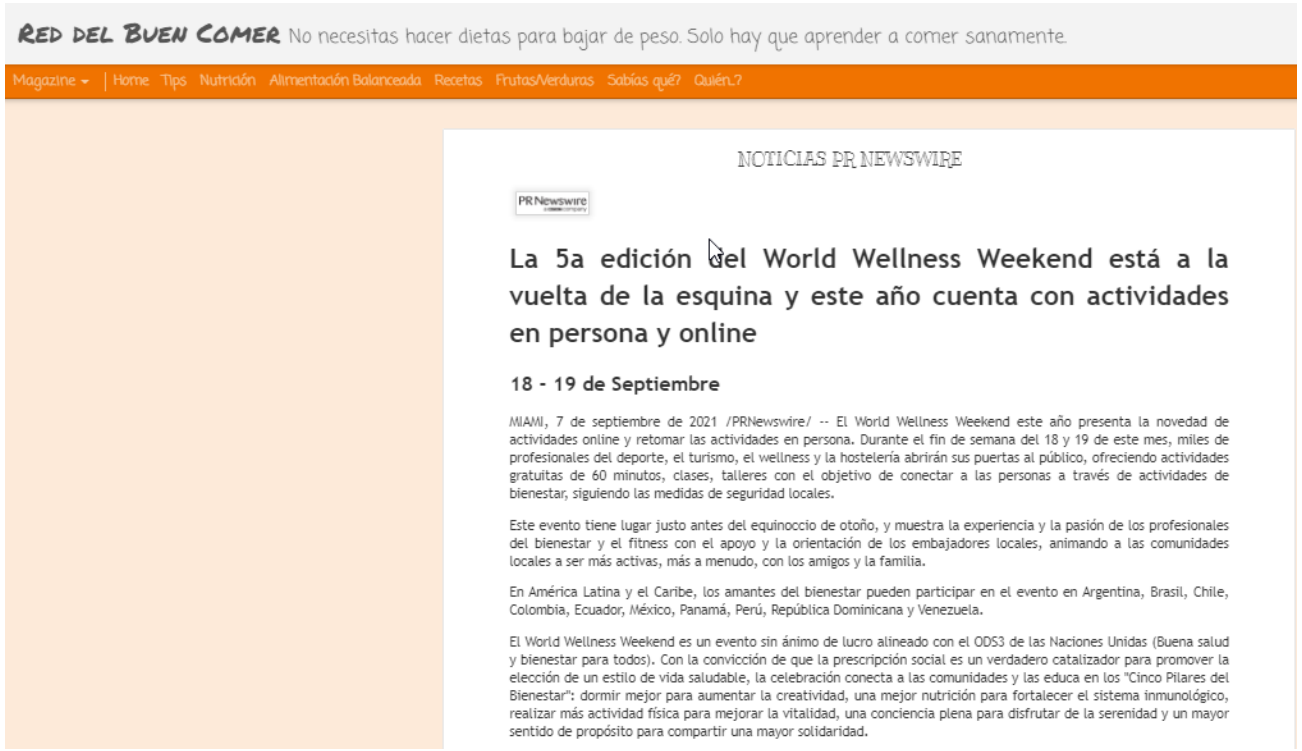

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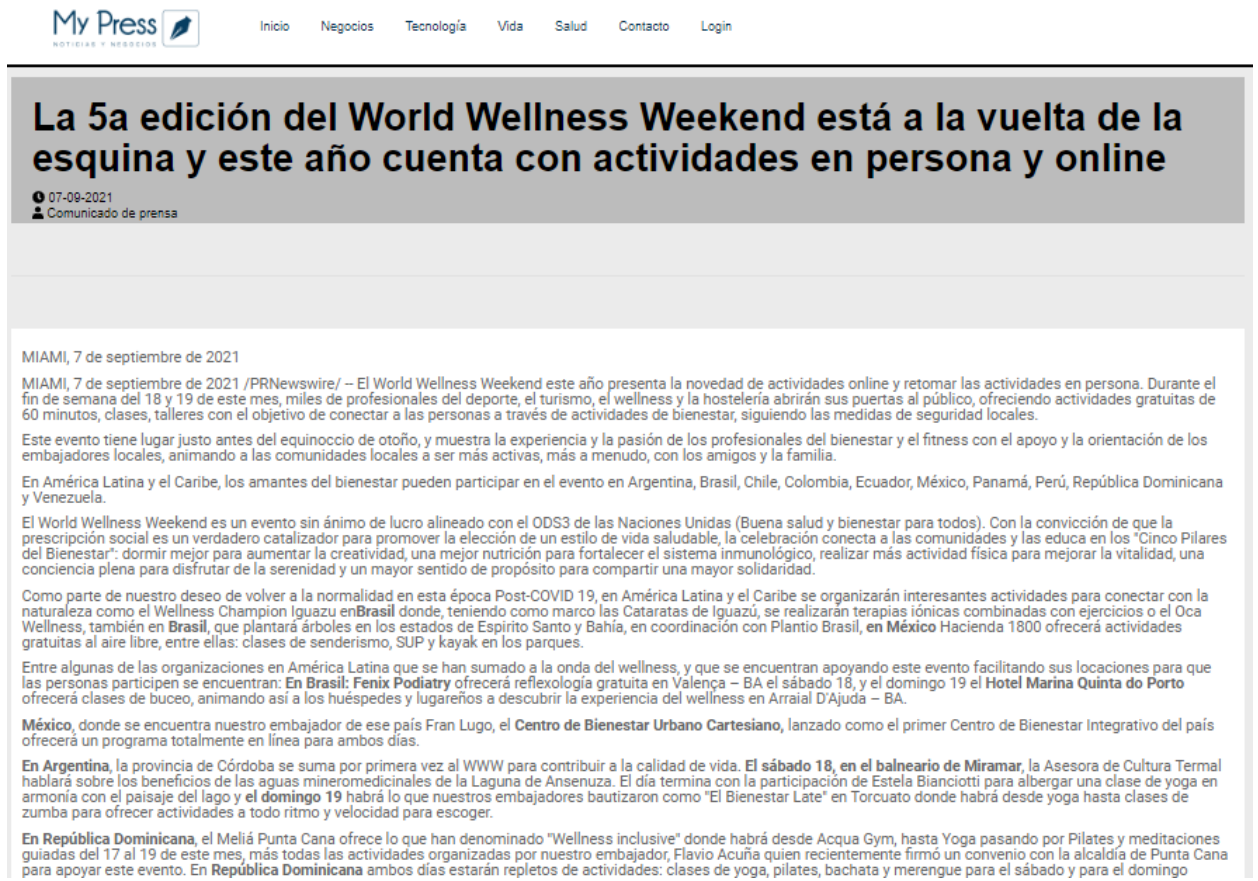

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LATIN AMERICA

7 September 2021

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El Annual World Wellness Weekend se celebrará en septiembre

REDACCIÓN el 29 julio 2021 a las 8:04 am

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LATIN AMERICA

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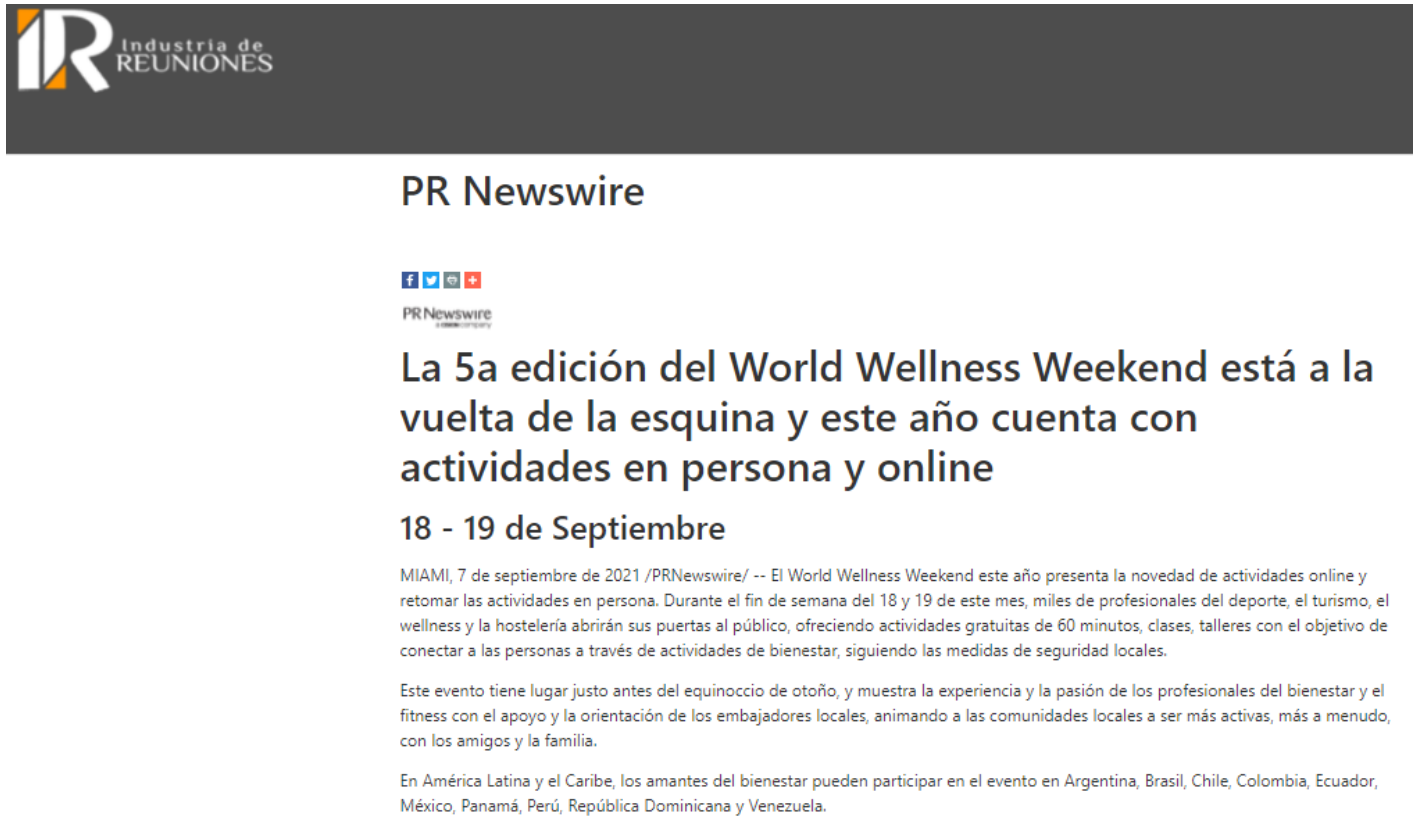

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En Panamá, en el Buenaventura Golf and Beach Resort el fin de semana del 18 y el 19 de este mes ofrecerán todo tipo de actividades, incluyendo yoga facial, entre otras, para quienes tratan su cuerpo como un templo que debe ser cuidado y bien mantenido.

Algunas otras actividades online para quienes no puedan asistir a las locaciones por país para cada día incluyen: **18 de septiembre: Brasil: Eliana Costa**, Coordinadora de WWW, ofrecerá clases de LIAN GONG gratuitas; **México: el Esencia Yoga Spa Retreat** (San Miguel de Allende) explorará los beneficios de la terapia de inversión conservadora en un trapecio de yoga de yoga body naturals desarrollado por Lucas Rockwood (actividad en interiores ON-SITE) y transmisión en vivo en Facebook e Instagram.

"No hay misión más noble en la vida que animar a todos y cada uno a convertirse en la mejor versión de sí mismos. Es hora de que aprendamos a VIVIR BIEN en medio de la situación actual, y entre nosotros", dice Jean-Guy de Gabriac, fundador del World Wellness Weekend.

Para conocer todas y cada una de las actividades del World Wellness Weekend en cada país, visita http://www.wellmap.es, no te quedes sin formar parte de este evento y de esta onda del bienestar.

FUENTE World Wellness Weekend

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18 - 19 DE SEPTIEMBRE

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Este evento tiene lugar justo antes del equinoccio de otoño, y muestra la experiencia y la pasión de los profesionales del bienestar y el fitness con el apoyo y la orientación de los embajadores locales, animando a las comunidades locales a ser más activas, más a menudo, con los amigos y la familia.

En América Latina y el Caribe, los amantes del bienestar pueden participar en el evento en Argentina, Brasil, Chile, Colombia, Ecuador, México, Panamá, Perú, República Dominicana y Venezuela.

El World Wellness Weekend es un evento sin ánimo de lucro alineado con el ODS3 de las Naciones Unidas (Buena salud y bienestar para todos). Con la convicción de que la prescripción social es un verdadero catalizador para promover la elección de un estilo de vida saludable, la celebración conecta a las comunidades y las educa en los "Cinco Pilares del Bienestar": dormir mejor para aumentar la creatividad, una mejor nutrición para fortalecer el sistema inmunológico, realizar más actividad física para mejorar la vitalidad, una conciencia plena para disfrutar de la serenidad y un mayor sentido de propósito para compartir una mayor solidaridad.

Como parte de nuestro deseo de volver a la normalidad en esta época Post-COVID 19, en América Latina y el Caribe se organizarán interesantes actividades para conectar con la naturaleza como el Wellness Champion Iguazu en **Brasil** donde, teniendo como marco las Cataratas de Iguazú, se realizarán terapias iónicas combinadas con ejercicios o el Oca Wellness, también en **Brasil**, que plantará árboles en los estados de Espirito Santo y Bahía, en coordinación con Plantio Brasil, **en México** Hacienda 1800 ofrecerá actividades gratuitas al aire libre, entre ellas: clases de senderismo, SUP y kayak en los parques.

Entre algunas de las organizaciones en América Latina que se han sumado a la onda del wellness, y que se encuentran apoyando este evento facilitando sus locaciones para que las personas participen se encuentran: **En Brasil: Fenix Podiatry** ofrecerá reflexología gratuita en Valença – BA el sábado 18, y el domingo 19 el **Hotel Marina Quinta do Porto** ofrecerá clases de buceo, animando así a los huéspedes y lugareños a descubrir la experiencia del wellness en Arraial D'Ajuda – BA.

México, donde se encuentra nuestro embajador de ese país Fran Lugo, el **Centro de Bienestar Urbano Cartesiano,** lanzado como el primer Centro de Bienestar Integrativo del país ofrecerá un programa totalmente en línea para ambos días.

En Argentina, la provincia de Córdoba se suma por primera vez al WWW para contribuir a la calidad de vida. **El sábado 18, en el balneario de Miramar**, la Asesora de Cultura Termal hablará sobre los beneficios de las aguas mineromedicinales de la Laguna de Ansenuza. El día termina con la participación de Estela Bianciotti para albergar una clase de yoga en armonía con el paisaje del lago y **el domingo 19** habrá lo que nuestros embajadores bautizaron como "El Bienestar Late" en Torcuato donde habrá desde yoga hasta clases de zumba para ofrecer actividades a todo ritmo y velocidad para escoger.

Mexico

7 September 2021

http://amarillistos.com.mx/prnewswire/?rkey=20210907ES98175&filter=13382



amarillistos.com.mx

CHISMES MÚSICA LO MÁS VIRAL

PRNewswire

La 5a edición del World Wellness Weekend está a la vuelta de la esquina y este año cuenta con actividades en persona y online

18 - 19 de Septiembre

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Mexico

7 September 2021

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Mexico

7 September 2021

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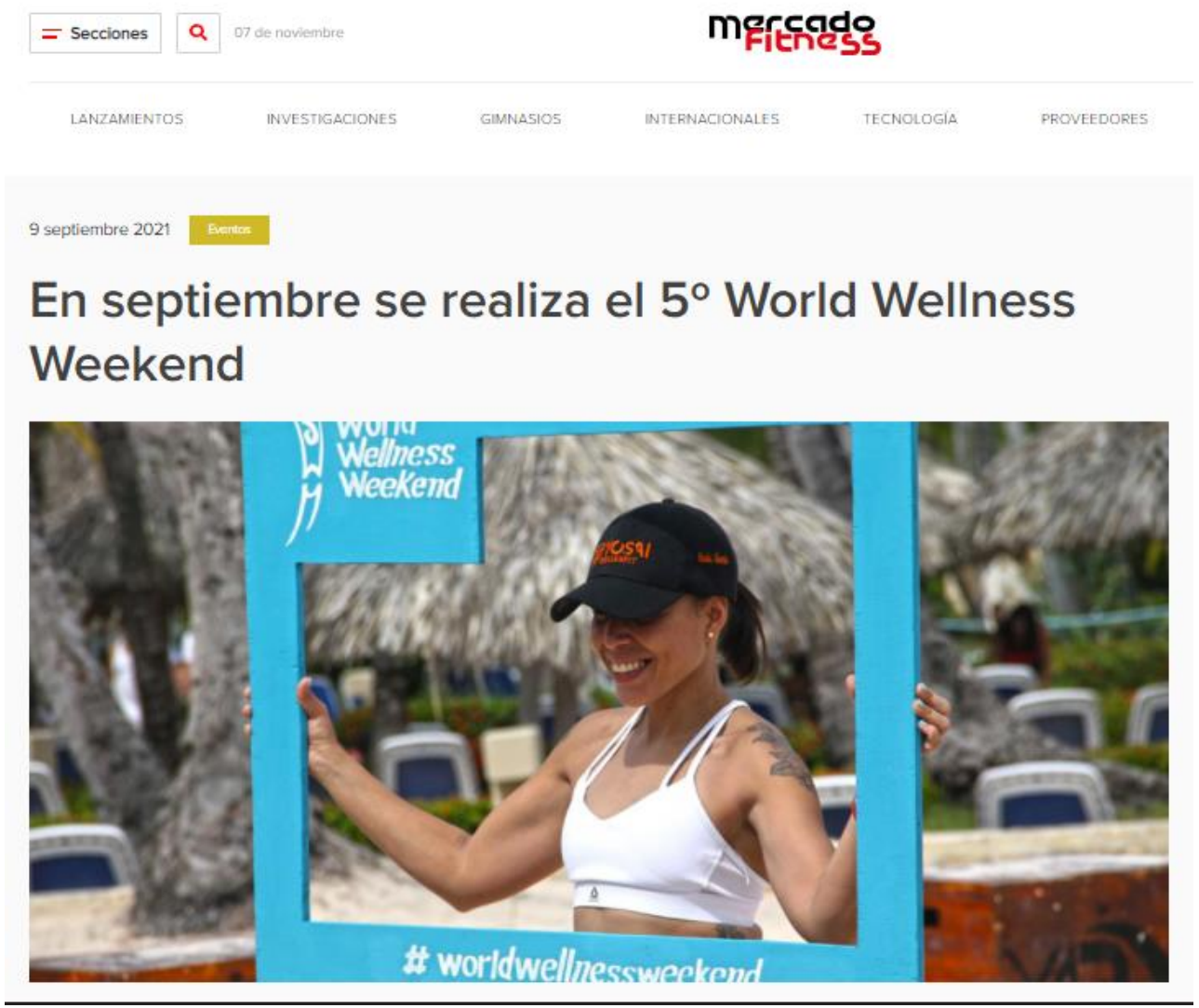
Mexico

09 September 2021

https://mercadofitness.com/ar/en-septiembre-se-realiza-el-5o-world-wellness-weekend/



Mexico

11 September 2021

https://mtch.vibetv.mx/servicios/20200911/participa-en-el-world-wellness-weekend-2020/



Mexico

15 September 2021

https://desdepuebla.com/2021/09/15/hotel-cartesiano-sera-embajador-del-world-wellness-weekend/



ENTIDAD

HOTEL CARTESIANO SERÁ EMBAJADOR DEL WORLD WELLNESS WEEKEND

By Redaccion1 / 15 septiembre, 2021



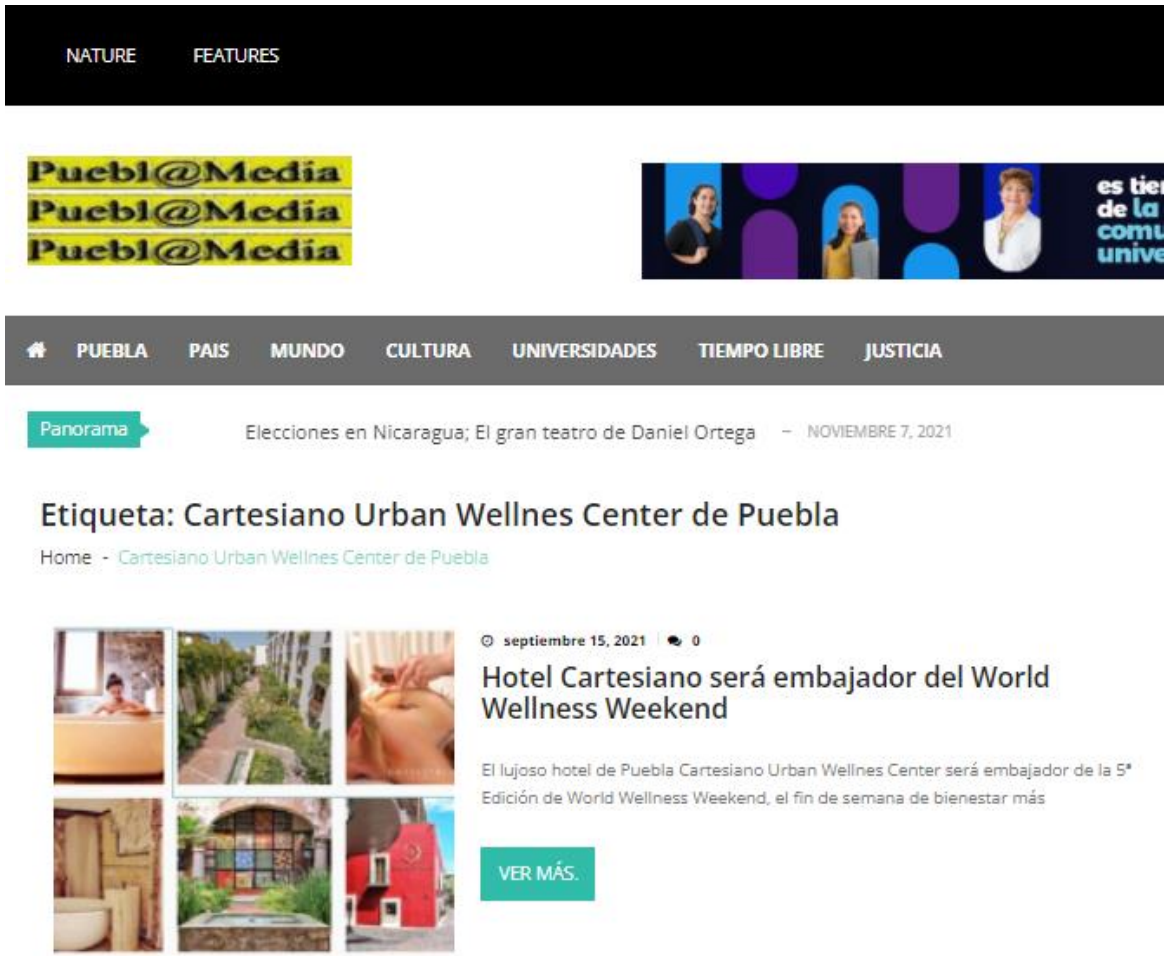
Staff/Rossi

El lujoso hotel de Puebla Cartesiano Urban Wellnes Center será embajador de la 5ª Edición de World Wellness Weekend, el fin de semana de bienestar más grande del mundo, que se celebrará del 18 y 19 de septiembre.

Mexico

15 September 2021

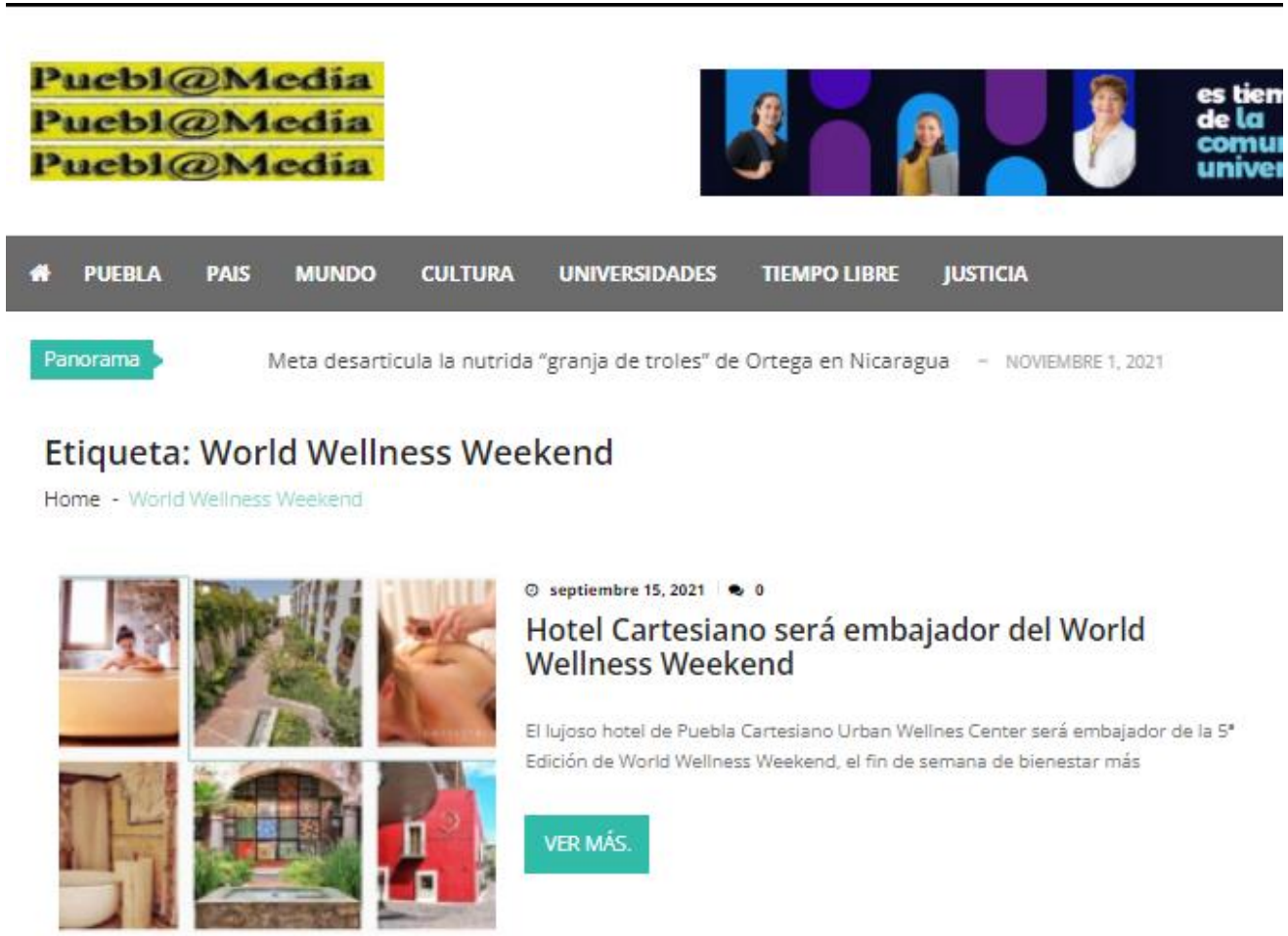
https://www.pueblamedia.com/tag/cartesiano-urban-wellnes-center-de-puebla/



Mexico

15 September 2021

https://www.pueblamedia.com/tag/world-wellness-weekend/



Mexico

16 September 2021

https://www.lokkal.com/sma/magazine/2021/september/well.php





Mexico

16 September 2021

https://puebla.lodehoy.com.mx/2021/09/16/42986/hotel-cartesiano-sera-embajador-de-la-5a-edicion-de-world-wellness-weekend



Hotel Cartesiano será embajador de la 5ª Edición de World Wellness Weekend

Por Alma Méndez el 16/09/2021 - 15:55

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Puebla, Pue- Este fin de semana el **Hotel Cartesiano será embajador de la 5ª Edición de World Wellness Weekend,** donde se **promueven espacios turísticos y de confort,** donde se ofrecen diversas **actividades gratuitas** para los ciudadanos con el objetivo de contar con una buena salud y bienestar emocional.

Dentro de este evento Cartesiano será distinguido como **"Wellness Champions"** por el concepto que ofrece a sus visitantes el cual se encuentra a

Mexico

17 September 2021

https://diariopuntual.com/index.php/empresarial/2021/09/16/6653/el-fin-de-semana-el-hotel-cartesiano-sera-el-embajador-de-la-5a-edicion



Mexico

Monitoreo

17 September 2021

https://www.monitoreo.uno/061e9047145b77d0dd941c634d033f87



Mexico

17 September 2021

https://topmanagement.com.mx/hotel-cartesiano-embajador-del-world-wellness-weekend/

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HOTEL CARTESIANO, EMBAJADOR DEL WORLD WELLNESS WEEKEND



16 de septiembre del 2021 | *por Top Management*

El hotel **Cartesiano Urban Wellnes Center ubicado en la ciudad de Puebla,** será embajador de la 5ª Edición de World Wellness Weekend, el fin de semana de bienestar más grande del mundo, que se celebrará del 18 y 19 de septiembre.

Asimismo, dentro de este evento Cartesiano será distinguido como "Wellness Champion" por su maravilloso concepto, el cual se encuentra a la altura de las mejores experiencias wellness a nivel internacional.

World Wellness Weekend es una iniciativa fundada en 2017 por Jean Guy De Gabriac en Francia, la cual está inspirada en el tercer objetivo de desarrollo sostenible de la Organización de las Naciones Unidas ONU: Buena Salud y Bienestar para todos.

Mexico

17 September 2021

http://www.protocolo.com.mx/salud/hotel-cartesiano-embajador-del-world-wellness-weekend/



Mexico

17 September 2021

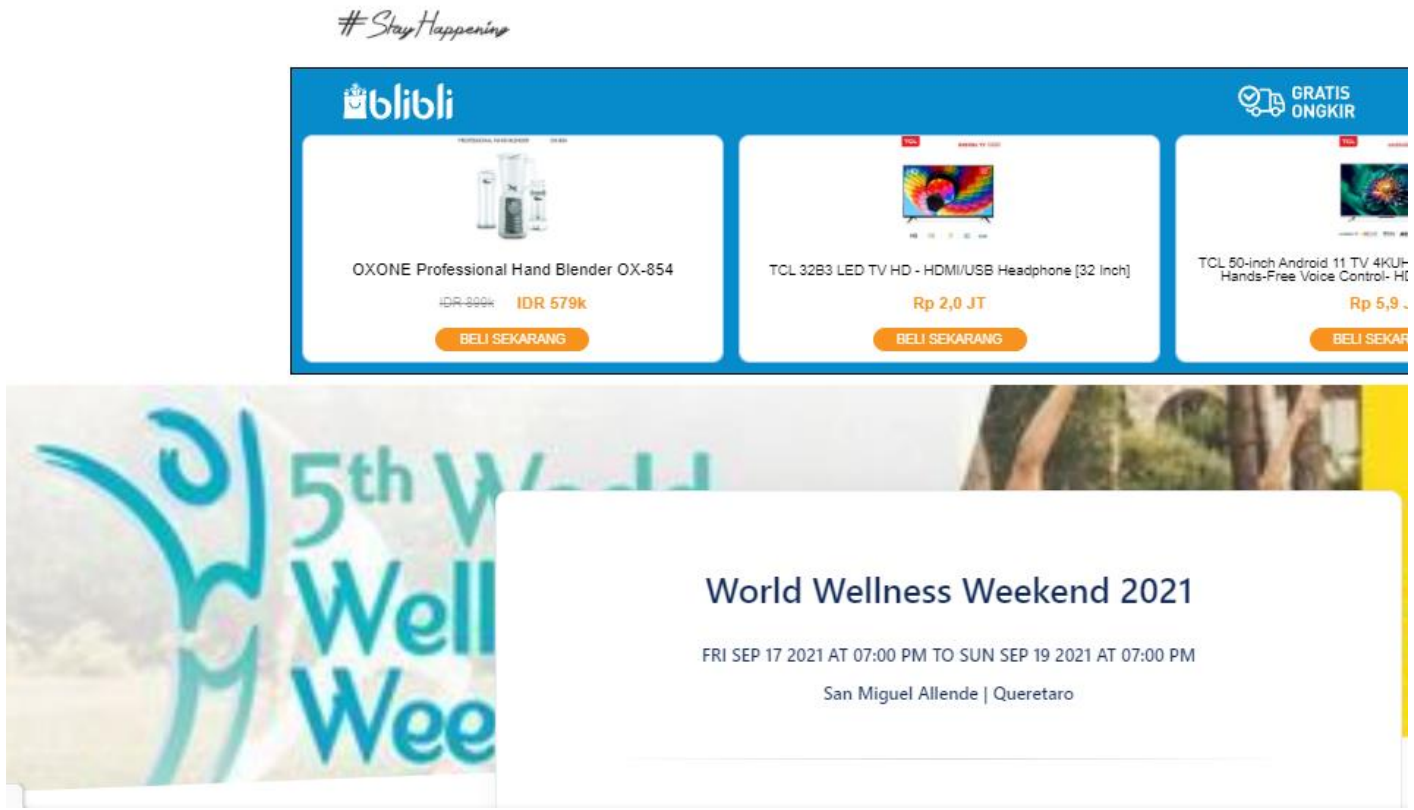
https://inversion-turistica.com/2021/09/17/hotel-cartesiano-sera-embajador-del-world-wellness-weekend/



Mexico

17 September 2021

https://stayhappening.com/e/world-wellness-weekend-2021-E2ISTXSSYE1



Mexico

20 September 2021

https://www.diarioimagen.net/?p=520972



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Portada » Turismo » *NYC & Company*, invita a visitantes y neoyorquinos a redescubrir la intersección más famosa del mundo

NYC & Company, invita a visitantes y neoyorquinos a redescubrir la intersección más famosa del mundo

Turismo lunes 20, Sep 2021

De cinco estrellas

Victoria González Prado

- *32 estados y 70 países confirmados para el Tianguis Turístico en Mérida, Yucatán*
- *El hotel* Cartesiano Urban Wellnes Center, *fue sede del* World Wellness Weekend
- Emirates*contratará 3 mil tripulantes de cabina y 500 empleados de servicios aeroportuarios*

La ciudad de Nueva York lista para recibir visitantes.

Mexico

20 September 2021

https://claseturista.com.mx/index.php/opinion/item/42031-de-cinco-estrellas



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20 Septiembre 2021 Opinión

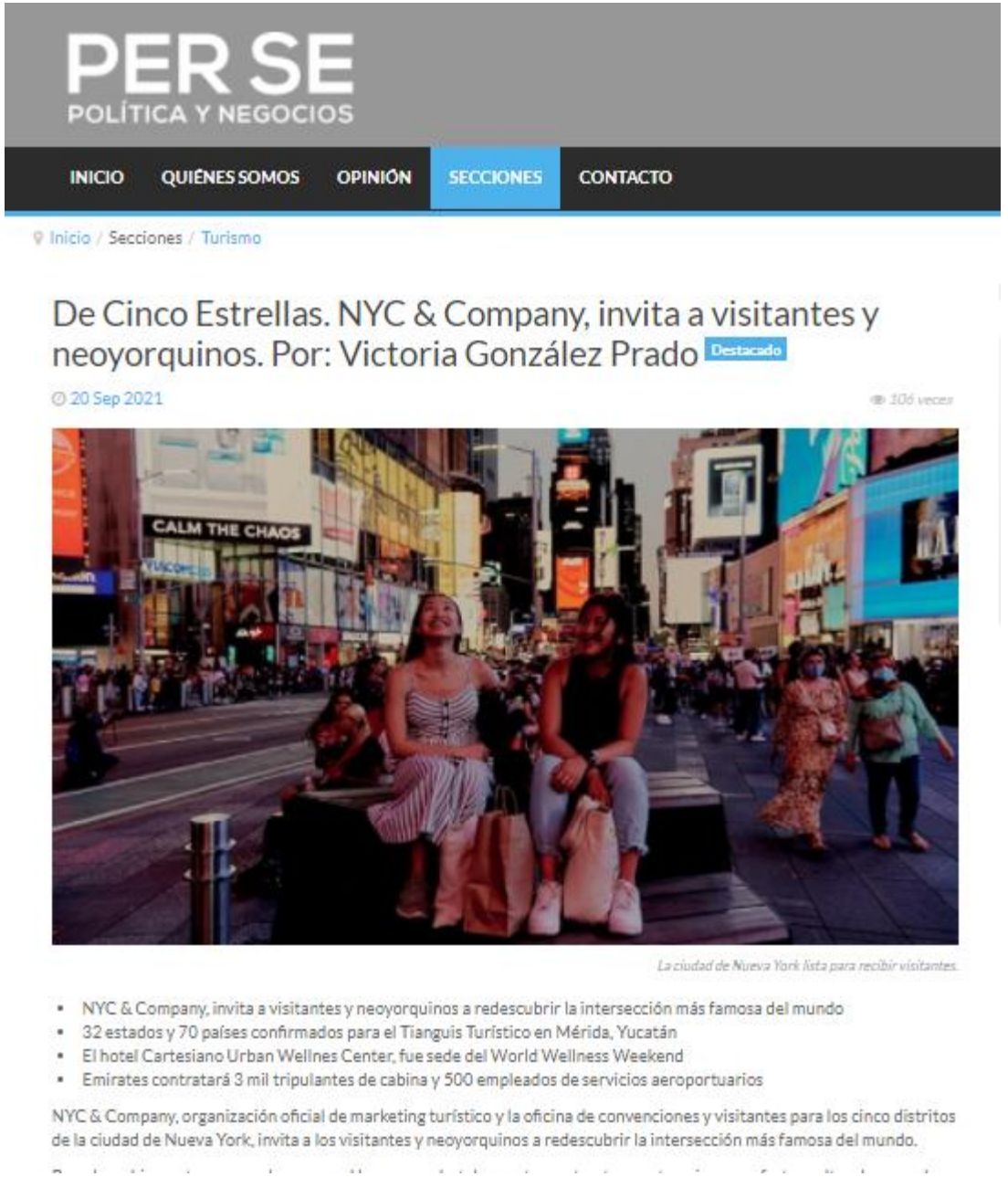
De Cinco Estrellas

- **Vuela El Salvador S.A. de C.V.(Volaris Salvador)** recibió el Certificado de Operador Aéreo
- *NYC & Company*, invita a visitantes y neoyorquinos a redescubrir la intersección más famosa del mundo
- El hotel *Cartesiano Urban Wellnes Center*, fue sede del *World Wellness Weekend*
- *Emirates* contratará 3 mil tripulantes de cabina y 500 empleados de servicios aeroportuarios
- Por Victoria González Prado

Mexico

20 September 2021

https://persegaceta.com.mx/index.php/secciones/turismo/item/15477-de-cinco-estrellas-nyc-company-invita-a-visitantes-y-neoyorquinos-por-victoria-gonzalez-prado



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De Cinco Estrellas. NYC & Company, invita a visitantes y neoyorquinos. Por: Victoria González Prado

Destacado

20 Sep 2021

106 veces

La ciudad de Nueva York lista para recibir visitantes.

- NYC & Company, invita a visitantes y neoyorquinos a redescubrir la intersección más famosa del mundo
- 32 estados y 70 países confirmados para el Tianguis Turístico en Mérida, Yucatán
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NYC & Company, organización oficial de marketing turístico y la oficina de convenciones y visitantes para los cinco distritos de la ciudad de Nueva York, invita a los visitantes y neoyorquinos a redescubrir la intersección más famosa del mundo.

Mexico

27 October 2021

https://www.garzablancaresort.com/blog/wellness/world-wellness-weekend-2021



Mexico

20 September 2021

Diario Imagen (print edition)



Lunes 20 de septiembre de 2021 DIARIOIMAGEN turismo 25

DE CINCO ESTRELLAS

- 32 estados y 70 países confirmados para el Tianguis Turístico en Mérida, Yucatán

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Por Victoria González Prado

NYC & Company, organización oficial de marketing turístico y la oficina de convenciones y visitantes para los cinco distritos de la ciudad de Nueva York, invita a los visitantes y neoyorquinos a redescubrir la intersección más famosa del mundo.

Broadway hizo su tan esperado regreso. Hay nuevos hoteles, restaurantes, tours, atracciones y ofertas culturales, que dan a los viajeros innumerables razones para reconectar con *Times Square*, una de las zonas más icónicas de la ciudad de Nueva York.

Hace unos días se celebró la reapertura de los éxitos de *Broadway Waitress* y *Hadestown*, y luego el elenco de *Hamilton*, *Wicked*, *The Lion King* y Chicago hicieron la invitación a los aficionados para visitar los históricos teatros en *Times Square*.

El regreso de Broadway a *Times Square* marca momento crucial para la ciudad de Nueva York durante la recuperación de la pandemia y es motivo de celebración para los neoyorquinos y los visitantes. Mientras están en la ciudad para ver un espectáculo de Broadway, pueden aprovechar su viaje hospedándose en hotel emblemático, visitar restaurante excepcional y disfrutar un tour, atracciones y ofertas culturales.

Bill de Blasio, alcalde de la ciudad dijo, "da un paseo por *Times Square* y verás que la recuperación económica está trabajando a su máxima potencia este otoño. El regreso del turismo está impulsado por *Broadway*, a modo de que los turistas que llegan de todas partes del mundo vean y disfruten un espectáculo, o dos, o tres."

Fred Dixon, presidente y CEO de *NYC & Company* comentó: "con el regreso de *Broadway*, esperamos dar la bienvenida a más visitantes y residentes que regresan al vibrante cruce de caminos más famoso del mundo. Con hoteles de clase mundial, restaurantes, arte y cultura, atracciones, tours y entretenimiento en vivo, no hay mejor momento para sentir los latidos de la ciudad de Nueva York, mientras alcanzamos este hito en la recuperación de la industria turística".

El conteo diario de peatones en *Times Square* alcanzó 255 mil durante el fin de semana del Día del Trabajo, siendo el domingo el día con mayor número de transeúntes de toda la pandemia: 263 mil 902.

Tom Harris, presidente de *Times Square Alliance* indicó, "con el regreso de *Broadway* y la reapertura de hoteles, restaurantes y atracciones, además de nuevos hoteles y restaurantes, hay un suministro de razones para visitar *Times Square* en tu siguiente viaje a la ciudad de Nueva York".

Charlotte St. Martin, presidente de *The Broadway League*, mencionó: "la reapertura de *Broadway* significa una meta importante para la recuperación de la ciudad de Nueva York. Estamos ansiosos por recibir en nuestros teatros a neoyorquinos y visitantes".

☆☆☆☆☆ La Secretaría de Turismo federal (Sectur) y el Gobierno de Yucatán, anunciaron que en la edición 45 del Tianguis Turístico a realizarse del 16 al 19 de noviembre próximo han confirmado su asistencia los 32 estados de la República Mexicana y se espera asistan compradores y medios informativos de 70 países.

Miguel Torruco Marqués, destacó que la realización de este magno evento es impulsar la promoción y comercialización de los destinos turísticos, al igual que sus múltiples productos y servicios a representantes del sector y empresarios de todo el mundo.

Enfatizó que será prioridad la seguridad biosanitaria, por lo que las actividades se desarrollarán con las medidas preventivas indicadas por la Secretaría de Salud de México (SSA) y la Organización Mundial de la Salud (OMS).

Por su parte, el gobernador de Yucatán, **Mauricio Vila Dosal**, además de extender la invitación a participar en la edición 2021 del Tianguis Turístico, destacó que contarán con representantes del sector turístico y empresarios de todo el mundo, ofreciendo ocasión única para el intercambio de ideas y oportunidades de negocios que permitan el mayor de los éxitos en cada reunión.

"En Yucatán estamos listos para hacer este evento inolvidable, con los mejores espacios e innovación en el sector", aseguró.

La secretaria de Fomento Turístico de la entidad (Sefotur), **Michelle Fridman Hirsch**, hizo énfasis en que, tras más de 15 meses de espera, este evento es más relevante que nunca, pues representa nuevo contratiempo para la industria que tanto beneficia a México, y que ha sido tan golpeada por las recientes crisis.

"Después de una larga espera, estamos convencidos de que este será el escaparate necesario para una mejor recuperación".

☆☆☆☆☆ El lujoso hotel de Puebla *Cartesiano Urban Wellnes Center* fue embajador de la 5ª Edición de *World Wellness Weekend*, el fin de semana de bienestar más grande del mundo, que se celebró 18 y 19 de septiembre.

El inmueble fue distinguido como "*Wellness Champions*" por su concepto, que está a la altura de las mejores experiencias *wellness* a nivel internacional.

World Wellness Weekend es iniciativa fundada en 2017 por **Jean Guy De Gabriac** en Francia, inspirado en el tercer objetivo de desarrollo sostenible de la Organización de las Naciones Unidas ONU: Buena Salud y Bienestar para todos.

La 5ª edición de este evento se celebró simultáneamente en más de 130 países; para el caso de México en destinos como Ciudad de México, Los Cabos, Cancún, Puerto Vallarta, Tecate y Puebla, donde además de promover los espacios turísticos y de bienestar, se ofrecieron actividades gratuitas para la comunidad, con el objetivo de inspirarla para tomar decisiones sobre su salud y bienestar.

☆☆☆☆☆ *Emirates* busca contratar 3 mil tripulantes de cabina y 500 empleados de servicios aeroportuarios que se incorporarán a su *hub* de Dubái durante los próximos seis meses para la aerolínea del Golfo prevé aumento de operaciones que vendría a constatar la recuperación del tráfico aéreo.

La línea aérea ha restablecido gradualmente su red de operaciones en consonancia con la flexibilización de las restricciones de viaje en todo el mundo, y en los últimos meses ha reincorporado a pilotos, tripulantes de cabina y otros empleados operativos tras la reducción temporal de personal debido a la pandemia y a la drástica reducción de vuelos el año pasado.

Actualmente, *Emirates*, vuela a más de 120 ciudades, lo que representa 90 por ciento de su red anterior a la pandemia, y tiene previsto restablecer 70 por ciento de su capacidad para finales de año, incluyendo la puesta en servicio de más aviones A380.

Los empleados contratados en este reclutamiento ocuparían puestos con base en Dubái y de primera línea de atención al cliente, por lo que los aspirantes se convertirían en "embajadores de la marca Emirates". Los candidatos interesados pueden presentar su solicitud en www.emiratesgroupcareers.com.

victoriagprado@gmail.com
Twitter: @victoriagprado

La ciudad de Nueva York lista para recibir visitantes.

Mérida está lista para recibir al Tianguis Turístico.

Aquí fue la sede del *World Wellness Weekend*.

Emirates busca contratar embajadores.



Dominican Republic

19 mentions

Dominican Republic

29 July 2021

Punta TV Cana

https://fb.watch/73onjCObTF/



DOMINICAN REPUBLIC



Dominican Republic

24 August 2021

http://tourismgolfandbusinessevents.com/world-wellness-weekend-proximo-mes-incluira-actividades-presenciales-y-online/

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WORLD WELLNESS WEEKEND PRÓXIMO MES INCLUIRÁ ACTIVIDADES PRESENCIALES Y ONLINE

agosto 24, 2021 104

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https://events.melia.com/events/melia-punta-cana-beach-resort/World-Wellness-Weekend-.html

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ALL INCLUSIVE

Be part of **World Wellness Weekend** and enjoy of all the Wellness Inclusive Activities:

- Aqua Gym
- CrossFit
- Run for Fun=5K Race
- Golf Clinics
- Green Go Bike Tours
- Aqua Pole Fitness
- Jumping Fitness
- Aero Dance Master Class
- Pilate & Stretching
- Yoga
- Obstacle Camp
- Spa: 20% Off on relaxing Massage ($)
- Mindfulness Guided Meditation
- Healthy Cocktails Master Class

NOTE: For more information contact: reyes.guzman@melia.com



Guests

The Shaker is an amazing bar near to the Mexican restaurant where you can enjoy nationals and internationals cocktails whith a good atmosphere and excellent service. My wife and me visit that bar...

P1825IPjesusm

Dominican Republic

01 September 2021

https://tiempohabitualonline.blogspot.com/2021/08/world-wellness-weekend-traves-de-su.html

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World Wellness Weekend, a través de su embajador en República Dominicana Flavio Acuña, firma convenio con la Alcaldía de Punta Cana

República Dominicana.- El World Wellness Weekend, el evento del mundo del Bienestar y la Salud con iniciativa que tiene 5 años y que, en 2020, a pesar de la pandemia se realizó de modo virtual, anuncia, el que, a través de su embajador en República Dominicana, Flavio Acuña, acaba de firmar un convenio de cooperación interinstitucional con la alcaldía del municipio Punta Cana Alcalde Ramón Ramírez (Manolito) con el cual esta institución estará brindado apoyo con la difusión masiva del evento, medios de comunicación, vallas en la ruta y t-shirt.



Con es alianza, la alcaldía se compromete a disponer de todos los recursos y herramientas disponible en el ayuntamiento para que las actividades a efectuarse en esa localidad con motivo del 5to World Wellness Weekend, a realizarse el 18 y el 19 de septiembre de manera exitosa.

"Para nosotros este convenio nos da una gran alegría de poder contar con el apoyo del Ayuntamiento de Bavaro Veron Punta Cana. Es una muestra de que el mundo entero y, en particular los residentes y turistas que visitan la Republica Dominicana, están deseosos de volver a la normalidad y de realizar actividades al aire libre que les ayuden a mantener y mejorar su salud, gracias al calendario de eventos que hemos organizado con este fin" Flavio Acuña, embajador del World Wellness Weekend en República Dominicana.

Acuña también comentó que en la Republica Dominicana se están organizando más de 100 actividades presenciales y gratuitas en diferentes partes del país incluyendo Bávaro, Punta Cana, Bayahibe, Santo Domingo y Cabarete.

"Esta alianza es una muestra de que nuestra labor durante los últimos 5 años a través de este evento multitudinario global está teniendo un gran éxito.

Punta Cana

03 September 2021

https://bavarodigital.net/world-wellness-weekend-a-traves-de-su-embajador-en-republica-dominicana-flavio-acuna-firma-convenio-con-la-alcaldia-de-punta-cana/



DOMINICAN REPUBLIC

07 September 2021

https://tusolcaribe.com/2021/09/anuncian-fin-de-semana-mundial-del-bienestar/

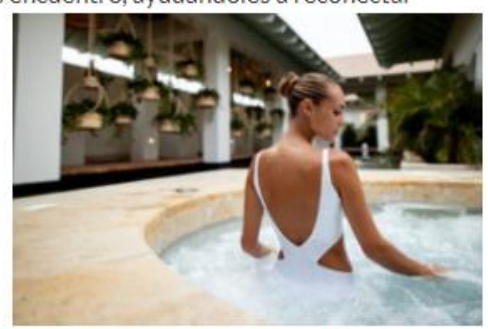
SOCIALES

Anuncian Fin de Semana Mundial del Bienestar

7 septiembre, 2021 - por **Margarita Brito** - Deja un comentario



PUNTA CANA. – Como parte de su concepto Wellness Inclusive, el hotel Meliá Punta Cana Beach – Adults Only Wellness Inclusive anunció el Fin de Semana Mundial del Bienestar, el cual se enfocará en el bienestar y la salud mental, física y emocional de aquellos que se den cita a este interesante encuentro, ayudándoles a reconectar consigo mismos.



Pautado para los días 17 al 19 de septiembre de este año, el Fin de Semana Mundial del Bienestar incluirá una serie de actividades que van desde Aero Dance, CrossFit, Run for Fun (Carrera 5K), yoga, pilates, tours en bicicleta, clínicas de golf, aqua pole, jumping fitness, competencia de campo de obstáculos, meditación guiada mindfulness, clases de cócteles saludables y 20% de descuento en masajes relajantes en Yhi Spa.

Punta Cana

07 September 2021

https://tusolcaribe.com/2021/09/anuncian-fin-de-semana-mundial-del-bienestar/



Dominican Republic

07 September 2021

http://diariohorizonte.com/la-5a-edicion-del-world-wellness-weekend-esta-a-la-vuelta-de-la-esquina-y-este-ano-cuenta-con-actividades-en-persona-y-online/



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La 5a edición del World Wellness Weekend está a la vuelta de la esquina y este año cuenta con actividades en persona y online

September 7, 2021 Internet & Tecnología

MIAMI, 7 de septiembre de 2021 /PRNewswire/ — El World Wellness Weekend este año presenta la novedad de actividades online y retomar las actividades en persona. Durante el fin de semana del 18 / 19 de este mes, miles de profesionales del deporte, el turismo, el wellness y la hostelería abrirán sus puertas al público, ofreciendo actividades gratuitas de 60 minutos, clases, talleres con el objetivo de conectar a las personas a través de actividades de bienestar, siguiendo las medidas de seguridad ocales.

Este evento tiene lugar justo antes del equinoccio de otoño, y muestra la experiencia y la pasión de os profesionales del bienestar y el fitness con el apoyo y la orientación de los embajadores locales, animando a las comunidades locales a ser más activas, más a menudo, con los amigos y la familia.

En América Latina y el Caribe, los amantes del bienestar pueden participar en el evento en Argentina, Brasil, Chile, Colombia, Ecuador, México, Panamá, Perú, República Dominicana y Venezuela.

El World Wellness Weekend es un evento sin ánimo de lucro alineado con el ODS3 de las Naciones Unidas (Buena salud y bienestar para todos). Con la convicción de que la prescripción social es un verdadero catalizador para promover la elección de un estilo de vida saludable, la celebración

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7 September 2021

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Dominican Republic

7 September 2021

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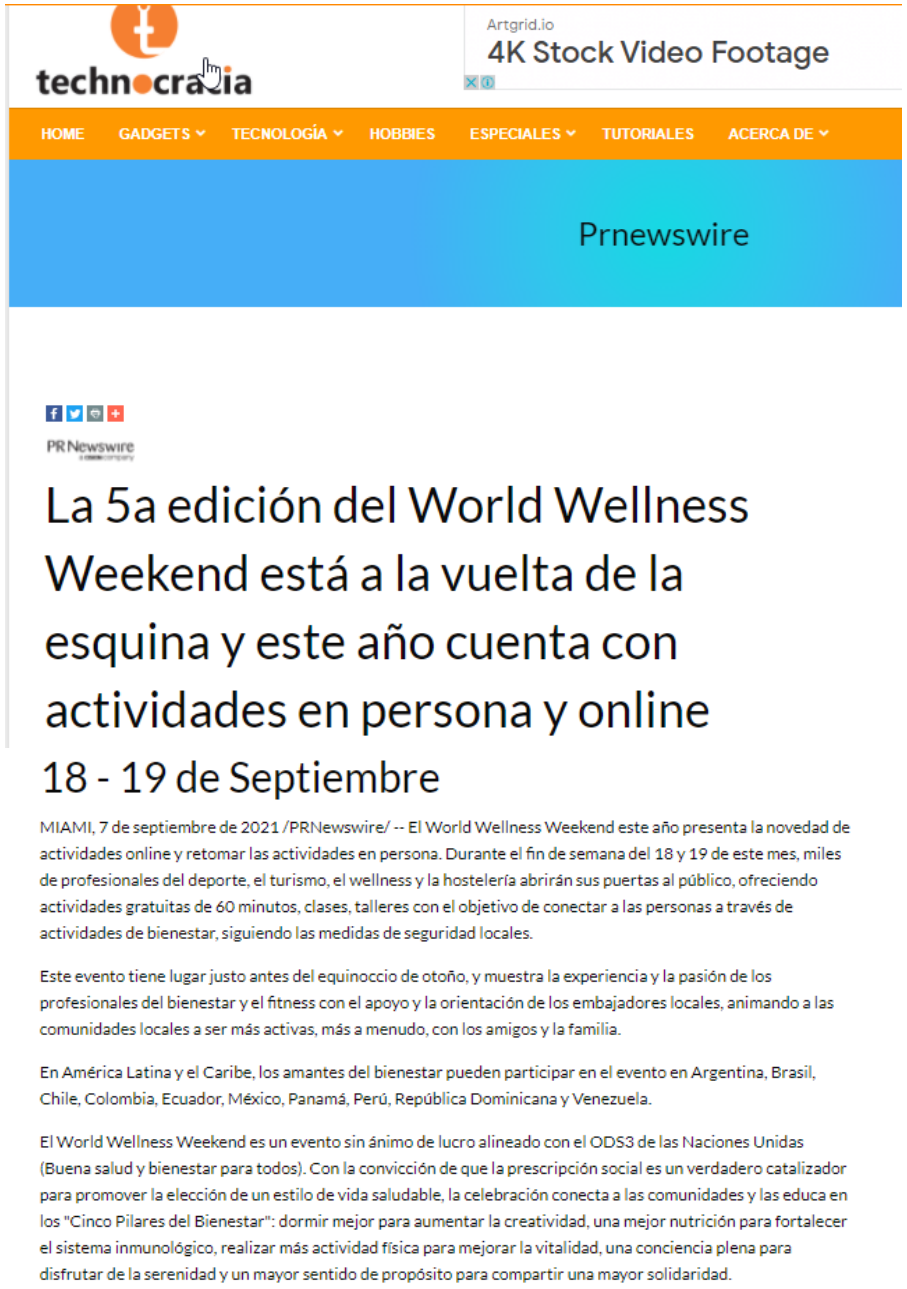

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http://www.platodecarmen.com/p/noticias-pr-newswire.html?rkey=20210907ES98175&filter=3283



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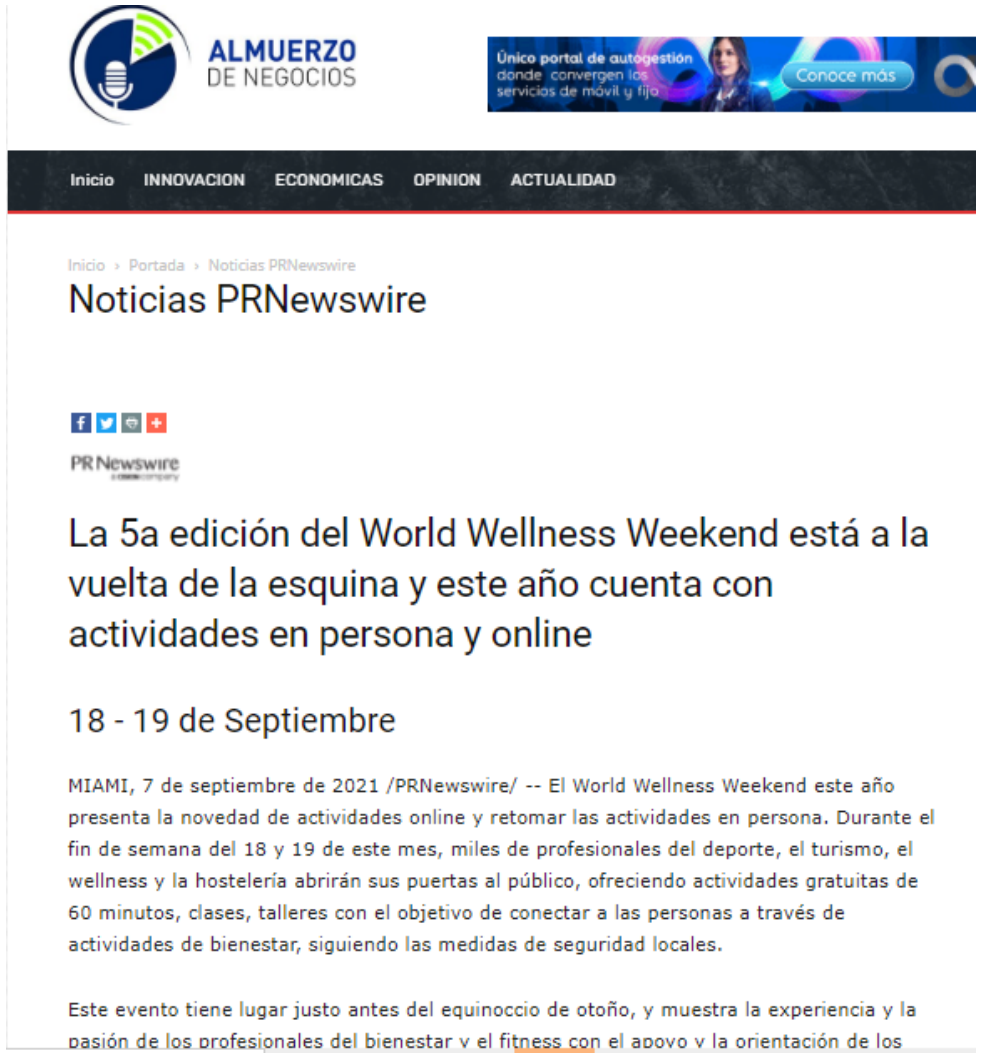

DOMINICAN REPUBLIC

08 SEPTEMBER 2021

https://www.facebook.com/PuntaCanaTV8/videos/1056257201858976



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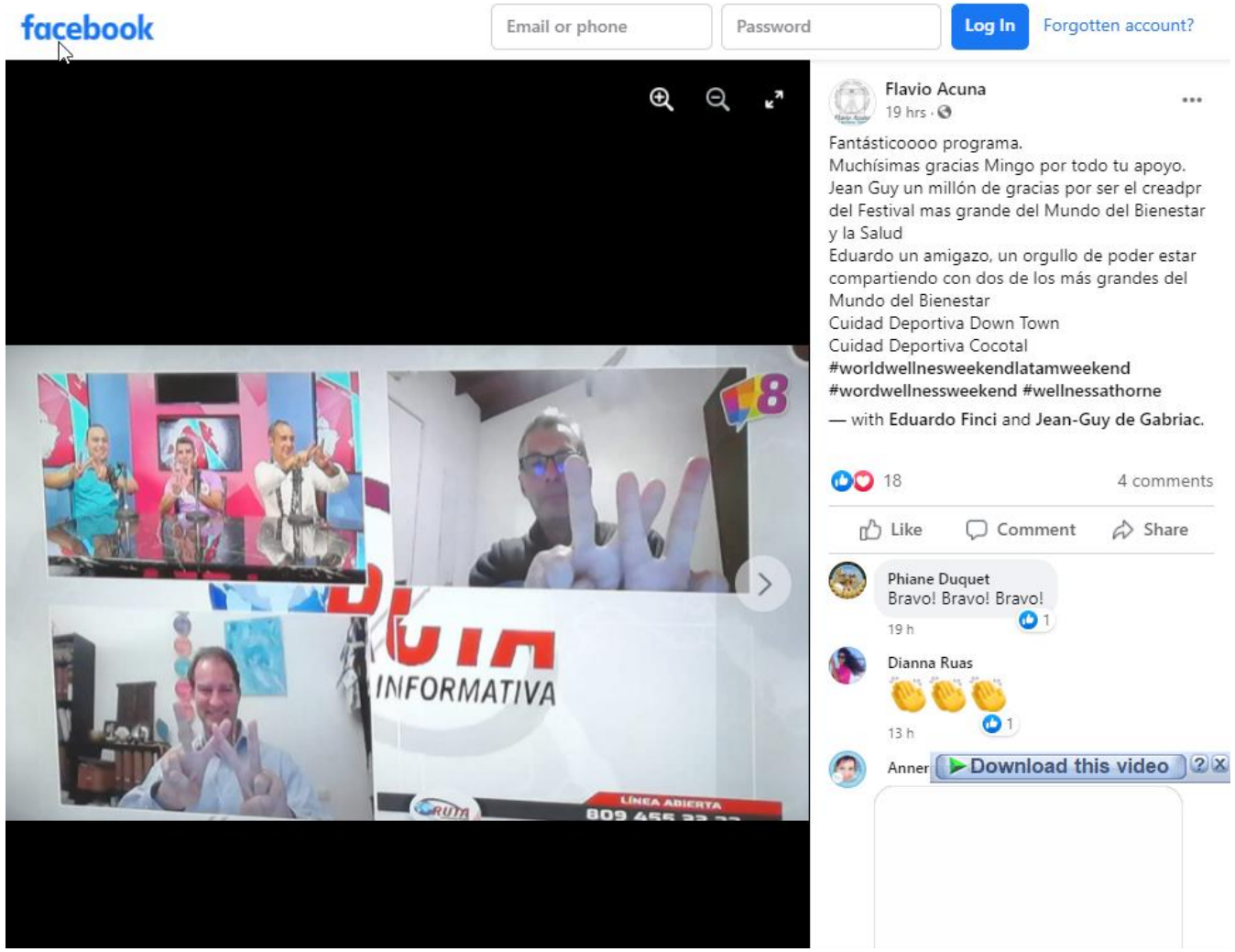
https://www.facebook.com/photo?fbid=4336538309732886&set=a.465895673463855



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10 SEPTEMBER 2021

https://www.facebook.com/puntacanahits/videos/329381392312724



Punta Cana

14 September 2021

https://robertocavada.com/sociales/2021/09/14/anuncian-fin-de-semana-mundial-del-bienestar/





Argentina

14 mentions

Argentina

27 February 2021

Mentorship & Online Conference

Conference

https://www.instagram.com/p/CLzJ_znJgDX/



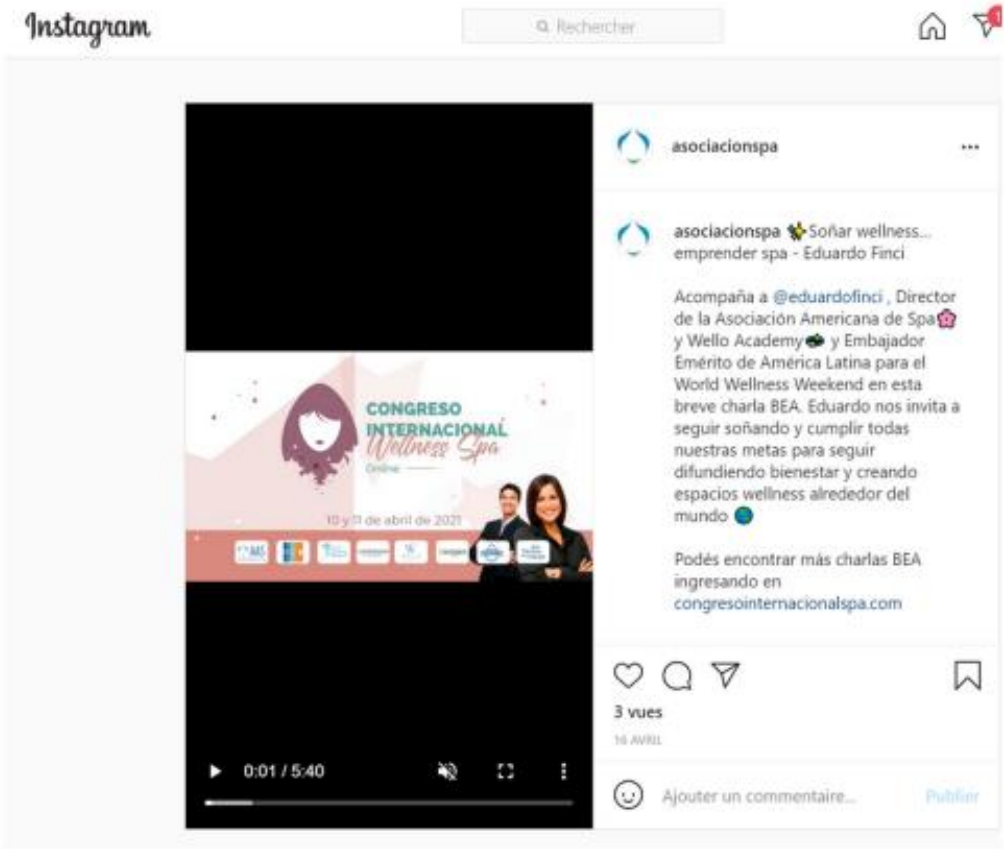
Argentina

16 April 2021

Asociación Americana de Spa

Conference

https://www.instagram.com/asociacionspa/



Argentina

7 June 2021

Asociación Americana de Spa

Webcast

https://www.instagram.com/p/CP1J6A8NMFM/



Argentina

15 June 2021

Asociación Americana de Spa

Webcast

https://www.instagram.com/p/CQHJjwiNox1/



Argentina

July 2021

Beats Radio

Radio Interview

https://www.youtube.com/watch?v=gPe8loe-95A



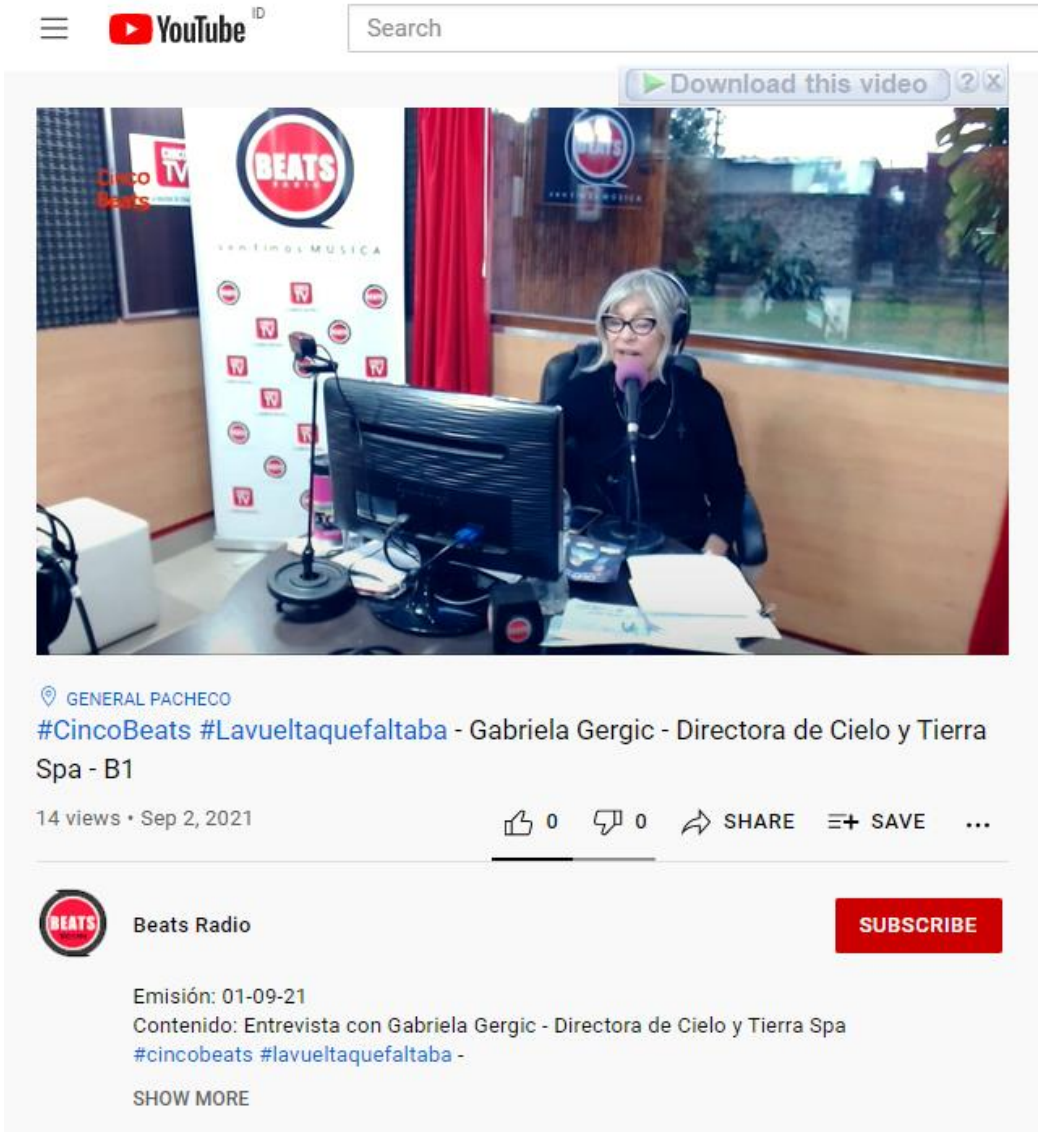
ARGENTINA

02 SEPTEMBER 2021

Beats Radio

Radio Interview

https://www.youtube.com/watch?v=OJdfRsoJtS4



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Como parte de nuestro deseo de volver a la normalidad en esta época Post-COVID 19, en América Latina y el Caribe se organizarán interesantes actividades para conectar con la naturaleza como el Wellness Champion Iguazu en **Brasil** donde, teniendo como marco las Cataratas de Iguazú, se realizarán terapias iónicas combinadas con ejercicios o el Oca Wellness, también en **Brasil**, que plantará árboles en los estados de Espirito Santo y Bahia, en coordinación con Plantio Brasil, **en México** Hacienda 1800 ofrecerá actividades gratuitas al aire libre, entre ellas: clases de senderismo, SUP y kayak en los parques.

Entre algunas de las organizaciones en América Latina que se han sumado a la onda del wellness, y que se encuentran apoyando este evento facilitando sus locaciones para que las personas participen se encuentran: **En Brasil: Fenix Podiatry** ofrecerá reflexología gratuita en Valença – BA el sábado 18, y el domingo 19 el **Hotel Marina Quinta do Porto** ofrecerá clases de buceo, animando así a los huéspedes y lugareños a descubrir la experiencia del wellness en Arraial D'Ajuda – BA.

México, donde se encuentra nuestro embajador de ese país Fran Lugo, el **Centro de Bienestar Urbano Cartesiano,** lanzado como el primer Centro de Bienestar Integrativo del país ofrecerá un programa totalmente en línea para ambos días.

En Argentina, la provincia de Córdoba se suma por primera vez al WWW para contribuir a la calidad de vida. **El sábado 18, en el balneario de Miramar**, la Asesora de Cultura Termal hablará sobre los beneficios de las aguas mineromedicinales de la Laguna de Ansenuza. El día termina con la participación de Estela Bianciotti para albergar una clase de yoga en armonía con el paisaje del lago y **el domingo 19** habrá lo que nuestros embajadores bautizaron como "El Bienestar Late" en Torcuato donde habrá desde yoga hasta clases de zumba para ofrecer actividades a todo ritmo y velocidad para escoger.

En República Dominicana, el Meliá Punta Cana ofrece lo que han denominado "Wellness inclusive" donde habrá desde Acqua Gym, hasta Yoga pasando por Pilates y meditaciones guiadas del 17 al 19 de este mes, más todas las actividades organizadas por nuestro embajador, Flavio Acuña quien recientemente firmó un convenio con la alcaldía de Punta Cana para apoyar este evento. En **República Dominicana** ambos días estarán repletos de actividades: clases de yoga, pilates, bachata y merengue para el sábado y para el domingo clases de surfing, natación y hasta artes marciales.

En Panamá, en el Buenaventura Golf and Beach Resort el fin de semana del 18 y el 19 de este mes ofrecerán todo tipo de actividades, incluyendo yoga facial, entre otras, para quienes tratan su cuerpo como un templo que debe ser cuidado y bien mantenido.

Algunas otras actividades online para quienes no puedan asistir a las locaciones por país para cada día incluyen: **18 de septiembre: Brasil: Eliana Costa**, Coordinadora de WWW, ofrecerá clases de LIAN GONG gratuitas; **México: el Esencia Yoga Spa Retreat** (San Miguel de Allende) explorará los beneficios de la terapia de inversión conservadora en un trapecio de yoga de yoga body naturals desarrollado por Lucas Rockwood (actividad en interiores ON-SITE) y transmisión en vivo en Facebook e Instagram.

ARGENTINA

12 SEPTEMBER 2021

https://latitud2000.com/argentina-open-park-se-une-al-world-wellness-weekend/



Argentina

13 September 2021

https://latitud2000.com/tag/world-wellness-weekend-en-argentina/



Argentina

13 September 2021

https://radiotvturistica.com/2021/09/13/open-park-en-argentina-se-une-al-world-wellness-weekend/



Artes y espectáculos ◆ Exposiciones-Ferias-Muestras ◆ Tiempo libre

Open Park en Argentina se une al World Wellness Weekend

escrito por: Radio TV Turística | septiembre 13, 2021

El World Wellness Weekend, se inició hace 5 años, anunció el día de hoy que acaba de firmar un convenio de cooperación con el gimnasio Open Park en todas sus locaciones, y el sábado 18 y domingo 19 estarán ofreciendo actividades gratuitas a todos los participantes del WWW, en sus cuatro sedes.

Con esta alianza, Open Park se compromete a facilitar todas sus instalaciones en todas sus locaciones en Argentina para que disfruten de manera gratuita de las actividades a efectuarse con motivo del 5to World Wellness Weekend, a

Argentina

15 September 2021

https://compartiendoturismo.com/turismo-de-bienestar-gratuito-en-cordoba/



Argentina

16 September 2021

https://www.eventbrite.com.ar/e/world-wellness-weekend-en-entre-cielos-kundalini-yoga-con-indigo-tickets-171485336257





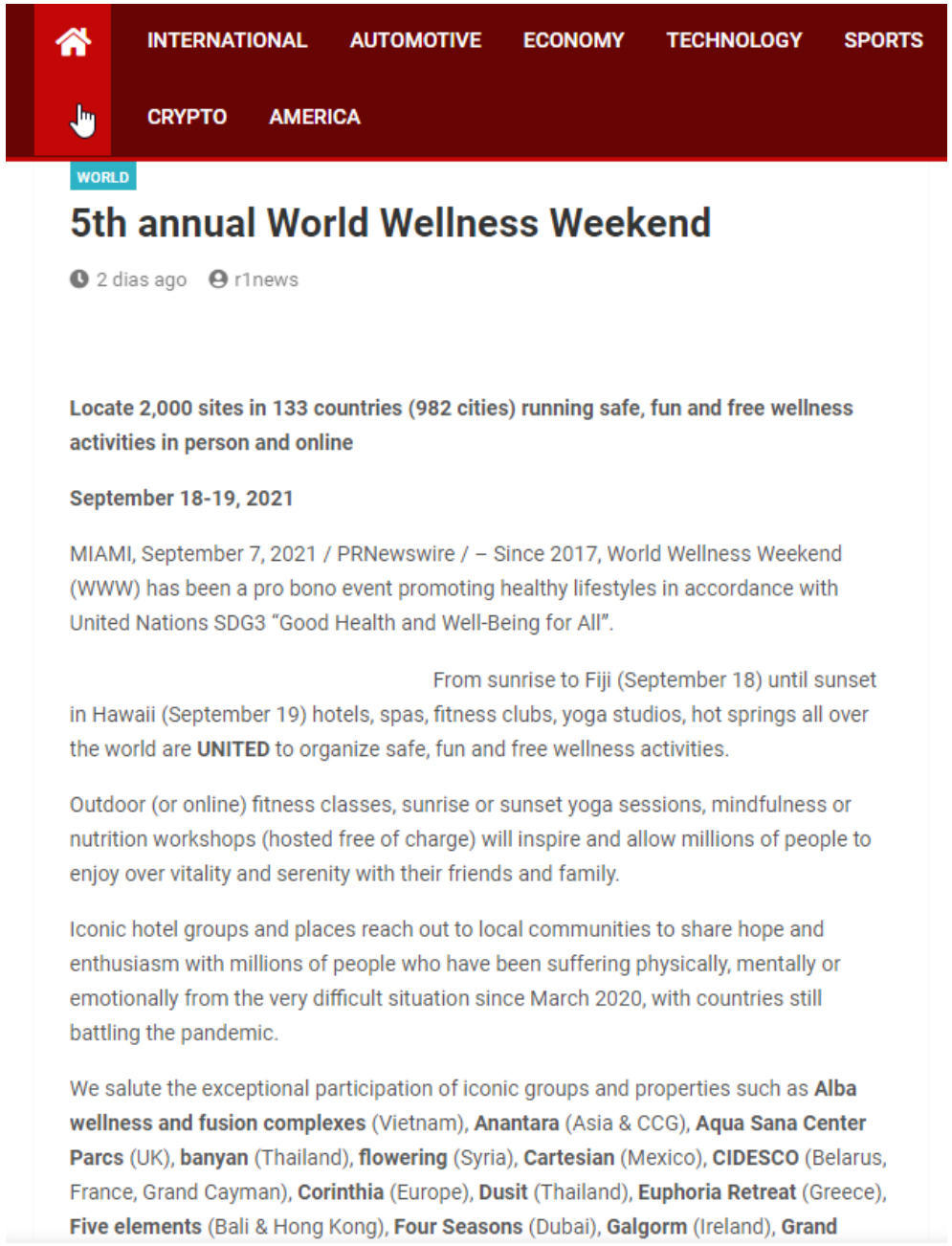
Brasil

13 mentions

Brasil

08 September 2021

https://www.r1news.com.br/5th-annual-world-wellness-weekend/



INTERNATIONAL AUTOMOTIVE ECONOMY TECHNOLOGY SPORTS

CRYPTO AMERICA

WORLD

5th annual World Wellness Weekend

2 dias ago r1news

Locate 2,000 sites in 133 countries (982 cities) running safe, fun and free wellness activities in person and online

September 18-19, 2021

MIAMI, September 7, 2021 / PRNewswire / – Since 2017, World Wellness Weekend (WWW) has been a pro bono event promoting healthy lifestyles in accordance with United Nations SDG3 "Good Health and Well-Being for All".

From sunrise to Fiji (September 18) until sunset in Hawaii (September 19) hotels, spas, fitness clubs, yoga studios, hot springs all over the world are **UNITED** to organize safe, fun and free wellness activities.

Outdoor (or online) fitness classes, sunrise or sunset yoga sessions, mindfulness or nutrition workshops (hosted free of charge) will inspire and allow millions of people to enjoy over vitality and serenity with their friends and family.

Iconic hotel groups and places reach out to local communities to share hope and enthusiasm with millions of people who have been suffering physically, mentally or emotionally from the very difficult situation since March 2020, with countries still battling the pandemic.

We salute the exceptional participation of iconic groups and properties such as **Alba wellness and fusion complexes** (Vietnam), **Anantara** (Asia & CCG), **Aqua Sana Center Parcs** (UK), **banyan** (Thailand), **flowering** (Syria), **Cartesian** (Mexico), **CIDESCO** (Belarus, France, Grand Cayman), **Corinthia** (Europe), **Dusit** (Thailand), **Euphoria Retreat** (Greece), **Five elements** (Bali & Hong Kong), **Four Seasons** (Dubai), **Galgorm** (Ireland), **Grand**

Brasil

Portal Piracicaba Hoje

10 September 2021

https://portalpiracicabahoje.com.br/fim-de-semana-do-bem-estar-mundial-tera-atividades-no-balneario-de-artemis/



Fim de Semana do Bem-Estar Mundial terá atividades no Balneário de Artemis

POR PIRACICABA HOJE

Banho em ducha de água sulfurosa, dança, análise de pisada, massagem facial, atividade fitness, corrida e caminhada fazem parte da programação pelo Fim de Semana Mundial do Bem-Estar (World Wellness Weekend) no Balneário Municipal de Artemis, que acontece neste próximo final de semana, dias 18 e 19 de setembro, no período da manhã.

Essa é a primeira vez que Piracicaba participa dessa ação mundial que celebra simultaneamente em diversas cidades do planeta a conscientização sobre o bem-estar. Também é inédita a inclusão do Balneário Municipal de Artemis como espaço para a realização do evento. Conjuntamente outras ações na cidade também comemoram a data e o Dia Mundial da Limpeza (World Clean Up Day Plogging) https://www.worldcleanupday.org/country/brazil, veja ações https://neasedema.wixsite.com/educacaoambiental.

Brasil

Gazeta de Piracicaba

11 September 2021

https://www.gazetadepiracicaba.com.br/piracicaba-e-regiao/2021/09/1124420-bem-estar-em-artemis.html

Por **Da redação**



Crédito: Divulgação
Essa é a primeira vez que Piracicaba participa dessa ação mundial

Banho em ducha de água sulfurosa, dança, análise de pisada, massagem facial, atividade fitness, corrida e caminhada fazem parte da programação pelo Fim de Semana Mundial do Bem-Estar (World Wellness Weekend) no Balneário Municipal de Ártemis, que acontece hoje e amanhã, no período da manhã. O distrito será o Centro da programação em todo o Estado de São Paulo.

Brasil

16 September 2021

https://www.camarapiracicaba.sp.gov.br/fim-de-semana-do-bem-estar-tera-atividades-de-lazer-em-artemis-54164?fbclid=IwAR38RmXA2oncDFD4BFyXeU9aVsP3nLQ7WeugZDVMSswVJiPs11cMiAnetYw



Brasil

16 September 2021

https://www.rmptv.com.br/noticia/354067



Brasil

A Tribuna Piracicabana

17 September 2021

https://www.atribunapiracicabana.com.br/wp-content/uploads/2021/09/Edicao-12520-Sexta-feira-SITE.pdf



DISTRITO

Fim de semana do Bem-Estar terá atividades de lazer em Ártemis

Assessoria parlamentar

Josef Borges e o especialista em geologia médica, Fábio Lazzerini

Banho em ducha de água sulfurosa, dança, análise de pisada, massagem facial, atividades fitness, corrida e caminhada farão parte da programação do evento "Fim de Semana do Bem-Estar", que neste sábado (18) e domingo (19), no período da manhã, no balneário municipal de Ártemis.

Essa será a primeira vez que Piracicaba participa da ação mundial, que tem por objetivo celebrar, simultaneamente, em diversas cidades do planeta, a conscientização sobre o bem-estar. Também será inédita a inclusão do balneário como espaço para a realização do evento.

de profissionais voluntários do Espaço DançArt, da Equipe Betty Fit Personal, da Águas de São Pedro Cosmética Termal, da Equipe Atlas de Corrida, da esteticista Tamires Barbosa, e do fisioterapeuta especialista em osteopatia, Rodolfo Detoni, da Vittal Clínica.

As atividades no balneário municipal têm como objetivos o resgate da cultura do uso da água sulfurosa para o bem-estar e a saúde, e também a conscientização de um espaço público dos piracicabanos, que é administrado pela Prefeitura de Piracicaba.

IMPORTANTE - O uso de máscaras e o distanciamento duran-

Brasil

18 September 2021

Bem-Estar em Artemis

Fim de Semana do Bem-Estar Mundial terá atividades no Balneário do Distrito

Divulgação



Balneário de Artemis Praça João Alfredo onde serão realizadas as atividades de promoção e conscientização do bem-estar

Banho em ducha de água sulfurosa, dança, análise de pisada, massagem facial, atividade fitness, corrida e caminhada fazem parte da programação pelo Fim de Semana Mundial do Bem-Estar (World Wellness Weekend) no Balneário Municipal de Artemis, que acontece hoje e amanhã, no período da manhã. O distrito será o Centro da programação em todo o Estado de São Paulo.

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Em Artemis, a ação acontece por iniciativa do doutor em geociências, especialista em geologia médica e vice-presidente da Organização Mundial de Termalismo (OMTh), Fábio Tadeu Lazzerini que esse ano entrou como colaborador desse evento com repercussão mundial, do vereador Josef Borges (Solidariedade), da empresária do setor de termalismo, Angela Lazzerini e da Associação dos Moradores do Distrito de Artemis.

O evento conta com a dedicação e apoio de profissionais que voluntariamente estarão oferecendo seu conhecimento para beneficiar os participantes desse movimento: Espaço DançArt, Equipe Betty Fit Personal, Águas de São Pedro Cosmética Termal, Equipe Atlas de Corrida, da esteticista Tamires Barbosa, e do fisioterapeuta especialista em osteopatia Rodolfo Detoni da Vittal Clínica.

O objetivo de promover as atividades no Balneário Municipal é o de resgatar a cultura do uso da água sulfurosa do local para o bem-estar, a saúde e conscientizar sobre a valorização de um espaço público dos piracicabanos, que é administrado pela Prefeitura de Piracicaba.

Será obrigatório o uso de máscaras e manter o distanciamento durante as atividades. Todas as atividades serão realizadas em local aberto, na praça João Alfredo, no Balneário de Artemis.

Escolhas saudáveis

De acordo com os idealizadores do World Wellness Weekend (https://www.world-wellness-weekend.org/pt/), a missão do evento é inspirar e capacitar as pessoas a fazerem escolhas mais saudáveis e desfrutar de um estilo de vida ativo com a família e os amigos. "A atual situação de saúde em todo o mundo nos lembra de como é importante ter um forte sistema imunológico. Desde 2017, incentivamos líderes profissionais de bem-estar em hospitalidade, fitness, beleza e turismo em todo o mundo a abrir suas portas, mostrar a experiência de suas equipes, envolver as comunidades locais e elevar o seu perfil", informa o.

O fundador do movimento Jean-Guy de Gabriac afirma sempre que "É ótimo estar bem!" e o WWW tem como base cinco pilares: Sono e Criatividade; Nutrição e imunidade; Vitalidade e Movimento; Serenidade e atenção plena e Objetivo e Solidariedade.

As ações no Brasil são elaboradas pela embaixadora Dianna Boas, que nos auxiliou nesse movimento.

O Balneário Municipal de Artemis fica na praça João Alfredo, em frente a antiga estação ferroviária do distrito. Todas as atividades são gratuitas.

Programação

Hoje (18), as atividades começam às 9h e seguem até as 12h.

9h30 - Boas vindas;
10h - Dança Temática "Meu Brasil" com alunos e professores do Espaço DançArt @espacodancart1;
11h - Thermal Fitness Outdoor - Betty Fit Personal @betty_fit_personal;
12h - Máscaras de Argila Relaxante - Águas de São Pedro @aguasdesaopedro.
* Banhos em duchas de água termal sulfurosa durante toda a programação.

Amanhã (19), das 7h às 11h
7h - Corrida Treino do Bem-Estar Rural 10km e Caminhada 5km promovida pela Equipe Atlas (Participante, não esqueça de levar sua água) @equipe.atlas;
8h às 10h30 - Massagem Facial Revitalizante - Tratamento rejuvenescedor com água termal e argila - com a esteticista Tamires Barbosa @esteticista_tamiresbarbosa;
9h às 11h - Teste da Pisada e Palmilhas com o doutor Rodolfo Detoni da Vittal Clínica. @clinicavittal.
* Banhos em duchas de água termal sulfurosa durante toda a programação.

#Artemis em destaque

Brasil

20 September 2021

https://www.camarapiracicaba.sp.gov.br/vereador-destaca-participacao-de-300-pessoas-em-evento-do-bem-estar-54228



BRASIL

22 September 2021

https://www.jacinto.mg.leg.br/institucional/noticias/vereador-edinho-eleva-o-distrito-de-avai-atraves-do-programa-de-bem-estar-munidal



Câmara Municipal
Camâra Municipal de Jacinto - MG

Mapa do Site

Você está aqui: Página Inicial / Sobre a Câmara / Notícias / Vereador Edinho eleva o distrito de Avaí através do programa de Bem-Estar Munidal

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- VEREADORES

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- Matérias Legislativas

Vereador Edinho eleva o distrito de Avaí através do programa de Bem-Estar Munidal

Curtir 127 Tweetar

por adm — publicado 20/09/2021 09h55, última modificação 22/09/2021 08h25

Sempre engajado na área de esporte e promoção de um estilo de vida mais saudável, o Vereador Edson Silva Lúcio (REPUBLICANOS), realizou no último fim de semana, diversas ações esportivas, incluindo o distrito de Avaí no World Wellness Weekend – O fim de Semana do Bem-estar Munidial. Com o intuito de fomentar a promoção de atividades físicas, esportes e um estilo de vida mais saudável, o evento, que tem visibilidade mundial, teve grande participação da população de Avaí e movimentou aquele distrito em todo o fim de semana.

Passando pela chancela do vereador Edson, o evento trouxe muita gente engajada na área de esportes e movimentou o distrito de Avaí desde o sábado de manhã, tendo seu término só no domingo à tarde. Na programação, o vereador realizou através da parceria com a Diretoria de Esportes, o quadrangular de vôlei com as mais variadas categorias. Além das competições, também aconteceu uma partida de exibição entre a equipe de Avaí, que tem grandes conquistas no cenário estadual da modalidade, e o time de Jacinto, que também tem grande destaque nas competições fora da região. Entre os jogos, o vereador também viabilizou um festival de pipoca, movimentando ainda mais o cenário do fim de semana do bem-estar mundial.

Reforçando a parceria entre os poderes Legislativo e Executivo em prol do povo, o evento viabilizado pelo Vereador Edinho só foi possível com a participação de várias pessoas e órgãos públicos. Dando o suporte e apoio com materiais e profissionais para a arbitragem participou a Diretoria de Esportes, através do diretor Ronaldo Ferreira. Na viabilização para realização do projeto, os vereadores Edson Silva Lúcio (REPUBLICANOS) e Fabiana Souza (PSDB). Comandando os atletas e treinando-os, o monitor de esportes Heliomar. Dando todo o apoio com ajuda nas diversas ações, o Executivo Municipal, através do gestor Junior de Deni. E da grande idealizadora e perpetuadora desse Fim de Semana do Bem-estar, a Jacintense Rosemary, que é a embaixadora do bem-estar no Vale do Jequitinhonha. Além de incentivar a todos, elevando o evento e sua importância, ela participou junto, trouxe alegria à população e mostrou como essas ações são primordiais e como elas conseguem impactar o distrito como um todo, através do impacto que cada um sente.

Segundo o Vereador Edson, poder idealizar e realizar todas essas ações, com grande adesão do público e promover saúde e bem-estar através de boas práticas, o deixa contente e grato por todo o esforço empenhado para que tudo corresse bem. Com essas ações o distrito de Avaí vai ter uma visibilidade a nível mundial, sendo colocado nas rotas de viagens, e seu povo sendo mostrado como realizador de boas práticas, saudável e que busca sempre o melhor. "Quero continuar ajudando no fomento do esporte dentro de Avaí. Esse evento é mais um passo do grande projeto de inclusão das pessoas ao mundo do esporte através de ações inclusivas. Ter essa divulgação alcançando os quatro cantos do mundo nos deixa ainda mais felizes em poder fazer e mostrar nosso povo se movimentando e fazendo o melhor para cada um. Seguiremos alavancando o nome do distrito de Avaí", completou o Vereador Edson.

Esta é a 5ª edição do World Wellness Weekend – O fim de Semana do Bem-Estar Mundial, com o evento ocorrendo nos dias 18 e 19 de Setembro de 2021 em diversas partes do mundo. Incentive sua comunidade às boas práticas, organize uma atividade rica em sensações e proponha uma melhora na vida do próximo. Pratique coisas boas, viva bem.

A Câmara Municipal de Jacinto promove toda e qualquer ação que vise o bem-estar da população de Jacinto e todos os seus distritos.

A próxima Reunião Ordinária da Câmara Municipal de Jacinto será na quarta, dia 29 de Setembro, com início às 9h e transmissão nos Canais Oficiais da Câmara no Youtube e Facebook e também pela Rádio Povo FM

Brasil

22 September 2021

https://www.atribunapiracicabana.com.br/wp-content/uploads/2021/09/Edicao-12523-Quarta-feira-SITE.pdf

A Tribuna Piracicabana
Quarta-feira, 22 de setembro de 2021

BEM-ESTAR MUNDIAL

Vereador destaca participação de 300 pessoas em evento



Fim de Semana do Bem-Estar Mundial aconteceu em Ártemis

Com o apoio do vereador Josef Borges (Solidariedade), o Fim de Semana do Bem-Estar Mundial (World Wellness Weekend), realizado no balneário de Ártemis no sábado (18) e no domingo (19), contou com a participação de mais de 300 pessoas em atividades de dança, fitness, massagem facial, banho de ducha em água sulfurosa, análise da pisada, capoeira e corrida e caminhada de 5 e 10 quilômetros. Diversas autoridades estiveram presentes, como o prefeito Luciano Almeida (DEM) e a primeira-dama, sua esposa Andrea Almeida, presidente do Fundo Social de Solidari-

mação da World Wellness Weekend, evento mundial realizado em diversas cidades do mundo.

PARTICIPAÇÃO VOLUNTÁRIA - O grupo de dança do Espaço DançArt, que em pouco mais de um ano desde sua criação, pelos fundadores Max Elias de Almeida e Jefferson Fernando Cunha de Oliveira, já ganhou mais de 30 prêmios em concursos, abriu a programação do Fim de Semana do Bem-Estar Mundial, no balneário de Ártemis, na manhã de sábado (19).

Com 15 dançarinos, o grupo apresentou a dança "Meu Brasil". Na praça João Alfredo, ao lado

Brasil

28 September 2021

https://www.camarapiracicaba.sp.gov.br/fim-de-semana-do-bem-estar-supera-expectativas-54368



Brasil

28 September 2021

https://www.camarapiracicaba.sp.gov.br/primeiro-tempo-vereador-elenca-bem-estar-e-revitalizacao-de-area-54372



Brasil

A Tribuna Piracicabana

29 September 2021

https://www.atribunapiracicabana.com.br/wp-content/uploads/2021/09/Edicao-12528-Quarta-feira-SITE.pdf

PRIMEIRO TEMPO

Vereador elenca "bem-estar" e revitalização de área

Fabrice Desmonts



Josef Borges (Solidariedade) foi o convidado desta segunda (27)

O vereador Josef Borges (Solidariedade) foi o convidado do programa "Primeiro Tempo", exibido pela TV Câmara antes do início das reuniões ordinárias às segundas e quintas-feiras. Na participação desta segunda-feira (28) o parlamentar elencou entre outros assuntos as atividades de lazer e recreação que ocorreram no distrito de Ártemis no último fim de semana. "O Fim de Semana do Bem-Estar", avalia o vereador, superou as expectativas de público e de participações.

Borges comentou também da reunião que teve com moradores do bairro Algodoal. Ele recebeu demandas para limpeza e revitalização de uma APP (Área de Proteção Permanente) do rio Piracicaba. Eles apontaram problemas com o trânsito, queda constante de energia, falta de varrição de ruas, baixa iluminação de ruas, buracos nas ruas e segurança.

Algumas providências, informa o parlamentar, já foram realizadas como a limpeza do local, que está sendo elaborada "em fases", conforme cronograma da Sedema (Secretaria Municipal de Defesa do Meio Ambiente). A primeira etapa, que inclui a poda das árvores da área próxima à rua Alcides Carmignani, já foi realizada.

A segunda fase da limpeza vai retirar lixo, entulho e elevar a copa das árvores da APP. Os moradores gostariam de um cronograma dessas etapas, porque vão organizar um mutirão para auxiliar no trabalho, como forma de ampliar os cuidados e a preservação do espaço, conforme a moradora Daniela Ibanhês, uma das organizadoras do movimento que resultou na união dos moradores em defesa da APP.



Panama

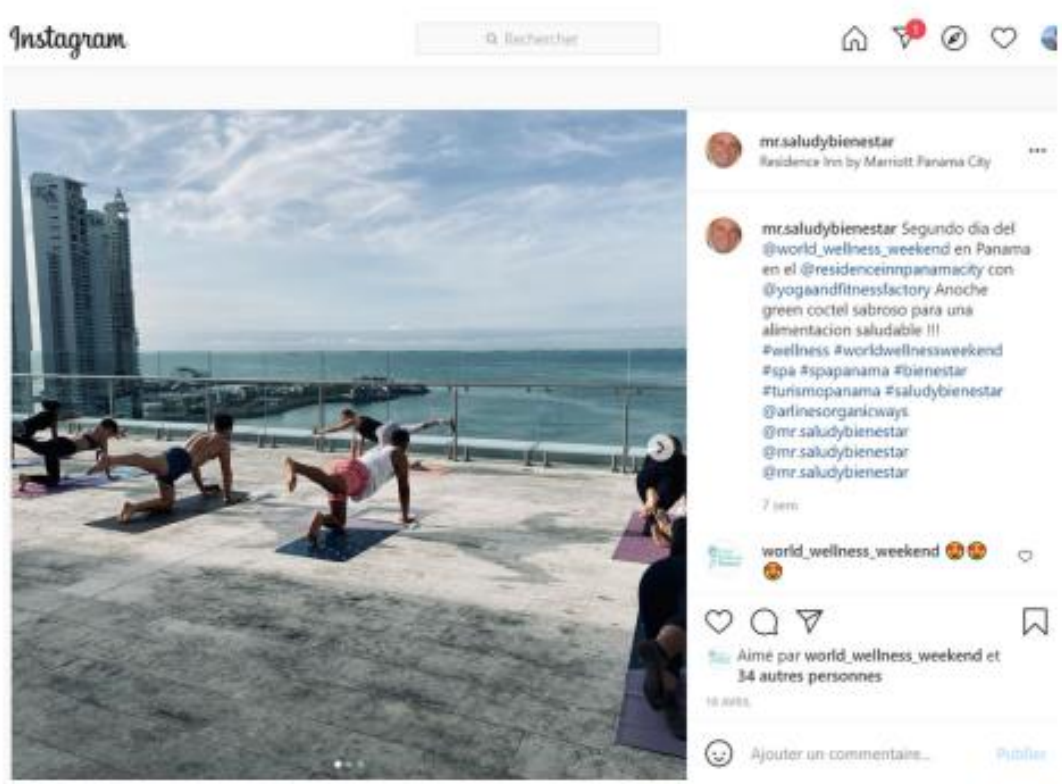
5 mentions

Panama

18 April 2021

Pre-launch of WWW Panama at Panama City by Mariott

https://www.instagram.com/p/CNztqbABUuw/



Panama

7 September 2021

http://prnoticiaspanama.com/prnewswire/?rkey=20210907ES98175&filter=3285



Panama

7 September 2021

http://www.panama24horas.com.pa/prnewswire/?rkey=20210907ES98175&filter=11632



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PR Newswire

La 5a edición del World Wellness Weekend está a la vuelta de la esquina y este año cuenta con actividades en persona y online

18 - 19 de Septiembre

MIAMI, 7 de septiembre de 2021 /PRNewswire/ -- El World Wellness Weekend este año presenta la novedad de actividades online y retomar las actividades en persona. Durante el fin de semana del 18 y 19 de este mes, miles de profesionales del deporte, el turismo, el wellness y la hostelería abrirán sus puertas al público, ofreciendo actividades gratuitas de 60 minutos, clases, talleres con el objetivo de conectar a las personas a través de actividades de bienestar, siguiendo las medidas de seguridad locales.

Este evento tiene lugar justo antes del equinoccio de otoño, y muestra la experiencia y la pasión de los profesionales del bienestar y el fitness con el apoyo y la orientación de los embajadores locales, animando a las comunidades locales a ser más activas, más a menudo, con los amigos y la familia.

En América Latina y el Caribe, los amantes del bienestar pueden participar en el evento en Argentina, Brasil, Chile, Colombia, Ecuador, México, Panamá, Perú, República Dominicana y Venezuela.

El World Wellness Weekend es un evento sin ánimo de lucro alineado con el ODS3 de las Naciones Unidas (Buena salud y bienestar para todos). Con la convicción de que la prescripción social es un verdadero catalizador para promover la elección de un estilo de vida saludable, la celebración conecta a las comunidades y las educa en

Panama

7 September 2021

https://www.eleconomistaamerica.com/panama/prnewswire?rkey=20210907ES98175&filter=8616

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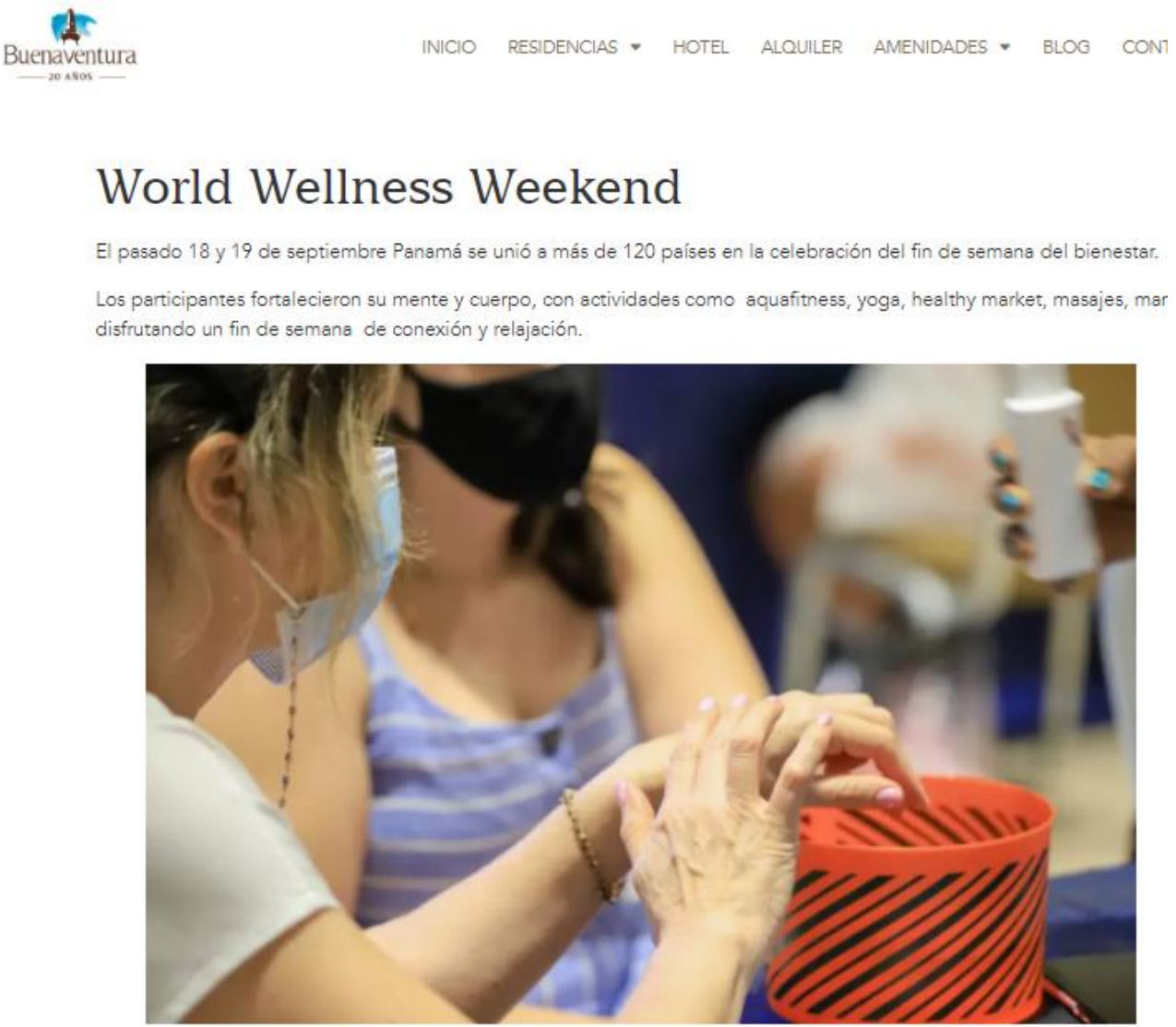
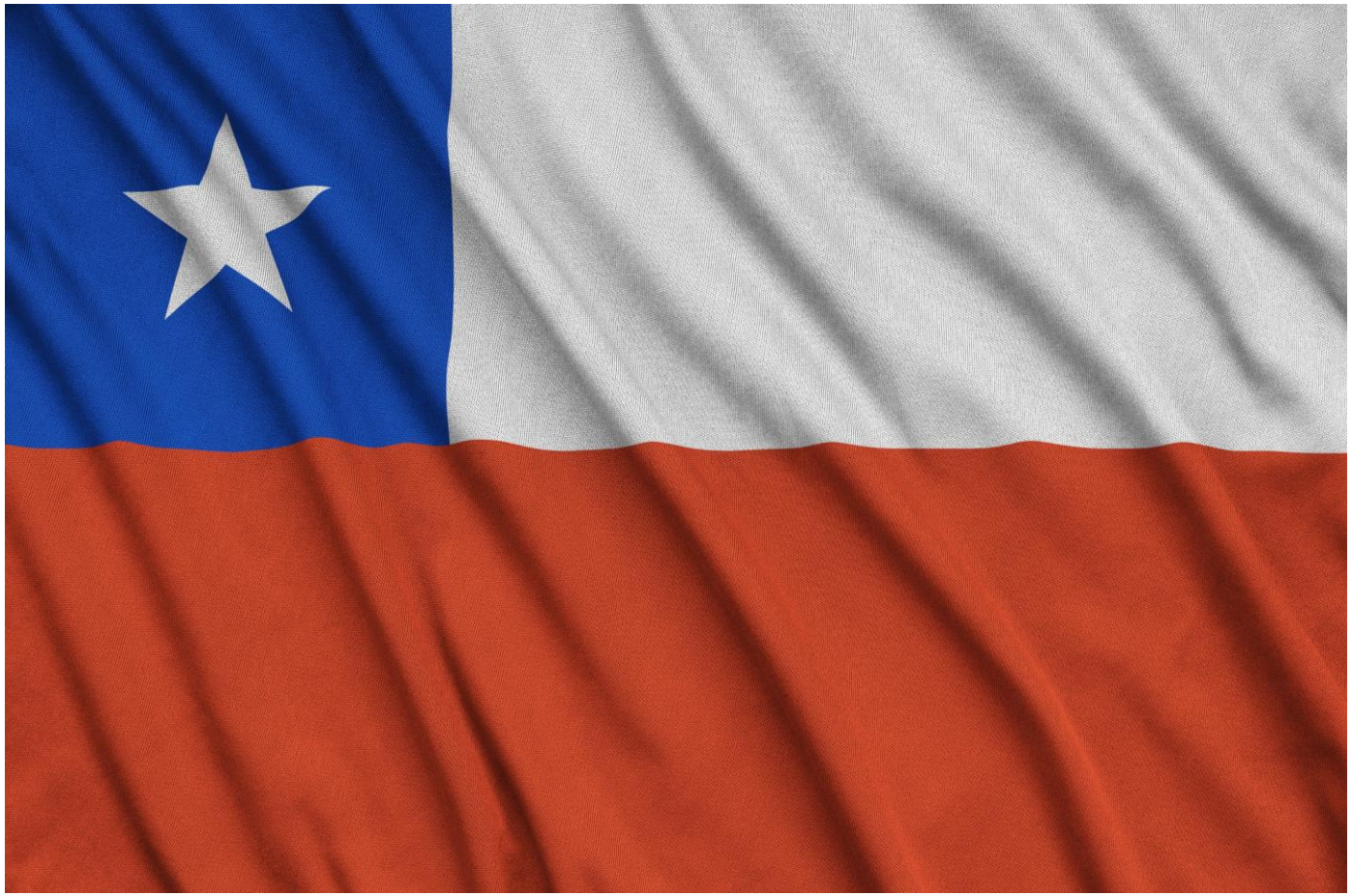
Panama

20 September 2021

https://buenaventura.com.pa/es/world-wellness-weekend/





Chile

4 mentions

Chile

7 September 2021

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Chile

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Chile

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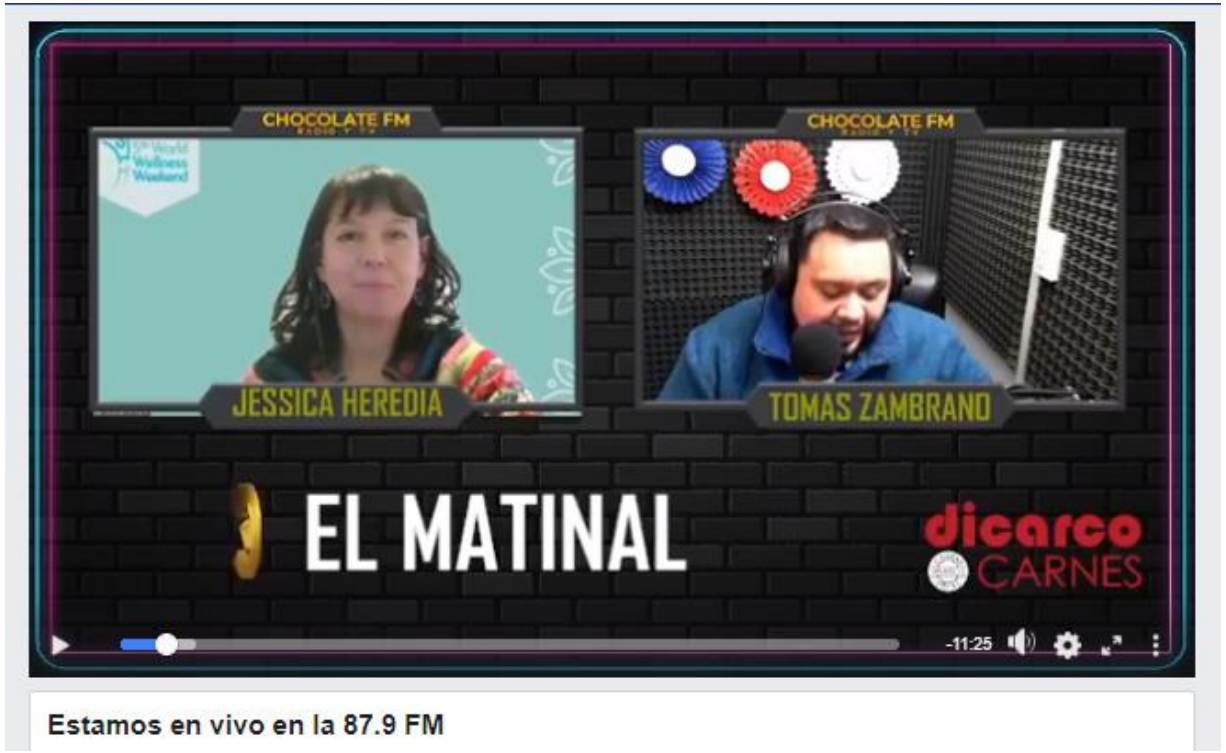
Chile

15 September 2021

Radio Interview

https://www.facebook.com/Radiochocolatefm/videos/223991036436363/





Costa Rica

4 mentions

Costa Rica

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Costa Rica

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Costa Rica

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Costa Rica

7 September 2021

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Venezuela

4 mentions

Venezuela

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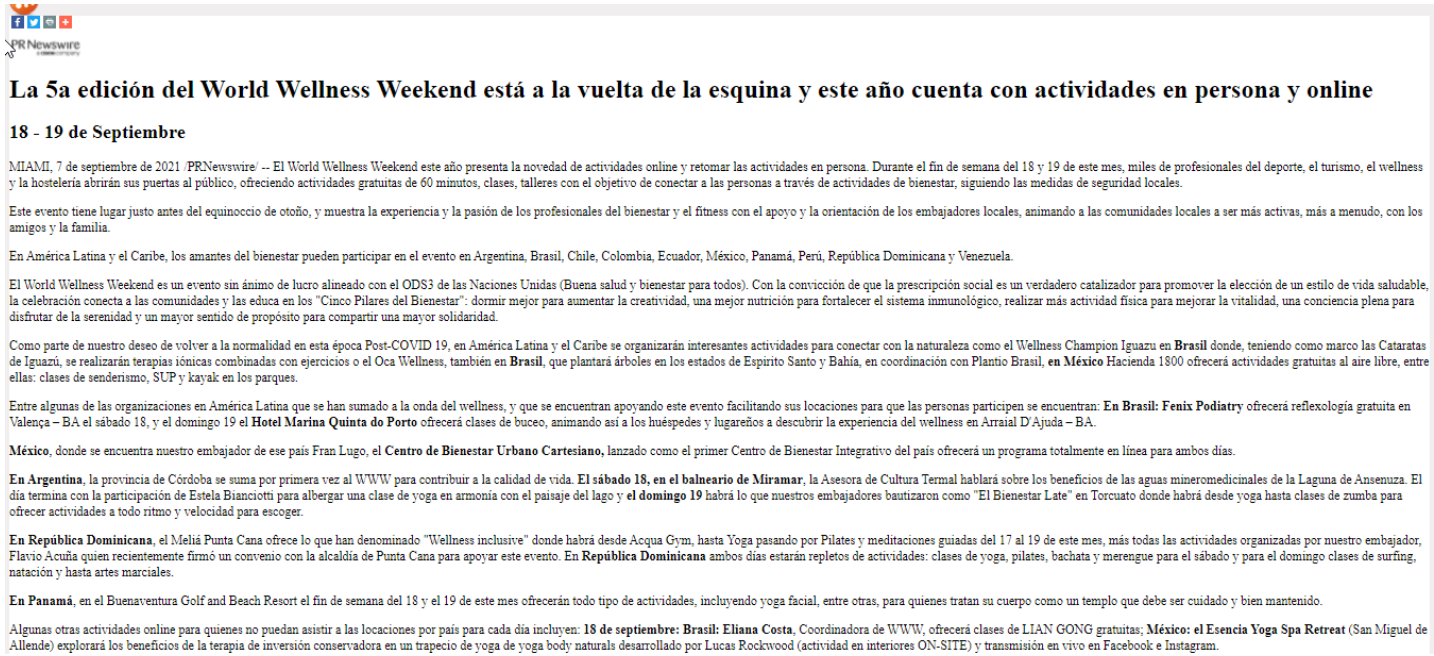
Venezuela

7 September 2021

http://media.newswire.ca/pressreleasecom.html?rkey=20210907ES98175&filter=9424



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Algunas otras actividades online para quienes no puedan asistir a las locaciones por país para cada día incluyen: **18 de septiembre: Brasil: Eliana Costa**, Coordinadora de WWW, ofrecerá clases de LIAN GONG gratuitas; **México: el Esencia Yoga Spa Retreat** (San Miguel de Allende) explorará los beneficios de la terapia de inversión conservadora en un trapecio de yoga de yoga body naturals desarrollado por Lucas Rockwood (actividad en interiores ON-SITE) y transmisión en vivo en Facebook e Instagram.

Venezuela

7 September 2021

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10 SEPTEMBER 2021

Radio Interview

https://www.youtube.com/watch?v=bLkcJi58Nxs





El Salvador

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El Salvador

7 September 2021

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El Salvador

7 September 2021

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Guatemala

2 mentions

Guatemala

7 September 2021

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Guatemala

7 September 2021

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Peru

2 mentions

Peru

11 May 2021

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Peru

7 September 2021

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18 - 19 de Septiembre

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En América Latina y el Caribe, los amantes del bienestar pueden participar en el evento en Argentina, Brasil, Chile, Colombia, Ecuador,



Bolivia

1 mention

Bolivia

7 September 2021

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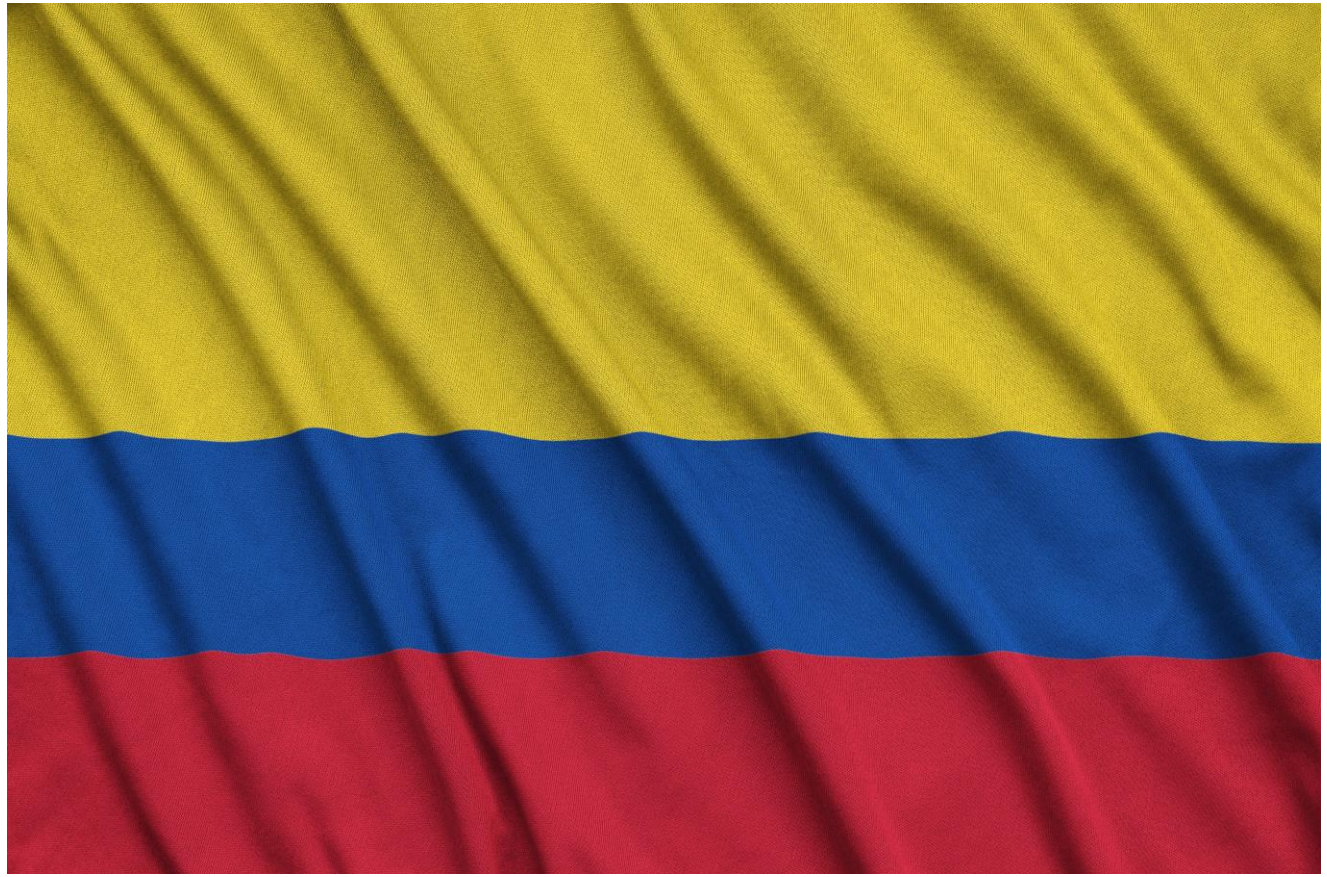

Colombia

1 mention

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Cuba

1 mention

Cuba

7 September 2021

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Ecuador

1 mention

Ecuador

7 September 2021

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Haiti

1 mention

Haiti

7 September 2021

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Honduras

1 article

Honduras

7 September 2021

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Jamaica

1 mention

Jamaica

7 September 2021

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Nicaragua

1 mention

Nicaragua

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Paraguay

1 mention

Paraguay

7 September 2021

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Puerto Rico
1 mention

Puerto Rico

7 September 2021

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INDIA - APAC

	Mentions	TV	Radio	Articles
INDIA - APAC	40	0	0	40
Vietnam	19			19
Australia	7			7
India	4			4
Malaysia	4			4
Singapore	4			4
Maldives	2			2



Vietnam

19 mentions

VIETNAM

Saigon Times News

20 July 2021

https://www.youtube.com/watch?v=z-8ovLYIYAM

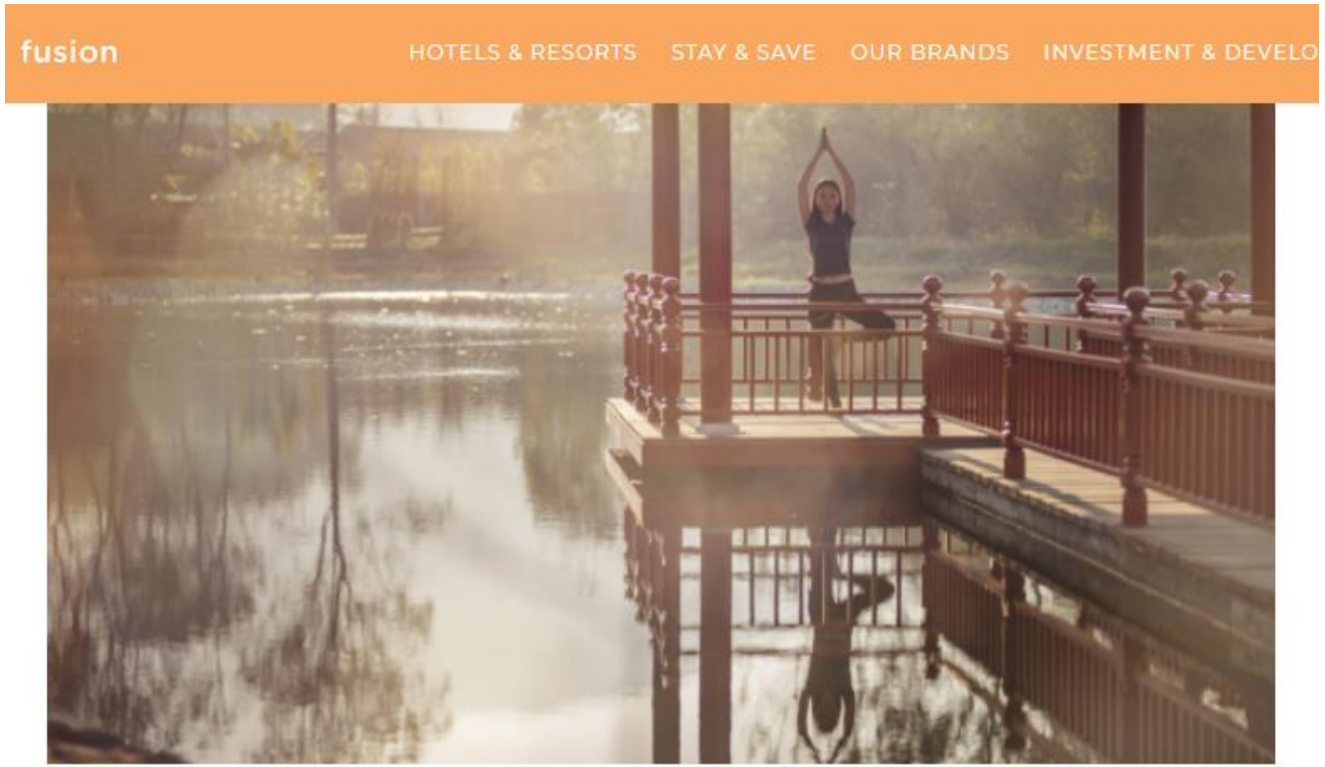


VIETNAM

Fusion

30 July 2021

https://fusionhotelgroup.com/alba-wellness-valley-by-fusion-general-manager-spa-manager-joined-world-wellness-weekends-as-ambassadors-in-vietnam/



ALBA WELLNESS VALLEY BY FUSION GENERAL MANAGER AND WELLNESS & SPA DIRECTOR JOINED WORLD WELLNESS WEEKEND'S AS AMBASSADORS IN VIETNAM

VIETNAM

https://leisure-travel.vn/travel/travel-news/alba-wellness-valley-by-fusion-general-manager-and-wellness-spa-director-joined-world-wellness-weekends-as-ambassadors-in-vietnam/

golf SPORT | FASHION | TREND | FOOD
LEISURE &TRAVEL



Alba Wellness Valley By Fusion General Manager and Wellness & Spa Director joined World Wellness Weekend's as ambassadors in Vietnam

Posted By: Quynh Nga on: 05/08/2021 In: Travel News Tags: Alba Wellness Valley By Fusion, Wellness & Spa Print Email

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5th Annual World Wellness Weekend is going to take place on September 18 and 19, 2021.

As a well-engaging to the event, Mr. Hylton Lipkin, general manager of Alba Wellness Valley by Fusion and Mr. Nyoman Yastama, the resort's wellness & spa director, have been titled as World Wellness Weekend's first ambassadors in Vietnam.



VIETNAM

https://leisure-travel.vn/du-lich/tin-tuc-du-lich/tong-quan-ly-alba-wellness-valley-by-fusion-cung-giam-doc-wellness-spa-lam-dai-su-cho-ngay-cuoi-tuan-suc-khoe-the-gioi-2021-tai-viet-nam/

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Tổng quản lý Alba Wellness Valley By Fusion cùng Giám đốc Wellness & Spa làm đại sứ cho Ngày Cuối Tuần Sức Khỏe Thế Giới 2021 tại Việt Nam

Posted By: Quynh Nga on: 05/08/2021 In: Tin tức du lịch Tags: Alba Wellness Valley By Fusion, Giám đốc Wellness & Spa In Email

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Ngày cuối tuần Sức khỏe Thế Giới lần thứ 5 – World Wellness Weekend – đang được phát động trên toàn cầu và diễn ra vào ngày 18 &19 tháng 9 tới.

Theo đó, ông Hylton Lipkin – Tổng quản lý và Nyoman Yastama – giám đốc sức khỏe và spa của Alba Wellness By Fusion ở Huế, đã được ban tổ chức World Wellness Weekend chọn làm đại sứ đầu tiên của chương trình tại Việt Nam.



Trong vai trò đại sứ, ông Hylton và Nyoman sẽ thúc đẩy kế hoạch hoạt động tại các khu nghỉ dưỡng và khách sạn trong tập đoàn, khuyến khích nhân viên, du khách và mọi cá nhân tập luyện và tìm hiểu 5 yếu tố chính của sức khỏe, bao gồm giấc ngủ và sự sáng tạo, dinh dưỡng và miễn dịch, vận động và sức sống, chánh niệm và thanh thản, ý thức mục đích và đoàn kết. Đại sứ cũng có nhiệm vụ kêu gọi tổ chức, các trung tâm thể dục thể thao, trường học, các cơ quan địa phương cùng tham gia, hỗ trợ, làm lan tỏa tinh thần và truyền thông về ý thức chăm sóc, bảo vệ sức khỏe.

VIETNAM

https://vietnamgolfmagazine.net/vi/tong-quan-ly-alba-wellness-valley-by-fusion-cung-giam-doc-wellness-spa-lam-dai-su-cho-ngay-cuoi-tuan-suc-khoe-the-gioi-2021-tai-viet-nam

Hotel & Resort

Alba Wellness Valley by Fusion có hai Đại sứ cho ngày cuối tuần sức khỏe thế giớii tại Việt Nam

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Tin bài liên quan

- Fusion trở thành tập đoàn khách sạn và nghỉ dưỡng đầu tiên tại Việt Nam cam kết sử dụng hoàn toàn trứng gà nuôi thả
- Fusion Resort Phú Quốc: Kỳ nghỉ chốn thiên đường
- "Nàng công chúa ngủ trong rừng" Alba Wellness Resort

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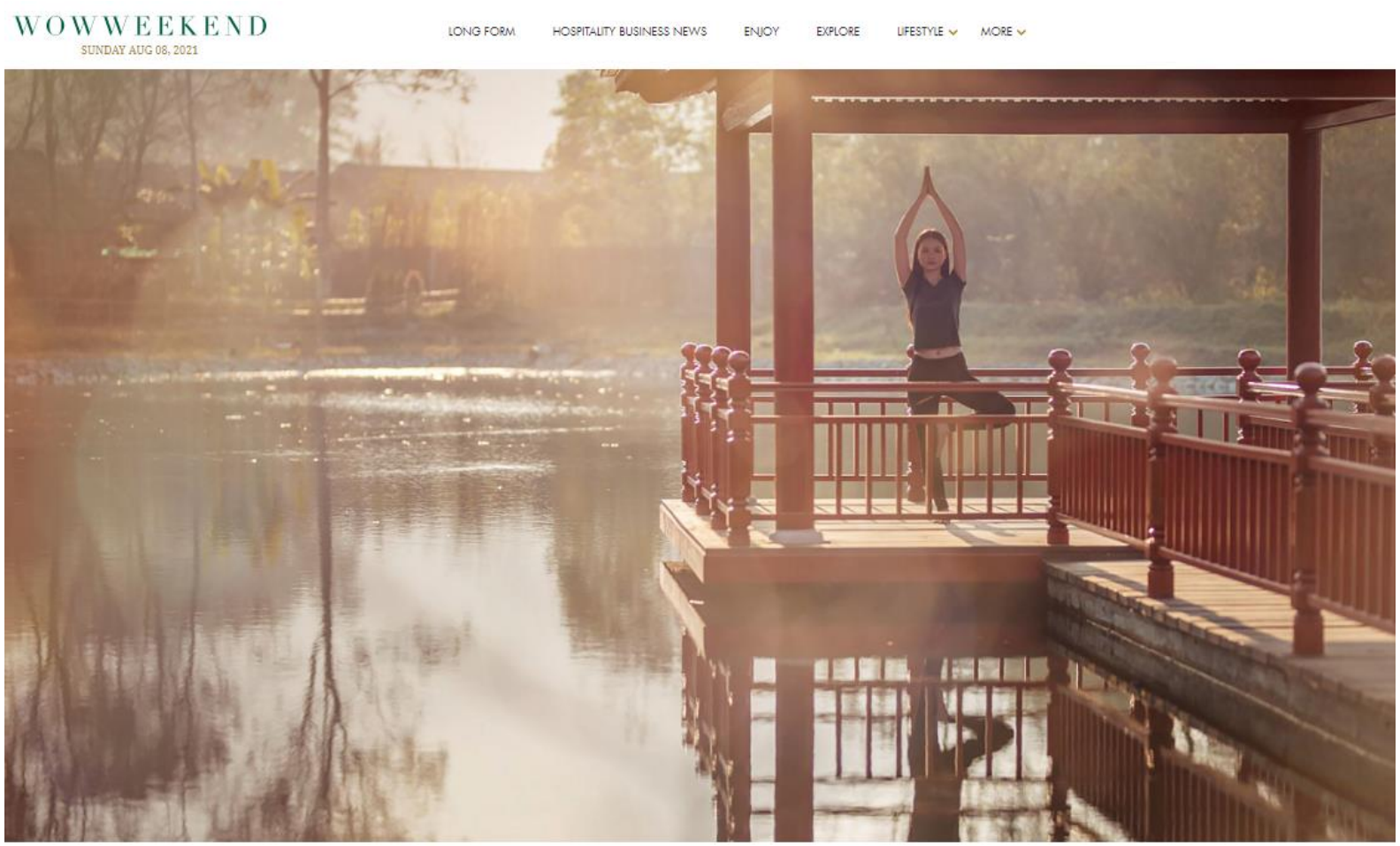
VIETNAM

https://www.wowweekend.vn/en/blog/Tong-quan-ly-Alba-Wellness-Valley-by-Fusion-cung-Giam-doc-Wellness-Spa-lam-dai-su-cho-ngay-cuoi-Suc-khoe-The-Gioi-2021-1741



Alba Wellness Valley by Fusion General manager and Wellness & Spa Director joined World Wellness Weekend's as ambassadors in Vietnam

by Fusion Hotel Group
photo by Fusion Hotel Group

VIETNAM

https://www.navigator.com.vn/post/dai-dien-tap-doan-fusion-tro-thanh-dai-su-trong-su-kien-suc-khoe



NAVIGATOR

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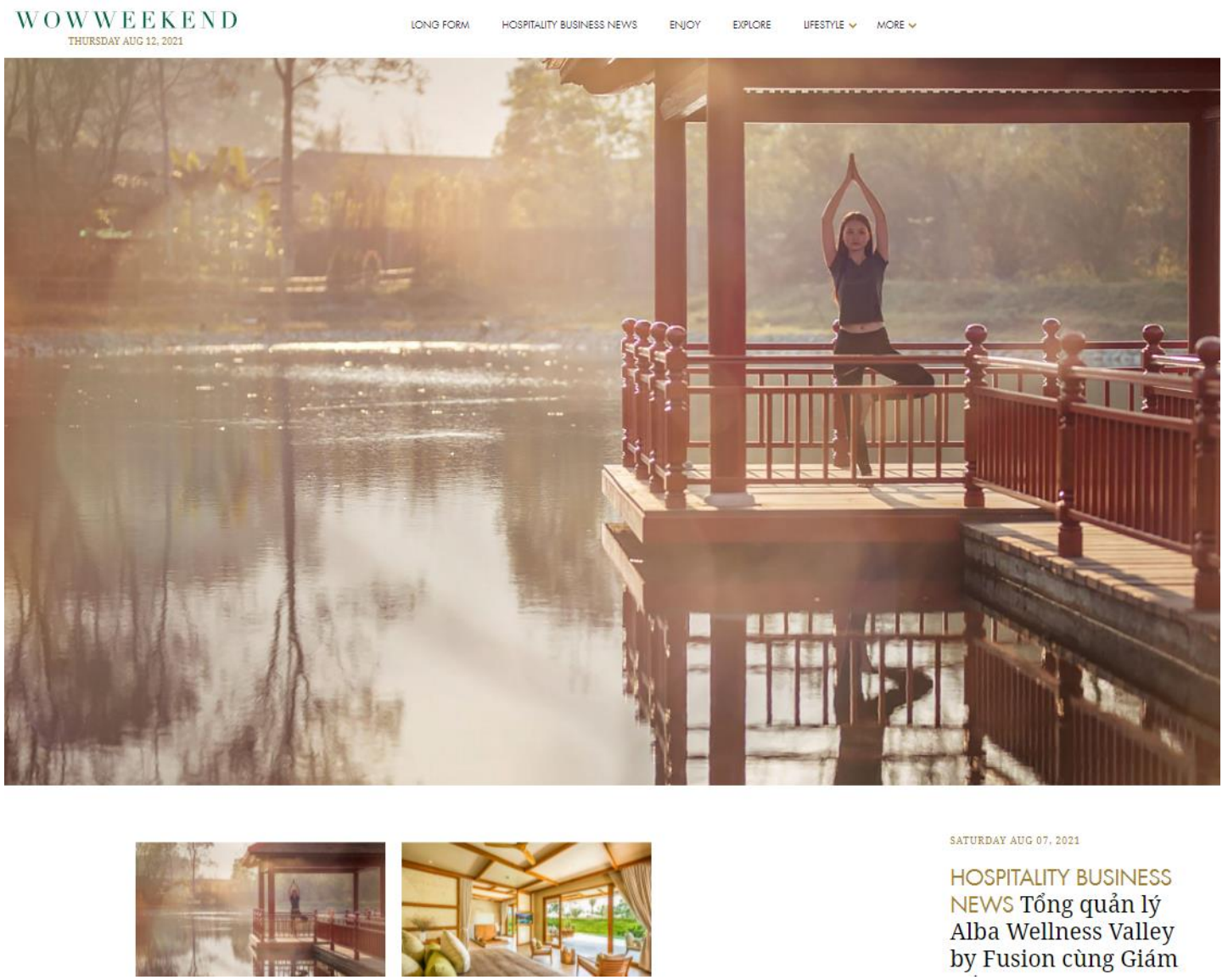
Navigator Media · 6 ngày trước

Đại diện tập đoàn Fusion trở thành đại sứ trong sự kiện sức khỏe

Theo đó, ông Hylton Lipkin, tổng quản lý và Nyoman Yastama, giám đốc sức khỏe và spa của Alba Wellness Valley by Fusion ở Huế, đã được ban tổ chức World Wellness Weekend chọn làm đại sứ đầu tiên tại Việt Nam.

VIETNAM

https://www.wowweekend.vn/vi/blog/Tong-quan-ly-Alba-Wellness-Valley-by-Fusion-cung-Giam-doc-Wellness-Spa-lam-dai-su-cho-ngay-cuoi-Suc-khoe-The-Gioi-2021-1741?v=thumview



VIETNAM

https://www.talkvietnam.com/2021/08/citizens-prioritising-healthier-services/

/ AUGUST 12, 2021

Citizens prioritising healthier services



Isolation is pushing people to think more about their environment, Photo Le Toan

According to a report released by Nielsen Vietnam last year, the ongoing pandemic has made significant changes in the behaviour of Vietnamese across various areas. Specifically, 47 per cent changed their eating habits towards healthy foods and increased the immune system, and 60 per cent changed leisure and entertainment activities and have limited going to crowded places, especially bars and pubs.

Meanwhile, 70 per cent of Vietnamese have reconsidered travel plans – instead leaning more towards wellness destinations and properties.

Architect Tran Minh Tung from the University of Civil Engineering said that the pandemic had given people new perceptions and different perspectives on life. "Social distancing has slowed down people's lives instead of the hustle and bustle that they have been accustomed to. The isolation makes each person and family not only pay more attention to their home but also care more about the living environment around their home," Tung said.

VIETNAM

https://vir.com.vn/citizens-prioritising-healthier-services-86530.html

August 13, 2021 12:08

VIR Vietnam Investment Review

DANANG HI-TECH PARK
"Innovation hub - Sustainable development"
Helping investors make informed decisions since 1999

Citizens prioritising healthier services

August 12, 2021 | 09:00

Buyers now are more likely to hunt for properties that are not simply accommodation, but also offer greener elements and healthcare facilities.



Isolation is pushing people to think more about their environment, Photo Le Toan

According to a report released by Nielsen Vietnam last year, the ongoing pandemic has made significant changes in the behaviour of Vietnamese across various areas. Specifically, 47 per cent changed their eating habits towards healthy foods and increased the immune system, and 60 per cent changed leisure and entertainment activities and have limited going to crowded places, especially bars and pubs.

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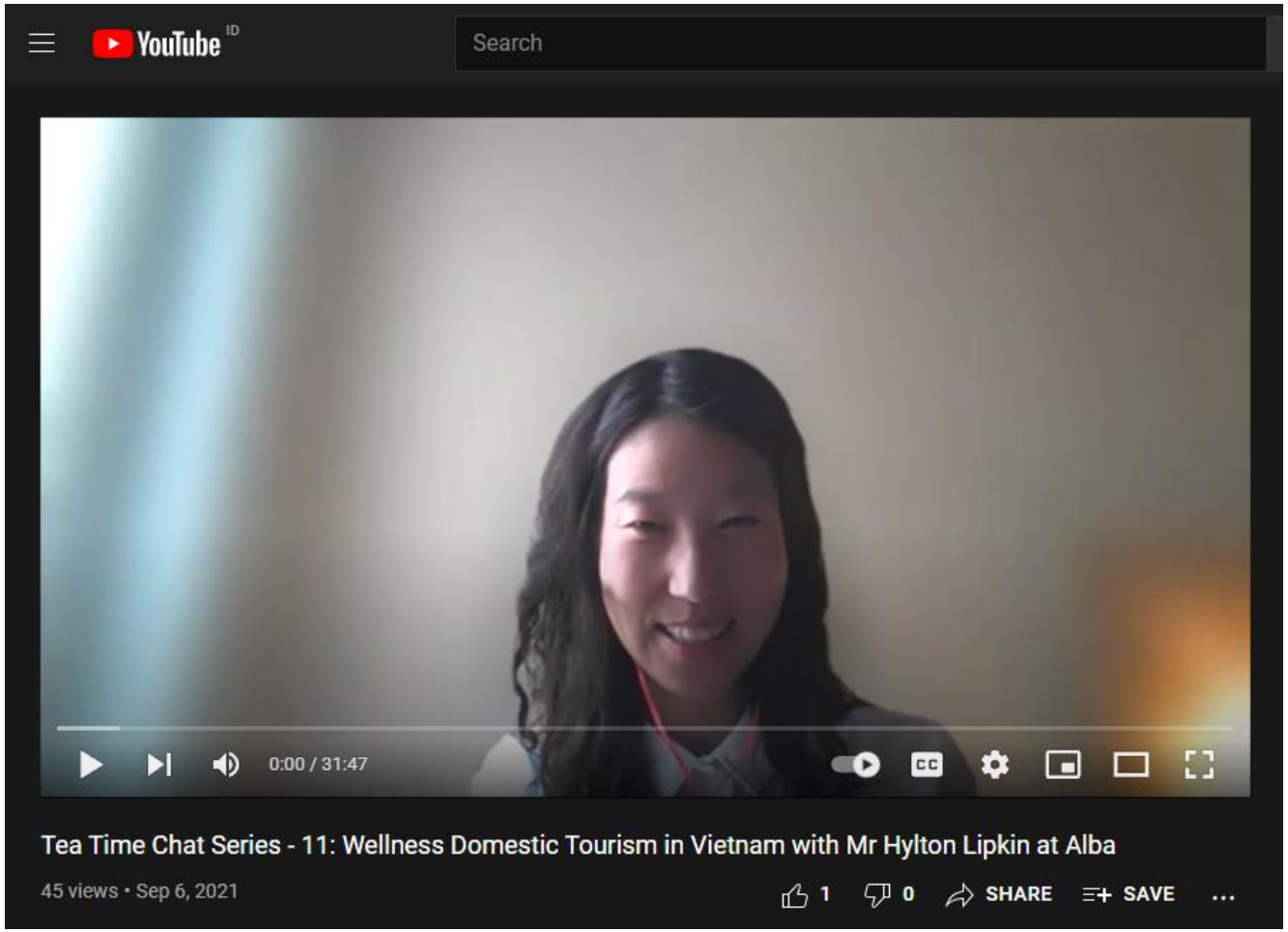
Investors have, as a result, firmly turned to the green real estate segment to launch products that meet the needs and tastes of customers – and, in turn, companies are also jumping on the bandwagon to ensure more comfort for workers.

VIETNAM

6 September 2021

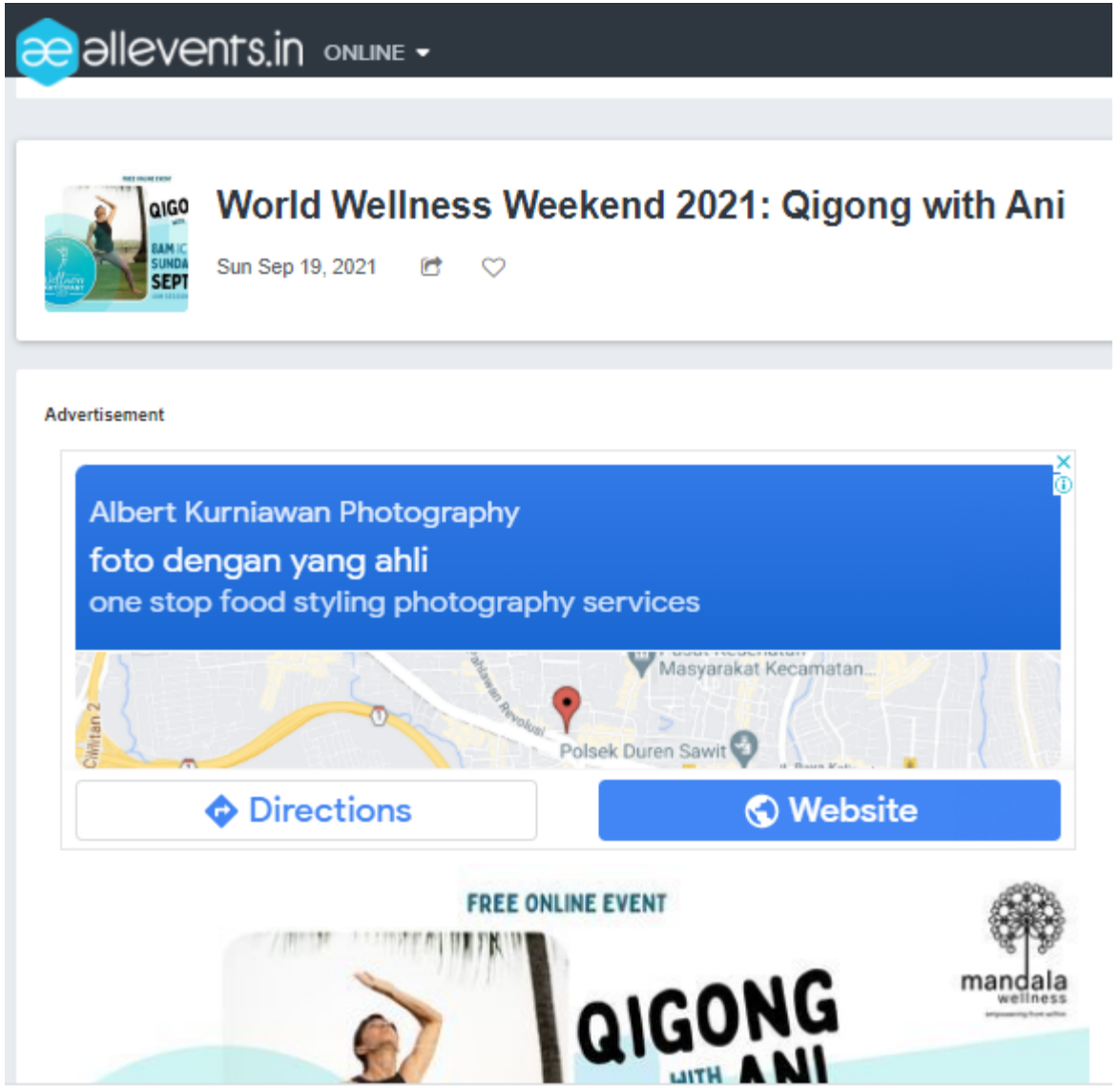
https://www.youtube.com/watch?v=um-pHvzyRNs



Vietnam

10 September 2021

https://allevents.in/online/world-wellness-weekend-2021-qigong-with-ani/200021491001205?ref=eventlist-new-online&aff=u1gjbz

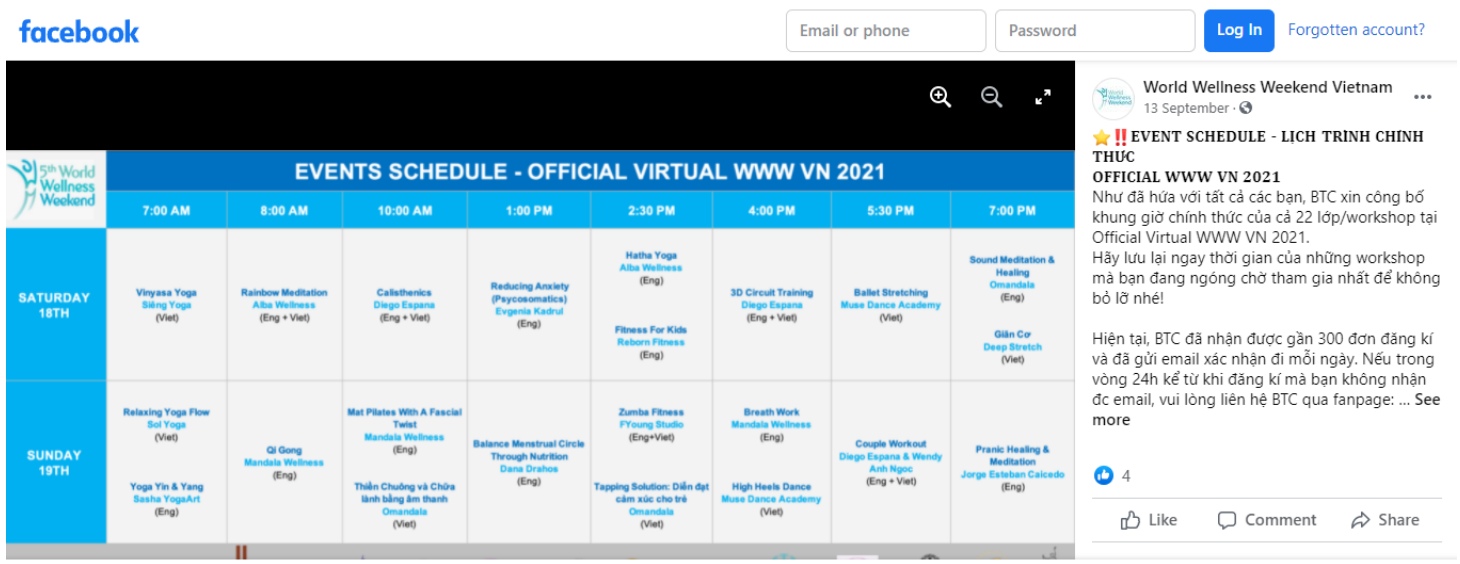


Vietnam

Facebook Event

13 September 2021

https://www.facebook.com/100114138873289/photos/a.104677761750260/1856978636482 49/



See more of World Wellness Weekend Vietnam on Facebook

Vietnam

Facebook Event

13 September 2021

https://www.facebook.com/events/223406742958604



VIETNAM

14 September 2021

https://golfandlife.com.vn/tham-gia-world-wellness-weekend-lan-thu-5-voi-chuoi-hoat-dong-y-nghia-tu-cac-khu-nghi-khach-san-cua-fusion-hotel-group/

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WHAT ON

Tham gia World Wellness Weekend lần thứ 5 với chuỗi hoạt động ý nghĩa từ các khu nghỉ, khách sạn của Fusion Hotel Group

written by Golf&Life | 14/09/2021



Vietnam

16 September 2021

https://saigoneer.com/saigon-events/20599-join-the-5th-world-wellness-weekend-with-fusion-hotel-group-and-its-properties%E2%80%99-inspiring-activities



Join the 5th World Wellness Weekend with Fusion Hotel Group and its Properties' Inspiring Activities

From The Organizer

Covid-19 developments may impact this event's schedule. Please confirm directly with the event host.

A A A

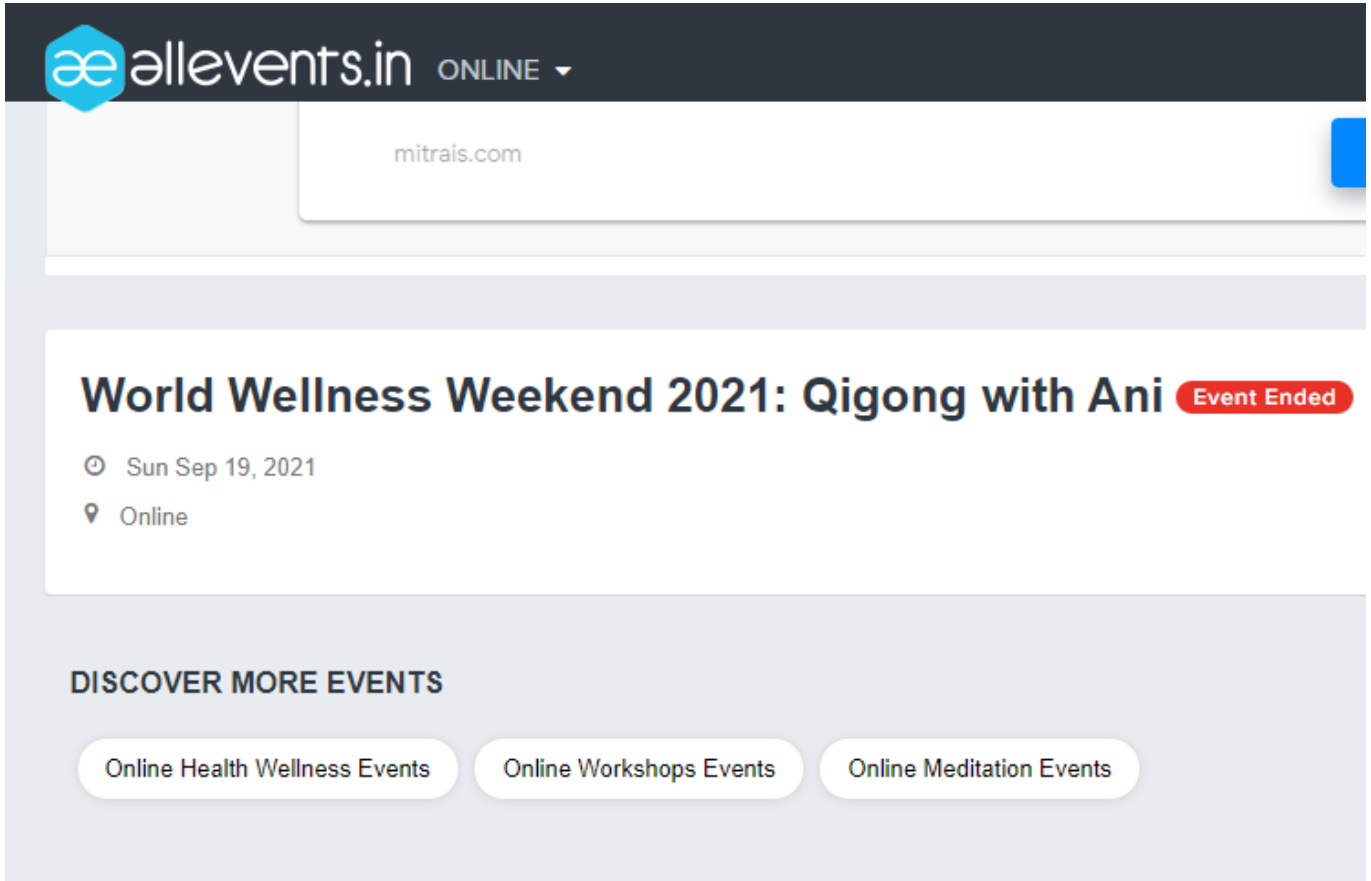
Wellness experts, practitioners and enthusiasts in 130 countries around the world will celebrate the 5th World Wellness Weekend on September 18th and 19th, 2021. Fusion Hotel Group's guests, locals and staff looking to participate in the World Wellness Weekend event

Vietnam

Alleventsin

17 September 2021

https://allevents.in/online/world-wellness-weekend-2021-qigong-with-ani/200021491001205

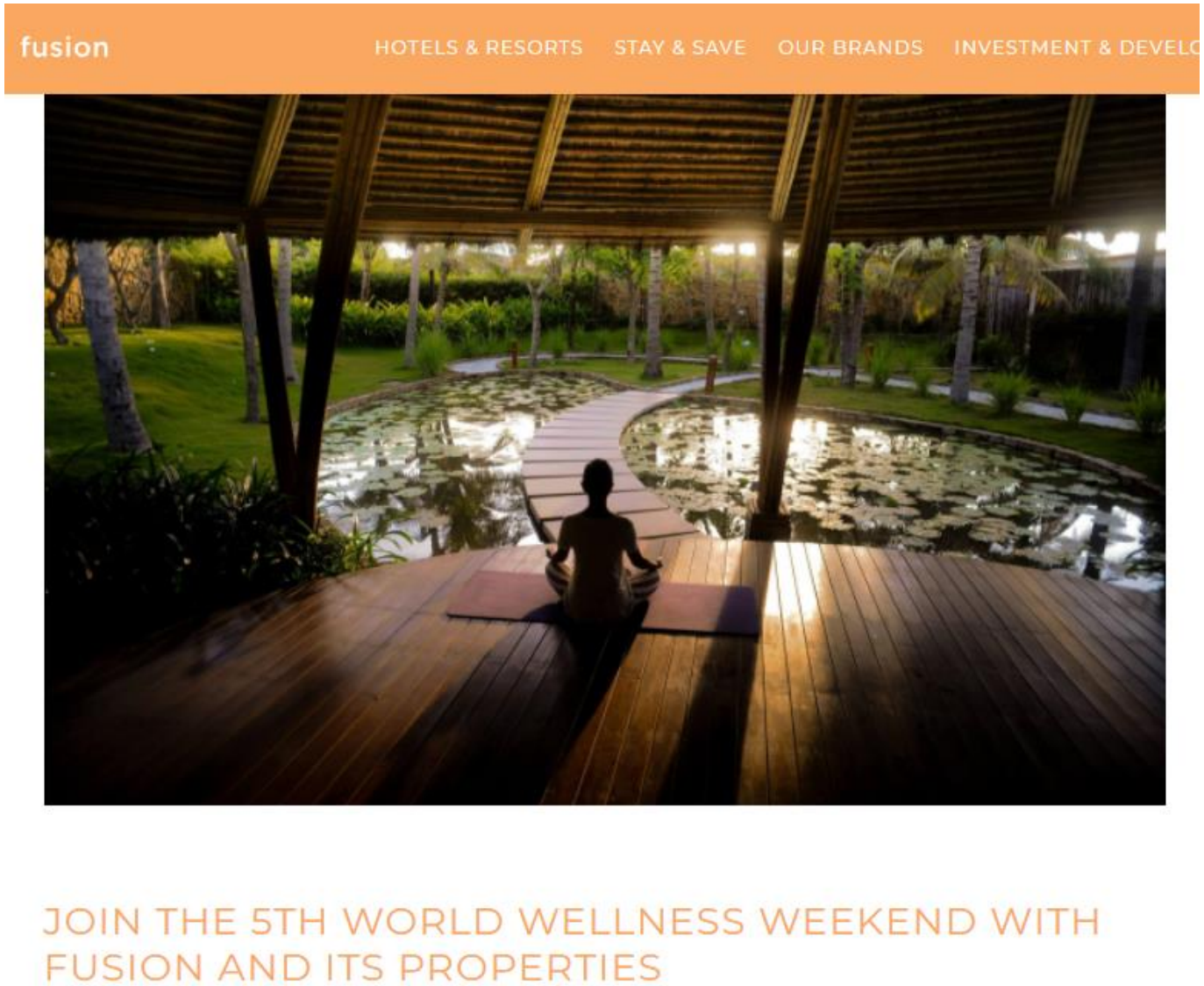


Vietnam

Fusion

17 September 2021

https://fusionhotelgroup.com/join-the-5th-world-wellness-weekend-with-fusion-hotel-group-and-its-propertiess-inspiring-activities/



Vietnam

Travel Live

18 September 2021

https://vntravellive.com/dai-su-dau-tien-cua-world-wellness-weekend-tai-vn-d33101.html



≡ TRAVELLIVE+

TẦM NHÌN DU LỊCH

Ông Hylton Lipkin - Đại sứ đầu tiên tại Việt Nam của World Wellness Weekend

18/09/2021



Australia

7 mentions

Australia

2 February 2021

Maven Data

FB Live

https://fb.watch/5VH6mCQk19/



Australia

08 September 2021

https://www.peninsulahotsprings.com/join-us-for-world-wellness-weekend-2021/

join us for world wellness weekend 2021



September 8, 2021

As a leading wellness destination on the Mornington Peninsula, we are committed to supporting the mental, physical, and social wellbeing of our guests, staff, and the broader community.

We are excited to be taking part in the annual celebration of World Wellness Weekend for the fourth consecutive year. This year we will be offering a complimentary virtual program to support and encourage growth, resilience, and connection.

Our series of inclusive online workshops and musical performances will be led by inspiring and engaging local practitioners who are leaders in the wellness space. They will support and guide you through a range of experiences designed to centre, ground,

Live Chat

AUSTRALIA

08 SEPTEMBER 2021

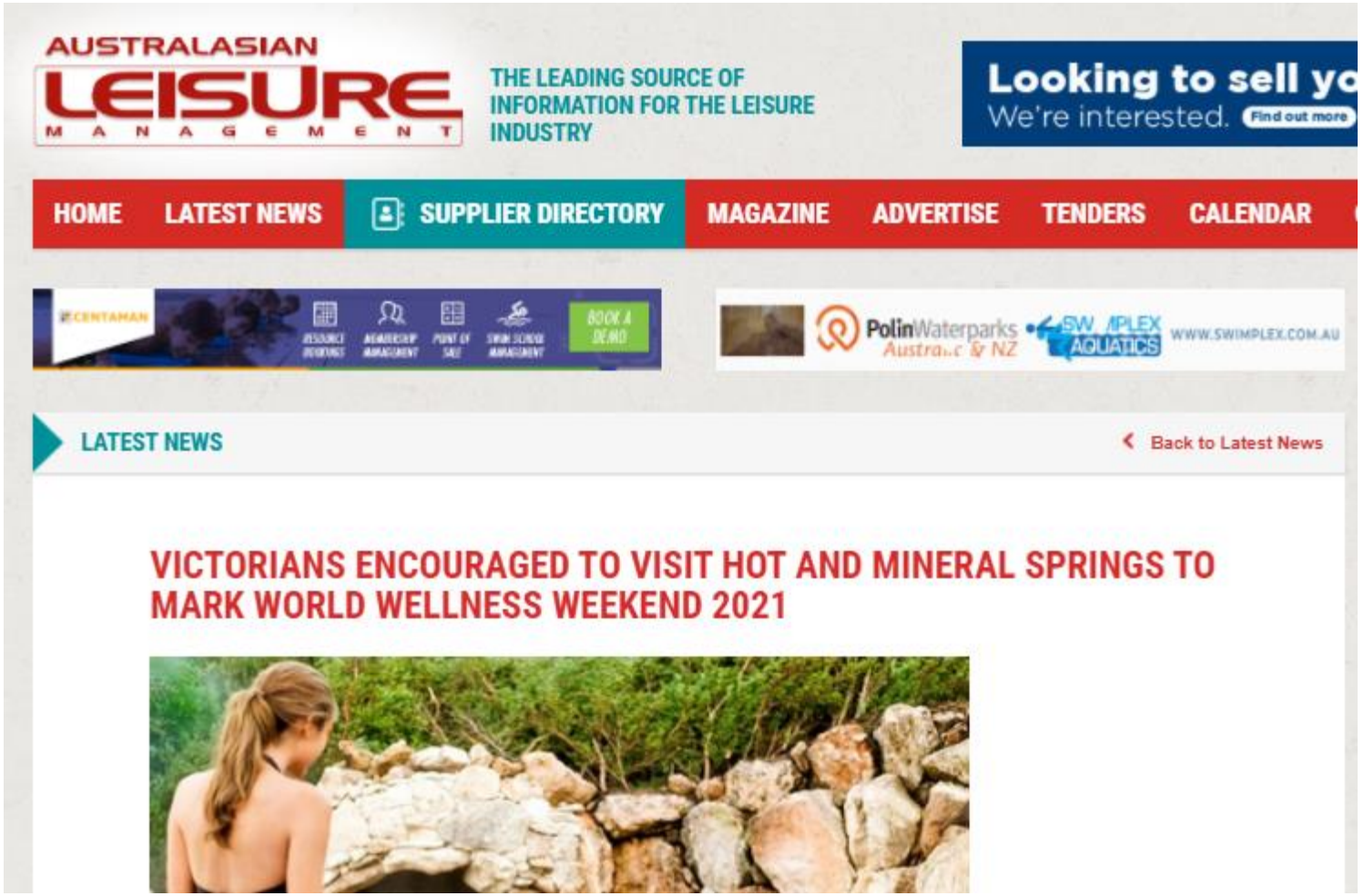
https://belgravialeisure.com.au/the-5-pillars-of-wellness-for-world-wellness-weekend-18th-19th-of-september/



USA

17 September 2021

https://www.ausleisure.com.au/news/victorians-encouraged-to-visit-hot-and-mineral-springs-to-mark-world-wellness-weekend-2021/

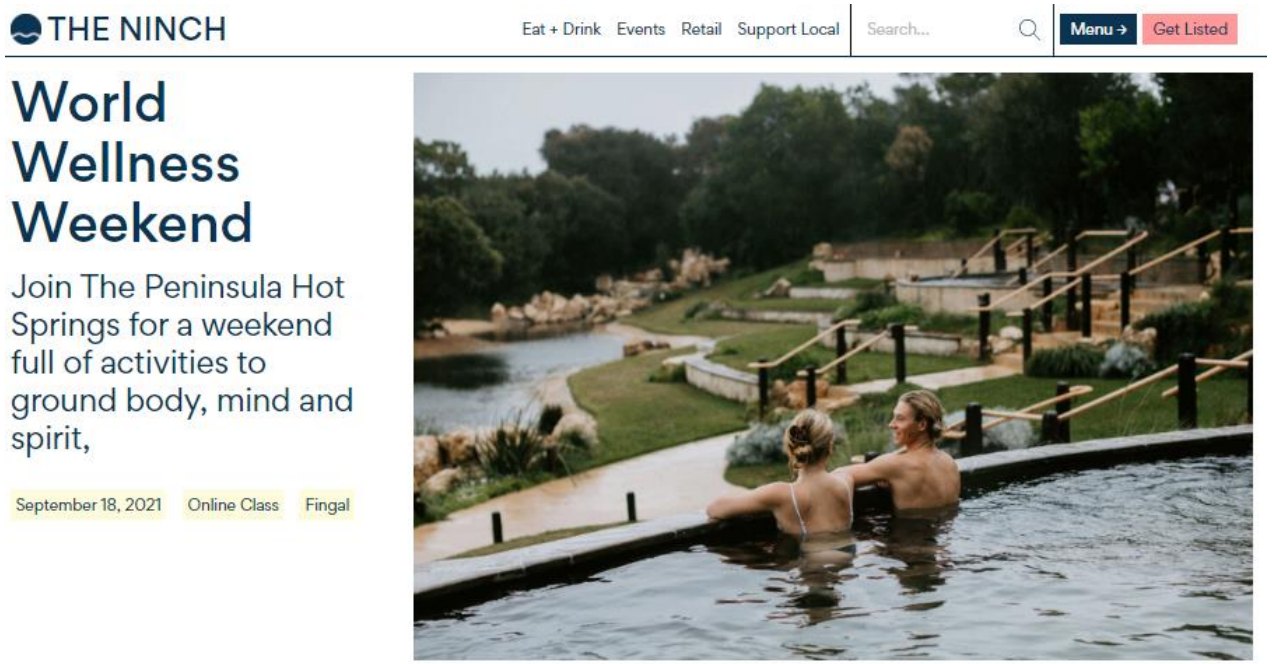


Australia

10 September 2021

The Ninch

https://www.theninch.com.au/event/world-wellness-weekend

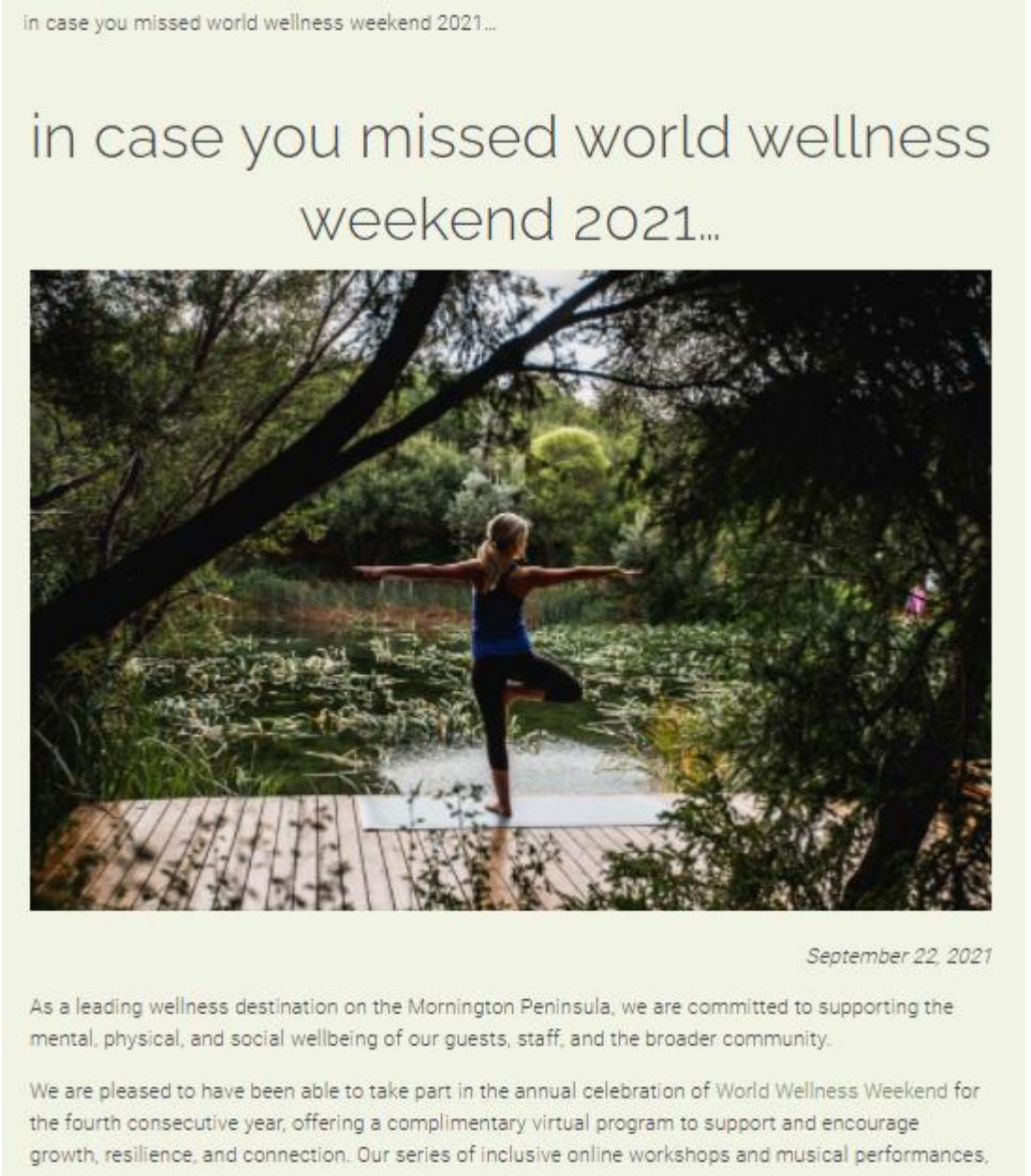


Australia

22 September 2021

Peninsula Hot Springs

https://www.peninsulahotsprings.com/in-case-you-missed-world-wellness-weekend-2021/



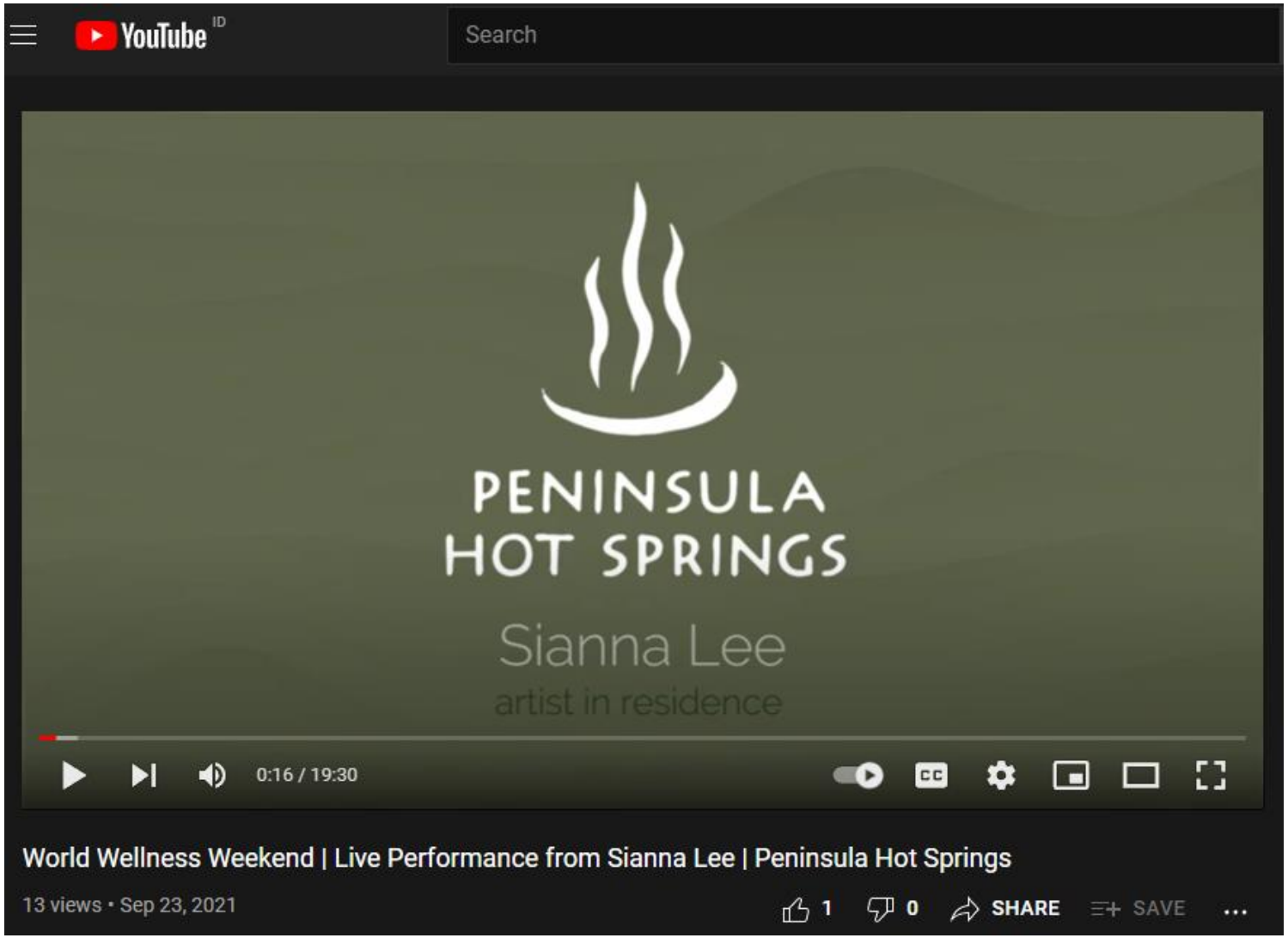
AUSTRALIA

23 SEPTEMBER 2021

Peninsula Hot Springs

LIVE sessions on You Tube

https://www.youtube.com/watch?v=Ork9J36kOsI





India

4 mentions

India

7 September 2021

https://www.theluxurychronicle.com/pr-newswire?rkey=20210907FL98169&filter=21435



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CISION

5th annual World Wellness Weekend

Locate 2,000 venues in 133 countries (982 cities) organizing safe, fun & free wellness activities held in person and online

18-19 September 2021

MIAMI, Sept. 7, 2021 /PRNewswire/ -- Since 2017, World Wellness Weekend (WWW) is a pro-bono event promoting healthy lifestyles in alignment with the United Nations' SDG3 "Good health and well-being for all".

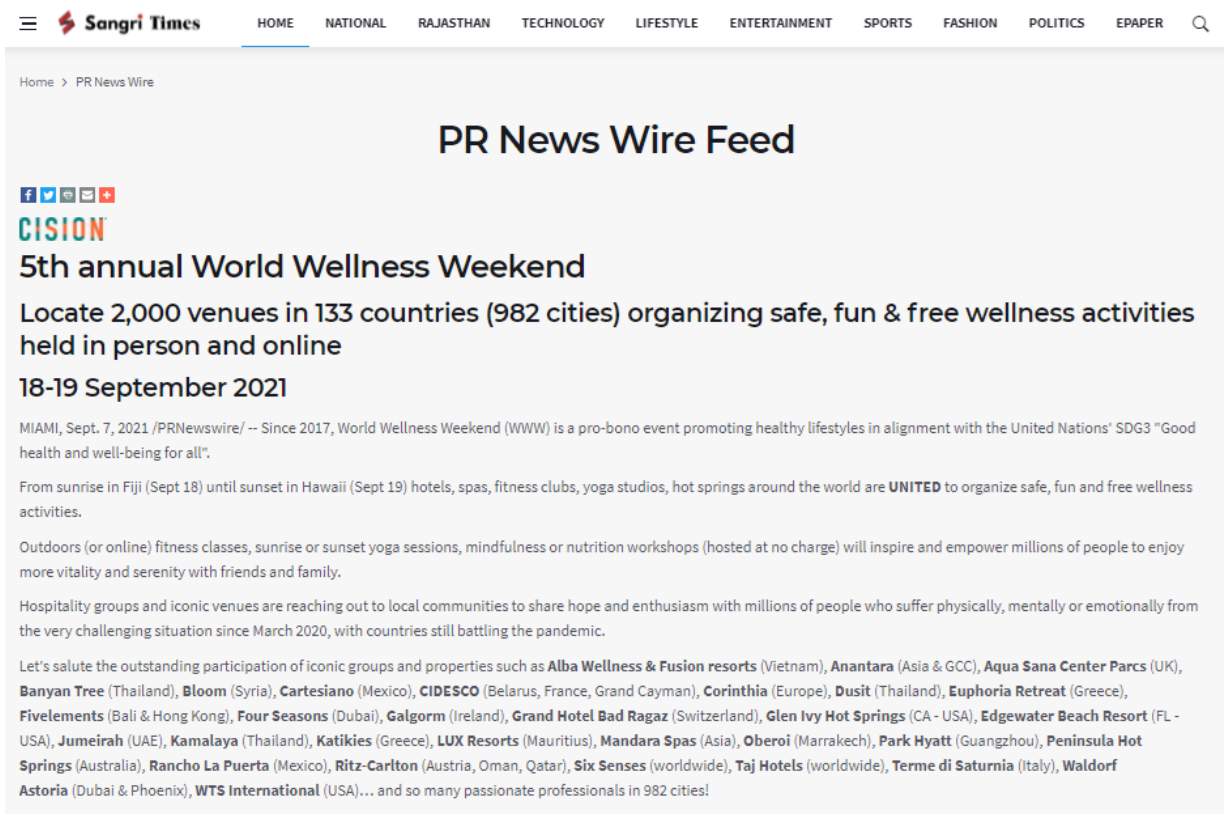
From sunrise in Fiji (Sept 18) until sunset in Hawaii (Sept 19) hotels, spas, fitness clubs, yoga studios, hot springs around the world are **UNITED** to organize safe, fun and free wellness activities.

Outdoors (or online) fitness classes, sunrise or sunset yoga sessions, mindfulness or nutrition workshops (hosted at no charge) will inspire and empower millions of people to enjoy more vitality and serenity with friends and

India

7 September 2021

https://en.sangritimes.com/prnewswire?rkey=20210907FL98169&filter=21009



Sangri Times

HOME NATIONAL RAJASTHAN TECHNOLOGY LIFESTYLE ENTERTAINMENT SPORTS FASHION POLITICS EPAPER

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CISION

5th annual World Wellness Weekend

Locate 2,000 venues in 133 countries (982 cities) organizing safe, fun & free wellness activities held in person and online

18-19 September 2021

MIAMI, Sept. 7, 2021 /PRNewswire/ -- Since 2017, World Wellness Weekend (WWW) is a pro-bono event promoting healthy lifestyles in alignment with the United Nations' SDG3 "Good health and well-being for all".

From sunrise in Fiji (Sept 18) until sunset in Hawaii (Sept 19) hotels, spas, fitness clubs, yoga studios, hot springs around the world are **UNITED** to organize safe, fun and free wellness activities.

Outdoors (or online) fitness classes, sunrise or sunset yoga sessions, mindfulness or nutrition workshops (hosted at no charge) will inspire and empower millions of people to enjoy more vitality and serenity with friends and family.

Hospitality groups and iconic venues are reaching out to local communities to share hope and enthusiasm with millions of people who suffer physically, mentally or emotionally from the very challenging situation since March 2020, with countries still battling the pandemic.

Let's salute the outstanding participation of iconic groups and properties such as **Alba Wellness & Fusion resorts** (Vietnam), **Anantara** (Asia & GCC), **Aqua Sana Center Parcs** (UK), **Banyan Tree** (Thailand), **Bloom** (Syria), **Cartesiano** (Mexico), **CIDESCO** (Belarus, France, Grand Cayman), **Corinthia** (Europe), **Dusit** (Thailand), **Euphoria Retreat** (Greece), **Fivelements** (Bali & Hong Kong), **Four Seasons** (Dubai), **Galgorm** (Ireland), **Grand Hotel Bad Ragaz** (Switzerland), **Glen Ivy Hot Springs** (CA - USA), **Edgewater Beach Resort** (FL - USA), **Jumeirah** (UAE), **Kamalaya** (Thailand), **Katikies** (Greece), **LUX Resorts** (Mauritius), **Mandara Spas** (Asia), **Oberoi** (Marrakech), **Park Hyatt** (Guangzhou), **Peninsula Hot Springs** (Australia), **Rancho La Puerta** (Mexico), **Ritz-Carlton** (Austria, Oman, Qatar), **Six Senses** (worldwide), **Taj Hotels** (worldwide), **Terme di Saturnia** (Italy), **Waldorf Astoria** (Dubai & Phoenix), **WTS International** (USA)... and so many passionate professionals in 982 cities!

India

16 September 2021

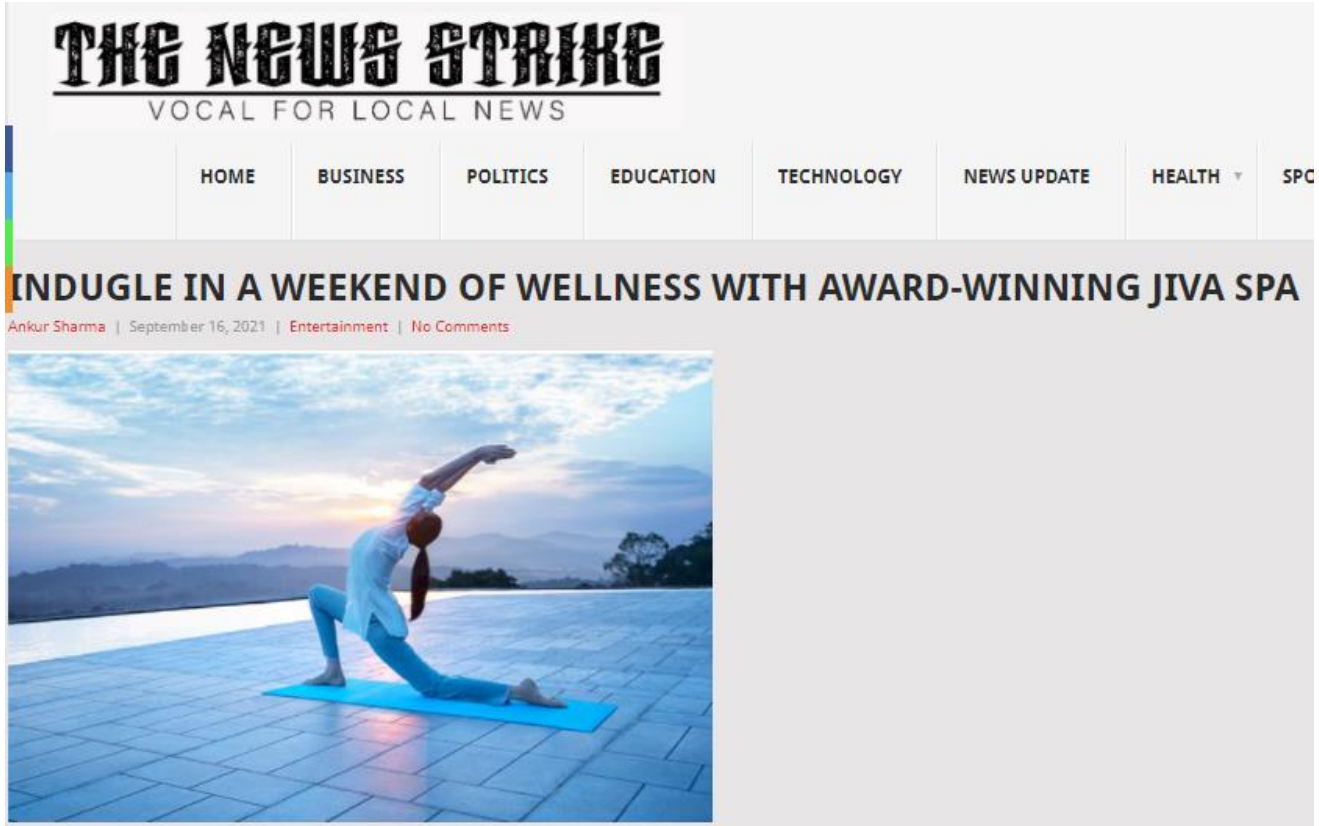
http://bwhotelier.businessworld.in/article/Indulge-in-a-weekend-of-wellness-with-Jiva-Spa/16-09-2021-404920/

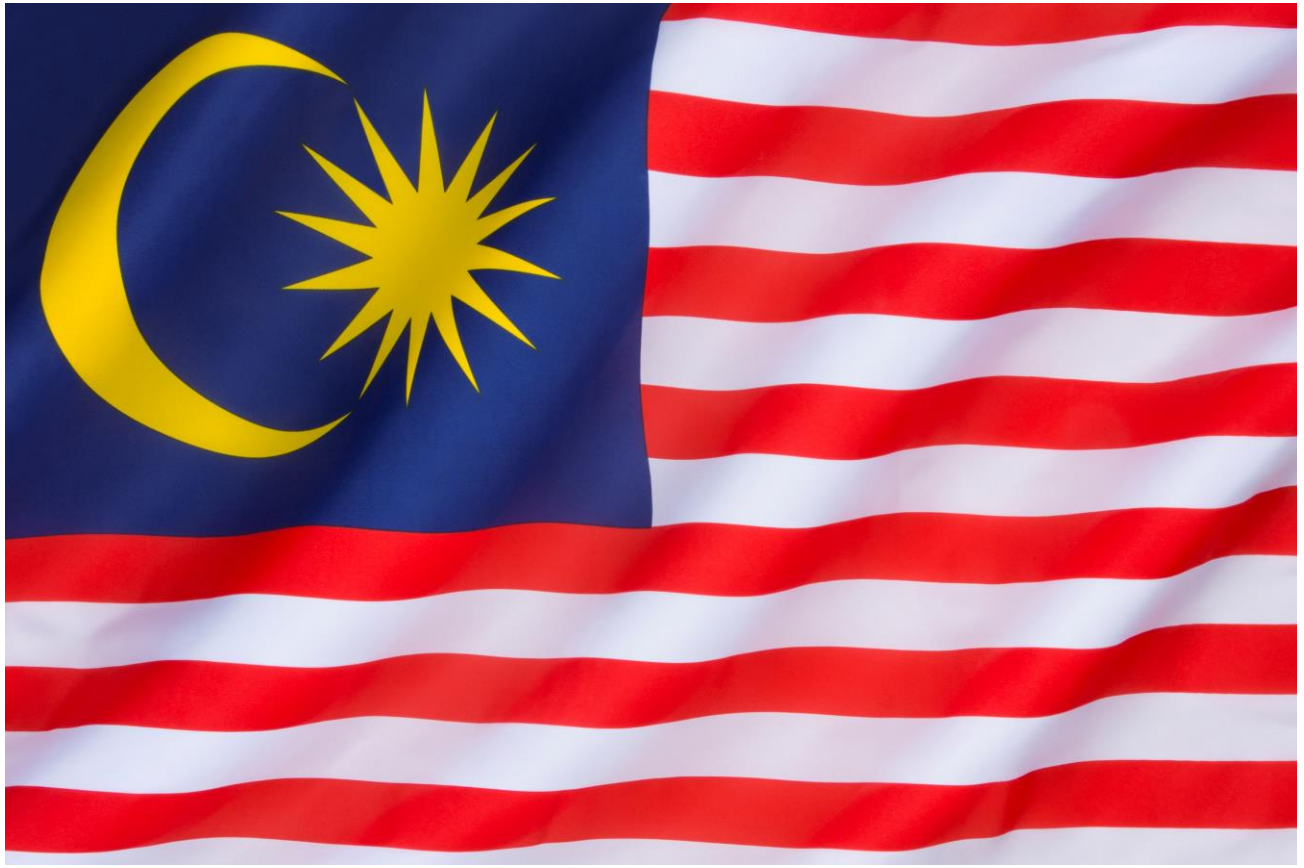


India

16 September 2021

https://thenewsstrike.com/indugle-in-a-weekend-of-wellness-with-award-winning-jiva-spa/



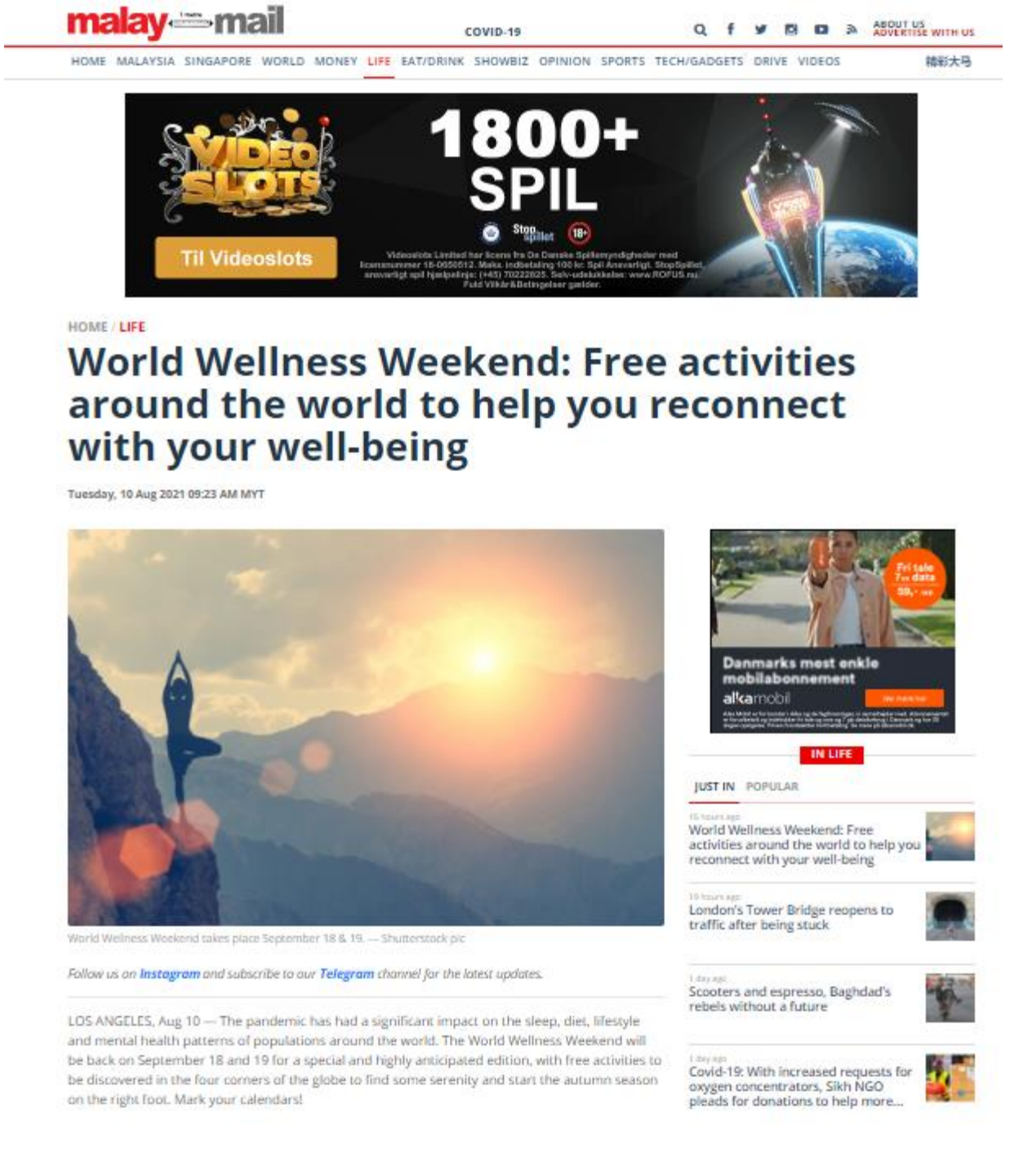


Malaysia

4 mentions

MALAYSIA

https://www.malaymail.com/news/life/2021/08/10/world-wellness-weekend-free-activities-around-the-world-to-help-you-reconne/1996529



MALAYSIA

https://theworldnews.net/my-news/world-wellness-weekend-free-activities-around-the-world-to-help-you-reconnect-with-your-well-being

THE WORLD NEWS | WORLD NEWS PLATFORM

MALAYSIA

TRUSTED 10/08/2021, 03:23:28

World Wellness Weekend: Free activities around the world to help you reconnect with your well-being



World Wellness Weekend takes place September 18 & 19. — Shutterstock pic

LOS ANGELES, Aug 10 — The pandemic has had a significant impact on the sleep, diet, lifestyle and mental health patterns of populations around the world. The World Wellness Weekend will be back on September 18 and 19 for a special and highly anticipated edition, with free activities to be discovered in the four corners of the globe to find some serenity and start the autumn season on the right foot. Mark your calendars!

MALAYSIA

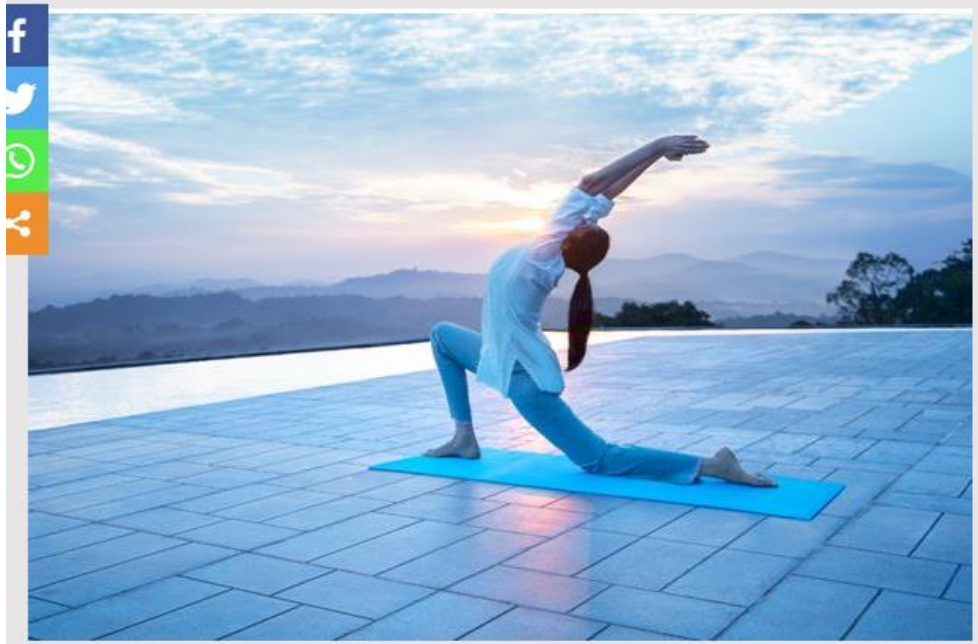
The News Strike

16 September 2021

https://thenewsstrike.com/indugle-in-a-weekend-of-wellness-with-award-winning-jiva-spa/

INDUGLE IN A WEEKEND OF WELLNESS WITH AWARD-WINNING JIVA SPA

Editor | September 16, 2021 | Entertainment | No Comments



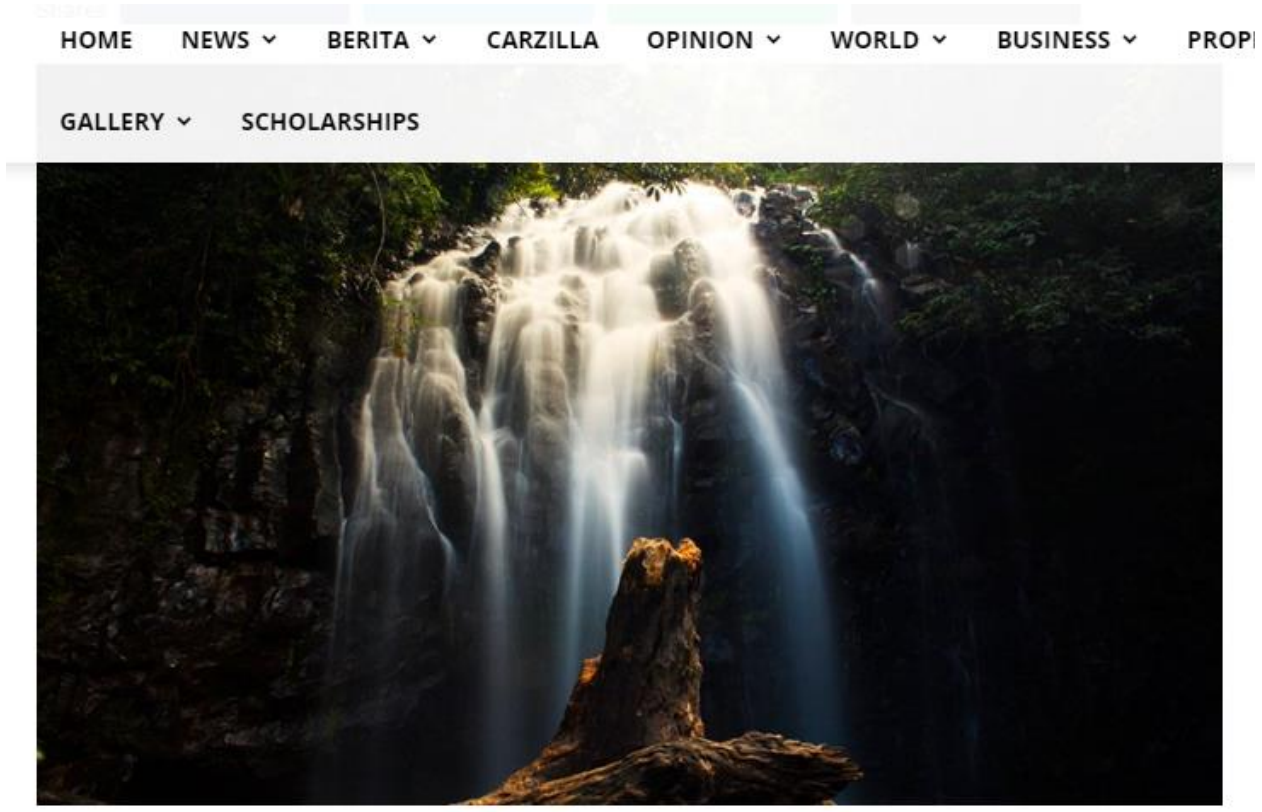
MUMBAI, SEPTEMBER 16, 2021: Today, the growing focus on overall health has become stronger than ever, with people looking toweave holistic wellness seamlessly into their daily routine. Celebrating the**World Wellness Weekend (WWW)**, **Indian Hotels Company's (IHCL)** award-winning **Jiva Spa** inspiresa healthy lifestyle with **wellness activities**, immunity-enhancing **INNERgise stay offers** and **meals** and **virtual yoga** and **meditation sessions**. In partnership with the UN's Global Sustainability Index Institute, **WWW** encourages wellness activities across 120 countries.

MALAYSIA

Free Malaysia Today

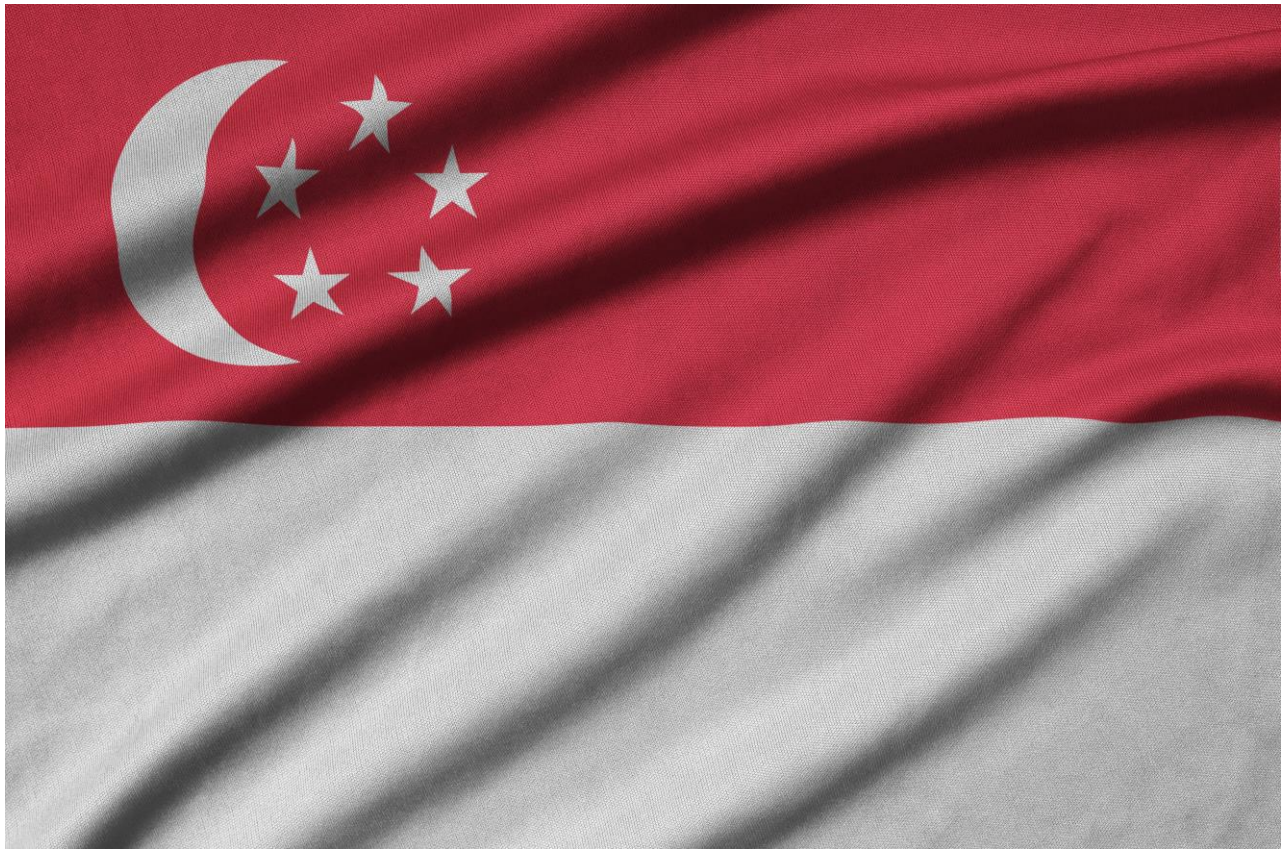
18 September 2021

https://www.freemalaysiatoday.com/category/leisure/health/2021/09/18/5-stress-busting-activities-from-around-the-world/?__cf_chl_jschl_tk__=t_ZxYD7DLE4dWYPtbrj1eSnRWSiq3YRT.vAGp8JcAEU-1636291815-0-gaNycGzNCKU



Enjoy the health benefits of negative ions at the foot of Iguaçu Falls in Brazil, as part of World Wellness Weekend. (Rawpixel pic)

PARIS: For two days, Sept 18 and 19, World Wellness Weekend will give everyone the chance to try out different activities, free of charge, in a hundred countries around the world.



Singapore

4 mentions

SINGAPORE

https://sg.news.yahoo.com/world-wellness-weekend-free-activities-123540401.html

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AFP | ETX Daily Up

World Wellness Weekend: free activities around the world to help you reconnect with your well-being

Mon, 9 August 2021, 2:35 pm · 3-min read



World Wellness Weekend takes place September 18 & 19.

The pandemic has had a significant impact on the sleep, diet, lifestyle and mental health patterns of populations around the world. The World Wellness Weekend will be back on September 18 and 19 for a special and highly anticipated edition, with free activities to be discovered in the four corners of the globe to find some serenity and start the autumn season on the right foot. Mark your calendars!

If you've always thought that yoga might be the perfect activity to improve your well-being, but never dared to take the plunge, the World Wellness Weekend is for you. The event is offering free trials of hundreds of activities around the world so that everyone can find the one that suits them best in their daily life.

Taking place on September 18 and 19 in some 130 countries -- 950 cities and nearly 1,500 establishments, this fifth edition is coming at a particularly important time in the midst of a global pandemic. Over the past year and a half, numerous studies have revealed some of the damage the health crisis has had on our state of well-being, from sleep disorders to sedentary lifestyle, changes in our eating habits, and more generally by fractured and fragile states of mental health. More than ever, this weekend seems to come at the right moment to allow as many people as possible to find vitality and serenity.

The five pillars of well-being

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TRENDING

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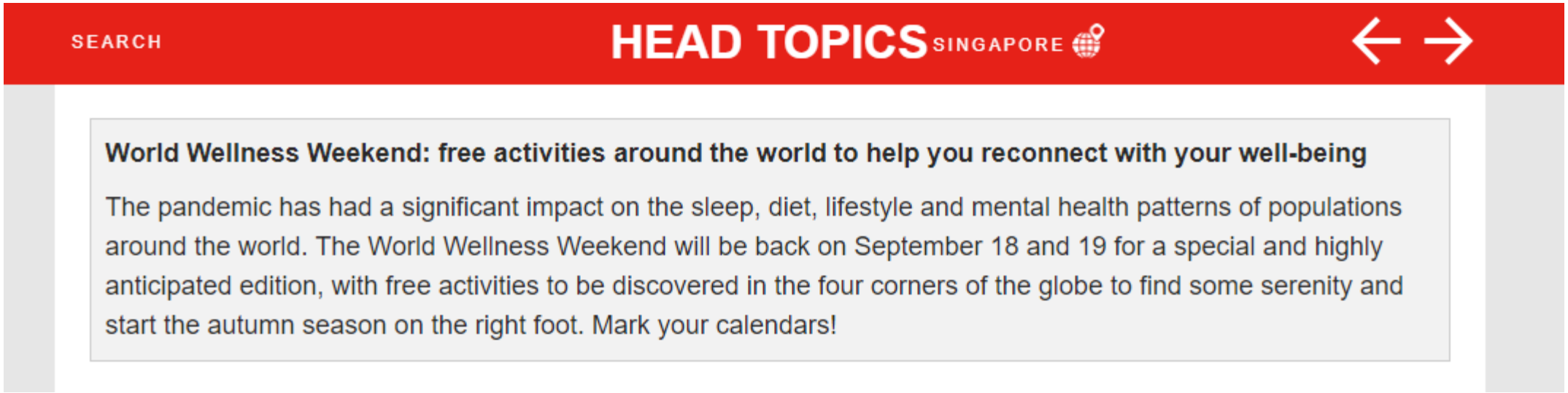
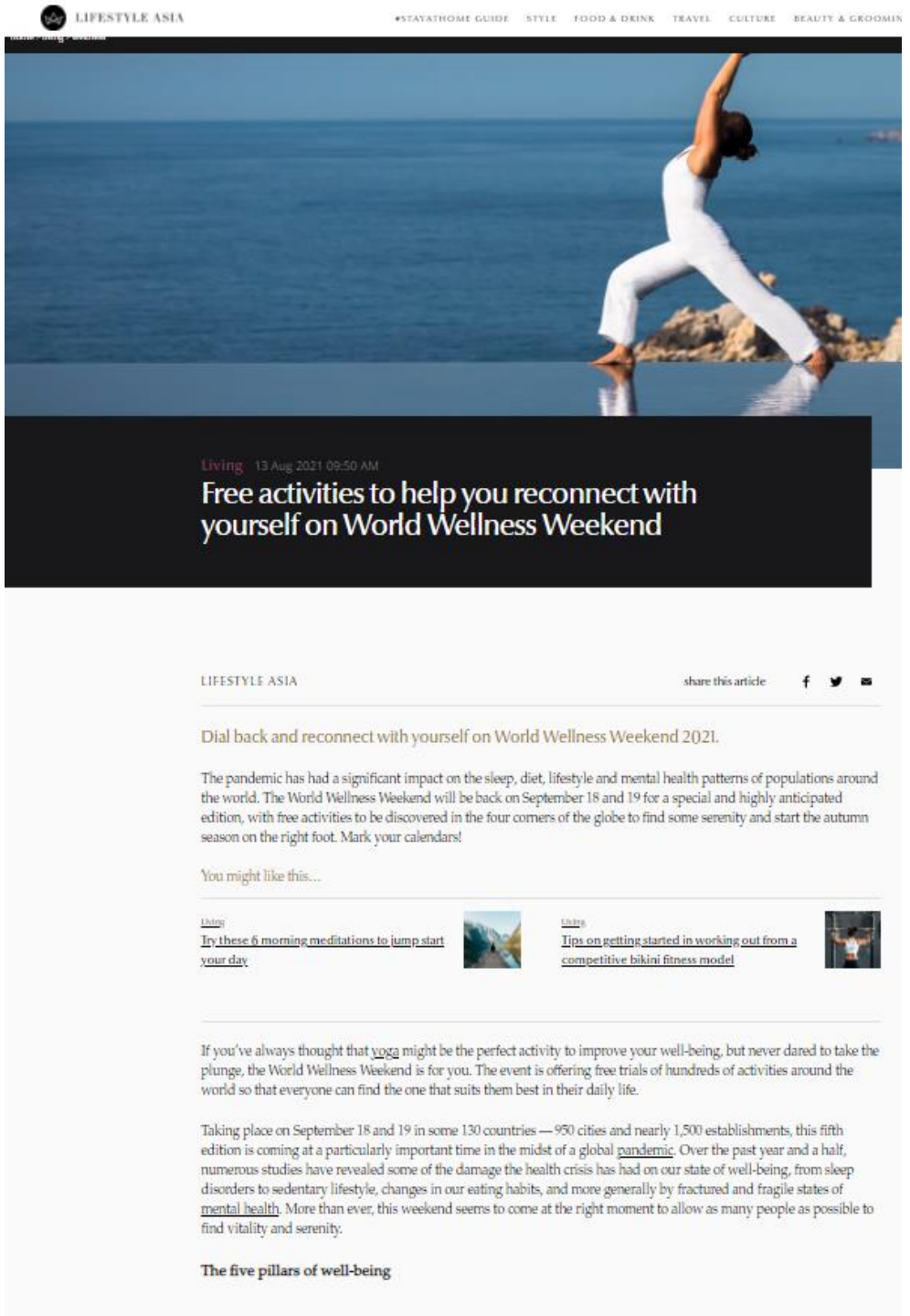
SINGAPORE



https://headtopics.com/sg/2022-school-year-to-start-on-jan-4-end-on-nov-18-21306887

ASIA

https://www.lifestyleasia.com/kl/living/wellness/free-activities-to-help-reconnect-with-yourself-on-world-wellness-weekend/



LIFESTYLE ASIA

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Living 13 Aug 2021 09:50 AM

Free activities to help you reconnect with yourself on World Wellness Weekend

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Dial back and reconnect with yourself on World Wellness Weekend 2021.

The pandemic has had a significant impact on the sleep, diet, lifestyle and mental health patterns of populations around the world. The World Wellness Weekend will be back on September 18 and 19 for a special and highly anticipated edition, with free activities to be discovered in the four corners of the globe to find some serenity and start the autumn season on the right foot. Mark your calendars!

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Living
Tips on getting started in working out from a competitive bikini fitness model

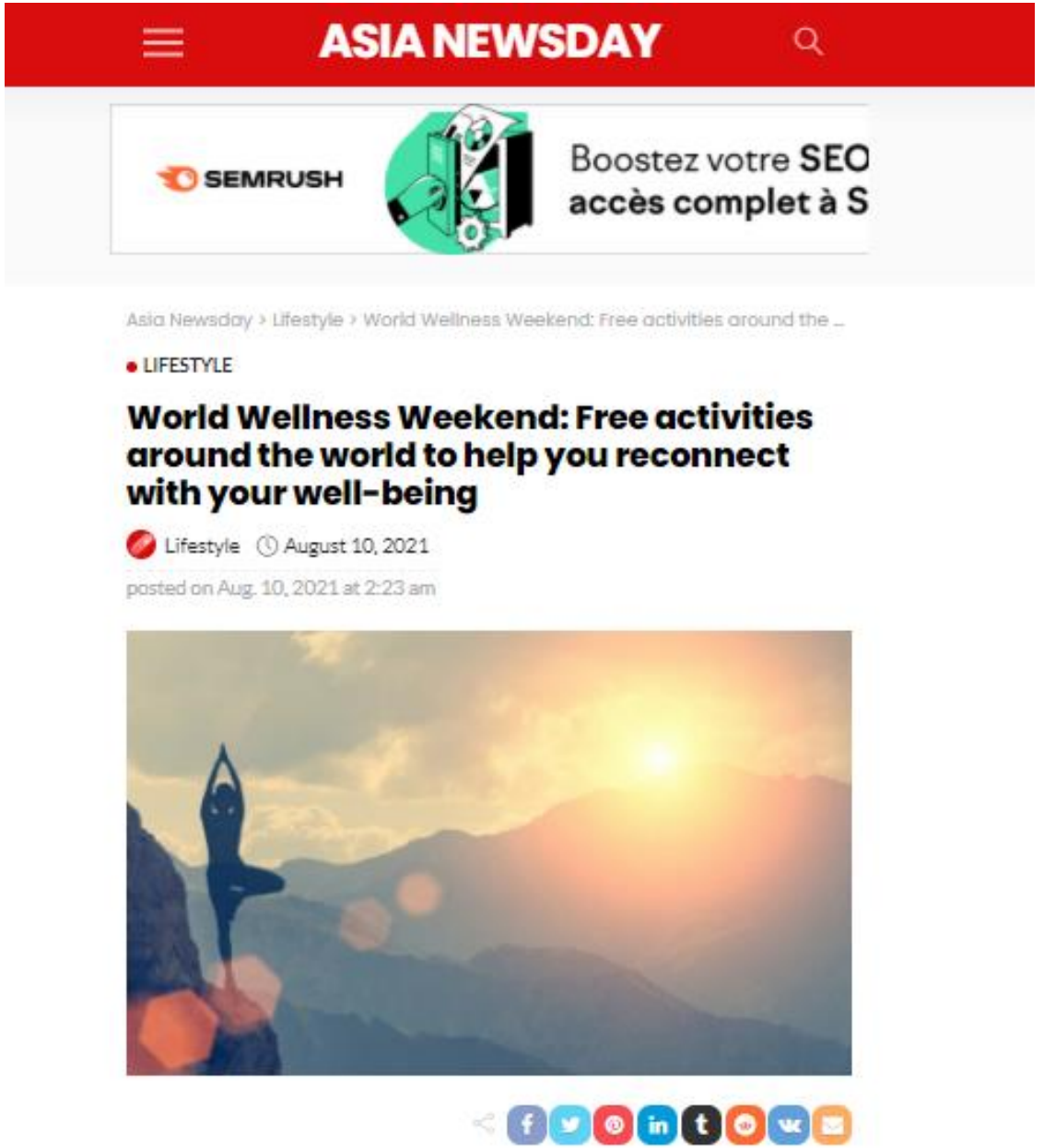
If you've always thought that yoga might be the perfect activity to improve your well-being, but never dared to take the plunge, the World Wellness Weekend is for you. The event is offering free trials of hundreds of activities around the world so that everyone can find the one that suits them best in their daily life.

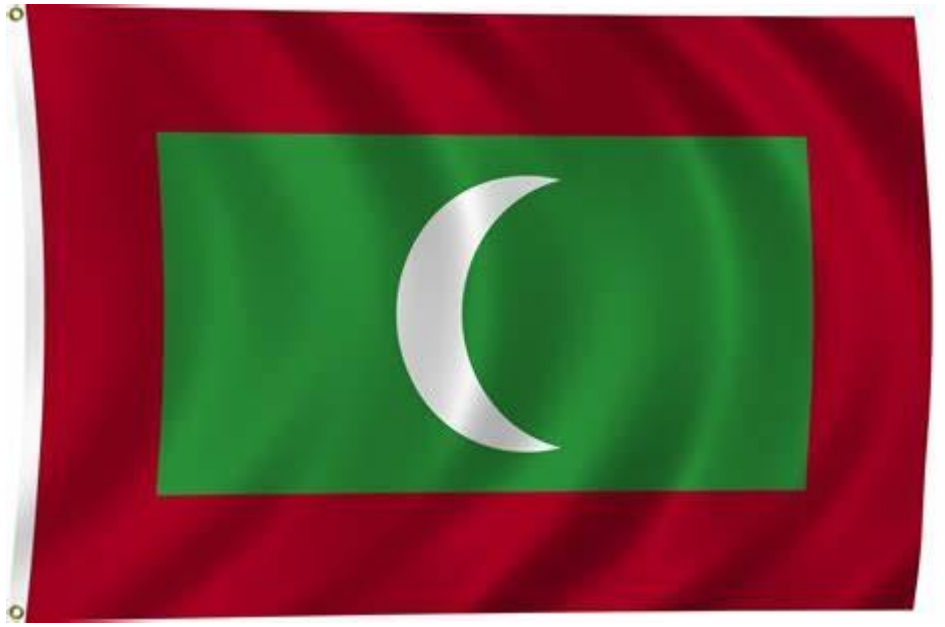
Taking place on September 18 and 19 in some 130 countries — 950 cities and nearly 1,500 establishments, this fifth edition is coming at a particularly important time in the midst of a global pandemic. Over the past year and a half, numerous studies have revealed some of the damage the health crisis has had on our state of well-being, from sleep disorders to sedentary lifestyle, changes in our eating habits, and more generally by fractured and fragile states of mental health. More than ever, this weekend seems to come at the right moment to allow as many people as possible to find vitality and serenity.

The five pillars of well-being

ASIA

https://www.asianewsday.com/world-wellness-weekend-free-activities-around-the-world-to-help-you-reconnect-with-your-well-being/





Maldives

2 mentions

MALDIVES

Travel Trade Maldives

29 September 2021

https://www.traveltrademaldives.com/hotel-jen-by-shangri-la-introduces-jens-fitness-fest-2021/

NEWS SEPTEMBER 29, 2021



Hotel JEN by Shangri-La Introduces JEN'S Fitness Fest 2021

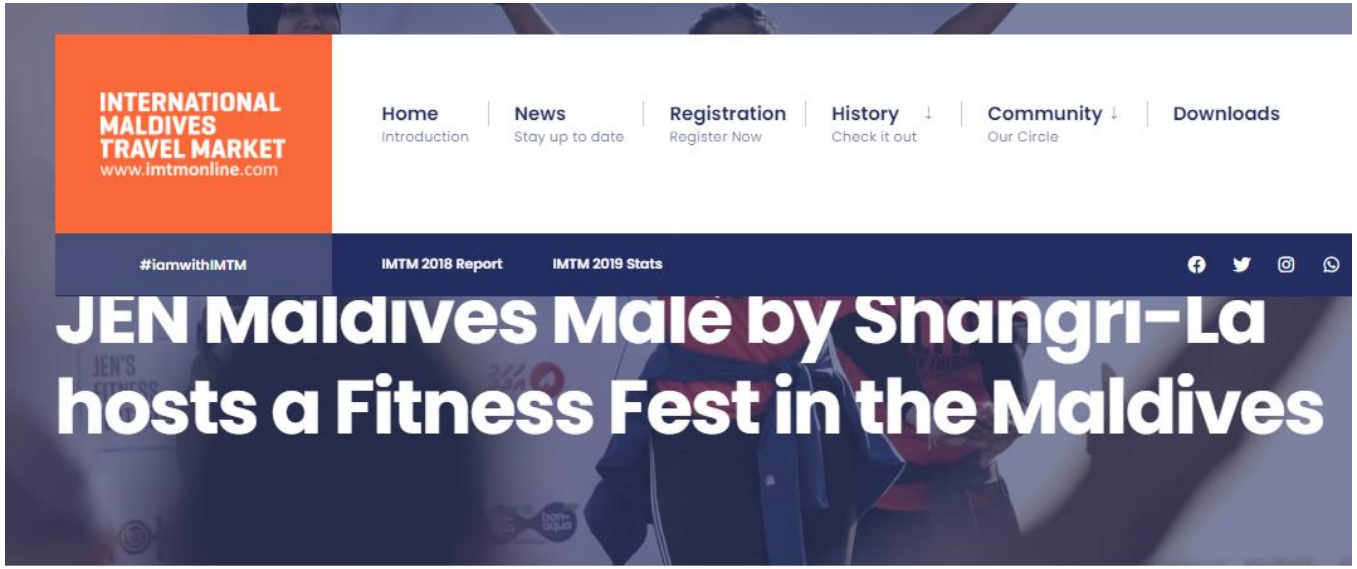
JEN Maldives Malè by Shangri-La is pleased to introduce the first-of-its-kind Fitness Fest in the Maldives in conjunction with World Wellness Weekend.

MALDIVES

International Maldives Travel Market

01 October 2021

https://imtmonline.com/2021/10/01/jen-maldives-male-by-shangri-la-hosts-a-fitness-fest-in-the-maldives/



MIDDLE EAST

	Mentions	TV	Radio	Articles
MIDDLE EAST	25	0	0	24
UAE	20		1	19
Egypt	2			2
Qatar	2			2
Saudi Arabia	1			1



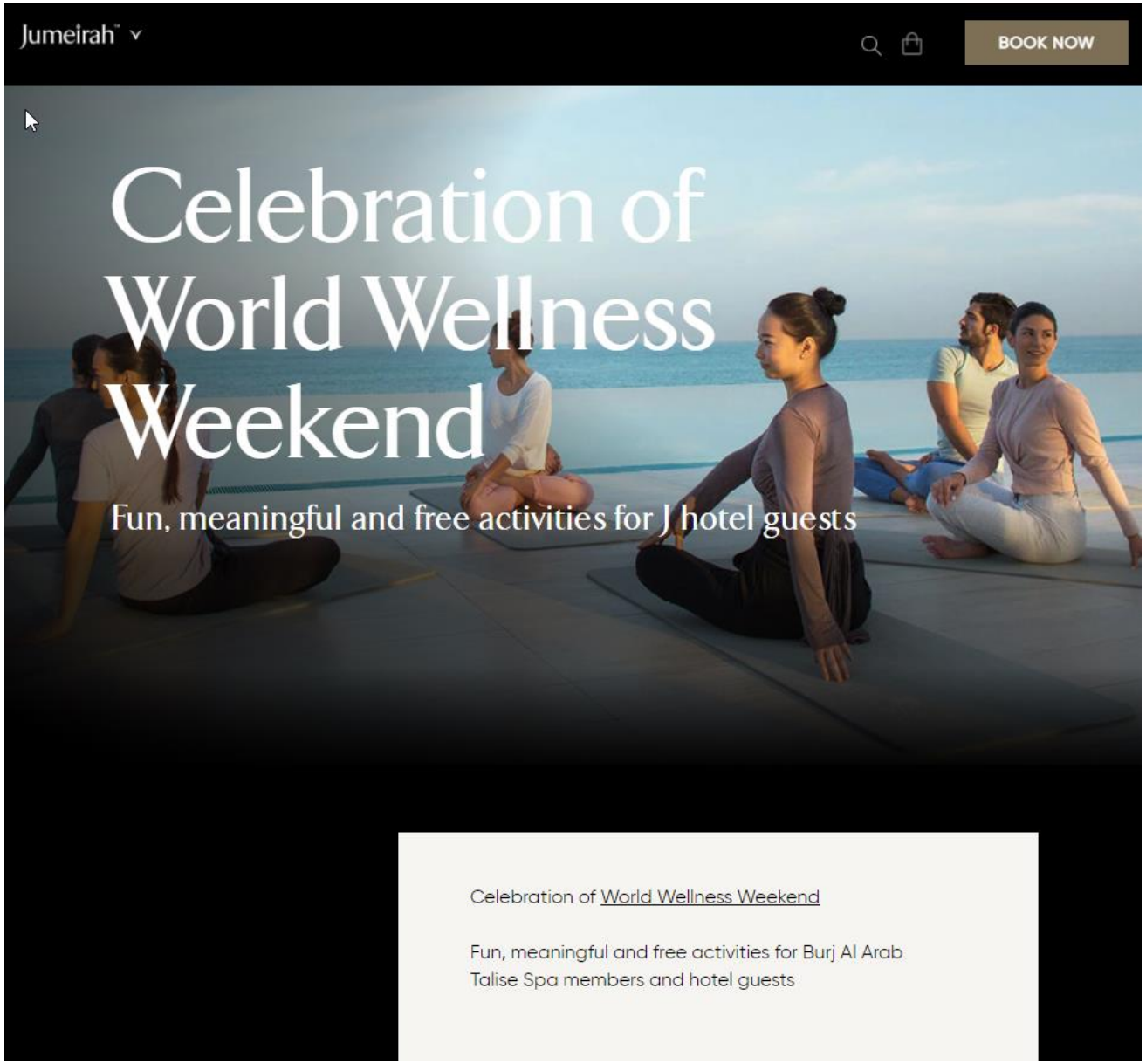
UAE (Abu Dhabi, Dubai, Sharjah)

20 mentions

UAE

September 2021

https://www.jumeirah.com/en/offers/category-offers/wellness/burj-al-arab-jumeirah/world-wellness-weekend



DUBAI

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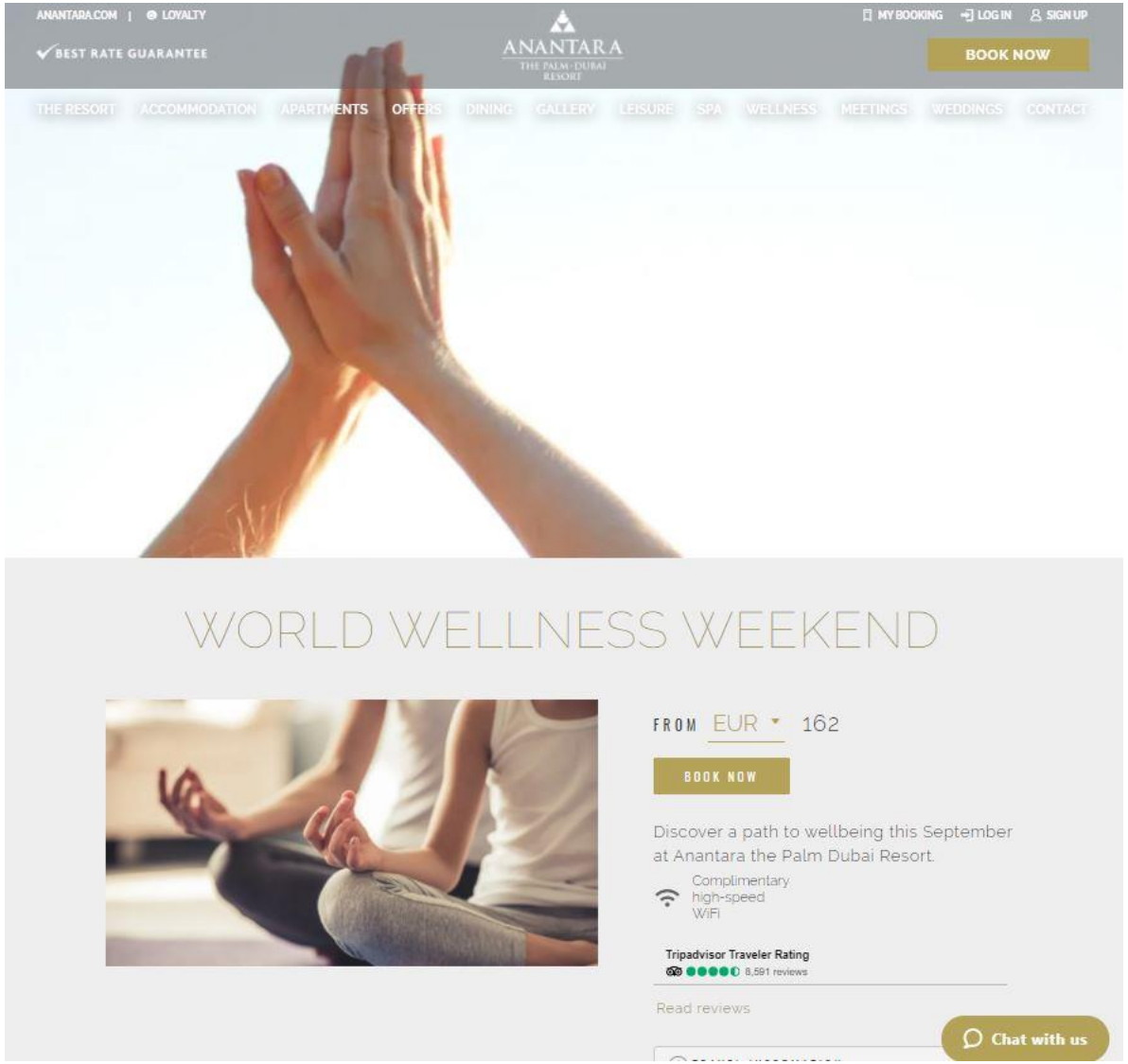

Dubai

14 September 2021

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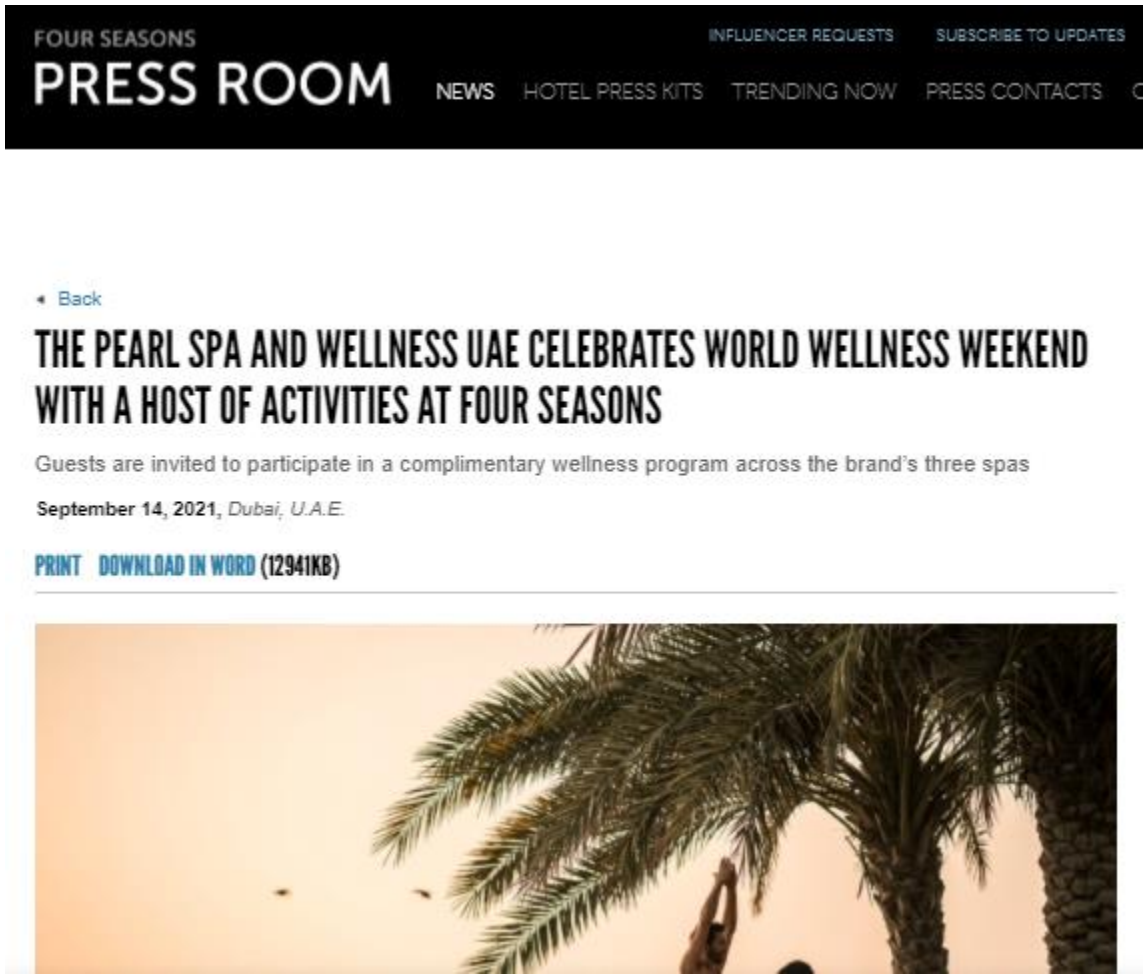

Sharjah

14 September 2021

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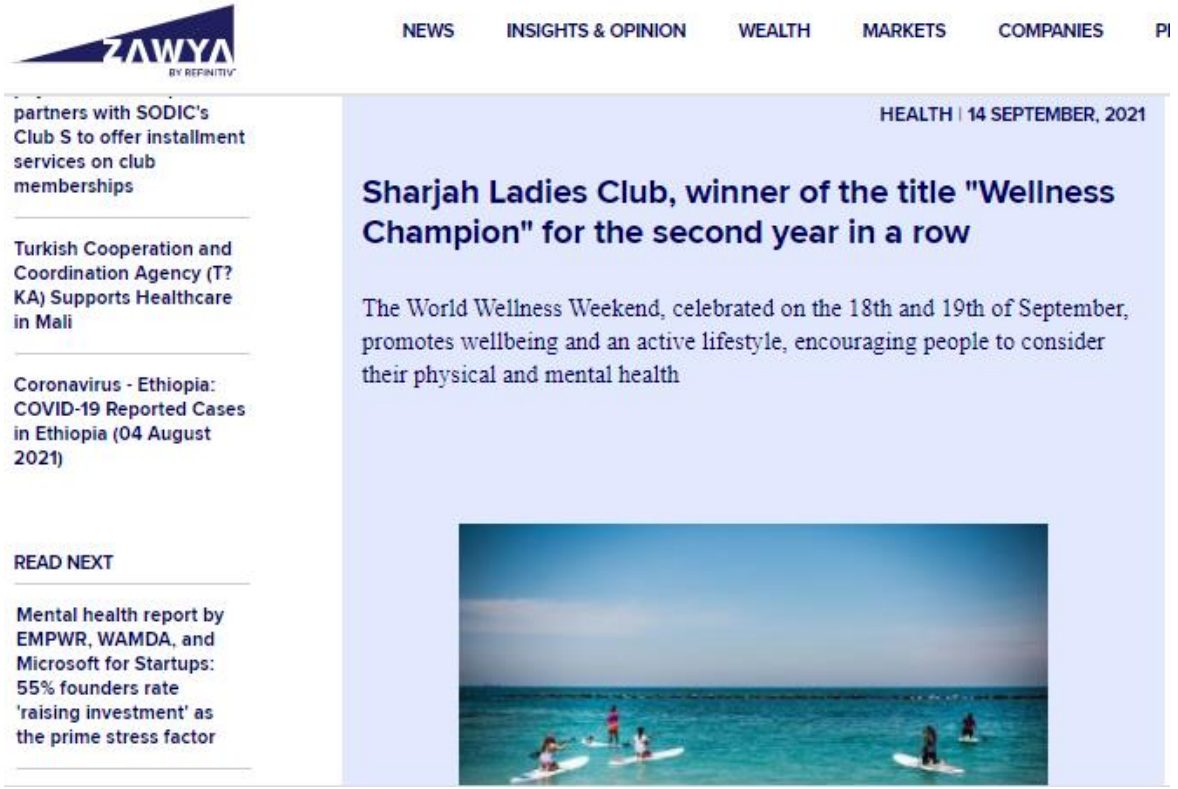

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The World Wellness Weekend, celebrated on the 18th and 19th of September, promotes wellbeing and an active lifestyle, encouraging people to consider their physical and mental health

Sharjah

14 September 2021

https://www.aetoswire.com/news/14715/en



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Sharjah Ladies Club, winner of the title "Wellness Champion" for the second year in a row, promotes healthy living by celebrating "World Wellness Weekend"

Print

Sharjah, United Arab Emirates-Tuesday 14 September 2021 [AETOS Wire]

The 2021 edition of the World Wellness Weekend is a special one for Sharjah Ladies Club for winning their second Wellness Champion title for the second year in a row. The World Wellness Weekend, celebrated on the 18th and 19th of September, promotes wellbeing and an active lifestyle, encouraging people to consider their physical and mental health. More than 120 countries participate in the two-day celebration, organizing healthy, fun events for thousands of people.

This year, Sharjah Ladies Club is participating by organizing numerous activities and offers through which it seeks to inspire women and children to adopt a healthier lifestyle, as well as providing opportunities to learn and relax in world-class facilities while taking all safety precautions.

Activities and offers:

On September 16th, the club will be organizing the "Beauty essence" event, where ladies can book special consultations with international specialists from Moremo and Althearah Bio, to explore how they can take better care of their skin and hair. They will also enjoy giveaways and raffle draw gifts from Loreal and Natura Bisse in addition to membership offers when buying 1 year or 6 months' club memberships.

Sharjah

14 September 2021

https://www.sharjah24.ae/en/articles/2021/09/14/SLC-promotes-healthy-living-by-celebrating-World-Wellness-Weekend



Sharjah

14 September 2021

http://www.elwehda.com/Mnwat/5125669/



الرئيسية › منوعات

منذ 23 ساعة — الثلاثاء — 14 / سبتمبر / 2021

اخر الاخبار نادي سيدات الشارقة يحصد لقب "بطل الصحة" "Wellness Champion" للسنة الثانية على التوالي ويستعد للمشاركة في الحدث العالمي "عطلة نهاية الأسبوع العالمية للصحة" "World Wellness Weekend"

منذ 23 ساعة 0 تعليق 10 ارسل لصديق نسخة للطباعة تبليغ

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Sharjah

14 September 2021

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Sharjah Ladies Club, winner of the title “Wellness Champion” for the second year in a row, promotes healthy living by celebrating “World Wellness Weekend

Date
9/14/2021 3:30:12 PM

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(MENAFN - Mid-East.Info T)he 2021 edition of the World Wellness Weekend is a special one for Sharjah Ladies Club for winning their second Wellness Champion title for the second year in a row. The World Wellness Weekend, celebrated on the 18th and 19th of September, promotes wellbeing and an active lifestyle, encouraging people to consider their physical and mental health. More than 120 countries participate in the two-day celebration, organizing healthy, fun events for thousands of people.

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Sharjah

14 September 2021

https://elfagrsport.com/world/5074495/%D9%86%D8%A7%D8%AF%D9%8A-%D8%B3%D9%8A%D8%AF%D8%A7%D8%AA-%D8%A7%D9%84%D8%B4%D8%A7%D8%B1%D9%82%D8%A9-%D9%8A%D8%AD%D8%B5%D8%AF-%D9%84%D9%82%D8%A8-%D8%A8%D8%B7%D9%84-%D8%A7%D9%84%D8%B5%D8%AD%D8%A9-Wellness-Champion.html



Dubai

15 September 2021

https://www.travelandtourworld.com/news/article/the-pearl-spa-and-wellness-uae-celebrates-world-wellness-weekend-with-a-host-of-activities-at-four-seasons/



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The Pearl Spa and Wellness UAE Celebrates World Wellness Weekend with a Host of Activities at Four Seasons

Published on : Wednesday, September 15, 2021

As part of a fun, free and meaningful wellness event organised in more than 120 countries, The Pearl Spa and Wellness UAE Collection has announced a host of activities to celebrate World Wellness Weekend. The events take place from September 17 to 18, 2021 at Four Seasons Resort Dubai at Jumeirah Beach, Four Seasons Hotel Dubai International Financial Centre and Four Seasons Hotel Abu Dhabi at Al Maryah Island.

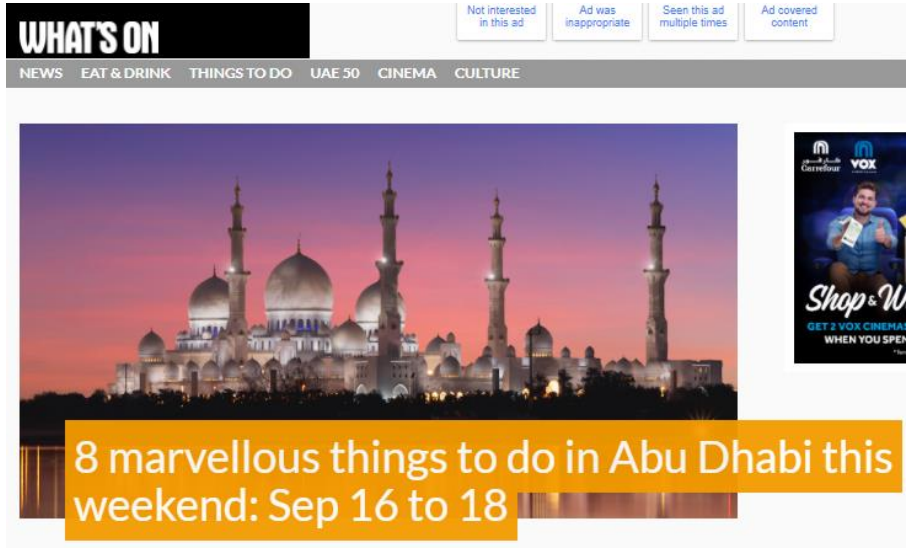
Christelle Besnier, Senior Director of Spa, Four Seasons UAE says: "Helping people find wellness and improve the quality of their life is at the heart of our brand. World Wellness Weekend is an international pro-bono event that shares these values and we are thrilled to participate with experiences that can serve as inspiration for wellness seekers."

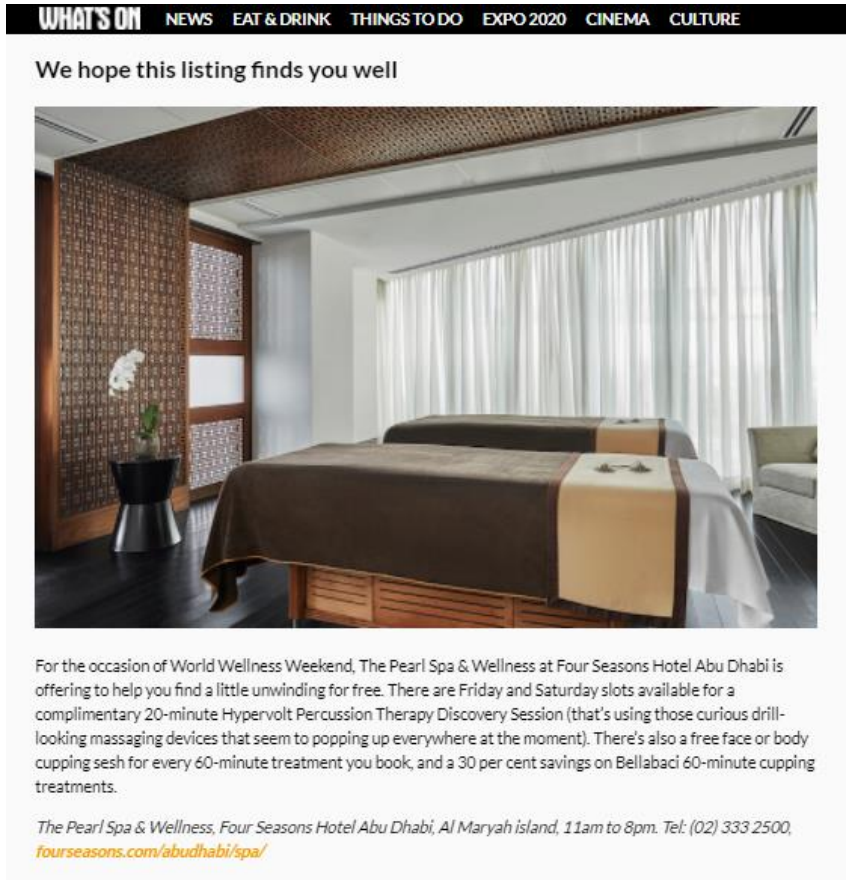
The activities include complimentary yoga sessions, massage enhancements and introductions to percussion

Dubai

15 SEPTEMBER 2021

https://whatson.ae/2021/09/abu-dhabi-weekend-sep-16-18/





Sharjah

15 September 2021

RADIO Interview

https://twitter.com/Pulse95radio/status/1438070497351135233



Sharjah

15 September 2021

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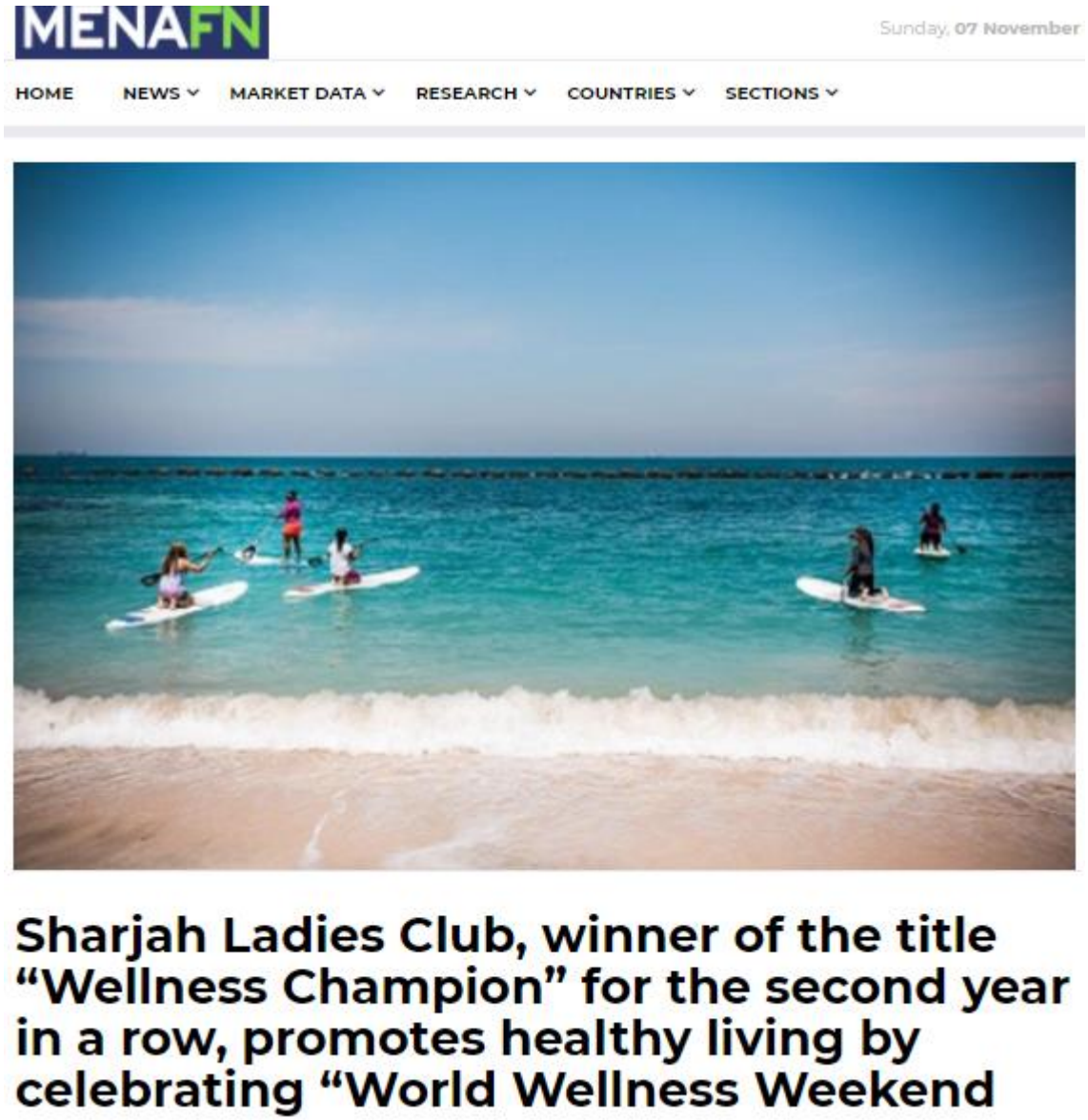

UAE

15 September 2021

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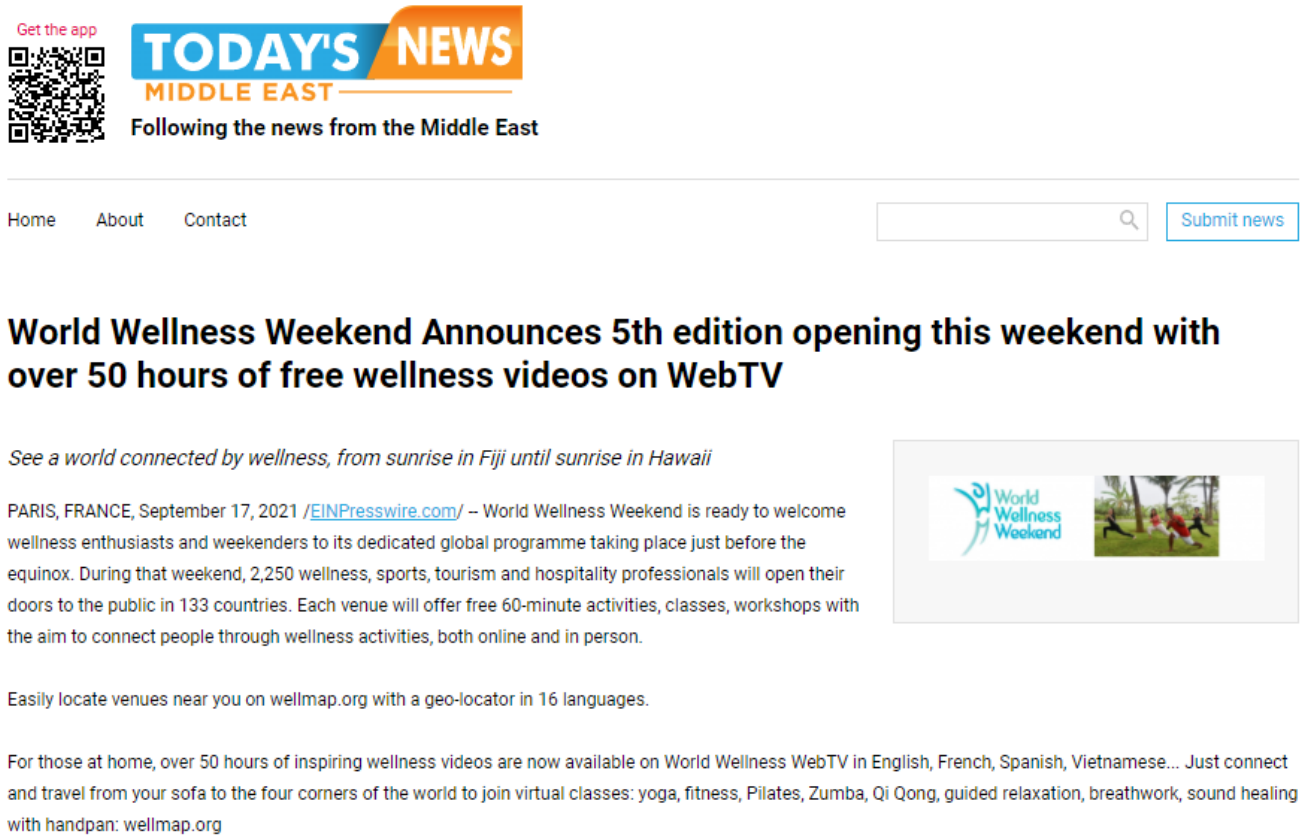

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See a world connected by wellness, from sunrise in Fiji until sunrise in Hawaii

PARIS, FRANCE, September 17, 2021 /EINPresswire.com/ -- World Wellness Weekend is ready to welcome wellness enthusiasts and weekenders to its dedicated global programme taking place just before the equinox. During that weekend, 2,250 wellness, sports, tourism and hospitality professionals will open their doors to the public in 133 countries. Each venue will offer free 60-minute activities, classes, workshops with the aim to connect people through wellness activities, both online and in person.

Easily locate venues near you on wellmap.org with a geo-locator in 16 languages.

For those at home, over 50 hours of inspiring wellness videos are now available on World Wellness WebTV in English, French, Spanish, Vietnamese... Just connect and travel from your sofa to the four corners of the world to join virtual classes: yoga, fitness, Pilates, Zumba, Qi Qong, guided relaxation, breathwork, sound healing with handpan: wellmap.org

UAE

17 September 2021

https://www.middleeastcultureguide.com/article/551668748-world-wellness-weekend-announces-5th-edition-opening-this-weekend-with-over-50-hours-of-free-wellness-videos-on-webtv

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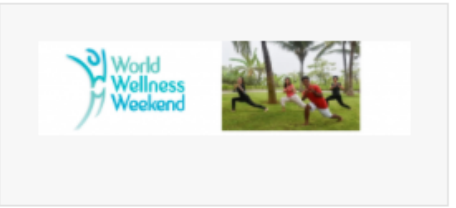

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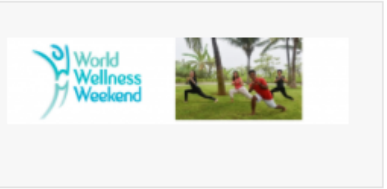

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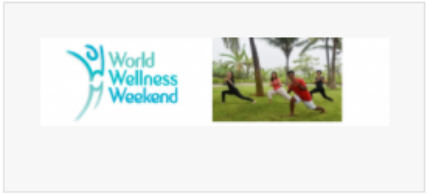

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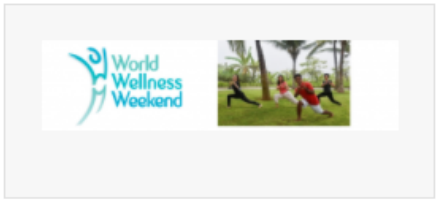

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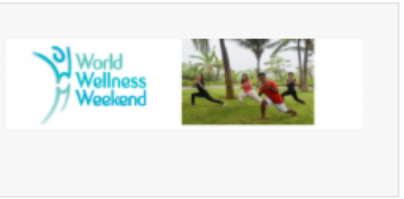

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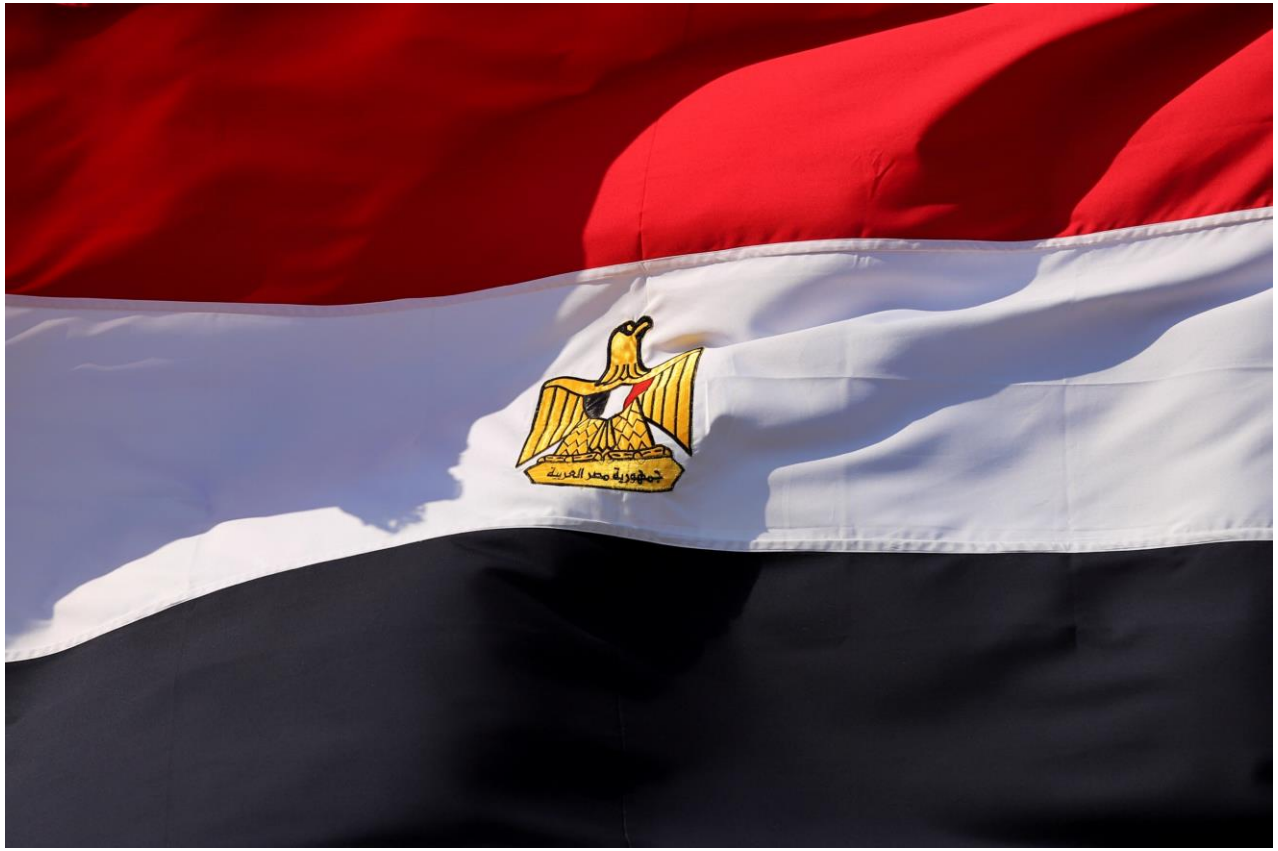

Egypt

2 mentions

Egypt

September 2021

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Egypt

01 September 2021

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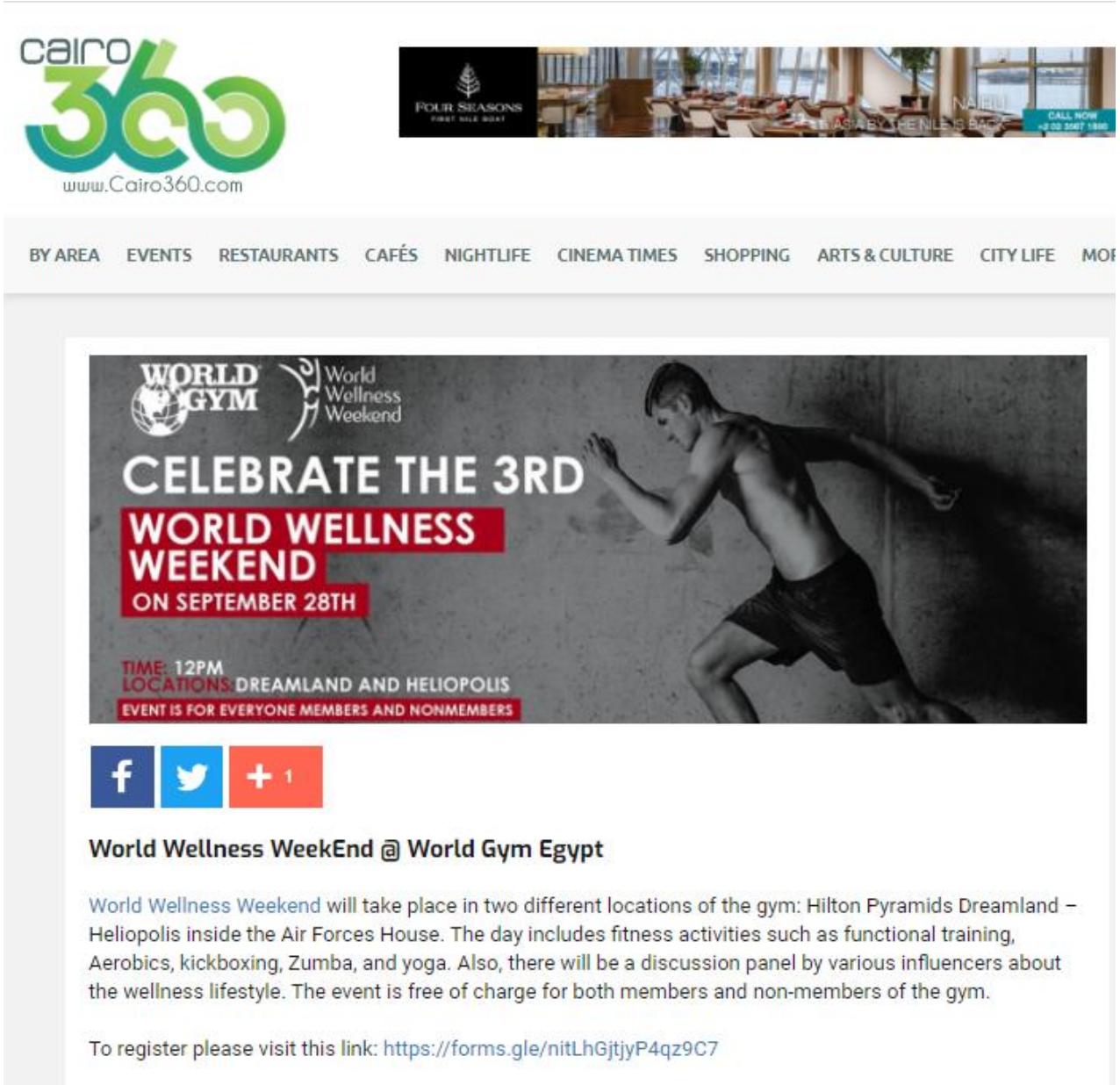

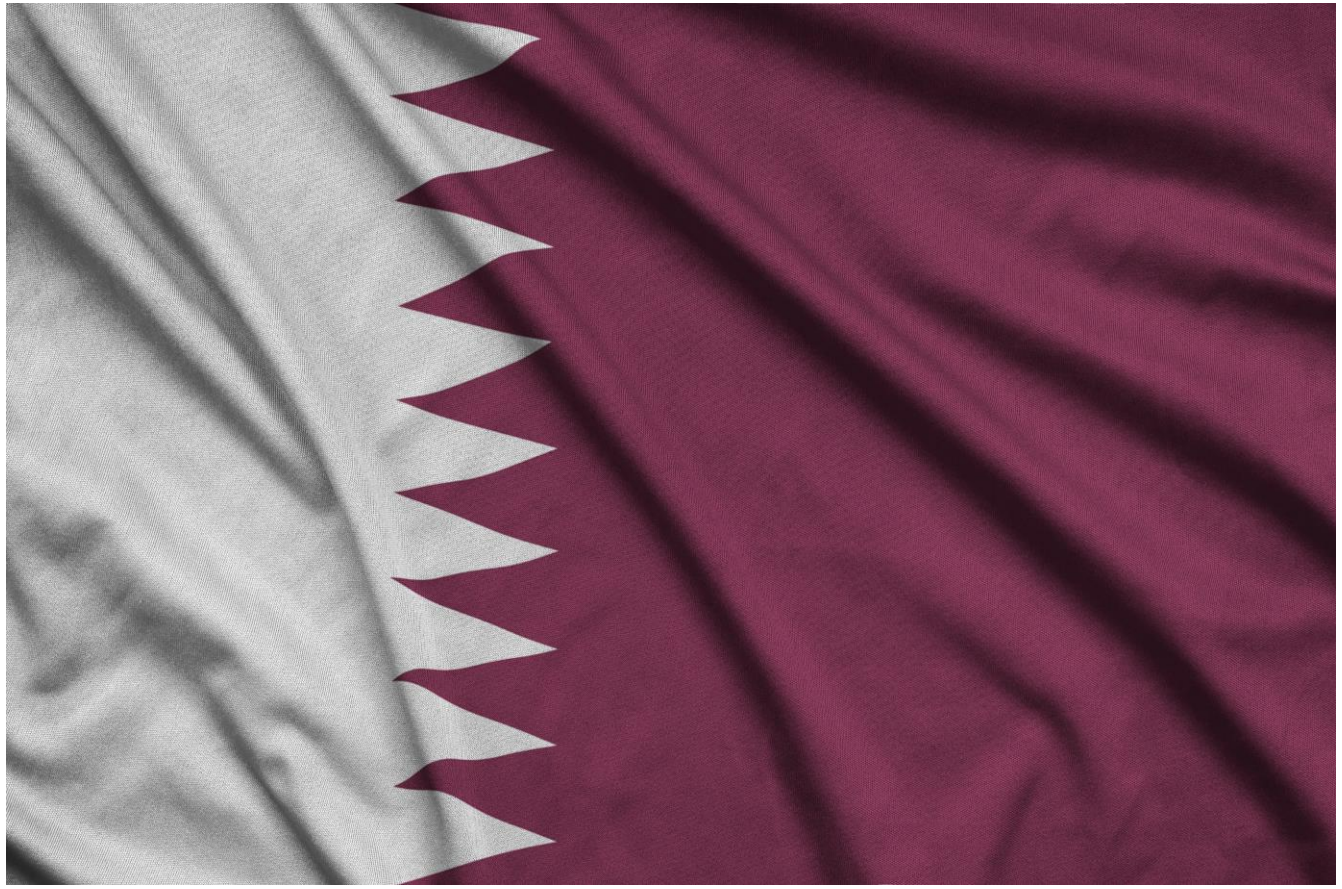

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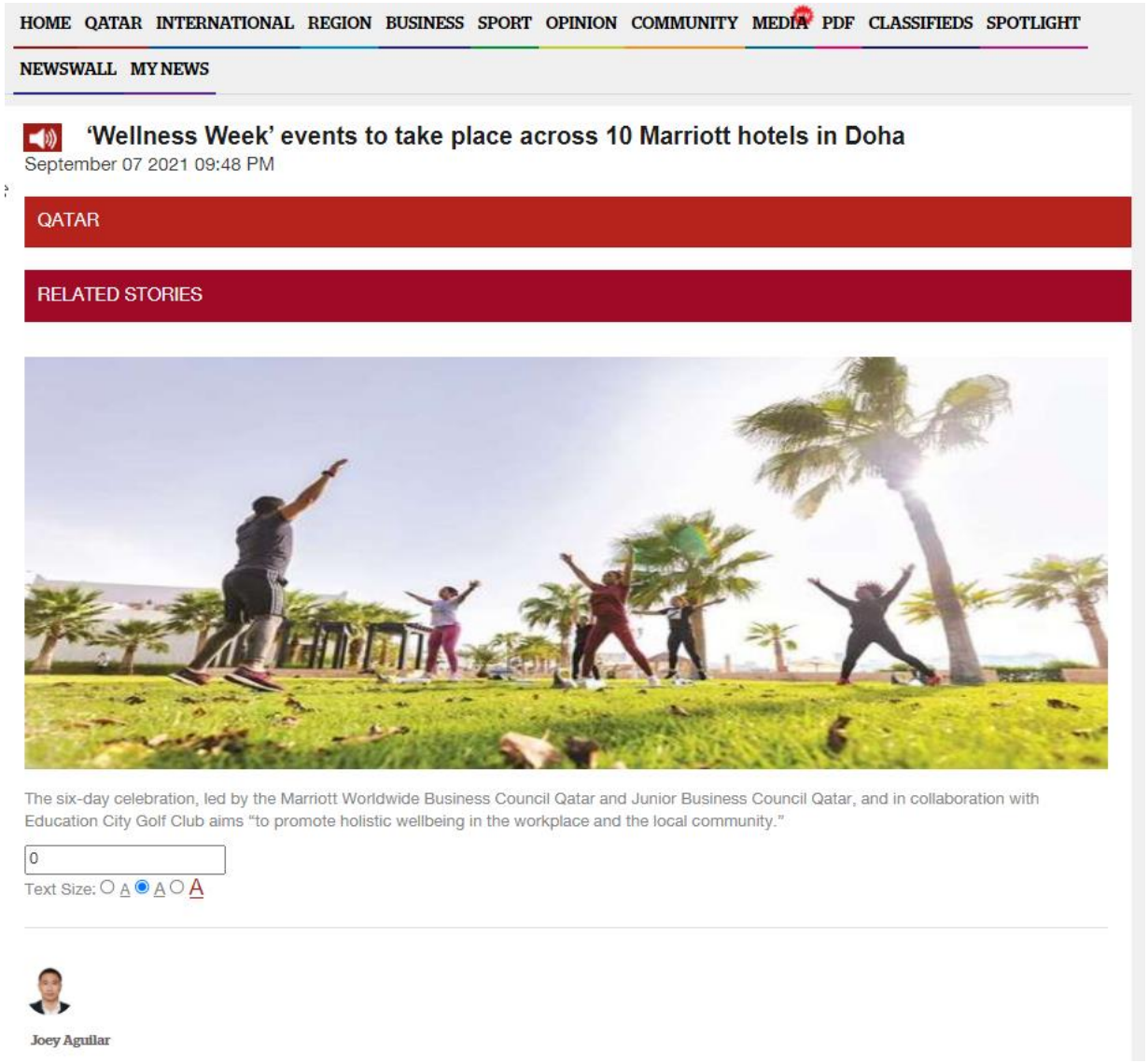

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The six-day celebration, led by the Marriott Worldwide Business Council Qatar and Junior Business Council Qatar, and in collaboration with Education City Golf Club aims "to promote holistic wellbeing in the workplace and the local community."

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Joey Aguilar

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21 September 2021

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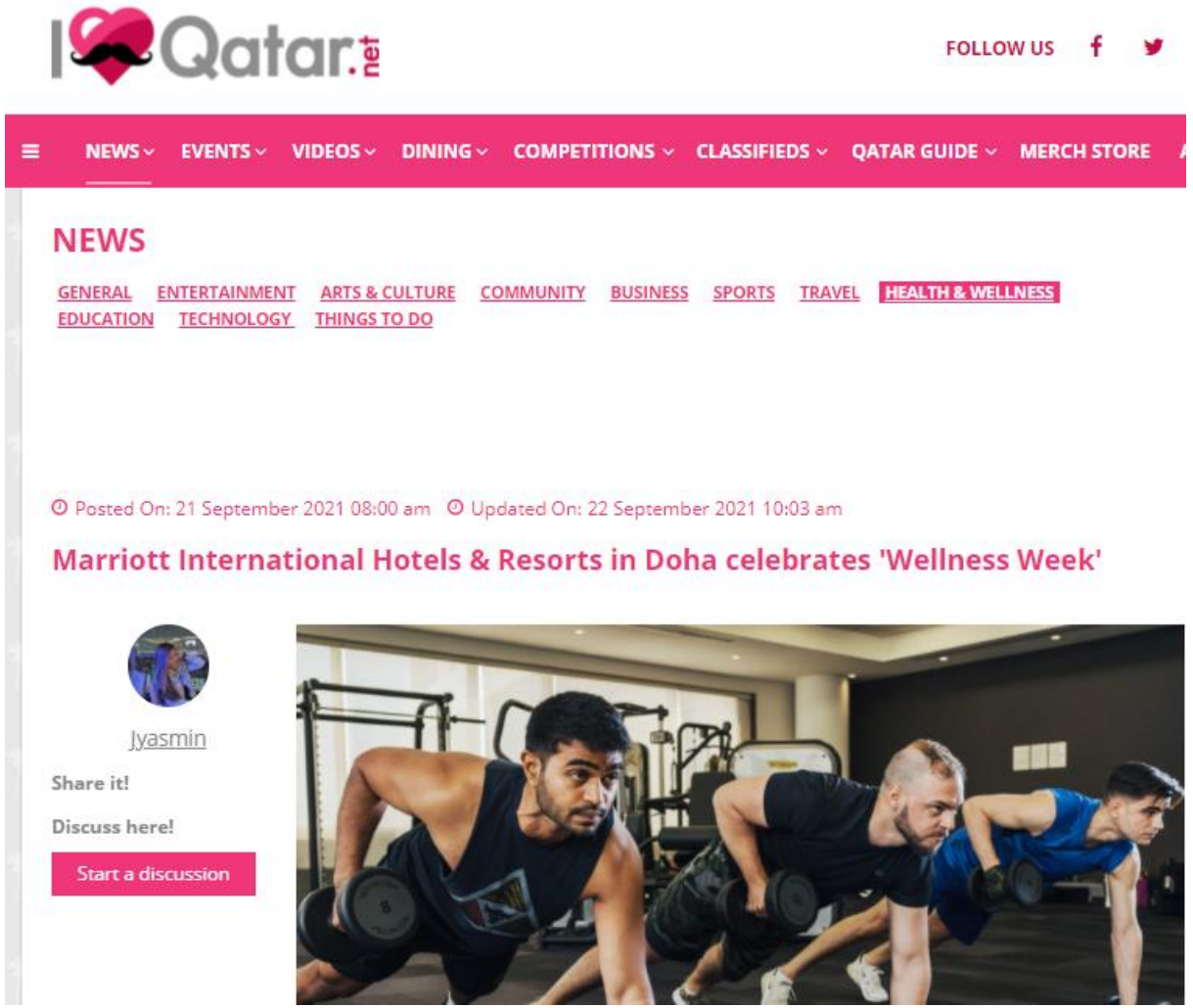



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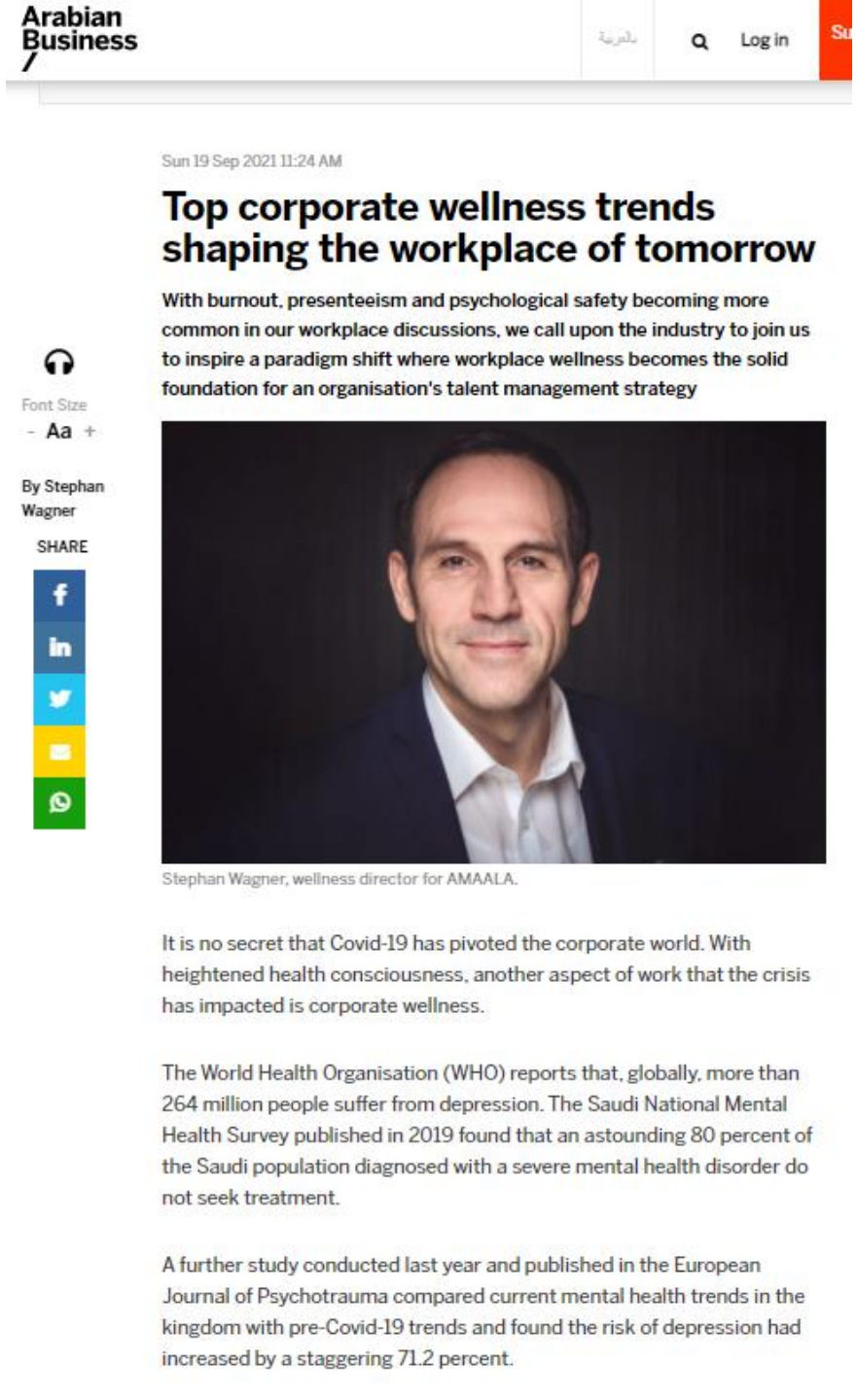

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Top corporate wellness trends shaping the workplace of tomorrow

With burnout, presenteeism and psychological safety becoming more common in our workplace discussions, we call upon the industry to join us to inspire a paradigm shift where workplace wellness becomes the solid foundation for an organisation's talent management strategy

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By Stephan Wagner

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Stephan Wagner, wellness director for AMAALA.

It is no secret that Covid-19 has pivoted the corporate world. With heightened health consciousness, another aspect of work that the crisis has impacted is corporate wellness.

The World Health Organisation (WHO) reports that, globally, more than 264 million people suffer from depression. The Saudi National Mental Health Survey published in 2019 found that an astounding 80 percent of the Saudi population diagnosed with a severe mental health disorder do not seek treatment.

A further study conducted last year and published in the European Journal of Psychotrauma compared current mental health trends in the kingdom with pre-Covid-19 trends and found the risk of depression had increased by a staggering 71.2 percent.

AFRICA

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South Africa

11 mentions

South Africa

21 June 2021

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https://www.probeauty.co.za/post/sa-propertiesconfirm-participation-in-world-wellness-weekend

PROFESSIONAL beauty



SA spa and wellness properties confirm participation in World Wellness Weekend



WWW 2020 – a 'welfie' by Anantara Al Baleed Resort Salalah

Several South African spa and wellness properties will be hosting free, safe and fun activities during World Wellness Weekend (WWW), which takes place on 18 and 19 September this year.

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Joanna Sterkowicz · Aug 30 · 3 min read

SA gears up for World Wellness Weekend



The World Wellness Weekend Map

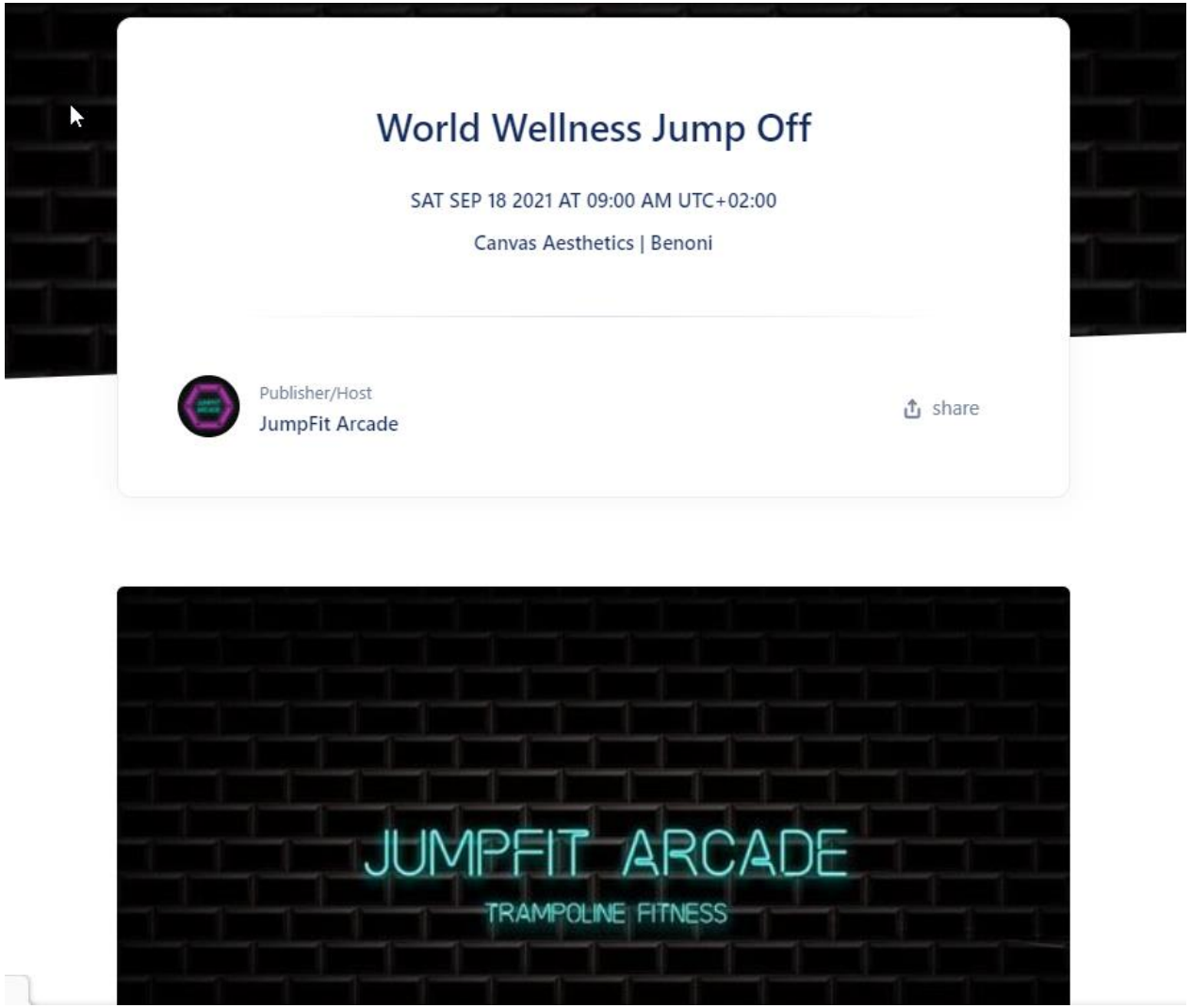
Several South African spa, fitness, wellness and beauty properties are preparing to participate in World Wellness Weekend (WWW), two days of free and fun activities that will take place across the globe on 18 and 19 September 2021.

"There is no nobler mission in life than to encourage each and every one to become the best version of themselves in alignment with their heart, head and gut," says Jean-Guy de Gabriac, founder of WWW, a collaborative platform inspiring and

South Africa

September 2021

https://stayhappening.com/e/world-wellness-jump-off-E2ISTVNKC0L



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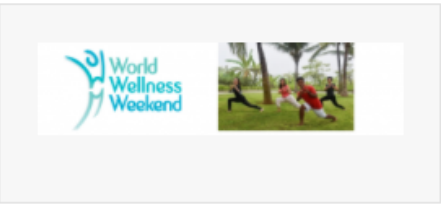
World Wellness Weekend Announces 5th edition opening this weekend with over 50 hours of free wellness videos on WebTV

See a world connected by wellness, from sunrise in Fiji until sunrise in Hawaii



PARIS, FRANCE, September 17, 2021 /EINPresswire.com/ -- World Wellness Weekend is ready to welcome wellness enthusiasts and weekenders to its dedicated global programme taking place just before the equinox. During that weekend, 2,250 wellness, sports, tourism and hospitality professionals will open their doors to the public in 133 countries. Each venue will offer free 60-minute activities, classes, workshops with the aim to connect people through wellness activities, both online and in person.

Easily locate venues near you on wellmap.org with a geo-locator in 16 languages.

For those at home, over 50 hours of inspiring wellness videos are now available on World Wellness WebTV in English, French, Spanish, Vietnamese... Just connect and travel from your sofa to the four corners of the world to join virtual classes: yoga, fitness, Pilates, Zumba, Qi Qong, guided relaxation, breathwork, sound healing with handpan: wellmap.org

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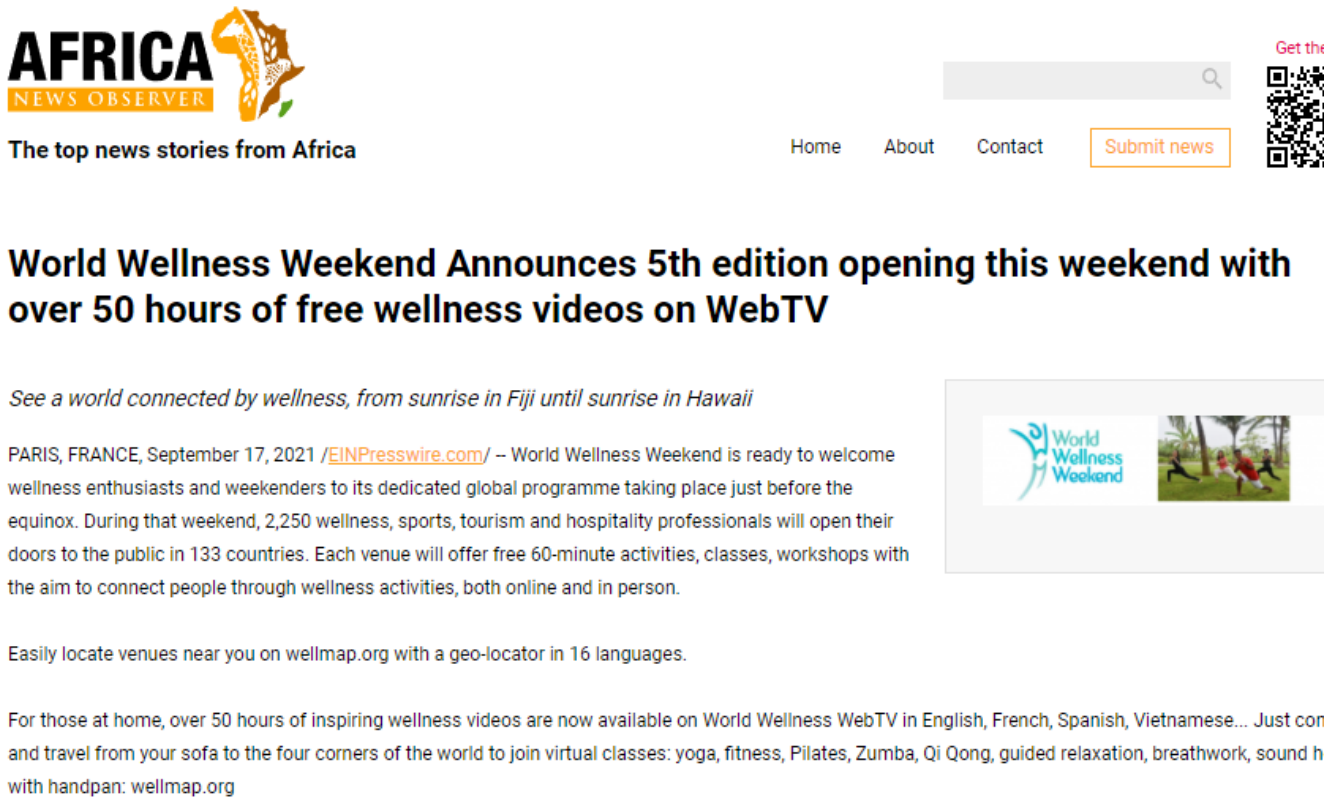

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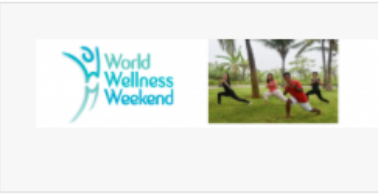

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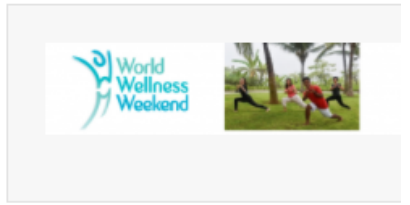

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18 September 2021

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https://www.mixcloud.com/PlatinumGoldRadio/world-wellness-weekend-johannesburg-chats-globally-with-jean-guy-de-gabriac-20210918/?fbclid=IwAR1Pvo7e71yzTLGd1BNrICYj4blrD0Us_tpOF9pxZTOaHrLKde4cDbOdhi4



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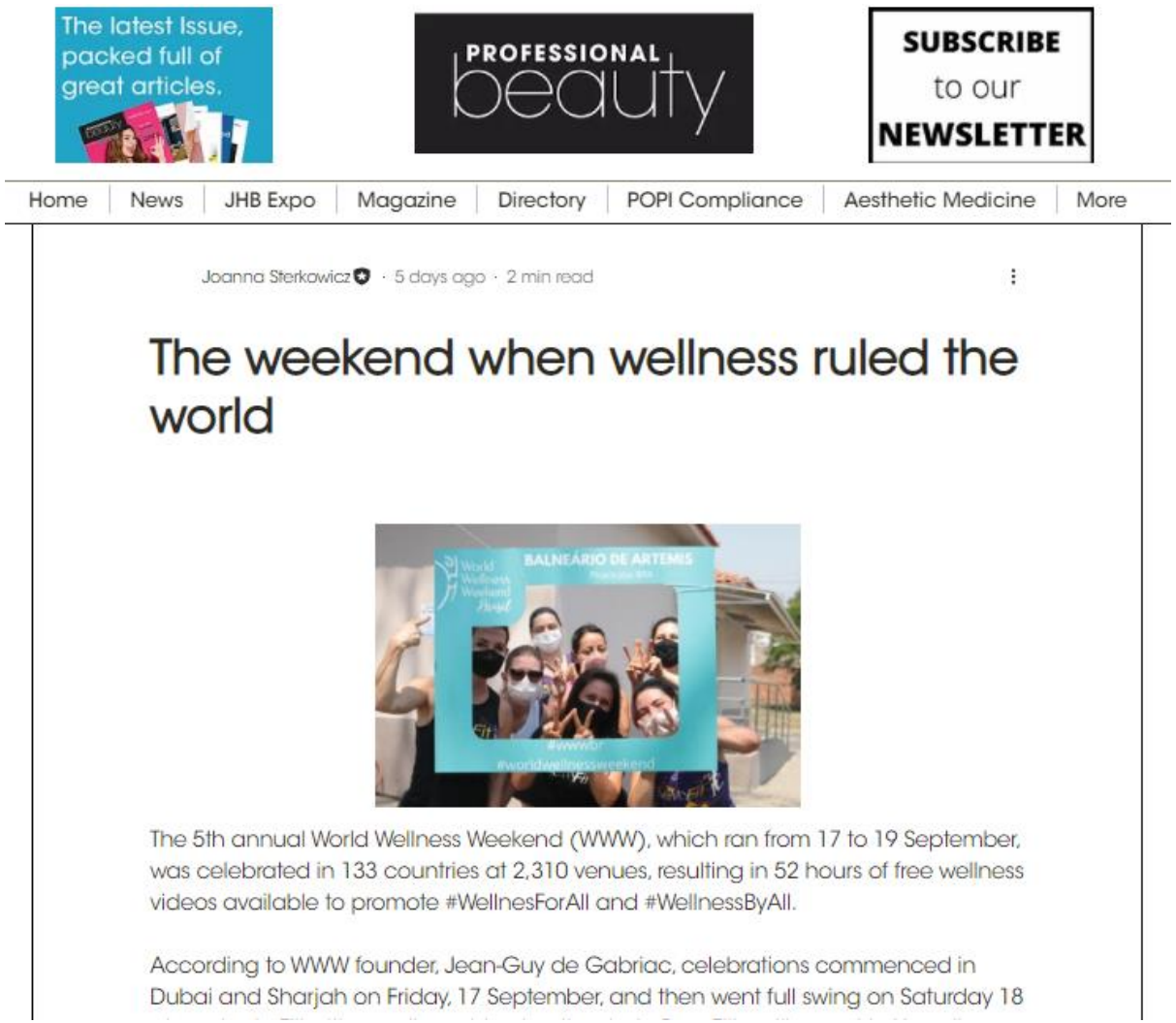

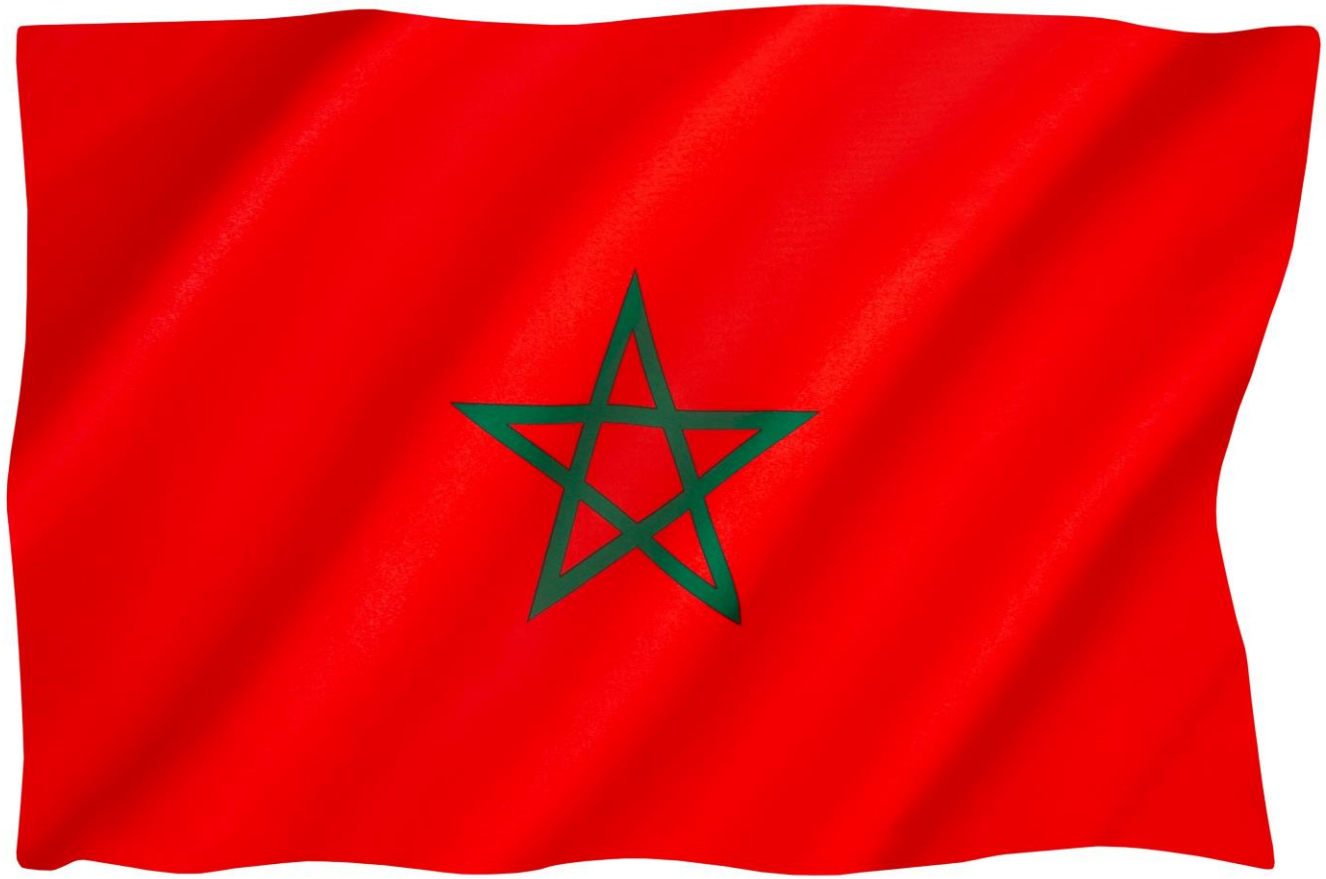

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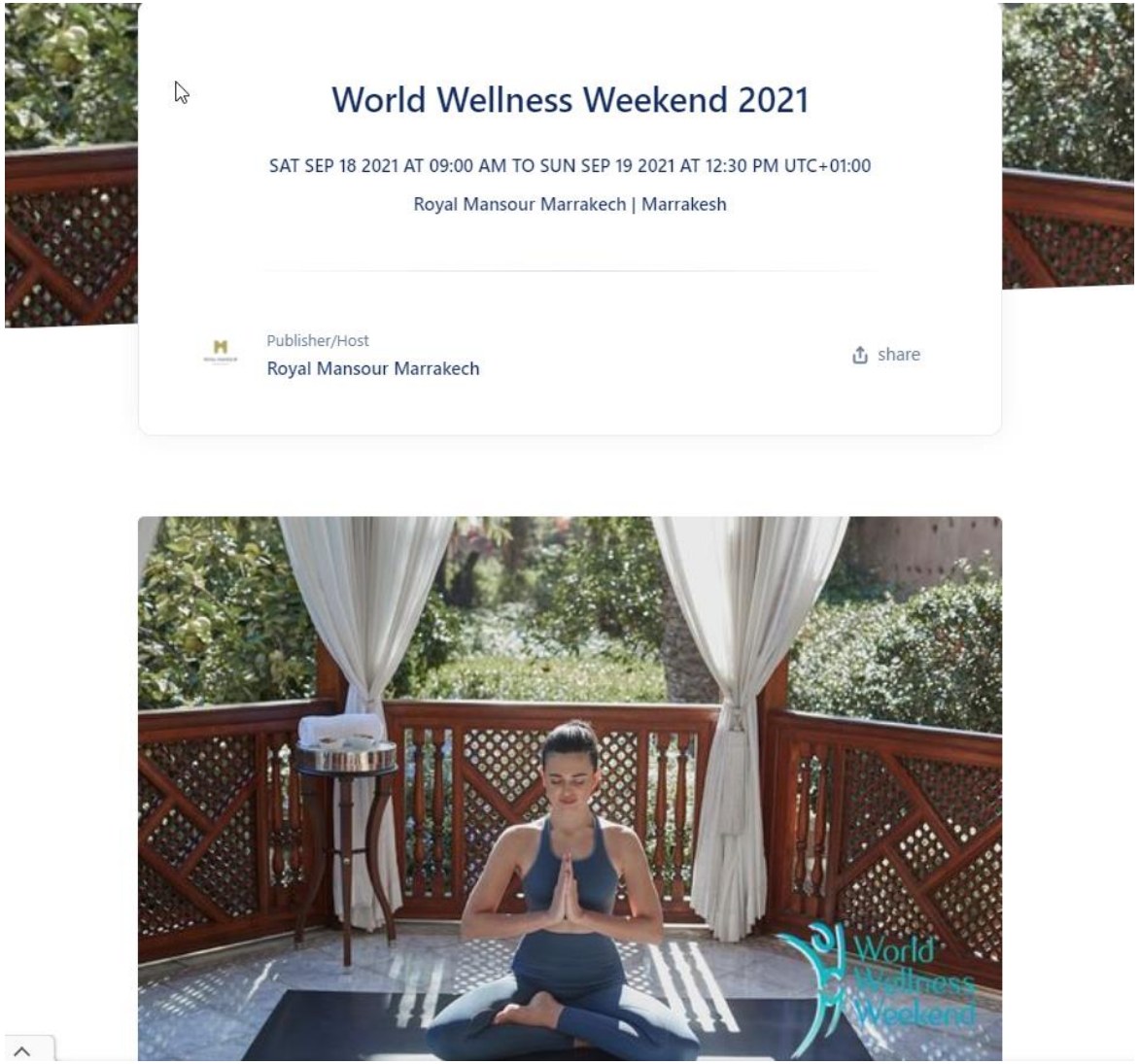

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