

INFOS DÉTAILLÉES PAR PAYS – Juin 2026



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@worldwellnessweekend

#worldwellnessweekend

#wellnessforall



Trouver des activités

18-19-20 Septembre 2026

Faites le Plein d'Energie

15.000
ÉTABLISSEMENTS

190
PAYS





INFOS DÉTAILLÉES PAR PAYS

Juin 2026

SOMMAIRE

PARTENARIATS STRATÉGIQUES	3
SPONSORS 2026	4
<u>ARGENTINE (178 établissements)</u>	5
<u>AUSTRALIE (15 établissements)</u>	6
<u>BELGIQUE (9 établissements)</u>	6
<u>BÉNIN (8 établissements)</u>	7
<u>BRÉSIL (197 établissements)</u>	7
<u>ÎLES VIERGES BRITANNIQUES (2 établissements)</u>	7
<u>CAP-VERT (6 établissements)</u>	8
<u>CANADA (53 établissements)</u>	8
<u>CHILI (14 établissements)</u>	9
<u>COSTA RICA (10 établissements)</u>	9
<u>RÉPUBLIQUE DOMINICAINE (44 établissements)</u>	9
<u>ÉQUATEUR (7 établissements)</u>	10
<u>ÉGYPTE (4 établissements)</u>	10
<u>FRANCE (61 établissements)</u>	10
<u>ALLEMAGNE (16 établissements)</u>	11
<u>INDE (163 établissements)</u>	11
<u>INDONÉSIE (124 établissements)</u>	12
<u>ITALY (635 établissements)</u>	12
<u>JAMAÏQUE (18 établissements)</u>	13
<u>JAPON (507 établissements)</u>	13
<u>LETTONIE (13 établissements)</u>	14
<u>MALAISIE (9 établissements)</u>	14
<u>MALDIVES (47 établissements)</u>	14
<u>MAURICE (5 établissements)</u>	14
<u>MEXIQUE (131 établissements)</u>	15
<u>NOUVELLE-ZÉLANDE (20 établissements)</u>	15
<u>PANAMA (8 établissements)</u>	15
<u>SÉNÉGAL (4 établissements)</u>	16
<u>AFRIQUE DU SUD (20 établissements)</u>	16
<u>ESPAGNE (569 établissements)</u>	16
<u>SRI LANKA (5 établissements)</u>	18
<u>TANZANIE (6 établissements)</u>	18
<u>THAÏLANDE (72 établissements)</u>	18
<u>UKRAINE (2 établissements)</u>	19
<u>ÉMIRATS ARABES UNIS (76 établissements)</u>	19
<u>ROYAUME-UNI (188 établissements)</u>	19
<u>ÉTATS-UNIS D'AMÉRIQUE (155 établissements)</u>	21
<u>VIËT NAM (132 établissements)</u>	22

PARTENARIATS STRATÉGIQUES 2026

Le World Wellness Weekend est fier de s'associer à :

[Wellness in Travel & Tourism \(WITT\)](#) et la [Wellness Tourism Association \(WTA\)](#) s'unissent dans les domaines du tourisme de bien-être, les normes de l'hôtellerie et de l'engagement de l'industrie, avec un **objectif commun : accroître la sensibilisation, la participation et l'accès aux expériences de bien-être dans le monde entier**. Grâce à ce partenariat, WWW, WITT et WTA collaborent pour favoriser une plus grande implication des hôtels, des resorts, des professionnels du bien-être et des destinations, tout en promouvant la formation, la visibilité et la participation aux initiatives axées sur le bien-être au sein de l'écosystème mondial du voyage. Ce partenariat témoigne d'un engagement commun à rendre le bien-être plus accessible, plus expérientiel et mieux intégré dans les secteurs du voyage et de l'hôtellerie à l'échelle mondiale, tout en renforçant la crédibilité et l'influence du mouvement mondial du bien-être.

L'emblématique [Spafinder](#) célèbre son 40e anniversaire lors de l'événement bien-être organisé par Live Love Spa, qui se tiendra les 3 et 4 août à Los Angeles réunissant les plus grandes marques de spas, des experts du secteur et des analystes de tendances afin d'explorer l'avenir de la prise de soin de soi. Marque championne dans la promotion du bien-être depuis quatre décennies, cet anniversaire représente non seulement la célébration de l'héritage de Spafinder, mais aussi une opportunité de rassembler les leaders du secteur, ses partenaires et les passionnés de bien-être pour favoriser les échanges, la découverte et l'avenir du bien-être.



La Journée mondiale du nettoyage ([World Cleanup Day](#)) et le WWW unissent leurs forces à travers le monde à l'approche du 20 septembre, date officielle de la WCD selon le calendrier des Nations Unies ! Cette union crée une coopération sans précédent, à un moment où l'humanité a plus que jamais besoin de protéger son environnement, intérieur comme extérieur. La WCD a mobilisé plus de 114 millions de personnes dans 211 pays pour lutter contre la crise des déchets et a permis de nettoyer 543 704 tonnes de déchets. Du 18 au 20 septembre, des établissements participeront à un nettoyage de parcs, plages, berges et quartiers, pour rejoindre ensuite une séance de relaxation/méditation guidées pour un nettoyage intérieur et mental ! #wellfluencer #cleanfluencer

La [11e Semaine européenne du sport](#) (23-30 septembre 2026), organisée par la Direction générale de l'éducation, de la jeunesse, du sport et de la culture de la Commission européenne, vise à encourager l'activité physique, le bien-être et la forme, à renforcer la cohésion sociale et à favoriser l'inclusion sociale. Le Week-end mondial du bien-être, qui s'y est associé en 2019, soutient les valeurs communes d'inclusion, de bien-être, d'appartenance et de durabilité afin de surmonter les barrières sociales et de rapprocher les générations.

La [Campaign Nonviolence Action Days](#) (Campagne journées d'action pour la non-violence) fondée en 1989 par les Frères Franciscains de Californie, Pace e Bene Nonviolence Service est aujourd'hui une organisation indépendante et non confessionnelle 501(c)3 qui promeut la non-violence, la justice, la paix et le bien-être de tous par l'éducation, la mise à disposition de ressources et l'action pour un changement non violent. Le WWW soutient la Campaign Nonviolence Action Days (Campagne journées d'action pour la non-violence, du 21 septembre au 2 octobre 2026).

[Mindvalley](#) vous offre une réduction de 100 USD sur un abonnement annuel donnant accès à plus de 100 séances pour améliorer votre bien-être physique et mental. Ensemble, nous soutenons le Wellness For All (Bien-être pour tous) en créant des habitudes et de routines saines. Le bien-être est une énergie renouvelable ! Boostez votre parcours bien-être avec les meilleurs experts de Mindvalley et du World Wellness Weekend.

[Radioevo](#) organise de nouveau son concours musical « Bande originale du bien-être » en 2026 en invitant des artistes à présenter une composition originale sur le bien-être. Un vote en ligne sera ouvert au public et la chanson élue deviendra la bande originale officielle du WWW Espagne 2026 et sera diffusée sur Radioevo, Música para el Búnker, les chaînes du WWW et les collaborateurs de l'événement. L'artiste recevra une reconnaissance numérique officielle et bénéficiera d'une visibilité importante dans la communication de l'événement.

SPONSORS

« Chez **LEMI**, nous sommes conscients que le chemin vers le bien-être est un processus long et difficile qui est couronné de succès tant qu'il est poursuivi avec fiabilité et ténacité. Depuis 1989, chez LEMI, le bien-être est au cœur d'un processus menant à une croissance constante de l'entreprise, se concentrant ainsi sur une amélioration constante à la fois pour son personnel et l'environnement dans lequel il travaille chaque jour. C'est pourquoi nous sommes très fiers de soutenir le World Wellness Weekend et de diffuser le bien-être dans la vie de tous les jours. »

Matteo Busaferri –Directeur Général de LEMI

« Chez **Agilysys**, nous pensons que le bien-être n'est pas seulement un service : c'est une expérience partagée qui commence par une intention et est amplifiée par l'innovation. Soutenir le World Wellness Weekend témoigne de notre engagement à promouvoir le bien-être dans le secteur de l'hôtellerie et à faire progresser les technologies qui permettent d'offrir des expériences personnalisées et réparatrices à grande échelle. »

Frank Pitsikalis- Vice-président principal, Stratégie produit Agilysys

« Je partage pleinement toutes les valeurs du World Wellness Weekend et mets en avant les 5 piliers du bien-être dans tous ses projets. Personnellement, c'est un honneur et un plaisir d'être aux côtés de Jean-Guy de Gabriac et de tous les ambassadeurs de cette fantastique initiative mondiale en faveur du bien-être. Je suis très fier de diriger l'équipe des ambassadeurs pour l'Italie. Pour moi, le World Wellness Weekend est la synthèse la plus représentative de mes 30 dernières années de travail dans le secteur du SPA & Wellness. »

Regis Boudon-Doris, Co-fondateur & PDG bbspa group

« C'est un honneur et un plaisir de diriger cette célébration planétaire qui réunit des Ministres de la Santé et du Tourisme, des Maires, 60 associations internationales, des groupes hôteliers et de fitness. Au-delà du design et du marketing, ce qui donne envie de revenir dans une propriété dédiée au fitness, à la beauté et au tourisme, c'est le talent des équipes, leur expertise et leur passion pour prendre soin des gens et leur faire vivre des expériences riches de sens et de sensations, les plus transformatrices possibles. »

Jean-Guy de Gabriac– Fondateur Tip Touch International

Pour **Vagheggi**, le concept de « bien-être » représente l'opportunité de redécouvrir une dimension de bien-être authentique et de se sentir bien dans sa globalité, grâce à l'équilibre, la sérénité, le mouvement, le contact avec la nature et les soins personnels. Cette vision est en parfaite harmonie avec les principes de la phytocosmétique Vagheggi et le concept de beauté globale que la marque promeut au quotidien.

C'est pourquoi Vagheggi invite ses clients partenaires à se joindre à cette initiative en offrant des soins bien-être à tarifs préférentiels durant ce week-end, complétés par des opportunités de vente dédiées et réservées aux professionnels par l'entreprise.

Par ailleurs, lors du Week-end Mondial du Bien-être, Vagheggi organise généralement des activités pour ses équipes entreprises afin de les aider à se reconnecter à un sens de sérénité et au bien-être : cours de yoga, promenades en pleine nature, inspiration musicale et moments de détente.

Valeria Cavalcante - PDG Vagheggi

COUNTRY UPDATES

***Seules les informations relatives aux pays francophones sont disponibles en français.**

ARGENTINA (178 venues)

Eduardo Finci, Ambassador Emeritus in Latin America, Gabriela Gergic, Country Ambassador, Luciana Victoria González, Coordinator, and Gabriela Cianni, City Ambassador in Tigre, announce that **World Wellness Weekend has been declared an event of public interest** by Resolution of the Honorable Deliberative Council of the Municipality of Tigre. The **Secretaría de Acción Social, Deportes y Educación** will activate sports centres with healthy and recreational activities for families and local residents. The **Club Atlético Caza y Pesca Don Torcuato** declares the World Wellness Weekend initiative to be of General and Special Interest for its community.



Comuna Cabalango, Córdoba declares WWW as “an event of public interest” thanks to **María Fabiana Castañón, Ambassador in Córdoba.**



Chaco Tourism declares WWW as “an event of public interest” thanks to **Ro Babikow, City Ambassador in Ciudad de Resistencia,** and **María Silvente, City Coordinator.**

NATIONWIDE PROGRAM on Sept 18-19-20, 2026:

The American Spa Association (AMASPA) continues supporting the expansion of World Wellness Weekend across Argentina and Latin America, promoting wellness tourism, healthy lifestyles and regional collaboration through institutional partnerships and community initiatives.



Mr. Juan Day de Gálvez **Don Torcuato, June 8, 2025**

Founder and CEO of World Wellness Weekend
Subject: Declaration of General and Special Interest – World Wellness Weekend

Dear Mr. Day de Gálvez,

Through this letter, Club Atlético Caza y Pesca hereby declares the World Wellness Weekend initiative to be of General and Special Interest for its community, in recognition of its valuable contribution to promoting healthy and happy, healthy quality of life, and the strengthening of community bonds. For over ten years, World Wellness Weekend has guided and inspired thousands of people around the world through activities, programs, and actions aimed at better management, prevention, health education, and building more conscious, healthy and supportive communities.

Club Atlético Caza y Pesca recognizes the positive impact that this initiative has generated in our community, prioritizing values aligned with our institutional mission: caring for people, social integration, physical activity, recreational well-being, and a commitment to a better quality of life for all.

Consequently, this institution expresses its firm support for the continuity and growth of World Wellness Weekend, committing to accompany and support the actions that contribute to its development, dissemination, and consolidation in the coming years.

We celebrate this trajectory of more than a decade of sustained work and renew our commitment to collaboration, committed to well-being in a collective context that strengthens institutions, organizations, and society as a whole.

incerely,



Registro de Comercio N° 274 **Registro de Entidades de Bien Público N° 4036**

Resistencia: Howard Johnson Plaza La Ribera will host gratitude encounters, active meditation, Zumba and wellness activities for the whole community.

Cabalango, Córdoba, Villa Piren: María Fabiana Castañón, Ambassador in Córdoba, confirms the organization of horseback riding, mindful walks, cycling activities and yoga sessions connected with nature and wellness tourism.

La Plata: Amanda Giselle Medina Venialgo and Romina Rodríguez, City Co-Ambassadors in La Plata, announce that wellness activities, educational talks and community experiences will once again bring together institutions and local participants across the city.

Don Torcuato, CACYP Club will celebrate the **10th edition of “El Bienestar Late”** with inclusive wellness and recreational activities for the community.



Campana, Dolores, Olavarría, Tandil, Las Heras and Tornquist: Carina Di Caro, Coordinator in Campana and Tornquist, announces that conscious walks, sound bowl activities, aqua gym and free yoga classes will be offered.



Dolores, Parque Termal Dolores and Hotel Resort Termal Dolores will organize wellness and recreational activities for families and visitors.

Mendoza: meditation sessions, sensory wellness experiences and wine tourism activities will combine relaxation and local culture.



Puerto Madryn: senior residences and community spaces will host recreational activities, conscious walks and meditation by the sea.



Entre Ríos, thermal destinations including Concordia, Gualeguaychú and Villa Elisa: wellness tourism experiences connected to nature and relaxation.

Pinamar, Cariló Hills Resort and Municipio de Pinamar: beach stretching sessions, conscious walks and outdoor wellness activities.



Cabalango, San Martín de los Andes and Puerto Iguazú: Villa Piren Vacational Centers will develop exclusive wellness programs for guests.

Puerto Iguazú, wellness hotels and tourism spaces will offer sensory experiences inspired by the rainforest and local ancestral traditions.

San Martín de los Andes: wellness programs will include mindful hiking, breathing sessions and nature-based experiences near Lago Lácar.

Tandil: conscious walks, meditation gatherings and healthy lifestyle activities will take place in natural outdoor settings.

AUSTRALIA (15 venues)

Kris Abbey joins as **Country Ambassador in Australia**, supported by **John T G Nielsen, Ambassador Emeritus in Australia and South East Asia** with the confirmed participation of:

- **Peninsula Hot Springs, Victoria (Wellness CHAMPION):** Hot Springs Qigong, Sound Healing and Daily morning wellness activities **for guests, and for staff** (Matt yoga, guided breathwork meditation, and Hot Springs Yoga)
- **Metung Hot Springs. Victoria:** Yoga session and Hot Springs Yoga session in the Lagoon Pool
- **YMCA, Lon Retreat & Spa and Elly Lukas Beauty Therapy College,** will soon announce their activities, with many iconic properties to join too...



Big NeWWs: The **City of Boroondara in Melbourne** shows interest in being involved in the World Wellness Weekend this year.

BELGIQUE (9 établissements)

Julie Wren, Ambassadrice des projets mondiaux, basée en Belgique, annonce une collaboration avec des partenaires clés :

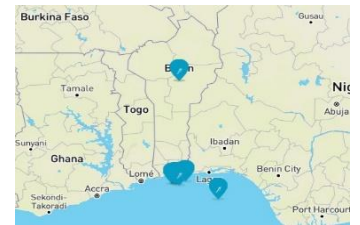
- **La campagne de non-violence de Pace e Bene** : « NOUS AVONS DES SOLUTIONS » est le thème de cette année pour encourager les organisateurs d'événements de bien-être et d'actions communautaires à réfléchir, éduquer, agir et diffuser l'information sur les solutions non-violentes.
- La **World Cleanup Day** (Journée mondiale du nettoyage) (*reconnue par les Nations Unies chaque 20 septembre*) pour allier le bien-être des personnes et celui de la planète.
- **L'initiative mondiale Wellness Breathe** (Respiration bien-être) accueillera une série de webinaires sur la respiration et le bien-être, mettant en lumière les tendances de cette année et leur application aux 5 piliers du bien-être.



BÉNIN (8 établissements)

Marietta Marina Dannon, Ambassadrice du pays, et Ezéchiel Bossikponon, Coordinateur de la ville de Cotonou, confirment les activités gratuites suivantes lors du World Wellness Weekend :

- **Douce et Heure** : séances d'introduction à la luxopuncture
- **Dido** : atelier beauté gratuit pour visage
- **Gogotinkpon** : coutumes africaines traditionnelles, bains d'argile thérapeutiques tobò et atelier d'initiation au massage pour bébé
- **Juba Wellness Benin**:
 - Soins particuliers pour les soignants (médecins, infirmières) avec des salons de beauté, de fitness, des activités de nutrition, yoga avec musique acoustique live en plein air...
 - Webinaires et conférences en partenariat avec des offices de tourisme, des hôtels, des salons de beauté, des spas, des centres de fitness.
- **The Spa Beauty Clinic, Jardin d'Aphrodite, Spa d'Ébène, Sofitel Spa Cotonou**: diagnostic de peau, des conseils et des techniques qui amélioreront la confiance et l'estime de soi.
- **ANHOC BENIN** : conférence éducative sur les méthodes contraceptives à **Ouémé**, activités de sensibilisation aux maladies non transmissibles accompagnées du Fitness à **Borgou**.
- **Le centre Nutri-Actions et Poperop club** : séances de danse sportive, ateliers de sensibilisation sur les bonnes habitudes nutritionnelles et sur la nutrition infantile à **Abomey-Calavi**.



BRAZIL (197 venues)

Buddha Spa, the largest Day Spa franchise in Brazil and LATAM with **150 Day spas** will launch a **national campaign** "Wellness Journey – World Wellness Weekend at Buddha Spa" with in-person and online mindfulness sessions to touch the hearts & minds of millions of Brazilians and Lusophone people:

- Yoga and stretching sessions
- Breathwork & Guided meditation
- Self-massage workshop with a Lead therapist
- Introduction to Aromatherapy with essential oils demo and sensory tasting sessions (food & tea) in partnership with healthy food brands...



ACCOR Hospitality will participate in the WWW in Brazil and will soon announce their activities.

More activities on a national level will soon be announced by **Dianna Ruas, Country Ambassador**.

BRITISH VIRGIN ISLANDS (2 venues)

Hylton Lipkin, Country Ambassador in the British Virgin Islands, proudly announces that resorts & Private Island Retreats are expected to participate for the first time.

Aerial BVI Private Island will host an exceptional programme of wellness experiences: Sound Healing, Sunrise Yoga, Beach Fitness Sessions, Paddle Boarding...

And many more activities soon to be announced by:

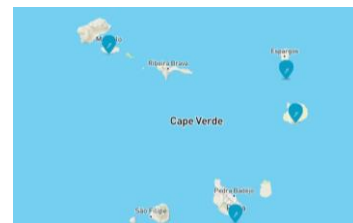
- **Rosewood Little Dix Bay**, Virgin Gorda
- **Oil Nut Bay**, Virgin Gorda
- **Scrub Island Resort, Spa & Marina**
- **Peter Island Resort & Spa**
- **Sugar Mill Hotel Spa**, Tortola
- **Nail Bay Resort Spa**, Virgin Gorda
- **BVI Yoga & Wellness Studio**, Road Town
- **Virgin Gorda Fitness & Aquatics Centre**



CABO VERDE (6 venues)

RIU RENOVA SPA will participate with 35+ properties (hotels + RIULand and Only Adults), including:

- **Hotel Riu Palace Santa María**
- **Hotel Riu Karamboa**
- **Hotel Riu Funana**
- **Hotel Riu Palace Boavista**



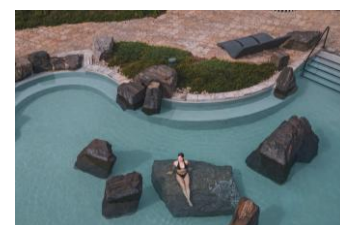
with fun wellness activities: Aquagym, Aqua Relax, Aquafit; Aqua Boxing, Sun Salutation, Yoga with children, Dance lessons...

CANADA (53 établissements)

Nathalie Roy, Ambassadrice du Pays, et Katja Prpic, Ambassadrice de la Province du Québec, confirment le soutien massif de l'**AQS** (Association Québécoise des Spas), de l'**AQTN** (Association Québécoise des Thérapeutes Naturels), des principaux spas du Canada et du **Groupe RITMA** (Regroupement des intervenants en médecine alternative), ainsi que d'établissements emblématiques :



- **STRØM avec leurs 5 spas** : Québec, Vieux Québec Sherbrooke, Île des Sœurs, Mont Saint-Hilaire, St-Sauveur.
- **AWÛ** : transformation durable avec diverses activités dans les différents centres à travers le Québec.
- **Spa Eastman** : 7 essentiels pour rajeunir votre mémoire de 20 ans, Prana Flow Run et Choisir d'être bien
- **MKS in Trois-Rivières** organisera une loterie pour un massage gratuit de 60 minutes (clients); un traitement de 90 minutes à son équipe; Séance d'exercices sur chaise adaptée en ligne gratuite pour les membres de l'**association de la fibromyalgie Mauricie et Centre du Québec**.
- **Spa Le Baluchon** : développement personnel et contact avec les chevaux ; Yoga en nature ; Techniques de respiration ; Tonus musculaire et équilibre ; Pratiques de postures dynamiques et statiques.
- **Nordik Spa Village Chelsea** : activités bien-être pour les clients et pour son équipe avec une journée sans cellulaires.
- **L'Éternel Spa** : Votre reconnexion boréale au cœur des Monts-Vali organisera plusieurs activités bien-être pour les clients et pour son équipe.
- **Siberia Spa** : activités bien-être pour les clients et pour son équipe.
- **Monastère des Augustines**
- **Förena Cité thermale**
- **Spa Nordic Station**
- **Le Spa Manoir Hovey**: Yoga en plein air au bord du lac
- **École Cadence** (école de plus de 900 danseurs) proposera un cours de danse pour toute la famille, tous âges.
- **Nath Roy** : SUP Fitness, entraînement sur votre planche à pagaie sur la rivière, en plein cœur de la ville.
- **The Melt Method** avec **Sonia Léveillée** : Technique neurofascial avec des balles et un foam roller pour réhydrater les fascias
- **Nancy Letendre**: Danse Swing Lindy Hop
- **Le GUEPE - Montréal** (Groupe uni des éducateurs naturalistes et professionnels de l'environnement) : randonnée guidée « Entre marais et forêt » dans les parcs de Montréal pour



sensibiliser à la riche biodiversité urbaine et à la marche pour le ressourcement physique et mental.

- **The GUEPE-Charlevoix** : Exposition L'estuaire moyen, du fleuve à l'océan, le long des sentiers du boisé du Quai pour vivre la nature !
- **Rosette Pipar, Ambassadrice des Mots et du Bonheur**, proposera des Causeries créatives gratuites de 60 minutes « Les mots qui font du bien » - la poésie pour tous - lors de voyages en Sicile et en Sardaigne les 18, 19, 20 septembre auprès de groupes de voyageurs.



CHILE (14 venues)

Jessica Heredia, Country Ambassador, and **Evelyn Díaz, Country Coordinator**, confirm that the World Wellness Weekend Chile 2026 will activate wellness all across the country starting in July.

From July to September, various community initiatives will include educational talks, conscious movement experiences, healthy eating, recreational activities, dance, self-care, wellness at work... supporting the concept of wellness from a wide, human and integral perspective.

Confirmed participating organizations, professionals and venues:

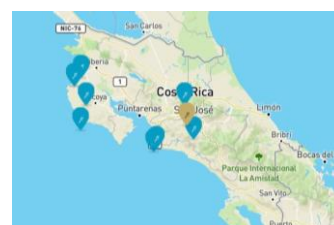
- **Corporación de Salud Integrativa**
- **Olmué Natura Lodge & Spa** with **Consciencia Wellness** (August 22)
- **Municipality of Maipú**: Wellness Festival (with **Humanizarte Consultores** and **Consciencia Wellness**)
- **Grupo Corev**: talks on workplace wellbeing
- **Viajeras Bienestar y Salud**;
- **Humanizarte Consultores Autocuidado**
- **Viviana Shiappacasse** in coordination with **Spa del Bosque**
- **Hotel Open Quillota**
- **Ikigai Centro Deportivo**
- **Ruca Kuifi**: ancestral healthy food
- **Sadhana Core Ecstatic Dance**
- **Ale.tucoach**: women's empowerment activities
- **Mariopsi Sonriendo**: music therapy experiences and active breaks
- **MP Mirta Paredes Innovación y Aprendizaje**: corporate wellness
- **Tamara Abril Asesorías y Capacitaciones Wellness**

and many others to be confirmed soon...



COSTA RICA (10 venues)

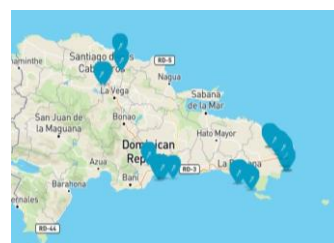
RIU RENOVA SPA will participate with the **Hotel Guanacaste** and 35+ properties (hotels + RIULand and Only Adults) with fun wellness activities: Aquagym, Aqua Relax, Aquafit, Aqua Boxing, Sun Salutation, Yoga with children, Dance lessons.



DOMINICAN REPUBLIC (44 venues)

RIU RENOVA SPA will participate with 35+ properties (hotels + RIULand and Only Adults) including:

- **Riu Palace Punta Cana**
- **Riu Palace Bávaro**
- **Riu Palace Macao**
- **Riu Bambú**
- **Riu República**



with fun wellness activities: Aquagym, Aqua Relax, Aquafit, Aqua Boxing, Sun Salutation, Yoga with children, Dance lessons.

More activities will be confirmed soon by **Flavio Acuña, Country Ambassador**, including MELIA, AquaLife...

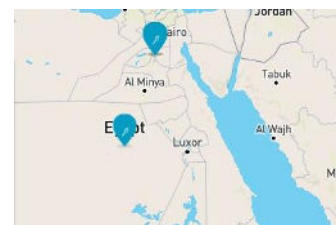
ECUADOR (7 venues)

- **Piedra de Agua Fuente Termal & Spa** (WWW CHAMPION): different sessions of Thermal Aqua Yoga Class for three types of public (therapeutic, restorative, and sensory).
- **Latitud Zero** will organize a Massage Championship on Sept 18-19-20, during World Wellness Weekend!



EGYPT (4 venues)

Birgit Marie Solheim, Ambassador in Egypt confirms that TheLifeCo Holistic Wellbeing SHARM will participate in Sharm El Sheikh, with some iconic properties that will soon announce their program.



FRANCE (61 établissements)

Les hôtels **Sofitel et MGallery** ont confirmé leur participation, ainsi que **Les Cures Marines | The Purist Retreat & Spa** (HÉROS Wellness) avec un programme de bien-être complet.

Pour les clients :

- Sunrise Sea Movement (mouvement & body Flow)
- Masterclass "Eat with the Sea" (nutrition énergétique et alimentation intuitive)
- Masterclass "Energy Within" (lithothérapie, respiration, ...)
- "The Blue Silence" (Immersion aquatique sensorielle avec méditation guidée et relaxation profonde)
- "Recover to Thrive" (respiration, mobilité, foam rolling et bain de mer pour la longévité)
- La Galerie Vivante – "Paint Your Inner Tide" (Atelier artistique introspectif)
- 1912 Energy Night (Expérience immersive mêlant fitness, musique et patrimoine historique)
- Final Tide Ceremony – "Write Your Next Chapter" "Journal Bien-Être", avec intentions personnelles, respiration collective et galerie finale.



Pour la communauté locale défavorisée :

- Wellness for All – "La Mer pour Tous" (aqua Pilates et fitness accessibles aux familles, jeunes, seniors, aidants et associations locales)



Pour les collaborateurs :

- Employee Reset Experience (mobilité, respiration, relaxation et mur de gratitude pour les équipes des Cures Marines)

Bastien Gonzalez and BGA teams (HÉROS Wellness) proposera plusieurs activités de bien-être :

Pour les clients :

- The Welcome Gesture : bilan pieds gratuit de 5 minutes offert à tous les clients du spa et de l'hôtel : mini-diagnostic, conseil personnalisé, fiche rituelle
- The Transmission. A Mindful Walking & Foot Mobility Lab : une séance collective avec les clients qui relie le mouvement, la posture et la récupération par le biais des pieds.



- The Brand Moment : Masterclass Feet'ology animée par le Manager de Bastien (ou par Bastien Gonzalez lui-même, s'il est présent) : la philosophie et la pratique du bien-être par le pied, avec démonstration en direct.

Pour les employés : une transmission de sens de 20 minutes avec la réception, la conciergerie, la partie Fitness et le service d'entretien ménager.

Pour les communautés défavorisées : chaque studio s'associera localement pour offrir une séance de soins des pieds gratuite aux travailleurs de la santé, aux personnes âgées ou aux jeunes stagiaires du secteur de l'hôtellerie, selon la ville.

Molitor Paris MGallery (ACCOR) (HÉROS Wellness) participera avec plusieurs activités de fitness et de bien-être dans leur établissement:

- Pour les clients : cours collectifs, tels que le Pilates Reformer, cyclisme, cours d'aquagym
- Pour les employés : cours de fitness dédié
- Pour la communauté défavorisée : cours de fitness pour les personnes atteintes de cancer, en partenariat avec l'association française CAMI



GERMANY (16 venues)

STEIGENBERGER will participate with two of their hotels:

- **THE SPA Steigenberger ICON Frankfurter Hof**
- **THE VAULT Spa & Suites Steigenberger ICON Europäischer Hof Baden-Baden**



INDIA (163 venues)

Reena SHETH, Regional Ambassador in INDIA & APAC, proudly confirms massive participation:

- **Taj Hotels (IHCL)** - confirmed **80+ participants**
- **Shangri-La Hotels & Resorts India** - CHI, The Spa (Dr. Jazy Nepram)
- **Oberoi Hotels & Resorts** - Dr. Anuradha Mathad (Asmi by Oberoi)
- **Dharana at Shillim, Lonavala** - Dr. Shaji
- **Leela Palaces, Hotels & Resorts** — Dr. Anuradha Mathad (NILA Wellness Centres)
- **Hyatt Hotels** - Mumbai & Delhi
- **ITC Hotels India**
- **The Lodhi, New Delhi**
- **Ravi Dixit, Yogic Gurukul**
- **Fairmont Jaipur**
- **Fairmont Mumbai** - Blu Xone: India's first luxury longevity hub
- **Six Senses Vana, Rishikesh**: Shriya Garg
- **Trê Wellness, Vikarabad (Hyderabad)**
- **Vana, Rishikesh Six Senses**
- **Kshemavana**
- **Meghavi Wellness**
- **Amayah Wellness**
- **Swastik Wellbeing**



For the first time, **Wellness Connect by Professional Beauty India** will be the official in-person event partner bringing the World Wellness Weekend community together in India through curated, immersive in-person wellness experiences.

INDONESIA (124 venues)

Fivelements Retreat Bali (GOCO HOSPITALITY Wellness HERO) will again participate with:

- Morning Pilates and Yoga Sessions for In-House and Outside Guests
- Yoga for Hosts and Team workplace wellbeing activities
- Community Gathering featuring Cultural Performances and Garden Market
- Crystal & Sound Healing Journey
- Sunset Agni Hotra Fire Ritual

More news soon from the **Bali Hotel Association** and the **Bali Spa & Wellness Association...**

Reena SHETH, Regional Ambassador in INDIA & APAC, announces that the World Wellness Weekend is **supported by the Ministry of Tourism of the Republic of Indonesia** and the following associations, which will encourage their members to participate:

- **ASPI**
- **ASTI**
- **CIDESCO**
- **LSP SPA Nasional (National Certification Body SPA & Wellness)**



ITALY (635 venues)

For the 3rd consecutive year, the **partnership between CIWAS, Fondazione Sport City and World Wellness Weekend** continues with:

Sport City in 116 cities: Sunday 20 September 2026 will be a day dedicated to non-competitive sport, in open and accessible places, in the name of environmental sustainability. Outdoor sports and physical activities will be proposed with the support of CIWAS Confederazione Wellness.

Andrea Pambianchi, Fitness Ambassador for Lazio region, confirms the participation of **over 420 Fitness Clubs of the CIWAS - FITNESS NETWORK ITALIA** circuit throughout Italy by offering free entries in the three days of the event to discover and try the activities.

LEMI and Vagheggi Cosmetics, Platinum and Bronze sponsors are encouraging as many of their partnering Hotels, Spas and Salons to participate.



Bbspa_Group, Bronze Sponsor, Régis Boudon- Doris, Country Ambassador, and Daniela Perini, Country Coordinator, confirm wellness activities in iconic locations in the city of Florence:

- [LA SPA Helvetia & Bristol](#)
- [LA SPA Teatro](#) with a special Private Spa experience.

Simone Ciolli, Ambassador Toscana and Emilia Romagna regions, announces the **2nd Wellness Festival (Festival del Benessere) in Casciana Terme Lari** dedicated to immersive holistic wellness, talks on mindful living with the participation of local practitioners and storytelling sessions

Giovanna Lorrai, Ambassador in Sardegna, will soon confirm new participants and a variety of activities: yoga, meditation, holistic practices, sports, immersive nature trails, relaxation, mindfulness...

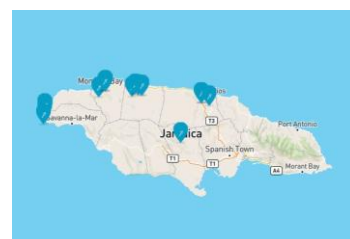


JAMAICA (18 venues)

RIU RENOVA SPA will participate with 35+ properties (hotels + RIULand and Only Adults) including:

- **Riu Montego Bay**
- **Riu Aquarelle**
- **Riu Ocho Rios**
- **Riu Negril**

with fun wellness activities: Aquagym, Aqua Relax, Aquafit, Aqua Boxing, Sun Salutation, Yoga with children, Dance lessons.



JAPAN (507 venues)

Tomoe Kaneko, Tomoko Iwai, Country Ambassadors in Japan, and Kumiko Nagai, Coordinator, are planning **wellness classes & events NATIONWIDE in ALL the 47 prefectures** from north in Hokkaido to South in Okinawa.

Major support has been confirmed by:

- **the Japan Tourism Agency** (an external bureau of the Ministry of Land, Infrastructure, Transport and Tourism)
- **JSHIF** (public interest incorporated foundation)
- **Japan Spa & Wellness Tourism Association (JSWT)**
- **Fitness Industry Association Japan (FIAJ)**
- **Japan Fitness Association (JAFA)**
- **SPORTEC** (Japan's largest sports and wellness industry exhibition)
- **Wellness Tokyo 2026 conference:** one of Japan's largest exhibitions on mental and physical health, hosting the 3rd Wellness Business Symposium and WWW 2026 aWWWards Ceremony.

More news soon: Nationwide fitness club chains like **Renaissance, Tipness, NAS Sports, Mizuno Sports System,** and Yoga & Pilates studio chain like **LOIVE,** Wellness Hotels like **W Osaka, Six Senses Kyoto...**



LATVIA (13 venues)

Rūta Grunte, City Ambassador in Riga, announces the following participants and activities:

- **WINGS RG/ RŪTA GRUNTE**: seminar & demo about world of massage; a seminar to learn different ways to take care of the body; a seminar & demo about facial massage.
- **Ineta Pētersone** (WWW CHAMPION): Painting with coffee workshop: Autumn flower painting; Stencil your own T-shirt.
- **Kush.pilates.sigulda** (WWW CHAMPION): Kush Morning Routine & flowing Pilates; Kush Evening small ball challenge (Power Pilates); Kush Morning Routine & Strength Mix (morning wake-up routine with a solid strength workout) with option to win PADEL TENNIS 1hour gift card for four participants



MALAYSIA (9 venues)

Hana Halim, Country Ambassador, confirms the participation of the **Malaysian Healthcare Travel Council** and **AMSPA**.

More news to be revealed soon...



MALDIVES (47 venues)

All **ELE | NA** properties will join the World Wellness Weekend celebrations!

Mandara Spa at Cinnamon Hakuraa Huraa (Wellness CHAMPION) will offer the following activities:

- Island Rhythm Zumba Session
- The Art of Touch to relieve tension, improve circulation, and promote overall well-being.
- Herbal Oil Blending Workshop to explore different essential oils for relaxation, rejuvenation...
- Fun Beach Clean-Up Challenge



RIU RENOVA SPA will participate with 35+ properties (hotels + RIULand and Only Adults) including **Hotel Riu Atoll** with fun wellness activities: Aquagym, Aqua Relax, Aquafit, Aqua Boxing, Sun Salutation, Yoga with children, Dance lessons.



MAURICE (5 établissements)

RIU RENOVA SPA participera avec plus de 35 établissements (hôtels + RIULand et Only Adults), dont le **Riu Turquoise**, avec des activités de bien-être ludiques : Aquagym, Aqua Relax, Aquafit, Aqua Boxing, Salutation au soleil, Yoga avec enfants, Cours de danse.



MEXICO (131 venues)

Margarita Alvarez Cantarell, Province Ambassador in Quintana Roo, is proud to announce the **support of SEFOTUR in the province of Yucatan.**

Parque Cancun, the biggest public park in Cancun will organize yoga classes, volleyball or bird watching...

RIU RENOVA SPA will participate with 35+ properties (hotels + RIULand and Only Adults) with fun wellness activities: Aquagym, Aqua Relax, Aquafit, Aqua Boxing, Sun Salutation, Yoga with children, Dance lessons, including:

- In Cancun:
 - **Hotel Riu Caribe**
 - **Hotel Riu Palace Península**
 - **Hotel Riu Dunamar**
 - **Hotel Riu Palace Costa Mujeres**
 - **Hotel Riu Latino**
 - **Hotel Palace Kukulcan**
 - **Hotel Riu Ventura**
- In Playa del Carmen:
 - **Riu Yucatán**
 - **Riu Palace Riviera Maya**
 - **Riu Playacar**
 - **Riu Tequila**
- In Cabo San Lucas:
 - **Hotel Riu Santa Fe**
 - **Hotel Riu Palace Baja California**
 - **Hotel Riu Palace Cabo San Lucas**
- In Nuevo Vallarta:
 - **Riu Palace Pacífico**
 - **Riu Vallarta**
 - **Riu Flamingos**
- In Mazatlán: **Riu Emerald Bay**

More news soon from **Raul Petraglia, Ambassador in Baja California Sur** and **Alejandro Leo, Province Ambassador in Yucatan.**

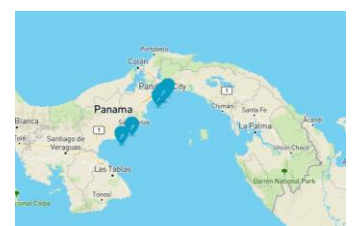
NEW ZEALAND (20 venues)

Tui Milner, Country Ambassador, will soon announce the many activities organized on the North & South islands.

Maruia Hot Springs will soon announce their activities.

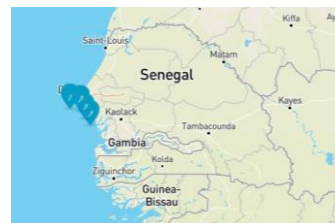
PANAMA (8 venues)

RIU RENOVA SPA will participate with 35+ properties (hotels + RIULand and Only Adults) including **Riu Playa Blanca** with fun wellness activities: Aquagym, Aqua Relax, Aquafit, Aqua Boxing, Sun Salutation, Yoga with children, Dance lessons.



SÉNÉGAL (4 établissements)

RIU RENOVA SPA participera avec plus de 35 établissements (hôtels + RIULand et Only Adults), dont le **Hotel Riu Baobab**, avec des activités de bien-être ludiques : Aquagym, Aqua Relax, Aquafit, Aqua Boxing, Salutation au soleil, Yoga avec enfants, Cours de danse.



SOUTH AFRICA (20 venues)

All **Camelot Spas** will soon announce their activities nationwide.



SPAIN (569 venues)

Lucía Romero de Ávila, Country Ambassador, and **Sandra Villarejo, Country Coordinator** announce that the **Cities of Marbella** and **San Pedro de Alcántara** are preparing outstanding activities to become international benchmarks for wellness.



The **10th edition of World Wellness Weekend** will start in Marbella on Thursday 17 until Sunday 20 September 2026 making it **the longest celebration of the global activation!!!**

Wellness for All will be accessible at emblematic locations, such as the **Mediterranean Park**, the **Alameda Park** and the **seafont promenade, schools, solidarity markets, musical and cultural events.**

It will also feature a charity walk and various fundraising activities in support of the **CADI Association**, and a **therapeutic collaboration with specialized donkeys**, an initiative focused on emotional wellbeing, connection with nature and social inclusion, especially aimed at families, children and people with special needs.



Hard Rock Hotel and **Hotel IPV Palace & Spa** will host wellness activities and experiences: Yoga, Pilates, Tai chi, Meditation, Functional training, Wellness workshops, Activities for children, Chess championship open to participants of different ages.

In Madrid, Carmen Fernández Vargas, City Ambassador in Madrid, confirms that from 17-20th September 2026, the capital of Spain will offer a variety of wellness activities, such as Yoga, sound baths, wellness workshops, inspirational talks, educational programs, relaxation experiences, and meeting spaces for professionals and the public. Activities will be coordinated with yoga studios, sports facilities, and other centres committed to physical, mental, and emotional well-being, creating a collaborative network to bring wellness closer to the citizens of Madrid.



Universities and schools will also participate to bring wellness to young people and future professionals.

Claudia Di Paolo Hair Wellth will offer a Signature experience at the iconic **Rosewood Villa Magna** in collaboration with **Luxury Spain - the Spanish Luxury Association**. This Neuro-Wellness™ Experience by Claudia Di Paolo integrates breathwork, nervous system regulation, scalp ritual, and sound.

The **SHIVA center** will also participate, with offerings such as sound baths and activities focused on relaxation, inner connection and personal balance.

Casa de las Flores in Toledo will also participate in this edition with activities related to well-being, creativity, and connecting with daily life from a more conscious perspective.

Mireia Creativa center will open its doors to welcome coaches and professionals who will offer training, workshops, and activities related to wellbeing, self-knowledge, emotional management, and personal growth.

The Balearic Islands are joining with **Iuri Nicolás, City Coordinator in Ibiza**. From September 17 to 20, 2026, hotels and spas, holistic centers, Yoga studios, therapists and wellness professionals, projects linked to conscious art and sustainability, cultural and healthy gastronomic initiatives, and spaces focused on regenerative tourism and transformative experiences will gather to offer a range of activities, such as: Yoga and meditation, Breathwork and sound healing, conscious dance and ecstatic dance, Movement and body expression workshops, Inspirational talks, Outdoor activities, Immersive artistic experiences, and activities related to physical and emotional wellbeing.

Fuengirola: Lina Gueniari Baddouca, City Ambassador in Fuengirola and Mijas, announces that celebrations will take place at location in collaboration with a **major city hotel**: Yoga, Pilates, Stretching, Dance classes, Healthy gastronomy, Spa sessions, Massages, Natural juices and healthy culinary options...

Norma Velázquez, WWW Ambassador in Antequera, is proud to announce the **support of the City Council of Humilladero and the City Council of Fuente de Piedra to the WWW. Heavily supported by Mayor and Tourism Councilor of Fuente de Piedra, Siro Pachón**, who provides key institutional spaces and official endorsement, the town promotes the tourist route "Pa Flamenco mi Pueblo" to connect local women's associations for active longevity through a massive Intermunicipal Hiking Route. This cultural program is accompanied by a regional Healthy Tapas Route and a Sunday Healthy Market with a Charity Raffle for the Girasol Association, all set around the iconic environment of the Laguna de Fuente de Piedra.

Additionally, **Natural Vitality Healing** will enrich the weekend with holistic rural experiences, including the "Sunset Experience Luz & Agua", Chi-Kung sessions, sound journeys, and family horse-assisted activities to promote sustainable wellness tourism.

Carla Galíndez, Ambassador in the Canary Islands, Elia Ramalio and Dácil Afonso, Coordinators in Tenerife, confirm that the **1st Canary Islands Massage Marathon in Tenerife** will take place in July organized by the **Carmen Infante School of Massage**. More news to be announced soon for September...

Manuel De la Garza, City Ambassador in Barcelona, and Clara Berni, Coordinator in Barcelona confirm that Barcelona continues to strengthen its position as one of Europe's leading wellness and luxury hospitality destinations, bringing together organizations committed to promoting physical, mental and emotional wellbeing. Several hospitality and wellness partners are preparing special activities, including Mayan Spas, El Palace Barcelona, Aire Ancient Baths and other leading wellbeing venues.



Mayan Spas: combination of in-person and digital initiatives designed to make wellbeing more accessible to a wider audience, including stretching and mobility sessions for teams and wellness professionals, wellbeing and self-care experiences, complimentary facial treatments and massages in collaboration with wellness and skincare brands, as well as special benefits for those wishing to discover the Mayan Spas experience during the weekend.



Get ready for some giveaways of signature experiences at **Mayan Luxury Spa and Mayan Secret Spa**, together with special initiatives aimed at encouraging healthy lifestyles and promoting physical, mental and emotional wellbeing.

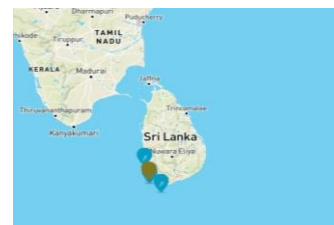
RIU RENOVA SPA will participate with 35+ properties (hotels + RIULand and Only Adults) with fun wellness activities: Aquagym, Aqua Relax, Aquafit, Aqua Boxing, Sun Salutation, Yoga with children, Dance lessons, including:

- **Riu Chiclana**
- **Riu Costa del Sol**
- **Riu Gran Canaria**
- **Riu Vistamar**
- **Riu Papayas**
- **Riu Paraiso Lanzarote**
- **Riu Buenavista**



SRI LANKA (5 venues)

RIU RENOVA SPA will participate with 35+ properties (hotels + RIULand and Only Adults) including the **Hotel Riu Sri Lanka** with fun wellness activities: Aquagym, Aqua Relax, Aquafit, Aqua Boxing, Sun Salutation, Yoga with children, Dance lessons.



TANZANIA (6 venues)

RIU RENOVA SPA will participate with 35+ properties (hotels + RIULand and Only Adults) with fun wellness activities: Aquagym, Aqua Relax, Aquafit, Aqua Boxing, Sun Salutation, Yoga with children, Dance lessons, including:

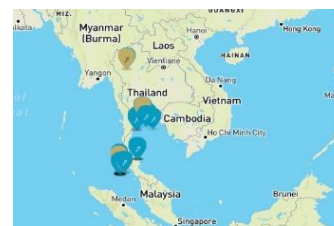
- **Hotel Riu Palace Zanzibar**
- **Hotel Riu Jambo**
- **Hotel Riu Palace Swahili**



THAILAND (72 venues)

GOCO HOSPITALITY will once again participate with its office in Bangkok and **The Lamai Samui**.

More info soon from **Hayden Rhodes, Island Ambassador in Phuket**, with massive participation from Banyan Group.



UKRAINE (2 venues)

BIG neWWWs: **Ukrainian is the 18th language** on wellmap.org

Anna Seleznyova, Country Coordinator, and **Andriy Bulay, Coordinator in Ukraine**, announce the participation of **Maharaja Yoga & Spa**.

Throughout the year, Maharaja Yoga & Spa offers Yoga Nidra with singing bowls, trauma-sensitive practices, individual and group yoga classes, and deeply restorative spa programs that help release tension, reduce anxiety and bring the body back to a state of relaxation and safety.

During World Wellness Weekend 2026, Maharaja will focus primarily on supporting Ukrainians and the community of **Kharkiv**. In a frontline yet unbreakable city, wellness becomes a way to come together, breathe deeper and remind ourselves that life goes on:

- Morning and evening Hatha yoga sessions
- Trauma-sensitive practices with singing bowls for deep rest and emotional reset
- Breathing practices to support nervous-system recovery
- Sunrise and sunset flow practices to gently awaken the body and release tension at the end of the day
- Short Yoga Nidra sessions specially designed for veterans and people directly affected by the war
- Workshops on creating natural spa products, scrubs and oils.
- Gatherings and mini-talks on healthy lifestyle, self-care and daily wellness rituals for Ukrainian families

Maharaja invites residents of Kharkiv and guests from other cities of Ukraine and the world to join and experience how "**wellness without borders**" is born here in Kharkiv, where caring for oneself becomes a shared space of peace, solidarity and hope.



UNITED ARAB EMIRATES (76 venues)

RIU RENOVA SPA will participate with 35+ properties (hotels + RIULand and Only Adults) including the **Hotel Riu Dubai** with fun wellness activities: Aquagym, Aqua Relax, Aquafit, Aqua Boxing, Sun Salutation, Yoga with children, Dance lessons.



UNITED KINGDOM (188 venues)

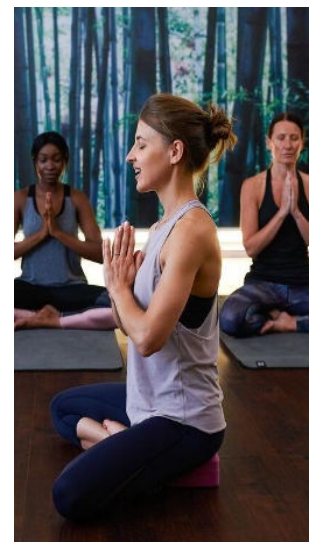
Katie Byrne Plowman, Country Ambassador, announces that the **UK Spa Association** and major groups are supporting nationwide.

David Lloyd Clubs, most Active Fitness group in the UK 2022, 2023, 2024 and 2025, prepares an OUTSTANDING activation in their 100 clubs in the UK, and 26 in Europe.

Elder Sánchez, Ambassador Latin Dance UK, and **Virginia Timón, Coordinator Salsa UK**, will offer free classes at their **Salsateca locations** in **London** and will coordinate Latin dances classes in **Cabo Verde, Cuba, Puerto Rico, Venezuela, Colombia...**

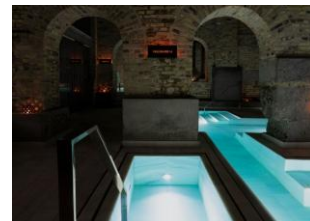
7 Daniel Thwaites Hotels & Spas will participate including **Cottons Hotel & Spa, Solent Hotel & Spa, Kettering Hotel & Spa, Thorpe Park Hotel & Spa** with guided meditation and sound meditation.

All six Aqua Sana spas across the UK and Ireland will host immersive sessions to calm, connect, and inspire: Sound bathing, Sleep sessions, Discovery sessions to gain wellness and skincare insights.



PURE Spa & Wellness: guests are invited to enjoy complimentary 10-minute wellness taster sessions to experience relaxation and recovery, such as infrared sauna, LED light therapy, dry floatation...

An exclusive 20% discount on core treatments will also be available throughout the weekend, alongside guidance on building sustainable self-care habits and everyday wellbeing routines.



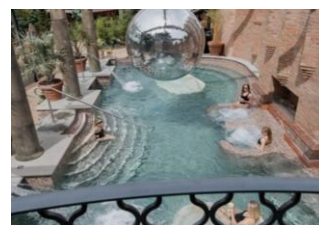
AIRE Ancient Baths, awarded Most Active Thermal Group in 2023 and 2024, focus on digital detox and serenity through thermal contrasts and mindfulness activities in their serene oases of relaxation.

The Midland Hotel, Manchester will host activities to calm, regulate and recharge: 'Wellness hour' inside their relax lounge, Mindfulness meditation, Breathwork.

Sea Containers Hotel & Spa will also host wellness activities during next World Wellness Weekend.

Bethan Dando, Ambassador South Wales, confirms:

- **Pilates Class UK & The Wellbeing Company** will host 'this is who we are', a complimentary session for Pilates teachers for instructors to connect, and recharge their own wellbeing.
- **The Wellbeing Company** will once again lead a community charity walk in support of **The Lewis Foundation** to raise funds and awareness through movement and connection.



Tara Moore, City Ambassador Ballymena / Belfast, and **Kerriane Williamson, newly appointed Coordinator** confirm the following activities at

- **Galgorm:** yoga session
- **The Rabbit Hotel & Retreat:** morning yoga experience and light refreshments
- **The Old Inn:** yoga session plus wellness treats and feel-good goodies to take home
- **Roe Valley Resort (WWW CHAMPION):**
 - Wellness Circle: **Support & Serenity for Parents and Carers (in partnership with Autism NI)**, an Autism NI talk for Parents followed by a gentle yoga session focused on relaxation, mindful breathing, and unwinding both body and mind
 - Little Wellness Adventures at Roe Valley: Fun & Football, a joyful programme especially designed for little ones, including a mini soccer session with Limavady Football Club.



Andrei Fomin, Banya Ambassador, and **Natalie Bren, Banya Coordinator** confirm that, following the example of **Banya No.1 – Hoxton, London** and **Banya No.1 – Chiswick, London** renowned Banyas will participate such as **World Spa NYC, Forrest Banya Dubai, Woloshin Banya,** and **Hot Stone Club (Bali).**

Involvement from **new destinations including Armenia, Azerbaijan, Dubai, Lithuania, Bali, and Kazakhstan** is also anticipated.



Gym 21 London and **Health Pod Birmingham** will focus on employee wellbeing: offering complimentary taster sessions for Yoga, meditation and fitness challenges, all whilst raising money for **'magic breakfast' charity!**

SKY Active Spaces London and **Scotland** will focus on employee wellbeing: offering complimentary taster sessions for Yoga, sound meditation, outdoor movement and ergonomic support sessions.

Westfield Health is encouraging clients to drive employee wellbeing through movement and mindfulness activations and social wellbeing initiatives.



Aromatherapy Associates (AA) supports World Wellness Weekend for the first year encouraging their partner spas to curate a **2-day immersive programme** built around AA signature essential oil blends and ritual led treatments: Morning Aroma Awakening Rituals, Aromatherapy Discovery Journeys, and Wellness Immersion Spaces.

For clients:

- Aromatherapy Consultation & Ritual: Tailored essential oil blending session and treatment recommendation
- Guided Sensory Wellness Journey: Multi-step spa experience focused on emotional reset through scent
- Home Ritual Integration Challenge: Daily aromatherapy practice (sleep, stress, energy or focus support)
- Signature Aromatherapy Transformation Ritual: Extended multi-sensory treatment combining bodywork, inhalation, and guided breath
- Community Wellness Leadership Experience: co-host a guided aromatherapy session (e.g. group relaxation or stress relief ritual)
- Personal Wellness Story: Capture Documented transformation journey for brand storytelling



For staff:

- Aromatherapy Associates staff wellbeing immersion day
- Training in advanced essential oil application and emotional wellbeing support techniques

For the local community:

- Donation-led or free community aromatherapy sessions for underserved groups (carers, mental health charities, elderly communities)
- Partnerships with local wellbeing or healthcare organisations



UNITED STATES OF AMERICA (155 venues)

Ohana Growth Partners, owner and operator of **95+ Planet Fitness locations**, will open its doors to the community in support of World Wellness Weekend by offering complimentary three-day passes from Friday through Sunday for local residents to experience the **Judgement Free Zone**. Throughout the event, participants will have access to the club and a welcoming fitness environment, with additional support from certified trainers available during regularly scheduled hours on Friday to help guide workouts and promote overall wellness.



Brick Bodies will open their doors to the community to offer a weekend of wellness activities across **3 locations in the Baltimore, Maryland area**, featuring cycling, dance fitness, Les Mills BODY BALANCE, and meditation and breathwork, all combined with a **fundraiser to support ovarian cancer research, in loving memory of Vicki Brick-Zupancic**.



GOCO HOSPITALITY will once again participate with **Glen Ivy Hot Springs** (Wellness CHAMPION): Guided Hot and Cold Pool Experience, Aqua Fit, Aqua Tone, Yoga Flow & Sound Bath, Sound Bath Meditation, and live music.

Karen Ballou, City Ambassador in New York City, and Founder of **Immunocologie** unites Wellness Clinics, Practitioners, Therapists, and Health Leaders across New York City for a citywide celebration of wellness to inspire conversations around health, wellbeing, prevention, microbiome, and longevity.



Participating organizations will showcase a variety of wellness disciplines, including: Longevity and preventative health, Skin health and healthy aging, Nutrition and gut health, Stress management and mindfulness, Fitness and movement, Integrative and holistic wellness, Sleep optimization, Mental well-being, Recovery and resilience practices, Healthy lifestyle education.



More info soon from:

- **Gloria Treister, State Ambassador in Ohio** including collaboration with the Workplace wellbeing Initiative of the Global Wellness Institute
- and **Mike Bruggemann, State Ambassador in Washington**
- **Marriott International, Hyatt, Arch Amenities Group...**

VIETNAM (132 venues)

Nyoman Yastama, Country Coordinator, and all the WWW Coordinators in Vietnam: **Cao Thi Thuy Quynh, City Coordinator in Hanoi**, **Đặng Thị Yến, City Coordinator in Sapa**, **Katie Kim Tuyền Đoàn, City Coordinator in Hue**, **Pham Hoang Thach Thao, City Coordinator in Saigon**, **Quynh Duong, City Coordinator in Hoi An**, **Sheinette Ivy Sevilla, City Coordinator in Da Nang**.



Vietnam continues to strengthen its position as one of Asia's emerging wellness destinations through active participation in World Wellness Weekend 2026, with wellness resorts, spa destinations, fitness communities, yoga studios, and hospitality brands joining the global movement promoting wellbeing, mindfulness, sustainability, and healthy living.

Northern Vietnam

- Hotel de la Coupole - MGallery

Central Vietnam

- Alba Wellness Valley by Fusion
- Akoya Spa
- Furama Resort Danang with V-Senses Wellness & Spa
- Fusion Hotel Group
- Fusion Resort Cam Ranh
- Fusion Resort & Villas Da Nang
- Maia Resort Quy Nhon
- Namia River Retreat
- Omandala Retreat & Spa
- The Ocean Resort by Fusion Quy Nhon
- Avani Quy Nhon Resort



Southern Vietnam

- California Fitness & Yoga
- CitiGym
- Elite Fitness
- Fit24
- Fusion Suites Vung Tau
- Getfit Gym & Yoga
- Melia Ho Tram Beach Resort
- Vinpearl Hotels & Resorts

